

TimeOut

LONDON

You+
SAMSUNG



ADVERTISING

Who knows what
the 5G future holds?
Let's find out together ...



Prepare to have
your mind blown,
London...

Whatever Next? is here

As part of this week's Future London issue, we've teamed up with Samsung to shine a light on how 5G-enabled tech is changing the world. Samsung's new podcast 'Whatever Next?' (available now) is bringing you some of the most weird and wonderful breakthroughs out there, from remote surgery to 3D holographic phone calls. We caught up with hosts Dr Hannah Fry and comedian Suzi Ruffell to find out what to expect...



Dr Hannah Fry

What was one of the most surprising breakthroughs you made when creating the podcast?

Suzi: 'There's a lot about accessibility that I've been delighted to learn about. For example, there's this incredible app, 'Be My Eyes', where a blind person can video-call a sighted person on it, and the sighted person can "see" for them. It could be something as simple as, "can you read the use-by date on this milk?" or "I'm at this train station, can you tell me if this train is going to Glasgow?" So far, 4 million sighted people have joined because they want to help!'

Hannah: 'For me it was the idea of personalising things for an amazing theatrical experience. When you've got split rendering, the content you're watching can adapt to your gestures and expressions for a seamless "Choose Your Own Adventure" – where you could be part of the story. So let's say when Fleabag turns around and talks to the camera, you could imagine a situation where you talk back to her.'

What's a tech innovation that you're super excited about?

Suzi: 'Definitely VR, for gaming. Last night I had a lightsaber fight with Darth Vader – I was blown away. You can actually feel it knocking you back. Even though it's just a buzz through your palm, you're so immersed in the experience. I had no idea what was happening in my flat. I kicked my cat. I'm not proud of that... but it's what happened.'

Hannah: 'Those things that apply to gaming, like real-time rendering and low latency, apply across the board. Not having that delay means that musicians could play alongside one another. You could end up in a situation where you're sat wearing a VR headset and to your left is Emma Bunton, to your right is Mel C and you're there being Nerdy Spice, singing perfectly in time with your ultimate heroes.'

Suzi: 'Not that Hannah's thought about that too much of course!'



Suzi Ruffell

→ Tune into 'Whatever Next?' on Spotify, Google Podcasts and Apple Podcasts



TimeOut

LONDON



London: what's next?

We look forward to the
regrowth of our city

HERE'S TO MAKING A
**DELICIOUS
LUNCH**
YOUR NEW NORMAL.

Small
Iced Latte

£4
Ham & Cheese
Toastie
with a selected drink*



Ham & Cheese Toastie



USE OUR APP TO GET YOUR
COFFEE DELIVERED, OR ORDER
FOR COLLECTION IN STORE**



COSTA
COFFEE

*Buy (1) either a Small hot or cold iced beverage, cold brew coffee, tea, Iced tea, any drink from our Flat Family range or any pre-packaged soft drink (excluding Seasonal drinks, Frostino, fruit cooler); and (2) either a Ham & Cheese Toastie (excluding Wiltshire variant), a Vegan Ham and CheeZe, Tomato & Basil Soup or Egg sandwich for £4. Upgrade your Small hot or iced coffee to a Medium for an extra 30p or to a Large for an extra 60p. Meal Deal available from 11am to 3pm in our participating UK stores from Thursday 3rd September to Monday 2nd November 2020 inclusive. Subject to availability. For a list of participating stores and full terms and conditions see costa.co.uk/terms. **Delivery, Mobile Order, and Order at Table services are available across selected stores only.

Inside

This issue of Time Out
in no time at all

'We need to cherish places and people'

Designer Thomas Heatherwick
talks to us about how cities should
evolve for the post-Covid age

PAGE 24



Trulee scrumptious

Know what's missing from your
sad, grey life? Trulee Hall's 'erotic
grotesquerie'. It's true, isn't it?

PAGE 35



All set?

No-choice menus aren't just for
the constitutionally indecisive or
gastronomically clueless

PAGE 36



'Let's green London's grey'

Loyle Carner is on a mission to
make gardening cool. Starting in
Thornton Heath

PAGE 7

Up, up and away

A selection of quaint treehouses for
your inner child to snuggle up in until the
nasty plague thing has gone away

PAGE 42



↓ FEATURES AND REGULARS

7 City life 12 Global briefing 14 Future London manifesto 24 Thomas Heatherwick 28 Exclusive offers
29 Things to Do 36 Food & Drink 38 Love Local 42 Escapes 46 Film

Hello, London

Joe Mackertich
London Editor
@j_mackertich



What does *your* future London look like? Moving walkways, obviously. Flying gizmos? A holographic Sadiq Khan standing astride the Thames? Traffic lights replaced by looping TikTok clips and 'Wap' gifs? As a spoiled, heterosexual white man, my ideal future is one that caters solely to my interests. No cars (I like walking). Challenging jazz played in all public places (everyone loves challenging jazz). Young people forced – by law – to treat me with respect and not roll their eyes every time I desperately reference 'Wap' (which is often).

But the more I think about it, the more my mental image of an ideal city doesn't feature travelators, jazz and laser pyramids at all. It just involves loads of people treating each other with respect and kindness. A city that doesn't make you feel like the slowest, crappiest rat in the race. A city where the planners understand that sometimes the best café on the block isn't a steel-and-glass 'espresso bar' but the shonky little one in the park, with the guy who takes 15 minutes to make one cup of tea. A city where your worth is not relative only to your wallet.
All right, and maybe one travelator.

Time Out
LONDON

Advertising 7813 6000,
advertising@timeout.com
Circulation
circulation@timeout.com

Global Editor-in-Chief
Caroline McGinn
London Editor Joe Mackertich
Deputy Editor/Chief
Sub Editor Chris Waywell
Deputy Chief Sub Editor
Sarah Cohen

Features Kate Lloyd (Editor)
News & City Life
Isabelle Aron (Editor)
Events Katie McCabe
(Editor), Alexandra Sims
(Deputy Editor)
Film Phil de Semlyen
(Global Editor)
Culture Eddy Frankel and
Andrzej Lukowski
Editorial Assistant
Django Zimmatore

Global Commercial Editor
Stephen Farmer
Global Branded Content
Editor Rose Johnstone
Commercial Designer
Julia Robinson
Commercial Copywriter
George Blew

Head of Digital Content
Jordan Waller
**London Digital Director/
Drink Editor** Laura Richards
Engagement Editor
Sam Willis
International Editor
James Manning
International Travel Editor
Ellie Walker-Arnott
International Commissioning
Editor Huw Oliver

Art Director Bryan Mayes
Picture Desk Manager
Ben Rowe
Photographer Andy Parsons
Head of Production
Dave Faulkner
Production, Admin and Sales
Support Katie Mulhern-Bhudia

Commercial
MD EMEA Lawrence Horne
Advertising Sales
Ian Tournes (Director),
Natalie Reynolds, Juliet
Grant, Banbha O'Hagan,
Nesha Fleischer, James
Hooper, Robyn Eldridge,
Emma Myland
Creative Solutions
Wayne Mensah (Director),
Charlie Liddington,
Nicola Foxwell
Project Management
Junior Olokodana (Project
Management Lead),
Nicki Wymer, Zara Taylor
MD Global E-commerce
Minesh Shah

Time Out Group CEO
Julio Bruno

Cover Illustration Jenni Sparks,
photo Aniczkania/Shutterstock

THE EDITOR'S ESSENTIALS Three things you have to do in London



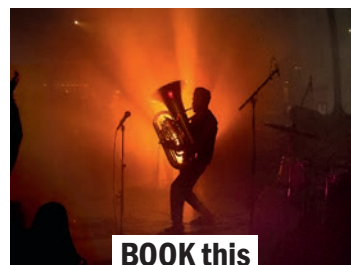
SEE this

I went to an actual cinema and saw Rose Glass's debut film **'Saint Maud'**. It's eerie, oppressive and excellent.



DRINK this

Lots of craft beer tastes like crap to me, but I can wholeheartedly endorse Tunde Tejumola's **Suyaman** IPA.



BOOK this

The **London Jazz Festival** is happening! You a jazzer? Of course you are. Everyone loves jazz. Check out the line-up online.

@timeoutlondon facebook.com/timeoutlondon @timeoutlondon timeout.com/news

Welcome to Page 5G!

Ahead of the game

The latest episode of Samsung's podcast 'Whatever Next?' is all about the ways that 5G is transforming gaming. But, as it turns out, the impact of these breakthroughs will be seen in nearly every aspect of our lives...

If you haven't listened yet to 'Whatever Next?' – the new Samsung podcast hosted by mathematician Dr Hannah Fry and comedian Suzi Ruffell – then you really need to get on it. Each episode dives into the mind-blowing (and world-improving) tech advancements made possible by 5G. Soon, we could be hanging out with our friends as 3D holograms, living in fully connected smart homes where a coffee is ready for you the minute you step out of the shower, or having our smart bins sort the recycling for us. We've pulled out some highlights from the most recent episode.

Control a game with your body

Controllers? Forget about 'em. In the past, the barrier to moving across to VR (virtual reality) was the clunkiness of the headsets and the time lag, which can cause motion sickness. Seamless, cloud-based VR games that you can play anywhere require huge amounts of data and low latency (data transfer time, basically) – and that's where 5G comes in. Not only will games become more fluid and immersive, but you'll be able to 'see' your fellow players as you play, thanks to facial-scanning technology.

... or even your mind!

Yep, it's true – and it's already happening. UK-based company MyndPlay has made it possible to control a game with your emotional state. One game involves illuminating a lightsaber blade purely by concentrating. Beyond gaming, just imagine the possibilities: those with limited mobility could use it to control appliances at home or even motorised wheelchairs.



Life-saving game technology

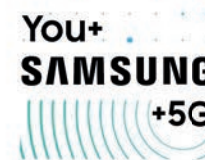
The low latency and real time-data transmission made possible through 5G has all sorts of potential outside gaming. In Massachusetts, Verizon's 5G Lab has created some very clever robots which can enter disaster zones and provide 'eyes' on the ground (for doing very helpful things like spotting trapped people). Then, teams can enter the area and know exactly where to go. In life-or-death situations like these, lightning-fast reactions are essential – which is exactly what 5G can facilitate.

Cure your fears with VR

You're probably aware that exposure therapy works very well when treating phobias and even PTSD – but why bother actually going up in a glass lift to the top of a skyscraper when you could do it through VR? VR therapy could help people overcome their fears from the comfort of their home, and real-time touch sensory exposure can make it all the more real. That means virtual spiders...

Listen to episode three, 'Mind-controlled Gaming', on Spotify, Google Podcasts and Apple Podcasts.

→ Tune into the 'Whatever Next?' podcast today!



The big picture

'Whatever Next?' is the new podcast by Samsung that's all about how 5G is already dramatically shifting our world in some pretty unexpected ways. When it comes to photography, the possibilities are extraordinary...

Okay, so you've probably heard that 5G is going to speed things up. A lot. Equipped with 5G-enabled technology, you'll have unprecedented downloading ability (we're talking a whole season of 'Game of Thrones' in about a minute!) and uploading high-quality photos and videos will be a breeze too. But have you really considered the far-reaching impacts of such power? Samsung's new podcast, 'Whatever Next?', is here to shine a light on ways that 5G will improve our world. Episode two is all about 5G and photography. Here's a taste of three exciting things you'll discover by listening to the podcast...

Digital photos will become tactile

Picture it: you're looking at a 3D image of a butterfly. You reach towards it, and feel a flutter. This isn't sci-fi, it's a volumetric picture – and it's being developed at the University of Sussex. Here's how it works: hundreds of tiny ultrasonic speakers generate ultrasound waves, which move a tiny bead. The bead moves so fast that, to the human eye, it's a 3D image, and that same bead can also create tactile sensations.

Your phone could become an X-ray machine

There are folks out there who are already using cameras which can see through frosted glass and capture a clear image. First frosted glass, then... human tissue? Yep, that's right. Light displacement tech, made possible with 5G, will allow docs to check your body for anything

from cancer cells to fractures without need for a machine.

You'll be able to hang out with people from all over the world in a simulation

No, this isn't 'The Matrix' (and really, who would want that?) – but 5G advancements will allow us to create 3D avatars for ourselves, through which we can explore immersive environments.

3D photography means that you can take a photo of yourself on your phone. The tech will scan your head and give you a 3D body. Then, with VR, you'll be able to enter super-realistic virtual locations.

Picture this: you're meeting up with your mates who live abroad, sipping cocktails in a beach bar. Except, you're not...

Listen to episode two, 'Cameras with Superpowers', on Spotify, Google Podcasts and Apple Podcasts.



→ Tune into the 'Whatever Next?' podcast today!



City life

Edited by Isabelle Aron
@timeoutlondon



Let's green this city's grey bits

Whether it's your local park or a balcony veg patch, *Loyle Carner* explains why all Londoners deserve access to open space – and how urban gardening could help make that a reality. Illustration *Bárbara Malagoli*



THE TERM IS 'urban greening' but really it's just 'greening'. It's taking a place that's grey and making it green, taking a place that's been unloved and planting life into it, giving the local community something to feel pride in. It could be anywhere: somebody's balcony, the roof of an estate, the back of a school.

I think having access to green space should be a human right. If you live in an estate on top of six family members and you don't get that time to look after your mental health, then it's going to drastically affect the way you move forward.

I grew up in Croydon and it was quite green where I was, but if you went into the centre, it

was all grey. Where I went to school was all grey. My mum helped me understand the correlation between being outside and feeling good.

It's always something I've been interested in, so I put a message out on Twitter and said: I want to do some urban greening, where do you think needs it? I wanted to do it in south London. I felt it was important to focus on the area I grew up in. People sent over loads of places and one of them was Thornton Heath. I used to go to the leisure centre there, so I knew it well. It was super-grey.

We got the local community involved and built planters and filled them with herbs, greens and trees. The biggest thing was showing people that if you could do it in the square then you could

do it on your balcony or on your roof. We've had so many people saying: I really appreciate what you're doing – the kind of people I wouldn't expect, people who are a bit tougher on the outside. That's the aim. We're not trying to get Alan Titchmarsh fans to come down. It's people who essentially don't give a fuck about it, who all of a sudden will think: This is sick, I could do this.

My hope for the future is that more of these places pop up and for it to become cool. As soon as it's fashionable, people are like: Oh yeah, I do gardening! That's what I'm hoping for, that it becomes something the cool kids want to do. ■

→ Loyle Carner's Thornton Heath project is part of Timberland's Nature Needs Heroes campaign.

SHE'S A LEGEND



‘People think all we do is open and close doors’

The Brixton prison officer who’s been rehabilitating inmates for 12 years

WHEN GEMMA TORRANCE applied for a job at Brixton prison at 25 years old, she didn’t expect it to turn into a career. But 12 years later she’s still there – and more passionate about rehabilitating prisoners than ever. Over the last few months, on top of her day job, she’s been part of a small team organising activities to keep the inmates’ spirits up during the pandemic.

