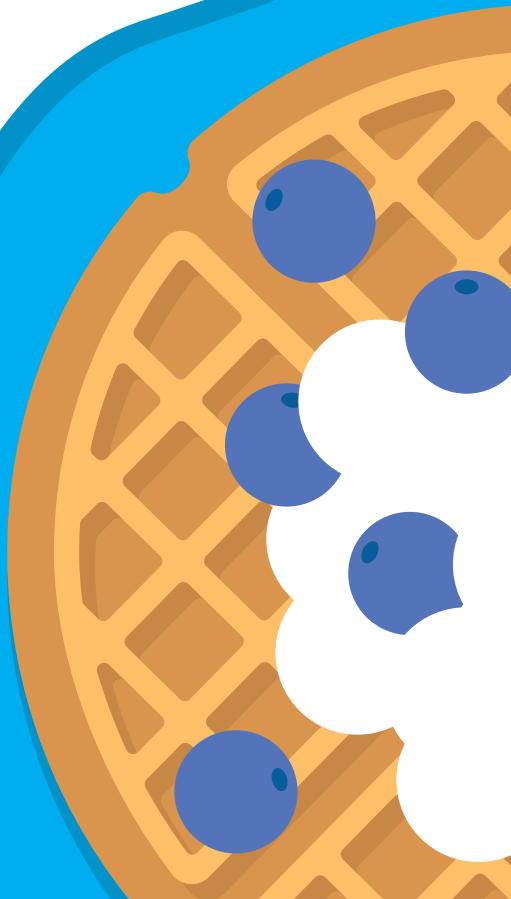
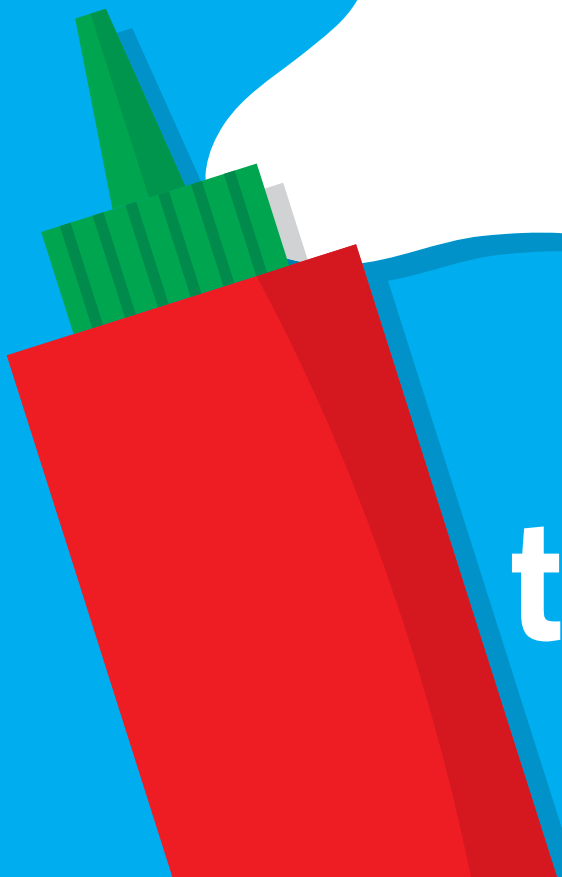
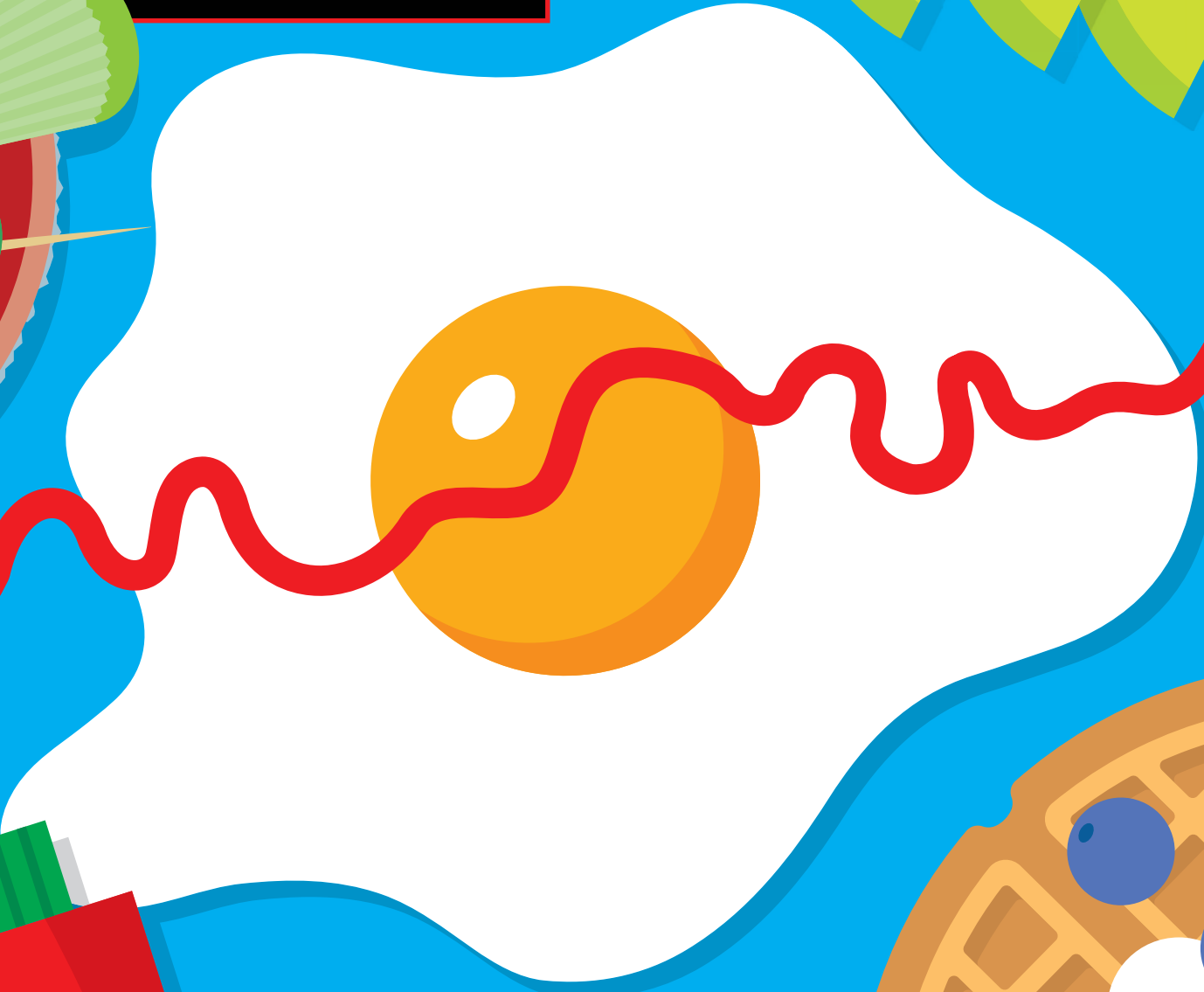


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LONDON



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# Hello, London

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Global Editor-in-Chief  
@carolinemcginn



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Nothing expresses the spirit of weekenderism (you know, doing nice stuff slowly not stressy stuff quickly) better than brunch. Sure, it has detractors. Trendsters who think it's over, avocado-haters who call it a hipster cliché and young fogeys who still see it as a New York import. They're all dead wrong. As our expert guide to the best in the city shows, brunch is an inimitably Londonish meeting of many food cultures – from shakshuka to bacon and eggs – eaten at leisure and shared with friends. And until that meal Homer Simpson discovered between breakfast and brunch catches on, it remains the easiest meal of the week. Here's to slow eating!

## YOU SAID IT

What you've been rating and hating online

Our video of seal-spotting by the Thames (138 harbour and grey pups live there, FYI) was, tbh, adorable. Sammy the seal, surely de facto leader of the pack, has been dobbed in, though.  
**'Sammy the seal is living the dream round the back of Billingsgate Fish Market. He's an absolute legend!'**  
*Ashley J via Facebook*

You all went totally bonkers for a Sylvanian Families pop-up in Soho (that's fair). This top dad should probably keep an eye on his little girl's levels of excitement.  
**'My daughter will explode into a puddle of happiness.'**  
*Garth M via Facebook*

TfL wants you to name two new tube stations on its Bakerloo extension, which will be in Lewisham. Very cool, we think. Some of you were more cynical.  
**'"Broken Dreams" and "You Can't Afford It Here" 😊.'**  
*James S via Facebook*

An excellent Poundland gag last week saw some invisibility cloaks (clue: they're not there) given away for free (obviously) on Stratford High Street. One uncanny reader tipped us off about another unseeable freebie.  
**'They keep them in the bin next to the air guitars... also free!'**  
*Grim D Reaper via Facebook*

## COMMENT OF THE WEEK

A new Odeon Luxe in Islington wants to bring dinner (hot dogs, pizza, even wagyu beef) to your filmgoing experience. Reaction was mixed (let's go with that).  
**'Nothing more annoying than having waitstaff interrupt the flow of a movie. One of the stupidest business concepts ever. I guess it appeals to people who like going to movies where others talk throughout the film or forget to silence their mobile phone.'**  
*Jeff H via Facebook*

Tell us how you really feel, Jeff. Actually, we're kind of okay with noisy food. But eating smelly food in cinemas? No way. (Let's hope they haven't got kedgeree on the menu.)



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# City life

Edited by James Manning  
@timeoutlondon

## Paint the town neon

**HEAD OFF THE BEATEN** track in South Kensington and you'll find the red bricks and curved gables of Dora House, home to the Royal Society of Sculptors. Hidden moments away from London's biggest museums, it's one of the oldest buildings in the area – and this month, it's opening its doors for a series of arty events called **The Big Draw Festival**. It kicks off with an evening of life drawing, with a twist. You'll be sketching in neon and the models are slathered in UV-reactive paint – there's even a belly dancing class thrown in. Later in the week the RSS hosts experimental drawing and digital graffiti workshops, while just around the corner you can visit a free pop-up sculpture tent to try your hand at making your own 3D masterpieces. The series gets even wilder next month, with Wild Life Drawing bringing some British lupine dogs for a 'Drawing with Wolves' session. Roll over, Michelangelo! ■ *El Hunt*

→ Royal Society of Sculptors and Exhibition Road.

📍 South Kensington. Until Nov 21. [www.sculptors.org.uk](http://www.sculptors.org.uk).



## THE ESSENTIALS

Three things you have to do this week



### Book this

Christmas may feel like it's ages away, but **Cancer Research UK** has announced an epic charity carol concert in St Paul's Cathedral on December 10. Tickets are selling fast – hop to it!



### Eat this

It's Diwali, the Festival of Lights, so Marylebone Indian restaurant **Ooty** is celebrating with Bollywood dance performances and 30 percent off all food. Book in for Thursday (October 24).



### Do this

The old sorting office on Upper Street in Islington is reopening – and it's not (just) posh flats! Check out the new **Islington Square** from Thursday with art, performances, pop-up shops and workshops.

Discover more cool things to do at [timeout.com/news](http://timeout.com/news)

# GREEN GODDESS

Eco campaigner *Natalie Fee* answers your questions about sustainable living in the city



*Dear Natalie...*

**'I have a refillable water bottle and I love it. But loads of my friends and family still buy water in plastic bottles, and they really, really don't like me telling them they're wrong. How can I convince them that it actually is important – and not just because of the cute turtles?'**

*Chris via email*

**Dear Chris,**

Power to your bottle! And to your enthusiasm for wanting to go beyond your personal impact and get others on board with the refill revolution. But no one likes being told they're wrong, and despite your good intentions, you're probably winding them up. So what to do?

First off, you should know that by changing your behaviour, and talking to them about why you've decided to give up plastic bottles, you've planted a seed in their psyche. Now it only needs the odd

watering – like them seeing you take a glug from your sexy reusable water bottle – for it to sprout.

We're social creatures: we like to fit in and be accepted. When we see that more of our friends and family are carrying reusable bottles (or going vegan, or choosing a staycation instead of flying) we start to shift our behaviour too. And it does matter. Unless we radically cut back on the amount of single-use plastic we use globally, ocean plastic pollution is set to *double* by 2030. Yikes.

Helpfully, central London now has more than a thousand places to fill your water bottle for free, thanks to the Refill campaign (which I'm backing with my City to Sea non-profit). It connects bottle-toting punters to taps and fountains – look out

for stickers in businesses' windows or download the app. It'll even tell you how much you've saved by not buying a bottle. So rather than throwing your sister a dirty look next time you see her swigging from a plastic bottle, just get your phone out and casually mention how much money you've saved using Refill. If David Attenborough won't convince

her to ditch the plastic, maybe a couple of hundred quid will.

Oh, and the refill revolution isn't just about water. I think I converted at least five people to the joy of Chilly's Bottles this summer when I pulled out mine at a baking hot festival and poured myself a (reusable) tumbler of delicious, ice-cold rosé. ■

**Got a question for Natalie? Write to [greengoddess@timeout.com](mailto:greengoddess@timeout.com).**

Natalie Fee is an environmental campaigner, author and speaker. She founded the City to Sea non-profit, which campaigns against plastic pollution. Her book 'How to Save the World for Free' is published by Laurence King.

→ Hear Natalie speak at Foyles Charing Cross Road. Ⓞ Tottenham Court Rd. Oct 29. £5-£15.

## WORD ON THE STREET

The most ridiculous things we've overheard in London this week

**'I don't need the flu jab, I've already had candle wax put in my ear this year.'**

**'Bras are just like umbrellas for boobs.'**

**'You all right? You sound like you're full of snot and trapped in a box.'**

**'Character building? I have enough character. I just want my own bathroom.'**

**'I've applied for every volunteer job imaginable. I'd even wipe Diana Ross's arse if it meant I could go to Glastonbury.'**

**'I used to have to go home from a night out if I got hiccups.'**

**'As you know, I'm always packing halloumi.'**

**'You need to be careful with electricians. "Bare wires" can mean anything these days.'**

Overheard something weird? Tweet us [#wordonthestreet](https://twitter.com/wordonthestreet) @[timeoutlondon](https://twitter.com/timeoutlondon)



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## MY LONDON STORY

# Clare Lynch

The podcaster shining a light on the fascinating heart of Soho

**I MOVED TO** London when I was 19 to study textiles at Goldsmiths College. I couldn't wait to get out of the cultural desert I grew up in, sandwiched between Portsmouth and Southampton. Once I'd got to London, I was a crazy student: I'd get up at 6.30am and stay in the studio till 8.30 in the evening. I have quite a strong work ethic!

I came to Soho for the first time in 1994, with a fellow student from Sweden. One of her friends worked behind the bar in the Coach & Horses pub, and I remember getting drunk with hairdressers, journalists and interesting-looking folk – and being shouted at by the landlord for nursing my pint! I quickly realised that you have to stand up for yourself. When I moved to Soho in 2000, it was the first place I had ever felt at home.

Then I joined The Soho Society because they needed an administrator. The society aims to preserve the spirit of the area. I became part of the planning group, and got involved in some of the campaigns. When it comes to disputes that occur here, residents are central – they live and breathe it every day.

We tried really hard to keep old traditions alive too, like bringing back the Waiters' Race for the annual fete. Dozens of waiters race around Soho while trying to balance a full tray, with a glass, an ashtray and a bottle of champagne on it.

ANDY PARSONS



Soho is changing a great deal. A few years ago, the rate of the change became phenomenal, with some really substantial building developments. But there's no point complaining about Starbucks and then... getting coffee from Starbucks. It's important to support places that preserve the area's independent spirit.

Soho is often featured in films or on television, but a lot of that is focused on 'important' figures with cultural significance – often those people didn't live here. I wanted to show that the residents of Soho have stories to tell. I began documenting the stories of ordinary people for my podcast 'Soho Then', speaking to everyone from market stall owners to older people who go to the lunch club at St Anne's.

I interviewed a man who part-owned an Italian delicatessen on Old Compton Street and the Piccadilly Restaurant on Great Windmill Street, which closed in 2016 after 55 years. He was a quiet man, and he'd never wanted to tell his story before. He came to London in 1961 without a word of English, getting the train from Italy and the boat to Dover. He hopped on a train to Victoria and an Italian man brought him here. While I was editing the podcast, I found out he'd passed away. I'd captured a unique story – it hadn't died with the man.

There's a massive misconception that nobody lives here. People say to me all the time, "You live in Soho? Nobody lives in Soho!" That's not the case. There really is a community here. ■  
*Interview by Will Richards*

→ 'Soho Then' features in 'Shot in Soho'. Photographers' Gallery. ☺ Oxford Circus.  
Until Feb 9 2020. £5. [www.thephotographersgallery.org.uk](http://www.thephotographersgallery.org.uk)

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## AN ODE TO

# Elephant & Castle Shopping Centre

This brash and brutal retail haven must be saved at all costs, says *Alice Saville*

**IN THE MIDDLE** of Elephant & Castle's web of main roads sits a perma-threatened shopping centre, as ungainly as a spider clinging to the side of the bath. The latest in its long string of funeral dates is set for 2020, but the thought of this much-loved south London landmark meeting the wrecking ball makes me want to chain myself to its railings, suffragette-style.

It sold me neon sweets as a kid, and cheap trainers as a teen. Now I'm very fond of the discount Clarks outlet (never turn 30, it's terrible). Its history stretches back way further. In 1965, when Westfield was just a twinkle in the milkman's eye, a visionary dreamed of bringing American-style indoor shopping to Blitz-pummelled south London. What novelty! Miniskirted shoppers flocked to this pioneering outpost of style and convenience.

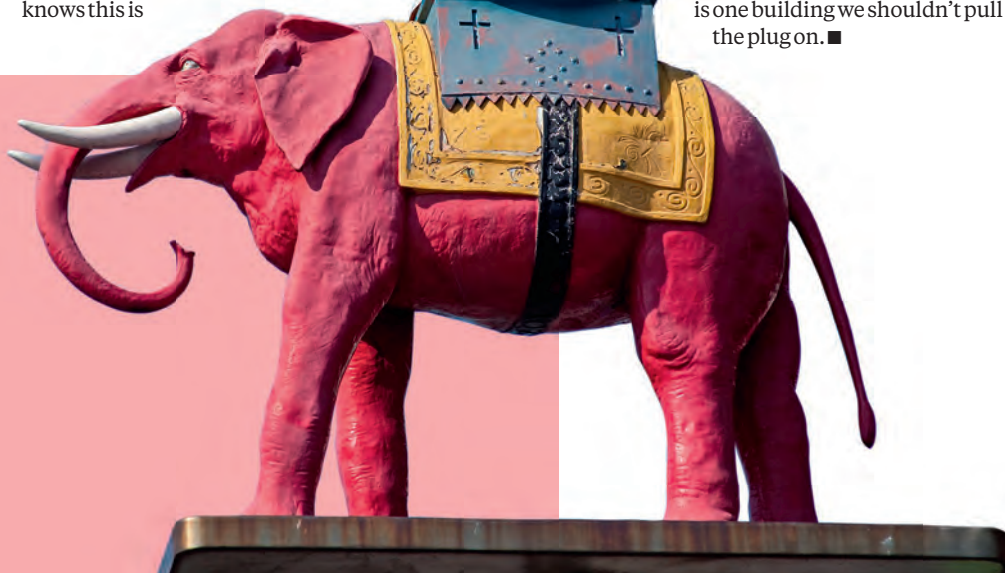
The brutalist behemoth is uncompromising, but much like an Ug boot, its exterior masks great comfort within. Thanks to an ingenious glass roof, it's full of natural light, and efficiently funnels commuters from mainline rail to tube (anyone who's lost years to London Bridge's tunnels knows this is

not a given). While newer shopping centres reek of formaldehyde and drained credit cards, there's always some kind of delicious smell wafting around here, whether it's fragrant basmati rice or fresh candyfloss.

