

# TimeOut

LONDON

We've got piles  
of great stuff to  
make your autumn  
awesome

# Vote leaves!





**one slice  
for me**



**deliveroo**



**one for  
tomorrow  
morning  
me**

**FOOD  
FREEDOM**





# Inside

This week's Time Out  
in no time at all

## So solid crew

Cult show 'Top Boy' is back.  
Kano, Micheal Ward and Ashley  
Walters talk Hackney and Drake

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## Woolly thinking

Who needs lawnmowers? A gang of  
sheep are grazing on Hampstead  
Heath for the first time in 70 years

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Look away now: the horror  
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# Hello, London

**Chris Waywell**  
Associate Editor  
@chriswaywell



We're programmed to greet autumn with a sinking heart. Our ancient ancestors, seeing the first leaves drop, knew that winter was on the way: a winter that could kill them. As kids, autumn meant the end of carefree sun-filled summer days skulking indoors with the curtains drawn so you could see the Xbox properly. But I really like autumn. Not just because there's suddenly tons to do (see p18). But because London looks lovely. And because if you spend an afternoon in the pub, you don't feel like a wizened expat in Cyprus or somewhere. As John Keats once memorably said, 'Sod Halo 2 – let's go *ahht*.'

## YOU SAID IT

What you've been rating and hating online

We all melted in the late-summer heat, but classy department store Liberty opened, erm, its Christmas shop. Baubles at the ready?

**'This is ridiculous! I've not even celebrated my birthday yet and the Christmas shop is already open! It's only August! Come on, people.'**

*Nona X via Facebook*

And if you need to cool off? Skuna Boats has got the solution. You can sit around a barbecue... in the middle of a boat. Then float on down West India Quay. Okay, sure.

**'Wine, beer, boat, water, white-hot coals... what could possibly go wrong?'**

*David A via Facebook*

Last week, we bin-shamed you all via a Defra map. Sorry (not sorry). Less than 35 percent of our waste is recycled. But we're getting there.

**'I have learnt so much. You can recycle asthma pumps/medical bits at your local chemist. Plastic bottle tops? Freepost them to Lush. And plastic bags go to the bag recycle at the supermarket.'**

*Janet E via Facebook*

We posted a pic of a man in a bowler hat inviting a woman to a 'secret' gin bar behind an ATM in Bermondsey.

**'The photo looks like the beginning of a time-travel-themed porn video.'**

*Alessandro N via Facebook*



## COMMENT OF THE WEEK

London sweltered at Notting Hill Carnival over the bank holiday weekend. As ever, the vibrant colours and thumping soundsystems provided a memorable event.

**'Three thousand jobs created.**

**£93 million added to the local economy each year.**

**Zero fatalities. Lowest arrests, offences and crime rate of any major UK festival. A record 2.5 million people. Notting Hill Carnival 2019 was a success. See you in 2020!'**

*Jozef H via Facebook*

True, true. It's an object lesson in societal cooperation. Apparently there are plans to apply the model of Carnival to sort out the Cotswolds.

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LONDON

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# City life

Edited by James Manning  
@timeoutlondon

## Dial 'M' for manchego

**DON'T KERB YOUR** enthusiasm: there's a brand new street food HQ opening up in Covent Garden. Housed within the industrial surroundings of an ex-banana warehouse on Earlham Street, Seven Dials Market has been cooked up by London's street food heroes Kerb. They already host markets on select days across the city, but this will be their first permanent, indoor fixture. The new market, which opens its doors to the hungry public on Saturday, will be jammed full of top-notch nosh from a variety of traders. Pastrami mensches **Monty's Deli**, experimental Japanese eatery **Nanban** and the ever-tasty **Rice Guys** are among the all-star cast, as well as vegan taco extraordinaries **Club Mexicana**. And that's not all – courtesy of **Pick & Cheese**, the market will also play host to the world's first cheese conveyor belt restaurant. Brie there or brie square. ■ *El Hunt*

→ Seven Dials Market, 29-41 Earlham St. ☉ Covent Garden.  
Opens Sat Sep 7. [www.sevendialsmarket.com](http://www.sevendialsmarket.com)



## THE ESSENTIALS

Three things you have to do this week



### Book this

Ever wondered what the BT Tower tastes like? **Bompas & Parr** are serving landmark-flavoured sweets as part of our latest event series on the London Eye. [www.timeout.com/eyeopeners](http://www.timeout.com/eyeopeners)



### Do this

**Second Home** are bringing Los Angeles vibes to Hackney throughout September, with a wellness weekender and LA-themed talks with photographers, artists and authors.



### Wear this

Fifty leading artists have teamed up to design T-shirts to raise funds for **Justice4Grenfell**. Support the cause by copping some one-of-a-kind garms from **Everpress** until September 30.

SECOND HOME: JOCELYN BAIN HOGG; MAIN IMAGE: NIC CRILLY/HARGRAVE; LONDON EYE OPENERS: DAVID CLACK

Get the latest from London at [timeout.com/news](http://timeout.com/news)



# LONDON EYE



## Counting sheep

**HAVE EWE HERD** that sheep have been let loose on Hampstead Heath for the first time since the 1950s? A five-strong flock has been roaming around Boudicca's Mound – a bronze-age archaeological site near Parliament Hill – all week.

Originally hailing from Mudchute Park and Farm, these sheep weren't here to take a dip at the Ladies' Pond: they were visiting the Heath as part of a week-long pilot. The plan is to utilise them as woolly lawnmowers, removing the need to maintain the area with tractors and increasing the north London parkland's biodiversity.



Looking after land with grazing animals is a tradition that goes back centuries. The Rare Breed Survival Trust and the City of London Corporation, who are running the scheme, hope that the sheep's non-uniform nibbling will result in a

more eco-friendly natural habitat for all the other wildlife that lives on the Heath.

If the trial scheme goes to plan, animal grazing might be introduced in other parts of the Heath, too. Baaa-riliant! ■ *El Hunt*

Discover more sustainable initiatives at [timeout.com/green](https://www.timeout.com/green)



Building a sustainable city, one project at a time



## Get Out

### WHAT IS IT?

A conservation charity providing London kids with much-needed access to the natural world beyond the city's concrete jungle through outdoor learning, surfing trips to Devon and educational (but fun!) classes on pressing issues like plastic pollution.

### WHY DOES IT MATTER?

Three quarters of UK children spend less time outdoors than prison inmates, and kids from racially diverse and low-income areas are even less likely to access nature and more likely to suffer from environmental problems like toxic air.

### HOW CAN I GET INVOLVED?

Get Out needs your support to send more children on its three-part course and inspire the next generation of conservationists. Head online to find out more, donate your hard-earned and help London's youth get a long overdue nature fix. ■ *Kyra Hanson*

→ [www.getoutuk.org/get-involved](https://www.getoutuk.org/get-involved)

COUNTING SHEEP: KRISTY O'CONNOR/PAWIRE; CAMPFIRE: MIKESKIVINE



## GLITZY MEETS COMFY

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# OI, SADIQ!

## WORD ON THE STREET

The most ridiculous things we've overheard in London this week



What are you doing to help London's black women?

**THIS YEAR, WE'RE** giving some of our favourite Londoners the chance to put one big question to the Mayor. **Paula Akpan** and **Nicole Crentsil** are the co-founders of **Black Girl Festival**, the UK's dedicated arts and culture celebration of black British women and girls. The 2019 edition in October will host talks, workshops, exhibitions, live performances, screenings, and loads more. But what is Sadiq Khan doing to support London's half a million black women?

**Nicole** 'Oi, Sadiq! What are you doing to support, encourage and develop the skills of black British women and girls?'

**Sadiq** 'If you're a black woman, you suffer double discrimination – as a woman and as someone of Afro-Caribbean descent. I've set up a scheme called Our Time, using City Hall channels to sponsor women with contacts, networking, and courses to help them fulfil their potential. And we're looking at allocation of funds helping black women: for instance, we've got a scheme with a Radio 1 DJ to help women in grime, and schemes to teach young black women coding.'

**'We need people in power who look like our city'**

Sadiq Khan

**Paula** 'Studies have shown that when black girls speak up at school, it's often seen as aggressive because of stereotypes about blackness. We definitely both experienced this when we were growing up. What are you doing to support black girls at this formative age?'

**Sadiq** 'We're doing lots of work in relation to breaking down prejudices. I don't want to pretend that I have influence over spheres where I don't: the Department for Education is in charge of schools in London. But we need to have more positive role models in schools, and we're encouraging more black women to become teachers and headteachers.'

**Nicole** 'We find that a lot of voices talking about young black people at risk, from politicians to grime artists, focus on men and boys. How can you help ensure that young black women and girls aren't missed from this conversation?'

**Sadiq** 'Frankly speaking, the police response to violent crime has missed out the experience of black women and girls. There's no such thing as a hard-to-reach community – it's us who are hard to reach. We have to flip it around and go out into the community, and that means having people in positions of power in City Hall who look like our city, including black women. They've got a feel of our city that others don't.'

→ Black Girl Festival is at the Business Design Centre on October 12. @ Angel. [www.blackgirlfest.com](http://www.blackgirlfest.com). £27-£54, under-16s £13.20.

'I think sometimes people just pretend to like olives, to give themselves a higher social status.'

'Would you rather be bald with hairy feet, or one foot tall? It's a conundrum.'

'I don't eat avocado. I'm not allergic, I just have a deep, visceral hatred for it.'

'This revolving door is out of order due to a trapped fart.'

'I can't believe my life's come to this: writing an Instagram post about aubergines.'

'I only slept for ten minutes as I was eating crab sticks.'

'We've had really disappointing potatoes today.'

'I can feel myself baking like a roast chicken in this heat.'

'Give me my nipple back!'

Overheard something weird? Tweet us #wordonthestreet @timeoutlondon





You do the maths

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\*MRRP. Model shown, Dacia Duster Comfort TCe130 4x2, £15,400 including metallic paint. 4x4 versions available from Comfort. <sup>†</sup>Keyless entry, Multiview camera and climate control available on Prestige. <sup>††</sup>Apple CarPlay<sup>™</sup> available from Comfort. Compatibility: An iPhone no earlier than iPhone 5 & iOS 7.1. Connecting a smartphone to access Apple CarPlay<sup>™</sup> should only be done when the car is safely parked. Drivers should only use the system when it is safe to do so and in compliance with the requirements of The Highway Code. Drivers should be aware of the potential of hands-free technology to distract a driver's attention from the road, preventing them from having full control of the vehicle.



## MY LONDON STORY



### Ummi Hoque Teenage climate activist

**I'VE LIVED IN** Walthamstow my whole life and I've really enjoyed growing up here. There's such a strong community feel. When I was very young, I didn't know much about environmental issues. Then I started watching green YouTube channels in my teens. One video about melting glaciers in Greenland inspired me to do more research. A year later, I did a speech about the same topic for my GCSEs, and it made me realise that I wanted to get involved in actively tackling climate change.

Two years ago, at my sixth-form college, I joined a project called Our Bright Future. It's an organisation led by the Wildlife Trusts that gets young people involved in the environmental sector. In my last year of college, I signed up to an environmental enrichment programme run by Friends of the Earth, and we successfully campaigned to have recycling bins installed in every classroom.

That was the year that the youth climate strikes started happening in Sweden. When they came to

London, I made a point of attending with my friends. We've been failed by adults when it comes to properly protecting the environment – it's up to us to take action.

I joined the UK Student Climate Network, an inclusive group, which protests regularly. Most of the group's members are under 18, and we have students as young as 11 joining in. Around 50,000 people participated in the student-led protest back in March – it was so inspiring to be a part of that. We marched across Westminster Bridge and stood in the middle of traffic. There were truck drivers shouting at us with their engines still running.

My teachers are 100 percent supportive of our striking – especially my geography teacher. I remember him talking about climate change in school, and encouraging us to take our knowledge from class and apply it to the real world. Now we're doing exactly that!

I took a friend along to one protest – she was aware of the

climate crisis, but didn't know much about it. She ended up having this massive enlightening moment, as she could relate to the links between mental health and fears about the environment. Once people find their personal connection to this global issue, it drives them to get involved. It's just about finding your path.

Last July, I spoke to a room full of MPs at the House of Commons. I also spoke at a great event last July to celebrate the launch of the £100 million National Lottery Climate Action Fund – a third was awarded to 31 projects run by Our Bright Future. It was really inspiring to see all the other things going on around the country.

London is a great place for youth activists – people here want to create change. I definitely feel more hopeful about the future now that I'm involved in environmental activism. It's great that London has become a National Park City, too: that's definitely a step in the right direction. Now we need to see this progress happening across the globe. ■ *Interview by Rachael Funnell*

**'We've been failed by adults – it's up to us to take action'**

For more unique looks at London life, head to [timeout.com/stories](https://www.timeout.com/stories)

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# FREE LONDON

Put your money away! Here are the week's best free events



## A LOAD OF RUBBISH?

### 'Look at This'

Art in a skip? Why not, eh?! Skip Gallery presents installations by David Shrigley, Gavin Turk and five other artists in Finsbury Park this week. Our highlight? Maja Djordjevic's 'Nothing to Wear Again', a sticky pink installation like a giant cupcake gone wrong. You'd be a fool to skip it!

→ Arts Building. ⊕ Finsbury Park.  
Thu Sept 5-Sun Sep 15, 11am-7pm.

## WINGING IT Butterfly Biosphere

Wacky jellymonger duo Bompas & Parr are fluttering into Mayfair with a butterfly house that's basically made for Instagram. There will also be pollen-based nectar drinks, so you can even drink like a Monarch. It's going to be buzzing.

→ Grosvenor Square.  
⊕ Bond Street. Sep 5-Sep 15.

## LIFE ON MARS What Price a Martian?

Scientists say we can get to Mars by 2040, but what will we do there? And how the heck will we keep the boredom at bay on the 30-month round trip? Former astronaut James Pawelczyk has the answers. Register online for tickets.

→ Royal Institution.  
⊕ Green Park. Sat Sep 7, 1pm.

## FREE BEER! London Fields Brewery relaunch

Hackney's beloved LFB reopens this weekend with a brand new brewery and taproom. To celebrate, the first 50 lucky boozers who walk in the door each day will be handed a free pint and snacks.

→ Warburton St. London Fields  
Overground. Fri Sep 6-Sun  
Sep 8. noon-12am.

## WILD WEST Nine8 Market

The Nine8 brings London's underground music, fashion, art and film talent together this Saturday for an exhibition, party, film screenings and printing and customisation workshops.

→ Westbank Studios.  
⊕ Ladbroke Grove.  
Sat Sep 7.

Looking for things to do all year round? Try [timeout.com/free](http://timeout.com/free)



# Time Out's Eye-Openers

Events on The London Eye



## ELEVATE YOUR SENSES

TASTING SESSIONS

21st to 29th September

SCENIC SYRUPS  
OF LONDON  
WITH BOMPAS & PARR

21st September

COCKTAILS: BLASTS FROM  
THE PAST AND FUTURE  
FUSIONS WITH HIDDEN DOOR

21st & 28th September

ICE A LONDON LANDMARK  
WITH BISCUITEERS

29th September

BOOK ONLINE AT [LONDONEYE.COM](http://LONDONEYE.COM)



# 30 things to do this autumn







HACKNEY CARNIVAL; SEAN POLLOCK; IAN MICHELLEN; DINOSAURS; DOUGHNUT; ANDY PEARSONS

## Summer might be over, but London's cultural calendar is just hotting up. From huge West End shows to must-see exhibitions, here are the highlights

### Get up close to Crystal Palace's legendary dinos

The public are normally protected from Crystal Palace Park's fearsome concrete dinosaurs by a moat, but brave wannabe paleontologists can take a guided tour around their island for **Heritage Open Day**. If things get a bit 'Jurassic Park', there are also art workshops and talks held at a safe distance. *Alice Saville*  
 → Crystal Palace Park. Penge West Overground. Sep 14. Free.

### See 'Dear Evan Hansen' as it transfers from the US

After 'Hamilton', this is the Broadway musical smash that we've been anticipating the most keenly. Winner of six 2017 Tony Awards and possessed of a Grammy award-winning pop-rock soundtrack, **'Dear Evan Hansen'** follows the eponymous lonely letter-writing teen, who poses as a friend of Connor, a classmate who has committed suicide. It's heavy stuff, but by all accounts powerful and original. *Andrzej Lukowski*  
 → Noël Coward Theatre. ☉ Leicester Square. Oct 29-Apr 4 2020. £15-£127.50.

### Go into doughnut overload at Bread Ahead's huge new restaurant-bakery

Baking news: gluten dons **Bread Ahead** are opening their biggest site yet just a scone's throw away from Wembley Stadium. The space will be home to a massive all-day restaurant and two classrooms if you want to use your loaf and get in the mix. Score! *Charlie Allenby*  
 → Bread Ahead. ☉ Wembley Park.

### Get a sneak peek behind the seams of some top tailors

Curious about what goes on inside some of London's most iconic suit-makers? Find out at this new addition to Open House London, at which five of **Savile Row's** finest tailors will open their doors to the public for a weekend of made-to-measure discovery. Form a line outside Huntsman, Cad & The Dandy, Norton & Sons *et al* and prepare to be amazed at the creations crafted within. Bespeak when you're bespoke to. *CA*  
 → Savile Row. ☉ Oxford Circus. Sep 21. Free. Part of Open House London.

Editor pick

**Tania Ballantine**  
 Food editor



I'm a big fan of big flavours, so I'm loving the ongoing trend for Middle Eastern food. I'm looking forward to Bafarat, which will bring Arabic-style coffee (so strong! so good!) to Soho, and the Israeli-influenced Haya in Notting Hill. But I'm most revved-up about **Bubala**, a veggie joint from a crew that used to work at The Palomar and Berber & Q. Fried aubergine with zhoug and date syrup? Sign me up!  
 → Bubula, 65 Commercial St, E1 6BD.  
 ☉ Aldgate East. Opens Sep 12.







Editor pick

**Eddy Frankel**  
Art & Culture editor



I reckon **Kara Walker** is going to be the first artist in a long while to fill the cavernous Tate Modern Turbine Hall and not leave you shrugging. She's known for her stark artworks that explore themes of slavery, race and gender, to mesmerising effect. But she does giant sculptures too, including a huge sphinx made of sugar back in 2014. If her new work comes even close, we'll be in for a serious treat.