When I first joined the prison in 2008, I was nervous. You’re going into unknown territory. After the job interview, we were shown around the prison to see what it was like. I’d never been to a prison before; I didn’t even know Brixton had one.

The wing I work on is where inmates go when they first arrive. The first 24 to 72 hours can be overwhelming, so we try to make the transition easier. Once you get speaking to the guys, you build relationships and get a rapport going.

During the pandemic, I’ve been coming up with weekly schedules to keep the prisoners busy. We wrote quizzes they could do with their cellmates. I’d go through and mark them and there would be

little notes saying how much they enjoyed the quiz or suggesting topics for the next one.

On Father’s Day, they couldn’t have their social visit, so they got dressed up and we took photos which they sent out with a letter to their kids. So many prisoners came back and said: our families wanted to say thank you. They really appreciated it because they haven’t been able to see them.

I was a key worker for this guy who was in and out of Brixton prison. I told him: ‘You’re better than this’ and we devised a plan. He went through drug rehabilitation and reconnected with his family. By the time he was ready to go, he had his whole life mapped out. He got a job looking after ex-offenders. I don’t think I’ve ever felt so proud. For me, those moments are what it’s all about.

There’s a stigma around prison officers. People might think we’re all big, rude and aggressive or that all we do is open and close doors, but we’re nothing like that and that’s not what we do. Our job is about rehabilitating people so hopefully they don’t reoffend when they get released.

I take on so many roles: I could be a social worker giving advice or a nurse dealing with an incident. Some prisoners don’t have a family so you become like their family – they need someone to talk to.

The saddest thing is when someone is released and you see them back inside a few months later. But people don’t always get it right the first time. It might be the second or the third time. We have to show them that someone genuinely cares.

I feel like we’re the forgotten sector, yet our role in society is important. We’re all here because we want this part of the world to be a bit better.

The best part of my job is seeing people change. Whether they’ve got anger issues and learn to channel it in a different way, or drug issues and get clean, when they get released, you feel good that they’ve got it right this time. ■
Interview by Isabelle Aron

For more unique looks at London life, head to [timeout.com/stories](https://www.timeout.com/stories)

WRITTEN AND DIRECTED BY AARON SORKIN

YAHYA ABDUL-MATEEN II SACHA BARON COHEN DANNY FLAHERTY

JOSEPH GORDON-LEVITT MICHAEL KEATON FRANK LANGELLA JOHN CARROLL LYNCH

EDDIE REDMAYNE NOAH ROBBINS MARK RYLANCE ALEX SHARP JEREMY STRONG



"Sorkin's brilliant courtroom drama grips, thrills and enrages."

THE TELEGRAPH

"ELECTRIFYING"

THE OBSERVER

"TIMELY and TIMELESS."

EMPIRE

"A movie as simultaneously
ENTERTAINING AND GALVANIZING
as anything you'll see this year."

TIME

THE TRIAL OF THE CHICAGO 7

BASED ON A TRUE STORY

THE WHOLE WORLD
IS WATCHING

NOW SHOWING IN CINEMAS AND ON

NETFLIX | OCT 16



HYPE DISH

Flor's old-school lardy bun

DISSECTION

What goes into the London plates that everyone bangs on about

LARD: NOT THE most glamorous of ingredients. It's somewhat surprising, then, that Flor's rendered-fat-laden pastry has become its star dish. The Borough Market restaurant, an offshoot of Michelin-starred Lyle's, champions British produce and dishes, hence its

resurrection this age-old sweet treat, lard and all. 'The idea was to take a British classic, something a bit forgotten, and refresh it,' says Flor's head baker Helen Evans. She explains how her team gave an old fave a glow-up. ■ *Bobby Palmer*
→ Flor, 1 Bedale St.

The glaze

'The buns are baked in muffin tins. Then, once out of the oven, they go straight into a mace caramel. We cook it until it goes quite dark, which creates a really rich colour.'

The currants

'We brew a strong tea, lots of it - like, ten litres of the stuff - and then throw in loads of currants. They sit in that tea for a week or two, then we add them to the dough.'

The dough

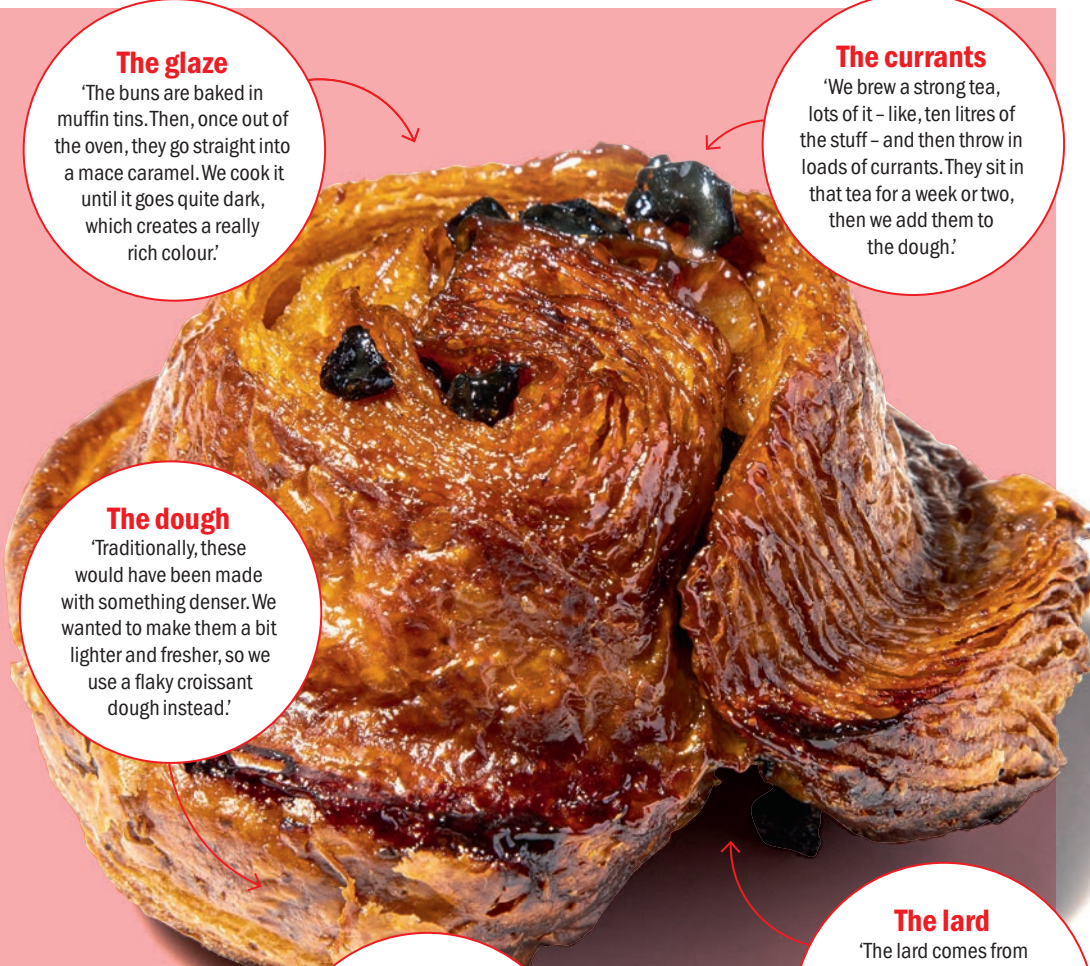
'Traditionally, these would have been made with something denser. We wanted to make them a bit lighter and fresher, so we use a flaky croissant dough instead.'

The flour

'Most croissants in London will be 100 percent white flour, but we put wholegrain in too. We also add einkorn, an ancient grain we mill on site, as well as Welsh wheat.'

The lard

'The lard comes from Warren's Butchers in Cornwall. We beat it with brown sugar. We actually want that animal-fat flavour to it - it's very different, and very moreish!'



WORD ON THE STREET

The most ridiculous things we've overheard in London this week

'Someone in my office is an adulterer. I don't know who, but someone is.'

'Is it bad that I've never used a semicolon?'

'The bass was pummelling through the lavatory.'

'An iPhone definitely gets heavier the more music you put on it.'

'My cock wears a helmet. And I do mean the chicken.'

'I'm going to wet and fart myself.'

'I'm getting lasered. If there's another pandemic, at least I'll be hairless.'

'I'm just going to go to the toilet and then I'm going to like your tweet.'

'She's avocado in human form.'

'I'll go to my grave with a preserved lemon in my mouth.'

Overheard something weird? Tweet us #wordonthestreet @timeoutlondon

SAMSUNG

Galaxy Note20 | 20 Ultra 5G



Grab a power-up

Seamless graphics. 5G streaming. Top titles.
The ultimate in portable gaming.



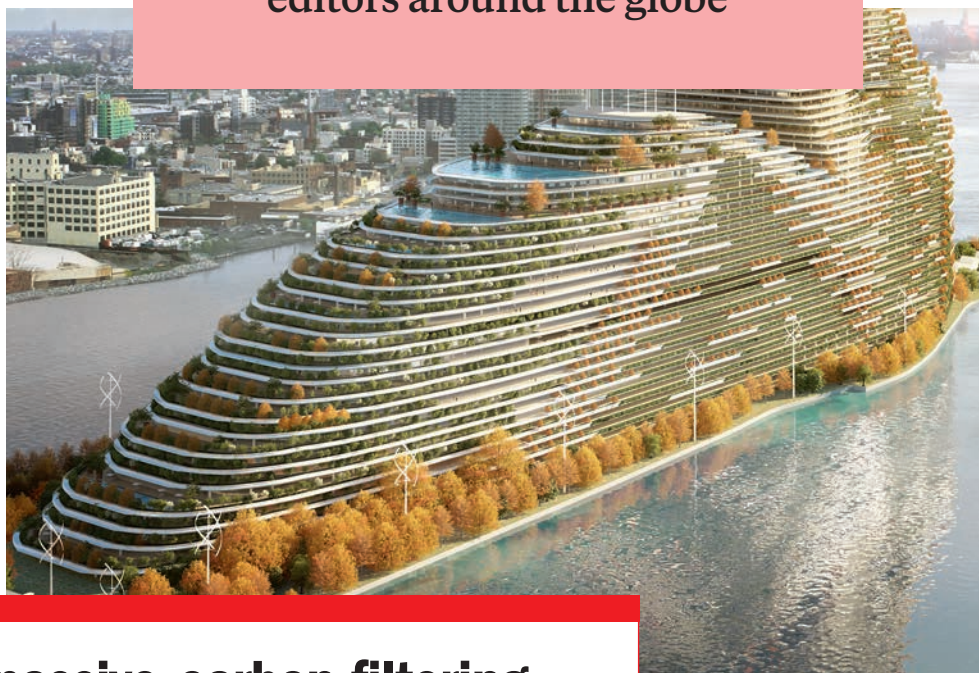
*Xbox Game Pass Ultimate available from 15.09.20. Controller required for some games (sold separately).
Streaming speeds may vary based on the services provider, connection and other factors.

Edited by James Manning
timeout.com/travel @timeouteverywhere



YOUR WORLD ACCORDING TO TIME OUT

The best stories from our editors around the globe



This massive, carbon-filtering tower would be NYC's highest

USA

No skyline is as iconic as New York City's – but now, there's an idea for a building that could rival One World Trade Center and the Empire State Building. Paris studio Rescubika has designed what would, at 2,418 feet, be the tallest building in not just NYC but the whole USA. And it's not only its size that's extraordinary: the tower would also reduce carbon

in the city's atmosphere. The design resembles a gigantic, plant-filled cruise ship that would tackle the greenhouse effect by absorbing more CO₂ than it releases. It'd also have 23,000 square feet of solar panels and 36 wind turbines. It may be pie in the sky for now, but buildings like this could be the future of the city. And what a pie! *Collier Sutter, Time Out New York*

USA

A reality show will blast its winning contestant into space

Given the current state of planet earth, this bit of TV news might interest you: a US production company has reportedly secured a seat on a 2023 mission to the International Space Station, which will be taken by the winning contestant on a reality show called 'Space Hero'. A group of amateur would-be astronauts will undergo physical and emotional training, and viewers worldwide will vote for a winner to blast off. At last, escape! *Anna Ben Yehuda, Time Out USA*

IMAGE: NY BUILDING; MANGROVE TOWER COURTESY RESCUBIKA STUDIO; HUMPBACK WHALE: BURCH SMITH; GUNDAM: FELD CC LTD./ALAMY; BARCELONA: MARCADAS

Get the latest from cities
worldwide at [timeout.com/news](https://www.timeout.com/news)

ICELAND**Swimming with whales under the midnight sun is now a thing**

Once this mess blows over, we'll all be craving lavish, once-in-a-lifetime experiences. Like, say, swimming with wild humpback whales in an Icelandic fjord. Yep: next summer, luxury holiday firm Black Tomato is running five-day trips where you'll (safely) snorkel alongside whales off Iceland's coast, in near-24-hour daylight. It doesn't come cheap, but what a way to blow an entire two years' holiday budget. *Huw Oliver*
→ www.blacktomato.com

**JAPAN****A giant robot has been built near Tokyo**

Whether or not you're familiar with the Gundam anime series on which it's based, it's hard not to be amazed by the 60-foot robot that's recently been completed in the port city of Yokohama. Engineers spent two years making sure the giant Gundam figure can assume different positions and bend its mecha limbs without them snapping under their own weight. The epic centrepiece of the upcoming Yokohama Gundam Factory attraction is now being tested before opening. Next: world domination. *Emma Steen, Time Out Tokyo*
→ www.gundam-factory.net/en/

**SPAIN****The world's coolest neighbourhood is in... Barcelona**

Every year, Time Out picks the coolest districts on earth – and this year, our number one is the Esquerra de l'Eixample in Barcelona. Residential, down-to-earth and off the tourist radar, it's been a hub of mutual aid during lockdown. Also very cool: its buzzing community spaces and thriving LGBTQ+ community (it's called the 'Gayxample' for a reason). You may not be able to pronounce it, but you should definitely visit. *James Manning*
→ www.timeout.com/coolest-neighbourhoods

**THAILAND****The new Thai visa lets you stay for nine whole months**

Thailand's borders have been closed since March, but now the country's government has finally agreed to welcome back international tourists – as long as they stay in Thailand for at least 30 days, including a 15-day quarantine. A new 90-day tourist visa will be issued to up to 1,200 travellers (from still-unspecified 'low-risk' countries) per month, and you can extend it twice for a nine-month maximum stay. So if you're looking for a fix of street food and tropical islands this winter, Thailand might be back on the agenda – as long as you're in it for the long haul. ■ *Arpiwach Supateerawanitt, Time Out Bangkok*
→ www.thailongstay.co.th/stv_visa.html



NICE



CONTRIBUTORS: RALPH JONES, D. JANGO ZIMMARE AND LEONIE COOPER

Our manifesto for future London

No one knows what tomorrow brings (especially when 'today' is so weird) but we can have a good crack at it. This is our declaration for a better city. Illustrations *Jenni Sparks*



The homeless will be treated with respect

Until 2020, *Joshua* lived on the street. He says that both laws and perceptions need to change

This year, some Londoners are starting to experience what others have to deal with on a daily basis: the worry of losing work, the scramble to buy food. The very people who walked past

individuals on the street and said 'get a job' have had to learn empathy.

