

TimeOut

LONDON



**Would now be a
good time to hear
from this guy?**

We chat to Sir Dave about the future of humanity



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in no time at all

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Hello, London

Joe Mackertich
London Editor
@j_mackertich



Every evening I try to take a walk around the city. My heart breaks on every street. The plucky restaurant kept afloat with life savings. The pub that barely breaks even but pays its staff. The gallery that's so niche it shouldn't exist. The heavy metal night in a Mare Street back room. These eccentric passion projects represent this city's mad side, its best side, and they are under threat. To me, that means the city is under threat.

Then there's the loneliness. The Londoners going through this on their own. The other day, I chatted to a very old Irish lady in the supermarket. She was shaken-up and teary. In her basket was one packet of pasta and one tin of beans. 'It's all I need,' she said proudly. 'I'm not selfish.' I wanted to tell her to get more, but I didn't. Now I wish I had.

One day soon Time In will be Time Out again. Until then, we will help and support Londoners coping with this catastrophe. We will still give you the best of the city, whether or not the city is at its best. If you're on your own going through this, I urge you to get in touch and let me know how I can help. I look forward to hearing from you.



Time Out
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Advertising 7813 6000,
advertising@timeout.com
Circulation
circulation@timeout.com

Commercial
MD EMEA Lawrence Horne
Advertising Sales
Ian Tournes (Director),
Stephen Jones, Natalie
Reynolds, Juliet Grant,
Donald Fenton, Banbha
O'Hagan, Daniel Sinclair,
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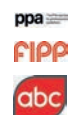
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News & City Life
Isabelle Aron (Editor)
Events Katie McCabe
(Editor), Alexandra Sims
(Deputy Editor)
Film Phil de Semlyen
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Music & Nightlife
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(Senior Commercial)
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Ben Rowe
Photographer Andy Parsons
Head of Production
Dave Faulkner
Deputy Production Editor
Katie Mulhern-Bhudia

Time Out Group CEO
Julio Bruno
Founder Tony Elliott

Cover Portrait
Andy Parsons

Time Out Digital Ltd
77 Wicklow Street,
London, WC1X 9JY.
www.timeout.com
020 7813 3000
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IMAGES SHOOTERS: CURZON

THE EDITOR'S ESSENTIALS

Three things you have to do in London



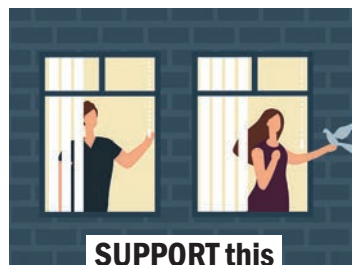
WATCH this

Please watch **'Shoplifters'** on Curzon Home Cinema (or wherever). Hirokazu Kore-eda does tender without sentimentality. Five stars.



LEARN this

'The History of Philosophy Without Any Gaps' is a great listen. Host Peter Adamson makes a daunting topic feel as light as bubbles.



SUPPORT this

Go to www.lendahand.uk to find out how you can assist those struggling in self-isolation. If you need help, you can request it there.

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City life

Edited by Isabelle Aron
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How to embrace the joys of staying in

As London goes into lockdown and people all over the city are stuck at home, *Chris Waywell* finds reasons to relish staying in. Illustration *Cathal Duane*

I ONCE STAYED in for a whole year. Officially I was depressed, but I didn't really feel unhappy. I just wanted to stay indoors. Call it social distancing, before that was a *thing*. One day turned into the next. Weeks became months. Okay, it probably wasn't that healthy, but I've done it and it's all right, actually. I don't regret it.

The main thing you can do at home that you can't do in, say, a pub is to make things. I mean, you can these days, but pubs used to be full of just old men and ashtrays and despair, not life-drawing classes and collage clubs and duck yoga. When I was in self-imposed exile I wrote some music, I painted some not very good paintings, I read a lot of books. I watched a surprisingly small

amount of TV. This was before Skype or FaceTime, so I'd speak to my friends, just not see them.

My year of staying in taught me that you can always feel you have a place in the world and some agency even if you just move from the bedroom to the lounge to the kitchen to the garden to the bedroom again. It's like a commute, except it's not cleaned as often and you usually get a seat.

The difference in 2020 is that there is now a ton of stuff you can do at home that means you're really part of a community, not just pretending you're okay, honest. Plus I have a cat now, who is an excellent fellow. Obviously, that's of no consolation to you, and don't start panic-buying cats, whatever you do.

The world has gone mad, and getting creative in the boozier is the latest collateral damage. But, apart from spring tactlessly arriving last week, there's never been a better time to stay in. Sure, you're 'working from home', but everyone knows you just turn on your email alerts and respond to the odd one while bingeing boxsets. Or go posh and devote a day to Béla Tarr's seven-hour-plus monochrome epic 'Sátántangó' ('A hoot' – *Marie Claire*). Then lecture your mates about it. Just because you're on your own doesn't mean people have to stop finding you annoying: if we lose the ability to irritate our loved ones, what have we got left as humans? Genuinely, though, take this as an opportunity to see life in a whole new way. ■



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MY LONDON STORY

'Scientists are racing against the virus, not each other'



The London scientist who's on a mission to develop a coronavirus vaccine

PROFESSOR ROBIN SHATTOCK is head of mucosal infection and immunity in the department of medicine at Imperial College London. He and his colleagues are working to create a vaccine to tackle coronavirus. Having spent decades searching for a HIV vaccine he is a man on a mission to rid us of disease.

Making a vaccine that the whole world is waiting for is exciting and invigorating. There's an opportunity to do something meaningful, but the challenges of making it globally available are pretty daunting if you stop to think about them.

I've spent at least 20 years working on a HIV vaccine. I still think making one will be one of the biggest biological challenges of a generation.

When this virus started to appear we discussed as a group whether to make a vaccine. We went from 'no' to 'yes' in nine days. We haven't had a dull day since then.

We've already got encouraging data. One good thing about this virus is that there doesn't seem to be great diversity, compared to something like HIV, which has different strains around the globe.

There are at least 35 different vaccines being developed. Any one of those including ours could hit the buffers at some point, but having all these different approaches will hopefully mean success. We have funding for the first stage; we hope to confirm the first clinical study soon, too.

Science is competitive, but we're racing against the virus, not each other. Everybody would like to be the one that makes the vaccine, but if we fall by the wayside because somebody else has got there faster, we'll celebrate that success.

Part of the vaccine we're working on was made in the US, but it's in Europe now. It's like waiting for an Asos delivery, I have a tracking number to follow it as it makes its way around the world.

We have a pub directly opposite the lab, called The Fountains Abbey. They claim the rights to inventing penicillin, because they're opposite Fleming's old laboratory and they suggest that the spores that landed on his agar dish came from their brewery. That's where we go for a drink.

The majority of people will get mild illness, but it's not comforting to say it only affects the elderly and those with underlying conditions if you're one of those people. We all need to do whatever we can to slow down the spread of the disease.

Londoners have always managed to keep going in the face of adversity, so I would imagine we'll see that happening now. People will be anxious, but they will also hopefully pull together and support one another. ■ *Interview by Laura Potter*

For more unique looks at London life, head to [timeout.com/news](https://www.timeout.com/news)

WORD ON THE STREET

The most ridiculous
things we've
overheard in
London this week

'OMG, I thought that was me in that music video for a moment, with my old nose.'

'There's no age cap on a blanket fort.'

'Never mind stockpiling bog roll – I need to start stockpiling gin!'

'I have to say, I'm acquiring a taste for the alphabet.'

'He didn't know an orange had skin until he was 22.'

'On a positive note, I've got "Chandelier" by Sia stuck in my head.'

'I can smell your Wispa. It smells great.'

'The inside of that restaurant looks like a kidney.'

'The cake will be retracted.'

'I don't mean to brag but I've been known to be wise from a really young age.'

Overheard something weird?
Tweet us #wordonthestreet
@timeoutlondon

HYPE DISH Oklava's Black Sea cheese and butter pide DISSECTION

What goes into the London plates
that everyone bangs on about

WITH A SEA of cheese, doughy carbs and a perfectly cooked egg, Oklava's Black Sea cheese and butter pide is a thing of beauty that covers all the main (comfort) food groups. It's no surprise that, since it first debuted last July, Oklava's twist on the traditional Turkish flatbread has

become a star of London's food scene. Now it's a must-order dish on the menu at its new bakery in Bloomsbury. We spoke to founder Selin Kiazim about how she created a bona-fide hype dish in less than a year. ■ *Bobby Palmer*
→ Oklava Bakery + Wine. ☎ Warren St. £13.50.

The herbs

'This is a lovely, fragrant Palestinian za'atar. Here we know za'atar as a blend, but in the Middle East it's a herb in its own right: people pick it in the mountains.'

The cheese

'We put chunks of butter in there, then three types of cheese: chechil, mozzarella and pecorino. The first two are stringy and the pecorino gives it that cheesy oomph.'

The egg

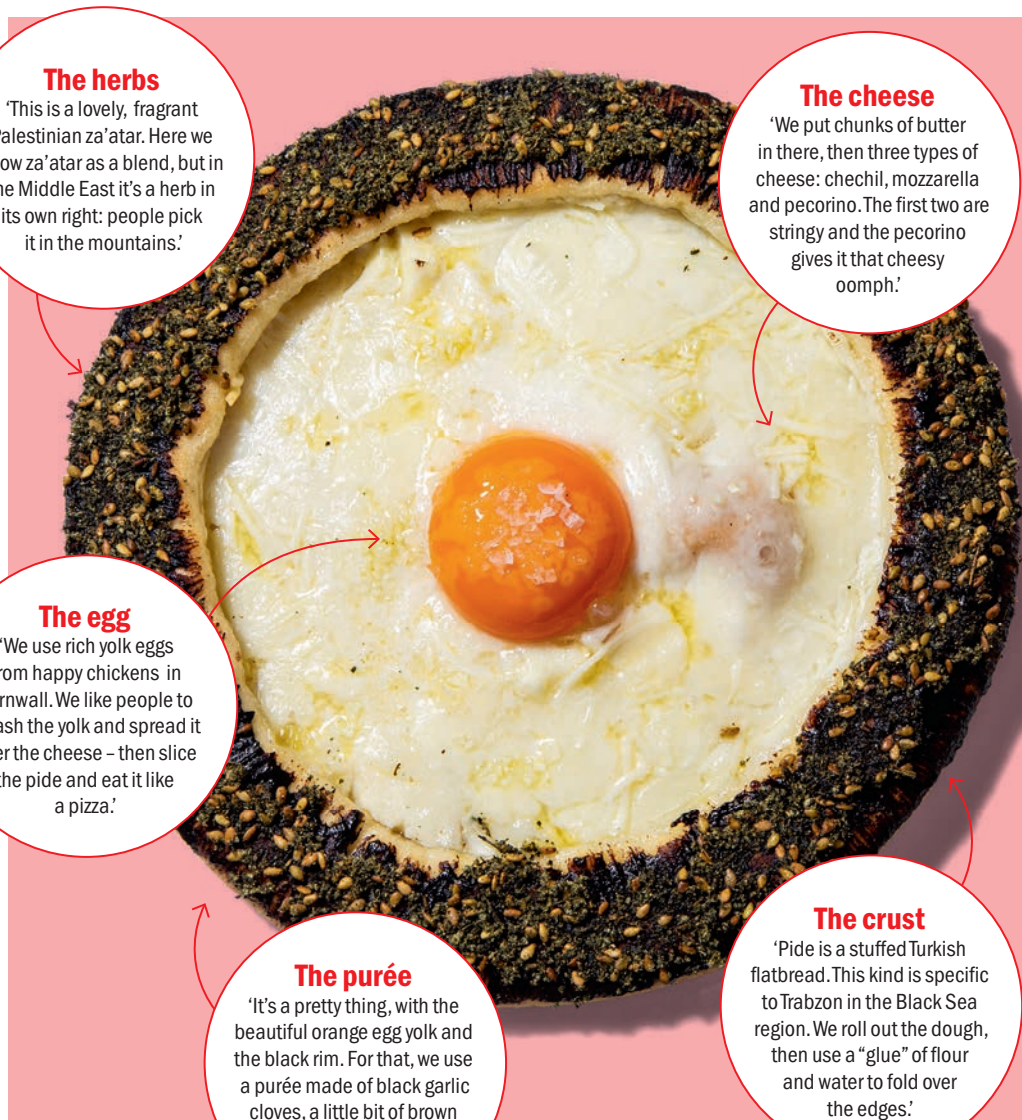
'We use rich yolk eggs from happy chickens in Cornwall. We like people to smash the yolk and spread it over the cheese – then slice the pide and eat it like a pizza.'

The purée

'It's a pretty thing, with the beautiful orange egg yolk and the black rim. For that, we use a purée made of black garlic cloves, a little bit of brown sugar and some soy sauce.'

The crust

'Pide is a stuffed Turkish flatbread. This kind is specific to Trabzon in the Black Sea region. We roll out the dough, then use a "glue" of flour and water to fold over the edges.'





THE BIG INTERVIEW

This is his ~~angry~~ face

The figurative voice of our planet has something very important to say. David Attenborough talks to *Kate Lloyd* about adventures in nature and saving the earth. Portraits *Andy Parsons*

‘GOOD LORD!’

I’ve just handed Sir David Attenborough a photograph that has left him so shocked he’s had to put his glasses on.

‘Good gracious!’ He holds it up to the light, squinting.

The two of us are sitting at a very long table, beneath a very old clock, behind the scenes at the Royal Albert Hall. The picture, which he’s now shaking his head at in disbelief, isn’t of a melting ice cap, a ravaged rainforest or a near-extinct species. It’s of a mural in Bethnal Green. Painted on the side of a tropical fish store on St Matthew’s Row is Attenborough’s face – huge – next to a brightly coloured bird. This is the first time he’s seen it. He seems both appalled and delighted.

‘Do you know what the bird is?’ he asks me. I do not. ‘It’s a bird of paradise.’ He peers at it more closely. ‘Of course, it’s not accurate. There’s a bit at the rear that’s not quite right...’

Witness for the prosecution

As a general rule, David Attenborough doesn’t like this kind of attention. His shoulders meet his chin whenever the subject comes up. The fact that students are taking lifesize cut-outs of him to climate protests? ‘Embarrassing.’ The way kids, like my five-year-old cousin, think of him as a planet-saving hero? ‘Very strange.’ But it’s too late now: everyone loves him.

The 93-year-old nature presenter has been on television since the ’50s. He got his first job in the industry after replying to an advert in *The Times*. ‘I got this letter on BBC notepaper,’ he tells me, ‘saying: “We’ve got this funny thing going on in

north London. It involves pictures.”’ Since then he has written and presented something like 200 series. In fact, he calculates that if you’re younger than 75, he has been on TV for the whole of your life. Or at least, his voice has.

Over the course of thousands of hours of softly talking to us about savannahs and jungles and oceans and mountains, Attenborough has almost literally become the voice of our planet. ‘We know a lot about the psychology of people,’ he says, playing with the sleeve of his boxy suit jacket. ‘If you keep hearing a particular voice, it’s bound to mean something in your subconscious.’