Small food stands with bargainous prices cluster at this majestic elephant's feet: Original Caribbean Spice's pocket-sized patties are delish. Indoors, Colombian restaurant La Bodeguita comes alive with salsa dancing at night. Less sexily, the centre is also full of useful things: supermarkets, household goods and elasticated corsets so fierce they make Spanx look like tracky bottoms.

Like Cher, its cladding always captures the zeitgeist – going from Britney pink in the '90s to today's post-Brexit passport hue of royal blue. Each fresh shade is instantly stained with mysterious residues: somehow, this building never looks clean.

But demolishing it isn't the answer. This space is always ready to evolve, organically and chaotically, to fit the needs of the community around it. As gentrifying London scrubs itself clean of its twentieth-century history, this is one building we shouldn't pull the plug on. ■



## THE VIEW FROM YOU

What Time Out readers have been Instagramming this week



@siobhaise

'I love this time of year – hoping for enough sun to add a touch of crisp!'



@heard\_in\_london

'The Grand Staircase in the Foreign & Commonwealth Office.'



@cocktailsandotherstories

'I don't know what to tell you – I love a pink drink!'



@yellowshoesorangeumbrella

'A little preview of the new @sticksushi in Soho.'

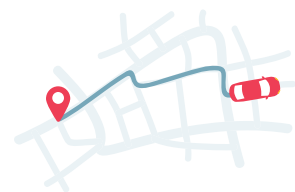
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## THE INSIDE GUIDE

# Greenwich

Get off the SE10 tourist trail as *Alexandra Sims* uncovers the secrets hidden at the actual centre of time

→ ⇨ Cutty Sark DLR.



**WHERE CAN YOU** find Britain's first spiral staircase, a 28-inch refracting telescope and a fan museum? Greenwich, of course. Get off the DLR here and you're literally at the centre of the world - the Prime Meridian runs right through its middle, after all. A Unesco World Heritage Site thanks to its concentration of grand historic buildings (many of which you'll definitely have spied in BBC period dramas), Greenwich gets packed with tourists every weekend, clamouring to get a look at the Cutty Sark and the beautiful Old Royal Naval College and Observatory. But Greenwich isn't just for sightseers. Get off the tourist track and you'll find a thriving community of fiercely independent businesses - Royal Hill has cheese, butcher, fishmonger and veg shops, just like the old days. And as you walk up towards the now-20-year-old Millennium Dome, you'll enter Greenwich's lesser-known post-industrial side, as modern as the centre of town is ancient. It may be famous for its history, but there's also cutting-edge innovation and community spirit in this timeless part of town.

### IF YOU ONLY DO ONE THING...

Hit the markets. In **Greenwich Market's** maze of stalls you can pick up everything from vintage trumpets to handmade African garms - accompanied by a waft of deliciousness from the street food vendors. But make time for **Clocktower Market**, a lesser-known heaven for retro homeware that's open every weekend, and seasonal pop-up market **Sample** in Greenwich Peninsula: the go-to for one-off items from designer-makers, top grub and live entertainment.

### GO OFF THE BEATEN TRACK

Leave the tourists straddling the Prime Meridian line and enter the

eerie **Greenwich Foot Tunnel**, which runs under the Thames to the Isle of Dogs.

### SOAK UP THE SUN

Full of candy-floss pink cherry blossom in spring, burnt orange leaves in autumn and glorious views across Canary Wharf, **Greenwich Park** was made for sunny days. Fancy something wilder? **Greenwich Peninsula Ecology Park** is a four-acre wetland area that's home to birds, bats and frogs.

### HIDE FROM THE RAIN

Head to the **Painted Hall** at the **Old Royal Naval College**, which some people apparently call 'the Sistine Chapel of the UK'. The 300-year-old floor-to-ceiling murals are the perfect antidote to grey skies. Or for a different kind of retro, spend an hour browsing in local hero **Casbah Records**.

### GET CULTURED

At the top of Greenwich Park, **Ranger's House** holds a treasure trove of Renaissance goodies assembled by diamond dealer Julius Wernher. For a more modern art fix, visit **Now Gallery** on the Peninsula for Instagram-friendly (and free) exhibitions or journey along **The Line** sculpture walk, which runs from The O2 to Stratford and hosts works by Damien Hirst and Antony Gormley.

### CHILL OUT

Belly-laugh your way through a stand-up show at **Up the Creek**: one of the best rooms for live comedy in the capital. Or lose yourself in the **The Jetty's** plant-filled polytunnels at one of their weekly urban gardening sessions.

### STAY UP LATE

For top-notch speakeasy vibes visit **Oliver's Jazz Bar**. Then again, you could rave into the wee hours at sprawling club **Studio 338**, or hit **Magazine**: the new purpose-built nightlife venue from the team behind Printworks. Whatever would Lord Nelson have thought? ■



### DRINK HERE

- **Meantime Tasting Rooms** Sip the OG London craft beer at its source.
- **The Cutty Sark** A bow-fronted Georgian pub with gorgeous riverside views.
- **Davy's Wine Vaults** This cosy bar specialises in vino, cocktails and jazz on Sundays.
- **Eighteen Sky Bar** Go for the swanky cocktails, stay for a glimpse of Canary Wharf.



### EAT HERE

- **Goddards at Greenwich** Get some meat and mash at this 130-year-old pie shop.
- **Heaps Café** A gourmet sausage seller with the best fry-ups south of the river.
- **EatFan** Beautifully presented pan-Asian plates and organic teas.
- **Zaibatsu** A proper hidden gem serving up Japanese food to please even sushi purists.

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# FREE LONDON

Put your money away! Here are the week's best free events



DON'T MISS

## LET THERE BE LIGHT

### Diwali and Hindu New Year celebration

The North Circular's answer to the Taj Mahal, BAPS Shri Swaminarayan Mandir is a beautifully ornate Hindu temple. See it in all its glory as it hosts the largest Diwali and Hindu New Year celebrations in the country, with religious ceremonies and rituals in the main hall, followed by some seriously impressive fireworks.

→ BAPS Shri Swaminarayan Mandir. ↻ Neasden. Sun Oct 27.

### MAMMA MIA! World Pasta Day

'Tis the season for... comfort eating. So head to Emilia's in Aldgate, which is serving up free bowls of pasta from noon to 4pm and 5.30pm to 9.30pm (yes, you can go twice). Just follow @emiliaspasta on Instagram and prepare for a full-on carb coma.

→ Emilia's Crafted Pasta.  
↻ Aldgate East. Fri Oct 25.

### BOWLED OVER Poké and Popchips

Got lunch plans this Thursday? Scrap 'em. Lords of Poké has teamed up with Popchips to give away 100 salmon poké bowls, as well as 100 packets of sour cream and onion Popchips from noon. That's lunch sorted, then.

→ Paddington Central.  
↻ Paddington. Thu Oct 24.

### SUNNY SIDE UP Sol Bar

If you can feel your supplies of vitamin D diminishing, get a top-up at Sol Bar, a pop-up decked out with lamps that replicate the sun, as well as the scents, sounds and warmth of balmy days. You get two free Sol beers too. Cheers to that!

→ Protein Studios.  
Shoreditch High St Overground.  
Thu Oct 24-Sat Oct 26.

### REEL TALK Pop-Up Eco Film Festival

Pack your KeepCup and catch a film about climate change and the projects making a difference. The line-up includes 'Blue', which explores the threats to our marine world, and 'Honeyland', about the last female wild beekeeper in Europe.

→ Various locations.  
Fri Oct 25-Mon Oct 28.

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# Let's do brunch

Every weekend, piles of bacon, eggs and avocado cure hangovers around London. But what's really good near you? Cue the Time Out guide to keeping your lazy mornings local

## Best for ... Avo on toast

### **S** Lido Café

Refuel after a bracing dip in Brockwell Lido with a veggie line-up spanning coconut porridge, polenta scramble and, of course, smashed avo on sourdough with hemp seeds and chilli sauce. It makes for a stellar Sunday Instagram brag.

→ Brockwell Park. Herne Hill rail.

### **W** Lowry & Baker

This neighbourhood café does tasty coffee, nourishing salads and mashed avocado on toast topped with poached eggs and your choice of smoked salmon, crispy parma ham or chorizo. Dreamy stuff.

→ 339 Portobello Rd. ☺ Ladbroke Grove.

### **E** The Vincent

Head down here after 10am to get your teeth into a whole load of stuff on toast. Tomatoes? Mushrooms? Eggs? All available. But the right choice is avocado with pumpkin seeds and pea shoots.

→ Atkins Square, 2 Dalston Lane.

Hackney Downs Overground.

### **N** Salt the Radish

A good vegan brekkie can be hard to find. The super-powered avo on toast here hits the spot, though, thanks to vegan feta, preserved lemon, tahini and sumac with radish and cucumber salad. Kapow!

→ 45 Blackstock Rd. ☺ Finsbury Park.

### **C** Mac & Wild

This Scottish joint might be known for monstrous sarnies, but its open-top numbers are heavy-hitting too. You can even take your avo breakfast and top it with haggis. You're going to want a whisky Bloody Mary to wash it down in style.

→ 65 Great Titchfield St. ☺ Goodge St.





Best for ...  
**The full works**

**S Pedler**

The full English is taken to new heights at this quirky hangout: the homemade beans are tender and tangy, the sausage has gin in it and the St John's sourdough toast is smeared with maple-salted butter.  
→ 58 Peckham Rye. Peckham Rye Overground.

**E Blanchette**

An East End sibling of Blanchette in Soho, this bistro is a shoo-in for weekend brunch (served from 11am). The boulangerie is alluring, but don't be distracted from the cooked dishes. From a mean full English to baked Moroccan eggs, they're proper reading-the-paper-with-a-cuppa fuel.  
→ 204 Brick Lane. Shoreditch High St Overground.

**N Goods Office**

Say goodbye to your hangover. At Goods Office there's steak and eggs for the carnivores, a 'full vegan' for the flesh-avoiders and comfort food for everyone else. (Don't miss the mushroom and potato rösti.) You'll leave the joint reborn.  
→ 1-3 Ferme Park Rd. Harringay rail.

**C Dean Street Townhouse**

The all-day brunch menu at this buzzy Soho restaurant is classic – think kedgeree and the full British works – although Scottish patriots will be delighted to see square lorne sausage and tattie scones on offer too.  
→ 69-71 Dean St. Tottenham Court Rd.

**W**

## Parlour Kensal

At Parlour, before your brunch even arrives, you're given free rein at the bread station, where you can chow down on yesterday's loaves and slices. Don't load up on the carbs too crazily or you'll struggle to finish the ensuing dishes, such as hash browns with eggs any style or the massive (No Subs) Full Parlour Breakfast. Then it's definitely nap time.

→ 5 Regent St. Kensington Green.



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NOVEMBER 1  
**NETFLIX**

WRITTEN BY DAVID MICHÔD & JOEL EDGERTON DIRECTED BY DAVID MICHÔD

## Best brunches

Best for ...

# Dessert as breakfast

### **E** Crispin

You'll find croissants, apple turnovers, flapjacks and brownies on the menu here, but it's the banana bread with strawberries, mascarpone ice cream and mint that you'll dream about for years to come.

→ White's Row. ↻ Liverpool St.

### **C** Shackfuyu

The adult thing to eat here would be Anglo-Asian small-plate dishes (burnt cauliflower with jalapeño salsa, crispy duck buns etc).

Instead, try buttery kinako French toast, served with green tea Mr Whippy-style ice cream, you big kid!

→ 14a Old Compton St.

↻ Tottenham Court Rd.



### **N** Sunday

From fruit-filled French toast drizzled with salted caramel sauce to toasted coconut bread with honey, ricotta, poached plums and almond brittle, everything at Sunday is nearly too big to finish.

→ 169 Hemingford Rd. Caledonian Rd & Barnsbury Overground.

### **W** OutsiderTart

This bakery is a real American sweetheart. The brunch menu features two types of pancake,

French toast made with plump raisin bread and a breakfast peach melba. Even the granola comes with syrup!

→ 83 Chiswick High Rd.

↻ Turnham Green.

**S**

## Where the Pancakes Are

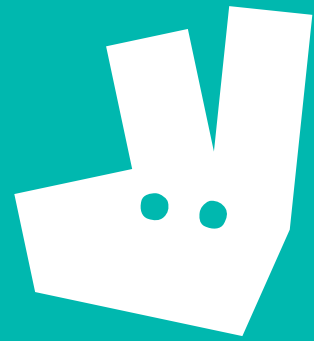
This little spot in Flat Iron Square does one thing (pancakes, duh), and boy, does it do them well. Proper maple syrup and glittering fresh fruit top everything from gluten-free and dairy-free options to 'Dutch babies' – baked pancakes, not unlike a giant Yorkshire pud, cooked in a cast-iron skillet. Yum!

→ Arch 35a, 85a

Southwark Bridge Rd.

↻ London Bridge.





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Best for ...  
**Eggs**

**W Antipodea**

Sitting in this Kew conservatory, you could almost be in Melbourne. Apart from, you know, the British weather. Brunch here includes all manner of eggs – poached, Turkish, folded with chorizo, boiled with Marmite soldiers – but what you want is the Brew Melt, a pide stuffed with ham, gruyère, tomatoes, poached eggs and pesto. Cracking!

→ 9 Station Approach. ☉ Kew Gardens.

**E Blixen**

Blixen's brunch menu might be short and sweet, but it's pumped up with Hulk-grade flavours. Eggs here can be found nestling on pulled pork crumpets, dropped into chorizo hot pots, oozing in haddock kedgeree or trickling into mustard hollandaise on top of salt beef rösti. Eggcellent stuff.

→ 65a Brushfield St.  
☉ Liverpool St.



**N Franks Canteen**

Good coffee? Generous portions? Franks will fix your day before it's even had a chance to go wrong. Don't miss the roast 'crown prince'. A weekend-fuelling breakfast of squash with poached eggs, Aleppo chilli brown butter, caraway sour cream, toasted pumpkin seeds, radicchio and flatbread. Yeah, you read that right.

→ 86 Highbury Park. ☉ Arsenal.

**C Balthazar**

The weekend brunch menu at this snazzy French-brasserie-by-way-of-Manhattan covers the usual gamut of eggs (with soldiers, florentine, white omelettes and so on) but opt for the scrambled egg with Cornish crab. Sounds odd, but it's brought together with a dollop of crème fraîche on top. It's the best way to start the day feeling rich.

→ 4-6 Russell St. ☉ Covent Garden.

**S**

**Brother Marcus**

This buzzing Brooklyn-style café and cocktail bar in Balham comes courtesy of three school besties. The brunch menu has something for everyone, from sticky pastries to eggs most ways. Check out Bob's Your Uncle (pork belly, fried egg, cucumber, spring onion, sriracha and tomato relish) if you're after something substantial.

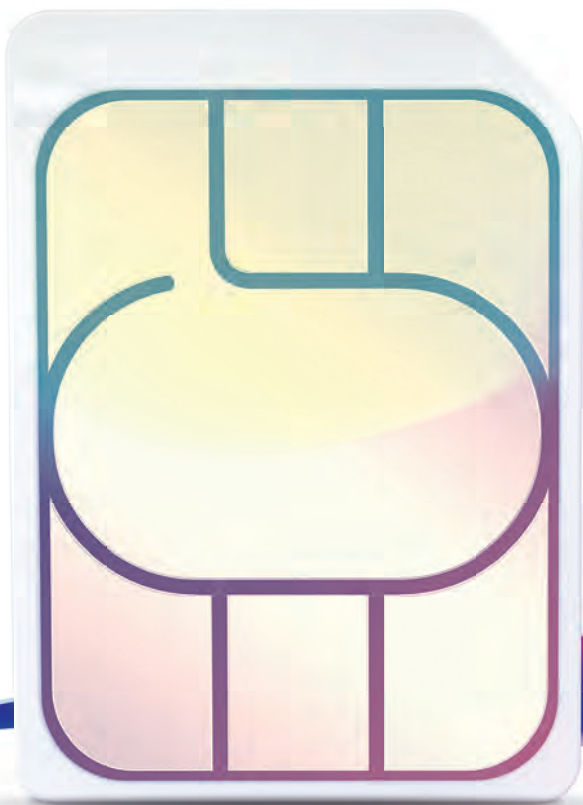
→ 9 Chestnut Grove. ☉ Balham.





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Best for ...  
**Alternative brunch**

**S Mr Bao**

Bao buns for brunch? Now there's an idea! This pocket-sized spot offers witty riffs on Taiwanese morsels at weekends. Try the bao benedict with slow-braised pork, wilted spinach, egg and hollandaise in a bun or the full Taiwanese – sausage, spring onion pancake, bacon, Asian beans, spiced eggs and a fluffy bun too.

→ 239 Rye Lane, Peckham Rye rail.

**E Andina**

Despite its focus on superfoods, Andina works wonders on the indulgent brunch front. Expect avocado pancakes (with sweet and savoury toppings) or soft 'chicharron sandwiches' filled with confit pork belly – a South American take on the bacon roll.

→ 1 Redchurch St. Shoreditch High St Overground.



**W Ceru**

The good-value menu here runs through the east Med's greatest hits, from fragrant dips to Syrian-style meatballs and battered squid with harissa yoghurt. Brunch additions included falafel fritters and a spicy lamb hash topped with a fried egg.

→ 7-9 Bute St. ☉ South Kensington.

**N Granger & Co**

Less obvious brunch choices at this Aussie hangout range from grilled cheese and kimchi open sandwiches to prawn, xo and nduja fried rice with a poached egg. The signature dish of ricotta hotcakes with banana and honeycomb butter is like eating a sugar-dusted cloud.

→ Stanley Building, 7 Pancras Square. ☉ King's Cross.

**C**

**Hoppers**

On Sundays the bookable Marylebone offshoot of Soho's Hoppers does a fixed-price whole-table brunch menu. Think green peppercorn wings, devilled squid and butter bean-and-cheese kothu, in addition to its eponymous Sri Lankan 'hoppers' (bowl-shaped savoury crêpes). Neck a smoked gorakha Bloody Mary afterwards.

→ 77 Wigmore St. ☉ Bond St.





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## Best brunches

Best for ...

# Sandwiches and burgers

### **S** Babette

Once a pub, this brick-walled space is now a neighbourhood restaurant with a Gallic vibe. Weekend brunch (till 4pm) features everything from baked eggs and buckwheat crêpes to full English steak fry-ups. You're going to want to order the stilton, kale and egg toastie. Just don't snog anyone immediately after.

→ 57 Nunhead Lane. Nunhead rail.

### **E** Towpath Café

Get on yer bike and make a pilgrimage to the canalside home of simple food and excellent coffee before it shuts for winter. The Towpath café uses quality ingredients to turn home kitchen staples into something far more magnificent. There's nothing better than watching the world go by with one of its unctuous sourdough grilled cheese sarnies.

→ 42 De Beauvoir Crescent. Haggerston Overground.

### **C** Bad Egg

Weekends see all-day bottomless brunch at City hangout Bad Egg. The edgy Moorgate joint does a decadent sausage and egg muffin that more than rivals Ronald's, plus egg burger hash for diners so hip they want their brunch deconstructed. Bloody Marys, Mimosas and prosecco? All available unlimited. You'll be scrambled by the time you leave.

→ City Point. ☉ Moorgate.

### **N** Max's Sandwich Shop

London's king of sarnies only opens at dinner time on weekdays, but at the weekend you can tuck into mad-good stuff between bread from 11am. Expect unexpected fillings that will leave you needing a glass of water and a little sit-down. Spring rolls? Yup! Lasagne? Yep! Ham hock, gloopy egg and shoestring fries? Hell yeah! It's brunch if you say it is.

→ 19 Crouch Hill. Crouch Hill Overground.



**W**

## Eggslut

Ever seen an LA Instagrammer post a picture of an egg sandwich so oozing it looks pornographic? It was probably the Bacon, Egg and Cheese from Eggslut, an American breakfast chain that's just launched its first UK branch. Go for smoked bacon, just-melted cheddar cheese and housemade brioche buns. And eggs, obvs.