I hope the government listens to this increased compassion. It's wrong to punish people who rough-sleep and they shouldn't be viewed as criminals. I hope citizens, society and the government now see the moral importance of taking action. I hope they help the vulnerable and make the city great again.

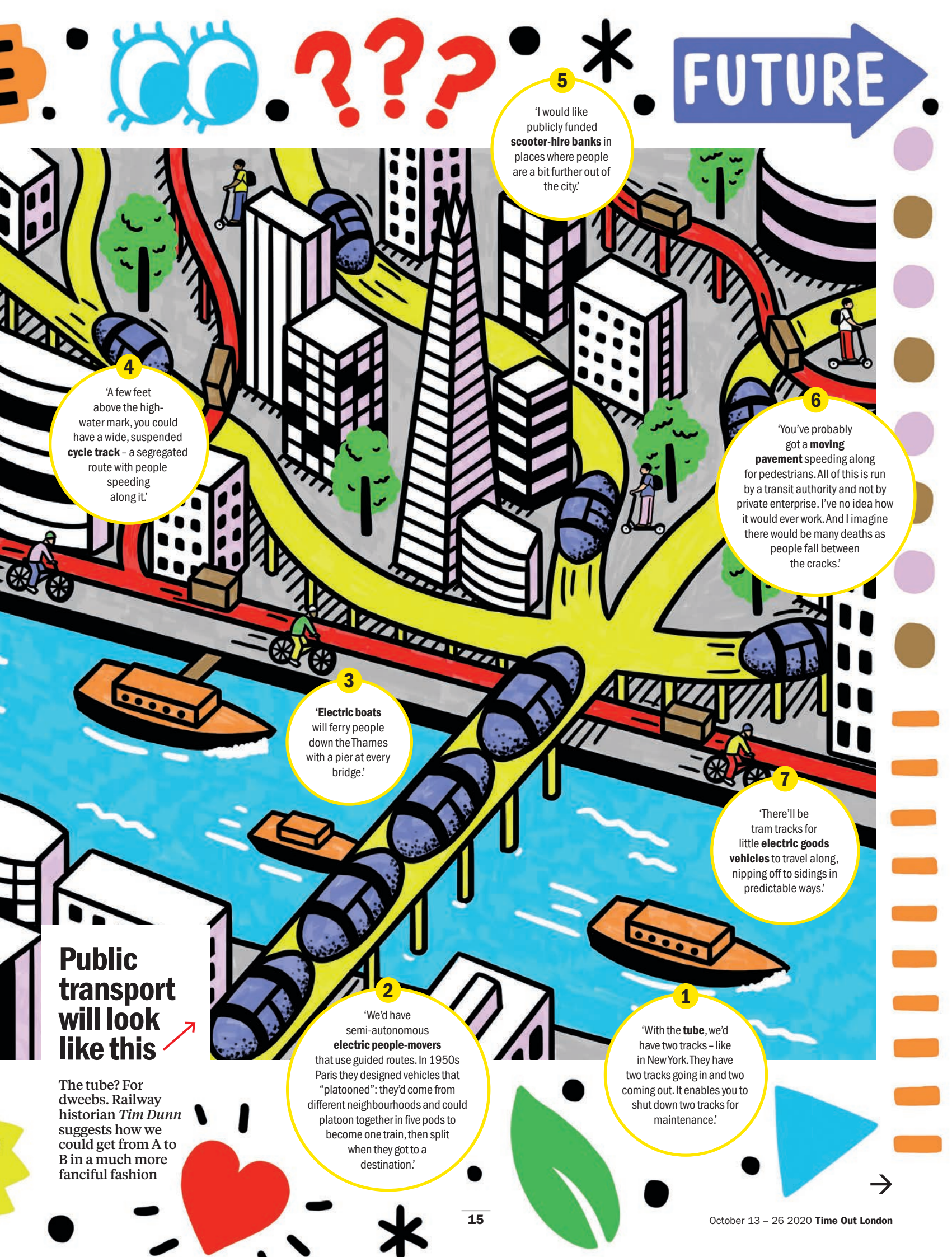
I'd like to see an increase in Universal Credit and Local Housing Allowance to cover average rents. I'd like to see subsidised fares for travel for people with low incomes starting work, investment in services that help prevent homelessness

and funding for employment-support programmes tailored to people experiencing homelessness. People who were once homeless need to be better documented.

I hope people will be more giving to homeless charities. If I hadn't connected with St Mungo's during the first lockdown I wouldn't be where I am now: in my own flat with new, positive goals.

We're going through something that will become a moment in history and it's forced us all to think about things that are important to us. I'm sure it will change people. It could make the world a happier place.





FUTURE



5

'I would like publicly funded **scooter-hire banks** in places where people are a bit further out of the city.'

4

'A few feet above the high-water mark, you could have a wide, suspended **cycle track** - a segregated route with people speeding along it.'

6

'You've probably got a **moving pavement** speeding along for pedestrians. All of this is run by a transit authority and not by private enterprise. I've no idea how it would ever work. And I imagine there would be many deaths as people fall between the cracks.'

3

'**Electric boats** will ferry people down the Thames with a pier at every bridge.'

7

'There'll be tram tracks for little **electric goods vehicles** to travel along, nipping off to sidings in predictable ways.'

2

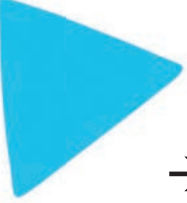
'We'd have semi-autonomous **electric people-movers** that use guided routes. In 1950s Paris they designed vehicles that "platooned": they'd come from different neighbourhoods and could platoon together in five pods to become one train, then split when they got to a destination.'

1

'With the **tube**, we'd have two tracks - like in New York. They have two tracks going in and two coming out. It enables you to shut down two tracks for maintenance.'

Public transport will look like this

The tube? For dweebs. Railway historian *Tim Dunn* suggests how we could get from A to B in a much more fanciful fashion



Manifesto

Artists will get their dues

Serious culture head Block 336 director/artist *Jane Hayes Greenwood* imagines a better world for creatives

Artists themselves need affordable spaces to live and work in our city. If we are to leverage the transformative capacity of art and ideas, the art world needs to better support artists, giving them the funding and mentoring they need to take risks and make great work.

While art's critical edge must be preserved, we should not expect artists to be responsible for responding to social issues only; artists must feel free to respond to whatever they want.

The people that are privileged enough to be able to make choices about what art gets seen should do the hard work needed to open up opportunities to creative people who are making exceptional work but who are under-represented.

And finally, those who enjoy the arts and can afford to support it, should.

Zones 2-6 will contain good things too

Comedian *Will Duggan* demands that the outskirts are no longer overlooked

London needs to be aware of how big it is. You know when you get a dog that was a little puppy and now it's a Great Dane but it still thinks it's a little puppy and can sit in your lap? That's London. A lot of the rest of the country gets annoyed about how everything is London-centric; I think London gets annoyed about how central-London-centric London is. I would give each of the boroughs more devolved power. And equal funding. The Georgian reign is over; we don't need Horse Guards Parade any more. I demand that Good Things – culture, attractions, 400-seater comedy venues – are placed at five-mile intervals throughout the city. It sounds a lot, but all spaces can be comedy spaces: pubs, cafés, hospital waiting rooms. You just need tickets and a microphone.

Time Out London October 13 – 26 2020



PHOTOGRAPH BY ANDY PARSONS

Old Londoners won't be written off

Ingrid Nachstern faced stigma when she trained to be a ballet teacher in midlife. Now she's 66 and still pliéing like a boss

I started training to be a ballet teacher at 38 and a relative made a negative comment. Something about me 'prancing around in a leotard'. It almost put me off.

But I made a decision to not let it get to me. I'm now 66 and still prancing about in my leotard, doing daily ballet lessons at dance schools such as Pineapple and Danceworks.

I do my lessons alongside people in their twenties but I never feel discouraged, and love challenging myself. I even did my first solo performance in New York in 2011.

Doing ballet keeps me feeling young. There's a meditative quality to it – you have to concentrate

otherwise you'll injure yourself, and you have to remember loads of different sequences.

There is stereotyping about what older people are capable of. Especially after lockdown when people four years older than me were told to shield. It felt like a lot of older people were being written off, which was really unfair.

I think it's easy to lose self-confidence as you age. My attitude is not to apologise for anything. I have more courage now than I had when I was 20.

I hope that I'll still be doing ballet in my eighties. The way I see it is you only have one life, so you should live it doing what you love no matter what your age is.



GREAT ADVICE

To help with visible
sweat patches, as well
as anti-perspirant consider
wearing natural fibres
like cotton or linen.



GREAT PRICE

£1

In store | [boots.com](https://www.boots.com) | App

Available in most Boots stores. Subject to availability.
Delivery charges may apply. Sure (£0.67 per 100ml).

It Won't Let You Down.

Boots

Let's feel good



We will ensure clubs live on

Four big-time party bosses explain what we need to do to make sure nightlife survives in the New Normal and beyond

Neighbours will know each other better

Susan Gilchrist pairs lonely Londoners with neighbours for charity BEfriend. She says it needs to happen more

One of our clients, a woman in her sixties called Magda, recently came to the end of the BEfriend scheme. (We match volunteers with local people who are isolated or have diagnosed mental health problems.)

When she started, she had severe depression and her relationships with family and friends had broken down to the point where she was completely isolated and fearful of leaving the house. At our first meeting, she cried for the entire time I was with her. After being matched with a local volunteer, they started going for walks together, then as they got to know each other better, they both went to art groups and yoga classes. Now Magda has rebuilt her relationships with her loved ones, started new hobbies and told me that she has finally found 'peace, comfort and happiness'.

It really shows the impact of schemes such as this one. One of the positive outcomes of the pandemic has been that more people are looking out for their neighbours and getting involved in their local communities. I think having more schemes such as BEfriend rolled out across London would help a lot of people have a better quality of life and make them feel like they matter, which has to be a win-win situation.

→ <https://befriend.london>



Hilit Kolet, DJ

'It's time it's acknowledged that nightlife tourism plays a substantial part in the UK's tourism. Being able to DJ to people who feel as strongly about music as I do and getting to know individuals who share the same passion is what makes living (and visiting) London so fascinating. It's social glue in that it connects people very deeply and gives people a sense of belonging that they can't find anywhere else. It needs to be protected on that level.'



Jeffrey Louis-Reed, DJ, producer and promoter

'I'm lobbying for Covid testing on the door of clubs using a breathalyser that immediately shows if people have the disease. This is going to be the best way to get venues back to the way they were pre-Covid. London's world-class nightlife is a big part of the reason why I moved here from the US in 1988. The dancefloor is one of the most democratic and joyous spaces for expression - it's vital it survives.'



Joshua Mooney, DJ

'In other big clubbing cities such as Berlin, venues are treated as cultural institutions - Berghain and Tresor have status and were given grants to help them through this time. Sadly, in the UK that's not the case, but giving clubs this status would ensure their survival. There also needs to be community-based ownership to protect clubs rather than them being owned by wealthy corporations that end up selling off venues for profit.'



Carl Hill, club promoter

'The pubs and restaurants had Eat Out to Help Out, but we've not had anything specifically targeted to our sector, which is what we need. The nightlife industry is an ecosystem, and once it starts to fall apart it'll affect so many other areas, and it won't be easy to get it back to where it was. We need grants from the government to help people that work in it, such as promoters, independent club owners and DJs, to get through the next few months.'



SMART METERS HELP GIVE BRITAIN GREENER ENERGY

A smart meter isn't much to look at.

But by having that odd, plastic box, you'll be helping Britain's energy system use more renewable resources.

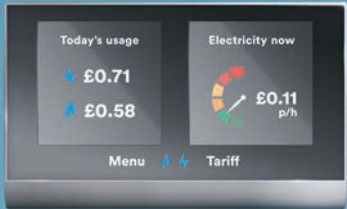
Meaning more wind and solar, and less coal.

Not bad for something that lives under the stairs with your wellies.

And not too bad for the nation, either.

Ask your energy supplier for a smart meter today.

Eligibility may vary.
Requires customer action.





London's quirks will be listed like landmarks

It's the capital's oddities that make our city *our* city. It's time they got the respect they deserve. Here are some civic candidates

Flats won't remain empty

A way to fix the housing crisis from *Miatta Fahnbulleh*, chief executive at the New Economics Foundation

Real estate is so expensive in London that for many it's just an investment. People buy it up and they just sit on the asset while others are struggling to live in the same city. There's a simple solution: hike up council tax on those properties. You just put a property tax on flats and houses that are empty and you make it punitive. This would be a massive disincentive for people to keep them empty. So owners would either need to sell them on or move into them. Then the income that you generate from that, I would plough back into providing affordable housing for Londoners. We'd then also put in a system of rent controls to keep it an affordable level across the city.

Shoreditch will be perma-pedestrianised

Jimmy Garcia runs those South Bank igloos. He thinks car-free zones are the future

This year a lot of footfall has moved away from the City to the suburbs. Pedestrianising one of these areas would create a go-to destination in parts of London where restaurants are struggling. I'd envision it as a cordoned-off area with restaurants as well as street-food traders and perhaps DJs or live music – basically like a giant food hall but outdoors.

The main problem is London weather in the winter. However, what I've found with my own pop-ups is that people will tend not to come out if it's bad summer weather, but in winter it's busy, as people love to wrap up in blankets. So as long as you're prepared it could work well.



Golden Boy of Pye corner

This lad marks the place where the Great Fire was extinguished. Why is he nude and accompanied by an inscription about the sin of gluttony? The only explanation is he's a tribute to sitting naked, bingeing on snacks, when everything has gone to shit.



Whitechapel fatberg manhole

It's not often you see a *posh* manhole cover. This one must be in recognition of something great, right? How about a 130-ton, sewer-blocking congealed mass of fat, oil, wet wipes and nappies? Makes you proud to be British.



Guy the Gorilla statue

Crystal Palace is home to a swolo statue honouring Guy, a gorilla who lived in London Zoo from 1947 to 1978 and became so famous that his movements were studied for '2001: A Space Odyssey'. We can't confirm or deny if he was that hench IRL.



The Soho noses

Shhh! The walls have, er, noses! Thirty-five of them were put up all over London back in 1997 in response to CCTV on the streets, and a few of them still remain, mainly in Soho. We must protect their strange little plaster nostrils at all costs.