→ Tate Modern. ⊕ Blackfriars. Oct 2-Apr 5 2020. Free.

where Hitchcock was born, which is why it's hosting a weekend-long fest, **Leytonstone Loves Film**, in collaboration with the Barbican. Catch a showing of 'Grime Waltham Forest' – a documentary about the role of E17 (not the band) in the genre's formative years – or settle in for a screening of Buster Keaton's 'The General', complete with a live score and light show. *CA*

→ Various venues. ⊕ Leytonstone. Sep 27-29.

### Get down at London's pioneering queer-run Carnival soundsystem

**Faggamuffin Bloc Party**, a soundsystem run by queer people of colour, is taking over Hackney's Bohemia Place for an all-day party with live performances and DJ sets from the likes of Karnage and Rhys' Pieces. Action on their carnival stage finishes at 7pm, but if you want to keep going into the early hours, there's a Faggamuffin afterparty at Night Tales, which is conveniently located around the corner. See you on the dancefloor! *AS*

→ Bohemia Place. Hackney Central Overground. Sun Sep 8. Free, afterparty prices vary.

### Be immersed in the 'Void' at the London Design Festival

Shine bright like a diamond at this dazzling immersive light installation. 'Void' is full of projections that seem to blow up the tiny natural patterns inside rubies and emeralds. The sparkler-centred visuals are soundtracked by cut-glass harmonies from NYX, a female-led drone choir. It's going to be a real gem. *AS*

→ Collins Theatre. ⊕ Angel. Sep 14-22. Free.

### Go to an alt film festival in Alfred Hitchcock's 'hood

Cannes, Toronto... Leytonstone? It might not seem a likely location, but this patch of east London is

### Party at a fairytale-inspired dark masquerade

After masterfully blending cocktails, risqué acts and sex positivity in 'Divine Proportions', female-led performance collective Shotgun Carousel are back with a luxe new immersive show. 'Red Palace' is a masked ball whose dark corners are stalked by fairytale characters, circus stars and bartenders who'll mix you a stiff drink if your Prince Charming doesn't show up. *AS*

→ The Vaults. ⊕ Waterloo. Sep 24-Jan 12 2020. £18-£30.

### Touch real artefacts in a Roman temple

A secretive Roman cult once worshipped in the Temple of Mithras, deep below the modern-day City of London. These pagan revellers are celebrated in a small museum and a one-off night as part of **Emerge Festival** lets you (metaphorically) smash open its cabinets and handle ancient relics from its wine-soaked glory days. *AS*

→ Bloomberg Mithraeum. ⊕ Cannon St. Sep 27. £25, £15 concs.

### Celebrate Ian McKellen's birthday in the West End

**Ian McKellen** celebrated his big eight-oh this year by taking a one-man show – basically a mish-mash of anecdotes from his life and favourite characters, from Richard III to Gandalf – out on the road for an 80-date tour of the UK. He's now bringing it to the West End for a (what else?) 80-date stand. *AL*

→ Harold Pinter Theatre. ⊕ Piccadilly Circus. Sep 20-Jan 5 2020. From £10-£125.

Editor pick

**Laura Richards**  
Drink editor



**London Cocktail Week** is turning ten in October – and it's been expanded to a ten-day celebration to mark the occasion. Satellite events across town sound wilder than ever, including a townhouse transformed into a miniature gin world with pygmy goats and 'tini martinis'. A petting zoo is very tenth birthday party, indeed. Although, frankly, we're looking forward to the festival's rebellious teenage phase.

→ Various venues. Oct 4-13. £10.



HACKNEY CARNIVAL (ANDY HOLT); KARA WALKER (B. 1989) A SUBTILETY OF THE MARVELOUS SUGAR BABY; A PROJECT OF CHEW THE LINE; DOMINUS SUGAR RETRIEVER; BROUGHTON, N.Y. MAY 20-JULY 6, 2014; PHOTO: JASON WYTHE © KARA WALKER





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## Autumn planner

### Learn all about the art of play

Fun fact: the name 'Lego' comes from the Danish words 'leg' and 'godt', which together mean 'play well'. That's the inspiration behind **'Play Well'**, the Wellcome Collection's new show that's all about play (duh). It explores how it's used in everything from childhood development to dealing with trauma, as well as showing different toys, ranging from basic sticks and bricks to highly developed video games. It's play time! *Rosemary Waugh*

→ The Wellcome Collection. ☉ Euston.  
Oct 24-Mar 8. Free.

### See a retrospective of one of the UK's best artists

Get your eyes in a tizz by diving head first into the op art shenanigans of one of the world's most important living artists. **Bridget Riley's** dizzying, hypnotising paintings helped to define a whole movement back in the 1960s, and she is still going strong at almost 90. This major retrospective celebrates one of the UK's greatest artists. *EF*

→ Hayward Gallery. ☉ Waterloo. Oct 23-Jan 26 2020. £18.50, £9.25-£14 concs.

### Explore the largest witchcraft festival in the world

Something wicked is coming to Croydon: pagan get-together **Witchfest** is back for 2019, ready to cast a spell over its newly renovated ancestral home of Fairfield Halls. Join magical masterclasses, dance to the sounds of Mediaeval Baebes or shop at the Esoteric Market for more authentic witch merch than you can shake a broomstick at. *AS*

→ Fairfield Halls. East Croydon rail. Nov 9. £37.

Editor pick

**Phil de Semlyen**  
Global Film editor



I'm excited to see a **BFI London Film Festival** line-up full of movies telling stories of the capital. Dev Patel is playing David Copperfield (the Dickensian hero, not the '90s illusionist) in Armando Iannucci's 'The Personal History of David Copperfield', while 'Rocks' gets up close and personal with a young black girl and her mates in east London. I'll also be first in line to see Billie Piper's directorial debut 'Rare Beasts'. Join me!

→ Venues and prices vary. Oct 2-13.



Editor pick

**Oliver Keens**  
Music & Nightlife editor



London's lucky partiers are gaining two huge new venues from the team behind Printworks this year. First we got The Drumsheds. Located in the shadows of Ikea Tottenham, it comprises four giant warehouses, the biggest of which makes Printworks look like a pantry. And next up there's **Magazine London**, which boasts a 3,000 indoor capacity on the riverside on Greenwich Peninsula. It launches in September with a party hosted by DJ don Skream.

→ Epic House Party, Magazine London.  
☉ North Greenwich. Sat Sep 7. £20.

### Watch classic Halloween movies screened on real film

Much-loved picture palace the Prince Charles Cinema is spoiling us with some old-school chills and spills this Halloween. Vintage horror flicks such as 'Creature from the Black Lagoon' will screen on 35mm film. Or, for a guaranteed sleepless night, opt for the 12-hour **Classic Horror Marathon**, which should send the audience stumbling like zombies out into the morning sunshine. *AS*

→ Prince Charles Cinema. ☉ Leicester Square.  
Oct 19 and Oct 27. £10-£20.

### Go to Craft Oktoberfest if you're a stein stan

Swerve the plastic steins and City boys dressed as Bavarian bellends at **German Kraft Brewery's** festival, where the focus is firmly on the lagers on offer. Sip on suds by the likes of London breweries Gipsy Hill and Bohem before tucking in to the obligatory bratwurst. *Prost! CA*

→ Mercato Metropolitan.  
☉ Elephant & Castle.  
Oct 4-6. Free entry.

### Learn the history of The Clash at a new exhibition

In the heady days of 1979, Paul Simonon decided to smash up his bass guitar on stage, as immortalised on the 'London Calling' album cover. Luckily, someone thought to save the bits, because they'll star in free exhibition **'The Clash: London Calling'**. They'll be joined by Topper Headon's drumsticks and Joe Strummer's scribbled notebook of lyrics, in a battered tribute to the city's punk heritage. Just don't get too into it - smashing anything else up is not encouraged. *AS*

→ Museum of London. ☉ Barbican. Nov 15-Mar 1 2020. Free. Find more brilliant museum shows opening this autumn on p71.

### Take a trip to the Upside Down

Immersive experience juggernaut Secret Cinema has turned its attention to the small screen for the first time, with Netflix smash hit **'Stranger Things'** and the fictional town of Hawkins set to be brought to life in a secret London location. Expect non-stop '80s nostalgia and plenty of scary surprises as you head into the Upside Down. Anyone for an Eggo? *CA*

→ Secret venue. Nov 13-Feb 23 2020. From £49.







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## Autumn planner

### Catch Lucian Freud's pitiless self-portraits

Nothing to be a-Freud of here, just a giant of twentieth-century art turning his famously caustic eye on himself. Freud was known for the, erm, 'honesty' of his work, depicting every gruesome lump and bump of his sitters, and at **'Lucian Freud: The Self-portraits'** you get to see how he felt about himself. Precise, poignant and affecting, Lucian Freud sure knew his way around a paintbrush. *EF*

→ Royal Academy of Arts. @ Piccadilly Circus. Oct 27-Jan 26 2020. £18, £14 concs.

### See Matt Smith and Claire Foy reunited on stage

They may have left 'The Crown', but they'll be back together at the Old Vic, as Smith and Foy reunite to star as a couple paralysed by the idea of bringing new life into our damaged old world in this major revival for Duncan Macmillan's clever, audacious dark comedy **'Lungs'**.

→ Old Vic. @ Waterloo. Oct 14-Nov 9. £12-£65.

### Go to the very best firework display in London

As the only night of the year where it's acceptable to galumph about in wellies, waving sparklers like overgrown toddlers, Bonfire Night is worth taking seriously. And if last year's Frankenstein-inspired mega-budget efforts are anything to go by, **Victoria Park's firework display** should be one to set your spirits (but hopefully not your nylon cagoule) alight. *AS*

→ Victoria Park. Cambridge Heath Overground. Date tbc. Free.

Editor pick

**Katie McCabe**  
Things to Do editor



We use the phrase 'like a fairytale' as if it's interchangeable with 'happy ending', when most of those grim tales are filled with gore: a mermaid swaps her voice for a pair of legs; a witch is crammed into an oven. This year's **London Literature Festival** is taking a look at these dark stories, and how they bleed into modern storytelling. Expect spoken word from Novelist (right) and writers like Sharlene Teo chatting on stage.

→ Southbank Centre. @ Waterloo. Oct 17-27. Prices vary.



Editor pick

**Andrzej Lukowski**  
Theatre & Dance editor



Hardly ever before has London seen such an ambitious clutch of immersive shows. The most audacious is an interactive version of stockbroking memoir **'The Wolf of Wall Street'**, but it's not alone. More relaxing should be 'Variation 31', in which you spend 90 minutes pegging it from zombies. There's also an immersive 'A Midsummer Night's Dream' under Alexandra Palace. Finally, 'Mamma Mia! The Party', a semi-official immersive dining spin-off from the Abba musical, is coming to a purpose-built taverna at the O2. Someone get the ouzous in, stat.

→ 'The Wolf of Wall Street'. 5-15 Sun St. @ Moorgate. Sep 19-Jan 19 2020. From £59.95.

### See Total Refreshment Centre take over London Jazz Festival

Refreshing by name and nature, DIY music space **Total Refreshment Centre** has been an ice-cool incubator for a new wave of forward-looking, genre-blurring London jazz artists. Its permanent venue no longer puts on live gigs, but its spirit lives on in this Southbank Centre takeover, where its artists put their own spin on tracks from iconic jazz label Blue Note. *AS*

→ Queen Elizabeth Hall. @ Waterloo. Nov 15. £25.

### Get ready for the new West End musical season

Brollies at the ready: the original supernanny is floating back into the West End for a revival of chirpy musical fave **'Mary Poppins'**. She will join a bumper crop of theatreland newcomers, including top director Sally Cookson's take on 'The Lion, the Witch and the Wardrobe' and intriguingly bonkers-sounding pop jukebox musical '& Juliet'. Start warming up your vocal chords. *AS*

→ 'Mary Poppins', Prince Edward Theatre.

@ Covent Garden. Oct 23-Mar 29 2020.

'The Lion, the Witch and the Wardrobe', Bridge Theatre. @ London Bridge. Nov 9-Feb 2 2020.

'& Juliet', Shaftesbury Theatre. @ Tottenham Court Rd. Nov 2-Mar 28 2020. Prices vary.

### And finally, check out Boiler Room's first ever festival

You've watched **Boiler Room's** legendary parties on YouTube but how do you actually get *in one*? Well, all you have to do to get into its debut festival is buy a ticket – Berghain this ain't. Each night focuses on a genre of music and the 'jazz' night in particular is set to be a banger. Time to get planning your autumn fun. ■ *CA*

→ Copeland Park & Bussey Building. Peckham Rye Overground. Oct 9-12. From £18.50.

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# Back on top

London drama 'Top Boy' is returning to Netflix, thanks in part to superfan Drake. Its stars tell *Alexi Duggins* what it's like to be back and why the show is more important than ever. Portraits *Andy Parsons*

**THE REASON THAT** you are reading this is a five-year old Instagram photo. It's slightly pixelated and features Ashley Walters with the kind of mournful expression that suggests he's just eaten a bad prawn. But its significance comes from being a still of Hackney-set TV drama 'Top Boy' posted by super-cool rap megastar Drake. And that he captioned it 'Real bod man'.

People assumed that this was the Canadian MC's misguided attempt at pronouncing 'bad' in a London accent rather than a lusty appraisal of the ex-garage star's torso. And with it began years of frothy headlines speculating that Drake might be working behind the scenes to revive 'Top Boy's true-to-life portrayal of the crime-ridden lives of youngsters on Hackney's estates. Until, three years later, the

announcement arrived: 'Top Boy' was back, renewed for two ten-episode series on Netflix, with Drake as executive producer.

But it wasn't entirely down to the 'Hotline Bling' star. 'I was hearing stories that Jay-Z loved "Top Boy" before the Drake thing,' says Walters – the So Solid Crew star-turned-actor – as he tucks into a pot of granola in a Shoreditch photo studio, chatting ahead of the

drama's relaunch. 'It struck a chord with people all around the world.'

'Yeah, it was just amazing how wide a demographic the show had,' chips in one of the show's other leads, Kane Robinson, aka Kano, one of the brightest lights of UK grime. 'I'd be in the petrol station and people would come up to me at the pumps to talk to me about "Top Boy". These people didn't even know that I made music!'







Take a puffa Micheal Ward as Jamie. Below: Little Simz as Shelley

There's no doubt that the Channel 4 show had a vocal fanbase ('When I met Noel Gallagher, the first thing he asked was: "When's 'Top Boy' coming back?"' Kano has said before). And it's not hard to see why. For two series in 2011 and 2013, 'Top Boy' redefined London TV drama. Novelist and screenwriter Ronan Bennett was shocked at seeing a 12-year-old dealing drugs outside his local Hackney supermarket and decided to lay bare the workings of London's inner-city estates. He teamed up with locally respected fitness trainer Gerry Jackson to convince kids that they could trust him: that he 'wasn't a cop'. After a series of interviews that saw him talk to people from mid-level drug dealers up to 'very senior policemen', Bennett turned the results into characters and storylines. To make sure that the story felt truly authentic, he cast local kids from schools, youth clubs and boxing gyms in place of professional actors. Half of the show's cast had never acted before.

"The show helps people to come through," says Walters. "Some of the cast of the first series had never been in front of a camera before and now acting's their life."

Set on the fictional Hackney estate of Summerhouse, the result was unlike anything previously

seen on UK television. For the first time, a midweek terrestrial TV audience found themselves watching a compelling tale of life around the drug crime of London's estates. They were seeing kids hiding crack under their tongues to pass police searches, rival gangs killing competitors and enough London street slang to have them bookmarking Urban Dictionary, and they were seeing it all in a genuinely excellent piece of TV drama.

Rave reviews rolled in. Barely any journalist could mention the programme without calling it 'the British version of "The Wire"'. What was only ever intended to be a one-off got recommissioned for a second series, much to the relief of its cast ('It was such a first in terms of how real it was that when we were filming we were like, "This isn't going to make it on to the screen,"' says Walters). It kickstarted the careers of talent who would go on to join the A-list, like Letitia Wright ('Black Panther') and director Yann Demange (now making Hollywood films with Matthew McConaughey). And then, despite all the plaudits and the popularity... it was cancelled.

'I was vexed. I ain't gonna lie, I was fuming,' says Walters. 'I knew the power of the show and I didn't understand why they'd take

something that everyone loved off the screen.' So began the outcry at its cancellation, orchestrated by Walters compiling reams of positive social media coverage to send to the production company. 'I was calling them up every day going, "Listen, this show has to come back!"' The original two series were picked up by Netflix. 'That really made it grow,' says Kano. 'Every day we were getting: "When's it coming back?"' Finally, Drake joined forces with the 'Top Boy' team to resurrect the show.

This time around, there's a third lead in the cast: Micheal Ward, an 18-year-old former model. He grew up a 'Top Boy' fan; when he moved into acting, he told his agent that he'd love to appear in the show. 'I was 13 when it came out,' he says. 'Me and my mates used to watch it, then talk about it at school the next day!' And continuing



## Culturally Hackneyed?

The borough's other moments in the spotlight



### Britney Spears 'Criminal'

The Hackney-set video for this 2011 single sees a fantasy version of east London with Britney sticking up corner shops in a one-woman crime spree before a shoot-out with the Old Bill. Hackney Council weren't fans. 'We did not agree that a replica gun could be used at Stoke Newington Town Hall,' commented a council spokesperson at the time.

### 'In the Long Run'

Garishly decorated 1980s tower-block flats and estates populated by casual racists lend the backdrop to Idris Elba's 1985-set Sky One sitcom (above) based on his Hackney youth.

### Dizzee Rascal 'Hype Talk'

Jealousy, bitchiness and threats of violence lurk in Hackney and Bow in this 2004 track from Dizzee's second album about the difficulty of returning to the streets of east London when you've just won the Mercury Prize. Particularly great for the line: 'Got his name on his trainers, the iiidiot!'

### 'Nathan Barley'

Charlie Brooker's 2005 TV series co-written with Chris Morris skewers trendy Hoxton. The show depicts a media-fixated east London, with everyone clutching bizarrely complex mobile phones and constantly filming or consuming utterly banal content. Which at the time seemed laughable...