Sitting across from me now – with sky-blue eyes and a cloud fluff of hair – Attenborough has a pressing moral cause to voice. This year he’s releasing a frankly terrifying film on Netflix. Originally due to premiere here at the Royal Albert Hall in April, its release has been pushed back while we tackle coronavirus, but that doesn’t make its message any less pressing. ‘A Life on Our Planet’ is a self-professed ‘witness statement’ recounting all the ways he has seen humans ruin the earth. Its message? We’ve fucked it: that humans will soon be extinct unless we change the way we live dramatically. ‘Our planet is headed for disaster,’ he says in the show. Hearing this spelled out in his hangover-soothing tones is like getting a big telling-off from God.

Big, bad changes

In real life, Attenborough’s voice is surprisingly quiet. I find myself pushing my dictaphone closer and closer to him as he speaks. That is, until he starts to talk about climate change. Then he gets





David Attenborough shows 12 year old Patrick Flynn a Llama called Charlie, at London Zoo, 1980

furious. So mad, that at one point he squishes his face between his hands until it goes red. In the last few years he's felt compelled to talk about the health of the earth. He's spoken out about the Australian bush fires – that they can't be ignored – and has had audiences with Obama, the British parliament and the UN Climate Summit. Nothing, though, has had as powerful a message as his new documentary. In it, he draws lines between the examples of habitat-destruction he's seen over the years, showing that they aren't isolated incidents: this is a cumulative disaster.

'One of the most magical moments of a naturalist's life is the first time you dive on a coral reef,' he says at one point, sweeping his hand like he's running it through the water. 'We were filming "Blue Planet" and we got there expecting to see the most beautiful spectacle imaginable. We dived down and it was gone. Dead. Because of humans. I just felt... horror.'

When Attenborough started out, no one thought much of conservationists. As he says, 'I think the world at large thought: Well, they're harmless – if they want to save a Hawaiian goose, good luck to them.'

Even when he started getting as involved with protecting nature as documenting it, he didn't consider it a 'world-shaking' cause. 'I didn't think that we were witnessing the beginning of the process that was going to end in devastation,' he says. But now, he knows that the rainforests he



'We dived down and it was gone. I just felt... horror'

visited in Borneo in the '50s have become palm oil farms and that a glacier he filmed in South Georgia ten years ago has vanished into the sea. 'That was a shocking thing,' he says.

Yes, we should feel guilty for the way we've treated the planet. Yes, things are going to get worse. 'The question is,' he says, 'are they going to be just a little worse or catastrophically worse?' And yes, hearing Donald Trump deny humans' impact on the planet enrages him. 'We've reached a point where [there's so much data] you can't deny climate change,' he says. 'But you can deny responsibility for climate change. Which, of course, is what President Trump does. He says, "Yeah, it's happening, but it will happen anyway."'

Since Attenborough is – however unwillingly – the voice of the planet, he feels pressure to make sure this message is being heard. His hope for the future lies in Generation Z, even if they do insist on embarrassing him by carrying around cardboard cut-outs of him. He thinks they're a very responsible generation: 'When I was their age it never occurred to me that the world could be changed by human beings in the way that we have changed it, but they realise it.'

Natural selection

Sometimes, when Attenborough is explaining something, he'll forget a word and I'm reminded of just how old he is. (A month younger than the Queen and six years older than BBC Broadcasting





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David Attenborough

House.) But that's not the Attenborough you want to hear about. You want to hear that when he gets really into telling a story, he leans forward, locks eyes with you and you're suddenly there with him.

Maybe he's imagining a long-extinct animal he'd bring back. 'I would love to see a pterosaur,' he tells me at one point. 'They were the size of small aeroplanes.' He opens his arms like a child pretending to fly and then says giddily: 'How did they flap their wings? How did it get into the air?' Or maybe he takes you with him to the rainforest as he talks about the dangers of losing your place: 'The first time you go, it's quite a daunting business. You can't see the sun. You've got no way of orienting yourself. You will easily get lost and I have been lost, and it's terrifying.'

Even a cab driver taking a wrong turn in the New Forest becomes an extraordinary story: 'There were the most marvellous ancient yews and wonderful agarics. There were toadstools – which look good on Christmas cards – the scarlet ones with white spots on. When you see those in reality, it's just magical.'

Attenborough travels less than he used to. He can still pack a hot-weather suitcase at breakneck speed if necessary, thanks to his eternal uniform of a light blue short-sleeved shirt and khaki trousers. 'I've always got to remember that I'll forget something,' he laughs. 'Once it was even the blue shirt. I was making a film about ants in Switzerland, and it was important that I wore the same gear for the whole thing. The poor director was distraught.' And he fondly recalls his all-time favourite cold-weather coat, although he'd rather not talk about it in too much detail. 'That's going to get me into trouble,' he says. 'It was a down coat. So you say: "Oh yes, and what was the source of the feathers?" And I say: "I don't know."'

These days, he spends most of his time at home in London, or talking at eco conferences and the openings of environmental projects. His house is near Richmond Park, which he says is lucky: 'What is a Londoner's relationship with nature usually? Pigeons.' He also loves Walthamstow Wetlands, and he spoke at the opening of them in 2017. 'You know, when I was a boy, I was interested in Britain's birds,' he says. 'One of the things that you could never imagine you'd be lucky enough to see or even hear was the bittern – and you can hear them all the time there.'

That said, he's scared about London's pollution levels. Are they at a crisis point? 'The evidence is there. Bring on electric cars.'

It's good to lose yourself

Before leaving, I ask him if there is something he experienced as a child that he wishes teenagers could today? 'Getting lost,' he says. And off Attenborough goes, sucking me into one final story about how, when he went to Indonesia in 1955, he just got in a little boat and sailed east among the islands. 'Nobody knew where we were,' he says. 'There were no mobile phones.' He's sad that young people will never experience that kind of freedom again. 'There's no way in which you can be out of contact.'

But we can't go back now. Not least because it's that very ability to be in contact, wherever you are, that's allowed activists to unify over the past few years (and all of us to stay connected during this




'Everybody should be aware of what's happening to the whole world'

weird time). 'Everybody should be aware of what's happening to the whole world, because it is a whole world now,' Attenborough says. And while he's speaking about fighting climate change, the very same could be said for all other threats to humanity: we're in this together whether we've realised it or not.

I stand up to leave. Then: 'Can I keep this?' He takes one last look at the picture of the mural, folds it neatly in four and pockets it.

Sir David Attenborough's given us 75 years of wonder and awe, but I've given him a slightly crumpled printout of an inaccurate bird painting. I think we all know who the real hero is. ■

→ 'David Attenborough: A Life On Our Planet' will screen in cinemas and on Netflix later this year. Find updates at www.attenborough.film.

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A lazy hypocrite's guide to green

Confused every time you try to pick the right bin for your rubbish? Know you're never going to make the effort to find out the answer?

You'd better read this.

Illustrations *Design Lad*



Dress well without hurting the planet

Think dressing sustainably means tea dresses and grandad knits? Wrong, says iconic Depop seller *Valeria Chrampani* aka @00sgarms

PINK FLUFFY HAT

'This fuzzy hat is from London-based sustainable milliner **Benny Andallo** – it's made from cotton and faux fur.'

EARRINGS

'These are from resale app **Depop** but I also love going to the **Wavey Garms** shop in Peckham for noughties vintage bits. **Kilburn Car Boot** and **Deptford Market** are also really good for finding bargains.'

PURPLE SUIT

'I found this Saint Laurent suit in **Proxy** at Brick Lane Vintage Market. **Serotonin** (also at Brick Lane market) is good for designer vintage stuff and so is **Atika**, just up the road.'

BAG

'This bag is Prada and I found it in a charity shop called **Norwood Ravenswood** in Golders Green. The ones in **Hampstead** are great too.'

READYMADE BOASTS TO MAKE YOU SOUND REALLY, REALLY WORTHY

'The meat industry is a big problem. Personally, I've massively cut down on my meat intake. I think the name for it is "flexitarian"?''

Translation You've foregone steaks, pork chops and lamb shanks for lunch (Monday to Friday) and you've started buying chipolatas instead of bangers, where available.

'I always ask myself: Do I really need to take the car? Do I need to further choke the planet? And four times out of five, I'm able to make do without it.'

Translation You live three minutes from a tube station.

'If I have to buy single-use plastic, I darn well make sure I get more than a "single use" out of it.'

Translation You once made your nephew a brilliant 'paratrooper' toy out of a plastic bag and an old bottle of water you found in the car. Tragically, Scrappin' Sergeant Vic Volvic of the Third Battalion was almost immediately binned by your sister-in-law.



WORDS: VALERIA CHAMPANI; INTERVIEW: SAMANTHA WILKINS; EXCUSES: JESS MADDEN, ORGANIC SHOP WORKERS; JESSICA PHILLIPS
IMAGES: VALERIA CHAMPANI; ANDY PARSONS; JESS @SHOP WITHOUT; OLLIE RUDKIN; WWW.RUDKINPHOTO.CO.UK

Put your excuses into perspective

You say

'I'm too stressed with work to remember my keep cup.'

A mixed martial arts fighter says

'To keep my focus is give myself pep talks in my head – believing in myself is important. I remind myself that I've done this before and that it's nothing new to me.'

Shanelle Dyer, MMA fighter

You say

'I'm too busy to stop buying Pret.'

A big-shot CEO says

'Planning your day is vital. I don't have any on-the-hoof decision-making. I know my meetings, what I'm eating and what I'm wearing, so I'm not wasting time making decisions.'

Simon Dent, Dark Horses

You say

'Clearing out the food-waste bin is too gross.'

A zookeeper says

'Once you've mucked out the pygmy hippos, dealing with food waste is nothing. We get rid of half a tonne a week. Imagine cleaning out a giant wheely bin of slimy avocado skins and egg shells.'

Glynn Hennessy, ZSL London Zoo

You say

'I'm too lazy to resist getting Ubers everywhere.'

A boot camp instructor says

'Think of all the things that walking will do for you – giving you more energy and better mental as well as physical wellbeing.'

Mohammed Ahmed, Army Boot Camp Fitness

'The fast-fashion industry's carbon footprint is horrendous. Do we really need an entire new wardrobe every ruddy year? I know I don't.'

Translation You're committed to re-wearing socks and undies purchased as far back as autumn 2018.

'I simply wouldn't ask for a disposable cup in Pret now. It would feel like I was flicking Mother Nature the double Vs.'

Translation You're so diligent about reusable cups that you've got one for the car, one for the commute to work, one for work, one for the commute home, two for the house and a spare one with a really nice Liberty print on it.

EVEN WHOLESOME ORGANIC-SHOP WORKERS HAVE GUILTY SECRETS



'My big "compromise" is cat-food pouches. As a vegetarian, I can't face washing them out so they go in the bin.'

Jess at Shop Without Packaging (Swop) Market



'I buy lots of reusable water bottles. I just keep falling in love with them, even though I know I already have too many.'

Jess at Jarr Market



'I have a regular petrol car. I want to go electric, but I'm worried about getting stranded on the A12 with hungry children in the back.'

Al at Planet Organic



THREE EXTREMELY RIGHT-ON VEGAN HARDCORE BANDS



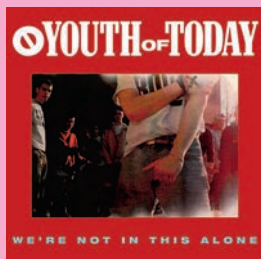
Refused

This Swedish band's 'The Shape of Punk to Come' is as accessible as the genre gets. But before they went for crossover success, they were rampantly aggressive vegan punks who shouted about it.



xRepentance

With the most hardcore name in all of hardcore, xRepentance's music is a tribute to 1990s vegan mosh anthems. Treat this like a 'best of' of the genre, and mosh your way to ethical eating.



Youth of Today

Back in the 1980s, Youth of Today released a song called 'No More', calling for an end to animal cruelty – and basically turned a whole scene vegan in the process. It's their fault.

There's a dream water bottle for everyone, promise



1 You always forget to clean your tupperware

Invest in this very high-tech water bottle which cleans itself every two hours using UV light, because you're never going to wash it.
→ Larq Bottle Movement in coral. www.livellarq.com. £78.

2 You live for #aesthetics

Chilly's has a new, hip limited-edition series designed by artists from around the world. Perfect for your #wh Instagrams.
→ Magic Jungle by Marco Ogg. www.chillysbottles.com. £30.

3 You're urban hiking your way through corona

Clip this small, tough canteen to your North Face and get out there.
→ Tough Canteen All Steel Cap Stainless Steel Bottle. www.onegreenbottle.com. £16.50.

4 You want bragging rights

These vessels are made from ocean-bound

plastic and every one sold funds the collection of waste equivalent to 1,000+ plastic bottles. As dedicated as you are.
→ Ocean Bottle in sky blue. www.theoceanbottle.com. £40.

5 You live in Stoke Newington

Only wear linen dungarees, eat stuff from Church St Wholefoods and have been using

natural deodorant since before it was cool? Get a bottle to match your style, like this organic bamboo one.
→ Wakecup Water Bottle. www.globalwakecup.com. £20.

6 You have the Co-Star app

Liked a lot of Mercury retrograde memes recently? This high-vibing babe with a chunk of amethyst in the middle will help you swerve single use *and* charge your water with healing energies.
→ Crystal Water Bottle. shop.remindstudio.com. £48.50.