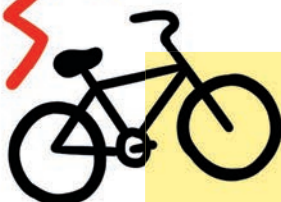
The Catford Cat

It might be huge and tacky, but the big ol' puss on the Catford Centre street is a local favourite. Many have tried (and failed) to remove this – quite frankly, iconic – fibreglass cat, but this London treasure will hopefully remain pawing the air outside KFC for ever.



Dead parrot monument

This cockatoo isn't the same species as the Monty Python one, but the inspiration is pretty obvious. And while it's not Greenwich's most popular attraction, it's definitely the only statue of a dead bird of any kind in London – and that's pretty cool.



Pollution will stay at reduced levels

London's air became less toxic in lockdown. Transport expert *Christian Wolmar* shares a strategy that'll keep it that way

My idea would be to turn the whole of central London – Zone 1 – into a 'pedestrian priority area'. It would have a maximum speed of 15 mph for all vehicles, and give pedestrians priority over cars on the streets except on a few key arteries and bus routes. This would make most roads so slow that people would walk,

cycle, use the tube or buses to get around. In conjunction, the congestion charge should be put up to £30 as a further deterrent. Essentially, privately owned cars with single occupants do not belong in the centre of the city. This would make London better for pedestrians and reduce its pollution problem.

IMAGES: BOB PETERSON/OUTLINE; THE CAT, BEYONCE WAINWORTH; GUY THE GORILLA, ANDY PARSONS

SAMSUNG

Galaxy S20 Series 5G



One tap, fourteen different views

Single Take helps you capture the perfect moment



Culture will be decolonised, democratised

The Royal Court's *Vicky Featherstone* has tried to make her theatre carbon-neutral and tackled sexual harassment in the industry. What next?

First up, we need theatre that represents the entire complex, passionate make-up of this whole city, and is affordable and accessible to everyone. Institutions need to share out resources and opportunities equitably, with a massive programme of cultural and social engagement for all young people in London. Free tube travel for under-18s needs to be re-instigated. We need a culture that celebrates their brilliance and differences and gives them all equal access to the amazing and enriching adventures this city has to offer.

Meanwhile, institutions that were built on colonialism and the empire need to undergo a process of renaming and decolonising. Artefacts should be reclaimed by those we stole them from. Let's become the Western World's first decolonised, entirely carbon-neutral, youth-friendly city. ■

Keep an eye on London at [timeout.com/news](https://www.timeout.com/news)

There will be spaces for doing nothing

Not calling him lazy or anything, but comedian *Tom Parry* wants a communal space where work is forbidden

I have a cousin who lived in South Africa and we would contact each other all the time. Every two or three years we'd see each other. Then he moved to London. We saw each other less in London than we did when he lived in South Africa. It is so hard to get schedules in sync. Everybody is so busy here. Living here's a bit like free-diving underwater with no tank. You're holding your breath. For the last seven or eight months everyone's been able to come up for air, and breathe, and go, 'It's mad, isn't it, down there?'

What if we made a space for people to do that permanently? The Thames has got to feature.

It's just like having a big lungful of fresh air. Maybe a barge, a floating island on the middle of the Thames. And, at the risk of sounding like an old man in a Sam Smith's pub, I think we've got to do away with wi-fi. It's got to be a gadget-free space. I'm also a sucker for really big beanbags.

The Southbank Centre's full of magical spaces like that: there's lots of room and there's lots of people who don't quite know why they're in there. I'd want that kind of atmosphere but on a barge on the Thames: huge beanbags; maybe a little bit of live acoustic music but nothing too intrusive. And – most importantly – it's always sunny.

We'll be as proud of our ethical hats as of our eco coffee cups

Have you seen Sally from Accounts's new KeepCup? Course you have. She's been drinking from it on Zoom calls so that other people in the office notice how green-minded she is. Imagine if this 'cool to be green' attitude extended to everything. That's the future we want, so we asked *Helena Chow*, co-founder of ethically conscious shop *Aida* to pick three great hats from her collection.

→ 133 Shoreditch High St, E1 6JE.



Colourful Standard £28

'These unisex merino-wool beanies are zero-waste and made from Woolmark-certified yarns. And they come in a vast number of colours.'



Howlin' £55

'Made from natural Scottish wool, often produced under one roof, the environmental impact of Howlin' beanies remains as low as possible.'



Escuyer £54

'A clean aesthetic paired with sustainable production in a family-owned factory in Portugal puts this beanie at the top of my ethical list.'





**We keep our
prices small
(not our cups)**



**JUST
99_P**



‘We live in complex times’

As the capital reinvents itself in the era of Covid, Time Out CEO *Julio Bruno* talks to visionary designer *Thomas Heatherwick* about what lies in store for London and other global cities of the future. Portraits *Andy Parsons*

IT'S JUST A two-minute walk from Time Out's head office to the studio of Thomas Heatherwick in King's Cross. The London-born designer of the 2012 Olympic cauldron, the steampunk reimagining of the capital's iconic Routemaster bus, the Coal Drops Yard development and the abortive Garden Bridge is probably now the country's preeminent conceptual imagineer of landmark public projects, yet his London HQ – a bit like the man himself – is almost stealthy in its

lack of self-publicity. Unadvertised, it sits sort of within a hotel just near Gray's Inn Road. Inside, though, is a cabinet of wonders: light, open-plan, full of trailing plants and haptic and visual delights: architectural models, chunks of wood, cool furniture. I hang out there with Heatherwick for an afternoon to chat about what this year means for the future of cities and London in particular. I don't generally suffer from office envy but I come pretty close to it here.

IMAGES: 3,000 TREES; QINQAYAZHU; VESSEL; COURTESY MICHAEL MORAN FOR RELATED



Heatherwick's greatest hits

New Routemaster (2010)

Heatherwick updated the iconic London bus for the new millennium. It's fucking massive, has three doors and the upstairs is like a hot kinky bunker. Well played, Tom!

The Garden Bridge (2012, not built)

Mayor Boris was a stan of this Thames-spanning green structure, which was Joanna Lumley's idea. Spiralling costs finished it off.

The Vessel (2013)

The navel of NY's Hudson Yards (below) is a feast for stair-lovers. Like walking up and down a giant 3D MC Escher artwork.

1000 Trees (2021)

Two 'tree-covered mountains' form this Shanghai complex (top), filtering the air and creating oxygen. It's like the O2 but with more actual O₂.

Do you think the city of the future will still be a place where people want to go out and enjoy it?

'I think we live in complex times. In the past you had to come to the city because it was where the jobs were and where everybody else was. But just like this studio is now shifting from being a place where all the work happens for 200 people to being a place where some things happen, I think the city will become somewhere where there's an ebb and flow of people coming for deep human connection.'

You can see already that, to some extent. When I came to live in London in 1993, there were no café tables on the street, nothing like that.

'Yes, true. A few centuries ago, towns and cities were different because they were more isolated. You didn't see what everyone else was doing. There's an expression, *genius loci*, the idea that the spirit of a place infuses it. If a village was near a forest, it had wooden buildings. If it was in Wiltshire all the buildings would have that pinky tone from the stone. The most respectful thing you can do in a place is grow something that makes it more particular.'

And that's also good for the people who live there?

'I think that particularity matters more now than ever because you've got to really cherish places and people. You must have experienced that thing where you travel to somewhere on the other side of the world and you're struggling to find anything different and then you find the bus tickets are different and you are surprised and delighted to find something unique and new.'

Both our companies were born in London. What can this city learn from other cities?

'Not to be exactly like them! In the last 30 years you can see that groups of city officials have gone for a weekend in Barcelona. Barcelona did some phenomenal projects in the early '90s: you could feel that people were inspired by that but they didn't realise that they were all having the same kinds of ideas, which means that everywhere started doing the same kinds of things.'

Talking of buses, what did you learn from redesigning the Routemaster?

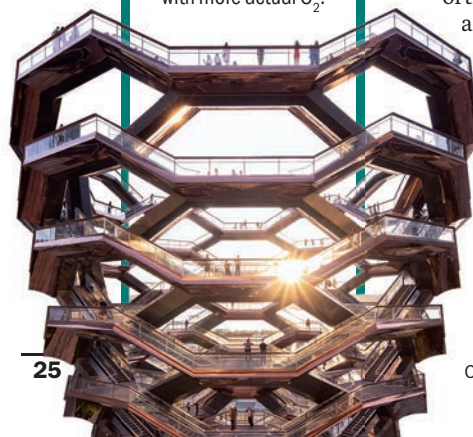
'There were so many lessons in the original that had been ignored in buses since. It's logical to use warm materials because they make you feel better; it's logical that fabrics have a pattern that hides dirt. Why reinvent? Why don't we just make a bus that wheelchair users can use, where you load and unload quicker? Buses were designed with pride: it's a proud thing to go to see your family or go to work or just enjoy travelling in a city like London. So we took all the regulations and said how can we make something that supports the dignity of the passenger? My only regret was we weren't allowed to have opening windows. It took us five years but we got them in the end!'

Were you also conscious of its place in British (and London's) identity?

'We were certainly aware of it but maybe not as aware of it as it looked. In London, if you're going to build a new building, there's the planning authority and architectural advisory committees and Historic England. If you did a two-storey building in [central] London it would be discussed a lot. But if you do a two-storey building on wheels, nobody looks at it. There's less control of a bus than of buildings, yet there's 6,000 of them. When something's called architecture, when something's called infrastructure, when something's called art I don't see any difference really between them.'

All your projects are different from each other. Are you a rebel, saying 'I want to find a unique way to do that'?

'When I was younger, I wanted to be an inventor. An inventor isn't





LMGTFY How Google HQ in King's Cross is going to look. Right: Lord Time Out gives Heatherwick a grilling



based on having one style, it's about problem-solving. I suppose I'm on a journey. Humans are roughly the same size we were half a million years ago, but buildings have got bigger and bigger. In China we're doing half-a-kilometre-long projects. In a way, I'm fighting the magnitude to try to find the small scale within it. I think mental health and wellness haven't been well supported by many of the places made in the last 60 or 70 years.'

Is that why you like big public projects?

'The public experience is what excites my team and me most. But I think people don't realise all the restrictions on a space that you think is for everybody, but where you're not allowed to drink and do all sorts of things, not allowed to protest. Now we have the chance to talk about true inclusivity. I feel that the challenge is including the Black Lives Matter movement – among other things – to push forward with a far more broad and inclusive sense of making place. It's the only way to make a sustainable city that welcomes everybody.'

How can the design and architecture of a city help social justice?

'In architecture, the tendency is to go to the same kinds of

professionals. I've always felt that buildings should be led by a diverse range of people. I think that you can pair people who aren't architects with architectural teams and get a much more generous mix of built environments.'

Can we put environmental issues on the agenda in a better way?

'Integration of nature is something we are really pushing for. Our 1000 Trees project [in Shanghai] takes 21 tonnes of carbon out of the air a year and creates oxygen for 2,000 people. That's not greenwash, that's serious.'

And it makes cities more sustainable...

'There are many things that help make cities more sustainable. We are increasingly banning high-polluting vehicles and making cities more cycling-friendly. We should have buildings that are repairable.

The emphasis if something is not working is to demolish it; we should celebrate fixing buildings and adapting them.'

Are there any London buildings you'd 'adapt'?

'We are really interested in housing; my team and I would love to take a failed shopping area or a failing overprovision of office

space and build living into the heart of London.'

You're doing Google's headquarters in London. How's it going?

'The London Google building will be one of the first times that one of the most extraordinary organisations to have shaped the modern world will be touching the ground and connecting with people. The thing we are proud of is the use of timber – it will be the biggest use of wood in any central London building. There's also a very major garden integrated into the roof.'

And it's huge, right?

'It's the length of the Shard lying sideways. If ever there was an organisation that would respond intelligently to the time we are in,

Google surely would be it. We are making the vessel for an organisation that's trying to be meaningful for people more broadly.'

So will we see more of this kind of diversity in the city of the future?

'There's been this line of thought about "clean lines". You think: I'd like a building to have clean lines, I'd like a city to have clean lines, sounds perfect. But what it often creates is sterile places. The most interesting places are often dirty, imperfect, impure. At the scale of a mobile phone, a clean line is the right thing to do. At the scale of a city, "clean" isn't always the right thing to do.' ■

'The most interesting places are often imperfect, impure'

SAMSUNG

Galaxy Watch3



Available now

LONDON FOR LESS

Food, drink, screenings, pop-ups: don't miss our exclusive offers and discounts

Kanishka

What is it? Six sharing dishes at an upmarket Indian restaurant.

Why go? Because this place is headed up by renowned chef Atul Kochhar (he's got a Michelin star to his name and everything), so you can trust the food will taste as good as it looks.

Wait, how much? £25 per person (minimum two people, so grab a mate or a date), plus you can add a cocktail for an extra fiver each.

→ Kanishka. www.timeout.com/kanishkamayfair



Beauty mystery box

What is it? A beauty-based lucky dip that will reward you with a bunch of products worth up to £100.

Why buy? Because unlike most mystery boxes, this is a one-off. So, no subscription that you'll 100 percent forget to cancel for at least six months. Plus, there's a Lindt chocolate gift in there, and chocolate makes everything better.

Wait, how much? £20.95. Not bad if you end up with £100's worth of stuff.

→ Online. www.timeout.com/beautybox

Chucs

What is it? Three courses and a drink for half the normal price at any of Chucs' five London restaurants.

Why go? To experience the swish stylings of these super-yacht-inspired eateries. And eat some delicious nosh, of course. Menu highlights include truffle arancini, bigoli cacio e pepe and tonka-bean pannacotta, to name but a few.

Wait, how much? Only £25 for you lovely people (we're nice like that).

→ Various locations. www.timeout.com/chucs

The House of Elemis

What is it? A one-hour Elemis Biotec no-touch facial package for a fraction of the usual cost.

Why go? To get your beautiful face pampered by a pro, sure. But also for the luxury scalp massage and free Elemis skincare gift (which they normally flog for £97, fyi). Hey, everyone loves free stuff.

Wait, how much? Normally a hefty £242, but for you it's just £80.

→ The House of Elemis.

www.timeout.com/elemisnotouch

The Clock N8

What is it? A three-course meal and a glass of prosecco at a cosy Crouch End eatery for less than £20.

Why go? For some sensational-sounding food. Think Madagascan tiger prawns, Atlantic mackerel stuffed with n'duja, tamarind-glazed aubergine and more. Plus you get a great view of a legendary local landmark (it's a clock).

Wait, how much? If you can believe it, all three courses will cost £17.50.