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Didn't get the memo...  
Kano, Micheal Ward and  
Ashley Walters

the show's tradition of casting UK musical talent (the original series featured rapper Bashy and grime artist Scorcher), season three sees Little Simz alongside Glastonbury breakout star Dave proving himself a brilliant actor. 'I thought he was the wrong casting,' admits Ward, 'that he was on the show just because of his name in the music industry. But when you see him, you're like, "Rah!"' Rumour has it that there was also very nearly another big-name addition to the cast. 'Drake was meant to have a role, but someone else had to take it as he was too busy with his tour,' says Ward. In fact, the megastar's involvement has been minimal, allowing the creative team behind the first two series to carry on as usual. 'The only time we've seen him is when came to an early read-through, which was a good sign: even the cast don't want

**'If "Top Boy" hadn't come back, I probably would never have acted again' Kano**

to be at read-throughs!' laughs Kano. 'I think he just wanted to say a couple of words to tell us that he really believed in the show.' 'When he came it was like: "It isn't a joke! Drake really is involved!"' says Ward. 'I was so gassed, I would've started filming then and there if I could!' 'Top Boy' has a habit of redefining lives. To be with its three leads in the run-up to the release of the third season, you can see it happening right in front of you. Ward is a man clearly living a dream. He's all dazzling smiles, and is so determined to throw himself into today's photoshoot that at one point the intensely non-starry soundbites that drift over include, 'Excuse me, bro, is there a spare plug for my garment steamer?' Even his teenage stylist Del seems way less industry than you'd expect. "I'm basically his most stylish mate,' Del

reveals. 'He called me, like: "I need you to put something together." We were in Westfield all day yesterday.' Kano and Walters too. Kano's music might have made him a big name before 'Top Boy', but the show has given him new artistic breadth. He even improvises scenes. 'This guy writes his own scripts,' jokes Walters. 'There's what Ronan writes and then there's Kane's version.' 'If "Top Boy" hadn't come back, I probably would never have acted again,' Kano says. Even Walters, the most established actor of the three, has had his life altered. For years, he refused to appear in anything about urban criminality to avoid being typecast. But this show changed his mind. '[I thought:] This is different, I'll jump back in for this one,' he says. It's paid off. He's spent 105 of the last 110 days making TV. Four days after wrapping "Top Boy" he's filming season two of Sky One's 'Bulletproof'. He's co-created it with fellow Londoner and multi-Bafta winner Noel Clarke ('Kidulthood'). In fact, he's come straight here from a shoot that started at 5am. 'Busy day?' he laughs. 'I've had a busy 14 months!'

'Top Boy' even helped to rekindle Walters's music career, thanks to the ex-chart-topping garage MC's single 'Trouble (Top Boy)'. Ward cranks it up on the studio stereo. 'I'm playing his tune to see what he'll do!' he laughs. As a bashful-looking Walters brushes it off, shouting 'No songs by any of the cast!' it's hard not to be struck by the unlikely rollercoaster this show has taken these three on. The trailer for the new series was premiered on stage by Drake at the O2. They're creating a dynasty of young black British acting talent. And there's a good chance that they've made the most important TV show about London, ever. The new series covers the rise of 'county lines' drug dealing, where gangs leave the capital for towns with smaller police presences (Ward: 'We call it "going OT"!'), immigration and gentrification – from gangs co-opting hipster drug dealers to a scene about artisanal coffee shops. 'I cannot wait for people to see it!' says Ward, as the photographer's flash lights him up. 'I actually just cannot wait!' Neither can we. ■  
→ 'Top Boy' season three is on Netflix from Sep 13.





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# Pick of the bunch

How to make the most of the dwindling summer days? Dodge the big parks and go for a perfect picnic in a cute, lesser-visited spot. *Alexandra Sims* picks the prettiest. Illustrations *Elly Walton*

## Instead of Richmond Park try... **Richmond riverside**

Sir David Attenborough once described Richmond as his favourite place on earth – and after spending a day sunning yourself on the riverside you'll agree. The green slopes are the perfect spot to lay out a picnic blanket and gaze at the beautiful view of rowing boats beating down the Thames and swans nudging close to the banks, all set against the mighty arches of Richmond Bridge. **Whole Foods**, **Gail's Bakery** and **Hummingbird Bakery** are on the way if you're coming from Richmond station, so you can stock up on supplies. The fairytale-esque **Hollyhock Café** is a ten-minute walk away, for Fairtrade, organically sourced grub. **Gelateria Danieli** – which served vanilla ice cream to the Queen on her eightieth birthday – is five minutes away, if you fancy finishing your lunch off with a sweet treat. You could even have a punt on the river. Just try not to fall in.  
→ ⊕ Richmond.



## Picnic spots



## Instead of Soho Square try... Phoenix Garden

This oasis in central London is the perfect spot for some tranquil sarnie scoffing. One of the seven original Covent Garden community gardens, not only can you picnic among sprawling raised flowerbeds and open ponds (and their resident frogs), you're right next to Soho, meaning your culinary options are limitless. **Jacob the Angel's** punchy salads and mouthwatering sandwiches made with Dusty Knuckle Bakery bread are less than a five-minute walk away, as is fried chicken joint **Chick 'n' Sours** with its tempting takeout menu. Or find food stalls and ace coffee from **Rosie & Joe**, two minutes away in the nearby courtyard of the St Giles-in-the-Fields church. Want something stronger than coffee after a day in the sun? The legendary **French House** pub is down the road (a mere four-minute walk) for a loo and a half-pint pit stop.

→ ☺ Tottenham Court Rd.

## Instead of Peckham Rye Park try... Hilly Fields

Forget the Shard. You can see stonking panoramas of the high-rises in Canary Wharf in this charming little south-east London park. Pick a spot on the top of the hill just below the tennis courts for sweet views and easy access to the **Pistachios in the Park** café – it has a public loo and tasty cakes and coffee. For a boozy picnic, stop off at **Brockley Brewery** (it's on the way from Brockley station) to pick up some bottles of ale, or try **Salthouse Bottles** for chilled cans of craft beer and bottles of natural wine. Visit on a Saturday morning and you'll be a swift 15-minute stroll from **Brockley Market** – a veritable goldmine of street food stalls, crusty loaves and artisanal cheeses and charcuterie.

→ Brockley Overground.

## Instead of Victoria Park try... Haggerston Park

While Victoria Park may seem like the most obvious place for a picnic in Hackney, its smaller cousin packs in just as much charm. Partly walled, giving it an air of secrecy, it holds a community orchard, a conservation area, table tennis tables and a public toilet (very important after an afternoon sipping tinnies). On your way there, pop in to **A Portuguese Love Affair**, a deli-café that serves up some of the city's best pasteis de nata, and **The Laughing Heart** for takeaway wine before heading in and parking your picnic blanket by the pond (both are a convenient three-minute walk away if you run out of sweet treats and/or booze, and need to replenish your supplies). Once you've polished off all the crumbs, pay a visit to **Hackney City Farm** next door to continue the wholesome vibes.

→ Cambridge Heath Overground.



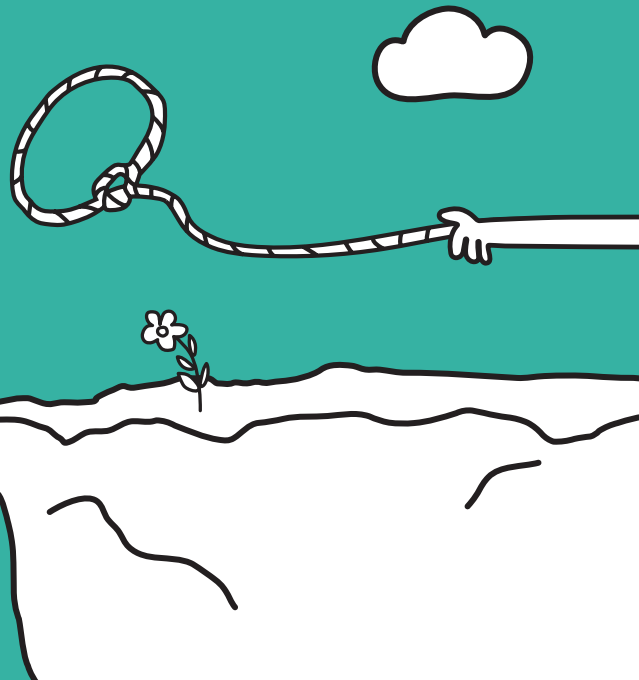




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### Instead of Chiswick House and Gardens try... **Furnival Gardens**

Nestled next to the Thames, this slice of grass is one of the best places to catch the Boat Race, but don't just save it for the Oxbridge action – it's a prime picnic spot too. Grab one of the benches along the Lower Mall for ace views over the river, or fling a blanket on the grass near Rutland Grove for a more secluded lunch. Conveniently, the place is surrounded by pubs. Try **The Dove** for a classic duck-your-head heritage pub experience, or visit **The Rutland Arms** or **The Blue Anchor**, where you can pour your pints into plastic cups to sip by the riverside. Haven't packed a picnic? Order from **Honest Burgers** on Deliveroo, pick up fresh sandwiches from **Artisan Coffee** (both ten minutes away), or load up on street eats at the food market in **Lyric Square** on Thursdays and Fridays. → ⊕ Hammersmith.

### Instead of Parliament Hill try... **Hampstead Heath Pergola**

Built in the early twentieth century by millionaire soap magnate Lord Leverhulme to hold 'Great Gatsby'-style blowouts, today this gorgeous but faded pergola has swapped parties for picnics. As long as Canary Wharf is tall, there's plenty of space to sit in beneath its stone pillars and arches tumbling with vines. Head there via Hampstead Village and load up on cakes and pastries at coffee shop **Ginger & White** or pick up a pizza from **L'Antica Pizzeria**. The Pergola is a 15-minute walk from Hampstead tube station, so stop by gelato spot **Oddono's** for a cone to keep you entertained on the walk. Want the *really* lazy option? Splash the cash and pre-order a ready-made picnic hamper from cute deli **Melrose and Morgan** – it's what Lord Leverhulme would have wanted. ■ → ⊕ Hampstead.





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**What's exclusive?** Your first month is totally free – there's no excuse not to get sweaty.

→ Offer runs until Oct 4. [www.timeout.com/classpass](http://www.timeout.com/classpass)

### 'Moving to Mars'

**What is it?** A new multi-sensory exhibition about the Red Planet.

**Why go?** Suitable for all ages, this interactive show will highlight inventions connected to every stage of one of the greatest challenges of our time: moving to Mars. Expect more than 150 exhibits from the likes of Nasa, ESA and SpaceX.

**What's exclusive?** Save 50 percent – tickets start at £8.20 each.

→ The Design Museum. ⊕ High St Kensington. Oct 18-Feb 23 2020. [www.timeout.com/mars](http://www.timeout.com/mars)

### Clutch

**What is it?** Bottomless brunch at a trendy east London chicken outlet.

**Why go?** Chicken? Brunch? Not the likeliest of matches. But once you've sunk your gnashers into this high-end stuff, you'll be sold immediately. Throw two hours of endless drinks into the mix and that's your weekend sorted.

**What's exclusive?** Unlimited drinks and a main is just £20.

→ Clutch. Hoxton Overground. Until Aug 31. [www.timeout.com/clutch19](http://www.timeout.com/clutch19)

### 'Beyond the Road'

**What is it?** Your last chance to see this immersive music and visual art exhibition by Punchdrunk.

**Why go?** Developed in collaboration with James Lavelle, 'Beyond the Road' is an experiential version of Unkle's latest album. Lose yourself in a trippy, multi-sensory world led by a bespoke soundscape.

**What's exclusive?** Our tickets are 30 percent off – now just £14.

→ Saatchi Gallery. ⊕ Sloane Square. Until Sep 8. [www.timeout.com/beyond](http://www.timeout.com/beyond)

### Vivaldi: 'The Four Seasons'

**What is it?** London Concertante perform Vivaldi's masterpiece.

**Why go?** To hear this timeless composition performed just as the great composer would have intended back in 1751: live, beneath the stunning ceiling of a cathedral and illuminated by candlelight.

**What's exclusive?** Tickets usually go up to £42.99, but with us they start at just £15.

→ Southwark Cathedral. ⊕ London Bridge. Sep 28. [www.timeout.com/vivaldi](http://www.timeout.com/vivaldi)

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# Travel

Edited by Laura Richards  
timeout.com/travel

## Plant yourself here

Before making your London abode look like the Hanging Gardens of Babylon, take inspiration from these beautiful botanical gardens around the world

### Kirstenbosch National Botanical Garden Cape Town, South Africa

Kissing the east side of Table Mountain (and used as a starting point for its hardcore climbers), Kirstenbosch is one of the world's most biodiverse gardens and a leader in conservation science. The sprawling site contains incredible forms of flora and near-endangered plants that have been cultivated since the early 1900s. Explore at ground level or from up above along 'The Boomslang', a treetop walkway.

**Don't miss:** The beautiful sculpture garden includes a bust of Nelson Mandela and breathtaking Mambo sculptures, carved from opal stone.

→ Rhodes Drive, Newlands, 7735 Cape Town, South Africa.

### Ryoanji Temple Kyoto, Japan

While Kyoto's bonsai- and bamboo-filled botanical gardens are worth a visit, you should also check out the city's Zen Buddhist temple. Its garden is less about the plants and more about the series of sacred and historic stones. Set inside a fifteenth-century temple, this is a place for reflection where visitors are encouraged to apply their own meaning to arrangements. For maximum zen, walk the grounds and a lake flanked by Japanese blossom and maple trees.

**Don't miss:** Try the local delicacy, yudofu (boiled tofu) at the temple's traditional restaurant – it should take you one step closer to nirvana.

→ 13 Ryoanji Goryonoshitacho, Ukyo Ward, Kyoto 616-8001, Japan.



Singapore Botanical Gardens

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SINGAPORE BOTANICAL GARDENS: JOHN S. LANDER/LIGHT PRODUCTIONS; GETTY IMAGES; FLORA MONTREAL GARDEN; JEFF ALAMI/STOCK PHOTO; FROM 50 BOWEN AVE GARDEN ANNE ELLERMAN



Montreal Botanical Garden

### Montreal Botanical Garden Canada

Montreal's botanical garden is based at Expo 67, the city's World Fair site, now a vast recreational space filled with architectural relics. The garden itself contains ten greenhouses and 30 thematic gardens, and is a hub for plant lovers and experts to come together and get green-fingered. It's also been home to giant, trippy plant sculptures shaped like animals, as part of the 'Mosaiculture' exhibition of Montreal festival. Eat your heart out, Edward Scissorhands.

**Don't miss:** The two-and-a-half acre Chinese garden, created in partnership with Shanghai Institute of Landscape Design and Architecture. Its pagoda is a go-to.  
→ 4101 Sherbrooke St E, Montreal, Quebec H1X 2B2, Canada.

### Singapore Botanical Gardens

This place is so extra, it's like the Disneyland of Botanical Gardens. Now 160 years old, the tropical garden has it all: a section of the city's primary rainforest, an orchid garden, a ginger garden and an exhibition on ethnobotany (looking at how plants are rooted in traditional culture and medicine), plus some wise old trees. It even has a pair of swans from Amsterdam, a national flower called Vanda Miss Joaquim and its own mist garden.

**Don't miss:** The National Orchid Garden with more than 1,000 species and 2,000 hybrids on display, plus a series of special tools and gadgets to ensure the right humidity. Steamy stuff.  
→ 1 Cluny Rd, 259569 Singapore.



Arctic-Alpine Botanical Garden

### Arctic-Alpine Botanical Garden Tromsø, Norway

Owned by the University of Tromsø, this island garden is free to enter. The arctic-alpine display makes for one of the most unusual gardens in the world, capturing nature as it triumphs in adverse conditions. Discover bright flowers growing from craggy rocks or hardy breeds from the deserts of Chile thriving in flower season – from May until first snow in October. As climate change affects the Arctic's ecology, there's no telling how long plants like these will be in bloom in the wild.

**Don't miss:** Time your visit for June when you may chance upon 'Rhododendron Valley' serving up a surprising riot of colour.  
→ Stakkevollvegen 200, 9019 Tromsø, Norway.





## Fondation Monet Giverny, France

The father of impressionism's garden inspired his iconic series of water lily paintings. The pond, along with a gorgeous flower garden, has been immortalised by the not-for-profit foundation, which now looks after the grounds. Never mind the art buffs; thanks to every in-vogue plant, from peonies to cherry blossoms and carpets of forget-me-nots, this garden is an Instagram snapper's dream. Although not technically a botanical garden, there is a stunning Japanese-inspired water garden – shaped by Monet – that needs to be seen. He is said to have redirected a local stream – much to the locals' dismay – and planted wisteria to create the ever-gorgeous hazy setting.

**Don't miss:** The opportunity to have a poke around Monet's two-storey house restored to its former glory.

→ 84 Rue Claude Monet, 27620 Giverny, France.



Fondation Monet in Giverny

For more inspiration  
go to [timeout.com/travel](https://www.timeout.com/travel)



Jardin Majorelle

## Jardin Majorelle Marrakech, Morocco

Being positioned down an unassuming street in the north of the city makes this garden's iconic hues of blue, yellow and turquoise all the more vibrant. This was originally the personal garden of French artist and Orientalist painter Jacques Majorelle, who purchased it in the 1920s and made designing the garden his life's work. Sixty years later, fashion designer Yves Saint-Laurent and his partner took it on. The decor meshes French cubism with traditional Moroccan architecture and features a selection of rare cacti and more than 15 species of birds from North Africa.

**Don't miss:** A *très chic* exhibition of YSL's personal collection of regional fabrics and textiles from North Africa, plus traditional Berber art.  
→ Rue Yves St Laurent, 40090 Marrakech, Morocco.

## Joaquin Antonio Uribe Botanical Garden Medellín, Colombia

While this understated garden has more than 4,500 flowers and 139 species of birds, the most impressive part is The Orchideorama. It's a hexagonal steel arch that looks like a giant beehive and helps to collect water to redistribute to the orchid gardens below. Be sure to visit the butterfly house too, or the cute café in the middle of the gardens, made from an old railway carriage.

**Don't miss:** The annual Feria de las Flores flower festival in Medellín in August, where the botanical gardens put on a bloomin' impressive exhibition of flowery crafts. ■  
→ Cl. 73 #51d14, Medellín, Antioquia, Colombia.



By Hayley Joyes  
Who loves a natural bush.