NOT ALL ECO FOOD HAS TO BE VEGAN

Closed indefinitely because of bloody corona, Silo in Hackney Wick was serving up sustainable veal. The meat's from male animals born on dairy farms that are usually killed at birth for financial and efficiency reasons. Instead, the waste-free joint's suppliers rear them ethically. The result? This hunk of thigh is as soft as tenderloin. ■



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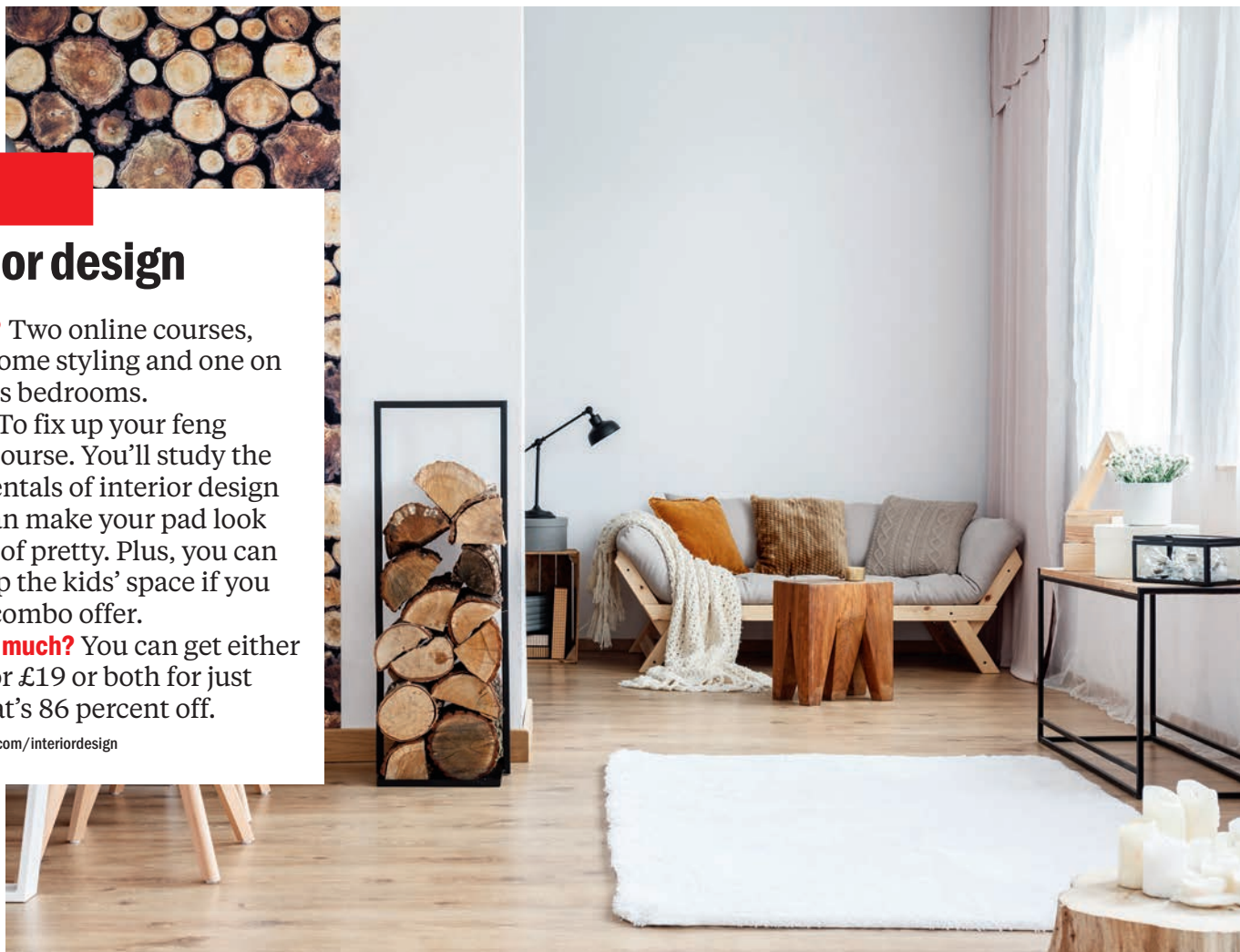
Interior design

What is it? Two online courses, one on home styling and one on children's bedrooms.

Why buy? To fix up your feng shui, of course. You'll study the fundamentals of interior design so you can make your pad look all kinds of pretty. Plus, you can spruce up the kids' space if you buy the combo offer.

Wait, how much? You can get either course for £19 or both for just £29 – that's 86 percent off.

→ www.timeout.com/interiordesign



Beer52

What is it? A free crate of eight craft beers, plus a magazine and a snack, when you subscribe to Beer52.

Why buy? Why not? It's free! We can think of few better ways to spend your time in than sampling brews from around the world. If there's a sweeter taste than the first sip of a free beer, we haven't found it yet.

Wait, how much? You just pay postage. But if you continue your subscription it'll be £24 per month.

→ www.timeout.com/beer52

Mindfulness diploma

What is it? Your chance to study mindfulness from your sofa.

Why buy? So you can learn to stop sweating the small stuff. Life in London, particularly at the moment, can be very overwhelming. This online course will teach you how to look after your mind and ease your anxiety.

Wait, how much? Normally this diploma goes for a cool £100 but for you? £16 – that's 84 percent off.

→ www.timeout.com/mindfulnessdiploma

Digital marketing diploma

What is it? A web-based masterclass on all things digital marketing.

Why buy? Because everything is going in a digital direction. Maybe you want to add a skill to your CV? Or help grow your business? Either way, this course covers pay-per-click advertising, social media marketing, web analytics and more.

Wait, how much? Less than £20. Not bad for a CPD-certified course than normally costs £100.

→ www.timeout.com/digitalmarketing

British Sign Language course

What is it? An opportunity to master the basics of sign language from the comfort of your own home.

Why buy? Because communication is invaluable. Even if you don't know someone who uses their hands to converse, it's a great skill to learn that can really help those who are hard of hearing feel more at ease.

Wait, how much? A whopping 86 percent less than the regular price. This course is now just £16.

→ www.timeout.com/britishsignlanguage



Born Free

The all-new T-Roc Cabriolet



The compact convertible SUV

Official fuel consumption figures for the Volkswagen T-Cabriolet range in mpg (litres/100km): combined 52.3 (5.4) – 48.7 (5.8). Combined CO₂ emissions 123 – 132g/km.

Model shown is T-Roc Cabriolet Design with optional front fog lights and metallic paint. Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other vehicles tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load. There is a new test used for fuel consumption and CO₂ figures (known as WLTP). The CO₂ figures shown however, are based on a calculation designed to be equivalent to the outgoing (NEDC) test cycle and will be used to calculate vehicle tax on first registration. For more information, please see www.volkswagen.co.uk/owners/wltp or consult your retailer. Data correct at 01/03/2020. Figures quoted are for a range of configurations (including non-UK) and are subject to change due to ongoing approvals/changes. Please consult your retailer for further information.

Property

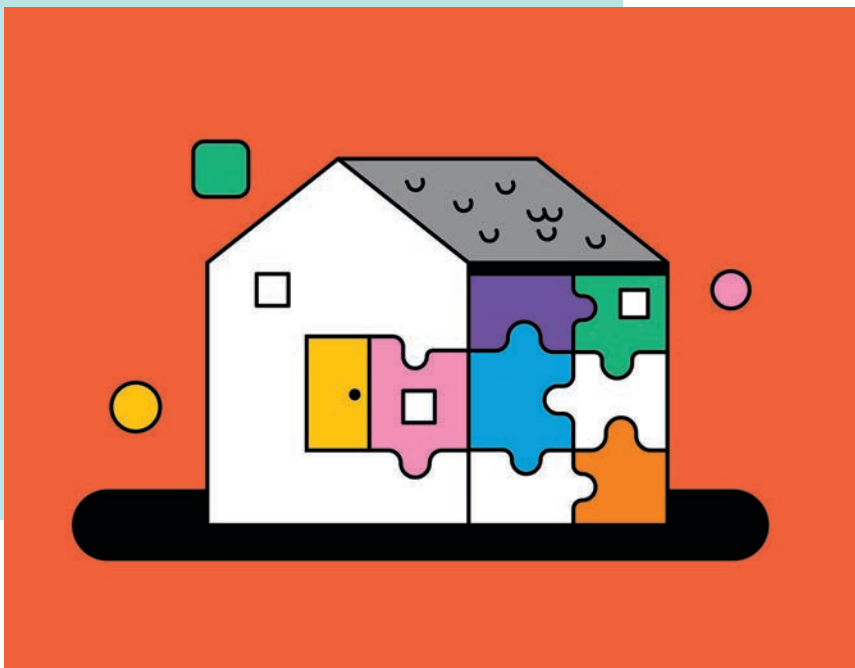
Edited by Rose Johnstone
[timeout.com/property](https://www.timeout.com/property)

Your future home looks like this

Houses made from mushrooms? Design-your-own flats? Four experts share how they think we'll be living in the years to come. Illustrations *Ty Dale*

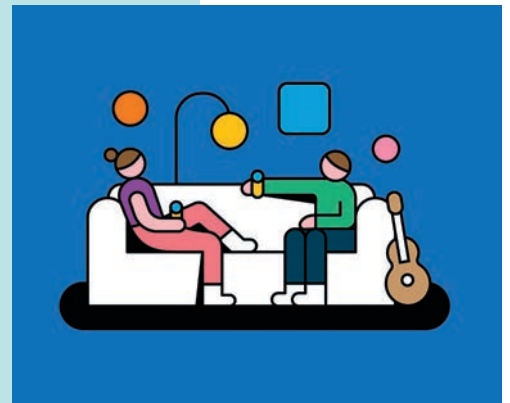
LONDON: ONE CITY, endless definitions of what constitutes a 'home'. But whether we've condensed our lives into an inner-city flat or are stretching out in a house in its leafy outskirts, one thing's certain: the way London houses our ever-growing population is going to carry on

changing. And, thanks to an increasing understanding of the construction industry's emissions, there is a growing shift to make sure the homes of the future are both sustainable and carbon-neutral. But what does this future look like? We spoke to some experts to find out.



The co-living community

'Co-living is a mindset more than an age thing,' says James Penfold, global head of planning and communications for The Collective, a shared-space-focused developer. Forget grotty student halls – the reality is quite different. 'It's really for anyone who is looking for human connection and to be part of a community – and that can happen at various stages of your life. Also, it's imperative that the cities of the future are sustainable and efficient. In our model, people are sharing space, resources and energy.'



The house that you built (and designed)

One of Open Systems Lab's projects is WikiHouse, an open-source building system that provides the tools to commission and build homes. 'If we don't change our attitude towards how and who develops, more people will be stuck paying exorbitant rents to live in smaller houses,' says Alastair Parvin, company CEO. 'It's sort of a digital Lego where you can build a house out of standardised component parts.' The parts get manufactured in a local factory out of sustainable materials, and you receive a self-assembly kit. Any able-bodied team can assemble them really quickly.



The plant-based building

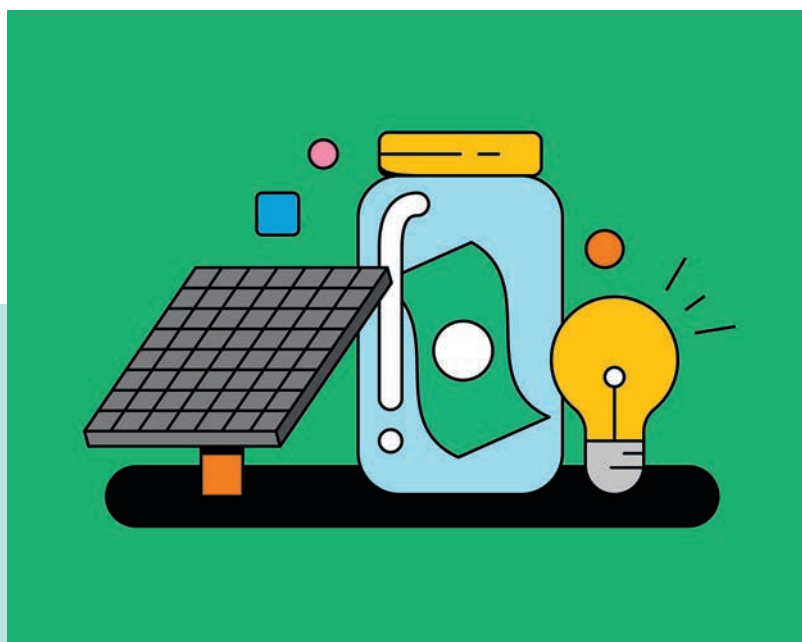
Mushrooms: loved by Super Mario and lived in by the Smurfs. But the future of building materials for people in the real world? It's not as farfetched as it might seem. 'Mycelium is a vegetative part of mushrooms – it's the stuff that holds the topsoil together in the forest,' explains Oksana Bondar, director of design at biotech R&D lab Biohm. The company has found a way to create sheeting and insulating panels from it. Plant-based concrete is the final piece of the puzzle that will allow the construction of whole buildings from natural, organic, compostable materials. ■



By Charlie Allenby
Whose attempts at building Ikea furniture mean he isn't about to design a house.

The super energy-efficient house

Heating, cooling, ventilation – a lot of energy is required to maintain a house. And, that's after you consider all the materials used to construct it. Thankfully, that could all change. 'The route to zero-carbon in the housing industry is probably going to require something like the Passivhaus standard,' explains David Mikhail of Mikhail Riches, the architecture firm behind the Stirling Prize-winning social housing development Goldsmith Street. 'In layman's terms, Passivhaus buildings have got really great levels of insulation, triple-glazed windows, are airtight and have a good ventilation system. They use very little amounts of energy but keep you warm in the winter and cool in the summer.' While there's no set design for what they look like, the majority are uber-cool, 'Grand Designs'-esque creations.



Make it mono

Take the hint, floral print! Spring doesn't have to be all about bright colours



↑ Cushy number

These cotton sateen cushions are easy on the eyes and the tush.
→ Large Buchi winter cushion, £63.
www.dar-leone.com

Wiper →

This striking rain-themed tea towel will look ace on your oven door.
→ Rain tea towel by Rye & Moor, £12.
www.indish.co.uk



← Pot luck

Made of black polystone, this minimalist flower pot is ideal for indoor plants.
→ Extra-large Hay flower pot, £25.
www.trianglestore.co.uk



↑ Face mask

Bring life into any room with this hand-carved geometric piece.
→ Hand-carved wooden Ghanaian sun mask, £85. www.artisans-and-adventurers.com

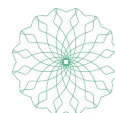


↑ Hang in there

This sleek coat hook is great when space is tight in the hallway.
→ Afternoon coat hanger, £120.
www.hauslondon.com



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HOUSING CRISIS

We put your London property problems to the experts

This week: the landlord and the loo

Justin from Hackney says:

'My landlord insists on fixing all the house's problems himself, but he always does a terrible job. He even re-plumbed the toilet and accidentally connected it to the hot water. Now I have a boiling loo! What do I do?'

Housing advisor Andy Parnell from Shelter says:

'By law, landlords must keep various parts of their property in working order, and toilets are included in this. Although there isn't a set standard for repairs, works should be carried out to a decent level, and the property should at least be "fit for occupation".

'You could argue that a toilet that isn't correctly plumbed in is not in proper working order. If it poses a health risk, the landlord may need to deal with it urgently. To get the



repairs done, first you need to notify your landlord, in writing if possible. But if you don't make any progress, you can then contact your local council. Most councils can arrange for a property to be inspected, especially if there's a health and safety risk. They may also be able to compel the landlord to carry out work.

'If it takes several attempts to deal with an issue – or if getting repairs done properly takes a significant amount of time – you could take action for breach of contract, loss of use of your home, inconvenience or disturbance. This may mean you can claim compensation or a rent reduction. But you don't have an automatic right to this and if you can't agree something informally, you might have to take your landlord to court.' ■

→ You can get free expert advice on housing problems at www.shelter.org.uk/get_help

INTERVIEW BY PAULA ANTON

Send your problems to hello@timeout.com



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[timeout.com/willesdengreen](https://www.timeout.com/willesdengreen)



A LOCAL'S GUIDE TO LIVING IN Willesden Green

Tell me about the local tribe

Strong Jamaican and Irish communities are the old-school locals of this north-west neighbourhood – and now, you'll also find plenty of young professionals and families, and a growing number of Europeans.

What's new in the area?

This is a huge year for Willesden Green: Brent is 2020's London Borough of Culture, which means more funding for local cultural organisations like the **Harlesden & Willesden Photography Archive** and the **Kiln Theatre**, plus (hopefully) community events later in the year.

Are there any community groups?

Back in 2012, a group of artists converted the former Willesden Green Police Station into **Create Space**, a community venue providing workshops including ceramics and screen-printing. Locals can hire private studios there, too.