→ The Clock N8. www.timeout.com/theclockn8

Theatre, music, events: get the best deals in town. **Search 'Time Out offers'**

Things to do in London

Edited by **Katie McCabe**
timeout.com/thingstodo @timeoutlondon



IMAGES: INSTALLATION VIEWS OF TRULEE HALL AT ZABLUDOWICZ COLLECTION; PHOTO BY TIM BOWDITCH

A golden, phallic cornucopia is just the beginning of the stylised debauchery found in artist Trulee Hall's funhouse of the 'erotic grotesque' at Zabludowicz Collection, a former Methodist chapel. **Turn to p35 for more.**

Things to Do

Stacks of wax

S Secret 7" exhibition

Have you ever bought an unlabelled record and thought 'this is a BIG find, I bet it's the first pressing of that Metallica album that's worth loads'. Then you lower the needle, and it's a 'Classic Rock Anthems' mix? We've been there. At the Secret 7" charity record sale, you won't know which song lives in the vinyl grooves until you've parted with your money, but it's worth the gamble. You'll be going home with one of seven tracks, it could be Aretha Franklin's 'One Step Ahead', or maybe Miles Davis's 'Miles Runs the Voodoo Down' ('Don't Stop Believin' did not make the cut). Most importantly, there's a chance its sleeve is a one-of-a-kind artwork made by a big-name artist. Lubaina Himid and Anish Kapoor have both contributed designs to raise money for Help Refugees. And even if you don't get the seven-inch you were hoping for, there's still an exhibition of 700 sleeves to see for free.

→ Now Gallery, Oct 14–Nov 1. Free.

N Ecstatic Record Fair

Listen, a lot has happened since February, so we can't expect you to remember endearing music news like Sonic Youth's Thurston Moore opening a little pop-up record shop in Stoke Newington called Ecstatic Peace Library, but it happened. And by the power of sweet vibration, it's still going (albeit in a different building – it's now located at Bolt, a motorcycle and apparel shop). Soon it's having its first ever record fair, where it'll be selling zines, cassettes, newspapers, old copies of the *Face* magazine, Norwegian black metal and Luc Ferrari records to anyone who cares to buy them. Who knows? Maybe Thurston himself will be packing up your purchase. *Just be cool guys.*

→ Ecstatic Peace Library @ Bolt, Oct 18. Free entry.

Spooky shit

N Cyberween

Every Londoner has a different relationship with neon rave emporium Cyberdog. Some of us have been haunting the place for dayglo club gear since it started as a little stall in Camden Market in 1994. Others just know it as the shop with the giant metal men out front that's always blaring techno. Whatever you

make of it, it's a site of city subculture. Before Cyberdog, cyber goths were just goths. For Halloween, it's going all out with a store makeover it's calling 'outerspace meets Halloween Town' with live DJs and dancers. You might *think* it's not your thing, but before you know it, you'll be leaving with a bag full of spiky sci-fi goggles and glow-in-the-dark Kappa.

→ Cyberdog, Oct 19–31. Free entry.

S Forbidden Forest Cinema

By now, we're so starved of cinematic sustenance that we'd even *pay* to

watch 'Hocus Pocus' on the big screen instead of the usual order of Halloween business:

snoozing while it plays on BBC Two for the billionth time. You'll find it screening at Forbidden Forest Cinema, an 'eerie woodland' installation from Pop-Up Screens next to Peckham's

Bussey Building. If you can't face another trip to Salem, Massachusetts, it's also screening 'The Lost Boys', 'Nightmare on Elm Street' and that terrifying Halloween classic... 'Moana'!?

→ Unit 8 Copeland Park, Oct 23–Nov 8. From £19.50.



London drag and cabaret

N Boulangerie: The Return

In the early days of the lockdown timeline, somewhere between the banana bread baking and the peak of 'Normal People' discourse, Boulangerie sauntered into our living rooms with its dazzling digital variety show. Now this joyful festival of drag and queerness is going corporeal with a live edition hosted by occult medicine-show maven Wanda Whatever.

→ Secret location, Oct 16. From £10 per person, but booking is per table; £5 to stream.



Appointment in limbo Lladel Bryant in 'Nine Lives'

E 'Ladybird Boy': Rhys's Pieces and guests

Rhys's Pieces is an established figure on the London drag and cabaret scene. If you've never heard the name, consider this your crash course. 'Ladybird Boy' is a new show by Rhys, created with the help of a government Windrush Day grant from Hackney Council, that grapples with masculinity, blackness and Rhys's anarchic approach to drag. There will be poetry, film and lip-sync to answer the question: what makes up the pieces of Rhys?
 → The Glory. Oct 21. £6 per person, but booking is per table.

C 'Black Sheep' by MisSa Blue

Variety swallower MisSa Blue will be taking the stage at the showbizziest venue in London – that place you once saw someone from 'EastEnders' – our beloved Phoenix Arts Club. Prepare for scenes that will make your trachea quiver as MisSa blends burlesque and political poetry with actual sword-swallowing. Do not try this at home. We don't care how bored you are.
 → Phoenix Arts Club. Oct 18. £12.50 per person, but booking is per table.

C Bloomsbury Festival

The Bloomsbury Set may be long gone, but WC1 still packs plenty of creative heft, which this hyper-local festival shows off every year. Taking place online and IRL, this year's programme will respond to the theme 'Visions' through VR walks, concerts re-imagining classic portraits with music, and boundary-pushing cabaret from blind and partially sighted drag troop Unsightly Drag that would make even Virginia Woolf blush.
 → Various locations and online. Oct 16-25. Prices vary. www.bloomsburyfestival.org.uk

Big digital fayre

▶ The 12 Virtual Night Markets of Christmas

Not everyone is ready to purchase market fodder that has potentially been touched by 100 browsing hands: some of us are still hosing down our food shops. If you feel more comfortable stall-hopping from home, SoLo Craft Fair will be putting on virtual markets in the

lead-up to Christmas. Start scrolling the Instagram stories from 7.30pm on the night to see what the traders have to offer. If you're a shy buyer ('I'm just looking! JUST LOOKING!') you can find the sellers you like and splurge on a more decisive day. Easy.
 → Next market: Oct 19. Free to shop, £1 to sell. www.instagram.com/solocraftfair

Actual live theatre

C 'Death of England: Delroy'

After keeping us sane during lockdown with its free-to-stream plays, the National Theatre is back in action, or at least one of its three theatres is. The Olivier has been reconfigured to allow for social distancing and is kicking off its autumn season with 'Death of England: Delroy': a sort-of sequel to last year's 'Death of England' by playwrights Roy Williams and Clint Dyer. While last year's play explored white English identity, here we follow the eponymous Delroy,

a working-class Black Englishman who is beginning to square up to white Englishness. Last year our theatre editor described 'Death of England' as a play with 'heart, soul and outright guts', hopefully this new, timely production should match it.
 → National Theatre. Oct 29-Nov 28. From £36.

C 'Nine Lives'

Playwright Zodwa Nyoni's family moved from Zimbabwe to England in the late '90s and she spent her adolescence applying for UK residency. It's no wonder then that her one-man monologue following Ishmael (Lladel Bryant), a gay Zimbabwean asylum seeker dispersed to Leeds while he awaits a decision on his case, cuts straight through the inflamed tabloid headlines that often frame the conversation about immigration. Written in 2016 for Leeds Playhouse, it remains as relevant today as it did four years ago. It's a stark, sparse piece that urges, above all, kindness – something we could all do with more of right now.
 → Bridge Theatre. Oct 22-31. From £10.



Art and lit fests

▶ Aké Festival

Poets, authors, artists, filmmakers, dancers and musicians will be gathering to celebrate African creativity at the continent's largest art and books festival, Aké. The fest usually takes place in Lagos, Nigeria but (like everything else) this year it's going online, which in 'positive-spin' 2020 language means it's going global. Responding to the anti-racism movements that have taken off across the globe, this year's theme is 'Africa Time', with panel discussions, exhibitions and workshops exploring Black excellence, resilience and resistance. The programme features some of the most exciting Black authors putting pen to paper right now, including Zimbabwe's Petina Gappah, Tayari Jones, winner of the 2019 Women's Prize for Fiction and Booker Prize-winner Marlon James. As well as the readings, there'll be digi gigs from Afrofunk pioneer Blackman Akeeb Kareem and Malian vocalist Fatoumata Diawara. As festival founder Lola Shoneyin says: 'The magnitude of recent world events cannot be ignored. It may have come later than hoped for, but, for the children of Africa everywhere, this is African Time.'
 → Oct 22-25. Free. www.akefestival.org

Can VR help Londoners escape from the reality of 2020?

E Hyper Reality

Headset on. And just like that: you're a wizard, Huw. Here's your wand, here's your shield. On we tentatively shuffle – straight into battle.

I start my visit at Hyper Reality's 'cyberpunk gaming bar' in one big room, draped in green sheets. Now a whole new world opens up. It's called Wizards and Dragons. You walk around some spider-infested magical kingdom, you try not to bump into your wizarding companion, you slay a dragon. Swish. Zap. Dead. It's very relaxing. Ten minutes that feel like hours of fun in the scheme of my fuck-all-else-to-do life right now.

So, I've never been a gamer, but today I finally get it. We all need a break from this hopeless world, and virtual reality might just be the ideal way out. Some fantasy. Some violence. Some



escapism for times in which you can't actually escape very far. When was the last time you travelled in a rickshaw-rollercoaster hybrid along the Great Ruddy Wall of China? So powerful was the experience here it made my gaming buddy – yes, I have one of those now – feel physically sick. Hilarious.

The final room is a post-apocalyptic zombieland where you have to shoot at everything that moves with an AK47. The half-dead pile in around you. Even the dogs have that vacant look that signals: you are flesh, and I will eat you. With regret, I fire at them too. By the end, I'm a total animal. I'm basically Rick Grimes. Except I die a helluva lot quicker. For the first time in months, I feel properly alive, and all it took was a virtual death. ■ Huw Oliver

→ 67 Mile End Rd. From £30.

Are you ready for this?

5G is about to super-charge your life in ways you haven't even imagined. Let's take a look at where we're headed...

Don't know a lot about 5G? Chill out, pal – not many of us do. In August this year, 98 percent of UK consumers surveyed by data consultants Kantar said they were aware of 5G, but 51 percent hardly knew a thing about it. That's where we come in. As part of this week's Future London issue, we've teamed up with Samsung to bring you this guide to the new generation of wireless technology, which has already begun to change everything.



Okay, so what is 5G?

Put simply, it's the fifth generation of wireless tech for cellular networks. Each time we've jumped a 'G', big things have happened: 3G led to smartphones and 4G gave us faster browsing. But 5G is more major. It's up to 100 times faster than 4G with a potential speed of 10 gigabytes per second – that means you could download a film in 4K (that's Ultra HD) in under ten seconds. But as anyone who plays sports knows already, it's not just about speed, it's about reaction time.

So while the average human reaction time to visual stimulus is 250 milliseconds (that's a quarter of a second!), 5G will start loading your stuff in a minuscule 1 millisecond. Which is quite frankly ridiculous, to be honest. You're beginning to see it now, aren't you?

Why should I care?

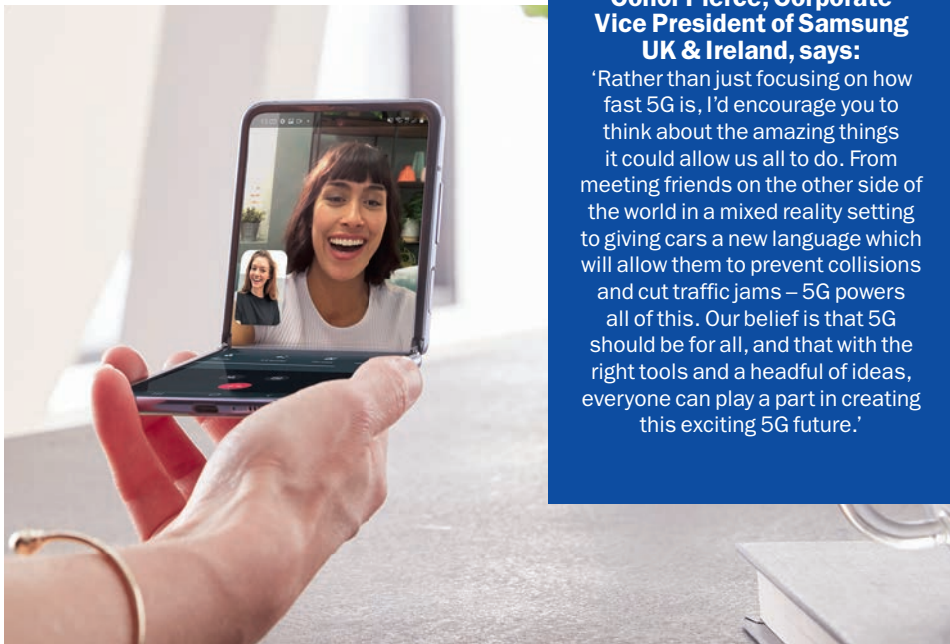
So. Many. Reasons. 5G's real-time reaction (forget buffering!) means that you could attend a virtual gig where there's no delay at all. You're clapping in time, the band can hear you, and – here's the crazy part – the band members don't necessarily have to be in the same room as each other. 5G could also allow you to hang out with far-flung family members as 3D holograms in an immersive VR environment. It will also make the world a whole lot more accessible to people with disabilities. For a deeper look into the extraordinary impacts of 5G, check out 'Whatever Next?' – a new podcast by Samsung hosted by Dr Hannah Fry and comedian Suzi Ruffell. Episodes are now available on Spotify, Google Podcasts and Apple Podcasts.



The one thing you need to know about 5G is...

Conor Pierce, Corporate Vice President of Samsung UK & Ireland, says:

'Rather than just focusing on how fast 5G is, I'd encourage you to think about the amazing things it could allow us all to do. From meeting friends on the other side of the world in a mixed reality setting to giving cars a new language which will allow them to prevent collisions and cut traffic jams – 5G powers all of this. Our belief is that 5G should be for all, and that with the right tools and a headful of ideas, everyone can play a part in creating this exciting 5G future.'

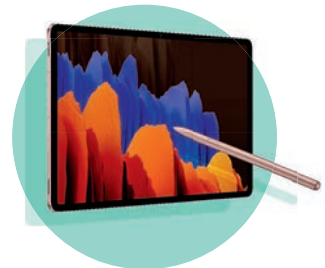


GET 5G-READY NOW



Galaxy Note20 and Note20 Ultra 5G

Samsung's most powerful smartphone yet is equipped with an intelligent processor that makes sure your streams and downloads are 5G-fast. The pro photography tools mean you don't even have to be that talented for your snaps to look incredible.



Galaxy Tab S7 and S7+

Whether you're perfecting your illustration skills or you just want to binge-watch 'Succession', Samsung's most advanced tablet brings the power. Its S Pen has super low latency, so you get the true writing and drawing experience with no lag. And, because the tablets are 5G-enabled, you can download TV shows in seconds, then watch them with Quad speaker sound by AKG and Dolby Atmos.