→ 185 Portobello Rd. ☉ Notting Hill Gate.



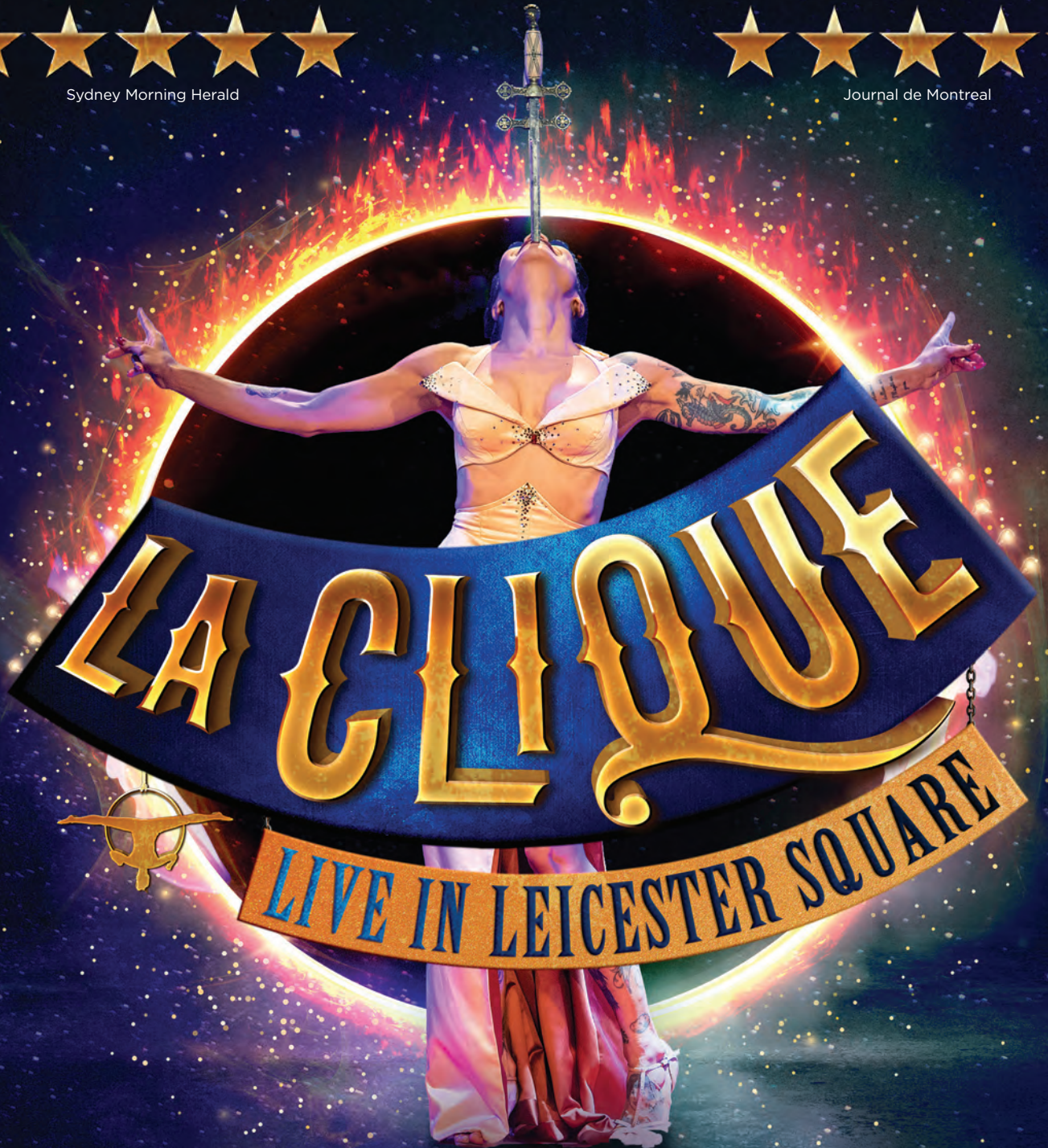
# OLIVIER AWARD-WINNING SENSATION RETURNS TO THE WEST END



Sydney Morning Herald



Journal de Montreal



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Edinburgh Evening News

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W

## Megan's by the Green

Passionfruit Margaritas, Salted Caramel Martinis, Frozen Mangoritas... The cocktail menu at Megan's screams 'party brunch'. And the food's just as exciting. From fondue and shakshouka topped with halloumi or chorizo to the classic eggs benedict, this is fun food.

→ 57-69 Parsons Green Lane.  
⊖ Parsons Green.

## Best for ... Boozy brunch

### E Jim's Café

'Easy Rider' meets east London hipster at Jim's Café, a greasy spoon reborn with help from motorcycle collective BlackSkulls. Rev up with crab kedgeriee, a buttermilk chicken sandwich or salt beef hash with sautéed kale, crispy potatoes and a fried egg. Hair of the dog? Shots, cocktails and beers await.

→ 59 Chatsworth Rd. Homerton Overground.

### N BabaBoom

Start with a wake-up call of freshly brewed coffee, lace up with Frozen Margaritas or a Gigantic Mimosa (made with 500ml of prosecco and cold-pressed OJ). Then fill your belly with some solid fuel: barbary and tahini granola for the softies, or a kebab (meat or veggie) pimped up with anything from date-glazed bacon to fried halloumi.

→ 189 Upper St. ⊖ Highbury & Islington.

### S Nutbourne

There are a whopping four riffs on the Bloody Mary at this south London spot, from virgin to feisty. Soak up the booze with orange blossom pancakes with golden syrup and bee pollen, smashed avocado and eggs as many ways as you can imagine. Mmm...

→ Ransomes Dock Business Centre. Imperial Wharf rail.

### C Bourne & Hollingsworth Buildings

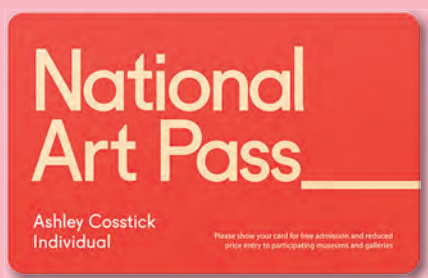
B&H was among the first to bring the New York trend of bottomless brunching to our fair shores. The house Bellini and other treats from the cocktail list are stunning. The food is very good too: huevos benedictos are a perfect balance of chorizo and creamy béarnaise, while the gluten-free pancakes veer close to pudding territory. ■

→ 42 Northampton Rd. ⊖ Farringdon.



Still hungry? There's even more to eat at [timeout.com/brunch](http://timeout.com/brunch)

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# Wash you were here

There are 462 laundrettes in London. *Isabelle Aron* talks to photographer Joshua Blackburn who spent a year snapping them

'REALLY? YOU WANT to photograph this?' That was the most common reaction photographer Joshua Blackburn got when he started turning up at London's laundrettes to ask if he could take a picture of them for a project he was working on. 'I love laundrettes, I've always been fascinated by them,' he explains. 'I had an idea that I would start taking a few pictures of laundrettes just for myself. Once I started, I noticed how distinctive each place was.' Blackburn decided

he wanted to photograph every laundrette within Greater London. Using Google Maps and online directories, he drew up a list of 462 places, mapped them out and spent a year working through them. The results have been published in 'Launderama: London's Laundrettes', a new Hoxton Mini Press book full of aesthetically pleasing snaps of pastel colours, old-school machines and quirky decor. Here we ask him some burning questions and find out what he learned from it.



## Launderettes



← Maypine  
Launderette,  
South  
Wimbledon

↓ Launderette,  
West Drayton

### Why laundrettes?

‘They are unusual institutions. Many high streets are becoming more and more homogenous – the laundrette is completely individual and completely analogue as well, so it feels slightly out of time and out of place. That’s one of the appealing and curious things about them. There’s no other business that’s quite like that.’

### What was your biggest takeaway from the project?

‘I thought I was just photographing laundrettes but it became a story about London, told through its laundrettes. I realised that their appeal wasn’t just something that was visual or nostalgic. I quickly became more interested in telling the human story.’

### Did you have a favourite?

‘Visually, my favourites were the ones that had the original equipment and signage from the ’60s and ’70s – bright colours, beautiful enamel machines. They’re like little time capsules. The one that’s on the cover of the book is one of my favourites. It’s called the



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ANDREW COLLINS, RADIO TIMES

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ROBBIE COLLIN, THE TELEGRAPH

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## Launderettes

Maypine Launderette. You know you've got something when you go inside and you're like "Oooh!" I get more excited than people should do...'

### What were the people you met while shooting like?

'I witnessed lots of exchanges but one of the photos that I took early on was this very deep conversation between two guys in the middle of the day (right). One was the owner, the other was the customer – they were just talking about relationships and life stuff. That was where I felt there was something really special about launderettes, the social aspect to them. These are people who see each other every week, who are chatting away while they do the washing. You realise that, for a lot of people, that social contact is really important. In a number of places I saw photos of people that had passed away and who were much missed. It's like a community hub, but in a totally organic and natural way.'

Read more London stories at [timeout.com/news](http://timeout.com/news)



→ Launderette & Dry Cleaning, Cricklewood

↓ Niazi Dry Cleaning and Launderette, Thornton Heath



### What was the weirdest decor you came across?

'There was one place (left) where, above the display of soap powders, they had a whole lot of taxidermy animal heads – deer heads, rabbit heads, things like that. That was quite surreal. That was one of those times where I walked in and thought: bingo! Some of the launderettes are pretty bare, others have made an effort to make it look interesting – it's an opportunity for the owner to have a bit of fun and express their personality. There was another place where they'd dipped some jeans in concrete and then used it as a plant pot.' ■

→ 'Launderama: London's Launderettes' by Joshua Blackburn is published by Hoxton Mini Press. Thurs Oct 24. £14.95



**SEVEN DIALS**

LONDON - EST.1690

## Have you heard about the best kept secrets of Seven Dials?

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**Shaftesbury**



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**EDDIE MURPHY**  
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WRITTEN BY SCOTT ALEXANDER & LARRY KARASZEWSKI DIRECTED BY CRAIG BREWER

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Barge East

# 'Avin it barge

All aboard! From bookshops to cinemas, you'll find all sorts on London's brilliant barges. *Alexandra Sims* goes for a bob along the water

## The gastro pub

You can't miss **Barge East**. It glows above the inky River Lee thanks to its twinkling rows of string lights. Set up by childhood friends, the 114-year-old Dutch tjalk is a cosy spot to sink a pint – try a glass from Truman's Brewery, which operates in Stratford. In the winter, bag a spot next to the toasty log burner. It's cosy fun at its best.

→ River Lee, White Post Lane, E9 5EN. Hackney Wick Overground.

## The village hall

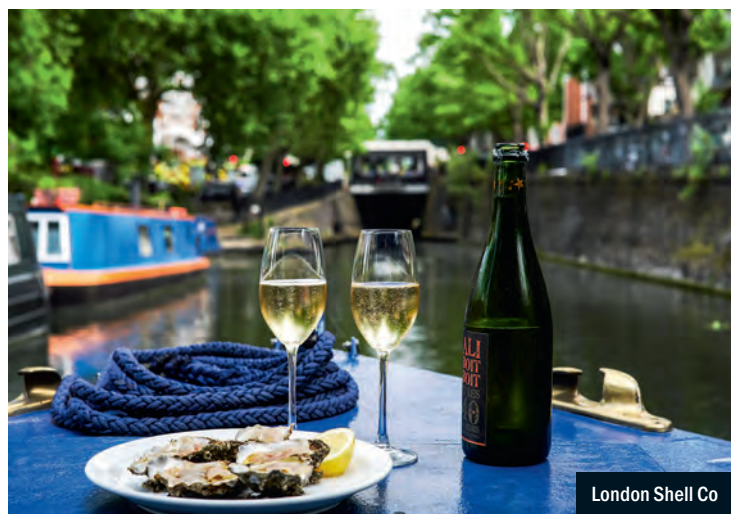
Continuously cruising the city's canals, **Village Butty**, London's only floating village hall, moors up across London to offer fun-hunters a slice of waterway life. Thanks to a Crowdfunder campaign back in 2015, it was bought and refurbished as a not-for-profit community space hosting workshops and events, preserving dying crafts and promoting eco-friendly, sustainable lifestyles. You'll find everything from cabaret shows and apple festivals to ceilidhs and acoustic jam sessions on board.

→ Find its next location at [facebook.com/thevillagebutty](https://facebook.com/thevillagebutty).

## 'Avin it barge



Word on the Water



London Shell Co

### The bookshop

What's more exciting than a floating bookshop? One with a wood-burning stove, a resident dog and a cash register filled with sweets. Every corner of **Word on the Water** is packed with second-hand books, including rare literary gems. Six thousand people signed a petition about finding it a permanent mooring spot when it was faced with closure in 2014. It's now nestled up the towpath at King's Cross. Look out for jazz nights on its roof.

→ Regent's Canal Towpath (just beyond The Lighterman pub).

⊕ King's Cross St Pancras.

### The ice cream parlour

You won't find silver-topped pints on pun-tastic vessel **The Milk Float**, but it does serve up hoppy pints of a different kind, as well as locally-made ice cream, dairy-free sorbets and its signature knickerbocker glory. During the day it's a bar and café with prosecco on tap, freshly baked cakes and canoes available for hire. Come nightfall, the barge is filled with bangers from regular DJs Rehab LDN and Araf Collective.

→ Lea Navigation, E9 5EN. Hackney Wick Overground.

### The mindful cinema

Catch a film on the water at the multifaceted **Barge Fiodra**. It boasts a 20-seat micro cinema, art gallery and storytelling space. You won't catch the latest blockbuster here – owner and skipper Bob Chase is committed to screening canal, barge and boating-related films, which isn't as boring as it might sound – Wes Anderson's 'The Life Aquatic' and 'L'Atalante', a French film about a whirlwind courtship on a canal barge, have played here. Bob is also a trained mindfulness teacher and hosts regular workshops on the waves. It's like the Headspace app come to life.

→ Find its location at [www.fiodra.co.uk](http://www.fiodra.co.uk).

### The fancy restaurant

'Rosie and Jim' meets high-end London dining on waterborne restaurant **London Shell Co**. Despite having what might just be the smallest kitchen in the industry, it still manages to serve up delicious seafood suppers that you can amp up with perfectly-matched wines. Dining here is an experience – you hop on board and, while buttering your bread roll, you'll start chugging along Regent's Canal, winding through Camden to Little Venice and back again. Look out for their kitchen takeovers. This is the spot if you want to push the boat out. (Sorry!)

→ Sheldon Square, W2 6PY. ⊕ Paddington.



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Floating Bike Repairs



The Floating Barber Shop

## The bike repair shop

Get your spokes seen to by Sam Skinner, the man behind cycle shop **Floating Bike Repairs**. In 2018, Sam turned this 1950s Dutch water taxi into a ramshackle garage with gears hanging off the sides and old parts stuffed up in ceiling nets. Thanks to the unconventional setting, it's one of the most affordable bike rehabilitation spots in London. A full service will set you back just £35, and as there's limited space he'll aim to fix your bike on the day, so you'll be back in the saddle in no time.

→ Find its location at @floatingbikerepairs on Instagram.

## The record store

In 2014, Luke Guilford stuck two fingers up at rising London rents, bought a boat and transformed it into the UK's first floating record shop. He travels across the country peddling vinyl from his buoyant shop **The Record Deck**, but during the winter months you'll usually find him along the River Lea between Angel and Tottenham. Whether you want to spend a few pennies on a single or splash out on a rare gem, you'll be spoilt for choice among his comprehensive selection of second-hand sleeves.

→ Find its location at @therecorddeckuk on Instagram.

## The vintage emporium

Be it dingy Soho basements or draughty Zone 6 warehouses, true vintage-lovers know you have to head to some pretty strange locations to get your hands on true retro gems – and this spot is as odd as they come. Tamsin Elliott's narrowboat **Frocks Afloat** putts along the city waterways carrying a cargo of beautiful vintage garments dating from the 1920s to the 1970s.

→ Find its location at [www.facebook.com/frocksafloat](http://www.facebook.com/frocksafloat).

## The hairdresser

Fancy a short back and sides in the shadow of London Zoo, or an undercut next to Camden Lock? Master barber Matthew Lankester's roving unisex salon **The Floating Barber Shop** chugs along the canal system, trimming barnets all over the capital. He does face masks and beard sculpting too. Let's hope he has a steady hand and sturdy sea legs while brandishing a razor. ■

→ Find its location at @thefloatingbarbershop on Instagram.

Rather stay on dry land?  
[timeout.com/canalpubs](http://timeout.com/canalpubs)

# FIVE GO ON A JOLLY JAUNT



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### Ichibuns

**What is it?** A meal and a drink at a quirky Japanese restaurant.

**Why go?** This Chinatown spot is kitted out in old-school Tokyo decor, with pachinko machines and retro TVs. Of the food, waygu beef patties are at the helm – and you can tuck into one for just a tenner with our offer.

**What's exclusive?** A burger, fries and a Kirin Ichiban beer for £10.

→ Ichibuns. ☉ Leicester Square. Until Dec 12.  
www.timeout.com/ichibuns

### 'Solaris'

**What is it?** David Greig tackles Stanisław Lem's 1961 sci-fi classic.

**Why go?** For a psychological rollercoaster that'll have you on the edge of your seat. A scientist visits a neglected space station after reports of abnormal activity – but as she arrives, an eerie neighbouring planet seems to wake up. Yikes.

**What's exclusive?** Save 52 percent – tickets are just £20.

→ Lyric Hammersmith. ☉ Hammersmith. Until Nov 2. www.timeout.com/solaris

### Eric Whitacre: 'The Sacred Veil'

**What is it?** The Grammy Award-winning composer brings his choir to London.

**Why go?** This new choral work exploring love, loss, grief and solace is Whitacre's most extensive to date. The piece received much critical acclaim when it premiered in Los Angeles earlier this year.

**What's exclusive?** Tickets from £19.

→ St John's Smith Square. ☉ St James's Park. Oct 25 and 26. www.timeout.com/whitacre

### Inamo

**What is it?** Bottomless food served in a winter igloo with a bottle of fizz.

**Why go?** For as many tasty pan-Asian dishes as you can scoff, with a bottle of prosecco to boot. Not to mention the cosy outdoor igloos complete with fluffy rugs, fairy lights and your own speakers. You'll be snug as a (very full) bug in a rug.

**What's exclusive?** The lot will cost you just £30.

→ Inamo Camden. ☉ Mornington Crescent. Until Dec 31. www.timeout.com/igloo

### The Blend by Chivas Regal

**What is it?** An experience exploring the craftsmanship behind producing the perfect whisky blend.

**Why go?** Got a passion for sophisticated spirits? These interactive sessions serve up an hour of expert tuition – alongside plenty of tasters – and give you the chance to blend a 200ml masterpiece.

**What's exclusive?** Tickets are 30 percent off – just £10.10 each.

→ Multiple locations. Select dates until Nov 25. www.timeout.com/blend

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*Sophie Ellis-Bextor*



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# Escapes

Edited by **Ellie Walker-Arnott**  
timeout.com/daytrips

## Sweet dreams

Are you a fan of museum lates? Here's how to go one better. These historic and incredible-looking buildings in the UK can be rented for a sleepover



The Pineapple

### Clavell Tower Dorset

With a salt note to the air and panoramic sea vistas, it's easy to see the appeal of staying in a tower perched on a cliff's edge. Not too close to the edge, mind. In 2002, Clavell Tower almost fell off the crumbling cliff and had to be entirely dismantled and reassembled further back. Now, this cosy eyrie gazes over the Dorset coast from a safe distance. After a day walking the South West Coast Path (it goes right past the tower), retire to the first-floor balcony for fine views over Kimmeridge Bay. → [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps two. From £496 for four nights.