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# Five honeymoon trips that aren't totally naff

Forget wedding planning – your honeymoon is a chance to fulfil travel dreams. Here is what's hot for newlyweds in 2020



## 1 On safari in Tanzania

What could be more honeymoon than going on safari? As the latest African nation to ban plastic bags, Tanzania is probably the place you're imagining if you close your eyes and think of Toto. It's the country where wildebeest roam the plains of the Serengeti alongside the Big Five (lion, elephant, leopard, buffalo and rhino). There is something impossibly romantic about the African bush, from dawn wildlife-spotting drives to G&Ts at dusk around the campfire. Add in some R&R on the spice island of Zanzibar, and you've got yourselves a honeymoon classic.

## 2 Partying in Cuba

If ritzy resorts aren't your thing (or in your budget), you can still enjoy some Caribbean glamour – but with a healthy side of grit – in Cuba. Last year, the new Paradisus resort upped the ante on the white-sanded stretches of Cayo Santa Maria. Cuba's increasingly sophisticated network of casa particulares (homestays) are another draw, along with \$1 mojitos, cheap lobster dinners and raucous Havana nights. Renewed restrictions on American travel to Cuba will reduce the number of tour groups and cruise ships honeymooners have to contend with, too.

## 3 Hiking in the Himalayas

Maybe the most awesome honeymoon backdrop on earth? The Himalayas have a fearsome reputation among hikers, but there are plenty of soft options (with cute inns, comfy beds and soul-soothing views) in the foothills. Next year marks the fifth anniversary of the Nepal earthquake and the country has worked hard to get back on the travel map. Between October and November is ideal for inn-to-inn ambling around Poon Hill in the Annapurnas, bookended by a stay on the shore of Phewa Lake. If you can afford it, Bhutan provides the same views with five-star luxury.

## 4 Roadtripping in California

Top down, wind in your hair, Pacific Ocean in your wing mirror, renting an open-top car to drive California's Highway 1 is a bucket-list experience. Start in the liberal clubs and night spots of San Francisco, then take a road trip to Big Sur to sleep it all off in its honeymoon resorts and swish new glamping suites at the venerable Ventana Inn. If you've energy for more exploring along the West Coast, head back up north for wine-tasting in Napa Valley then hit up the Redwood forests for even more R&R. Californians say autumn is the best time to go.

## 5 Chilling in Iceland

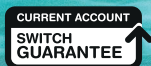
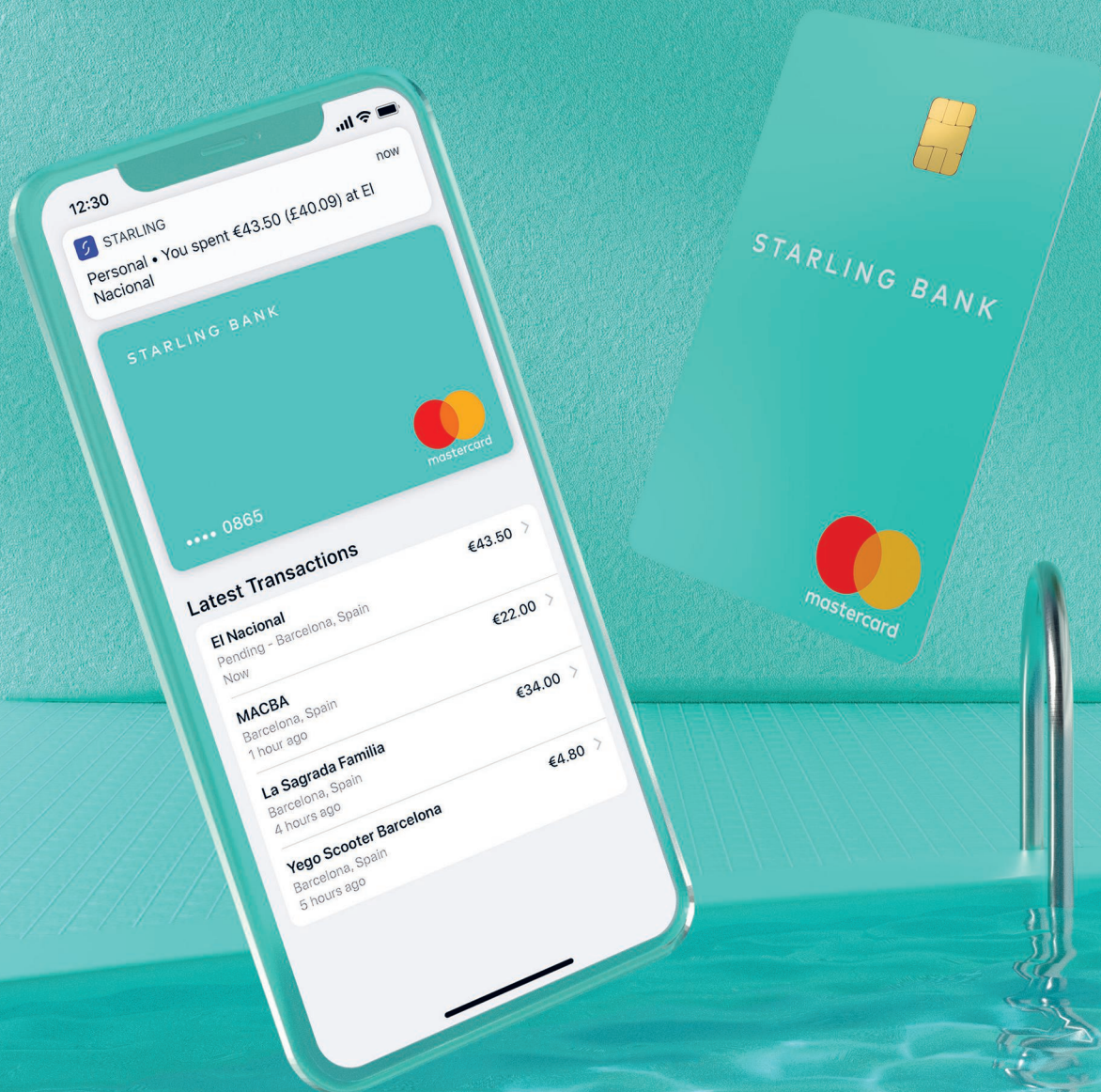
In the depths of winter, the best night-time action anywhere in the world is in the Arctic Circle. We're talking about the Northern Lights. The aurora is visible from most Scandinavian countries, but Iceland has the added bonus of increasingly sophisticated design hotels to plan your trip around. Stylish digs include the new minimalist Retreat Hotel at the Blue Lagoon, the stilt-grounded Ion Adventure Hotel with its glass-walled Aurora viewing bar, and even a huddle of transparent bubbles in the woods fit for stargazing (just watch what else you get up to in there). ■ *Lorna Parkes*

Find more romantic destinations at [timeout.com/honeymoon](https://www.timeout.com/honeymoon)



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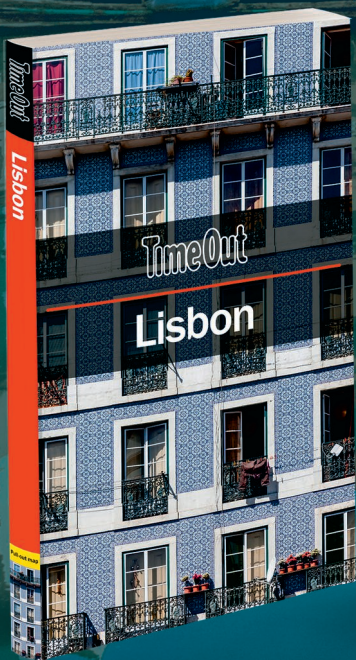
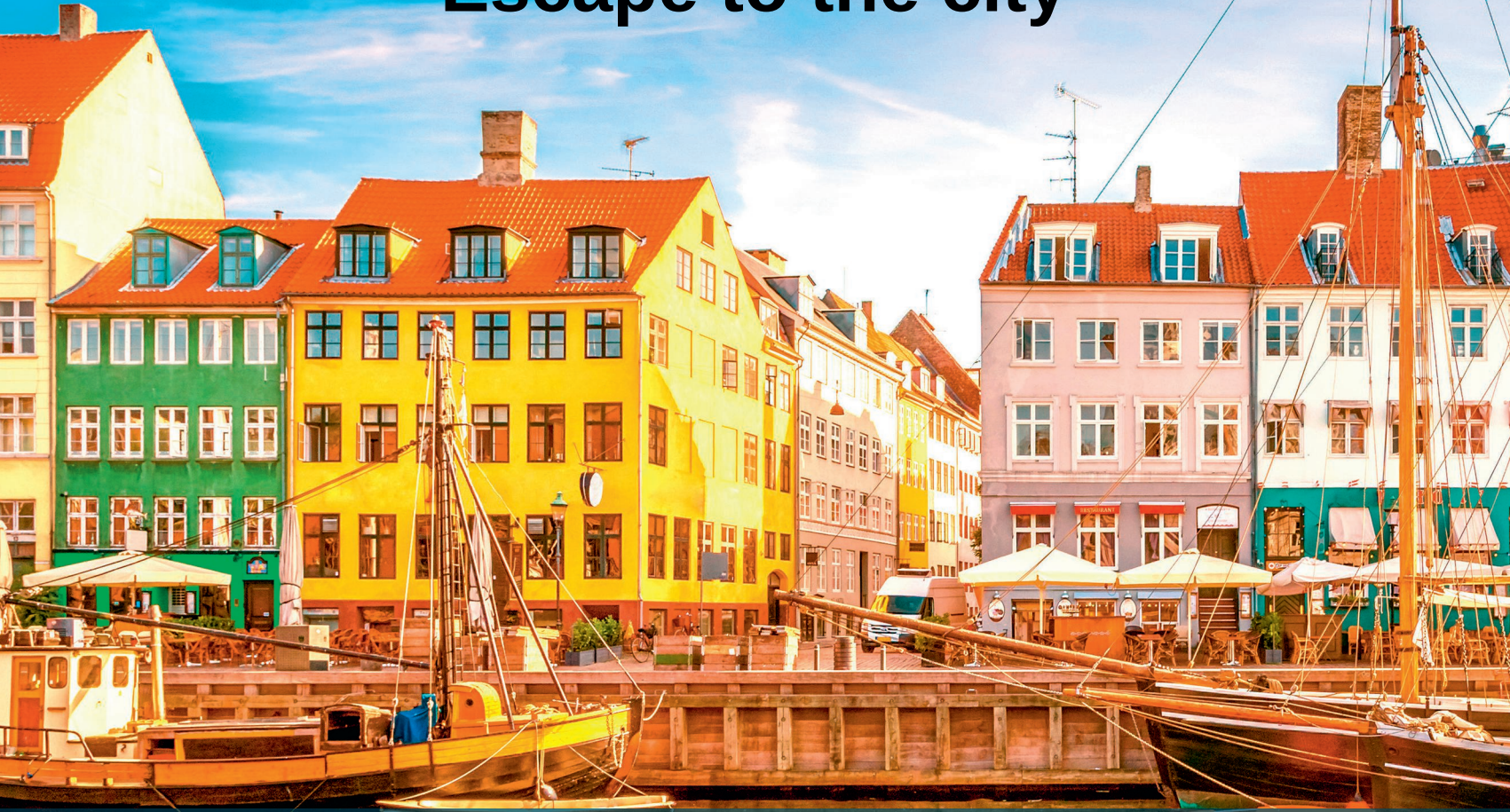


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# ESSENTIAL Oaxaca

Mole, mezcal and Día de Muertos

## What's the deal with Oaxaca?

That image of Mexico in your head? It's probably a lot like a street scene from Oaxaca City (pronounced 'wa-ha-ca'), thanks to its gorgeous cobbled roads, tall colonial buildings with agave plants shooting out from surrounds and plenty of colourful indigenous touches – from bright walls and doorways to *papel picado* strewn above the streets come festival season. Tourism has surged in recent years thanks to the rising interest in Día de Muertos (Day of the Dead) and its 'Catrina' skeleton iconography ('Coco' and James Bond have both played their part) – but visit any time of year for the most amazing street eats (from tacos to tlayudas and elotes), more mezcal than your stomach can handle (trust us), a platform for incredible day trips in the south-west of the country (including its gorgeous, surfer-ready coastline towards Puerto Escondido) and a slightly more mellow and easy-to-tackle taste of the nation than you might otherwise find in sprawling Mexico City. ¡Vámanos!

## If you only do one thing

Visiting a *palenque* (a mezcal distillery) is totally on trend. The chest-hair-generating agave spirit is the hip drink *du jour*, so get to grips with it at one of thousands of distilleries like **Lalocura** or via **Mezcal Educational Tours**.

## Dine in style

**Origen** elevates indigenous ingredients on a five-course tasting menu from 650 Mexican Pesos (around £25). Enjoy ceviche and suckling goat paired with wine from Mexico's emerging vineyards.

## Eat on the cheap

Oaxaca is known for street food (thanks to a certain UK restaurant chain). Visit **Mercado 20 de Noviembre** to see it's not just about tacos. Local delicacies include mole (a sauce made from nuts and spices) tlayudas (like a Mexican pizza) and elotes (cheese-topped corn on the cob).

## Drink like a local

You don't *have to* go to a distillery to get a mezcal education. Book a spot in **Mezcaloteca's** tasting room, or drop by **Sabina Sabe** for mezcal cocktails and an indie soundtrack.

## HANG OUT IN THIS 'HOOD

Oaxaca is totally walkable, so you can easily base yourself close to the Centro Histórico. **Jalatlaco** barrio is one of the oldest neighbourhoods filled with coffee shops and colourful houses. Just as bright is its **City Centro Hotel**, a modern spot to stay with millennial pink furnishings and its own rooftop pool.



## Stay up late

There are a handful of rooftop bars – **Mezquite** is one of the buzzier ones – to make the most of warm nights and the city's lit-up architecture. Or dance salsa and cumbia to live bands at old-school **La Candela** or the slightly saucy **La Tentación**.

## Soak up the vibes

Strolling around the **Zócalo** – Oaxaca's public square – is the perfect way to see the city's colourful food carts and street musicians. You're then a moment from **Mercado Benito Juárez**. Stock up on chillies and ingredients to spice up your gringo life back home.

## Get cultural

A former monastery in the city centre, **Templo Santo Domingo** is one of the most striking buildings. Instead of monks, it's now home to a cacti-rich ethnobotanical garden and a cultural museum with a collection of pre-Colombian artefacts. See more of the region's indigenous history through its beautiful woven art at the **Textile Museum**.

## Take a day trip

Grab a bus to Mitla, then get up in the mountains via four-wheel-drive *camioneta* to find **Hierve el Agua**, mother nature's infinity pool. Natural springs create turquoise pools and 'petrified waterfalls' where the torrents have calcified. Take a short hike around the craggy scenery then cool off in that unbelievably temperate water.

## Only in Oaxaca

Plan a trip to coincide with **Día de Muertos** (celebrated on Nov 2 and the days preceding). Locals show off *ofrendas* – altars in remembrance of lost loved ones – and by night, the street becomes a parade and party filled with brass bands, costumes, facepaint, fireworks and frenzy. Outside of November, head to **Tule**, a nearby town with what they're calling the world's oldest tree (and it's a big one), as well as locals carving distinctive *alebrijes* – tiny, fantastical animal handicrafts made from wood. ■ **Laura Richards**



Templo Santo Domingo



# Things to Do

Edited by Katie McCabe  
timeout.com/thingstodo @timeoutlondon

## Totally Thames festival: the highlights

The month-long tribute to London's beautiful, murky river is back with boat rides, tidal swims and mudlarking adventures. Here's how to get involved



**IF LONDON IS** the country's heart, the Thames is its big ol' aorta, pumping life into the city, bringing joy and cheer (and shopping trolleys) to its millions of residents and visitors. Although its source lies out west in the Cotswolds, it's the section running through the capital that's most famous (thanks, 'EastEnders') and has been a crucial part of Londoners' lives for millennia.

To celebrate the iconic river's role in the life of the capital, Totally Thames is back for the whole of September. The annual festival has a brilliant line-up of events that truly gush about the waterway's importance. So whether you want to learn about the river's musical past or get down and dirty in an archaeological dig, be prepared to take the plunge...

### Smell the city's pungent history at the Barking Stink

You've gazed at relics from the Victorian period in a museum, but what if you could get a whiff of the past? Well now you can, at this east-London pop-up. Get your nostrils around the stench of sewage, fertiliser fumes and thriving fisheries that tell the story of Barking through smell. Probably best not to go straight after lunch...

→ Valence House Museum. ⊕ Becontree. Until Nov 6. Free.

### Enter Tower Bridge's Bascule Chamber

The city is full of interesting subterranean nooks and crannies, but Tower Bridge's Bascule Chamber is easily one of the best. Hidden beneath the iconic landmark's workings, the space makes for an

extremely atmospheric venue, and this year's run of shows include performances from the Apartment House ensemble and Birdspeed's poetry exploring Afro-Caribbean history of the Tudor period.

→ South Bascule Chamber. ⊕ Tower Bridge. Sep 18-22. From £30.

### Kayak across the Thames at Thames Tidefest

Don't just look at the river from the comfort of its banks – inspect it from the water at this floating festival.

Jump in a kayak and paddle to Oliver's Island to get up close and personal with the islet's residents – which include a siege of herons and a gaggle of geese. Alternatively, you can opt for a stand-up paddle board – just try not to fall in.

→ Kew Bridge Piazza. ⊕ Kew Gardens. Sun Sep 8. Free

### Go on a Thames Tidal Swim

Make a splash and go for a dip by the Hammersmith stretch of the river before retiring to the pub for a



More Thames-side adventures at [timeout.com/outdoors](http://timeout.com/outdoors)



well-earned drink (or two). Aimed at open-water aficionados, the session sees participants cover around 1.2km, but as you get swept along by the tide throughout, the actual distance is much shorter. Rubber rings not allowed.

→ The Black Lion. ☉ Ravenscourt Park. Sep 3. £5.

### Tour the 'Illuminated River'

The Thames is now literally lit thanks to a new art installation, 'Illuminated River'. The decade-long project will see 15 bridges

transformed in total, with the London Bridge, Cannon Street, Southwark and Millennium Bridges' works already in place. Join a guided tour and get ready to explore the exciting changes that are afoot.

→ London Bridge City Pier. Thu Sep 5, Sep 10. Tower Millennium Pier. Sep 12, Sep 19. £6.