When can I get 5G?

It's already here! 5G went live in 2019 on all major network providers in the UK. All you need to do now is get 5G-enabled technology. Right now, UK users are connected only 4.5 percent of the time, whereas usage in places like Hong Kong and South Korea is more than 20 percent*. That said, it's growing fast: by 2025, 2.6 billion people will have a 5G mobile subscription**.

How does Samsung come into it?

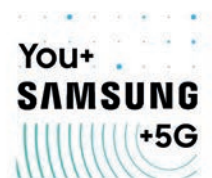
Samsung has the biggest range of 5G-enabled devices. And, because they want 5G (with all the amazing experiences that it brings) to be accessible to everyone, the folks at Samsung have rolled out more affordable 5G-ready smartphones, which cost under £450. As soon as you've got a 5G device, you're on 5G. See you on the other side, bud.

*Opensignal, August 2020

**Ericsson, November 2019



→ Visit the Samsung website for more insight into how 5G is shaping our future



SECRET 7"
14 OCT – 1 NOV
SALE DAY 1 NOV

FREE PUBLIC ARTS SPACE
NOWGALLERY.CO.UK



SOUTH EAST LONDON
 NORTH GREENWICH TUBE

NOW
 GALLERY

700 ART LED
 SLEEVES EXHIBITED
 AND SOLD IN AID OF
 HELP REFUGEES

020 3770 2243

BEHIND THE PAINTINGS

Pascal Sender



📍 Saatchi Yates exhibition

New London gallery Saatchi Yates opens this week with an exhibition by young Swiss-born artist Pascal Sender. These works are, essentially, figurative paintings, but there is another layer. When you download Sender's hand-coded app and hold your phone over the images, they begin to melt and shimmer like molten silver. Some even emerge from the canvas in 3D. Here, their creator talks art, Limewire and augmented reality.

Why is it important to you to use augmented reality in your art?

'I would say "why are we painting?" is the same question. Why do we make stuff like this? AR is just a function, a solution for a better illusion of the world, of our surroundings.'

What happens when someone scans a painting?

'It functions like a QR code. Let's explain it simply. You with the phone, you are the wind. The canvas is free in the world, and when you move your phone, you generate wind. The stuff is moving in the canvas... But it's really hidden, because I didn't want to force people to engage on that level. I just wanted them to find out, at some point, that they affect the work too.'

Who are the figures in your paintings?

'Most of the time, it doesn't start with the real thing, it's pure imagination. There is no sketch, it's just an intuitive painting, from zero to 100. The figures are mainly visualisations of moments on the phone.'

What was your first encounter with the internet? Do you remember it?

'Oh yeah, sure. Lonely boy, 17, in chat rooms. Limewire, downloading the first rap tracks... I avoided it [for a long time]. I was a traditional painter, I had no internet at home. When I do it, I do it for real, I want to work with it, not just consume it.' ■ Interview by Katie McCabe

→ Pascal Sender. Saatchi Yates. Oct 15-Dec 15. Free, book an appointment. Download the Pascal Sender app on the App Store to view the image above.




OCTOBER HALF TERM

Track down Billy Brown

London Transport Museum
Covent Garden

From 17 October

Museum Depot
Acton Town

From 24 October



Tickets must be booked in advance online

ARTS COUNCIL
ENGLAND

Supported using public funding by
**ARTS COUNCIL
ENGLAND**

MAYOR OF LONDON

ltmuseum.co.uk
Registered charity number 1123122

Lates

Science Museum Lates

Museum lates: the one night a month where we have permission to stroll through London's grandest institutions after 9pm and have drunken conversations with a dinosaur skeleton. Most of the brilliant after-hours experiences went online over lockdown, but now the Science Museum is going where no museum has gone since March by putting on live lates once more. The October edition will be a very '2020' affair with the chance to meet scientists on the front line of vaccine research, a facemask-making workshop and a science pub quiz (sorry, folks, they're here to stay).
→ Science Museum. Oct 14. Free (book in advance).

Imperial Lates Online: Wellbeing

We could all do with some R&R right now, so Imperial College London's next online late is exploring how science and technology can help us understand our mental and physical health. Learn how video games can help transform our fitness levels and find out how tech can help young Black men with their mental health. You might just pick up some tips to make Lockdown 2.0 a little bit less shit.

→ Oct 26-Nov 1. Free, register in advance. www.imperial.ac.uk/be-inspired/lates

Grotesque art

Trulee Hall

Care to enter a golden cave flanked by two priapic cornucopia pillars? Good, that's exactly how you'll experience artist Trulee Hall's fun house of the 'erotic grotesque' installation at the Zabudowicz Collection. Here are just a few things you'll find at Hall's solo exhibition: glory holes, discordant music, naked bodies, flayed pop culture references, nightmarish serpents and a psychosexual opera exploring gender and sexuality. It's a mix of video and sculpture and it's all deeply weird. So you have to go.

→ Zabudowicz Collection. Until Mar 14 2021. Free (book in advance).

Bruce Nauman

Obscene, violent, intense and somehow totally mundane: American artist Bruce Nauman's work is a horrifying exploration of life's absurdity. At this major Tate show, we see him doing simple, repetitive things in his early video works, including one where he's

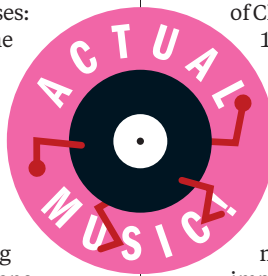
literally bouncing off the walls. Later, it all becomes more claustrophobic. Footage of screaming clowns. CCTV cameras. A neon sculpture on the wall cuts through the darkness with the message: 'run from fear, fun from rear'. Nauman's art is saying don't worry, life has always been this strange, and it always will be.

→ Tate Modern. Until Feb 21 2021. £13.

Tiny gig

Chamber Music on Wednesdays

No crowds, no dancing, no dodging indeterminate beige liquids flying out of plastic glasses: welcome to gigging in the New Normal. When London locked down, music venues shut up shop, cancelling or postponing thousands of gigs, and the reversal of this process was always going to be a long and gradual one. String group Artisti con Brio were one of the first to start welcoming audiences (albeit tiny ones) back for intimate performances. Their next mid-week gig will be an appropriately small chamber-music quartet set-up, playing shimmering scores by Reicha, Dvorak and Janáček. Nothing beige about it.
→ Candid Arts Trust. Oct 14. £15.



Big online talks

5x15: Jung Chang: 'Big Sister, Little Sister, Red Sister'

Not many people can say they've lived a life as all encompassing as Jung Chang. Born in Sichuan Province, China, in 1952, she worked as a 'barefoot' doctor, a steelworker and an electrician before studying English at Sichuan University and going on to become the first person from Communist China to receive a doctorate from a British university. When her book 'Wild Swans: Three Daughters of China' was published in 1991 it sold 15 million copies around the world. Her latest work 'Big Sister, Little Sister, Red Sister' recounts the lives of three Chinese women: The Soong Sisters, who married some of the most important historical figures in the founding of the Republic of China. Learn all about them in this Zoom chat with the author.
→ Oct 29. Free. www.5x15.com/events

Kae Tempest: 'On Connection'

Before rhythmic, hip hop-inspired spoken word became ubiquitous (remember those Nationwide ads?), Kae Tempest was making a

stir on the circuit with an urgent, music-infused style of poetry. Tempest's latest non-fiction book, 'On Connection' draws on their 20 years of experience as a writer and performer and explores how tapping into our creativity can bring colour to our relationships. Hear Tempest discuss the book with comedian and writer Athena Kublenu at this online talk. If it feels like life is a bit sepia at the moment, this should inject some rainbow hues.

→ Oct 16-Oct 23. From £5. www.southbankcentre.co.uk

Outdoor art

Wetlands Unravalled

Not to be confused with the manicured Walthamstow Wetlands, this outdoor art exhibition is taking place in the reedbeds of the London Wetlands Centre in Barnes. The one with the otters. To mark its twentieth anniversary, the centre is carefully placing sculptures and sound installations among the watery habitat that you can view from a distance. Look out for Alec Stevens's 'That Sinking Feeling', little houses that protrude from the lagoon, reminding us of rising sea levels, while the ducks swim around them without a care in the world.
→ WWT London Wetland Centre. Until Mar 26 2021. £13.



IMAGES: INSTALLATION VIEW OF BRUCE NAUMAN AT TATE MODERN FEATURING ONE HUNDRED LIVE AND DIE 1.1984. PHOTOGRAPH BY TATE PHOTOGRAPHY (MATT GREENWOOD). ARTWORK © BRUCE NAUMAN/ARS, NY AND DACS, LONDON 2020

Food & Drink

timeout.com/eatdrink @timeouteatdrink



Free will is overrated

Actually *choosing* what you eat for dinner? So, so lame. Real food stans now chase the thrill of the set menu

1 Darjeeling Express

When 'Chef's Table' star Asma Khan's Darjeeling Express opens in its new spot next month there'll be three tasting menus, all featuring family recipes steeped in history. The £55 Phulwari (or 'garden') one has eight fully vegan courses: think lentil fritters, biryani made with saffron and dried prunes, and stewed hunza apricots with pistachio and coconut cream. → 2a Garrick St, WC2E 9BH.

2 Noble Rot Soho

The Noble Rot on Lamb's Conduit Street has long led the way in capital-L lunches that call for a nap afterwards. Its Soho sibling is snapping at its heels, though, offering two hearty courses (like game-stuffed cabbage then chocolate mousse) for £18 or three for £22. There's a suggested wine pairing for each course, and we strongly suggest wine-drinkers avail themselves of it. As the famous

saying goes: no one can tell you've got weekend drunk on a weekday when you're working remotely. → 2 Greek St, W1D 4NB.

3 Casa Fofó

This pretty, blink-and-you'll-miss-it restaurant in the heart of Hackney serves the best-value tasting menu in east London (and quite possibly London, full stop). It's a whopping eight courses for £42, including a huge plate of warm

4 Westerns Laundry

The weekend set lunch is the one to go for at this light, bright seafood specialist in Highbury. It's two courses for £24 or three for £30: the menu changes weekly, but you might get a feast of, say, purple sprouting broccoli, soft egg and brown butter, followed by grilled monkfish, and rounded off with a sticky caramelised apple and earl grey choux bun (or just some really, really good cheese). → 34 Drayton Park, N5 1PB.

5 Townsend

The Whitechapel Gallery's airy restaurant feels purpose-built for a romantic dinner. Its seasonal set menu is a total steal too, with four courses for just £20. Expect inventive use of produce from Stepney City Farm, like soft-boiled egg and potato cake or plum-and-walnut tart with clotted cream ice cream – great for refuelling after convincing a date you're 'really really into contemporary art'. → 77-82 Whitechapel High St, E1 7QX.



IMAGES: OMBRA; STEPHEN MANN; 12/51; JESSICA JILL PHOTOGRAPHY



Get set, go! Noble Rot (left), Ombra (above) and 12:51 (right)

6 The Quality Chop House

The, quite frankly, legendary purveyor of *those* confit potatoes (served stacked like Jenga blocks) did a £10 Eat Out to Help Out deal that was such a hit that it's keeping it going from Tuesdays until Saturdays *indefinitely*. On the menu? Hereford bavette, those taters and treacle tart for dessert. A light lunch it ain't, but now is definitely not the time for calorie-counting.

→ 88-94 Farringdon Rd, EC1R 3EA.

7 Artusi

It won an army of fans across south London during lockdown with its fresh pasta deliveries, but this Peckham fave is now back to doing what it does best: being a beloved neighbourhood restaurant. The three-course Sunday set menu is £25 a head, with a choice of starter, main and dessert: how's about 'nduja and ricotta with toasted sourdough, tagliatelle with ox-cheek ragù, then apple cake with rum and crème fraiche?

→ 161 Bellenden Rd, SE15 4DH.

8 Peckham Cellars

Part bottle shop, part wine bar, this Queens Road newcomer has just launched a £28 set menu designed for sharing. It's roll-your-sleeves-up stuff: burrata with roasted chilli and sourdough to dredge through it, fennel sausage rigatoni, and pig cheeks in mustardy cider sauce. The dishes change every fortnight. Veggie? Say so in advance to be sorted out.

→ 125 Queens Rd, SE15 2ND.



9 Ombra

Mitshel Ibrahim's canalside bacaro's new Monday-to-Thursday early dinner set menu is a greatest hits compilation: three courses for £23, including the likes of rigatoni with ragù and *the* burnt ricotta cheesecake. You can plough your way through as much fluffy focaccia as you can handle, too.

→ 1 Vyner St, E2 9DG.

10 12:51

For a blowout that will still leave you change to spend on beer subscriptions come Lockdown Two, head round to James Cochran's extremely chic gaff on a Tuesday, Wednesday or Thursday. Not only is he serving a spectacular five-course tasting menu for £35 – kicking off with oyster cream, dill and bacon on a seaweed cracker – but it's

BYOB. ■ Emma Hughes

→ 107 Upper St, N1 1QN.

Still hungry? Nosh on this [timeout.com/besteats](https://www.timeout.com/besteats)

Sponsored listing

Going out? Try here.

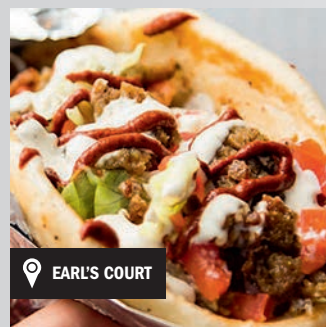


MAYFAIR

IT RESTAURANT SAYS:

'It is introducing a new lunch set menu, with Italian delicacies and a mix of gourmet Mediterranean cuisine. There's a choice of three different menu options, starting from £20, expertly designed by head chef Adriano Rausa under the supervision of two-time Michelin-starred chef Gennaro Esposito.'

28-29 Dover St, W1S 4LX.

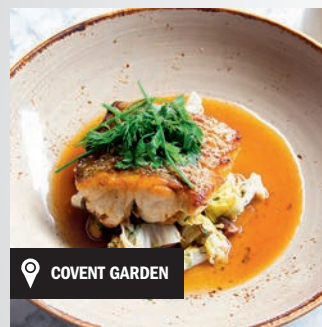


EARL'S COURT

THE HALAL GUYS SAYS:

'From humble beginnings as a New York City hot-dog cart, The Halal Guys has become a world-renowned restaurant chain, bringing American halal food to the masses. Fans can now experience its famous platters of chicken and gyro over rice in London, with restaurants in Leicester Square and Earl's Court.'

163-165 Earl's Court Rd, SW5 9RF.



COVENT GARDEN

28-50 WINE BAR & KITCHEN SAYS:

'When we do things, we do them properly. So, to really help, we're offering 50 percent off the food part of your bill every day throughout October. That includes oysters, 12oz steaks, seafood platters, cheese and charcuterie – everything! Better book your table now so you don't miss out on this deal.'