### Egyptian House Cornwall

Stroll down Chapel Street in the heart of Penzance and the striking, colourful façade of Egyptian House will stop you in your tracks. This

curious place was built in 1835 when, thanks to Napoleon's 1798 campaign there, an exotic Egyptian style was the millennial pink of its day. The house started life as a geology shop and museum but has now been split into three cosy apartments. The top flat has the best views, through countless Cornish chimney pots to St Michael's Mount and beyond.

→ [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps four. From £210 for four nights.

### Gladstone's Library Flintshire, Wales

Set in a vast, historic building, picture-perfect Gladstone's Library is the ultimate bookish destination. And the best part? You can stay here. As a resident, you'll have access to the Reading Rooms and free rein to explore the 150,000-strong collection, so you can while away

your days quietly plotting that novel or sitting with your nose in a hardback. You can even take library books back with you to browse in the comfort of your boutique-style bedroom.

→ [www.gladstoneslibrary.org](http://www.gladstoneslibrary.org). Twenty-six bedrooms. From £69 per room a night.

### Hadlow Tower Kent

This fancy tower is the tallest folly in the UK. It's got fairytale escape written all over it. The romantic, gothic-style, Grade I-listed building has 360-degree views over the sprawling Kent countryside. Its five floors are connected by a spiral staircase and the three bedrooms are, in true fable-style, each named after a storybook character. Bagsy Rapunzel on the top floor with its enormous, curtained bed!

→ [www.thehadlowtower.co.uk](http://www.thehadlowtower.co.uk). Sleeps six. From £2,000 for two nights.

It looks like the kind of place a witch might trap you in for a hundred years. Not that we'd mind much

Plan your escape at  
[timeout.com/daytrips](http://timeout.com/daytrips)



Hadlow Tower

### Howthwaite Cumbria

You don't have to be a poet to bask in the beauty of the Lake District, but you may find yourself filled with an uncontrollable urge to scribble a sonnet or two at Howthwaite in Grasmere. That's because it enjoys the same views as Wordsworth's Dove Cottage, which is just a short woodland walk from your front door. The Wordsworth Museum is well worth a look in, and to continue a tour of British literary favourites, visit nearby Ambleside, where you can poke around inside Beatrix Potter's farmhouse, Hill Top. → [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps eight. From £560 for four nights.

### Langley Gatehouse Shropshire

Timber-framed Langley Gatehouse is so beautiful to look at, you'd never guess that when the Landmark



Langley Gatehouse

quirky yet spacious place to stay, with the sea right on its doorstep. You can practically smell the fish and chips from the seaside town of Aldeburgh, which is just a short stroll away along the shingle beach. → [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps four. From £615 for four nights.

### The Pineapple Falkirk, Scotland

If SpongeBob were to relocate to Scotland, he'd probably live in this quirky summer house. The pineapple dome was added in 1777, after a particularly flamboyant lord adopted (and embellished) the Virginian tradition of returning sailors putting pineapples on their gateposts. A stay here will be just as memorable as its fruit-topper. You're free to wander around the impressive walled gardens to the front, or sit out in your own private back garden, where you should probs sip Piña Colodas. You know, just to stay on theme.

→ [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps four. From £257 for four nights.

### The Water Tower Cornwall

With its spire roof and gothic windows, this enchanting Cornish tower looks like the kind of place a witch might trap you in for a hundred years. Not that we'd mind much, with four floors of characterfully curved rooms to explore. If you do venture outside, seek out the small beach on the Trelissick estate or hire a canoe to explore the nearby River Fal and surrounding countryside. ■ → [www.nationaltrust.org.uk](http://www.nationaltrust.org.uk). Sleeps two. From £296 for two nights.



Clavell Tower

Trust and English Heritage came to rescue it from collapse in 1992, they found one corner post propped up by an ancient wine bottle. It's now an ideal country escape, so deep in the Shropshire countryside that your sat nav might struggle. It's worth the journey, though, for its cosy beam-laced interiors, peaceful farmland views and dazzling stargazing opportunities. Oh, and all the walls are totally sturdy now – promise. → [www.landmarktrust.org.uk](http://www.landmarktrust.org.uk). Sleeps six. From £382 for four nights.

### Martello Tower Suffolk

Built in a quatrefoil design (like a four-leaf clover), this tower is less about height and more about width. It was originally a defensive fortification, built to house heavy guns and artillery aiming to keep out Napoleon's forces. Now, the converted accommodation is a



By Emma Vince  
Who fancies forty winks  
inside a fairytale folly.

First Night On Us: Week 4

# Three reasons to check out Callander in Scotland

Known as the Gateway to the Highlands, Callander was chosen in a Twitter poll as one of Airbnb's 'First Night On Us' destinations. And we can tell you why

**F**resh air, heart-pumping exercise, quality time with friends: who couldn't do with a little more of these? Well, you're in luck, as Airbnb's helping you do precisely that. Airbnb has been releasing a limited number of 'First Night On Us' coupons in October to enable guests to experience the charms of Britain at great value. Callander in Scotland and Cushendun in Northern Ireland (p50) are the final locations on the list. So, make sure you're ready at 10am on October 24 2019 when the coupons for this Highlands town drop.

### 1 Climb every mountain

Ever heard of the Callander Craggs? They're part of the Highland Boundary Fault, a rocky ledge created 390 million years ago, which stretches right across Scotland. While climbing them is no easy feat, you'll be rewarded with jaw-dropping views to Highland lochs and mountains in the north,

and rolling countryside to the south. The walks are well-signposted and include gentler ones for all abilities.

### 2 Sample the local fare

Callander's bustling town centre offers countless dining options to fill you up before you set out into the countryside (or for when you return). Work your way up the high street and try classic Scottish baked goods like black buns and buttered bannocks at boutique bakery Mhor Bread and Tearoom, or head further up the main street for much-loved fish and chip institution Mhor Fish.

### 3 Get on your bike

A popular cycle path follows the old Callander to Oban railway route. So, a bike ride is the ideal way to build up an appetite before heading homewards to one of the many cosy pubs in town. The section between Callander and Strathrye is especially pretty and offers nice views over the River Leny.



## MEET THE HOST

### Carole

**On any mini-break, it's helpful to stay near a town centre – and that's what you'll get at Carole's place. She and her family (and her two golden retrievers!) live on the bank of the River Teith in a cosy home.**



## HOW IT WORKS

### First Night On Us

Every Thursday morning from October 3 for four weeks, a limited number of 'First Night On Us' coupons will become available for a different town (or towns). The coupons for Callander drop on October 24 at 10am. Here's how you could get one:

#### Step 1

Visit [airbnb.com/firstnight](https://airbnb.com/firstnight) at 10am each Thursday from October 3. If you're not already an Airbnb user, we'd recommend signing up beforehand.

#### Step 2

Once on the landing page, enter your Airbnb registered email address into the 'Claim your coupon' box.

#### Step 3

Successful users will be emailed a coupon code in the following days.

#### Step 4

Book your stay and visit by December 30 2019. For full terms and conditions, go to [airbnb.com/firstnight](https://airbnb.com/firstnight)

→ For more information visit Airbnb at [airbnb.com/firstnight](https://airbnb.com/firstnight)





A perfect day in

# Falmouth

Scenic river trips, tropical gardens and wraparound views

**FALMOUTH IS A** two-for-one destination. The Cornish harbourside town lines up all the classic seaside essentials, while its position on the Fal Estuary also makes it a springboard for reaching the sleepy hamlets, meandering creeks and secret gardens of the Roseland Peninsula. This decidedly green spot basks in a mild microclimate, making it bloom like a tropical paradise – even in the frosty winter months.

## First up

Head for **Gyllyngvase Beach**. Falmouth's biggest sandy sweep is a great spot for a sunny standup paddleboarding expedition or a blustery winter's walk. Fill up with a full Cornish brekkie at **Gylly Beach Cafe**, then follow the South West Coast Path half a mile to pocket-sized **Swanpool Beach**.

## Splash the cash

Falmouth's got its fair share of shops. If you're all set for surf and skate gear, swing by **Wild Pony** for vintage garms. Visit **Willow & Stone** for cute coastal and retro homewares and **Roly's Fudge** for paper bags chock-full of the sweet stuff.

## Stop for lunch

For something quick, grab fish and chips to go from **Rick Stein's Fish**, or feast on a fat Cornish pasty from **Choak's**. For a longer lunch, try **The Shack**. This shellfish bar serves everything from prawns and oysters to razor clams and flatfish. The Shack Stack on the evening menu is epic.

## Soak up the vibes

Wander through the palms – yes, actual palm trees – in the incredible gardens of **Trellissick**, which flaunt a blaze of copper-red foliage every autumn. Like what you see? Head to **Trebah Garden**, another leafy local treasure nearby where peace and quiet reigns.

## Drink like a local

Sink a few with a harbour view at **The Boathouse**, on the quayside balcony of **The Chain Locker**, or by the water's edge at **The Working Boat**. Casting your net wider? Head to **The Pandora Inn** at Mylor Bridge. Find a spot on the creekside pontoon if the sun's out, or by a roaring log fire if it's not. ■  
*Katie Gregory*

Get there: six hours by train from London Paddington; around six hours by car.

## IF YOU ONLY DO ONE THING

Get out on the water and **take the ferry** from Falmouth to Truro. The journey takes in all the best bits of the Fal River, including waterside villages like Malpas and the Tudor castles of Pendennis and St Mawes. Short on time? Sail ten minutes from Falmouth to Flushing instead, then find a quayside pub.

## WAKE UP HERE

### Amelie



What better way to soak up the coastal calm of this corner of Cornwall than by spending the night bobbing in your own houseboat? Moored on the Penryn River, just upstream of Falmouth, eco-boat Amelie is all wide windows and watery views. Spend the early morning inside watching the mist over the river clear, or venture out on to the deck to stretch your way into a new day. The centre of Falmouth is just a 30-minute walk away, but you can borrow Amelie's rowing boat if you'd prefer to float your way downstream. This place has total tranquil vibes.

*Ellie Walker-Arnott*

→ Penryn, Cornwall. Sleeps 6. From £125 a night. [www.canopyandstars.co.uk](http://www.canopyandstars.co.uk)



First Night On Us: Week 4

# Three reasons for a trip to Cushendun

Did someone say picturesque? Gorgeous Cushendun in Northern Ireland was selected in a Twitter poll as an Airbnb 'First Night On Us' destination. Find out why

**S**ea views, cosy pub lunches and plenty of opportunities to unwind. It's no surprise that the lovely village of Cushendun on Northern Ireland's Antrim Coast is a favourite destination for those who know its secrets. Here's your chance to learn them, too. Airbnb has been releasing a limited number of 'First Night On Us' coupons in October, making a carefree UK holiday even more enticing. The coupons for the charming town of Cushendun drop at 10am on October 24, so put this in the calendar now.

## 1 Discover the real caves featured on Game of Thrones

Among Cushendun's most famous landmarks are the Cushendun Caves. In recent years, they've become even better-known thanks to appearing as a filming location for 'Game of Thrones'. If you strike up a chat with a local person, you're bound to hear stories about it.

## 2 Immerse yourself in the local music scene

Cushendun and its neighbouring villages have thriving local music scenes. Speak to your host on Airbnb for in-the-know tips on who is in town. You can't go wrong with an evening spent at the much-loved characterful pub Mary McBride's (visit at the right time and you might just become part of a sing-a-long). Some local hosts on Airbnb even have storytellers visiting and musicians playing at their places.

## 3 Travel to Torr Head

Not far along the coastline from Cushendun, travelling along the Torr Head Scenic Road, you can discover the local landmark of Torr Head, Ballycastle. This historic rocky point offers breathtaking views over the Mull of Kintyre, across the North Channel. Stop off en route from Cushendun to see the ruins of Altagore Cashel, which dates back to the sixth century.



## MEET THE HOST

**Joanne**

After a long walk along the beach, imagine returning to a cosy house at the top of the bay. You can do just that by staying at Joanne's home – plus, she'll give you plenty of great local tips.



## HOW IT WORKS

### First Night On Us

Every Thursday morning from October 3 for four weeks, a limited number of 'First Night On Us' coupons will become available for a different town (or towns). This is the final week to claim yours. The coupons for Cushendun drop on October 24 at 10am.

Here's how you could get one:

### Step 1

Visit [airbnb.com/firstnight](https://airbnb.com/firstnight) at 10am each Thursday from October 3. If you're not already an Airbnb user, we'd recommend signing up beforehand.

### Step 2

Once on the landing page, enter your Airbnb registered email address into the 'Claim your coupon' box.

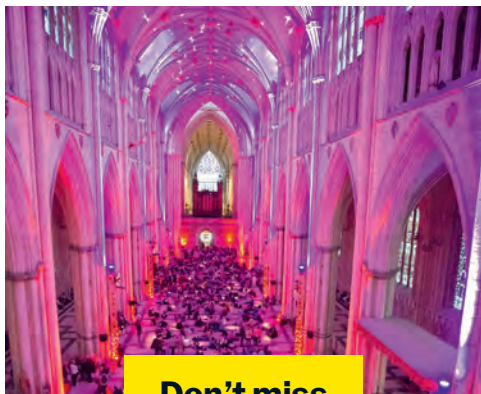
### Step 3

Successful users will be emailed a coupon code in the following days.

### Step 4

Book your stay and visit by December 30 2019. For full terms and conditions, go to [airbnb.com/firstnight](https://airbnb.com/firstnight)

→ For more information visit Airbnb at [airbnb.com/firstnight](https://airbnb.com/firstnight)



Don't miss

## Northern Lights at York Minster

**THE DAYS ARE** getting shorter, but don't get gloomy about dark evenings. Be more like York Minster, the gigantic cathedral that is using the twilight to its advantage. The largest medieval church in Northern Europe will illuminate its cavernous nave with a spectacular light show and soundscape for a whole week. Designed by projectionist Ross Ashton and sound artist Karen

Monid, the installation also aims to raise money to maintain the cathedral's epic collection of medieval stained glass. Feeling particularly geeky? Attend one of the talks that explore the history, religion and science underpinning the piece. Book now – it's gonna be lit. ■ *Lucy Lovell*  
→ York Minster, York. Thu Oct 24-Oct 31. £6 adv, £8 otd. [www.yorkminster.org](http://www.yorkminster.org)

## THREE OF THE BEST

### Family day trips



#### The Roald Dahl Museum

Roald Dahl lived in the village of Great Missenden for 36 years, and is buried here. This small museum is packed to the rafters with info on his life and the inspo for his world-famous characters. There's also plenty of dressing up and interactive exhibitions, including a chocolate-scented Wonka wall. A splendiferous day out indeed.  
→ Great Missenden, Buckinghamshire. [www.roalddahl.com](http://www.roalddahl.com)



#### RSPB The Lodge

Bedfordshire's biggest stretch of heathland teems with wildlife – from woodpeckers and falcons to all manner of creepy-crawlies. Kids can see it all via 5 miles of winding trails and can borrow a rucksack with binoculars, bug-viewers, wildlife guides and activities to take on their trek. It's all free and walkable from Sandy train station.  
→ Sandy, Bedfordshire. [www.rspb.org.uk](http://www.rspb.org.uk)



#### Bekonscot Model Village

Opened in 1929, this is the oldest model village in the world. Pint-sized visitors will feel like giants striding around the hundreds of dinky buildings, dotted with mini people. A miniature railway chugs its way around everything, and there's even a (bigger) ride-on railway, too. ■ *Katie Gregory*  
→ Beaconsfield, Buckinghamshire. [www.bekonscot.co.uk](http://www.bekonscot.co.uk)

## SWAP THE CITY FOR

### A hut with a hot tub in Essex



**HOW 'OFF THE GRID'** can you get within 15 minutes of a tube station? Introducing The Nook, a cosy hut that'll make you seriously consider a move to Zone 6.

Tucked away on a farm, with a view of a shaded pond and fields behind, The Nook feels a world away from London. There's only light pollution to the west and the occasional plane to remind you of the 9 million people living just over the horizon. But although it feels super-secluded and rural, this is a seriously comfy hut. Not much smaller than a studio flat,

it packs in a proper kitchen, hot shower and flushing loo. Even the stuff that'll make you feel all rugged and outdoorsy is deluxe. On the decking out front there's a posh firepit with a hotplate and a wood-fired hot tub made out of an old animal feeding trough. Talk about cabin porn.

There is absolutely no wi-fi, so you've got no excuse to check your emails. But order a cab back to Epping and you could easily make it to work on time. Or, y'know, not... ■ *James Manning*  
→ Ongar, Essex. From £125 a night. [www.canopyandstars.co.uk](http://www.canopyandstars.co.uk)

# Things to Do

Edited by Katie McCabe  
timeout.com/thingstodo @timeoutlondon



## Eight eerie storytelling sessions

Halloween is a time for telling tales, so we asked a professional London storyteller to recommend the best yarn-spinning nights in town.

Illustration *Matt Kenyon*



**SAMHAIN IS ALMOST** upon us. The boundaries between this world and the next will be thin enough to pass through. At least that's what storytellers will say to you. Londoners are rediscovering the joy of listening and adult storytelling nights are booming across the capital. A good story has enormous power to transport you from the daily grind to the wonder of childhood. But be warned: some tales are definitely not for children! On the right night, you'll find material that is challenging, terrifying, erotic and bizarre as well as gripping and enchanting. London has much to offer the adventurous listener. Here are our top eight for the darker days ahead.

**1 The Embers Collective**  
The Embers are London's premier storytelling collective, featuring a kaleidoscopic mixture of awesome performers accompanied by live music. They are running a free open day where interested folk can tell, listen, drink cocktails, chat, sing, eat cake and discover how to be part of the magic.  
→ The Jago, Dalston Junction Overground.  
Sun Oct 27. Free.

**2 Surrey Storytellers**  
Venture to the villagey outer reaches of Zone 6. Surrey Storytellers meet once a month with the cream of the UK's storytelling scene. This month it's 'The Flaming Queen', a haunting tale about a

difficult journey from poverty to power told by the delightful and charismatic Lucy Lill.  
→ The Sanctuary, St Michael's Church, Ewell West rail. Fri Oct 25. £7.

**3 Wicked Witches? Storytelling with Giles Abbott**  
Cosy up in the Queen of Hoxton's rooftop wigwam and listen to masterful storyteller Giles Abbott weave intriguing words of witches and giantesses. He can also be found one Sunday of every month in Viktor Wynd's eye-popping Museum of Curiosities in Hackney, though you will have to pay. 'Wicked Witches?' is a rare bargain – where you get to enjoy Giles sharing

The boundaries between this world and the next will be thin enough to pass through



shocking folk tales for the princely sum of zero pounds.

→ Queen of Hoxton, Shoreditch High St Overground. Oct 30. Free, register in advance.

## 4 Scared to Death in the Woods

My very own night, London Dreamtime, has the best audiences in town. (Not that I'm biased!) Every month we go to a different location for immersive storytelling. Next up, on Halloween night, is a lonely shack in a dark forest for a tale that is occult, scary and (somewhat) true. Bring a candle and something to sit on. It's hard to pay attention when your chair is a gnarly tree root.

→ A secret location. Oct 31. £5. Book at [www.londondreamtime.com](http://www.londondreamtime.com).

## 5 Autumn Antics

Wander the misty botanical gardens of Kew then drop in for stories of gods, goddesses, adventurers and explorers told by beguiling story-weaver Rachel Rose Reid. Her tales are as mesmerising for adults as they are for children.

→ Kew Gardens. @ Kew Gardens. Sat-Sun until Nov 3. Free with entry (£16.50, £4.50 child). Check timings in advance.

## 6 Legend of the Burning Bell - The Demoness of Dojoji

This is a rare chance to hear one of the most enduring and mind-bending legends born out of Japanese noh theatre. It's all about young love and retribution.

Expert storyteller Laura Sampson will be joined by kabuki musician and ethnomusicologist Yui Shikakura for an unforgettable and emotional retelling of the classic Japanese chronicle.