### Discover rock royalty on Eel Pie Island

As well as French nobility and the original 'Doctor Who', London's largest inhabited island was once

home to Eel Pie Hotel – the site of the 1960s' British jazz and blues eruption. Learn about the spot's colourful past, which featured early gigs by Eric Clapton, The Rolling Stones and The Who, before jumping on the Magic Bus home.

→ Eel Pie Island Museum. Twickenham rail. Sep 12-15. £8.

### Explore the Thames foreshore

While the oddest thing to wash up in the river recently was that whale

back in 2006 (RIP), the phenomenon of weird stuff floating in the Thames has been going on for centuries.

Take a closer look with intertidal expert Dr Fiona Haughey and hear all about 5,000 years of human activity on the waterway (which includes the odd murder or two). ■

→ Meet at Bermondsey station. Sep 15. £10.



**By Charlie Allenby**  
Whose teenage bedroom was a permanent exhibition of stink.



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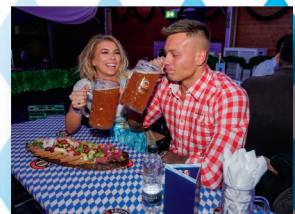
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# SOMETHING FOR THE WEEKEND

## Friday



### Duckie Loves Fanny

LGBTQ+ party starters Duckie are honouring Leytonstone icon Fanny Cradock. Expect drag performances from 25 identical Fannys, retro DJ sets and '60s style nibbles served by a fleet of trolley dollies.

→ Walthamstow Assembly Hall. ☺ Walthamstow Central. Fri Sep 6. £15.

### LEARN Late at Tate Britain: Social Justice

Inspired by '1819: The Year's Art', a show of art from the year of the Peterloo Massacre, this late celebrates protest with free talks, debates and workshops.

→ Tate Britain. ☺ Pimlico. Fri Sep 6. Free.

### BROWSE London Art Book Fair

Leaf through art books and magazines from indie publishers at this now-legendary fair. Once your bags are bursting, join talks from artists and poets.

→ Whitechapel Gallery. ☺ Aldgate East. Thu Sep 5-Sun Sep 8. Free.

## Saturday



### Tank Party

Sink pints of unfiltered Camden Hells poured fresh from the brewery tanks at this boozy bash. Soak it up with treats from Lina Stores, Pasta e Basta and The Cheese Wheel.

→ Camden Town Brewery, Kentish Town West Overground. Sat 7 Sep. £10.

**SHOP Mindful Market**  
Pick up ethically-sourced treats at this market for conscious consumers. More than 60 stalls will sell everything from sustainable homeware to plant-based snacks.  
→ The Art Pavilion. ☺ Mile End. Sat Sep 7. Free.

**TRAVEL Vintage Suburbia on the Met Line**  
Get a taste of the 1950s on this heritage train journey where you can mingle with costumed characters.  
→ ☺ Wembley Park. Sat Sep 7-Sun Sep 8. £15-£20.

## Sunday

### Hackney Carnival

Post-Notting Hill Carnival blues? Head east for sequins, soundsystems and a 1,000-strong procession of performers dancing their way from Mare Street to London Fields. Wear feathers.

→ Various locations. London Fields Overground. Sun Sep 8. Free.



### LISTEN Malorie Blackman in Conversation

Listen to the celebrated author discuss the long-awaited fifth instalment of her young adult series 'Noughts & Crosses'.  
→ Royal Festival Hall. ☺ Waterloo. Sun Sep 8. £20.

### BUY Peckham Record Fair

Hit up this go-to destination for vinyl gems, with 30 stalls manned by indie labels, record stores and LP enthusiasts.  
→ Peckham Salvage Yard. Peckham Rye Overground. Sun Sep 8. Free.

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21/22 Sept

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# What's the deal with... sound healing?

Can tapping a metal disc really bring you inner peace and calm? You can find out at Samsung KX this month. Here's a heads-up on what to expect...

**Okay, what's this class then?**  
It's called Sound Journey and Meditation, and it's run by Hackney wellness faves The Refinery.

**But didn't you say it's being held at Samsung KX?**

Yep, that's right! We've teamed up with Samsung KX to curate a



series of awesome pop-up events at its new space in King's Cross (Coal Drops Yard, to be exact).

**Why gong healing, though?**

Because it's a super-relaxing way to start your day – who doesn't want that? This type of meditation is an ancient form of sound therapy developed in parts of

Asia. It uses varying frequencies and vibrations to resonate with different parts of the body.

**How long does it go for?**

An hour – but one class is divided into various sections. It starts with breath work and a 20-minute seated meditation. Then, you'll move on to 30 minutes of 'sound massage', created by a relaxing mix of gongs, Tibetan singing bowls, tuning forks and drums. You'll practically float out of there.

**Sweet, I'm in. What else have you got coming up at Samsung KX?**

We're glad you asked. This month we've got flower-arranging workshops, drawing sessions, disco yoga, '80s aerobics and even baby sensory classes. See you there!

→ Samsung KX, Coal Drops Yard. ↻ King's Cross. Thu Sep 5 and Sep 17, 8am. £5.

**#SamsungKX**

→ See the full list of events at [www.timeout.com/samsungkx](http://www.timeout.com/samsungkx)



**DON'T MISS**

# London Podcast Festival



**POP YOUR AUDIO** bubble and take part in live recordings of your favourite shows at this podcast party. We asked **Cariad Lloyd**, who hosts 'Griefcast', to pick her top pods from this year's line-up.

### Have You Heard George's Podcast?

'George the Poet's show cleaned up at this year's British Podcast Awards and once you've listened it's easy to see why. It's raw, truthful, heartfelt and pushes the genre into new territory. Anything George is doing is worth hearing.'

→ Fri Sep 6. £19.50.

### Hardcore House Party

'This one-off collaboration for the fest is bound to be raucous and brilliant. "Birthday Girls House Party" is a hilarious podcast which has a themed party each week. This show with podcast legends Chris and Stu will prove you don't have to listen to a podcast quietly by yourself to enjoy it.'

→ Sat Sep 7. £12.50.

### Throwing Shade

'Erin Gibson and Bryan Safi have been throwing shade since 2011 and sadly they haven't run out of things to talk about, especially women's rights and LGBTQ+ perspectives. Luckily they're hilarious and their live shows are on another level. Last time there was a choreographed dance routine worth the ticket price alone.'

→ Sep 14. £26.50.

### Beef and Dairy Network Podcast

'A comedy podcast about the beef and dairy industry; stay with me, it's hilarious. Ben Partridge creates his own weird and wonderful world, but you also feel like you're listening to a Radio 4 farming special. The live show will be full of his brilliant guests. I'm hoping the bovine arse doctor returns.'

→ Sep 15. £12.50.

→ London Podcast Festival. Kings Place.

→ King's Cross. Fri Sep 6-Sep 15.

Cariad appears with 'Griefcast' on Sep 15. £16.50.

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## Things to Do

### ANTIQUES

#### **C Adams Antiques Fair**

This fair has been selling precious objects since the 1970s, making it a stalwart of the London antiques scene. Browse the 140-odd stalls and find yourself a bargain.

→ Royal Horticultural Halls.  
 ↻ St James's Park.  
 Sun Sep 8. £4.

### ANIMALS

#### **E Victoria Park Dog Show**

See adorable pooches compete in categories such as 'cutest dog' and 'golden oldies' in aid of the All Dogs Matter charity.

→ Victoria Park. Cambridge Heath Overground. Sun Sep 8.  
 Free to attend, £5 to enter.

### MUNCH

#### **E London Wing Fest**

Thirty-five traders face off to be king of the wing, with chicken at £1 a pop, a wing eating contest and live music.

→ Queen Elizabeth Olympic Park. ↻ Stratford.  
 Sat Sep 7-Sun Sep 8. £25.

#### **C Carnaby Eats**

A month-long food festival taking on Carnaby Street throughout September, featuring classes, cookbook launches and exclusive menus from 40 of the thoroughfare's restaurants, bars, cafés and pubs.

→ Carnaby St. ↻ Oxford Circus.  
 Until Sep 30. Prices vary.

### CITY FESTIVALS

#### **N Aespia Festival**

This 12-hour micro-festival from the arty Aespia folk features performance art, dance music, installations, spoken word, storytelling and even art classes at community garden-slash-rave-haven Grow Tottenham. Time Out readers receive a 10 percent discount on tickets with the code TIMEOUT\_10.

→ Grow Tottenham.  
 ↻ Tottenham.  
 ↻ Ham Hale.  
 Sat Sep 7-Sun Sep 8. £20-£30.

#### **E St Katharine Docks Classic Boat Festival**

Enjoy the cheerful collection of classic boats which call St Kats their home at this three-day festival, which is celebrating its tenth anniversary this year. Climb aboard the Lady Daphne, one of Britain's last wooden barges, then listen to live entertainment, join workshops, try some taster kayak sessions and tuck into delicious street food from Kerb.

→ St Katharine Docks. ↻ Tower Hill. Fri Sep 6-Sun Sep 8. Free.

### JOIN IN

#### **C Boozy Soap Making Workshop**

Melt and pour cocktail-flavoured bath treats with a mojito or a beer in hand. Then, once you've learnt the basics of chopping, melting, colouring and fragancing, you can mould them into the shape of your cocktail concoctions. PSA: don't eat them afterwards.

→ Drink, Shop & Do.  
 ↻ King's Cross. Tue Sep 3. £30.

#### **N Plate Smashing Pop-Up**

Swedish homeware retailer Clas Ohlson has teamed up with Abba-themed live event 'Mamma Mia! The Party'. The rules are simple: smash plates for a chance to win tickets.

→ Brent Cross Shopping Centre.  
 ↻ Brent Cross. Wed Sep 4. Free.

### GREEN MARKETS

#### **C Pebble Sustainable Market**

Sustainable living stalwarts Pebble are taking over St James's Market, meaning you should go down to get your hands

on eco-conscious skincare, fashion and homeware, as well as plenty of plant-based and sustainable food and drink. There'll even be vegan beer and wine, courtesy of new local gastropub The Beau Brummell.

→ St James's Market.  
 ↻ Piccadilly Circus. Sun Sep 8.  
 Free entry.

#### **S Green Rooms Market at Brixton Village**

The green-fingered folk at Green Rooms Market are taking over one of their biggest venues yet, turning Brixton Village into a paradise of plant shopping and horticultural workshops. There'll obviously be plenty of plants on sale, plus a macramé plant hanger workshop, nature-inspired crafts and ample drinks, music and delicious street food.

→ Brixton Village. ↻ Brixton.  
 Sun Sep 8. Free entry.



FINAL WEEKS

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# Film

Edited by Phil de Semlyen  
timeout.com/film @timeoutfilm



## It Chapter Two



**EVEN IN THESE** ‘Stranger Things’-obsessed times, no one expected 2017’s ‘It’ – a second adaptation of a 30-year-old novel – to become a phenomenon. A hit? Sure.

Clowns, evil or not, exert a tractor-beam tug on our imaginations. But the biggest horror movie ever? To understand that, one would have to consult the dark forces trapped in Stephen King’s typewriter. Yet the hype is justified: ‘It Chapter Two’ improves on its predecessor in nearly every way.

King’s book was split in two: one hefty chunk going to 1950s tweens living in the fictional Maine town of Derry; the other to the characters as haunted ’80s adults. ‘It Chapter Two’

follows suit 30 years on, but doubles down on the deeper, metaphorical nature of losing one’s innocence and discovering a world full of pain. Disturbingly and boldly, the film opens with a vicious gay bashing, because Derry has become a place symptomatic of today’s hate-brimming America.

Those menacing red balloons reappear, and it’s up to an older, lonely Mike (Isaiah Mustafa), now the town’s librarian, to call his mates home. They

include Bev (Jessica Chastain), trapped in an abusive marriage; Bill (James McAvoy, a little stiff),

a screenwriter and crafter of ‘bad endings’; and self-loathing stand-up comic Richie (Bill Hader, funny and real).

Returning director Andy Muschietti did an effective job with his young cast in the first ‘It’ (they all appear in flashbacks or nightmares), but his work with the adults is superior. In the wake of Toni Collette’s ‘Hereditary’

performance, we’re in a brave new world where the heightened emotions of horror can yield finely frayed performances. Hader, especially, anchors several gross-outs (including one targeted at fans of John Carpenter’s ‘The Thing’) with a lived-in bonhomie.

Bill Skarsgård’s Pennywise is iconic too. He dominates gruesome moments that gush with dark gore, reminding you that while these movies feature kids, they’re not for them. ‘It Chapter Two’ is a nostalgia-delivery device for Gen-Xers, down to its ‘Poltergeist’-like collapsing house and a winking authorial cameo. And it’s a damn good one. ■ *Joshua Rothkopf*

### WHAT IS IT...

The sequel to the smash-hit Stephen King adaptation.

### WHY GO...

For the return of Bill Skarsgård’s terrifying clown, Pennywise.

→ Director Andy Muschietti (15) 169 mins.



## FIRST LOOK

# Backyard Cinema

**AFTER YEARS OF** pop-ups around London, starting in a literal back garden, Backyard Cinema has found a permanent home. The popular immersive movie company has taken over the old Capital Studios building in Wandsworth. Once used to record music videos for David Bowie, as well as several series of 'Ready Steady Cook' – yes, *the* Ainsley Harriott once walked its halls – the vast space reopens on Friday September 13 with a 250-person cinema and an enormous bar.

'This is something we've wanted for years,' says Backyard Cinema's co-founder Dom Davies. 'When we found this building, with two huge

studios, we couldn't believe it. We want it to become an entertainment hub with the cinema at its heart.' The venue has the same feel as previous Backyard Cinema venues, but finessed. The cinema space resembles a crumbling theatre, strewn with vines and lit by huge chandeliers. A special-effects-heavy pre-show will include lightning and glowing, smoke-filled bubbles drifting over the audience. Seasonal

elements like the hall of Christmas trees have been supercharged, but we won't give away all the secrets.

The cinema, bar and courtyard, with food offerings from Honest Burger and Motherclucker, are just phase one for the building. Given three storeys to play with, Davies and his partner James Milligan plan to add karaoke booths, a second screen, another bar and possibly a theatre space and mini-golf. Their

hope is that the cinema becomes just one reason to visit among many.

Davies is keen that putting down roots doesn't mean losing their nomadic personality. 'People like that Backyard Cinema feels fun and handmade,' he says. 'We want to keep that feeling but' – he gestures as bubbles float many metres above our heads – 'much bigger'. ■

*Olly Richards*

→ 13 Wandsworth Plain ↻ Wandsworth Town



## The Shiny Shrimps



### WHAT IS IT...

A French comedy about a gay water polo team.

### WHY GO...

It's very funny and will touch you in all the right places.

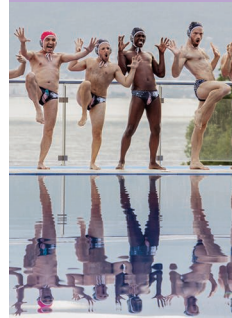
→ Directors Maxime Govare and Cedric de Gallo (15) 103 mins.

**WHAT WOULD BE** the perfect punishment for an Olympic swimmer caught making a homophobic remark? Why, to coach an amateur gay water polo team to the Gay Games, of course. Such is the premise of this irresistible comedy about water sports based on an actual team called the Shiny Shrimps (so named because 'the best part of a shrimp is the tail') – although not, alas, on a true story.

Belgian actor Nicolas Gob is terrific as Matthias Le Goff, straight man (in both senses) to the hapless-but-fabulous ensemble. Instead of cookie-cutter gay archetypes (one is a trans woman), the film is full of well-defined characters with rich inner lives away from the pool, and each gets his moment to shine.

The script occasionally dips into cliché and bears an obvious debt to 'The Adventures of Priscilla, Queen of the Desert' (they even drive in an open-top tour bus), but co-directors Maxime Govare and Cedric de Gallo wring every ounce of comedy potential from the premise, helped by the fact that the stakes are hilariously low. Even when tragedy strikes – there are tears as well as laughter in this shrimp cocktail – it feels earned, rather than just triggering a show-stopping dance number (though it does that, too), and doesn't diminish the feelgood factor.

Hollywood, if you're reading, cast Jason Statham (a former Olympic diver) in the remake – you'll be laughing all the way to *le banque*. ■ *David Hughes*



## Rojo



### WHAT IS IT...

A thriller set before Argentina's 1976 coup d'état.

### WHY GO...

For the sense of doom and impressive facial hair.

→ Director Benjamin Naishtat (15) 109 mins.

**WHEN 'ROJO' STARTS** you would be forgiven for thinking someone had slipped on a vintage '70s movie by mistake. The tobacco colour palette, dodgy hairdos and dubious fashions all scream the decade. But this is a newly made and clever period mystery from Argentinian director Benjamin Naishtat. It's full of cryptic dead ends, many of which allude to historical events.

In the town where respectable lawyer Claudio ('Talk to Her's Darío Grandinetti) lives, families disappear and bodies mount up in the desert, but little touches his safe suburban life. That changes when an argument with an unstable stranger descends into violence. Left nursing a dying man, he has to make a choice: seek help or just dispose of the problem.

Most of this jet-black comedy deals with the fallout from that decision, as we edge closer to discovering the victim's identity. But this is a world of skewed morals, and the lawyer is not our villain. We judge Claudio more for yelling at his wife because she needs to pee than for the other ethical choices he makes along the way.

Naishtat's message is clear. Claudio is a flawed but redeemable man, but Argentina is broken. The director knows his subject matter: Naishtat's grandmother was one of the disappeared and his father had to flee their home, which was later burnt to the ground. Perhaps that's what makes this insightful black comedy about a lost time so poignant and precise. ■ *Greer McNally*





FIVE OF THE BEST

# Things to see in September



## 1 'The Goldfinch'

Bookgroups will burn screenwriter Peter Straughan and director John Crowley in effigy if they fail Donna Tartt's much-loved novel. The signs are good, though: Crowley made the Oscar-nominated 'Brooklyn' and Straughan scripted 'Tinker Tailor Soldier Spy'. The cast boasts Ansel Elgort, Nicole Kidman and Sarah Paulson, so this bird should be in good hands.

→ Opens Sep 27.



## 2 Monty Python at 50

Proving you can still do silly walks at of the ripe old age of 50, Monty Python's half-century is marked by a season of holy grails, waaaf-air-thin mints and fjørd-pining parrots at the BFI. If you're new to the comedy troupe and its pantheon of films, sketches and spin-off projects, you'll discover something completely different.

→ BFI Southbank, until Sep 29.