Where can I grab a morning latte?

Nest Café is right next to Willesden Green station and perfect for a caffeine and morning pastry fix when you're in a rush. Or, stick around for a first-rate (and halal) full english breakfast.

Is the area family-friendly?

The neighbourhood is home to plenty of schools, youth centres and green spaces. **The Library at Willesden Green** has a great dedicated children's section and trampoline centre **Flip Out** in Brent Cross is 25 minutes away by bus.



What's the nearest green space?

Gladstone Park is situated just north of Willesden Green. It's perfect for running, family activities and enjoying great views from the benches at the top of the hill.

What are the supermarket options?

There are three **Sainsbury's** stores in Willesden: a large one in the middle, on High Road, and two smaller ones. A number of local grocers surround the station, too, including the excellent **Hilal Supermarket**.

Any takeaway hotspots?

Willesden is blessed with the awesome, family-run **Beer + Burger**.

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 TRANSPORT**
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 Dollis Hill

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 206, 226, 260,
 266, 460.

LOCAL MP
 Dawn Butler
 (Labour)

It offers a guest burger every month, and it'll take you forever to choose from the 20+ taps. A few minutes from the station is one of Willesden's best-kept secrets, the small Japanese restaurant **Sushi Masa** (also available on Deliveroo). The grilled aubergine is essential!

How about keeping fit?

Alongside various members' gyms, there is the **Willesden Sports Centre**, which offers swimming, fitness classes, gym and a running track. And **Zenw2 Yoga** is great for yoga and pilates.

Where's the nearest cinema?

The beautiful, volunteer-run **Lexi Cinema** is a 15-minute walk away. Sink into its comfy seats for a blockbuster or cult fave. All profits go to charity and it's currently seeking donations to build a second screen. ■ **Steven Hanley and Rose Johnstone**



IMAGES: STATION: CREDIT: OLESEA VETRILIA / SHUTTERSTOCK.COM; LEXI: VALERIO FORI; STREET: GREG BALFOUR EVANS / ALAMY STOCK PHOTO

Things to Do

Edited by Katie McCabe
timeout.com/thingstodo @timeoutlondon

'The book I am finally going to read...'

You probably won't write a book in self-isolation, but you *can* tackle that novel you've always meant to start (or finish). Nine writers tell us what they'll be picking up. Illustration *Nathalie Lees*



Sophie Mackintosh

'I'll be reading **"The Magic Mountain"** by Thomas Mann.

I've always been intimidated by its density, but so many people have told me it's amazing. However, I've also been told you need to settle into it and commit. So I'm going to use this as an incentive to turn off my phone, and give it my full concentration.'

→ Sophie's novel 'Blue Ticket' is out on Aug 27, published by Hamish Hamilton.



Dan Hancox

'I read writer Don DeLillo's **"White Noise"** after my first trip to America, when I was

22, and loved his blackly comic tale of a mysterious chemical disaster, **"The Airborne Toxic Event"**. **"Libra"**, his novel about the assassination of JFK, feels like an apt follow-up – and it's a good time to consider the spectacle of death and catastrophe in the age of mass media.'

→ Dan's book 'Inner City Pressure: The Story of Grime' is out now in paperback, published by William Collins.



Luke Turner

'I have an affliction that means that when I have started a book I find it next to impossible not to finish it, no matter if the writing is as incoherent as the footprints of a drunk in snow. However, I have been thinking that during this crisis I might go back to the **Bible**, after lapsing as a teenager. There are plenty of plagues in it, after all.'

→ Luke's memoir 'Out of the Woods' is out now in paperback, published by Weidenfeld & Nicolson.



Joel Golby

'I could pretend I'm going to hunker down with the classics and emerge with an engorged, bulbous, pulsating megabrain, but in truth I've spent the last two years pretending to people that I've read a lot more Sally Rooney than I have, so I'm going to back-to-back **"Conversations with Friends"** and **"Normal People"** so that, when society goes back to normal, I can still be a functioning part of it.'

→ Joel's book of essays 'Brilliant, Brilliant, Brilliant' is out now in paperback.



Lucy Jones

'I'm going to give **"Cold Comfort Farm"** by Stella Gibbons a go. I don't

know why I've not read it before, considering I love books about people with festering emotional issues and the human psychological relationship to the natural environment. I'm up for something subversive, comic and distracting, which I hope it will be.'

→ Lucy's book 'Losing Eden', is out now, published by Allen Lane.



Caroline O'Donoghue

'For about a decade, I've been pretending to know who Patti Smith is. I mean, I do know technically who she is. I know that she sang **"Because the Night"**, and every now and then she pops up at a festival and people lose their shit. But I can't confidently tell you what her deal is, or what her most famous album is called, or what it means when someone says that something is **"very Patti Smith"**. A few years ago I picked up **"Just Kids"** in an HMV fire

sale. It's been on my bookshelf ever since. I know that once I learn the smallest fact about Patti Smith I will become instantly obsessed with her, and I have not had the bandwidth to facilitate that kind of obsession while maintaining all my other ones. Now, I have the time. Check back with me in a month when I have lots of boring and sentimental thoughts about New York in the '70s.'

→ Caroline's novel 'Scenes of a Graphic Nature' is out on Jun 18, published by Virago.



Akala

"Wolf Hall" by Hilary Mantel. I am a big lover of historical fiction, obviously, and with

her finally completing the trilogy it seems a fitting time for me to actually finish the first book. I've



'I might go back to the Bible. There are plenty of plagues in it, after all'

Luke Turner

started it numerous times and always been taken back by the way she uses language, so it seems only right. I am sure it will be every bit as good as people say it is.'

→ Akala's debut novel 'The Dark Lady' is out Apr 16, published by Hodder Children's Books.



Emma Hughes

'Despite being a devoted subject of HRH Marian Keyes, I've somehow never got round to reading "**Lucy Sullivan Is Getting Married**" (I know, I know). So that's where you'll find me for the foreseeable future. I'm also going to be re-reading "**Standard Deviation**" by American author Katherine Heiny for the maybe the fifth or sixth time – she's equally brilliant on falling in and out of love,

dysfunctional families, and being a one in a world of twos.'

→ Emma's debut novel 'No Such Thing as Perfect' is out Jul 2021, published by Arrow.



Sophia Thakur

'You know when something is going to change life as you know it, so you just put it off for ages? I've got a book like that. I know that it'll shape me into a braver me and I'll absolutely have to confront my reflection. Perhaps something about being isolated pulls pieces of you back into your person, away from those you've given power too. It's called "**Women Who Run with the Wolves**" by Clarissa Pinkola Estés.' ■

→ Sophia's debut book of poems 'Somebody Give This Heart a Pen' is out now, published by Walker Books.

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Pages of Hackney

Pages has closed its doors until the end of March but will be offering free home delivery by bike in Hackney. They'll also help you choose your next read remotely.

→ Follow at @pagesofhackney or visit www.pagesofhackney.co.uk

Herne Hill Books

This superb independent bookshop will be delivering books to locals. Just get in contact and they can offer their suggestions.

→ Visit www.hernehill.org.uk/services/herne-hill-books

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WHERE TO FIND

Digital yoga classes



Can't make your usual yoga sesh in person? These London studios are streaming it straight into your living room

Another Space

This swanky studio with locations in Covent Garden and Bank will be posting free virtual workouts on its social media channels from this week for those who can't join a class in person. They'll be led by head of yoga Sarah Grogan, who specialises in vinyasa flow. Move all lamps out of the vicinity for that reverse warrior pose.

→ www.anotherspace.london

Down to Earth

This beautifully designed compact studio in Tufnell Park is great if you prefer small class sizes. Get to know the teachers via pre-recorded, full-length classes on the website. Its usual schedule of classes will be available on demand on a

pay-per-view basis, with members getting access to the full range of videos. Too uncoordinated to follow the poses? Smash that pause button. → www.downtoearthlondon.co.uk

East of Eden

No Londoner's living room can quite compare to high-ceilinged, wood-panelled Walthamstow studio East of Eden, but you can still connect with its calming yoga teachers while in isolation. Many of Eden's sessions will be streamed using a video link that's sent an hour before the class starts (most are £10, but there's a £5 discount for those who can't afford that much). All you need now is a hand-poured scented candle and you're in business.

→ Book at www.mindbodyonline.com

MoreYoga

Yoga newbie? Teach yourself the basics with the help of MoreYoga's YouTube channel, where it'll be posting a series of short 'how to' videos, 'all levels' classes with teacher Becky Crepsley-Fox and meditation exercises for those battling cabin fever. When it all blows over, you can perfect your poses at one of dozens of locations across London. Yoga without your flatmate cooking spaghetti in the next room: the dream.

→ www.moreyoga.co.uk

Paper Dress Yoga

This retro set-up on Hackney's Mare Street shares its nice spacious studio with a vintage shop. Instructor Hannah Turner Voakes will be

filming weekly home practice tips for its blog, and if you like what you see you can join one of the £5 classes that are running at 9.30am and 7pm every day via Zoom. (Prepare for a whole lot more of life appearing on Zoom in the coming days.)

→ www.paperdresseyoga.co.uk/blog

Supply Yoga

Supply is a social enterprise in Clapton which funds inclusive yoga classes across London. While the studio's doors are closed, its classes will be streamed on YouTube Live, with a unique link sent out to bookers 15 minutes ahead of each class. Support Supply's work during isolation by joining one for just £5. ■

→ www.supplyyoga
Rosie Hewitson

Find more streaming studios at
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RA

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SUPPORT THIS

Made in Hackney emergency crowdfund



AH, GOOD OLD Hackney. You can always count on this tight-knit community to come together in a time of crisis. Back in summer 2011, in the wake of the riots, Hackney locals coordinated a mass clean-up – and that sense of solidarity has not faltered. Now that social-distancing measures have been advised by the government to curtail the spread of Covid-19, charity kitchen **Made in Hackney** is crowdfunding to help feed the elderly and vulnerable while they're isolated and unable to visit supermarkets. It's aiming to raise £30,000 so it can use its five-star hygiene-rated kitchen to cook nourishing food and deliver it straight to those in need with non-contact couriers. The more money it makes now, the more meals it'll be able to distribute. Dig deep, London! We're all in this together. ■

Samantha Willis

→ Contribute at www.crowdfunder.co.uk/made-in-hackney-4.



IMAGES SIMON WAY



Five ways to help your community during the coronavirus outbreak

Download the Nextdoor app

If previous interactions with your neighbours consisted of a mumbled 'hi' while you fumbled for your door keys, now could be the time to change that. It's easy to download and sign up to the Nextdoor app on your phone. Once you're in, you'll be able to see messages from people who live in your area: ranging from neighbours offering to pick up shopping and medication for those self-isolating to people organising virtual meet-ups and online music lessons. Finding out that the people you live near are kind, helpful and fun could be a silver lining to these weird times.

→ Find out more at www.nextdoor.co.uk.

Log on to Covid-19 Mutual Aid

Last week, 23-year-old Seren John-Wood helped create a mutual aid group in Lewisham. The Facebook-based initiative enables people to band together in Whatsapp groups to support vulnerable neighbours with shopping and prescription pick-ups, give advice to individuals wanting to start their own groups and provide

templated letters that people can put through their neighbours' doors offering help. There are now more than 900 groups across the country, and more than 100 in London alone.

→ Find out more at www.covidmutualaid.org.

Take part in the Postcard Campaign

Want to make sure no one on your street is without help? Becky Wass from Cornwall has come up with a postcard that you can print at home and drop through the letterboxes of elderly and vulnerable people in your area who might be self-isolating. The simple form on the postcard lets neighbours know if you can post mail for them, pick up urgent supplies or shopping, or keep them company with a friendly phone call.

→ Find out more at www.facebook.com/becky.wass.7/posts/10158040264993149.

Support Beauty Banks

Good hygiene is particularly important right now. Beauty Bank is a grassroots movement tackling hygiene poverty by supplying people

who can't afford to stockpile essentials. It has created a GoFundMe page where donations go towards buying soap, handwash, bodywash, hand sanitiser and laundry detergent. These will be distributed via food banks, homeless shelters, domestic abuse refuges, youth centres, NHS trusts and refugee centres across the country.

→ Find out more at www.gofundme.com/f/helpinghands-for-covid19.

Donate to food banks

As Londoners face precarious employment and housing situations, food banks will become a lifeline for many. Food banks across London – including ones in Lewisham, Hackney and Hammersmith & Fulham – have put out calls for donations of food and money. Many are also looking for warehouse volunteers as people call in sick. Trussell Trust has a brilliant online map where you can locate your nearest food bank (there are 74 in London). Or put some tins in the food bank collection at your local supermarket – easy. ■

→ Find out more: www.trusselltrust.org.

Alexandra Sims

Stay in the know at
[timeout.com/news](https://www.timeout.com/news)

Things to Do

Clara Amfo's This City 'Sugababes'

Join BBC Radio 1 host Clara Amfo as she meets her childhood heroes the Sugababes to talk about their personal connection with London.

→ smarturl.it/thiscitypodcast



The Memory Palace Episode 98: 'Under Our Feet'

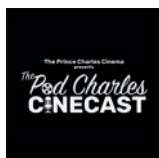
Nate DiMeo's contemplative historical podcast is very American, but this episode deals with a much-pondered London question: what is the deal with the misshapen dinosaur sculptures in Crystal Palace Park?

→ thememorypalace.us/tag/dinosaurs

United Zingdom 'Essex has given me my ballsiness'

London-based writer and *Vice UK* editor Zing Tsjeng is on a podcast mission to find out what it means to be 'British'. Her interview with Chelsey Jay, an Essex councillor, has us hooked: 'You're gonna be ripped apart for being from Essex,' says Chelsey, 'so you might as well do it with a smile on your face.'

→ www.bbc.co.uk/programmes/p0863v08



The Pod Charles Cinecast 'When the Jerk Met Sally'

Leicester Square's legendary Prince Charles Cinema is one of the wildest and best picturehouses in London, and it has a podcast to match. The hosts have an encyclopaedic film

THINGS TO DO ONLINE

London podcast episodes

Book Now
Friday Lates until 21:00
Leicester Square

npg.org.uk
#CecilBeatonBYT

★★★★★
The Telegraph

★★★★★
Evening Standard

★★★★★
Londonist

National Portrait Gallery



CECIL BEATON'S BRIGHT YOUNG THINGS

Until 7 June 2020

The Bright Young Things at Wilsford (detail) by Cecil Beaton, 1927, The Cecil Beaton Studio Archive © The Cecil Beaton Studio Archive

knowledge and hearing them shoot the breeze about their favourite movies is a joy. It's worth delving into this back-catalogue episode for a great discussion on whether 'When Harry Met Sally' passes the Bechdel test. When you're done, check out the behind-the-scenes goss on the cinema's regular screenings of 'The Room'.

→ soundcloud.com/princecharlescinema

Snap Judgement 'The Legend of Steve Davies'

Okay, the podcast is as American as Hot Cheetos, but the story's about West Ham. Find out what happened when Harry Redknapp invited a Hammers fan to get on the pitch and play for his team.