10 Upper St Martin's Lane, WC2H 9FB.



KENTISH TOWN

MISSION: BREAKOUT SAYS:

'Mission: Breakout – London is a fully immersive escape room in a ghost tube station near Camden. Enjoy our October weekday special offer: enter the promotional code TIMEOUT30 when booking to get 30 percent off your reservation, Monday to Friday. We look forward to seeing you soon.'

141-145 Kentish Town Rd, NW1 8PB.

Love Local

Edited by Kate Lloyd
timeout.com/lovelocal

Bow's epicly scaled celebration of Blackness

The latest piece to land on The Line public art trail? The only sculpture of a Black woman, made by a Black artist, on display in London

LIKE MOST OF us in much of 2020, she just stands there, scrolling, WhatsApping, scrolling. How the hell else are you supposed to kill time these days?

She's nine feet tall and weighs 420kg – so, hard to miss. And yet she's dressed quite normally. She's at your level; there's no plinth. She's also Black. In the grand, monumental, overwhelmingly white realm of public sculpture, it's fair to say 'Reaching Out' stands pretty far apart.

The artwork, by Thomas J Price, appeared overnight on The Line public art trail at Three Mills Green, across the River Lea from Bow proper, back in August. Inevitably, in an age where controversial historical statues are being scrutinised around the world, it hit headlines globally for the various trends it bucked. And on a local level, it made monotonous post-WFH walks tolerable again, exciting even.

'I've never seen a statue that's anything like me, anything to do with me, so that was so special,' says Sophie Williams, author of 'Anti-Racist Ally: An Introduction to Action and Activism'. 'I'd never seen a statue in a pair of trainers, on a phone. I'd never seen a statue with Black features.

I'd never seen myself in that way. And I hadn't realised that until I was there.'

The stats are appalling. In London, the only two major public sculptures of Black women are Mary Seacole, outside St Thomas's hospital, and a statue of a mother and child in Stockwell. Both are the work of white artists; 'Reaching Out' is the first one by a Black sculptor.

The piece is based on no woman in particular, instead an array of anonymous sitters. It is Price's first large-scale female figure and, he says, 'a comment on placing people above'. (It's supposed to make you think: why do we put certain kinds of people on pedestals? Why does society choose to value those people and show this by placing them on plinths above everyone else?) By removing the plinth, he aimed to allow viewer and sculpture 'to inhabit the same space, directly'. It is a simple gesture, but a powerful one.

'I want to allow people to feel like they exist and belong and are represented and included in society,' he says. Incidentally, in 'Reaching Out', he's given many of us a new friend. ■ *Huw Oliver*

→ Three Mills Green.



'Reaching Out'

Bow



Sophie Hill is the events director at Bow Arts Trust, an artists' studio, gallery and social enterprise.

IMAGES: REACHING OUT: THOMAS PRICE; LONDON LIQUOR COMPANY; CHARLIE MCNAY



Vicolo Romano

'It just has the best pizza and good house wine. They have one called the Green Pizza, which is just your regular mozzarella and tomato, but with spinach, courgette, chives, pesto - so it's really vibrant, bright green and very delicious.'
→ 420 Roman Rd.

The EleanorArms

'A proper local little boozier run by a family: husband, wife and their daughter. They have live jazz on a Sunday afternoon, there's a pool table in there and they do a really lovely New Year's party with a proper buffet and fancy dress.'
→ 460 Old Ford

Unity Kitchen Café

This is a social-enterprise café attached to the Bromley-by-Bow community centre. Unity Kitchen provides training for those seeking employment, so often the people who staff it are volunteers or people who've struggled with employment or other problems in the past. It's very honest grub, very big portions. Think baked potatoes with loads of tuna and cheese. It's also got a beautiful garden with mosaics by local artists.'
→ Bromley by Bow Centre, St Leonard's St.

Nunnery Gallery and Café

'Obviously I'd include this [space run by Bow Arts]. It's in a nineteenth-century building with beautiful gothic arches and original floors and a really exciting, lively, contemporary programme. We've got an exhibition, "Visions", on at the moment and have just reopened. The lead artist for the first part is Heta Patel, who won the Jarman Award last year. The café serves Allpress coffee, lunches and breakfasts, including bakery goods from Rinkoffs in Stepney Green.'
→ 181 Bow Rd.

The Bow Bells

'This is our local at work. The landlord, Aaron, is just lovely. They do food, they do drinks. They've put more outdoor seating out at the moment. They're so friendly they've let us put art installations on the outside of their building before. There's also a jukebox inside, so you can play your own music.'
→ 116 Bow Rd.

East London Liquor Company

'They brew gin, and whisky now, too. I've had a distillery tour there, which is really fun. You can go and see their big copper stills, and they do tastings in an underground cave-like space. A good place for a date.'
→ 221 Grove Rd.

Tower Hamlets Cemetery Park

'It's a really beautiful park, full of history. The graves and tombs are amazing, and it's great for a walk. They put on lots of child-friendly events and, as part of their artist-in-residence programme, they often do workshops. In normal times, they usually host bigger events like festivals, but they are open and doing some outdoor events now.'
→ Southern Grove.





Laughing through the pain in Soho

How London's newest comedy club battled triumphantly through lockdown

NICK MILLS HAD a damn good twenties: he founded a comedy ticketing agency, Ticket Text, that was so successful he decided that it should have its own venue.

'What ticketing company has its own comedy club?' he enthuses from his poky office above 2Northdown, the garage-sized King's Cross stand-up venue, café and bar that he opened in 2017.

It was a smash, constantly packed out with big names trying new material, a hugely influential new comedy competition and everything in between. Naturally, he decided Ticket Text should open another, larger venue. Everything went like clockwork: last year he found a spot off Soho Square in a building recently vacated by See Tickets ('Back in the day it was a brothel, I think').

Early this year the venue got a temporary licence that enabled it to put on a few gigs, including a last-minute, sold-out Romesh Ranganathan-hosted show in February that fell on the night of Mills's thirtieth birthday. A couple of weeks later, the venue got its theatre licence: 'Apparently we were the first theatre, basically ever, to not have their

licence go to a hearing,' he says. 'People were like: "How?"' 21Soho seemed to be having a charmed birth – until suddenly it wasn't.

'We got awarded our full licence on the Monday and got locked down on the Friday,' says Mills. It did not open. Then he discovered that venue and staff were ineligible for any government support. Things did not look good. Luckily, Mills had attended a meet-the-neighbours-type local business event in December and had got on well with the Crossrail head of logistics: 21Soho's bacon was saved as it turned itself into a canteen for Crossrail.

'It worked so well,' reflects Mills on those months. 'And then [in August] when Boris went "You can open up [as a comedy club] on Saturday" we went: Oh shit!'

Fortunately, stand-up comedy doesn't come with complicated logistics or massive overheads, and so a fully functional – albeit socially distanced – 21Soho finally threw open its doors.

With its neat green-tiled exterior and tastefully shabby interior, it's a pretty winning place, aesthetically. But the magic is

what happens in the evenings: through artful arrangement of the chairs, it feels (relatively) intimate and (relatively) normal to sit down and watch a stand-up show here. There are laughs of relief, and some nervous titters, but they're outweighed by honest-to-God, old-fashioned belly laughs, as audiences and comics alike simply enjoy an evening that feels suspiciously like a get-together from the Before Times. The nights are generally graced with a headline act you'll have heard of (the likes of Sara Pascoe, Ivo Graham and Tony Law are playing this month), at an affordable £15 price tag.

Yes, there are challenges: when I speak to Mills he's trying to work out what to do about the new 10pm curfew, which has come in on the day of our interview (it doesn't apply to performers as the venue is not a pub, but does affect the bar). And there is always the risk of further lockdowns. But 21Soho has come this far, against all odds: you'd be mad to bet against the laughter continuing after social distancing is a dim memory. ■

Andrzej Łukowski

→ 21 Soho Square.

The Photographers' Gallery

Ned 'I love going there to spend an hour or two. They exhibit everything from contemporary photography to vintage pictures, but the best thing about it is the incredible bookshop in the basement. You can lose whole afternoons there.'
 → 16-18 Ramillies St.

Cookhouse Joe

Ned 'One of my favourite places for dinner in Soho. I normally share a rotisserie chicken with their homemade chilli sauce, salad and sides. It's all free-range British produce with Middle Eastern flavours.'
 → 55 Berwick St.

Patta

Ned 'One of my favourite shops in Soho. A Dutch streetwear brand, based on Silver Place, just round the corner from us. They have a great selection of classic, wearable pieces.'
 → 6 Silver Place.

Flat White

Milo 'If you're into coffee then this is the spot to visit. It was one of the first places to do it Aussie-style in London. It's a nice, stylish setting inside and the food is very good.'
 → 17 Berwick St.

Lina Stores

Milo 'This is definitely one of my favourite spots in Soho. It's an amazing Italian deli with all kind of treats in it, from amazing cured meats to cannoli. It's also great for takeaway pasta at lunch. They also have a restaurant on Greek Street.'
 → 18 Brewer St.

The Blue Posts

Milo 'An iconic English pub on Berwick Street. It's really nice and cosy inside in the winter and there's always a good vibe in there on a Friday night.'
 → 22 Berwick St.

Bar Bruno

Ned 'A classic caff serving cooked breakfasts and basic Italian dishes. You can order anything from peanut butter on toast to lasagne and salad, not forgetting a full english with extra baked beans and a cup of tea.'
 → 101 Wardour St.



Soho



Milo Harley and Ned Membery run Soho vintage shop Dukes Cupboard. Interview by Django Zimmatore.



Time Out's Love Local campaign supports local food, drink and culture businesses in London. Find out how you can help the places that make our city great. timeout.com/lovelocalondon

Escapes

Edited by Ellie Walker-Arnott
timeout.com/daytrips

High and mighty

Spend the night in one of these lofty, secluded treehouses and you'll feel super-chilled (and superior to the rest of us sad pathetic ground-dwellers)

ARE THE DARK realities of the new season getting you down? Here's the antidote: sack everything off and go climb a tree. You can't get much further from modern lockdown living than snoozing among the branches. Bonus: this little lot only sleep two so no need to even think about the rule of six – and you can social-distance with ease, as squirrels will be your only visitors. Forgetting about the outside world is guaranteed in these treetop hideaways.

Dabinett Treehouse

Okay, so Glastonbury was cancelled – but that doesn't mean you can't get high in Somerset this year. There's a new place to stay around these parts, and it's got altitude.

You'll find Dabinett Treehouse about ten feet off the ground in the hamlet of Fenny Castle, just outside Wells (England's smallest city, pub quizzers). Built on a free-standing platform – don't worry, it's sturdy – it looks like a wooden barrel on stilts, a sci-fi bird box with evergreen trees

growing around and even through it. But once you're up the steps and snug inside, it feels more like you've stepped aboard a very posh houseboat hung amid the branches.

Dabinett (named after a type of apple) certainly isn't roomy, but it manages to be unbelievably cosy while fitting in an astonishing array of home-from-home comforts. At one end: a built-in double bed. At the other: a living room with a well-fitted-out galley kitchen and a terrace overlooking the fields beyond. In the middle: a shower room worthy of a posh hotel. This place has serious mod cons: a wood burner, a combi oven, a rainfall shower, underfloor heating, even a dishwasher. Seriously, who puts a dishwasher in a treehouse?

Remote without feeling totally cut-off, the site has some lovely walks from the front gate and plenty of tourist draws nearby, from the towering cliffs of Cheddar Gorge to the crystal shops of Glastonbury town. But you probably won't want to go anywhere, especially once



All mod cons

A country getaway to suit the most pampered Londoner, this treehouse has underfloor heating and even a dishwasher.

Dabinett Treehouse



Welcome basket
 There's an ace welcome basket that's heavy on Somerset cider and dairy – vegan alternatives are available, obviously.

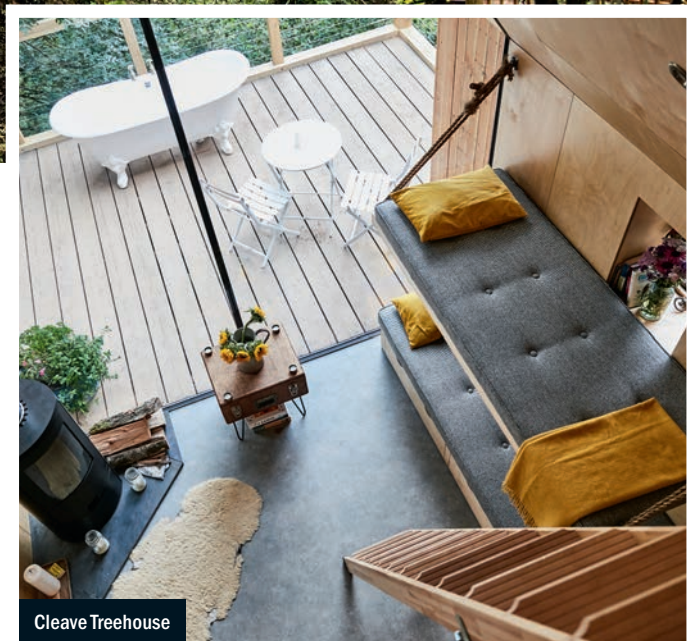
Outside bath
 Like all the bougiest treehouses, Dabinett has a bath on the deck for an alfresco soak. It's suitable for all seasons. We can personally vouch for that.

There's more...
 Nearby treehouses are still under construction, all custom made from fallen branches and salvaged bits and bobs from Wells Reclamation down the road.





The Bower Treehouse



Cleave Treehouse

you take the tarp off the mysterious shape on the deck to reveal – oh, yes – a double-ended outdoor bath.

So soak, cook, read, listen to the trees rustling around you, spot cows and kestrels from the balcony and do the whole hit-reset thing. This, right here, is some deeply luxurious forest-bathing. In fact, if you're lucky enough to have tickets, it'd be the perfect post-Glasto crash pad. Book now for June 2021.

James Manning

→ Wells, Somerset. Sleeps two. £200 a night.
www.canopyandstars.co.uk

The Bower Treehouse

If I had one complaint about this palatial treehouse in a patch of secluded Somerset wilderness, it is that, on the weekend I was visiting, the moon, which was a day or two away from being a super full moon, was too bright. It shone through the skylight above my king-sized, carved wooden bed at night and kept me awake.

The next night, the moon suddenly appeared between parted clouds while I was having a bath, alone and outside on the deck, with the woodland creaking and swaying around me in the almost pitch black. I felt like I was being endowed

with magical powers, bathing in its ethereal glow.

If you don't have an inner witch/wizard for the moon to unleash, the treehouse also has a shower, where you can wash inside, with the door locked like a regular person.