## 3 'For Sama'

It won Best Documentary at this year's Cannes; now it's time to find out whether all the fuss around 'For Sama' is merited (spoiler: yes). In fierce, chaotic and deeply emotional detail, it charts the siege of Aleppo through the eyes of filmmaker Waad Al-Kateab. It's a tough but breathtaking watch, so don't miss it.

→ Opens Sep 13.



## 4 'Ad Astra'

Director James Gray broke hearts with 2016's Amazon epic 'The Lost City of Z'. Ever ambitious, he's now aiming for the stars. It may sound like an affordable family car but 'Ad Astra' is a space odyssey that sends Brad Pitt's astronaut into the void to find his missing dad and unravel the meaning of human existence.

→ Opens Sep 18.



## 5 Raindance Film Festival

Aspiring filmmakers should get along to this annual celebration of all things indie. There are more than 200 movies, docs, shorts and videos to get your teeth into, many of them world premieres, and it's a chance to discover the next Christopher Nolan or Ben Wheatley before everyone else. Tickets start at just a tenner.

→ Various London venues, Sep 18-29.

THE GOLDFINCH: MACALL POLY; SAMMA: ABD ALKADEER HABAK

All the best movies to see in September at [timeout.com/film](http://timeout.com/film)



# Music & Nightlife

Edited by Oliver Keens  
timeout.com/music @timeoutmusic

## 'Peaky Blinders' has its own festival!

The massive TV drama is becoming a two-day music festival. All signs suggest it will be fire (not Fyre) and well worth the trip to Brum. Illustrations *Daniel Mitchell*

**A DJ BUDDY** did a corporate gig recently. To pay the bills. When she asked what type of music they wanted her to play, she got a two-word reply: 'Peaky Blinders'.

It's hard to overstate the cultural impact of the BBC's hard-edged upending of the traditional costume drama. Aside from the tense, violent storyline rendered by stars Cillian Murphy and Helen McCrory, it's the show's sense of style and musical nous that has helped make it a modern global phenomenon.

Like mods and punks of the past, 'Peaky Blinders' fans have become their own legitimate tribe in the cultural melange of British life. Albeit more middle-aged, possibly with a hatchback in the driveway and a glovebox full of Nick Cave CDs.

David Beckham is well Peaky (he's even launched a clothing range via Kent & Curwen, which he co-owns). Snoop Dogg is a fan too. Superdrug is about to launch a grooming range inspired by the show. Peaky-themed stag and hen dos scourge the land. So we're not surprised that so many Londoners are considering leaving the city for what's formally titled The Legitimate Peaky Blinders Festival.

It's a proper two-day music fest, on the streets of Digbeth in Birmingham, where the show is set, and which will transform – Secret Cinema-style – into the world of the Shelby family circa 1919. The event's credentials are genuinely impressive. It's an official collaboration, co-curated by the show's creator, Steven Knight. The







creative team behind the wildly imaginative Boomtown Festival is directing the immersive elements, featuring 200 actors either slyly blending in or breaking out to stage scenes in local warehouses and factories. Real-life cast members are featured too, plus there's contemporary dance from London company Rambert. There are even onsite tailors and barbers doing traditional wet shaves.

And then there's the music, which does justice to the series' trademark sound: noirish crunchy rock with occasional flashes of either tender soul or peat-black murk. Primal Scream, Frank Turner & The Rattlesnakes, Slaves, Nadine Shah and Anna Calvi are all playing over five stages (Calvi has also contributed original songs for the current series). Brummie hero Mike Skinner is doing a Peaky-inspired DJ set, plus there's a huge side order of jazz and swing acts like The Correspondents, The Jive Aces and The Heavybeat Brass Band. There's also a major act still to be announced. Let's hope they persuade Nick Cave to do it: by order of the Peaky Blinders. ■

→ The Legitimate Peaky Blinders Festival takes place in Digbeth, Birmingham Sep 14-15.



**By Oliver Keens**  
Who would last mere minutes in a real-life Peaky situation (but likes the shirts).

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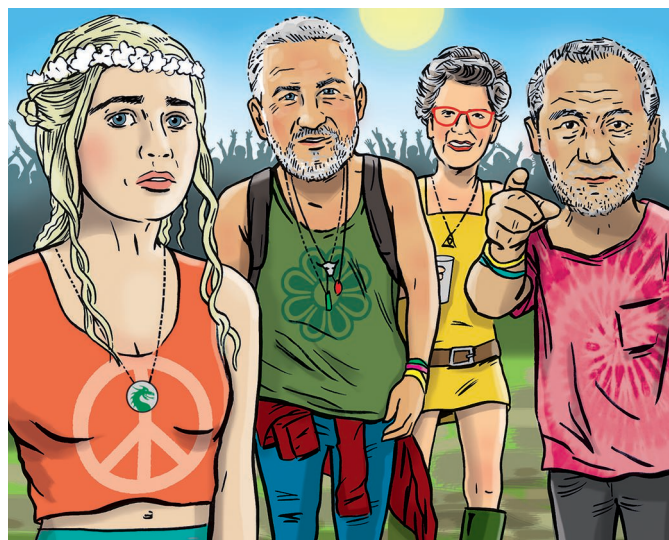
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## ...and here are ten more TV shows that should become festivals



### **Game of Thrones**

The weekend starts off AMAZING, but ends up being RUBBISH.

### **Killing Eve**

You're just inches away from your mate approximately 800 times over the weekend without ever managing to spot them. Then you bump into each other twice in the last hour.

### **Love Island**

A load of single people dancing in slow motion to a Ministry of Sound compilation on a portable bluetooth speaker. Tiger Tiger, basically.

### **The Apprentice**

Lord Sugar is a born headliner, but beware the risk of appalling ticket sales, a cornucopia of cock-ups and a sad taxi home.

### **Antiques Roadshow**

Headliners The Rolling Stones, Little Richard and Cliff Richard will be wheeled on, constantly wagging their fingers upwards to the deafened sound engineers.

### **Narcos**

Don't worry, the sniffer dogs will be given extra treats after working this one.

### **The Great British Bake Off**

A lone gingham tent alternates between soft rock acts and innuendo-laden stand-up. Torrential rain leads to an outbreak of soggy bottoms.

### **Luther**

Idris Elba DJing in a grey Chesterfield overcoat for days on end.

### **The Inbetweeners**

Every UK festival ever... ■ Kyle MacNeill





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**2020 UK TOUR**

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## Music & Nightlife

### Give us the lowdown, then.

Two years ago, Claire 'Clairo' Cottrill was your regular teenager – a wannabe musician recording her own lo-fi pop songs in her bedroom in Carlisle, Massachusetts. She had a small following online until she shared the video for her song 'Pretty Girl' and blew up. Now, she's one of the most buzzed-about rising stars of the year.

### Why should I care about yet another viral sensation?

There's way more to Clairo than one undeniable song. If her soft, subtle, dreamy pop sounds don't get you, then the vulnerability and honesty in her lyrics will. Her debut album 'Immunity' is full of songs that smartly and beautifully capture the journey of self-discovery you go on in that no-man's-land period of not really being an adult, but not really being a kid anymore.

### If I listen to one song from 'Immunity', which should I pick?

It being one of the best debuts of the year so far, you really should just listen to all of it. But if you want a powerful,

## WHAT'S THE DEAL WITH Clairo



scuzzy banger that celebrates finally feeling comfortable with your own sexuality, hit play on 'Sofia'. If it's something quieter and more reflective you're after, try 'I Wouldn't Ask You' – a seven-minute stunner that flits from guilt-ridden despondency to glittering optimism in a heartbeat.

### Any other interesting nuggets I should know about?

If you need some indie A-list co-signs to sway you, former Vampire Weekend member Rostam Batmanglij co-produced the album and Haim's Danielle Haim drums on several songs. Clairo also recently opened for Khalid on his US arena tour. She's got connections now.

### Impressive. Any chance of her coming to the UK soon?

She'll do the rounds on her first UK tour in December, calling at Shepherd's Bush Empire on December 2. You might want to grab tickets while you can, because they won't be around for very long. ■ *Rhian Daly*

→ Clairo plays O2 Shepherd's Bush Empire on Dec 2. 'Immunity' is out now.

# ALL OUR TOMORROWS

NEW  
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FESTIVAL

### ● THU 12 SEP

Squid

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Lazarus Kane  
+ Savage Gary  
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19:30 - 00:00 / £5

### ● FRI 13 SEP

Hak Baker

Badgirl\$

Master Peace  
Nayana IZ  
+ EMERALD DJ Set  
19:30 - 01:00 / £5

### ● SAT 14 SEP

Black Country, New Road

Pardans

Jerskin Fendrix

Great Dad

Platonica Erotica

Osquello

Taylor Skye

Lealani

Brother May

+ Taylor Skye DJ Set

16:00 - 01:00 / £5

#### TICKETS:

wegotickets.com

the100club.co.uk

fredperry.com/aotfestival



SUBCULTURE





# KATE TEMPEST

THE BOOK OF TRAPS & LESSONS TOUR

**TUESDAY 15 OCTOBER**  
LONDON  
EVENTIM APOLLO,  
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THE END OF SUFFERING TOUR

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with special guests *Angie McMahon*

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O<sub>2</sub> Forum Kentish Town  
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# FOY VANCE

THE TOUR

**THURSDAY 21 NOVEMBER**  
THE LONDON PALLADIUM

MYTICKET.CO.UK FOYVANCE.COM  
f t i

# FEEDER



**FSOLD OUT 22 & SATURDAY 23**  
NOVEMBER  
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# The Sherlocks



PLUS GUESTS **MARSICANS • Indoor Pets**

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# the bluetones



**Friday 08 November**  
London  
O<sub>2</sub> Shepherd's Bush  
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HAMMERSMITH



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BABYMETAL.COM

# THE CULT

A SONIC TEMPLE



**SUNDAY 27 OCTOBER**  
LONDON  
EVENTIM APOLLO, HAMMERSMITH



# GIGS AND CLUBS

Buy tickets at [timeout.com/gigs](http://timeout.com/gigs)

## Giggs

A massively-awaited solo show for Peckham's finest, Giggs's newly announced UK tour – in support of his fifth album 'Big Bad' will culminate at Wembley's SSE Arena. Needless to say, he'll be bringing that dirty-dirty and bringing that certi... best of all, you can cop a ticket from just £20.50 – don't sleep on it.

→ SSE Arena, Wembley, Dec 6.



## REBEL SOUNDS LIVE

part of **CULTURE UNDER ATTACK**

A series of free live interventions and discussions with musicians and activists who have risked their lives for culture in times of war, exile and censorship.

**Cold War Russia: Jazz and Pop Subculture**  
Saturday 21 September

**Belgrade: Techno Music and Grassroots Resistance**  
Saturday 23 November

**Mali: Defiant Music and Songhoy Blues**  
Sunday 1 December

Book your free tickets at [iwm.org.uk](http://iwm.org.uk)  
**IMPERIAL WAR MUSEUM LONDON**



### Red Bull Music Festival: The Sunday Club

Garage was born out of a south London scene that jammed to fast-pitched US house music on Sundays. This one-off event reconnects with those roots, and features original dons including So Solid Crew, Todd Edwards and Ms Dynamite.  
→ Union Car Park, Great Suffolk Street. Sun Sep 8.

### Mantra

Brixton venue Phonox launches its exciting new weekly Saturday night. Skinny Macho, Tommy Gold and Bossy LDN are the rotating resident DJs, and the aim is to 'promote more of London's rich musical diversity as well as global hip hop culture'.  
→ Phonox. Sep 21.

### MNEK

The super-talented singer-songwriter-producer plays an intimate gig in aid of

music therapy charity Nordoff Robbins.  
→ XOYO. Sep 25.

### John Legend

The Grammy-winning singer-songwriter plays The O2 as part of BluesFest 2019. Big.  
→ The O2. Oct 25.

### Toni Braxton

The 'Un-Break My Heart' singer has just booked this one-off, UK exclusive London gig. Tickets go on sale Friday morning. Be ready.  
→ Eventim Apollo. Nov 16.



### Sudan Archives

This mesmerising singer and violinist is a spellbinding stage presence. And her repertoire is still growing, with her upcoming debut album expected soon.  
→ Corsica Studios. Nov 19.

### Julian Cope

One of the UK's most consistent evangelists of psychedelia plays a rare London date, diving deep into his back catalogue.  
→ Barbican. Feb 8 2020.


### Amy Wadge

One of Ed Sheeran's fave co-writers showcases her solo material.  
→ Omeara. Mar 18 2020.

### Cigarettes After Sex

Let us hear you make a soft, cooing 'whoop' at the news that this dreamy American ambient group are returning. New album 'Cry' drops in October.  
→ Eventim Apollo. Mar 24 2020.





**JESCA HOOP**

FRIDAY 04  
OCTOBER 2019  
**BARBICAN**  
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PITCH & SMITH



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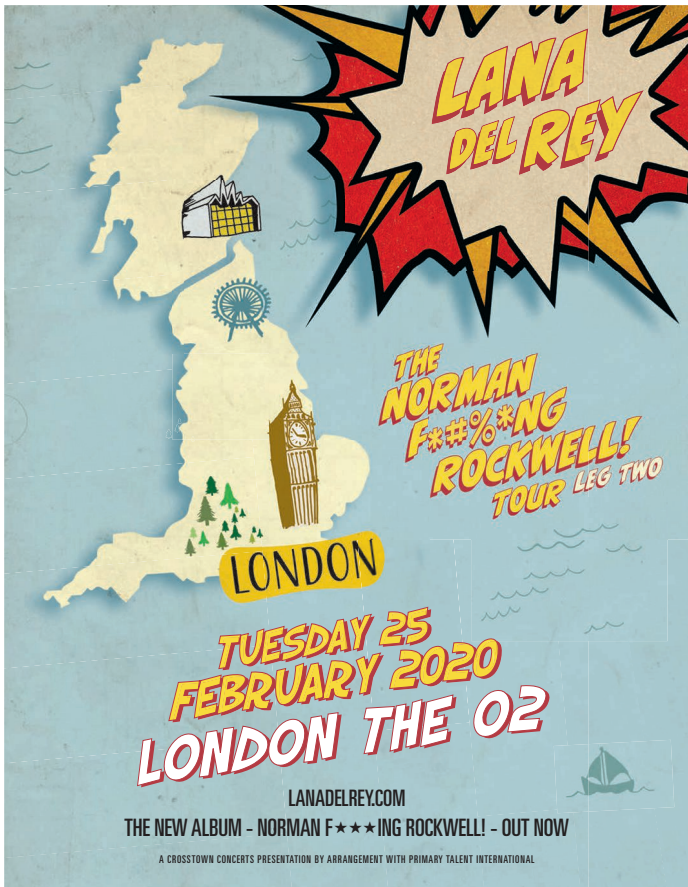
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**EVENTIM APOLLO**  
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A CROSTOWN CONCERTS PRESENTATION BY ARRANGEMENT WITH PRIMARY TALENT INTERNATIONAL



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# Theatre & Dance

Edited by **Andrzej Lukowski**  
timeout.com/theatre @timeouttheatre

## TIME OUT MEETS

# Lucy Prebble

Seven years after her last masterpiece, the playwright is back with a head-spinning epic about the 2006 Russian spy poisoning

**'IT'S A REAL** fucker,' says Lucy Prebble, reasonably, of her fourth play, 'A Very Expensive Poison'. 'It's like doing an incredibly complicated dive every night: if you don't get it right then BANG, you smack straight into the surface of the water. But if you do it right it's very impressive, because people go: "oh, I see – it's not that, it's *that*.'"

Very loosely adapted from Luke Harding's eyebrow-raising book account of the 2006 radiation poisoning of the Russian defector Alexander Litvinenko with the rare element polonium, Prebble's play is not 'that'. 'That' would be the straightforward spy thriller she briefly toyed with writing.

But really, the author of the landmark play 'Enron' was always going to write *that*. Her take on 'A Very Expensive Poison' is a fiendishly complicated, totally out-there metacomedy that juxtaposes

the touching relationship between Litvinenko and his wife Marina with the madness of the malevolently bungling Russian mafia state and the feeble British intelligence response. Reece Shearsmith stars as Vladimir Putin, imagined as a hysterically petty vaudevillian. On the page it is angry, mad, brilliant... and alarmingly contemporary.

Prebble says her head wanted to write a play that invoked the craziness of late-'90s Russia as a way of looking at the present state of politics in the UK and the US, while her heart was drawn to both 'the frequent ridiculousness of this story' and the 'passionate sorrow' of Marina (consulted for the project).

It is almost certainly not the way any other playwright would have approached things. But the affable, chatty, slightly neurotic Prebble is not any other playwright. Her body of stage work is tiny. But she has a

**'If people don't love it I don't want to worry. I think I've been courageous'**







POL-HANSEN

More theatre fun at  
[timeout.com/theatre](http://timeout.com/theatre)

towering reputation, mostly based on the brilliance of 2009's 'Enron' and 2012's 'The Effect', the former an audacious experimental drama about the financial scandal, the latter a dazzling interrogation of the nature of love itself.

In the years since 'The Effect' she's become a minor celebrity: guesting on 'Have I Got News for You' and Frankie Boyle's 'New World Order'. There have been no plays, but lots of other stuff, including writing for HBO's 'Succession', a happy experience that causes her face to light up at the mention of it.

By contrast, she laughs when asked if writing a play makes her happy. 'I find it incredibly stressful and anxiety-making! But I keep doing it! I genuinely really, really care and I'm really pained when it's not working'. And she admits 'A Very Expensive Poison' may not work: it is a hugely ambitious, almost uncategorisable play that's been given an extra-long preview period because it's so weird and complicated. 'I think people will see it as a big swing,' she sighs, 'and I want to take some solace in that. If people don't love it, I don't want to worry, because I think I've been courageous'.

Whatever happens, absolutely do not hold your breath for play number five, which Prebble thinks will be years away again. 'For me plays are like kids. It'll take me a while to get over it and even then I'm not sure. It's really, really meaningful and I love it, but I'm honestly quite exhausted.' ■

→ Old Vic. ↻ Waterloo. Until Oct 5. £12-£65.