→ www.wnycstudios.org/podcasts/snapjudgment

'Desert Island Discs' Kathy Burke

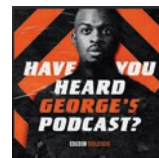
'DID' has such good interviews, it's hard to pick one. Then again, it's had Kathy Burke on – a woman so frank she once wrote to the Time Out letters page to tell Helena Bonham Carter to 'shut up'.

→ www.bbc.co.uk/programmes/b00tcz90

Honey & Co 'The Food Talks – Max Halley of Max's Sandwich Shop'

Listen out for the episode with Max Halley where he talks with the owners of Honey & Co about his sandwich philosophy, the problem with sourdough and the best things to blend into mayonnaise. Be sure to eat beforehand.

→ honeyandco.co.uk/thefoodtalks



Have You Heard George's Podcast? 'A Grenfell Story'

George The Poet's experimental podcasts weave together poetry, storytelling and real-life politics. In episode three, he addressed the Grenfell tragedy with a drama about a young, struggling teacher. The artistry and heartbreak in these 27 minutes will hit you harder than all the 2017 headlines combined.

→ www.bbc.co.uk/programmes/p07qtmfst

Nothing Concrete 'Sound Unbound with Jayde Adams'

The Barbican's Sound Unbound series is seductively simple, with interesting people talking about the music that moves them. In this episode, you can find out how Puccini's 'O Mio Babbino Caro' changed the life of London comedian Jayde Adams.

→ play.acast.com/s/nothingconcrete

The LRB Podcast 'Lucy Prebble: Harvey Weinstein'

Lectures on Seamus Heaney's poetry and psychogeography from Iain Sinclair – it's all here in this audio version of the *London Review of Books*. For some bracing writing, try playwright Lucy Prebble's essay on Harvey Weinstein.

→ www.lrb.co.uk/podcasts-and-videos/podcasts

Tate 'The Art of Slow Looking'

The Tate mirrors its collection with stories of artists' lives and work. Here, we meet a woman who's been looking on the same painting for 15 years. ■

→ www.tate.org.uk/art/podcasts

More digital ideas at
timeout.com/thingstodo

Film

Edited by Phil de Semlyen
timeout.com/film @timeoutfilm



London's cinemas need you

The city's WFH (watching from home) has left our favourite movie houses shuttered and depending on us like never before. It's time to rally round them

LIKE ITS INHABITANTS, London's cinemas are a hardy bunch. Over the decades, they've survived everything from the Blitz to the advent of TV and streaming, to beady-eyed property developers and the theatrical release of 'Cats'. That resilience is now being tested like never before. Last week's advice from the government that people should avoid public venues fell crucially short of being a direct instruction, leaving it up to the cinemas to decide when to close. All now have. We won't know the fallout from this decision (or lack of one) for some time, but suffice to say, it won't be pretty. Insurance will be harder to recoup, cinema employees will be at risk of losing

their jobs and some of our favourite picture houses will be struggling to stay afloat.

Our local cinemas are always there for us – in good times and bad. Particular screenings lodge in our minds, sense-memories that flash up from time to time like lights on a Christmas tree. For me, an afternoon watching 'The Red Shoes' for the first time at BFI Southbank and the Gen X rush of 'Human Traffic' at the Ritzy in Brixton have always stuck. I've practically had therapy to dislodge the time my dad frogmarched me out of a Richard Pryor-Gene Wilder comedy at the

Odeon Shaftesbury Avenue after their 132nd F-bomb. The movies don't always age that well in reality as they do in our minds, but we never forget where we first saw them.

As our local indie cinemas, arthouse screens and even ginormo-multiplexes put up the shutters in the face of the current pandemic, they'll need us just as much as we've needed them. There are practical ways to help. Whether it's the Rio in Dalston or the Prince Charles in Leicester Square, the chances are your favourite cinema has a membership scheme to invest in. Heck, you can sponsor a whole

screening at South Norwood's community cinema Screen25. Others have streaming sites where you can watch new releases (Curzon Home Cinema and BFI Player, for two). I'm sure they'd love it if you just tweeted them a Pixar gif.

Of course, Time Out will keep you abreast of what's happening with all of these cinemas, but you can also help by keeping them in your thoughts – even as you settle down to another evening of Netflix. And when this situation blows over, let's all go to the movies. ■



By Phil de Semlyen
Who will be buying all
the popcorn when the
time comes.

For a guide to cinema memberships head to [timeout.com/film](https://www.timeout.com/film)



'The Muppet Movie'

TEN OF THE BEST

Treasures of the Magic Kingdom

Hidden gems to search out on the newest streaming service

THE JUST LAUNCHED Disney+ isn't all Avengers and Anakin Skywalker. There are plenty of well-loved classics, a fair stack of proper oddities and one whatever the heck 'Darby O'Gill and the Little People' is on this new Mickeypedia. We've taken a tiny chisel to Walt's new movie collection to prise out some precious viewing.

Adventures in Babysitting 1987

If you stuck 'Ferris Bueller's Day Off' and '48 Hrs' in a blender, you'd get this helter-skelter '80s comedy. It sees babysitter Chris Parker (Elisabeth Shue) and her young charges catapulted through a night of mayhem. The plot makes little sense, but it's so much fun that you won't mind a bit. Look out for an ace Thor joke.

Blackbeard's Ghost 1968

For viewers of a certain age, nothing says a slow Sunday afternoon like Peter Ustinov on the telly, probably brandishing some form of cutlass. Recreate those heady days with this supernatural caper in which he plays the ghost of the pirate Blackbeard. The inimitable Ustinov somehow manages to be larger than life and dead at the same time.

Empire of Dreams: The Story of the 'Star Wars' Trilogy 2004

A treat for 'Star Wars' fans, this doc gets Sarlacc pit-deep into the creation of the world's most famous franchise. It charts the 'making of' story, from a 14-page treatment inspired by 1930s TV serials like 'Flash Gordon' to the mega-blockbuster it

became. Expect references to 'Beowulf'. Expect insightful interviews. Expect Chewie to say 'AAARARRRGWWWH!'

Fantasia 1940

Silly and sublime, this trippy treasure is a big bundle of classical-music-scored vignettes that Walt Disney decided to splice into one feature-length animation. Hippos and alligators do a slapstick ballet, a magical mop does its own housework and even the Devil gets a cameo. It will teach the kids about classical music too.

The Journey of Natty Gann 1985

John Cusack stars in this '80s cockle-warmer. Sure, it's set during the Depression, its young heroine Natty (Meredith Salenger) loses her



'Fantasia'

daddy early on, and the presence of Ray Wise, aka scary Leland Palmer from 'Twin Peaks', hardly screams #WholesomeContent. But it has a heart even bigger than Natty's massive pooch sidekick (yep, it's got one of those too).

The Lion King 1½ 2004

Everyone's favourite farty warthog and sassy meerkat embark on a mad rewind of 'The Lion King' that starts with Timon and Pumbaa watching the first movie before spinning back to the beginning of their own stories. Eh? Still, it's a great big helium balloon of savannah-based giddiness for all the pride.

The Muppet Movie 1979

'The Muppet Movie' is Jim Henson's 'Citizen Kane'. Both star Orson Welles as a tycoon; both feature stormy romances; both made a splash at the Oscars; and both investigate what it

means to be an American and/or a frog. The swinger? Kermit has the awesome cameos (Madeline Kahn! Steve Martin!) and the rendition of 'Rainbow Connection'.

Oliver & Company 1988

In an unexpected skew on 'Oliver Twist', a homeless kitten (cute!) joins a group of lawless dogs (the rascals!) who teach him about life on the streets of 1980s New York. It may not be in the pantheon of animated classics, but it's definitely curled up next to the pantheon's radiator. Miaow-vellous.

The Rocketeer 1991

If you stan for 'Captain America: The First Avenger', this love letter to matinee movies will be just the ticket. They're directed by the same man – Joe Johnston – and both are infused with the same boy's own, never-say-die, holy-shit-look-at-my-awesome-hair spirit. Oh, and both have devious Nazis schemes that need foiling.

Swiss Family Robinson 1960

Proof that families can get along, as long as there are no remote controls or games of Monopoly lying about. This one has everything you could want in a castaway adventure: awesome treehouses, booby traps and a scary bit with a snake. It was the highest grossing movie of 1960. The second highest? A different kind of family-based caper: 'Psycho'. ■

Phil de Semlyen

→ Disney+ launches Tue Mar 24.



The Perfect Candidate



FOR HER DEBUT drama, 2012's 'Wadjda', Saudi filmmaker Haifaa Al Mansour had to direct from the back of a van using walkie-talkies. Saudi Arabia's sexist dictates have loosened a little since then, but as her new film shows, it's still a pretty terrible place to be a woman – let alone a woman who wants to change things. In her new film, the agent of change is Maryam (Mila Al Zahrani), a doctor so frustrated by her stymied efforts to get the road outside the hospital repaired, she decides to run for office and do it herself. If you can't beat them, unseat them.

While it's never played for laughs, Al Mansour gleams plenty of mordant humour from this absurdist premise. Maryam deals with sexist men and disenfranchised women at every turn and it's hard to know which is more dispiriting: the overbearing, smug men or the women who feel so powerless, the idea of voting for this upstart politician seems like a far-fetched

WHAT IS IT...

A female Saudi doctor faces sexism as she runs for office.

WHY GO...

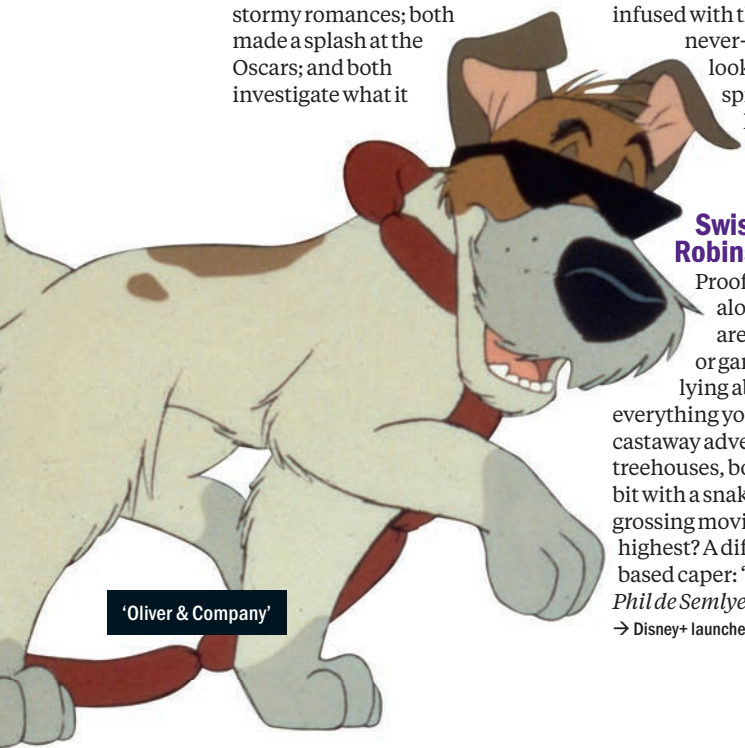
For the wry humour and #MeToo power.

→ Director Haifaa Al Mansour (PG) 104 mins.

fantasy. One rousing rally ends with a stream of women pledging to at least ask their husbands if they can back her.

Al Zahrani is a TV star in her homeland but much of the cast comprises non-professional actors and that, combined with unfussy visuals lends a Dardenne-like immediacy that serves the story well. Its dramatic beats are relatively low-key, but make no mistake, 'The Perfect Candidate' is a quietly groundbreaking piece of work. ■

Phil de Semlyen



'Oliver & Company'

Home comforts

'Breiders' star Martin Freeman on his quarantine viewing tips

Streaming series I'm catching up on
'Probably "Succession". Everyone talks about it, so I should watch it. One of my brothers texted me to tell me to watch "Giri/Haji", too.'

Uplifting movie soundtrack
[Martin Scorsese's 1978 concert film of The Band] "The Last Waltz" has some of my favourite music in it. The movie makes me feel uplifted and it's got great guest appearances, too. Van Morrison stomps around the stage in a [brown suit] like an angry toddler.'

Dream box set
'There's some fantastically brilliant European or Asian directors I need to catch up on, so it'd be Akira Kurosawa. Also, Rob Reiner. He doesn't get cited in the way other great directors do.'

One to keep the kids entertained
'It used to be CBeebies – "In the Night Garden" was a fucking godsend – but now they're 11 and 14 and we bond over scary films. Not gory things, more great Hammer films like "Dr Terror's House of Horrors". It's set on a train and has Peter Cushing as Death doing his "general foreigner" accent.'



Show to stream immediately
"The Sopranos" has everything in it: family, humour, violence, great clothes, great music, and amazing writing and performances. It's an extraordinary television programme, and the blueprint for everything we watch now. "Fleabag" would be another.'

Favourite book about the movies
'Peter Biskind's [account of '70s Hollywood] "Easy Riders, Raging Bulls". When I was growing up, my favourite films were by young, bearded Hollywood directors, like Scorsese and Spielberg. I also love David Mamet's "Bambi vs Godzilla". It's about how much of a twat you can get away with being in Hollywood.'

What I miss most about going to the cinema

'It's the excitement you get when the lights go down and being enveloped by the sound. I'll miss the experience of just bedding in for a couple of hours. It is an amazing thing and I can't quite believe we're not going to be able to do it for a while.' ■ Phil de Semlyen

→ 'Breiders' airs on Thursdays at 10pm on Sky One and streams on Now TV.

System Crasher



Vivarium



WHAT IS IT...

A raging nine-year-old battles to be reunited with her mum.

WHY GO...

For an amazing performance from 11-year-old actress Helena Zengel.

→ Director Nora Fingscheidt (15) 125 mins.

Stream it on Curzon Home Cinema.



FROM JACOB TREMBLAY ('Room') to Quvenzhané Wallis ('Beasts of the Southern Wild'), there are plenty of child actors who pack an emotional punch on screen. But 'System Crasher' star Helena Zengel tops the lot.

The young German actor plays Benni, a foster kid with anger issues desperate to return home to her mum. She's a victim of child abuse but none of the measures taken by doctors, social workers or teachers are working to temper this raging, nine-year-old 'system crusher': everything is a trigger for her foul mouth and aggression. When Benni is assigned a new school escort, there's hope that his guiding influence will improve her behaviour, but with her absentee mother and violent mood swings, disappointment feels inevitable.

German filmmaker Nora Fingscheidt shows a documentarian's forensic eye in her first narrative feature. The harsh realities of the welfare system are never window-dressed. The camera charts Benni's every move, capturing each flicker of conflict on her face as she searches for unconditional love. Zengel is a revelation in the role.

'System Crasher' may veer towards being over-sympathetic in its approach to its violently problematic protagonist – Benni is a wrecking ball at times – but it delivers a powerful exposé of the limitations of the foster system. And with its impressive young star to the fore, it is heartbreakingly intimate. ■ Hanna Flint

WHAT IS IT...

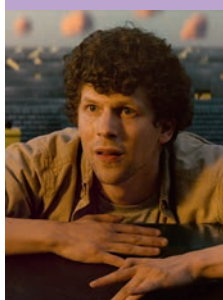
A young couple are trapped in a show home and forced to raise a strange child.