→ British Library. @ King's Cross. Nov 5. £13.

## 7 Storytelling: A Tale of Nature

Listen to the magnificent Nell Phoenix tell the tale of 'Storytricksterland', a place where 'old bones speak, and even rocks want revenge'. The gathering is part of House of Hackney's intriguing Witchmas 2019 celebrations: two beautiful weeks of love potions, magic, talks and tarot. Get ready for a bold array of

Find stories worth taking home at [timeout.com/bookshops](http://timeout.com/bookshops)

brutality and shapeshifting by a mistress of the art. If you can't make this one, try Storynight at Torriano, a monthly session hosted by Nell in Kentish Town.

→ House of Hackney, Shoreditch High St Overground. Nov 8. £7.

## 8 Spark London: Ghosts

Britain's first and best true-storytelling club. Spark is an always fascinating (sometimes cringeworthy) mix of ordinary people telling extraordinary and revealing real-life anecdotes. There's also the opportunity to sign up and tell your own tale. Next month's theme is 'ghosts', which can mean anything from a supernatural encounter to painful memories of a vanishing ex. Not everyone has a book in them, but everyone has a true story worth telling. ■

→ The Ritzy. @ Brixton. Nov 18. £5.



**By Vanessa Woolf**  
Who would never eat your grandmother.



# Five eye-opening experiences you can have at Samsung KX

Time Out's 16-week programme of workshops, performances and events is in full swing over at Samsung KX

**D**isco yoga, drag bingo, coding classes... you name it, Samsung KX has got it. The new experience space at Coal Drops Yard is packed with fascinating tech and loads of Time Out-curated things to do. Make sure you book ahead!

## 1 Raise a glass to creative cocktails

**What is it?** A cocktail class from industry experts

**When is it?** 8pm, Wednesday October 30

You'll join innovative cocktail creator Alastair Southey and drinks aficionado Matthew Porter Tibbey (Hidden Door Events/The Old Crown) to make and taste classic cocktails, and to chat about current trends in the drinks industry, including the rise of low and non-alcoholic cocktails.

## 2 Pick up some crafty plant skills

**What is it?** Terrarium workshop with Jar and Fern

**When is it?** 1pm, Monday November 4  
Hanging arrangements can make any space look bloomin' lovely – and the best thing? They're often easy to look after. London-based floral stylists at Jar and Fern are on hand to teach you the Japanese art of Kokedama. This floral process is the art of freeing a plant from its container and planting it in a moss-covered root ball.

## 3 Enjoy a next-level veggie feast

**What is it?** A supper club run by vegetarian dining group Knuckle

**When is it?** 8pm, Saturdays November 9 & 30

If you're eco-conscious but also

obsessed with neat eats then we've got you covered. Knuckle embraces the sustainable food movement by running creative vegetarian degustations – and you can go to this one for just £10.

## 4 Become a rum master

**What is it?** Rum tasting with Laki Kane

**When is it?** 8pm, Monday November 18

Enhance your boozy knowledge with this rum-tasting and cocktail-drinking masterclass. Created as a partnership between tropical cocktail bar Laki Kane and Hotel Chocolat, it gives you the opportunity to sip on a selection of five tasty glasses of rum, paired with fine, British-made chocolate.

## 5 Put 'em up at a banging boxing class

**What is it?** An intensive exercise class that combines boxing with big tunes

**When is it?** 1pm, Monday November 11 & Wednesday November 27

Put your gloves on! As you punch the pads, there'll be fun light effects and a live DJ will be spinning drum 'n' bass, hip hop and grime tunes. Led by the boxing bosses at New Motion Fitness, this friendly class is suitable for every experience level (including, ahem, none).



## #SamsungKX

→ Find out more about Samsung KX at [www.samsung.com/uk/kx](http://www.samsung.com/uk/kx)

→ To buy tickets, visit [www.timeout.com/samsungkx](http://www.timeout.com/samsungkx)

# SOMETHING FOR THE WEEKEND

## Friday



### Where Light Falls

See Christopher Wren's masterpiece lit up with projections illuminating its wartime history. Poetry and photography will tell the story of St Paul's Watch – the volunteers who protected the cathedral during the Blitz.

→ St Paul's Cathedral. ⊕ St Paul's.  
Thu Oct 24-Sun Oct 27. Free.

### STAY UP This Must Be The Place

The V&A's usual Friday late heads to Hackney Wick for the night with live music, parties, experimental performances and installations in tow.  
→ Various locations.  
Hackney Wick Overground.  
Fri Oct 25. Free.

### EXTERMINATE 'Doctor Who' – Science in the Fiction

Discover the real-world science behind the sci-fi show at this late. Chat to scientists and the 'Doctor Who' special effects team.  
→ Natural History Museum.  
⊕ South Kensington.  
Fri Oct 25. Free.

## Saturday

### SCOFF VegFest

Get ready for some meat-free magic. Try plant-based treats, watch cooking demos and join talks and workshops.

→ Olympia London.  
⊕ Kensington (Olympia).  
Sat Oct 26-Sun Oct 27. £13.20 (day), £22 (weekend).

### PARTY An Autumn Celebration

Fill up with street food before dancing in ceilidhs and joining autumnal workshops at this fall fest.

→ Geffrye Museum. Hoxton Overground. Sat Oct 26. Free.



### Pop-Up Eco Film Festival

Bring along your KeepCup and see films showcasing the effects of climate change and the sustainable projects that are making a difference.

→ Various venues in London Bridge. ⊕ London Bridge.  
Fri Oct 25-Mon Oct 28. Free.

## Sunday

### Wet Sounds

Fancy going to an underwater rave? Sound artist Joel Cahen will be pumping music and light through the water at this east London pool party. Jump in and get your groove on above and below the surface.

→ Waltham Forest Feel Good Centre.  
⊕ Walthamstow Central. Sun Oct 27. £12.



### STRUT Halloween Dog Walk and Show

Watch preened pups strut their stuff in a terrier-fying fashion show to be crowned best-dressed pooch. Proceeds go to All Dogs Matter.  
→ Meet at The Spaniards Inn.  
⊕ Hampstead. Sun Oct 27.  
£5 per dog.

### BROWSE London Zine Fair

Flick through DIY creations from London's best indie publishers, including Books and Cold Lips.  
→ DIY Space for London.  
South Bermondsey rail.  
Sun Oct 27. Free.

More lit light shows at [timeout.com/thingstodo](http://timeout.com/thingstodo)



# On cloud wine

Remember the 'Bold Discoveries' competition Trivento ran, offering the chance to win a trip to Argentina? Well, we have a winner...

If you need a reminder, ace wine-maker Trivento ran a competition seeking out people's 'bold discoveries'. After all, that's what this brand is all about – bold wines that serve up their very own slice of discovery, all the way from Argentina. The competition winner is Katie, whose 'bold discovery' was finding out she had the strength and endurance to perform on silks, proving to herself that it's never too late to start something new. And while she is going to have loads of fun celebrating her win in Argentina – including getting firmly acquainted with the velvety finish of Trivento's Malbec, of course – we don't want you to miss out, either. So we thought it might be good to give you some inspiration on how to bag your very own 'bold discovery', right here in London. And sure, you might not see loads of white-knuckle stuff but the boldest discoveries are those you find in everyday life. So get out there and find them

## Walk some real-life llamas

One entrant, Chris, discovered he loved walking llamas. And you could do that too, without leaving Zone 2. Head down to **Mudchute Farm** and make some furry friends in the process. But, if alpacas are more your bag, head south of the river in the direction of **Vauxhall City Farm**.

## Grub up

Bold discoveries like this might just save the planet. Swap traditional meats for things like chocolate-covered locusts at **Archipelago** – not only are insects now the conservationist's protein of choice, but they're actually damn delicious, too. Just try not to be put off by their slightly creepy-crawly appearance.



## Take two

Want to discover just how sultry you can make your dance steps? Hit up the **Negracha Tango Club** and learn the totally seductive art of tango. And with lessons taking place across the city every night of the

week, you will be waltzing away in no time at all.

## Perform on silks

Has Katie's story piqued your interest in the acrobatic art of silks? Head to **Skylab Studio** in





## WHAT ABOUT THE WINNER?



Four years ago, Katie had never even set foot inside a silks studio. Fast forward to the present day, and she has built the strength and endurance required to perform amazing some gravity-defying tricks. Thanks to Trivento, Katie's 'bold discovery' has put her on a plane to Argentina. To see her story, visit [www.triventobolddiscoveries.com](http://www.triventobolddiscoveries.com)

Camden and get to grips with the gravity-defying fitness class for yourself. Plus, with discounted taster sessions available, there's one less reason for you not to take the plunge.

### **Jump from way up high**

Discover how brave you can really be by staring your mortality right in the eye at the **UK Bungee Club**. And, if you get a taste for the adrenaline-fuelled life, why not swing by the AcelorMittal Orbit – home to one of the world's longest and tallest tunnel slides – on your way home?

### **Go wild**

What could be bolder than getting in touch with nature with a dip in some open water? Just make sure you do it somewhere like **Hampstead Heath Ponds**, where there's a lifeguard all year round. Swimming in a stretch of open water is restorative, refreshing and really bloody invigorating.

### **Discover proper Argentinian steak**

If there's one thing Argentinians know, it's cow. If you want an authentic taste of how it's done

in the Pampas, across central Argentina, then head to **Buen Ayre**. The guys at this eatery know their way around an asado grill.

### **Discover an artist's treasure trove**

In an otherwise unassuming house on a quiet East Dulwich road, artist Stephen Wright is in the process of covering every available surface of his home in kitsch mosaics. His **House of Dreams** museum is only open to the public on a few days each year, but it's a discovery that's seriously worth the time.

BODEGA  
**TRIVENTO**  
ARGENTINA

Enjoy Responsibly  
[drinkaware.co.uk](http://drinkaware.co.uk) for the facts

→ Find more information at [www.triventobolddiscoveries.com](http://www.triventobolddiscoveries.com)

**DON'T MISS**

## Deptford X festival

**FOR THIS YEAR'S** Deptford X, a contemporary visual art festival, its organisers want things to 'Stop Making Sense'. These three words embody its official theme, borrowed from the title of a 1984 concert film by Talking Heads (the one where David Byrne wears the big cartoon business suit). The idea is to embrace the surreal and playful, a clever move, since there are so many batshit-sounding things planned.

Fringe art events will leave almost no part of Deptford untouched. A performance about psychoanalyst Melanie Klein will be held in the toilets of the Deptford Lounge. A painting installation will take over the window of Hairdome



hairdressers. Part of the Job Centre pub will become 'London's smallest gay bar'. The lights of Albury Street have been programmed to 'misbehave'. Even the napkins at Pho Hanoi Vietnamese restaurant will be turned into tiny artworks.

There are plans for the area's gallery spaces too, like a photo show on 'fake Morley's' – the fried

chicken shops that imitate the south London-born chicken chain – at the Gareth Garner Gallery.

One of the main 'curated' projects is an installation performance by American artist Gray Wielebinski that promises to conjure a non-binary utopian hinterland around the sides of the pool at Wavelengths Leisure Centre.

The closing event is 'The Parade of Friendly Monsters', a monstrous public carnival procession. Deptford X's run takes us right through the planned date for Brexit and out the other side to who knows what. The parade's call for participants says it all: 'In times like this, the monsters come to guide us through the change'. ■ *Katie McCabe*

### WHAT IS IT?

A contemporary visual arts festival that has been going in Deptford since 1998.

### WHY GO?

To see some experimental art performed in a toilet stall.

→ Various locations in Deptford. Fri Oct 25–Nov 3. Free, download the festival map at [www.deptfordx.org](http://www.deptfordx.org).

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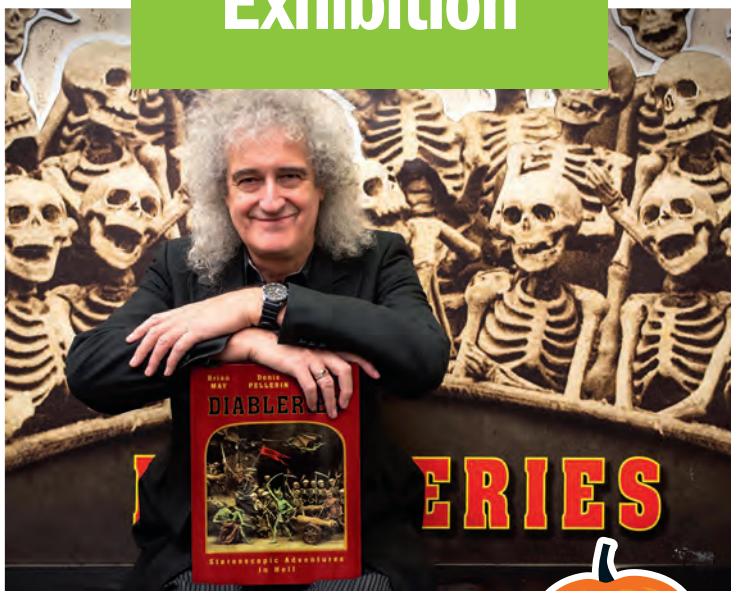
**LUMIX**

**N** NATURAL  
HISTORY  
MUSEUM



## WHAT'S THE DEAL WITH

# Brian May's Halloween Exhibition



### What's all this?

Queen guitarist Brian May is bringing a one-day exhibition of demonic scenes to Soho. It's mostly made up of 'Diableries' images – stereoscopic three-dimensional photographs of carousing skeletons and devils from the nineteenth century.

### So, what exactly is stereoscopy?

Stereoscopy is the original virtual reality. A stereoscope is a bit like a pair of binoculars that create an illusion of 3D by using two offset images side by side.

### But... why is Brian May involved?

Well, he does have one of the largest collections of Victorian stereographic photographs in the world, with a whopping 100,000 in his archive.

### Will I see a little silhouetto of a man?

Probably. Lots of those rare, spooky skeleton shots will be blown up for the wall displays and you can have a go on Brian May's stereoscopic viewer, Owl (pictured below), which he designed.

### Will he do the fandango?

Brian May has not yet expressed any desire to do the fandango. Soho's Century Club will be transformed into a gothic Victorian crypt, and the skull guitar from Queen's 'It's a Hard Life' video will be on public display for the first time. Bring the popcorn because there's also a 3D screening of the 'Diableries' film, 'One Night in Hell'. And it's all free. Magnifico-o-o-o-o. ■ **Angela Hui**



More photo exhibitions at  
[timeout.com/museums](http://timeout.com/museums)

# You and the planet

## State of the Earth



Join leading environmental thinkers Christiana Figueres and Sir Brian Hoskins for an evening of conversation with *Countryfile*'s Tom Heap.

Tonight, 22 October, 7pm (doors open at 6.30pm)  
Free admission – entry cannot be guaranteed

**The Royal Society**  
6 – 9 Carlton House Terrace,  
London, SW1Y 5AG

Find out more at  
[royalsociety.org/stateoftheearth](http://royalsociety.org/stateoftheearth)

#YouAndThePlanet

THE  
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Image ©NASA

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# Ten things to do in London when you're trying to quit smoking

Stimulation, distraction, just a bloody good time: if you can't find something to take your mind off smoking in the capital, you're just not trying hard enough. Here's ten tips to get you started

## 1 Kill a zombie

If you want an inadvisable high to distract you from the mundanity of your day-to-day existence, then frankly smoking is little league compared with engaging in a life-or-death gun battle with hordes of ravaging zombies. That's the basic deal with London's immersive theatre show, 'Variant 31', a 200-room horrorfest that has recently opened on New Oxford Street. *Space 18, New Oxford Street. Until Dec 31.*

## 2 Take the year's most iconic selfie

The urge to smoke will probably be eclipsed by the urge to take a selfie at Icelandic artist Olafur Eliasson's Tate Modern retrospective, 'In real life'. The show that launched a million Instagram posts in summer 2019 – especially 'Your uncertain shadow', which you'll probably recognise as The One That Gives You A Colourful Shadow – isn't going

anywhere anytime soon, and will still be there until the start of 2020. *Tate Modern. Until Jan 5 2020.*

## 3 Watch a historic building being demolished in the name of art

After 80 years as an arts centre, Kennington's Ovalhouse is being demolished, with the centre heading off to fresh digs in Brixton. And it's being done in a particularly viscerally satisfying way – working with structural engineers, the theatre-makers in the season are being allowed to have a crack at tearing the fabric of the building apart during their shows. *Ovalhouse. Until Dec 14.*

## 4 Make an idiot out of yourself ice skating

Probably at some particularly slovenly point in human history (let's be honest: the '70s) people have tried to ice skate and smoke at

the same time. But they were mad, and probably also French. Take your mind off everything except being laughed at by schoolchildren as London's ice skating season kicks off this month. *Ice Rink at the Natural History Museum. Until Jan 12 2020. Skate at Somerset House. Nov 13-Jan 12 2020.*

## 5 Gawp in awe at some badass cyclists

Shame yourself out of your addiction as you admire the superhuman cyclists participating in 'Six Day London' – six (duh) days of full-on cycling events, staged at the Lee Valley VeloPark. There are all manner of races, featuring 32 of the world's best cyclists, who





do their thing to a banging party atmosphere.  
*Lee Valley VeloPark. Until Sun Oct 27.*

### 6 Laugh/cry to Hannah Gadsby

Aussie comic Hannah Gadsby's last show, 'Nanette', ended with a devastating concluding passage in which she actively quit stand-up comedy. However, it was literally too successful: she was forced to un-quit, and is back with another acclaimed show, called 'Douglas'.

Catch it at the Southbank Centre and brace yourself for some tears with those laughs.  
*Royal Festival Hall. Fri Oct 25-Nov 3.*

### 7 Let Björk rewire your brain

Somehow, ultimate cult artist Björk Guðmundsdóttir has become the sort of performer who can play The O2, which by all accounts she'll probably be doing in absolutely spectacular style as her 'Cornucopia' tour rolls in

next month. The tour features an Icelandic 50-piece choir and a huge multi-level set that looks like a field of weird mushrooms. As with most of what she does, it looks gloriously out there, and at the time of going to press, there were tickets available.  
*The O2. Nov 19.*

### 8 Shock yourself with an outdoor swim

Finally, the days are getting colder and darker and at last the hordes of part-timers who flocked to London's lidos and swimming lakes while the weather was clement have gone back to the overpriced homes. Now's it's real outdoor swimming season: all the main pools and ponds are open, and what sort of addiction can possibly compete with a brisk dip?

### 9 Trip out to William Blake

The freethinking Romantic poet did a nifty line in massively trippy prints and paintings of strange, phantasmagorical beings – with progressive moral messages – which are currently receiving the mother of all retrospectives at the Tate Britain. You'll probably be too weirded out to inhale.  
*Tate Britain. Until Feb 2 2020.*

### 10 Say bye-bye to Bojack

Finally, one for your time in. The final series of Netflix's iconic cartoon 'Bojack Horseman' (well, the first part of it) drops this week. While it's not exactly what you'd call a morality tale, we suspect that the fate of the drinking, drug-taking and smoking anthropomorphic horse will not be a resounding vindication of taking loads of booze, drugs and fags.  
*Drops on Netflix Fri Oct 25.*

**CHANGE**  
INCORPORATED

→ It's a fact: non-smokers are more active. You'll be surprised how much more you're able to do (and can afford!) once you pack in the cigs.