**By Andrzej Lukowski**  
Who can't help but feel  
patriotic about polonium.



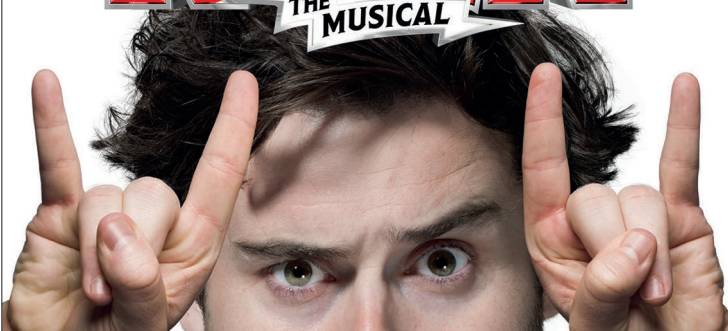
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## Theatre & Dance



### Bartholomew Fair



**IF ONLY THERE** were some sort of large, raucous, open-air theatre in London that could stage this rare revival of Ben Jonson's sprawling outdoor-set 1614 comedy 'Bartholomew Fair' ... Blanche McIntyre's Sam Wanamaker revival has a lot going for it, but it seems mad that it's not part of the outdoor programme.

Setting that aside, McIntyre's spirited modern-dress revival – a longtime pet project – is fun, albeit sometimes bewilderingly so as it tries to condense a four-hour, 30-plus character play into a two-and-a-half-hour one performed by 12 actors.

Loosely speaking it follows the extremely misguided attempts of lawman Adam Overdo

(Dickon Tyrell) to go undercover at the notoriously bawdy Smithfield fair, which began in 1133 and was finally discontinued in 1855 for being too lairy for the Victorians. His subterfuge does not go well, and at the risk of spoiling, Overdo ends up being battered by a giant Pikachu toy at one point in McIntyre's production.

The joy of the thing is the rude, eccentric sprawl of life it presents. But for all its undoubted spirit, the production feels a bit contained, and never really has the air of an actual fair, which is a shame because the Globe's outdoor stage could have been so perfect for this. McIntyre has made a good fist of her pet project, but was this really the production she's always dreamt of staging? Maybe not all the fun of the fair, but most of it. ■

Andrzej Lukowski

#### WHAT IS IT...

A rare revival of Ben Jonson's sprawling comedy.

#### WHY GO...

To soak up Jonson's delightful array of oddball characters.

→ Shakespeare's Globe.

⊖ Mansion House.

Until Oct 12. £11-£68.

More reviews at  
[timeout.com/theatre](http://timeout.com/theatre)

MARC BRENNER



# Fleabag



**THE FIRST TIME** I saw 'Fleabag' was in a dank cave at the 2013 Edinburgh Fringe, and it felt like Phoebe Waller-Bridge's scabrous monologue was one of the funniest things I'd ever seen: her depiction of a young woman hurtling through London in full-on self-destruct mode was genuinely outrageous.

A year later I saw it in a tent at Latitude Festival, where it felt almost unbearably depressing: the depths of self-loathing plumbed by Waller-Bridge's protagonist connected better than the wanking gags.

Third time around, it's a little of each. It's still funny, though not really shocking: how could it be when it spawned such a popular TV show? But equally, the more hopeful second series had made me forget quite how bleak the original monologue gets.

So there's no Hot Priest or foxes. In fact, there are very few other characters. Fleabag's sister, Claire, and deceased best friend, Boo,

are still conjured by Waller-Bridge as she sits alone on a stool. But she spends more time doing an impression of the rodent guy she meets on the tube. It's self-contained, a scuzzier parallel universe version of the character.

It is a great performance: Waller-Bridge sounds both insouciant and devastated. At the start, she

parades her heroine's most awful exploits like hunting trophies. By the end, she is shattered by the fallout from her nihilistic desire to be liked.

At heart it's still an hourlong Edinburgh Fringe monologue, even if it's gained stardust simply because Waller-Bridge is now a celebrity. But it was written for a different context, and some of the gear changes

**WHAT IS IT...**

Phoebe Waller-Bridge's 2013 play, which spawned some TV show.

**WHY GO...**

The writing still stands up, and Waller-Bridge is now a bona-fide star.

**BOOK...**

Sold out, but day seats and web lottery tickets available.

→ Wyndham's Theatre.

⊖ Leicester Square.

Until Sep 14. £20-£127.50.



MATT HUMPHREY

clunk a bit. 'Fleabag' series two is Waller-Bridge's masterpiece, the perfection of the character. But the return of the original monologue isn't just an ego trip; it's a piece of theatre that still stands up. We're not going to see Waller-Bridge again on stage any time soon. So savour this dark night of the soul, one last time. ■ *Andrzej Lukowski*

# AT THE OLD VIC

## A VERY EXPENSIVE POISON

A play by

# LUCY PREBBLE

Based on the book by

# LUKE HARDING

Now playing

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## NEW SHOWS

THE HOTTEST THEATRE OPENINGS THIS WEEK

### WEST END

#### The Fishermen

An acclaimed staging of Chigozie Obioma's story of ghosts and brotherhood, set in rural Nigeria.

→ Trafalgar Studios. ⊕ Charing Cross. Until Oct 12. £20-£30.

#### Hansard

Simon Woods's satire about a Tory politician on the edge, starring Lindsay Duncan and Alex Jennings.

→ National Theatre, Lyttelton. ⊕ Waterloo. Until Nov 25. £45-£89.

#### Total Immediate Collective Imminent Terrestrial Salvation

Experimental theatremaker Tim



Crouch's bold new show gives the audience a script and lets them read along with the action.

→ Royal Court Theatre. ⊕ Sloane Square. Until Sep 21. £15-£25.

#### A Very Expensive Poison

Lucy Prebble's hotly anticipated follow-up to 'The Effect'.

→ Old Vic. ⊕ Waterloo. Until Oct 5. £12-£65.

#### Falsettos

A revival of a groundbreaking gay musical, starring Natasha J Barnes ('Funny Girl').

→ The Other Palace. ⊕ Victoria. Until Nov 23. £19.50-£65.

#### For Services Rendered

Somerset Maugham's Chekhov-inspired drama, directed by Tom Littler.

→ Jermy Street Theatre. ⊕ Piccadilly Circus. Wed Sep 4-Oct 5. £30, £10-£20 concs.

#### How Love Is Spelt

Chloe Moss's play follows a 20-year-old woman adrift in London.

→ Southwark Playhouse. ⊕ Elephant & Castle. Wed Sep 4-Sep 28. £22, £18 concs.

#### Jade City

Alice Malseed's story of growing up in Belfast is performed to an electronic score.

→ The Bunker. ⊕ London Bridge. Until Sep 21. £16, £3-£12 concs.

#### A Midsummer Night's Dream

Explore the basements underneath Alexandra Palace Theatre with this immersive

### TOP-SELLING TICKETS

AT [TIMEOUT.COM/TICKETS](http://TIMEOUT.COM/TICKETS)

#### 1 Waitress

Sara Bareilles's musical is full of sweet harmonies.

→ Apollo Theatre. Until Jan 4 2020.

#### 2 The Comedy About a Bank Robbery

Knockabout farce from the Mischief Theatre gang.

→ Criterion Theatre. Until May 3 2020.

#### 3 Equus

A stylish take on Peter Shaffer's edgy classic.

→ Trafalgar Studios. Until Sep 7.

#### 4 Everybody's Talking About Jamie

The mega-hit drag show.

→ Apollo Theatre. Until Jan 25 2020.

#### 5 The Book of Mormon

Toe-tapping musical filth.

→ Prince of Wales. Until Nov 15.

FOR TICKETS TO THE BEST SHOWS AT GREAT PRICES  
[TIMEOUT.COM/TICKETS](http://TIMEOUT.COM/TICKETS)

### EXCLUSIVE

Save 30 percent on tickets to 'Aladdin and the Feast of Wonders' – a theatrical dining experience with a five-course meal in the quirky Vaults of Waterloo. Tickets from £21.

[TIMEOUT.COM/WONDERS](http://TIMEOUT.COM/WONDERS)

### OFF-WEST END

#### Chiaroscuro

Incoming Bush Theatre boss Lynette Linton starts her reign with a gig-theatre-style staging of poet Jackie Kay's 1986 debut play.

→ Bush Theatre. ⊕ Shepherd's Bush Market. Until Oct 5. £20, £15-£17.50 concs.

Shakespeare show from Rift.

→ Alexandra Palace. Alexandra Palace rail. Tue Sep 3-Sep 28. £25, £20 concs.

#### Torch Song

Turbine Theatre throws opens its doors with Harvey Fierstein's musical jaunt through New York's gay scene.

→ Turbine Theatre. Battersea Park Overground. Until Oct 13. £32.

#### Typical

Ryan Calais Cameron's play follows a veteran struggling to readjust.

→ Soho Theatre. ⊕ Tottenham Court Rd. Tue Sep 3-Sep 28. £16-£22.

#### Until the Flood

A lyrical study of the 2014 Ferguson riots by US poet Dael Orlandersmith.

→ Arcola Theatre. Dalston Junction Overground. Wed Sep 4-Sep 28. £10-£27.

### LAST CHANCE

#### The Worst Witch

Based on Jill Murphy's books, this show delivers magic and fun by the cauldronful.

→ Vaudeville Theatre. ⊕ Charing Cross. Until Sun Sep 8. £25.50-£65.



More London theatre listings at [timeout.com/theatre](http://timeout.com/theatre)



# Art

Edited by Eddy Franke!  
timeout.com/art @timeoutart

## Eight amazing autumn museum exhibitions

As the days get shorter, the exhibitions get better, so the Time Out Art team has picked the best shows in town to get you through the colder months



### 1 'Troy: Myth and Reality' ↑

If there's anything this exhibition about the great city of Troy will teach us it's to always look a gift horse in the mouth, because if you don't then a group of elite commandos will climb out of it when you're asleep and kill you and all your mates. That's just one of the lessons we're sure to learn in this seriously exciting show, which will be full of art, objects and beautiful things from ancient Greece and Turkey.

→ British Museum. ⊕ Holborn. Nov 21-Mar 8 2020. £22, £18 concs.



### 2 'The Clash: London Calling' ↑

Shareef might not like it, but it's good news for music fans: the Museum of London is putting on an exhibition about our city's greatest punk band, The Clash. 'What about The Sex Pistols?' you ask. No, it's The Clash, obviously. The museum's pulled together more than 100 items from the band's archive relating to 'London Calling', including the bass Paul Simonon is smashing on the cover and Joe Strummer's personal typewriter. One Time Out staffer lost their virginity to The Clash's 'Combat Rock' album, but we're not allowed to say who. Should you stay or should you go to this exhibition? Of course you should go. Just check the opening hours so you don't get the train in vain.

→ Museum of London. ⊕ Barbican.

Nov 15-Mar 20 2020. Free.



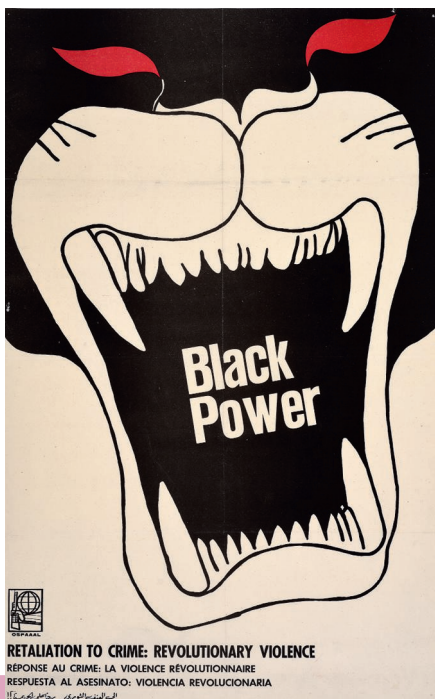


### 3 'Cars: Accelerating the Modern World' →

In 1865, Parliament passed The Red Flag Act, a law insisting that all motorised vehicles travel at a maximum of 2mph in the city or 4mph in the countryside, and warned pedestrians of their approach with a man walking in front of them waving a red flag. Times have changed quite a bit since then and as we approach the era of driverless cars, the V&A has a major exhibition looking at how automobiles have drastically impacted on the modern world.

→ V&A. ⊖ South Kensington.

Nov 23-Apr 19 2020. £18, £15 concs.

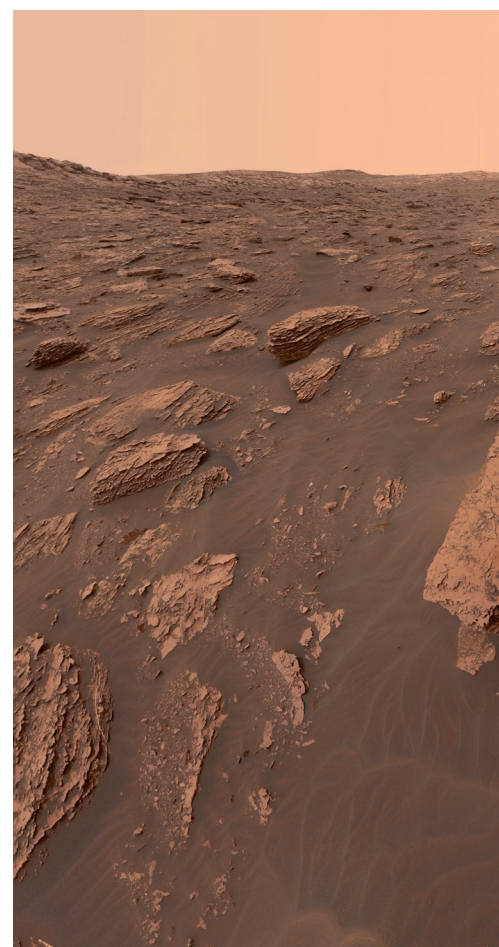


### 4 'Designed in Cuba: Cold War Graphics' ←

This show contains 115 posters and 70 magazines all made and distributed by Fidel Castro's Organisation of Solidarity of the People of Asia, Africa and Latin America, and these remarkable images all come from one private source. Revolutionary in spirit and engaged with political events happening across the globe, the posters address everything from the division of Korea to apartheid South Africa to the events happening in Cuba itself. For fans of graphic design, this show is a must-see.

→ House of Illustration. ⊖ King's Cross.

Sep 27-Jan 19 2020. £8.80, £4.40-£7.70 concs.



### 5 'The Art of Innovation: From Enlightenment to Dark Matter' →

Ever wondered what the relationship between David Hockney and a particle accelerator is? Well, wonder no more, because this show is going to explore the dialogue between science and art. Hepworth, Boccioni and Constable are just some of the artists dragged into the lab and put under the microscope.

→ Science Museum. ⊖ South Kensington.

Sep 25-Jan 26 2020. Free with museum entry.



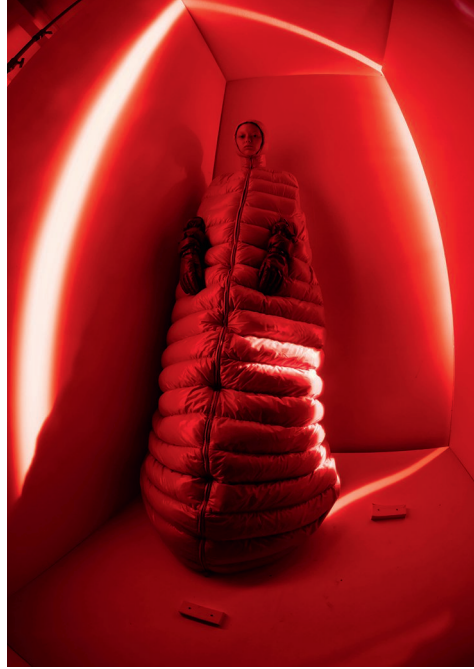
Find more art listings at [timeout.com/art](http://timeout.com/art)



### 6 Tim Walker: 'Wonderful Things' →

When Tim Walker took over Somerset House with his 'Story Teller' exhibition in 2012, the gallery was filled with, among other things, a 10ft tall baby doll and an orchestra of oversized bugs. Seven years later and the photographer is now getting a show at the V&A. This exhibition contains more than 150 new photos created in response to the museum's archives.

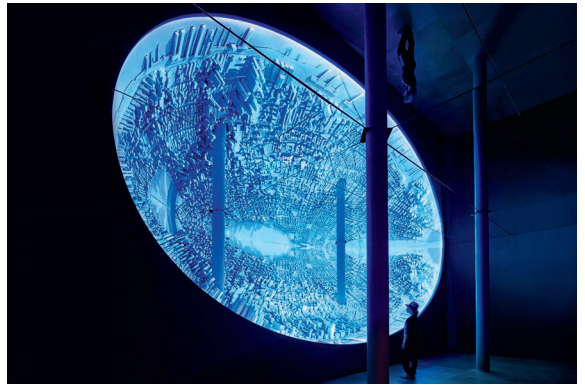
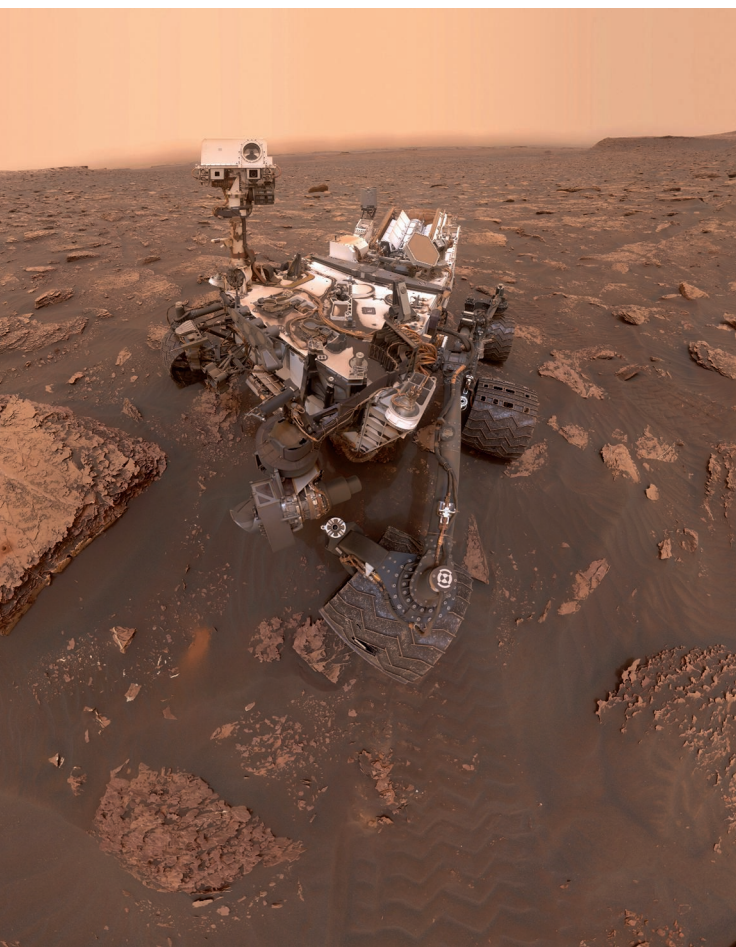
→ V&A. ⊕ South Kensington.  
Sep 21-Mar 8 2020. £15, £12 concs.