WHY GO...

Fans of 'Black Mirror' will love its twisted headspace.

→ Director Lorcan Finnegan (15) 98 mins.

Stream it on Curzon Home Cinema, BFI Player and other sites.



OPENING WITH DISTRESSING but perfectly natural footage of a cuckoo hatchling shoving the rightful occupants out of their nest, 'Vivarium' is hardly subtle in its central conceit. The plight of Gemma (Imogen Poots), an infant-school teacher, and Tom (Jesse Eisenberg), a gardener, isn't directly analogous, mind you. It is not their need to breed that is exploited, but their millennial desperation to get on the property ladder. After being taken to a sprawling, soulless, suburban development by an uncanny estate agent (Jonathan Aris), they soon discover the place is a kind of extradimensional prison from which escape is apparently impossible (a bit like Bexley). Its purpose? To entrap them into parenthood, bringing up a baby which isn't as human as it looks.

There are shades here of Jonathan Glazer's 'Under The Skin' and Vincenzo Natali's 'Cube', too, though first-time director Lorcan Finnegan has more satirical concerns, underpinning his nightmare with Charlie Brooker-ish black (mirror) comedy. Yet, despite an intriguing, promising setup and Poots and Eisenberg's easy chemistry (previously seen in last year's 'The Art of Self-Defense') this particular puzzle box doesn't click together as well as you'd hope. As Gemma and Tom spiral downward into an increasingly surreal domestic hell, you're not so much impressed by its eventual revelations as left wondering why, despite a rather predictable coda, so many questions are left unanswered. ■ Dan Jolin

IMAGES: MARTIN FREEMAN: ERNESTO RUSSO/GETTY IMAGES; SYSTEM CRASHER: PETER HARTWIG

Music & Nightlife

Edited by Oliver Keens
timeout.com/music @timeoutmusic

WTF is TikTok?

With gigs on hold, there's never been a better time to bone up on the app that's changing music. Allow us to run you through it

VIDEO-SHARING APP TikTok burst on to the scene last year and has started influencing everything from music to dance to comedy. If you've been nodding along recently, pretending to know what it is so you seem #downwiththekids, don't worry. We've got your back. Welcome to TikTok 101...

It's an app, right?

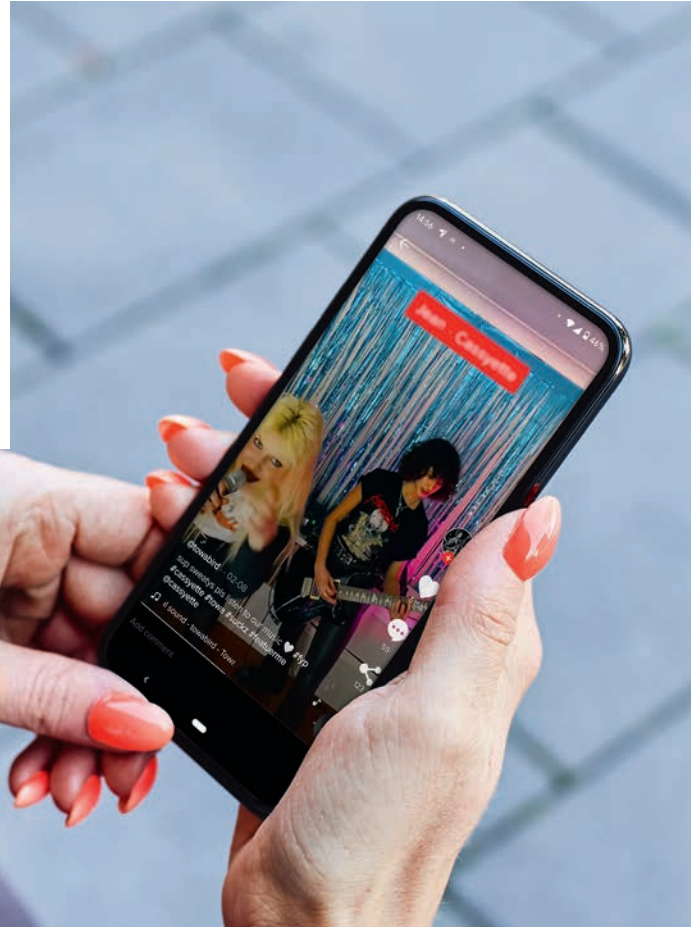
Yes! It started life over here as musical.ly, an app where kids would mime lyrics to their favourite songs. Chinese video-sharing site ByteDance bought it, merged it with their version, TikTok, and it's now become one of the top ten most downloaded apps of the decade.

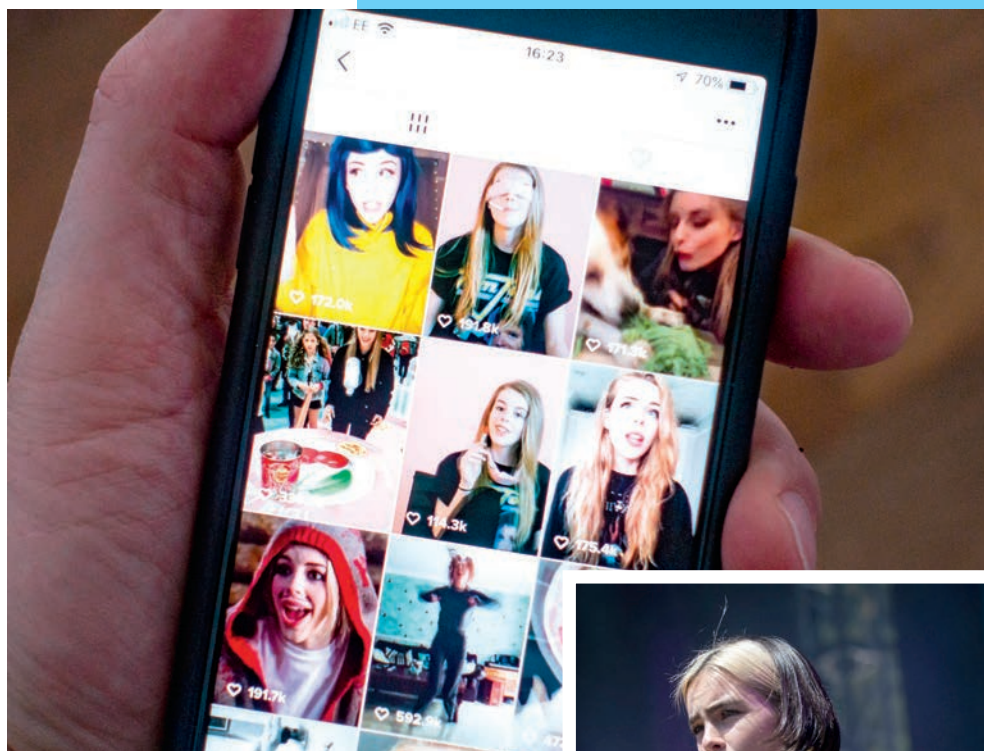
Wait, lip-syncing's that popular?

It's a thing! It's more than that now, though. More recently, it's been all about creating viral dance routines around catchy tunes, lots of comedy skits and kids generally wasting time at school or pranking their parents. You can put filters on the videos and create effects that really show how creative people out there can be.

Sounds like it's mostly for kids...

Well, it's certainly a younger demographic than most platforms, but it's become an avenue for expression and creativity, regardless of age. Some of the most popular creators on the app aren't even 16 yet and have nearly 40 million followers. And you thought people were popular on Instagram. Ask anyone under 18 about





TikTok and they'll whip out their phone with their favourite videos ready to go.

So, why is it so popular?

The kids with huge followings are creating dance routines that are going viral, and that's sending songs flying up the charts at a rate we haven't seen before. Lil Nas X famously used the app to help 'Old Town Road' get some traction. Bieber's 'Yummy' was pretty much made with a TikTok dance ready to boot, too. If you go through the Top 40 right now, nearly half of it is there because of TikTok.

Will they stick around or are they all going to be one-hit wonders?

Well, some of the artists were already established, like Doja Cat, but their streams have been sent soaring. Benée is great and has a shedload of catchy tunes waiting to be discovered. If you can listen to Roddy Rich's 'The Box' and not be humming it all the next day, you've really done very well.

It sounds like a lot of fun, but can it be used for important stuff, too?

It can. Kids have started videoing fake scripted conversations you can play if you get into a taxi and feel a bit unsettled or unsafe. As videos are

so easily seen and shared on the app, doctors have recently taken to it in an attempt to spread accurate information about coronavirus. Kids! They're the future!

Okay, do I have to expose my terrible dance moves to enjoy TikTok?

Absolutely not. You're safe, don't worry. Not every video is a gem, but the app's For You page learns what videos you like and tailors itself to your tastes. Heaven sent for a period of self-isolation. ■
Sam Higgins



Tok rocking beats

Four songs that blew up via the app

'Falling' Trevor Daniels

Moody yet infectious, this tune has become the go-to for angsty videos about the perils of about love. 485 million streams later, Trevor's busy working with Billie Eilish's bro and producer Finneas on his debut album.

'death bed' Powfu ft beabadoobe

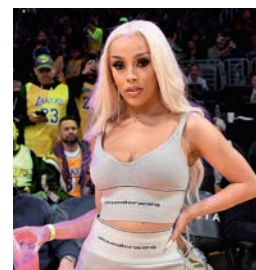
Sepia-toned and summery, this was released last year on Soundcloud and went fairly under the radar. TikTok deservedly gave it new life.

'Break My Stride' Matthew Wilder

Yes, that one. The 1983 banger had a resurgence when people would start texting the lyrics to someone until the other person realised. At that moment, they'd start dancing. Bizarre? Maybe. Thrilling for Matthew? Absolutely.

'Say So' Doja Cat

LA rapper had already made waves online, but 'Say So' is a certified banger. It's actually harder to not dance along to it. Little surprise it's nearly at 200 million streams.



Theatre & Dance

Edited by Andrzej Łukowski
[timeout.com/theatre](https://www.timeout.com/theatre) @timeouttheatre



The Wooden O must go on 'Two Noble Kinsmen' on Globe Player

1 The internet, baby!

In the last few days, a heartening and huge array of performers and companies have put recordings online for free, and many more seem likely to follow. But there will be A Lot, from artists opening up their archives and popping pre-existing recordings on to Vimeo or YouTube – check out Dead Centre's magnificent head trip 'Lippy' – to companies that are filming their latest show in lieu of cancelled performances. We're going to start rounding up as many streamable productions as possible on www.timeout.com/theatre.

2 Live streams

It's very easy to broadcast a stream of somebody singing or reading, and there's a lot of very talented actors knocking around without shows to be in at the moment. Hence, there's a lot of innovative combining of the two: initiatives like Leave a Light On and West End Acoustic: The Quarantine Sessions will feature West End stars

Five ways you can still see plays

The closure of all London's theatres by the coronavirus crisis is grim, but in the digital age there are other options, says *Andrzej Łukowski*

performing live-streamed concerts. Wackier projects include The Show Must Go Online, which features the complete works of Shakespeare being read out live.

3 The BBC

Remember when everyone used to moan about the BBC? Auntie has really stepped up to the plate in this crisis, and part of that is its 'virtual festival of the arts', Culture in Quarantine, which will include – among other things

– screenings of Mike Bartlett's Almeida hit 'Albion' and Emma Rice's brilliant Angela Carter adaptation 'Wise Children'.

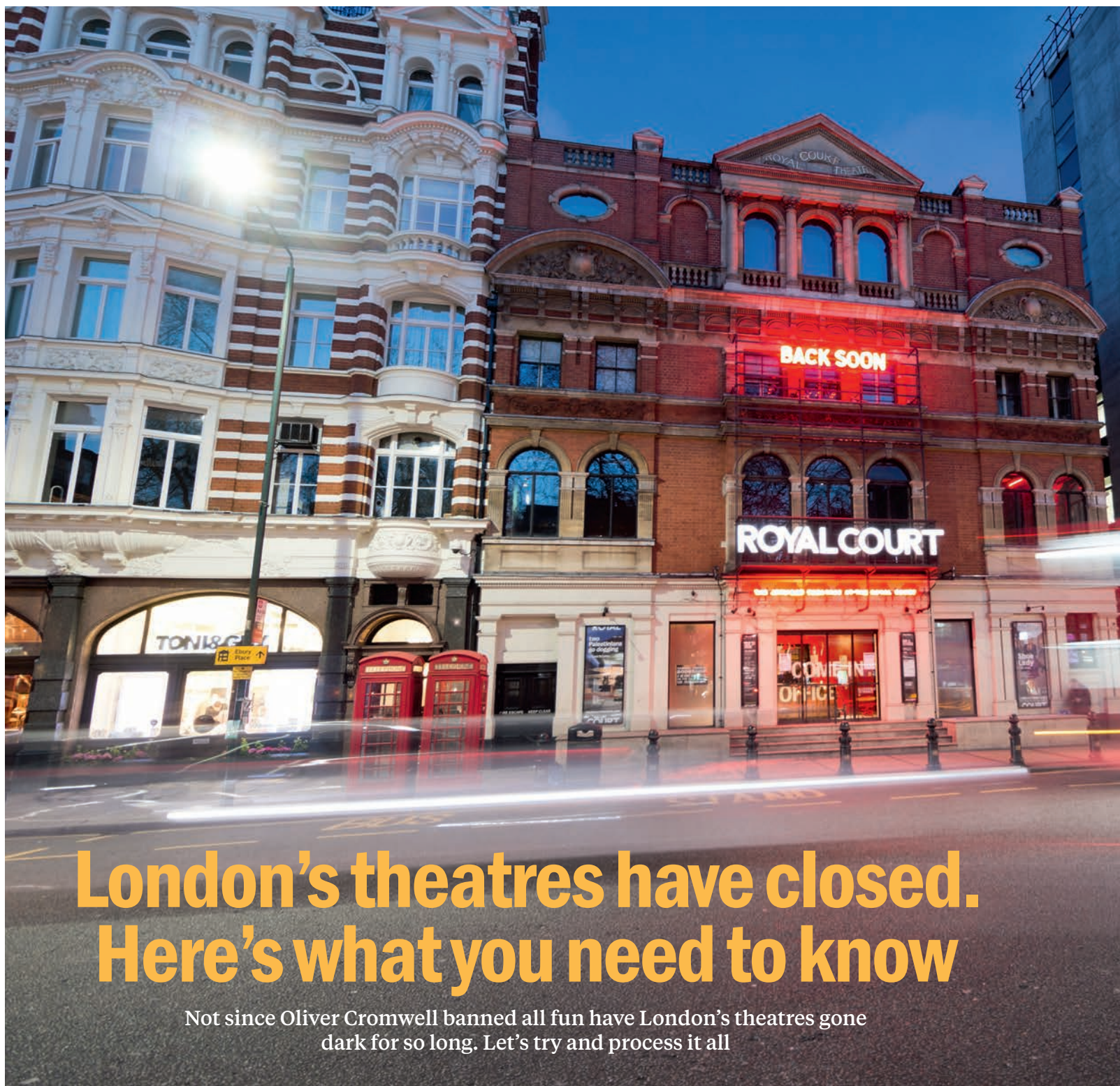
4 Digital players

A lot of what you find on the internet won't be of first-rate quality, especially as many shows that are recorded aren't done so for broadcast. However, there are a couple of top-notch providers of 'properly' filmed stuff. Digital Theatre has a large archive of

shows, many featuring household names such as Maxine Peake (in 'Hamlet') and Richard Armitage (in 'The Crucible'). It's available as a £9.99 a month subscription or you can pay £7.99 per show. Fans of The Bard (him again – he's out of copyright you see) should be particularly well set for styling out this horror: Shakespeare's Globe has its own platform, Globe Player, with a good portion of the Man from Stratford's works available.