**N** NATURAL HISTORY MUSEUM

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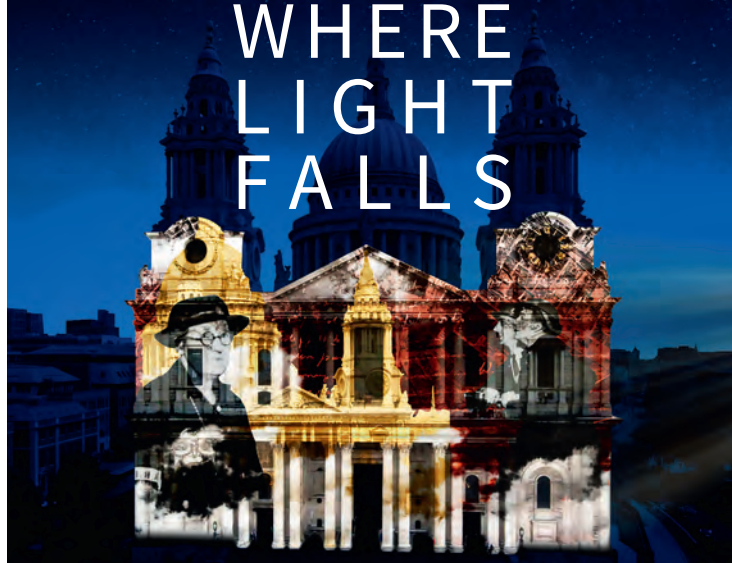
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## THREE OF THE BEST

### Ghost walks

Take the road less travelled right into a cemetery or haunted house for a grim city tour



#### Hangman's Hill Epping Forest Ghost Walk

Feeling brave? Stumble through the woods in the dead of night past an eerie cemetery and supposedly haunted spots. Hear local ghost stories along the way, before a group séance. Gulp.

→ Meet at the King's Oak Hotel. ☉ Loughton (car recommended).

Mon Oct 28-Oct 29. £18.



#### All Hallow's Lantern-Lit Tours: Cockney Heroes and Villains

Walk among the tombs of an East End cemetery. Guides armed with lanterns will introduce you to the graveyard's infamous inhabitants from opium den owners to music hall stars.

→ Tower Hamlets Cemetery Park. ☉ Mile End. Sat Oct 26-Oct 31. £12.



#### Ham House Ghost Tours

The spirit of the Duchess of Lauderdale is said to haunt Ham House, with cold spots and sounds of footsteps reported around the building. Listen to her story and tales of other ghouls on this night-time tour around the house and grounds.

→ Ham House and Gardens. Twickenham rail. Tue Oct 22-Nov 8. £25.

More ghoulish goings-on at [timeout.com/halloween](http://timeout.com/halloween)

HAM HOUSE: SOPHIA SCHORRON; EPPING FOREST: SHUTTERSTOCK

## OCTOBER HALF-TERM MAKE FOR TOMORROW

Saturday 19 – Sunday 27 October  
10.30 – 16.00

Get creative with a series of family activities exploring a healthier, better future, including:

- Live printing with 'Extinction Rebellion'
- Painting on a pumpkin
- Nature collage portrait workshop
- Lots of free daily drop-in activities



# V&A

Museum of Childhood  
☉ Bethnal Green

[vam.ac.uk/moc/whats-on](http://vam.ac.uk/moc/whats-on)

★★★★★ "TERRIFIC MUSICAL COMEDY" Sunday Telegraph

ZooNation: The Kate Prince Company

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# #HIP HOP

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25 October 2019  
19.00 – 23.00

Free entry  
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THIS MUST BE THE PLACE

Image © Chairman Kito



WATCH

**C** Lunchtime Film Society

Sack off your al desko soggy sandwich and escape the office to watch award-winning films. See 50-minute shorts, screened at 1pm on the dot, with free popcorn and a movie 'zine. You can even take your lunch in with you. Win-win!

→ Bridewell Theatre.

⊖ Blackfriars.

Tue Oct 22-Nov 1. £8-£10.

**S** Fright Night Pop-Up Cinema

Scare yourself senseless at this horror film fright night in one of the oldest ballrooms in London. Watch Wes Craven's classic slasher 'A Nightmare on Elm Street' with popcorn and a ghoulish-themed cocktail in hand.

→ Rivoli Ballroom.

Crofton Park rail.

Mon Oct 28. £10.

**W** The Truth Behind the Movie 'Black Panther'

You've seen the film, but did you know it references real-life events in African history? Join historian Tony Warner as he uses photos, art and film trailers alongside quotes and interviews to reveal the IRL stories that inspired Wakanda (forever!).

→ Watermans Art Centre.

Brentford rail. Fri Oct 25. £10.

BE DAZZLED

**E** Firework and Laser Display at Gilwell Park

Celebrate Bonfire Night early at this fireworks display with lasers, music and visual effects. It begins at 7pm, and there's rock-climbing, high ropes and dodgems to play on while you wait.

→ Gilwell Park. Chingford

Overground. Sun Oct 27. £8.50.

STAY UP

**S** Up Late: Autumn Wilds

Try botanical life drawing, pumpkin-carving and see an installation of ceramic foliage at this late. Sip on spiced cocktails in the courtyard. It'll be specially lit up for the evening.

→ The Garden Museum.

⊖ Lambeth North.

Fri Oct 25. £9-£15.

**Go Ape Sundown**

Go Ape Alexandra Palace and Go Ape Battersea are opening after hours so you can speed down zip wires, dangle from leap-of-faith Tarzan swings and cross trembling treetop bridges under the cover of darkness. Get ready for that adrenaline rush.

→ GoApe Alexandra Palace.

Alexandra Palace rail. GoApe

Battersea. Battersea Park

Overground. Wed Oct 23-Nov 1.

From £18.

**C** Uniqlo Tate Late

This month's arty party is inspired by Kara Walker's Turbine Hall commission. Hear pop-up readings curated by *gal-dem*, spoken word from Isaiah Hull and music from NTS Radio.

→ Tate Modern.

⊖ Blackfriars.

Fri Oct 25. Free.

TO DO

The best events in your area

**C** Central **N** North **S** South **E** East **W** West

JOIN IN

**C** Institute of Making Open Day: Gases

Hang out at this zany lab and explore the world of gases. There'll be airy activities deep-diving into everything from fermentation to farts. Try your hand at whoopee-cushion-making, 'burping' effervescing foods and hand-blowing plastic bubbles. It'll be a gas.

→ Institute of Making.

⊖ Euston Square.

Sat Oct 26. Free.

**Somali Week Festival**

An integral part of Black History Month, this annual festival is back for its eleventh edition and will focus on how artists respond to political change. Expect storytelling, poetry readings, talks, plays and live music all spotlighting the Somali diaspora in the UK.

→ Various venues. Until Sat

Oct 26. Prices vary.

**S** Wimbledon Pumpkin Patch

Wimbledon has transformed, Cinderella-style, into a pumpkin patch. Borrow a wheelbarrow and give a needy gourd its forever home.

→ Wimbledon Park.

⊖ Wimbledon Park.

Until Oct 31. £2.50 entry,

pumpkins start at £2.



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# Film

Edited by Phil de Semlyen  
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FILM OF THE WEEK

## The Last Black Man in San Francisco



**THIS GLORIOUS, HUMANE** movie starts with the city of San Francisco: famously a town of outsiders, freaks and countercultures. A touching, mournful comedy, it opens with the strange sight of two men on one skateboard, pumping their legs in unison like a set of oars. You'll want to hop on board, and a random stranger has the same idea, chasing them for a bit. The energy of this introduction – the sight of them gliding along to composer Michael Nyman's horns and strings – is electric. Even though the cards will be stacked against our two heroes, black and barely hanging on, you know this film will treat them royally.

The pair are Jimmie (soulful Jimmie Fails, whose actual life story contributes heavily to the film's plot) and wannabe playwright Montgomery (Jonathan Majors, extraordinary). They're two adult friends who share a passion for art. They draw, they paint, they wear pretty much the same clothes every day. What Jimmie really wants is a

gorgeous Victorian house – a place in the city's elegant Fillmore District where the sun blasts through huge bay windows on to creaky wooden floors. He has one in mind; it's the same house he grew up in, before his dad was bought out years ago. Jimmie does unauthorised touch-ups on the building daily, to the chagrin of its grumbling white owners. But when the property must be vacated in an ugly inheritance split (the film has compassion for these heartbroken gentrifiers too), what's to prevent Jimmie and Mont from moving in?

Director Joe Talbot, a longtime confidant of Fails' who brings humour and sensitivity to the racially charged material, wants to tell more than just a squatter's story, even though that's the spine here. Something bigger is broken, dragging the proudly weird city down with it. Drunken tourists gawp at locals; the psychedelia of Jefferson Airplane's 'Somebody to Love' is reduced to an earsplitting remix, and a ruthless estate agent moves in on the mansion. 'This

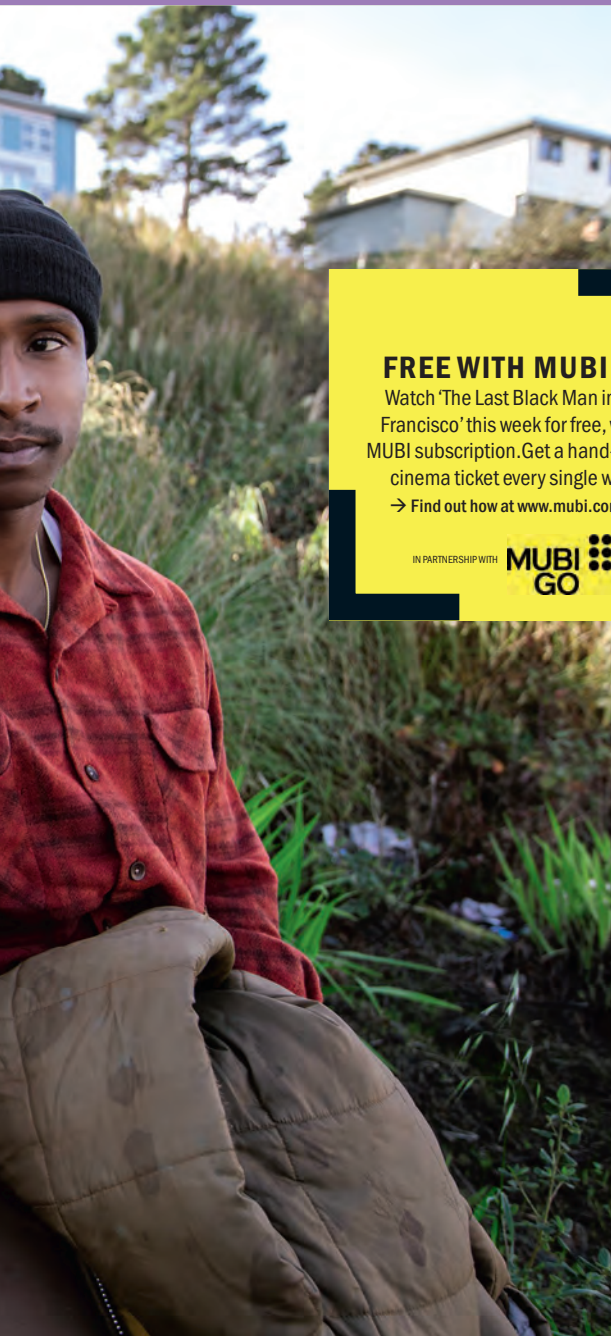
### WHAT IS IT...

A brilliant, modern-day gentrification drama.

### WHY GO...

For an emotional story that's relatable for urbanites everywhere.

→ Director Joe Talbot (15)  
121 mins.



**FREE WITH MUBI GO**

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## By the Grace of God



**WHAT IS IT...**

A true-life story of sexual abuse in the Catholic priesthood.

**WHY GO...**

For an activist drama that will inspire and move you.

→ Director François Ozon (15) 137 mins.



**A KIND OF** #MeToo-inspired filmmaking movement is developing around paedophilia in the Catholic priesthood. While 'The Club' showed the priests' perspective and 'Spotlight' gave us a journalist's point of view, François Ozon focuses on the victims in this compassionate drama. It offers an interconnecting triptych of viewpoints on a true-life case from mid-2010s Lyon – and it's impossible to be unmoved by the story it's telling.

The perspectives belong to three men abused by the same priest. Affluent family man Alexandre (Melvil Poupaud) doggedly pursues him right into the church's maze of phoney procedure and Kafkaesque manoeuvring; bullish François (Denis Ménochet) channels his pain into campaigning; and fragile Emmanuel (Swann Arlaud) is stuck in a toxic relationship. The performances contrast nicely, with Arlaud the standout as a man who has just never recovered.

Sexuality – in all its manifestations – flows through Ozon's work, and here he delves into its darkest corners. There's no grandstanding; his interest is in showing how these vile acts can warp lives before they've even got started. There's hope here too. A surrogate family of sorts blossoms between these people – women as well as men – trying to free themselves from the past. For the Vatican, there isn't a rug big enough to sweep it all under. ■ *Phil de Semlyen*

## The Beach Bum



**WHAT IS IT...**

A stoner comedy from Harmony 'Gummo' Korine.

**WHY GO...**

For the contact high.

→ Director Harmony Korine (18) 94 mins.



**HOW YOU FEEL** about watching 'The Beach Bum' will have a lot to do with how you feel about spending 90 minutes with a stoned, loud, failed poet-novelist called Moondog – a cheery Key West soak riding high in the Florida sunshine on the wealth of his equally hard-partying wife (Isla Fisher). Moondog (whose name sounds like a hip IPA) is played by a gleeful Matthew McConaughey. He's the sort of guy who rocks up half-cut to his daughter's wedding and everyone thinks it's cute. Oh, and at the same wedding he finds his rapper friend Lingerie (Snoop Dogg) officiating at the ceremony, surrounded by bodyguards with guns.

Don't expect all this to make sense. As with 'Spring Breakers', director Harmony Korine creates a scuzzy beachside universe, although this one lacks the intoxicating buzz of his 2012 gonzo crime thriller. There's a one-man performance-art piece lurking at the heart of it: it feels at times like Korine has let McConaughey loose among a bunch of ragged non-professionals, or handed him the improvisation keys in scenes with Jonah Hill and Zac Efron, who each have cameos. There are things to enjoy in the film's genial, non-judgmental approach to bad behaviour, and all power to McConaughey's commitment to the character. But you'll need a lot of patience – or weed, or tranquillisers – to stick with Korine's paper-thin, larky portrait of a literary bum in crisis. ■ *Dave Calhoun*

house... it's what I do,' says unemployed Jimmie in one of his many achingly vulnerable moments.

It's not all tears, though. The film's positivity comes from a personal sense of activism. For the central duo, that means constantly making art: Mont breaks up a street fight to 'direct' the action ('Remember Stanislavski,' he tells them), and the film's final stretch is consumed with putting on a play in the house's living room. Here, there are similarities with 'The Royal Tenenbaums' in both content and mood, but there's a dark streak too. Giving up is always just a single moment of weakness away. And a shot of a lonely man rowing through choppy waters under the Golden Gate Bridge sends things into the realm of pure poetry. ■



**By Joshua Rothkopf**

Who loves virtually every film that's set in San Francisco, especially 'The Rock'.

Best Halloween screenings  
at [timeout.com/film](http://timeout.com/film)

# THE LAST BLACK MAN IN SAN FRANCISCO

A FILM BY JOE TALBOT

IN CINEMAS OCTOBER 25



Flickering Myth



HeyUGuys



Lewis Knight,  
Mirror Online

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within its first five minutes”

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# Monos



**'MONOS' IS THE** strangest, most unsettling piece of survival warfare you'll see all year – yes, including 'Love Island' – but it's also one of the most mesmerising. On a mossy mountaintop, a paramilitary squad of teens train for an unnamed war. They play football blindfolded when they're not swinging around rifles, and they call each other names like Smurf, Bigfoot and Rambo. The film's director, Alejandro Landes, is Brazilian-born, but he shot in Colombia – the title means 'monkeys'. The kids, mud-smudged refugees straight out of 'Lord of the Flies', pledge allegiance to something called 'The Organisation' and take their orders from a shifting, unseen high command.

You won't really know where it takes place – or when – but 'Monos' grabs you right from the off. It feels like an unstimulated version of basic training, and your sympathy for the actors grows as they hoist heavy logs over their heads or shiver in pits. Julianne Nicholson ('I, Tonya') picks one hell of an indie to guest

## WHAT IS IT...

A hypnotic guerilla drama set in remotest Colombia.

## WHY GO...

Because you love 'Apocalypse Now' and 'The Hunger Games'.

→ Director Alejandro Landes (15) 102 mins.



in, as an American doctor and hostage who records her proof-of-life videos with an exhausted stare. Occasionally, there will be a harsh, synthesised rattle of squeaky noise: this is the music of Mica Levi, a composer whose radical scores for 'Under the Skin' and 'Jackie' have revolutionised soundtracks.

Child soldiering has made it to the screen before, but usually with a message. There's no moralising here: these are dead-eyed survivors. Flickering TVs offer glimpses of the Western world, a land of sweets and Beethoven, but it may as well be a Marvel movie. There's an escape attempt but 'Monos' isn't about that. It infiltrates a place inside you – an anxiety about our future that lingers. Time to enlist. ■ *Joshua Rothkopf*

## THE STORY BEHIND Monos

Director Alejandro Landes on the near-fatal shoot for his Colombian kids-at-war movie

### 'Monos' has been compared with 'Apocalypse Now'. How does that make you feel?

'Well, it's definitely visceral and dreamy, so I guess they have that in common. I wanted this film to stand on its own, but it flirts with genre. You feel that from the Russian film "Come and See", or Claire Denis's "Beau Travail", or "Apocalypse Now". There are influences from films like "Predator" and "Platoon" as well.'

### The film is set partly in the Colombian highlands. What were the challenges of filming at altitude?

'We were four hours from Bogota and 4,000 metres up, so there was little oxygen. It was very intense and so cold. You're enveloped in a cloud and the next second there is bright equatorial sun, and the next it's torrential rain. It just made you crazy, because you can't follow any plan.'

### For the later scenes you moved to a canyon in the heart of the jungle, which can't have been much easier.

'We had a pack of mules, and Colombia's national kayak team would take us [to the location] on rafts. The only people who knew the area were illegal gold miners – and they became our production assistants. Everyone cried on this shoot, including me at some points. I got carried out on a stretcher once.'



Alejandro Landes

### What happened?

'I couldn't stand up. I was in such pain. The medic diagnosed me with appendicitis. I had three hours to get out of there before it burst. It was pouring with rain, we couldn't get a chopper in, so some of the miners put me on an improvised stretcher and carried me up the jungle canyon. Fortunately, it wasn't appendicitis. I think I'd just been eating rations for way too long and my insides were destroyed [laughs].'

### It must have been dangerous, even leaving the bad rations aside?

'There were some pretty big snakes. And then lightning storms, and the river rising rapidly. One day I was in a little ravine with the kids and we heard a strange sound at the top of the canyon. Seconds later, this gigantic tree fell at the feet of [Sofia Buenaventura's character] Rambo. Like, inches away. It could have killed 14, 15 people easily. People were shaking and crying, but there was nothing we could do. We just had to start shooting again.'

### Has the experience put you off risky shoots?

'I'm getting sent [scripts] but I want to take [whatever film I do next] to its most extreme scenario. It has to be the right thing, because you may not see me for some years [laughs]. I might not live to tell the stories!' ■

Interview by Dan Jolin

MY LIFE  
IN MOVIES

Naomie  
Harris

Famous Londoners share their favourite film spots



**What was the first movie you saw at the cinema?**

'It was "The Wizard of Oz". I can picture myself in the cinema with my family but can't quite remember which one it was!'

**What is your favourite cinema?**

'It used to be in Whiteleys in Bayswater, but it's shut down now. You could have food and get the sofa beds for two. I would come with a little blanket and just kind of snuggle down to watch movies, but then you could just press a little switch and someone would come in and take your order. It was amazing.'

**Where do you go now?**

'I love Everyman cinemas. Tickets are so expensive, you need a reason to pay instead of staying at home to watch TV. Super-comfortable seats and food and drink throughout is the dream.'

**What was the last film that you loved?**

'I've missed a lot because I've been shooting but "The Favourite" was incredible. What a powerhouse movie with powerhouse women. The directing was really quirky and unexpected too.'