### 8 Es Devlin: 'Memory Palace' ↓

Travel through time and across the globe with this immersive installation by the massively talented artist and designer Es Devlin. Measuring 18 metres across, the mirrored sculpture celebrates key historical moments when human perception shifted track. Visitors will be whisked to the southern African caves where the earliest drawings remain right through to the Swiss birthplace of the internet. As fans of 'Sherlock' will know, a memory palace is a technique used to recall precise information by mentally placing it around an imagined house. ■

→ Pitzhanger Manor & Gallery. ⊕ Ealing Broadway.  
Sep 26-Jan 12 2020. £7, £4.50 concs.



**wellcome collection**

**BEING HUMAN**

Free exhibition  
Opens 5 Sep

wellcomecollection.org  
⇒ ⊕ Euston ⊕ Euston Square

Image courtesy of Es Devlin. Wellcome Collection is part of the Wellcome Trust. The Wellcome Trust is a charitable foundation for science and medicine. © 2019 Wellcome Collection. All rights reserved.

### 7 'Moving to Mars' ↑

Bored of work? Tired of the usual commute? Had it with hearing about how humanity has destroyed the rainforests/ rivers/ reindeers and so forth? Well, soon it will all be over and we can move to a friendlier corner of the solar system. To get with the space-age programme, the Design Museum is showcasing inventions connected to every stage of the most ambitious version of 'Relocation, Relocation' ever staged.

→ Design Museum. ⊕ High St Kensington.  
Oct 18-Mar 1 2020. £16-£18, £8-£13.50 concs.

ESDEVLIN PHOTO. CREDIT: NIKOLAS KREING. TIM WALKER. SARAH GRACE WALLERSTEDT. LONDON. 2018. © TIM WALKER STUDIO. NASA CURIOSITY ROVER ON MARS. IMAGE CREDIT: NASA





Rochelle Canteen

# Food

Edited by Tania Ballantine  
[timeout.com/eatdrink](http://timeout.com/eatdrink) @timeouteatdrink



The Ivy Chelsea Garden



Chiltern Firehouse

## Dine out

### Chiltern Firehouse

The hype may have died down, but Chiltern Firehouse remains a hot ticket, and it comes with the bonus of a lovely sheltered courtyard complete with heaters and blankets. Either book a table in the restaurant proper and ask for an alfresco spot amid the pot plants and lanterns – or simply turn up on the day with everything crossed. Available for breakfast, brunch and lunch (fair weather permitting).

→ 1 Chiltern St, W1U 7PA. ☎ Baker St.

### Ham Yard Hotel

The leafy rooftop garden and terrace on the fourth floor of this boutique hotel is a prime Soho oasis complete with stone floors, gleaming modern sculptures, mature oak trees and cream parasols; there are even a couple of hives tended to by a dedicated beekeeper. What's more, the tables are bookable (hooray!)

### Summer is nearly over, so when you plan that breezy lunch, make it a good 'un. Here's our pick of the loveliest alfresco dining spots in town

– although you'll be moved indoors if the weather's bad. Check the website for special ticketed pop-ups.  
 → 1 Ham Yard, W1D 7DT. ☎ Piccadilly Circus.

### The Ivy Chelsea Garden

Given its name, you'd expect this horticulturally themed venue to tick all the alfresco boxes, and The Ivy's terrace doesn't disappoint. By day, its leafy trellises, bloom-filled pots, water feature and velvet chairs will put you in an off-duty mood faster than you can order an Ivy Garden Royale. At night, fire pits, roaring hearths and lap blankets keep diners toasty and the vibe as chic as can be.

→ 195-197 King's Rd, SW3 5EQ.

☎ South Kensington.

### The River Café

Despite its riverside location, The River Café's gardens are what make dining outside here such a treat. If you snag an outdoor table (request this when booking), you'll either eat under the awning on the heated terrace, surrounded by herbs and edible flowers, or in the garden itself – amid shady trees on trimmed lawns. The menu is a study in seasonal Italian delights, with some ingredients from the growing patch.

→ Thames Wharf, Rainville Rd, W6 9HA.

☎ Hammersmith.

### Rochelle Canteen

Converted from the bike sheds of an old Victorian school, this

unassuming canteen has half a dozen outdoor tables on its plant-filled patio within the grassy walled garden overlooking Arnold Circus. This chilled-out space is at the mercy of the elements, but whatever the weather, you can depend on the seasonal, colourful cooking.

→ 16 Playground Gardens, E2 7FA.  
 Shoreditch High St Overground.

### Shoryu Carnaby

The Carnaby branch of this ramen mini-chain allows you to do that rare thing: sit outside in a smart Soho setting without paying through the nose. A cut above its Kingly Court neighbours, it offers great-value bowls of its swoon-worthy tonkotsu amid the elegant parasols and outdoor heaters of the street level courtyard – although you'll miss out on the funky vibe and pumping rock soundtrack. ■

→ 5 Kingly St, W1B 5PJ. ☎ Oxford Circus.

ROCHELLE CANTEEN: ANDY PARSONS; THE IVY CHELSEA GARDEN: PAUL WINCHURNE; CHILTERN FIREHOUSE: EMMA LEE



# Lucknow 49



**PARTIAL TO A** scatter cushion? Then you'll love Lucknow 49. This regional Indian restaurant, from the crew behind Soho's Dum Biryani, may be a tailor's stitch from Savile Row, but unlike most Mayfair spots (too sleek, too formal), the look here is colourful and homely. The wallpaper blooms with exotic-looking flowers in burnt orange and gold. In the middle of the room, the scuffed pine floorboards are stained with a pretty tassel-edged pattern, like the echo of a big ethnic rug. The chairs speak of bygone schoolrooms, while the kitchen, unusually for a casual spot, isn't fully 'open', but tucked behind the kind of wall found in the palaces of the Raj, punctuated by tiny arched openings. Like chaste princesses, the chefs can look out, but can't be seen.

The cooking draws inspiration from north India's Uttar Pradesh (Lucknow being its capital). Star dishes included a pair of



cardamom-scented lamb patties, 'made for a toothless *nawab* (Viceroy)', with smooth, silken centres, flashes of green chilli heat and dark, crusted edges. Or a bowl of fragrant goat biryani, all fluffy saffron rice and tender meat. This dish is worth the trip alone.

Others lacked lustre. A plate of potato-based veggie patties was no match for its meaty cousin, while the dal makhani, made with moong lentils, was fine, but forgettable.

But the rasmalai. Oh, the rasmalai. A spongy dense dumpling offset by milky, syrupy, floral sauce, plus crushed pistachio and a slice of mango, it was ambrosial stuff.

What's more, the staff here are a well-meaning bunch, and prices are at gastropub levels. Mostly, though, Lucknow 49 is a place you go to feel at home. Which in Mayfair, is not easily done. ■ *Tania Ballantine*  
**Dinner for two with drinks and service: around £100.**

**WHAT IS IT...**  
 A homely Indian restaurant in Mayfair, from the chef behind Dum Biryani in Soho.

**WHY GO...**  
 The goat biryani. Royally good rice.

→ 49 Maddox St, W1S 2PQ.  
 ↻ Oxford Circus.

**EXCLUSIVE**

Save 47 percent on tickets to a Motown-themed dinner at **Proud**. Sing, dance and eat, from just £19.50.

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Sponsored Listing

## Going out? Try here.



WEMBLEY

### BOXPARK WEMBLEY SAYS:

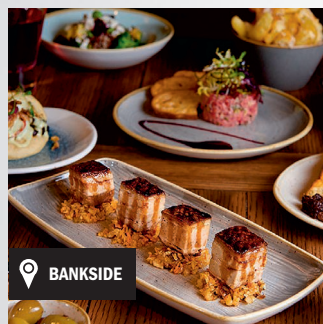
'Boxpark brings 20 street food vendors, three bars and great entertainment to Wembley Park. From burgers and sushi to Indian by a Michelin-starred chef, Boxpark caters for all. Like its older siblings in Shoreditch and Croydon, Boxpark Wembley aims to deliver a calendar of pioneering events that reflects the local culture and community.'  
 Olympic Way, Wembley Park, HA9 0JT.



MARYLEBONE

### PLAYA SAYS:

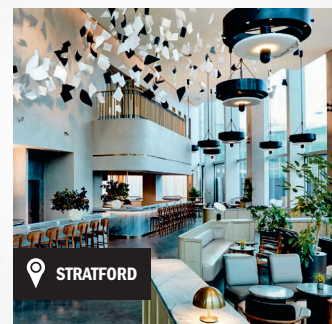
'Get lost in the jungle of Playa where caipirinhas flow like water and exotic fruits are muddled into cocktails made with artisanal cachaças. And if you like them? Master them yourself on the second Tuesday of each month, alongside South American dishes full of character. Our celebrated DJs will take you through hedonistic journeys into tropical paradises.'  
 50 Baker St, W1U 7BT.



BANKSIDE

### OXBO SAYS:

'As it gets colder outside, let Oxbow Bankside warm you with its menu of mouthwatering seasonal dishes, inspired by ingredients chosen from nearby Borough Market. Celebrate in style at the weekends with unlimited bubbles during Prosecco Fridays or great flavours at our famous weekend brunch. Christmas bookings now open.'  
 Hilton London Bankside, 2-8 Great Suffolk St, SE1 0UG



STRATFORD

### THE STRATFORD BRASSERIE SAYS:

'Uniting locals, guests and residents over coffee, cocktails and all-day dining, The Stratford Brasserie is unlike anything in the area. It's a sprawling, vibrant space featuring an open kitchen, bar, lounge and outdoor terrace. The seasonal menu is characterised by local produce, blending classic brasserie staples with a touch of the unexpected.'  
 Olympic Park, 20-22 International Way, E20 1GQ





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**SO YOU'VE  
NEVER BEEN TO**

**Gelateria  
Danieli**



**Ooh, ice cream.**

Yes, and not just any old ice cream (actually gelato, which has less cream and more air). Going strong since 2005, Gelateria Danieli made the gelato for the Queen's eightieth. And if it's good enough for her Maj...

**Then it must be pretty decent, right?**

More than just decent. It's superb. You'll find two dozen flavours, from the classic (creamy chocolate, bean-flecked vanilla) to the curious (Ferrero Rocher, Sicilian cactus fruit). But whatever you do, get the cherry bakewell flavour.

**Why, what's it like?**

You know that scene in 'Charlie and the Chocolate Factory' where Violet Beauregarde chews the three-course roast dinner gum and can taste each individual component? It's like that: first buttery pastry, then chewy cherries, then the scent and crunch of almonds. But no one turns into a blueberry at the end.

**Cool. Can I eat in?**

Just about: there are a sprinkling of fairly functional seats inside, though it's the bistro tables in the alley outside that you really want. Otherwise, head a few doors down to sister venue Danieli on the Green: it's technically a chocolate shop but serves almost as much gelato. Or embrace nature and cross the road to leafy Richmond Green, which offers sunshine, benches and the shade of ancient Tudor trees. ■

*Tania Ballantine*

**Gelato for two, no drinks, no service: around £12.**

→ 16 Brewers Lane, TW9 1HH. ☺ Richmond.

Find more premium parlours:  
[timeout.com/icecream](http://timeout.com/icecream)



# Drink

Edited by **Laura Richards**  
timeout.com/bars @timeouteatdrink

## BAR OF THE WEEK



### WHAT IS IT...

A fun, buzzy bar within London's new Standard Hotel.

### WHY GO...

Cocktails done NYC-style (ie paired with hot dogs).

→ 10 Argyle St, WC1H 8EG.

⊖ King's Cross.

bar looked best for American-style service direct from bartenders.

Americanisms continued on the menu, from spot-on, mustard-smothered mini hot dogs to big, greasy pretzels. Whitebait was more London, a great sharing option. Meanwhile, Brooklyn lager adorned the taps and cocktails came across seriously NYC – especially a very effective Pickle Martini. Other flavours were on the sweet side, from a prosecco-filled Pick & Fizz, saccharine with strawberry, to a Chocolate Stout Martini. Made from orange liqueur, stout and coffee, it was Terry's Chocolate Orange meets Espresso Martini – and bound to be as big a hit as the bar's pitchers of Aperol Spritz.

Prices were fair for the hotel world, cocktails ranging from £8 to £12. And as for that TFL look – well, it's actually rather dapper, from mosaic-detail flooring to a natty, patterned bar and comfy upholstery. I know where I'd rather be during rush hour. ■ *Laura Richards*

## Double Standard



**NO, YOU HAVEN'T** stepped into the Transport Museum. This bar with its 'TfL-inspired' interior is at London's Standard Hotel and it's one of London's coolest new hangouts. Maybe it's because the hotel group carries its hip credentials with it from across the Pond (with outposts in New York, LA and Miami). There's also music, talks and broadcasts reeling in a young crowd to its Austin Powers-esque lobby, and Double Standard is doing well out of it.

But it makes its own atmosphere, with a soundtrack that flits between The Cure and current smashes from the likes of Normani. Plus, staff dressed in an Ivy Park-style uniform worked the room like they were just hanging out. There weren't enough of them, though – sitting at the

## OPENING SOON

From sky-high cocktails to scotch in the basement, here are September's hottest new watering holes



10 Degrees

### Milroy's Spitalfields

Get ready for four floors of whisky from Soho specialist shop Milroy's. It's serving drams in a dedicated whisky bar, a cocktail bar, a tasting room and a members' bar. We just hope the shop's cute dog Chester will be joining.  
→ 76 Commercial St, E1 6LY.  
⊖ Liverpool St.

### Triangle Bar

Mama Fuego is set to be a 'dining and drinking emporium' on Greenwich Peninsula. Here, the Triangle Bar sounds worth travelling for thanks to cocktails on tap, its own gin distillery and a retro, 'Mad Men' style to the place. Make ours an Old Fashioned.  
→ Unit 5, 69-72 Olympian Way, SE10 0NA. ⊖ North Greenwich.

### 10 Degrees

The sky-high bar at Park Lane's Galvin at Windows is getting a revamp – plus a name that reflects 'the golden hour', when the sun is ten degrees off the horizon. Spy it from floor 28, along with celebrity GM Fred Sirieix – you know, him off of 'First Dates'. ■  
→ 22 Park Lane, W1K 1BE.  
⊖ Hyde Park Corner.



## Why we love the rain in Yorkshire

Taylor's brewery sits upon *The Knowle Spring*, the unique source of water we use to brew our beers. This pure and consistent spring water is one of the reasons we're able to brew beer of such reliable quality and taste. It has filtered through layers of sandstone and black rock, creating the special mineral qualities that marry perfectly with our Golden Promise barley malt. This unique combination is the foundation of the complex flavour and subtlety of Landlord. And it begins with rain falling upon the Yorkshire hills. That's why we're always happiest when it pours.

All for that taste of Taylor's





# Escapes

Edited by Ellie Walker-Arnott  
timeout.com/daytrips



A perfect day in

## Howgill Fells

Fresh air, incredible food and tourist-free summits

**IF YOU'RE WONDERING** where the heck the Howgill Fells are, you're not the only one. Nestled right between the Yorkshire Dales and the Lake District, it's an area that's often forgotten by tourists and unfairly so. This untouched corner of Blighty offers dramatic valleys and lofty hills that will take your breath away at every turn. If you're looking for lots of time outdoors and zero crowds, welcome to your dream destination.

### First up

If you're driving, stop at the much-loved **Tebay Services** on the M6. A far cry from a cold cup of tea at a petrol station, this popular stopover spot is still run by the same family who owned the land around it when the motorway was built. It boasts a fabulous café and a farm shop, which are full to the brim with lush local produce.

### Soak up the vibes

Explore the stark and stunning ruins of **Brough Castle**, which date from the thirteenth century, or book on to a tour at neighbouring **Appleby Castle** if you prefer your fortifications a bit more intact.

### Stop for lunch

Pop into **The Bothy** in Kirkby Stephen. You enter speakeasy-style via an outdoor equipment shop to find an excellent café at the back. The restuffed jacket potatoes are a must-have, but take away a brownie too. Try **The Black Bull** in Sedbergh for a dreamy Sunday roast. The gravy is so good you'll want to bottle it up and take it home.

### Get back to nature

You can walk for miles without seeing another soul here. Start at **Kirkby Stephen** (pronounced 'Kirby' fyi) and hike to **Nine Standards Rigg** to see the mysterious stacks of stones at the summit. No one knows exactly how they came to be there or when, but it's thought by many that they were built by the Romans to ward off their enemies.

### Drink like a local

Take the weight off at **The Black Swan** in Ravenstonedale. It's a pretty-looking pub with a sterling reputation for food and loads of local real cask ales on tap. Cosy up with a pint beside the open fire. ■ *Rosie Akenhead*

→ Get there: three hours by train from London Euston to Kendal, then taxi; around four hours 45 minutes by car.

### IF YOU ONLY DO ONE THING

Hike to **Cautley Spout**, England's highest waterfall. It's a challenging and surprisingly steep walk, but the good news is that there's a hearty meal waiting for you at the end of it at **The Cross Keys Temperance Inn**. It's been a local fave for over 400 years. Just remember to bring your own booze if you require it – the pub is, rather unusually, BYO.

### WAKE UP HERE

## Brownber Hall



Stunning Brownber Hall belongs to a pair of ex-Londoners who escaped the city to open their own countryside B&B. The Hall has been tastefully decorated to keep most of its grand and original features, but with a solid twist of east London minimalism thrown in for good measure. At breakfast time, you'll find homemade bread and marmalade. At tea time, there's cake. At dinner time, there's handcrafted pizza on offer, or you can borrow a bike to get you to the local pub if you still have the energy after all those long, wholesome walks.

*Rosie Akenhead*

Kirkby Stephen, Cumbria. From £90 a night.  
www.brownberhall.co.uk

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