There's no wi-fi, phone signal or TV (a blessing, as I stayed there on what turned out to be the last 'normal' weekend before March's national lockdown was enforced, so a break from the headlines was lovely) but there is a log burner, a stack of board games and loads of windows to gaze out of.

If you tire of watching bobbing branches, the bougie town of Bruton is a short drive away, for great cafés, beautifully curated homeware stores and art at the Hauser & Wirth gallery. Stock up on local fare before you return to your leafy billet, ready for another otherworldly evening in the forest. *Ellie Walker-Arnott*

→ Bruton, Somerset.
Sleeps two. £250 a night.
www.canopyandstars.co.uk

The best of the rest Elham Treehouse

Set right in the middle of the Kent Downs, this treehouse is ideal for embracing rural living. There's even an actual leafy tree growing through the middle of it, like

the treehouses of your childhood imagination. The vibe here is rustic – think chemical loos and no shower – but it's such a great setting that you won't care.

→ Elham, Kent. Sleeps two. £99 a night.
www.elhamtreehouse.com

Cleave Treehouse

A glass-fronted triangle peeking out of a Dartmoor woodland, Cleave is as neat as treehouses get. At night it glows like a beacon through the trees. Inside the simple larch-and-steel structure there's a log burner, a plush bathroom and a bed reached by a ladder that boasts views out through the branches to Devon farmland and beyond.

→ Tedburn St Mary, Devon. Sleeps two.
£150 a night. www.canopyandstars.co.uk

Living Room Treehouses

A handful of magical, off-grid treehouses await in this Welsh woodland, all accessed by twisty spiral staircases and wooden walkways. They are ideal for a truly outdoorsy escape, complete with treetop compost loos.

→ Machynlleth, Powys. Each sleeps two adults.
From £190 a night. www.living-room.co

Tree Howf

A fairytale-style, handcrafted treehouse set around an ancient ash tree, Tree Howf has a huge bed with stargazing window, and a wood burner for chilly nights. Step outside for amazing views of the Ochil hills and the local pygmy goats. ■

→ Braco, Perthshire. Sleeps two. £175 a night.
www.craigheadhowf.co.uk

The glow of the full moon lit up my outdoor bath

Wake up in this ex-council mind-melter

A trip to Essex's otherworldly Talliston House is an overnight stay like no other

IT WOULD BE easy to wander past Talliston House and have no clue of the magical scenes contained inside. It's nestled at the bottom of a nondescript cul-de-sac in the small Essex market town of Great Dunmow. The only hint that all is not as it seems is in the gothic front gate – a little more 'Secret Garden' than most in the area – but that won't prepare you for the time-travelling, globetrotting fantasy world that hits you as you enter the house. This is about as immersive an experience as you can get, and you can stay here overnight, too.

The life's work of John Tode, Talliston is a monument to the wild and wonderful powers of imagination. What started life as a bog-standard semi-detached ex-council house has, over 30 years, been completely transformed. Every room is set in a different

time and place in history, like a 1940s Canadian wood cabin and a Japanese tearoom of the future, complete with a trickling water feature, supposedly beamed back from 2282. Exploring these mini worlds elicits a mix of awestruck gasps and excitable squeals from our group.

It's not just the scope of what Talliston House has achieved that impresses, it's the detail. A fully multi-sensory space, each room

has its own tailor-made smells and sounds. A musky, festive aroma cloaks a living room decked out like a Victorian Christmas, and we're pretty sure that we heard some ghostly mutterings echo around the Haunted Bedroom, an oak-panelled chamber that comes with the fairly disturbing story of a small boy murdered in his sleep.

You might not imagine you could spend a full day and night looking around a medium-sized suburban

house, but there are so many tiny touches to discover, and so many secret drawers to open, that 24 hours isn't nearly enough. Throw in a home-cooked, BYOB dinner at the grand banqueting table and you've got the kind of experience that feels as close to stepping into a dream as you can get in this all-too-real year. Friendly warning: don't look under the haunted bed. ■ *Lisa Wright*
→ Great Dunmow, Essex. Stays from £85 a night. Tours from £18.50. www.talliston.com



THREE OF THE BEST

Pumpkin patches near London



Crockford Bridge Farm Surrey

Like gorgeous gourds but don't fancy risking exposure to pick your own? Head to this pumpkin festival where you can choose from a selection of pre-harvested beauties and sample toffee apples and hot dogs while you're at it.

→ Oct 17-31. £4, booking essential.
www.crockfordbridgefarm.co.uk



Priory Farm Surrey

Bring your wellies and appetite to this foodie-focused Halloween fest. There's a wealth of pick-your-own options in the field or you can tuck into seasonal treats and nab a pre-gathered giant at the aptly named Pumpkin Palace instead.

→ Until Oct 31. From £3, booking essential.
www.prioryfarm.co.uk



Four Winds Farm Kent

Scarecrows, creepy trails and plump pumpkins as far as the eye can see – through the October drizzle, that is – this autumn pick-your-own festival has you covered over the Halloween half-term break. ■ *Nell Bhadresha*

→ Oct 24-31. £1 per vehicle, booking essential.
www.facebook.com/farmfourwinds

Find more gourd days out at
timeout.com/daytrips

Film

Edited by Phil de Semlyen
timeout.com/film @timeoutfilm

WE'LL BE BACK

PRINCE CHARLES C

What next for London's ailing cinemas?

The postponement of 'No Time to Die' leaves indie screens fighting for survival, writes *Phil de Semlyen*

LONDON'S MOVIE-LOVERS

usually have 81 cinemas to pick from. Fancy mainlining the latest Marvel? The BFI Imax is there for you. Want to soak up a movie at a cosy community cinema? Try The Lexi in Kensal Rise or Rich Mix in Shoreditch. Leicester Square's Prince Charles Cinema is ready to welcome the sleep-averse for a 'Lord of the

Rings' marathon or 'Fight Club' in 35mm. If the cinema is a piece of cake, as Alfred Hitchcock said, London is a whacking great 'GBBO' showstopper.

At least, it was. The decision to push the new James Bond movie, 'No Time to Die', to 2021 is another body blow for the city's hitherto vibrant cinema scene. Cineworld and Picturehouse have already

closed temporarily. Some Odeon cinemas are going weekends-only.

There are still good films being released – even some genuinely great ones like 'Saint Maud' and 'Rocks' – but are there enough to keep cinemas viable? John Reiss, chairman of Peckhamplex, which reopened in August, thinks not. 'When audiences for "Tenet" dwindled, we closed again to preserve resources until the expected Bond release,' he says. With Bond now gone, Peckhamplex is shuttered again.

It's a similar story at Dalston's Rio. 'We will stay open for now but if distributors continue to withhold content, we will run out of titles,' says the cinema's executive director Oliver Meek. East Finchley's historic Phoenix Cinema is

staying shut in the wake of the Bond news. 'It's a big disappointment,' says director Jelena Milosavljevic. 'Distributors and [cinemas] need to support each other.' At Mile End's Genesis Cinema 'No Time to Die' is referred to as 'Show Another Day'.

The natural reaction to all this is to worry for our cinemas, worry for the people who work in them and worry for the future of the medium we all love so much.

After all, the city's cinemas are umbilically linked to our collective love of movies. My biggest buzz recently came watching the Russell Crowe thriller 'Unhinged' at the gorgeous (and very safe-feeling) Genesis. The film was forgettable; the sense of reconnecting with the big-screen experience will linger with me for ages.

'It's crunch time for cinemas now'



COMING SOON

Curzon Hoxton

DON'T MISS

Still on and still great



SAINT MAUD

★★★★★

The best British horror movie since 'Kill List'? Very possibly. Morfydd Clark is spellbinding as a troubled nurse having a terrifying spiritual epiphany in an English seaside town. The final shot is tricky to shake.

LA HAINE

★★★★★

Still ultra-visceral after 25 years, Mathieu Kassovitz's blistering urban fable is back on the big screen and as essential as ever. Worth revisiting for Vincent Cassel's iconic 'Taxi Driver' impression alone.

ON THE ROCKS

★★★★★

Who doesn't want to spend a couple of hours with Bill Murray and Rashida Jones as they mosey around Manhattan, cracking wise and sipping Martinis while vaguely trying to find an errant husband? Not us. Sofia Coppola's latest is a witty and wise tale of dads and their daughters.



The original Gaumont cinema in the 1950s

LONDON'S CINEMA SCENE

is in retreat, right? Not quite. In a comeback story to rival the bit in 'Rocky IV' where a half-pulverised Rocky Balboa knocks seven bells out of Drago, one cinema chain is opening a brand new cinema on the site of this very old one in Hoxton's Pitfield Street. Yes, during a pandemic. The heroes.

This sepia snapshot from the Hackney Archives shows the original Gaumont cinema, where the new three-screen Curzon miniplex is opening. The original picturehouse opened on the spot back in the days of Charlie Chaplin and DW Griffith, before the Blitz and the invention of television saw it shuttered in 1956. Then it became a delicatessen and a meat packers'. Now, in a rare glimmer of good news in a glum year for London's cinema scene, what's old will soon be new again.

The building's heritage has been honoured too: the 1914 Gaumont façade has been painstakingly recreated. Curzon Hoxton's three screens will seat 119, 66 and 60 – at least, they will post-social distancing – and there will be a café and bar for thirsty cinemagoers, too. The official opening date remains tbc, but expect insufferable Hoxton hipsters to be namechecking Leos Carax and Aki Kaurismäki there in the very near future. ■

→ Curzon Hoxton opens soon at 55 Pitfield St.

So what next for London's cinemas? The hope is that 2021 will bring a deluge of Hollywood movies – and that streaming services won't have usurped our love for the big-screen experience. Many cinemas are staying open, showing indies, docs, classics and the odd Netflix movie. And with new films from David Fincher, François Ozon and Roy Andersson on the slate, it's not all doom and gloom. But as Genesis owner Tyrone Walker-Hebborn stresses, cinemas will need our support to get through: 'It's crunch time now, so if you feel confident enough to come to a Covid-safe environment, come down, buy a ticket, some popcorn and a drink.'

For those not ready to return yet, there are other ways to lend a hand: buying memberships, gift vouchers and merchandise online. Cinemas have always been there for us. Now's our chance repay the favour. Besides, it's Christmas soon and someone in your life needs a pair of Prince Charles Cinema socks. ■

IMAGES: PRINCE CHARLES CINEMA: SOPA IMAGES/LIGHTROCKET VIA GETTY IMAGES; CURZON HOXTON: HACKNEY ARCHIVES

Londoners' 25 favourite cinemas at [timeout.com/film](https://www.timeout.com/film)



The injustice league

The Trial of the Chicago 7



EVEN BY THIS year's standards, 1968 was a grim 12 months for America: the bodycount racked up in Vietnam, Bobby Kennedy and Martin Luther King were assassinated, and political and cultural wars raged from the senate to the streets. With his second directorial effort, Aaron Sorkin somehow manages to cram all that tumult into a courtroom drama that zeroes in on a specific yet hugely emblematic moment and plays it out with fierce passion and typical, 'The Social Network'-like articulacy.

The Chicago Seven of the title are a group of anti-war protestors blamed for rioting outside the Democratic National Convention and put in the dock. As per the real events, to which the film sticks faithfully, they're actually eight for the bulk of the runtime. Black Panthers co-founder Bobby Seale (Yahya Abdul-Mateen II from 'Watchmen') is also indicted on the thinnest of evidence. The suspicion is voiced at one point that he's there mainly 'to frighten the jury'. When the trial starts it's 1969, Nixon is in power and the system is reasserting itself via any oppressive, racist means at its disposal.

Context is provided via a rollicking opening that takes in the film's chunky ensemble of characters. The device is meant to distract from the volume of info that you're receiving – and like most of the movie's many lighter moments, it works a treat. The protests are tackled later in flashback, recreated in all their confusion and violent intensity as exhibits during the trial.

While Sorkin the director gives all eight defendants screen time, Sorkin the screenwriter wisely divides the meat of the

film between just four: moderate activist Tom Hayden (Eddie Redmayne), radical firebrands Jerry Rubin (Jeremy Strong) and Abbie Hoffman (Sacha Baron Cohen) and the outraged Seale. Trying to forge a coherent defence out of this motley band is Mark Rylance's civil rights lawyer, as Frank Langella's ultra-partisan judge dishes out contempt charges like parking tickets.

Initially, there's a whiff of miscasting in the air. Strong's Jerry Rubin and Baron Cohen's Abbie Hoffman stride into frame for the first time

– one with an offbeat Midwestern twang, the other sporting a curly hairpiece – and it's all a bit 'Cheech and Chong Go to Court'. But it's a false impression. Strong evolves into the film's heart and Baron Cohen is flat-out great, flexing his dramatic muscles without losing his comic edge. His climactic scene with Redmayne, who offers a nicely dialled-back performance, is rocket-fuelled. Sorkin is in equally unshowy form. As you'd expect from the creator of 'The West Wing', he delivers the odd zinger ('This is the Academy Awards of protestors,' says one defendant, 'and it's an honour just to be nominated.'). Mostly, though, he lets the story speak for itself, keeping things pacy with fluid camera moves and smart edits.

Not everything lands. A subplot between a female cop who lures a lovestruck Rubin into a honeytrap elbows in on the film's solemn climax, and Sorkin struggles to make space for well-developed female characters. But when it all clicks, its terrific cast in full flow in that packed courtroom, it's truly stirring stuff. ■ *Phil de Semlyen*
→ On Netflix Oct 16.

LOVED THIS? READ THIS

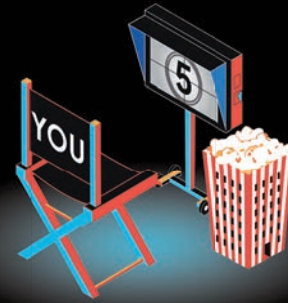
'The Electric Kool-Aid Acid Test'

Tom Wolfe
This 1968 roadtrip memoir offers another, trippier account of America's counter-cultural revolution.



Episode One

Directing a movie with my face...



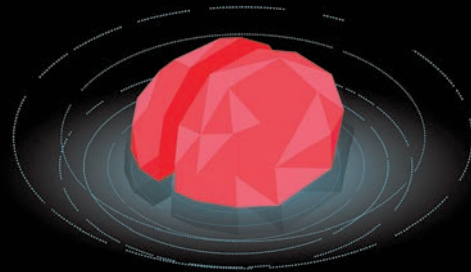
Episode Two

Cameras with superpowers...



Episode Three

Mind-controlled gaming...



Whatever Next?

Join Dr Hannah Fry and comedian Suzi Ruffell for a new tech podcast to find out how 5G is transforming the world around us. From entertainment to food, photography to fitness, gaming to work, they'll speak to the extraordinary people already using 5G to supercharge the tech world, uncovering the weird and wonderful stories that throw light on how our everyday lives are changing.



Whatever Next? is available now on all usual podcast platforms

You+
SAMSUNG
+5G