**You've made a lot of movies in London.**

**Which locations stick out in your mind?**

'I remember shooting "Spectre" next to Big Ben at night. We had the police blocking off the entire area. Only a Bond movie could shut down that part of London! I just thought what a privilege it was to be taking over my home town in this way.'



'Love Actually'

**What is your favourite premiere memory?**

'It was the royal premiere for "Spectre" and it was the first time I was allowed to take a guest with me. I took my uncle, who has always been so incredibly kind to me. The thing is, they said that you're not actually allowed to introduce your guest unless the royal says hello to them, but I broke royal protocol by introducing my uncle.'

**What movie do you think represents London?**

'"Love Actually". It's all about Londoners, with the city as the backdrop. I just love that movie's heart. To me, that's what sums up London: its heart and soul, and its quirkiness. It has its own unique flavour.' ■ Interview by Hanna Flint  
→ 'Black and Blue' opens Fri Oct 25.

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CINEVUE

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THE TELEGRAPH

★★★★★  
FLICKERING MYTH

★★★★★  
HEAT



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EMPIRE

★★★★★  
TOTAL FILM

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LITTLE WHITE LIES

★★★★★  
CULTURE WHISPER

A FILM BY ALEJANDRO LANDES



IN CINEMAS FRIDAY



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NAOMIE HARRIS: FEATUREFLASH

# Black and Blue



## WHAT IS IT...

A not-so-gritty cop drama set in New Orleans.

## WHY GO...

For Naomie Harris being loads better than the movie around her.

→ Deon Taylor (15)  
108 mins.



**THE CREDITS AT** the end of 'Black and Blue' list not only 'Stairwell Bad Guys' but 'Apartment Bad Guys,' which is about as deep as characters get in this slice of cop piffle. It is a film where someone asks 'You all right?' while their friend, having just been shot, leaks blood. A film that would be over very quickly were anyone to say or do anything remotely sensible.

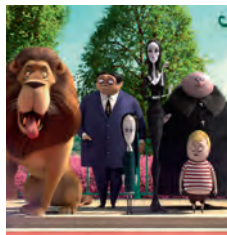
It is absurd that this is the hugely talented Naomie Harris's first leading role – and it's a shame. She is great as a principled rookie who joins the force in New Orleans only to be immediately faced with institutionalised racism and endemic corruption. Thanks to preposterous plot machinations, she witnesses her cop colleagues murdering a couple of local hoods and, with the footage captured on her body cam, she's in hot, murky water. A right old pickle.

The potentially interesting material is suffocated by a B-movie story and a C-grade script. Plot spills out of these people's mouths. With less substance than a 'Grand Theft Auto' mission, there is no weight, no meat, but, certainly, where the dialogue's concerned, a lot of cheese. It is the quattro formaggi of naughty cop films. Nevertheless, there is dumb fun to be had – it is propulsive enough, and you root for Harris and her sidekick, Tyrese Gibson, who do what they can to survive their trip to Trope City. There is even one funny line. The film could maybe have done with more than one. ■ *Alex Godfrey*

## ALSO OPENING

### THE ADDAMS FAMILY →

★★★☆☆  
This (re)animation kicks off with the Addams clan looking for somewhere 'horrible and corrupt' to settle – they opt for New Jersey. It's one of the few good gags in a comedy that's short on the macabre wit that made Barry Sonnenfeld's 'The Addams Family' and 'Addams Family Values' such ghoulish delights back in the '90s. Despite the stellar voice cast (Charlize Theron, Oscar Isaac), its celebration of misunderstood outsiderdom feels generic and the CG animation looks cheap. *Phil de Semlyen*



### CHAINED FOR LIFE

★★★☆☆  
Sharp-edged ideas about how our physical appearance determines our path through life mix with on-set high jinks in this unusual, quietly impressive indie. *Phil de Semlyen*

### TALES FROM THE LODGE

★★★☆☆  
There's schlocky fun to be had with this meta Brit horror that has an

absurdist streak and an up-for-it cast (Laura Fraser, Mackenzie Crook, Johnny Vegas) playing old uni mates whose rural weekend turns bloody. *Phil de Semlyen*

### HOOP DREAMS

★★★★★  
Back in cinemas for a short run, filmmaker Steve James's epic doc follows two young black men growing up in the Chicago projects. Over four years, their lives intersect in unexpected ways as they strive for NBA stardom. A three-hour documentary about basketball is probably not most people's idea of a night out, but this one is unforgettable. ■ *Timothy Sortie*

## THE TEN BEST POP-UPS AND FESTIVALS THIS WEEK

**10 'Coco'**  
Looking for somewhere to take the kids this weekend? Try Pixar's musical delight in one of London's comfiest screening rooms.  
→ Electric Cinema. ⊖ Notting Hill Gate. Sat Oct 26, noon. £8.

**9 'Stardust' + Q&A**  
Writer Ray Connolly fields post-screening questions after this nostalgic Brit musical drama.  
→ Rich Mix. Shoreditch High St Overground. Thu Oct 24, 8.30pm. £10.95.

**8 'Top Hat'**  
An all-timer in any list of movie musicals, with Ginger Rogers and Fred Astaire at their swoon-inducing best.  
→ Classic Film Club.  
⊖ Ealing Broadway. Fri Oct 25, 7.30pm. £7.

**7 'On the Town'**  
Gene Kelly and Frank Sinatra get shore leave and much singing and dancing ensues in this life-enhancing MGM gem.  
→ BFI Southbank.  
⊖ Waterloo. Sat Oct 26, 3pm. £13.75.

**6 'Brother John'**  
Sidney Poitier tackles Southern racists in this 1971 drama screening at the monthly Science Fiction Theatre.  
→ The Castle Cinema. Homerton Overground. Wed Oct 23, 7pm. £10.

**5 'To Sleep with Anger'**  
Danny Glover stars in this underseen 1990 LA drama from Charles Burnett ('Killer of Sheep').  
→ Clapham Picturehouse.  
⊖ Clapham Common. Sun Oct 27, noon. £8.

**4 'All About My Mother'**  
All Almodóvar screenings should come with a wine tasting. This one does.  
→ St Margaret's Church. Blackheath rail. Sat Oct 26, 8.30pm. £6-£12.

**3 'Le Cercle Rouge'**  
Alain Delon is as cool as *un concombre* playing an ex-con in this fatalistic crime thriller.  
→ Ciné Lumière.  
⊖ South Kensington. Sun Oct 27, 2pm. £10.

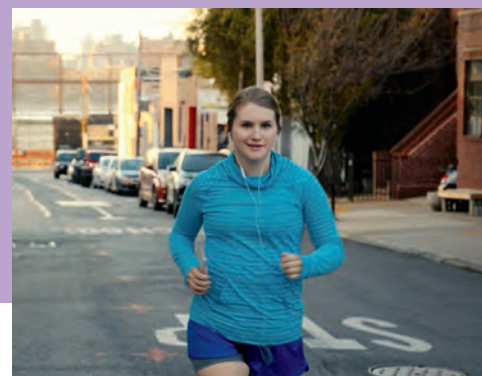
**2 'A Way of Life' + Q&A**  
Amma Asante's tough but tender debut gets a rare screening at The First Film Club.  
→ Phoenix Cinema.  
⊖ East Finchley. Mon Oct 28, 6.45pm. £12.

# 1

## Reclaim the Frame

This brilliant initiative connecting audiences with films made or headlined by women takes in a screening of buzzy US indie 'Brittany Runs a Marathon'. Star Jillian Bell and writer-director Paul Downs Colaizzo will be there for a chat.

→ Everyman. ⊖ King's Cross. Tue Oct 22, 7pm. £18.10.



All the biggest new films reviewed at [timeout.com/film](http://timeout.com/film)

# Music & Nightlife

Edited by Oliver Keens  
timeout.com/music @timeoutmusic

## Don't let Halloween become a total NIGHTMARE

We've picked out the best parties, so you don't have tooooooo

### Weekend before

#### Push The Button: Lizzoween

LGBTQ+ pop night Push The Button celebrates Halloween and the break-out star of 2019 – well, why not? After all, Lizzo is currently climbing the charts with a total bop called 'Good as Hell'. In honour of her role in the hit movie 'Hustlers', about strippers scamming bankers, they're also promising to play loads of JLo and Cardi B, so you can expect to hear devilishly catchy bangers right until 3.15am.  
→ Royal Vauxhall Tavern. Fri Oct 25.

#### The Glory's Halloween Ball

East End queer super-pub The Glory takes over the historic Hackney Empire for a super-spooky drag ball. You'll enjoy a witchy lip-synching contest, shows from scene stars including Myra Dubois and Margo Marshall, and the return of

Jonny Woo's legendary Gay Bingo. Choose either to sit in the Empire's circle or stand in the stalls, where, by the end of the night, you'll probably find yourself dancing to pop bangers from London legend DJ Chaka Khant.

→ Hackney Empire. Sat Oct 26.

#### Secretsundaze 'Club Kids' Halloween Party

The Secretsundaze crew is turning Bethnal Green's Oval Space into a cult Manhattan hotspot for its spooky Halloween spectacular. This year's theme is 'Club Kids', a homage to New York's iconic, flamboyant, fashion-conscious set, which helped change the face of youth and club culture in the '80s. Prepare for scarily outrageous outfits and old-school hedonism, plus some of the finest house, disco and techno beats from Prosumer, Honey Soundsystem and D Tiffany.

→ Oval Space. Sat Oct 26.



Secretsundaze

The Glory's Halloween Ball





Little Gay Brother's Halloween Apocalypse



The Glory's Halloween Ball



## Halloween night

### Milkshake Halloween Rave

Ministry of Sound's huge weekly student night, Milkshake, is steering the Elephant superclub's Halloween night party this year. Expect to hear the best house, hip hop, disco, garage, rap and grime bangers across four different rooms, and to see some sickening Halloween lewks – according to the promoters, a costume is 'essential' for this one.

→ Ministry of Sound. Oct 31.

### Halloween Party – '90s vs '00s

Millennials assemble! Billed as a 'Nightmare on Great Portland Street', this Halloween night party will play the biggest pop, rock, hip hop and dance hits from the '90s and 2000s. So dress as your favourite spooky icon – Bette Midler in 'Hocus Pocus', maybe? – and party to everything from 'Wannabe' to 'Wonderwall', 'Valerie' to 'American Boy'.

→ 229. Oct 31.

### Once Upon A Time On Halloween: An Orchestral Tarantino Special

Quentin Tarantino loves a bit of gore so spending Halloween night listening to his greatest soundtrack hits performed by an orchestra makes a twisted kind of sense. Fancy dress is encouraged – dig out that yellow catsuit, 'Kill Bill' fans – and 'jaw-dropping visuals' are promised as well. Frankly, it sounds like a bloody good time all round.

→ XOYO. Oct 31.

### Little Gay Brother's Halloween Apocalypse

The Little Gay Brother crew take over Omeara – plus a new third room called The Siding – for a massive Halloween bash. These bastions of inclusive LGBTQ+ clubbing know how to put on a hell of a party, complete with lewks, drag show and perfectly pitched house, techno and disco beats. If the end is nigh, this lot are definitely going out in style.

→ Omeara. Sat Oct 26.

### 'Stranger Things' Halloween Party

Following his incredibly popular 'Stranger Things' mix on Soundcloud, cut 'n' paste don DJ Yoda hosts a huge Halloween party in Hackney that's inspired by the cult Netflix hit. He's promising 'a hypnotising audio-visual show', loads of spooky '80s synth sounds and beats that he'll be turning the party up to... wait for it... Eleven.

→ Earth. Sat Oct 26.

### Sink The Pink presents It's Halloween Hun 2

It's Halloween, hun, which means it's time to get spooky. And by spooky we mean it's time to put on your heels, wigs, glitter and most garish costumes for the most in-demand Sink The Pink party of the year. Full details have yet to be revealed but expect dazzling drag shows, killer costumes and a big-name pop performer – last year's was headlined by Clean Bandit.

→ Troxy. Sat Oct 26.



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## Music & Nightlife



Ultimate Power



SinkThePink

## Weekend after

### 'The Rocky Horror Picture Show' Movie Night

Watch cult classic 'The Rocky Horror Picture Show' on the big screen – then stay for an afterparty that will rage until 3am. Along the way, you'll experience all the colourful fun of a night at The Grand, including lashings of confetti, balloon drops and a Halloween-themed photo booth.

→ The Clapham Grand. Nov 1.

### Ultimate Power – Bat Out Of Halloween

The club night that plays power ballads in full is getting one hell of a makeover this Halloween. Communal karaoke will feature scarily good songs, costumes are encouraged and air guitar

skills are vital if you want to make it out alive.

→ O2 Forum Kentish Town. Nov 1.

### Elrow London – Horween at The Drumsheds

The Elrow collective brings its immersive clubbing experience to Enfield's huge new 10,000-capacity venue, The Drumsheds. This promising ten-hour daytime party will feature 'derelict haunted houses, disturbing dancefloors and petrifying graveyards', soundtracked by electronic music so on-point it's almost frightening. And with a 10pm finish, you won't need to run like you're being chased by a zombie to make the last train. ■

→ The Drumsheds. Nov 3.

More at  
[timeout.com/clubs](https://www.timeout.com/clubs)

ULTIMATE POWER: ELEONORA COLLINI; SINK THE PINK: LUKÉ DYSON



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# GIGS AND CLUBS

Act swiftly, people – these have just been announced or are selling out fast

## Brooke Candy

A day after she drops debut album 'Sexorcism', the savagely talented rapper plays London's long-running G-A-Y club night. Pace yourself for a late one because she's unlikely to be on stage before midnight.

→ G-A-Y at Heaven. Sat Oct 26.



### Daylight

Billed as 'London's first accessible club event for adults with disabilities and their carers', this long overdue party aims to put the needs of our city's disabled music fans first.

→ Omeara. Nov 16.

### 25 Years of Bugged Out!

The party crew that continue to show the way to youthful promoters everywhere

celebrate the big two-five with 2manydjs, Erol Alkan, Green Velvet and more.

→ Printworks. Nov 16.

### The Pretenders and Suede

The two bands co-headline a benefit show in aid of their longtime crew member John Brandham, recently incapacitated by a serious medical condition.

→ 02 Shepherd's Bush Empire. Nov 20.

### Young Knives

Fresh from dropping comeback track 'Red Cherries', the experimental band have booked their first London gig since 2014.

→ The Lexington. Nov 25.

### Ocean Wisdom

Camden-born rapper locks his status as one of the UK's most hyped right now with this huge gig near Canada Water.

→ Printworks. Nov 28.

### Ezra Collective

Do yourself a favour and enjoy the full force of one of the finest, most exuberant forces in UK jazz right now.

→ Roundhouse. Nov 30.

### Robbie Williams' Christmas Party

Not at his house, mind, like a normal Christmas party. It's at the venue previously known as Wembley Arena.

→ The SSE Arena. Dec 16.

### Kim Petras

Her 'Clarity' project is one of this year's best pop albums. Now she's booked her biggest London gig to date.

→ 02 Shepherd's Bush Empire. Feb 11 2020.

### Avril Lavigne

Hey hey you you: this is AvLav's first UK tour since 2011.

→ 02 Brixton Academy. Apr 1 2020.

### Kojoy Radical

Conceptual don and alternative riot starter, this guy spans a swathe of genres. He's due to play a justifiably big and awesome venue next year.

→ Roundhouse. Apr 2 2020.

### Maluma

The Colombian pop superstar and recent Madonna collaborator continues his global takeover with a show at one of London's largest arenas.

→ The O2. Apr 2 2020.

### Snowbombing

The Euro fest for snowy thrill-seekers – this

year featuring Liam Gallagher, Foals, Big Narstie and Sub Focus.

→ Mayrhofen, Austria. Apr 13-18 2020.

### Foals

After releasing not one but two albums this year, Yannis Philippakis and the gang hit the road.

→ Olympia. May 2 2020.

### Nick Cave and the Bad Seeds

The gothic rock icon tours in support of his band's 17th (!) album 'Ghosteen', which dropped this month.

→ The O2. May 14-15 2020.

### Heaven 17

Succumb to 'Temptation' by booking for the synth-pop vets' fortieth anniversary tour.

→ 02 Shepherd's Bush Empire. Nov 21 2020.

### Gabrielle

The Hackney soul queen celebrates 20 years of her chart-topping album 'Rise'.

→ Indigo at The O2. Nov 25 2020.

22 FEB	BRIGHTON DOME	BRIGHTON, ENGLAND	01 MAR	THE ACADEMY	DUBLIN, REPUBLIC OF IRELAND
23 FEB	THE OLD FIRE STATION	BOURNEMOUTH, ENGLAND	03 MAR	THE LIQUID ROOM	EDINBURGH, SCOTLAND
24 FEB	STYLUS	LEEDS, ENGLAND	04 MAR	QUEEN MARGARET UNION	GLASGOW, SCOTLAND
26 FEB	02 ACADEMY SHEFFIELD	SHEFFIELD, ENGLAND	05 MAR	INVISIBLE MIND FACTORY	LIVERPOOL, ENGLAND
27 FEB	02 ACADEMY BRISTOL	BRISTOL, ENGLAND	06 MAR	02 RITZ	MANCHESTER, ENGLAND
28 FEB	02 ACADEMY OXFORD	OXFORD, ENGLAND	07 MAR	02 ACADEMY BRIXTON	LONDON, ENGLAND
29 FEB	THE GREAT HALL	CARDIFF, WALES			

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**So what's on the menu?**

A delectable five-piece called Squid, seasoned with krautrock, jazz and an unhinged sense of playfulness.

**Squid... hang on, this means we're going to be subjected to tenuous tentacle puns, doesn't it?**

You're kraken me up. Don't worry, we just want to talk about this incredible band who met in Brighton and formed over a mutual love of Neu!, XTC and Steve Reich. This year has seen the buzz around them grow after a run of electrifying shows and an ace new EP. Squid goals.

**Okay, let's stop that. What do they sound like?**

They've described their sound as 'the "Coronation Street" theme tune played on flutes by angry children'. We'd say it's a whirlpool of clattering rock that buzzes with energy as they sing about indignant shop-cleaners, Sonic Youth superfans and houseplants.

**Houseplants? Sounds like a grower.**

We love 'Houseplants' – as does 6 Music, which A-listed it. It's a joyful, frazzled slab of millennial angst on which singer-drummer Ollie Judge

WHAT'S THE  
DEAL WITH  
Squid



manically yelps David Byrne-style: 'This is my beautiful house and I can't afford to live in it!' Who in London can't relate to that?

**I relate. Any more existential jams I can listen to?**

Their recent 'Town Centre' EP takes in everything from ambient instrumentals to post-punk bangers. 'Match Bet' – the one about the Sonic Youth fan – with its skittering guitar and brooding horns, is brilliant.

**Do they have their own superfans?**

In-demand producer Dan Carey, who worked on 'Town Centre', is a big supporter: 'I love Squid. To record with them is such a joy – the room is a sea of ideas...'

**We said no more aquatic puns! Where can I see them?**

This lot are in demand: they're supporting Warmduscher at Village Underground on November 6 and Metronomy at the Roundhouse on November 7. And they've just announced a headline show for next April, so at this stage, they're really not squiddin' around. ■

*Danny Wright*

→ Squid play Scala on Apr 2 2020.



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Photo: Pete Tong Presents Ibiza Classics, 2017 Photo by Luke Dyson.

# Theatre & Dance

Edited by Andrzej Łukowski  
timeout.com/theatre @timeouttheatre

SHOW OF THE WEEK

## Solaris



**THE GREAT POLISH** sci-fi author Stanisław Lem always grumbled about the film adaptations of his masterpiece, 'Solaris'. Specifically, he felt that Tarkovsky (1972) and Soderbergh (2002) failed to convey the sense that the eponymous planet – with its inscrutable living ocean – was the story's main character.

Exactly the same criticism could be levelled at David Greig's new stage adaptation. But I'd hope Lem could acknowledge the boldness and, ultimately, the beauty of Greig's take on his seminal space novel.