5 NT Live?

The National Theatre has a treasure trove of some of the biggest and best shows of the last ten or so years, filmed at a high enough quality to be screened in cinemas as part of its NT Live programme. So far, only schools have been allowed to access them digitally, but there are strong hints that the NT might unleash the likes of Benedict Cumberbatch's 'Frankenstein' or Tom Hiddleston in the Donmar's 'Coriolanus' to cheer us all up. ■



London's theatres have closed. Here's what you need to know

Not since Oliver Cromwell banned all fun have London's theatres gone dark for so long. Let's try and process it all

FOLLOWING A RASH of closures and cancellations of shows, all of London's theatres have now shut, and look likely to stay that way for a while. Here's what we know.

So, like, literally all of them have shut?

As far as we can tell, every single theatre in London has shut. The Society of London Theatre (SOLT) ordered its venues – including

all West End theatres – to close in response to the Prime Minister's press conference on Monday March 16, when he 'strongly urged' members of the public to stay away from theatres. Some smaller, non-SOLT-affiliated theatres did have a final performance that night, and we're aware of one show that ran on Tuesday March 17, but it seems overwhelmingly likely that all have now shut their doors.

Do they have to shut?

Not at the time of going to press, which has caused some controversy in the theatre world. In many countries, a hard cap on public gatherings above a certain size has made theatres legally obliged to close. Here, the advice is simply to stay away from them. However, as (unlike many pubs and restaurants) they've all closed anyway, this is now broadly irrelevant to punters.

How long will this go on for?

We wish we knew the answer to that. At the moment the industrywide closure is effectively indefinite; it won't end until the government says it can. The West End is currently on hold until April 26, but this could easily be extended. The National Theatre is officially resuming shows on April 12, and a building with its resources might pull this off if it got the go-ahead in

More London theatre news at
[timeout.com/theatre](https://www.timeout.com/theatre)



The West End is currently on hold until April 26

good time, especially as most of the productions were already up and running. But that date seems wildly optimistic in the present climate.

In Asia, some museums and cinemas reopened after six weeks or so, with theatres looking likely to follow a couple of weeks later. However, as much as anything else, actors need rehearsal time, and the entire cast needs to be healthy – it's hard just to switch a play on.

Are any shows gone for good?

At the moment, it's only the ones you'd expect to be axed because of losing the next month or two. 'Thriller Live!' and 'The Comedy About a Bank Robbery' were due to end their runs on April 26 and May 3 respectively and have now confirmed that they have wrapped up early. 'Endgame' at The Old Vic cancelled its final fortnight. 'Many theatres have vowed to bring back shows that were due to start soon at a later date.

At the moment there is no suggestion that any West End long-runners are threatened. The deep pockets of Disney ('The Lion King'), Andrew Lloyd Webber ('Phantom of the Opera') and Cameron Mackintosh ('Les Mis', 'Hamilton') will probably get them through this.

Some shows – such as The Old Vic's Timothée Chalamet-starring '4000 Miles' – have been postponed rather than cancelled.

Will the Olivier Awards ceremony take place this year?

It will not, although there are still winners – who will presumably be announced at some point when things are less bleak, rather than the planned April 5 date.

Is that it for theatre for now?

Not at all! There are plenty of ways to watch theatre online, and hopefully even more in the coming days. See the previous page for our guide to the many alternative means of getting your stage fix during this ghastly period.

What can I do to support theatres?

Loads of things! One of the best and simplest is this: if you have a ticket for a show that's been cancelled, do consider *not* asking for a refund. These are exceptional times and the theatre probably won't be able to claim the money back on insurance – the money that you've already kind of written-off. Beyond that you could donate to the theatre directly, take out a membership, buy a playtext or snap up tickets for a show later in the year. And if you are going to try and claim a refund, please be patient; clearly theatres are overwhelmed right now.

We're all going through something terrible, theatre staff included, and we need to get through it together. ■



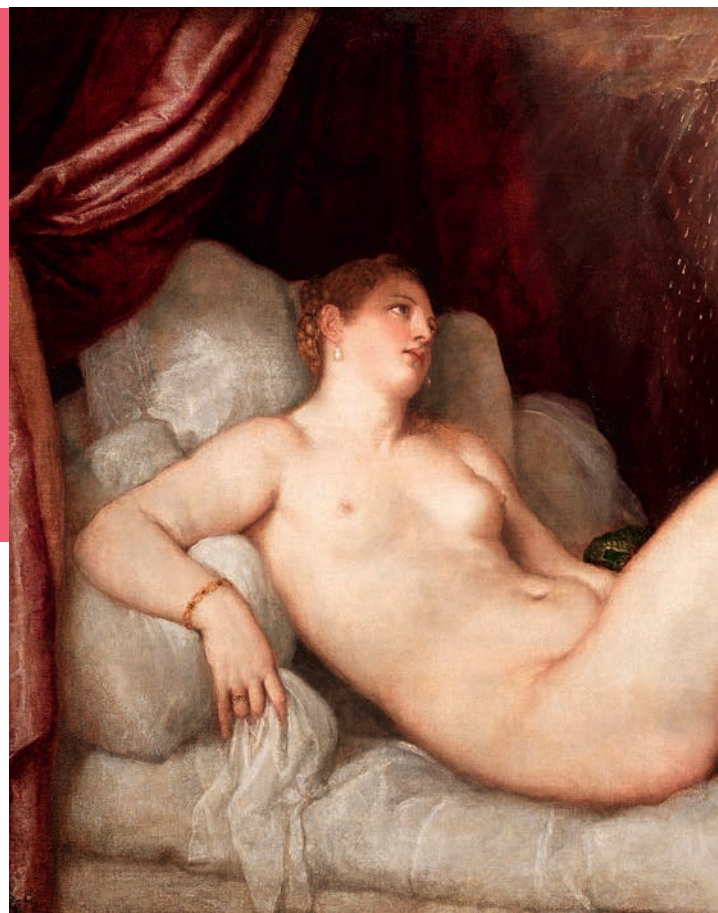
By Andrzej Lukowski
Who is mostly worried about the Knights and Dames.

Art

Edited by Eddy Frankel
timeout.com/art @timeoutart

The National Gallery's closed, so here's every painting in its amazing Titian show

'Titian: Love, Desire, Death'



BODIES FLAILING THROUGH the air, mythical creatures rushing by in a blur, golden rays of light and mounds and mounds of flesh: Titian's 'Poesie' series is wild, dramatic, violent and very, very sensual.

The Renaissance master's works are reunited in full here for the first time since the 1500s. The seven huge paintings tell stories from Greek myth – 'Diana and Actaeon', 'Venus and Adonis', 'The Rape of Europa' – with heaving passion and lyrical intensity. At a time when painting was dominated by religious themes and visual restraint, these free-flowing works were a shock to the system. Like living in a world of Ken

Loach films then suddenly watching Michael Bay's 'Transformers'.

'Diana and Actaeon' and 'Diana and Callisto' are the fleshiest things here, both filled with endless undulations of white and pink. In the first, Actaeon stumbles across the goddess Diana and her nude nymphs having a bath in the forest. Shocked and enraged by the peeping Tom, Diana turns him into a stag. Then in 'The Death of Actaeon' – the darkest work in the series – Diana slays the stag-man Actaeon with her bow and arrow. He's a blur of motion, caught in splodges of brown and ochre; she's bright, golden and precise.

There are mirrored elements throughout the works: the whirling

cherub in 'The Rape of Europa' echoes Perseus caught mid-air as he saves Andromeda from a sea monster; Adonis fleeing Venus has the same aggressive motion as Diana killing Actaeon, and on and on.

Furthermore, each work is the same shape and size (except for 'Danäe', which some plonker trimmed in the eighteenth century), so viewing them together, with all those repeated elements, is like watching an epic movie unfold around you in ultra-slow motion. There are so many narratives, emotions and actions happening that it's almost impossible to take it all in. And that's before you even start thinking about the actual art

of it: the compositional genius, the sly looks, the wobbling flesh, the snarling dogs, the violence, the sex, the anger. There's so much to see, so much to say, so much to analyse.

The captions, however, are brutally cringe and we could do with a whole lot more context from the gallery, but walking into that room and being completely surrounded by these paintings is totally magical. It's taken 500 years for these pictures to be reunited, we can wait a couple more months. It'll be worth it. ■



By Eddy Frankel
Who is currently as bored as Danäe looks.



Find even more art at
[timeout.com/art](https://www.timeout.com/art)



Clockwise from top left:
 'Danāe'; 'Venus and
 Adonis'; 'The Death
 of Actaeon'; 'Perseus
 and Andromeda';
 'Diana and Callisto';
 'Diana and Actaeon';
 'The Rape of Europa'

WHAT IS IT...
 All of Titian's 'Poesie'
 paintings.

WHY GO...
 Well, you can't. So
 just look at this page
 instead.

→ National Gallery.
 ↻ Charing Cross.



London art magazines to get you through self-isolation

Missing the galleries? Desperate for some arty eye-fuel? Here are some great London-based art magazines to see you through these weird times

MAGAZINES ARE BRILLIANT. Little bundles of paper filled with countless ideas and images and writing. I grew up reading magazines way more than books, from *Time* and *The Beano* to *Kerrang!* and *Guitar World* and then all sorts of niche art things as I got older. They're places of comfort and safety and distraction for me, something I turn to when everything feels a little overwhelming and scary, and I'm willing

to bet they're something similar for you. So what better way to distract ourselves from these whackadoodle times than with a selection of amazing art publications that you can get sent right to your door. When the world feels a little crazy, and your eyes are sore from too much TV and your brain isn't ready for the commitment of a book, magazines might just be the friend you need. *Eddy Frankel*



Big ones

Frieze

You might know the name from the giant art fairs and summer sculpture park, but *Frieze* has also been putting out a great art publication for years. It delivers everything you want an art magazine to deliver: brilliant interviews, essays and reviews. Simple.
→ www.frieze.com



The Art Newspaper

This is the journal of record for the art world. It's all the big stories and analysis you'd expect from a newspaper, except it's about Caravaggio and Tracey Emin instead of Boris and asbos. All on high-end newsprint, too. Lovely. It also has an excellent podcast.
→ www.theartnewspaper.com

British Journal of Photography

It does what it says on the tin, and it does it really damn well. *The British Journal of Photography* is your one-stop shop for all of your photography needs, filled with gorgeous features

and in-depth looks at some of the best snappers ever to have wielded a camera.
→ www.bjp-online.com

Art Monthly

Art Monthly is not about big shiny pictures and easily digestible, snackable content; this is serious business, with serious longform articles and serious analysis of serious art. It's a mag for diving deep, really deep, on the art world.
→ www.artmonthly.co.uk

ArtReview

This is the London art magazine scene's granddaddy, publishing its first issue way back in 1948. It still pumps out some of the world's best art criticism, featuring excellent writers giving their takes on all the best exhibitions the world over.
→ www.artreview.com





Smaller ones

Elephant

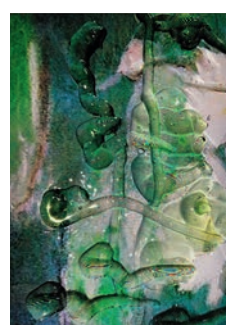
Elephant does things its own way, and that way is fun. Alongside championing young artists this mag does features about the best gallery toilets and the beauty of their hand dryers. A lighter – and totally necessary – take on the usual art mag formats.

→ www.elephant.art

Art Licks

This publication is the zine-iest of all the magazines on this list, printed simply and with minimal fuss, relying on in-depth themed issues to drag you in instead of glossy formats. *Art Licks* also runs an annual art festival and tons of other top-notch projects.

→ www.artlicks.com



The White Review

Founded in 2011, *The White Review* takes an analytical approach to visual art and literature, coming across more like a lovingly in-depth journal than a traditional magazine, and it's all the better for it. Plus Sally Rooney has written for it: ooh, fancy.

→ www.thewhitereview.org

Ultra-specialised ones

Becoming the Forest

This art and literature zine – beautifully printed on raw, rough paper – explores the boundaries between forests and black metal. Well, you wanted niche, you got niche. It's fascinating, gorgeous and very, very metal.

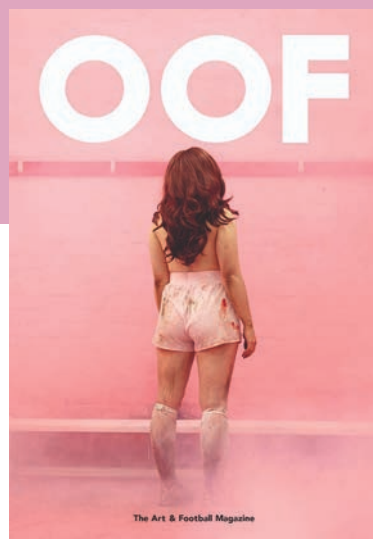
→ www.becomingtheforest.bigcartel.com



OOF

A magazine about the relationship between art and football? Yes, it's the publication you didn't even know you needed, but now desperately want. Also, it's founded and edited by me, Time Out's art and culture editor. #selfpromo.

→ www.oofmagazine.com



Scenic Views

This pretty little mag specialises in looking at everyday interiors, spaces that might be forgotten or overlooked but that are full of potential. Beautiful photos, weird topics and excellent writing: what more could you want? ■

→ www.scenicviews.club



Edited by Tania Ballantine
timeout.com/eatdrink @timeouteatdrink

Food



RESTAURANT OF THE WEEK

WE DON'T NORMALLY comment on current affairs in our restaurant reviews, as it quickly dates them. But today, I make an exception. The state of the restaurant industry is best summed up for me by a picture shared on Instagram, of a blackboard outside a restaurant (not this one) that read: 'Remember when the Titanic was sinking and the band continued to play? Well, we're the band.' So, for as long as London's restaurants are open, Time Out will continue to review them. And if they temporarily have to close, we will celebrate and support them in other ways.

As it happens, Trivet is precisely the sort of place you'll want to plan ahead for, so you have something swish in the diary to look forward to. On a site once home to the excellent but ill-fated Londrino, it is a restaurant that has smart, special-occasion vibes, but with bags of warmth and staff so sweet, so charming, you'll want to put them in your pocket and take them home.

But this, really, is a place for

people who are serious about food. It comes to us from a pair with pedigree: Jonny Lake and Isa Bal. For more than a decade, they served as The Fat Duck head chef and head sommelier, respectively. Not that this is the kind of place where you'll be handed an iPod to accompany your meal. The style of the food is quietly meticulous: there's flair, but also restraint.

We swooned over a plate of pici (that worm-like pasta we all can't get enough of), rich and creamy with

the satisfying bite of artichoke as well as the subtle seafoody-ness of Cornish crab. Equally simple – or was it? – was a duo of seared scallops, their char-marks wide and well-

spaced, like the rump of a zebra. Alongside them, braised lengths of barbucine, the little-seen, frilly-edged cousin of chicory, its bitter notes singing against the sweetness of the molluscs. Oh, and a grand finale that has to be in my top pastries of the year: an almond and cherry tart (yes, a little like

WHAT IS IT...

A London Bridge restaurant from an ex-Fat Duck duo.

WHY (EVENTUALLY) GO...

Pici to start, tart to finish. Comfort chic.

→ 36 Snowsfields, SE1 3SU. ☎ London Bridge.

Worth waiting for Trivet



a bakewell), that was chewy and buttery but crunchy, too. And came with a scoop of cardamom gelato for good measure. I could go on: a flawless, almost silky main course of iberico pluma (pork loin) with beetroot and shiitake mushrooms, or the nearly-but-not-quite-as-good chicken with a vinegar sauce (the vinegar was woefully meek, is all).

Would I change anything else? Not much. I don't mind that the room looks just like when it was Londrino, in fact, good on them for not throwing out the still-quite-new interiors – all swish contemporary woods in geometric shapes – for the sake of it. Just the lights... How many times do I have to say this? Please: turn them down.

But hey, Trivet, you're pretty special. See you on the other side. ■
Dinner for two with drinks and service: around £180.



By Tania Ballantine
Who does own a trivet, but always forgets to use it.

Sweet Chick



NO MATTER WHAT happens in this post-Coronavirus city, trendy fried chicken joints are a feature of London life we can expect to return. This Fitzrovia restaurant, in a prime spot just off Oxford Street (which is reflected in the prices, fyi), is the first overseas branch of Sweet Chick, a NYC mini-chain owned by rapper Nas that serves what he calls 'new American comfort food'.

Southern fried chicken and freshly made waffles take the lead here. You can keep things simple and flood the lot with maple syrup, or go wild and order, say, the Chinese-inspired kung pao chook with a rice and broccoli waffle.

Go for the buffalo option and you'll get two juicy, crispy, battered chicken pieces smothered in a tangy, tongue-tingling hot sauce. The accompanying waffle – this time made with a carrot and celery-laced mix – was so light and pillowy that I could have laid down and taken a nap on it.



WHAT IS IT...

The first UK branch of the Nas-owned fried chicken mini-chain.

WHY GO...

For waffles at any time of day.

→ 8 Market Place, W1W 8AG. ☺ Oxford Circus.

The good stuff doesn't stop there: a plate of pork nuggets arrived, not as an ode to the deep-fat fryer as anticipated, but in the form of tender, meaty morsels glazed in a sticky balsamic-and-blueberry dressing, scattered across shards of crunchy kimchi. The cracker-crumb-topped mac 'n' cheese was

silky and packed a proper taste of cheddar. More of that, please.

Some of Sweet Chick's flavours were a bit overbearing, though. A hefty blue-cheese dipping sauce quickly became cloying, and the over-seasoned home fries were so salty, I had to call time after a few mouthfuls and set them aside.

They say you can have too much of a good thing, which these days seems to be serving quality fried chicken to a hip soundtrack, but assuming it's open, Sweet Chick is worth a visit – for a hit of that mac 'n' cheese, at least. ■ *Liz Darke*

Dinner for two with service: around £70

Sponsored Listing

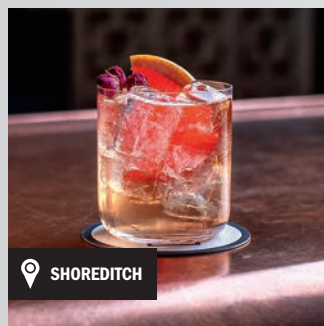
Going out? Try here.



PADDINGTON

AYLLU SAYS:

'Ayllu is about the coming together of friends and family and taking time to share an experience of great food and innovative cocktails with loved ones. The menu consists of novel small plates designed for the table to share. Traditional Peruvian flavours are given a twist with Japanese influences.'
25 Sheldon Square, W2 6EY.



SHOREDITCH

TAVLA SAYS:

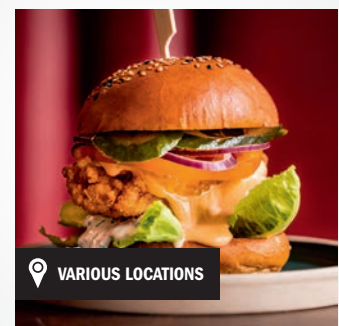
'Tavla, which means backgammon in Turkish, has socialising at its core: guests can play the game while sipping drinks or coffee. The menu offers updated classics, barrel-aged cocktails, and bar snacks and flatbreads inspired by the Levantine flavours showcased at sister restaurant Barboun.'
Leonard St, EC2A 3HS.



BAKER STREET

OOTY SAYS:

'Indulge in the exotic and tantalising flavours of South India at London's newest culinary extravaganza, Ooty. The restaurant aims to capture the essence of the place it's named after, with a creative selection of dishes and flavours, giving you an experience of South Indian cuisine new to London.'
66 Baker St, W1U 7DJ.



VARIOUS LOCATIONS

BURGER & LOBSTER SAYS:

'It is our great honour to announce the arrival of the Lobster Royale. Our delicious new burger uses fresh Nova Scotian lobster cooked in a heavenly buttermilk coating and then smothers in ranch dressing and lobster mayo. The delectable Royale is now available as part of our Deliveroo menu.'
Various locations.

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TimeOut
THE BEST OF THE CITY

Ts&Cs apply.

THREE OF THE BEST Restaurants in Victoria

We're not sure if these will still be open by the time we go to print, but here's to their safe return



Kazan

★★★★★

This long-running Ottoman grill is buzzy and atmospheric, bashing out quality mezze and kebabs with smooth homemade houmous. Our tip? Get the Kazan Special.

→ 93-94 Wilton Rd, SW1V 1DW. ☎ Victoria.



Lorne

★★★★★

A neighbourhood restaurant, Lorne pumps out modern European food, as swish as the decor. The menu changes regularly, but expect classic, good-looking grub.

→ 76 Wilton Rd, SW1V 1DE. ☎ Victoria.



A Wong

★★★★★

With a book-length menu, Chinese restaurant A Wong is the place for stellar dim sum and street food-inspired snacks. We love the pork-and-prawn dumpling, adorned with crackling.

→ 70 Wilton Rd, SW1V 1DE. ☎ Victoria.

Find more Vicky dazzlers at
timeout.com/LondonVictoria

Drink

Edited by Laura Richards
timeout.com/bars @timeouteatdrink



Home-delivery services

As London locks down, some of our best bars and brewers are bringing the drinks to you. Here's our pick of them

1 Hacha While the Margarita may be one of the easier cocktails to make at home (tequila, triple sec, lime), it'd be hard to recreate Hacha's Mirror Margarita – a drink we named the best in London. Lucky for you, then, that the Dalston bar is waiving the delivery fee if you order two or more bottles of the cocktail. Each packs in four serves of the see-through take on the classic. And if limes can fight scurvy, who knows what else they may be good for? → £35 per bottle. www.hachabar.com

2 Signature Brew Adding a whole new meaning to the 'lock-in', Walthamstow's Signature Brewery has launched Pub in a Box. Ideal for flatmates cooped up together, the delivery will include beer glasses and mats, snacks, curated playlists and a pub quiz – not to mention those all-important tinnies (eight, 16 or 24 per order). It's also supporting musicians who might be out of work, offering them positions as couriers for this very precious cargo. → From £25. www.signaturebrew.co.uk

3 Villages Deptford's awesome indie brewery has now launched a home-delivery service to save south-east hopheads in self-isolation. Residents in Deptford, Brockley, Greenwich, Lewisham, New Cross and Peckham can order in by the crateload, and mix and match from the core beer range. That includes its sessionable IPA Rafiki and Czech-style pilsner Whistle, each costing just over £2 a can. → £49.20 per case. Text 07309 905702.

4 Renegade While your local supermarket will doubtless have some deals on crisis wine, you'd be doing your

bit by avoiding them and ordering from east London winery Renegade. The Bethnal Green winemaker is offering free delivery to all online customers if they snap up a bottle of vino – including English rosé. There's no minimum order, and you can also support this small business by buying merch – great for showing off on video calls, if not on the street. → From £24 per bottle. www.renegadelondonwine.com

5 BrewDog You can get your Punk IPA fix at a knockdown rate if you choose to use the newly launched BrewDog Drive Thru service. Download the Hop Drop

app (android and iOS) to find your nearest bar and browse the usual range of bottles, cans and growlers. Then drive by or come to the entrance on foot, where you'll find a contact-free package left at the door for you. To coincide with the launch, BrewDog is offering 30 percent off all purchases, and 50 percent off for NHS staff. Total brew-gooders. → Download the BrewDog Hop Drop app.

6 Scout Forward-thinking, zero-waste Hackney bar Scout has always been ahead of the curve and now it's launching a bike delivery service for your at-home needs. It'll be sending out its takes on the classics – including the Negroni, Manhattan and Vesper – to customers in 200ml and 500ml versions. And once it's reached its pre-batching peak, original cocktails from its collection will be added to the order-in bill. ■ → From £18 per bottle. www.scout.bar



By Laura Richards
Whose home-bar game is strong.

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Escapes

Edited by Ellie Walker-Arnott
timeout.com/daytrips

IF YOU ONLY DO ONE THING

Head to historic **Martinsell Hill** and soak up the tranquillity. Once an Iron Age hill fort, this is a tree-tufted beauty spot well worth the lung-busting climb. On a clear day you can see Salisbury Cathedral; on a rainy day, good luck finding the car.

WAKE UP HERE

Cosy cottage on the canal



Head a few minutes out of Pewsey village to find this chocolate-box-cute thatched cottage in the neighbouring hamlet of Wilcot. With its open fire, tiny telly and shelves of paperbacks, the living room is olde worlde and cosy. The two bedrooms are comfy and the smartly fitted kitchen is a joy for rustling up a lazy Sunday morning brekky (it's also thoughtfully supplied with essentials). Best of all is the back garden which the Kennet & Avon Canal flows past. Salute passing narrowboats from the comfort of your garden chair. **Phil de Semlyen**
→ Wilcot, Wiltshire. Sleeps four.
From £150 a night.
www.airbnb.co.uk/rooms/36780447

A weekend in

Pewsey Vale

Long walks, white horses and pints of local ale

IT MAY NOT have the instant name recognition of the Cotswolds, but Pewsey Vale has the same charming mix of picturesque villages, rolling hills and gentle rural vibes. It's the place for a mental detox – doubly so if you have a pair of walking boots and a love of the great outdoors. Best of all, it's fairly undiscovered. Chances are you'll share it with little more than a pheasant or a passing canal boat for company.

Hike this

Try the **six-mile circular** from Pewsey village that takes in the **Crop Circle Exhibition** to up your Druidic credentials. It will also bring you right under the mane of the **Alton Barnes White Horse**, one of the area's nine chalk-hill figures.

Eat this

Rick Stein in nearby Marlborough is a perfect pitstop. The seafood guru has a grand but supremely comfy dining room that you don't just

eat in, you sink into. Unsurprisingly, the menu has a fishy focus – from Cornish hake to steamed bream. For dessert, try Stein's artery-ruining take on local speciality marlborough pudding.

Drink this

With its tiny wood-panelled interior and a cellar packed with fabulously named beers (a pint of Release the Chimps, perhaps?), **The Shed Alehouse** is like no watering hole you've ever been to. The countryside around Pewsey is full of tucked-away pubs. Grab some gold ale from local brewery Ramsbury at the canalside **Barge Inn**, too.

Explore this

Hate long walks? These nature reserves and ancient forests are easy to visit. Spot wild garlic, orchids and barn owls in **Gopher Wood** or check out Big Belly Oak in **Savernake Forest**, a thousand-year-old tree that looks like something from the pages of Tolkien. ■ **Phil de Semlyen**

→ Get there: one hour by train from London Paddington to Pewsey; around two hours by car.

Picture a peaceful break at timeout.com/daytrips

SERVICE CHANGES: 10 – 13 APRIL & 8 – 10 MAY

CHECK BEFORE YOU TRAVEL
nationalrail.co.uk/Easter

NetworkRail



Cheddar Gorge; Causeway Coastal Road (below)

Photo-ready roads

Cooped up inside? Go online and get an eyeful of this lot: some of the most Instagrammed road trips in the UK

North Coast 500 Scotland

A scenic route taking in just over 500 miles of stunning Scottish landscapes, the NC500 is one of the best road trips on the planet – and the most Instagrammed in the UK. It's a loop through the Highlands, starting and ending at Inverness Castle, and it takes in incredible deserted beaches, glassy lochs and heather-covered peaks. The meandering route is studded with castles, whisky distilleries and remote roadside eateries, too.

→ How long does it take? Around 14 hours (though most people take seven to ten days to complete it).

Hardknott Pass England

This single-track road twists right through the middle of the Lake District. It runs close to the path of an ancient Roman road and is pretty precipitous (it's actually one of the steepest in the UK). Add in a few hairpin bends and the likelihood of poor visibility on bad-weather days, and it's a tricky drive. But it's also considered one of the country's most fun, and, if the weather is on your side, the vistas at the top are well worth the effort.

→ How long does it take? Around 15 minutes.

Snake Pass England

Though actually named after a pub, not the reptile, this road's wiggling route does resemble its namesake. Snake Pass winds its way through the Pennines in the Peak District. Once the main road, it's now a popular driving route thanks to its big views of moors, woodland and heathland.

→ How long does it take? Around 20 minutes.



Causeway Coastal Road N Ireland

Running from Belfast to Derry-Londonderry, this road is not only super-pretty, it includes a bunch of must-see sights:

Belfast's high-tech Titanic museum, Carrick-a-Rede rope bridge and the Giant's Causeway, not forgetting a bunch of snappable 'Game of Thrones' locations.

→ How long does it take? Around four hours.

Cheddar Gorge England

The road through Somerset's Cheddar Gorge is a stunner. Cliff Road (otherwise known as the B3135) wiggles its way through the verdant countryside down into a valley where it is flanked by dramatic cliffs. At 400 feet deep and three miles long, this is England's largest gorge. Road trippers can pull over to hike, explore the area's caves or sample the local cheddar cheese which is aged in them.

→ How long does it take? Around 20 minutes.

Atlantic Highway England

Despite its grand name, this stretch of road, aka the A39, passes through some lesser-known spots in Devon and Cornwall. The road connects Somerset with the latter, but the stretch between Barnstaple and Fraddon is known as the Atlantic Highway thanks to its almost-constant views of the Atlantic Ocean. The route passes photogenic places like Bude, Clovelly, Boscastle and Tintagel, with its dramatic clifftop ruin. The stuff of guaranteed likes. ■ *Ellie Walker-Arnott*

→ How long does it take? Around one hour 45 minutes.

THE SHOWS WILL GO ON.

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