It is the future, and human psychologist Kris Kelvin (Polly Frame) has just arrived at the research station that hovers in low orbit over Solaris, a recently discovered planet covered by a strange, shapeshifting ocean. Snow (Fode Simbo), a scientist, freaks out when he sees Kelvin arrive. Eventually, he tells her about the mysterious death of his crewmate, and her friend and mentor, Gibarian (Aussie star Hugo Weaving, in

fine pre-recorded form for this co-production with the Royal Lyceum Theatre Edinburgh and Malthouse Theatre Melbourne).

All of which Kelvin could take, but what pushes her over the edge is the appearance of Ray (Keegan Joyce), her ex-boyfriend, who cannot possibly be here.

There is so little sci-fi on the stage that it would be fair to call Greig's 'Solaris' a reasonably faithful adaptation in terms of incorporating the nuts and bolts of the novel, whilst also being a fairly hefty departure in terms of the detail and meaning. The fact that Kelvin was male in the book is only the most cosmetic of the changes: Greig has lightened the tone, made the other two scientists (Simbo's Snow and Jade Ogugua's Sartorius) relatively sane in comparison to their on-page counterparts, and has ultimately significantly tinkered with the meaning of the planet and its actions.



None of this diminishes the power of Matthew Lutton's starkly beautiful production, which takes place in a series of short, terse scenes delineated by the shuttering screen of Hyemi Shin's stark, subtly shifting set. It's defined by Paul Jackson's exemplary lighting design, which conveys the disorientating otherness of the intertwining light of Solaris's two suns, one red, one blue.

The story is emotionally rooted in another binary – the complicated relationship between Kelvin and Ray. Frame and Joyce wax and wane in

## THREE TO SEE

# Half-term theatre

### War Horse

The National Theatre's spectacular hit cantered out of the West End a few years ago, but now there's a rare chance for Londoners to see Joey, the goose, the tank et al as 'War Horse' calls in at the huge new Wembley Park Theatre.

→ Troubadour Wembley Park Theatre.  
⊖ Wembley Park. Until Nov 23. £18-£125.

### Maggot Moon

Sally Gardner's darkly creative dystopian novel for young teens has been turned into a tense stage show at the Unicorn. It creates a spectacular fantasy world from projection, live drawing and video footage.

→ Unicorn Theatre. ⊖ London Bridge.  
Until Sat Oct 27. £10-£22.

### The Further Adventures of the Owl and the Pussy-Cat

The protagonists of Edward Lear's beloved nonsense poem take a balloon ride in search of a thieving crow in this pleasantly trippy stage version of Julia Donaldson's sequel for younger children.

→ Little Angel Theatre. ⊖ Angel.  
Until Nov 17. £13.50, £11.50 child.



#### WHAT IS IT...

David Greig adapts Stanislaw Lem's haunting novel.

#### WHY GO...

It's rare to see sci-fi on stage, and this is a beautiful new version.

#### BOOK...

Buy tickets at [timeout.com/theatre](http://timeout.com/theatre)

→ Lyric Hammersmith.  
⊖ Hammersmith.  
Until Nov 2. £10-£42.

line with each other: at first she is horrified by him, while he is blithely oblivious to the strangeness of the situation. But the longer she spends in Solaris's eerie glow, the more she sees this strange recreation of her lover as a chance to atone for her past; he, meanwhile, becomes increasingly distressed as his self-awareness grows.

Ultimately, Greig seeks to tell a more conventional version of the tale than Lem did. He compensates for the essential impossibility of depicting Solaris on stage by framing it in language that makes it more explicable, neatening and simplifying it, changing its

implications. Occasionally I felt like Greig had lost his nerve a bit, failed to trust the book and made alterations that bring his 'Solaris' more in line with a Western sci-fi convention that Lem was never connected to. But perhaps this is just a testament to the original story, in that it can exist in various iterations, each telling us something different about our place in the universe. Either way, it's a haunting trip, into inner and outer space. ■



**By Andrzej Lukowski**  
Who has finally got the £ in his surname after a decade at Time Out.

# A History of Water in the Middle East



**WHAT IS IT...**

Sabrina Mahfouz's whistle-stop 'gig-lecture' on Middle Eastern history.

**WHY GO...**

For the sheer ambition of its 70 minutes.

→ Royal Court Theatre.  
 ↻ Sloane Square.  
 Until Nov 16. £12-£25.

**SABRINA MAHFOUZ'S NEW** play is a 'gig-lecture'. Meaning, it's a blend of Ted Talk-style rundowns of Middle Eastern history with segments of songs, poetry and live music.

That, in itself, would be a lot to combine, but 'A History of Water in the Middle East' does even more. Along with giving a 'highly edited, highly condensed' account of British imperialism, it ducks and dives into the theme of water, from the Suez Canal to the scarcity of drinkable H2O. Then it adds in fictionalised stories of individual women living in the past, present and future Middle East. Oh, and then there are the parts about Mahfouz's brief consideration of joining the British intelligence services.

So it's a lot to fit in: less a simple glass of tap water, more an elaborate cocktail made of four shots, two mixers, a couple of bits of fruit, a mini-umbrella and a sparkler. As a concept, there's so much to like about it. But the finished piece is bitty, flimsy and, in places, hard to follow.

In a sense, Mahfouz's play isn't really about water or the Middle East or spies. It's about identity, belonging and nationality. This is what it captures: the anger and sadness arising from centuries of imposed rule. Maybe the water it's really interested in is tears. ■ *Rosemary Waugh*



# For All the Women Who Thought They Were Mad



**WHAT IS IT...**

Zawe Ashton's drama about a black woman's descent into depression.

**WHY GO...**

It's a fascinating and surreal handling of the subject matter.

→ Stoke Newington Town Hall. Stoke Newington Overground. Until Nov 9.  
 £25-£35, £15 concs.

**ZAWE ASHTON IS** best known as an actress: she's currently reprising a superlative performance in 'Betrayal' on Broadway. But she's also a playwright: this, her second (of four), has taken a whopping 11 years to make it to the stage. But Jo McInnes's production doesn't feel like it's quite cracked it.

'For All the Women Who Thought They Were Mad' combines poetry and a kind of heightened naturalism, but an uneven cast veers between overheated and undercooked in their delivery.

A chorus of black women of all ages retell the story of a woman named Joy; we know it's not going to end well thanks to the repeated refrain 'What makes a grown woman jump?' They circle the main playing area before stepping in to re-enact their parts in scenes from Joy's life, as we watch her mental health disintegrate.

Initially, she's set up as a success. At the start, Joy is told she's in line for a big work promotion. We never find out what the job is – Ashton's story operates in a dreamlike state, low on context or specifics. And it quickly turns into something more feverish, nightmarish. Ashton draws on a lot of interesting threads. But as a whole, the show fails to find a way to make the heavy-going but mercurial text slither into life. ■ *Holly Williams*



EXCLUSIVE

## 'A PISSEDMAS CAROL'



The professional pissheads of 'Sh!t-faced Showtime' return with a festive musical – Dickens' classic tale of the mean-spirited Scrooge, given an unconventional twist. Don't miss this raucous show – now £14.

TIMEOUT.COM/PISSEDMAS



Ts&Cs apply.

## [Blank]



**WHAT IS IT...**

Rising star Alice Birch's mesmerising experimental play about female pain.

**WHY GO...**

It's astonishing writing, uncompromisingly assembled.

→ Donmar Warehouse.  
 ↻ Covent Garden.  
 Until Nov 30. £10-£40.

**ALICE BIRCH'S LATEST** work is less of a play, more a finely shaded compendium of emotional pain. She's written 100 scenes sparked by her work with Clean Break, a theatre company that works with women who've experienced prison. She's then taken a step back, inviting everyone from school students to professional directors to stage them in whatever form and order they see fit. It's a powerful gesture. It's also a pretty seductive invite for an auteur director like Maria Aberg, who's turned 27 unrelated scenes into a production that's as stark and uncompromising as they come.

The stage feels like a mortuary or a purgatorial dreamscape – all monochrome shades, hard surfaces and flashes of film footage. There's a huge cast of women of all ages. Birch's writing is mesmerising, emotionally astute and lyrical without being pretentious or stretching plausibility. Baby bundles are frantically rocked, grown daughters come crashing through windows in search of cash for their next fix, mothers are rejected by the children they abandoned. There's a violent urgency to the giving and needing of love and support, to the places where it falls short.

What there isn't always, though, is warmth. There's something fatalistic about this combination of scenes – wanting to help is morally suspect, offers of love and care are to be feared and resisted. But it's got its own kind of pull. The cast shift between roles like ghosts, their unstable identities asking questions about whether we choose our lives, and how we can fight back against them. ■ *Alice Saville*



A HISTORY OF WATER IN THE MIDDLE EAST: CRAIG SUGDEN; FOR ALL THE WOMEN WHO THOUGHT THEY WERE MAD: HELEN MURRAY; [BLANK]: HELEN WYBANKS



NEW SHOWS

THE HOTTEST THEATRE OPENINGS THIS WEEK

WEST END

Concerto/  
Enigma Variations/  
Raymonda Act III

The Royal Ballet serve up a crisp triple bill of contrasting works.

→ Royal Opera House.  
⊖ Covent Garden.  
Tue Oct 22- Dec 20. £3-£75.

The Mikado

High Victorian silliness abounds in Jonathan Miller's witty spin on a Gilbert & Sullivan light opera.

→ London Coliseum.  
⊖ Covent Garden. Until Nov 30.  
£20-£125.

On Bear Ridge

Rhys Ifans stars in this post-apocalyptic comedy by Ed Thomas.

→ Royal Court Theatre.  
⊖ Sloane Square. Thu Oct 24-  
Nov 23. £12-£95.

Soho Cinders

This festive musical by George Stiles and Anthony Drewe offers a gay, satirical spin on the Cinderella story.

→ Charing Cross Theatre.  
⊖ Charing Cross. Thu Oct 24-  
Dec 21. £15-£37.50.

ZooNation: Some  
Like It Hip Hop

Star choreographer Kate Prince is back with a popping,

locking take on a vintage comedy.

→ Peacock Theatre.  
⊖ Holborn. Wed Oct 23-Nov 9.  
£18-£55. Ages seven-plus.

OFF-  
WEST END

Ages of the Moon

Two men reminisce over a bottle of whisky in Sam Shepard's play.

→ The Vaults. ⊖ Waterloo.  
Thu Oct 24-Nov 24. £15-£37.50.

Beryl

A revival of Maxine Peake's hit story about pioneering cyclist Beryl Burton.

→ Arcola Theatre.  
Dalston Kingsland Overground.  
Until Nov 16. £15-£22.

Botticelli in  
the Fire

Canadian playwright Jordan Tannahill's story of a tormented artworld playboy.

→ Hampstead Theatre.  
⊖ Swiss Cottage. Until Nov 23.  
£25-£37.

Little Baby Jesus

After the huge success of his show 'Misty', Arinzé Kene's early play about three teens is getting a revival.

→ Orange Tree Theatre.  
⊖ Richmond. Until Nov 16.  
£15-£32.

TOP-SELLING  
TICKETS

ATTIMEOUT.COM/TICKETS

1 9 to 5 the Musical

Dolly Parton's comedy is as light as a puff of hairspray.

→ Savoy Theatre. Until May 23 2020.

2 Ian McKellen on Stage

The legend marks his eightieth birthday with this solo show.

→ Harold Pinter Theatre. Until Jan 5 2020.

3 The Comedy About  
a Bank Robbery

A heist goes very wrong in Mischief Theatre's hit.

→ Criterion Theatre. Until Nov 1 2020.

4 Fiddler on the Roof

Trevor Nunn's moody revival.

→ Playhouse Theatre. Until Nov 2.

5 Stick Man

Rhyming fun for toddlers.

→ Leicester Square Theatre.  
Until Jan 5 2020.

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# Art

Edited by Eddy Frankel  
timeout.com/art @timeoutart

SHOW OF THE WEEK

## Nam June Paik



**EVERYONE'S DESPERATE TO** hyperbolise the bejesus out of artists. Every other bloke who's ever wielded a paintbrush is a 'visionary' or a 'genius'. It's almost always over-the-top, but not when it comes to Nam June Paik.

The Korean American artist really did pioneer his genre, really did change the course of art history, really did influence the artists of today and really did lay the groundwork for how art and technology could become one.

This is a show full of CCTV cameras, juddering cathode ray television sets, robots and discordant piano sonatas. It begins with the central themes of his work: performance, collaboration, zen Buddhism and technology. Composer John Cage's face peers out of dozens of TVs in a plant-filled garden, a buddha watches himself on screen through CCTV, and Nam June Paik himself performs slow movements for the camera.

Next comes a destroyed piano, a violin that's been dragged along the ground like a pet, kebab spits of records and tape loops you can play by hand. This is before you even get to his TV images distorted by magnets, his big smiling robots made of screens, his experiments with satellite broadcasting, his incredible live flame videos or his collaborations with Joseph Beuys and cellist Charlotte Moorman.

If that all sounds like a lot of stuff, that's because it is. The zen Buddhism at the heart of this tells you that you should concentrate on 'no-thing-ness' in order to meditate. This does that by concentrating on the opposite, by glorifying in *thing-ness*, by revelling in things that make noise and flash and bleep and transmit and receive.

There are some dud works here – my God, please never let me hear Joseph Beuys yelping ever again – and it's a huge shame that so many of the interactive works aren't interactive, and that the tape piece is such a disappointment. But this is art that presaged the art of today, that predicted the internet, that influenced what we think contemporary art is meant to be.

The show closes with an overwhelming room of what feels like thousands of videos going on at the same time, all over you. As his mate John Cage would've said, it's everything happening at once. And in that maelstrom of sound and light and experimentation, you find Nam June Paik's greatest message, that all these things, *all* things, are intimately and unremittingly connected. ■



**By Eddy Frankel**  
Who is among the least zen people you will ever have the misfortune of meeting.





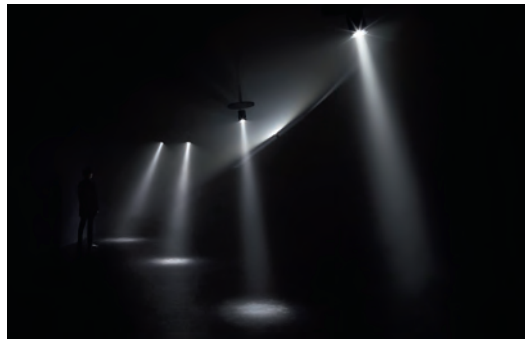
NAM JUNE PAIK © ESTATE OF NAM JUNE PAIK; PHOTOGRAPHS © TATE; ANDREW DUNKLEY/UNITED VISUAL ARTISTS; IMAGE BY JACK HEMS; PAUL GAUGUIN, 'PORTRAIT OF THE PAINTER SLEWINSKI', 1891. © NATIONAL MUSEUM OF WESTERN ART, TOKYO; ALBERT OEHLEN, 'SOHN VON HUNDESCHESSE', 1999; PHOTO: ARCHIVE GALERIE MAX HETZLER, BERLIN | PARIS © ALBERT OEHLEN

**WHAT IS IT...**  
Video, performance and installation art by a proper pioneer.

**WHY GO...**  
This is an artist who deserves the hyperbole.  
→ Tate Modern.  
⊖ Blackfriars. Until Feb 9 2020. £13.

## BEST OF THE BEST

The top exhibitions you have to see in London right now



### United Visual Artists: 'Other Spaces'

This collective has organised an immersive series of laser light shows that mess with your perception. It's trippy, heady and will totally blow your mind.  
→ 180 The Strand. ⊖ Temple. Until Dec 8. Free.



### Albert Oehlen

Oehlen makes bad paintings, but on purpose – which kind of makes them good paintings, you see? If nothing else, go and have a sip of his coffee-tea hybrid. Revolting.  
→ Serpentine Gallery. ⊖ Lancaster Gate. Until Feb 2 2020. Free.



### Gauguin Portraits

Paul Gauguin was basically an exploitative old bastard – but boy, could he paint. And this gorgeous exhibition does a brilliant job of helping you navigate that little dichotomy.  
→ National Gallery. ⊖ Charing Cross. Until Jan 26 2020. £20-£24.

Find even more art at [timeout.com/art](http://timeout.com/art)



**WHAT IS IT...**  
 Proof that there was a sisterhood alongside the pre-raph brotherhood.

**WHY GO...**  
 There are some beautiful tales in this forgotten history.

→ National Portrait Gallery,  
 ☉ Charing Cross. Until  
 Jan 26 2020. £18-£20,  
 £17-£19 concs.

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Ed Ruscha Spam, 1961 © Ed Ruscha. Courtesy the artist and Gagosian Gallery.

## Pre-Raphaelite Sisters



**ARE YOU SITTING** comfortably? Then we shall begin. Once upon a time, seven young men were bored of art. So they formed a club and vowed to paint the way it was done in medieval times, with flat perspective and pointy hats. A few years (and a few affairs) later their group had disintegrated and from the ashes rose aestheticism: big, blooming portraits of large-necked women holding fruit and looking sultry. And that was the tale of the Pre-Raphaelites, the end [closes book with a decisive bang].

Or was it? 'Pre-Raphaelite Sisters' doesn't just reclaim 12 women closely associated with the Brotherhood – working as artists, models, poets and muses – it radically rewrites the history of the British art movement. It does so by showing it wasn't the sole creation of a small group of male artists, and that its most famous artworks are only the tip of the Pre-Raph iceberg.

The exhibition opens with the best-known names: Christina Rossetti, Effie Gray Millais and Elizabeth Siddal. As such, it's the least interesting part, although it's always worth reiterating that the

woman famous for being Ophelia in a bathtub was an artist too.

The fascinating part is the second set of rooms, starting with Fanny Eaton. The Jamaican-born model was commissioned to pose as any 'exotic' character going, from biblical heroines to an Indian teacher. Despite the obvious problems with that, her inclusion challenges what's considered Pre-Raphaelite beauty.

The best, however, comes in the closing sections on Marie Spartali Stillman and Evelyn De Morgan. Both artists fundamentally shift the assumptions we have of Pre-Raphaelitism being based around images of sexualised, silent women painted by dick-swinging male artists.

De Morgan's 'Queen Eleanor and Fair Rosamund' is also, hands down, one of the most bonkers paintings in existence. Complete with flying dragons, bawling cherubs, free-floating monkeys and iridescent fabric, it belongs on the cover of a 1970s sci-fi novel. It's awful, it's fabulous, it's decidedly not 'Victorian'. And it's worth rewriting the art historical book for. ■  
*Rosemary Waugh*

EVELYN DE MORGAN 'NIGHT AND DAY'. IMAGE COURTESY OF NATIONAL PORTRAIT GALLERY.

# Food

Edited by Tania Ballantine  
timeout.com/eatdrink @timeouteatdrink

## Spice moves

Diwali is nearly upon us, so we're shining a light on the capital's best Indian restaurants



### The one for city boys Brigadiers

You could call Brigadiers 'Hoppers for people with money'. Not because there's any similarity between the menus, but because this Indian barbecue restaurant has all the hallmarks of being owned by the Sethi family (Trishna, Bao etc), but in a smarter, City-suit-friendly setting. Service is polished but warm, and the menu has plenty of standouts – from chatpata pooris, chaats and paos to meaty grills, posh kebabs and juicy chops. Brigadiers also doubles as a boozy sports bar with TV screens beaming out the latest matches and a private room with its own pool table.  
→ 1-5 Bloomberg Arcade, EC4N 8AR.  
☉ Mansion House.

### The neighbourhood fave Dhaba@49

Bringing North India's roadside café culture to a crossroads in Maida Vale, Dhaba@49 is everything you'd want from a local restaurant: friendly service, keen prices and

bang-on deliciousness. The interiors might look vaguely like it's another branch of Dishoom, but sweet little touches like velvet blue seating and a fun disco playlist keep the whole vibe feeling unpretentious. Dhaba@49 prides itself on its chaat (the crispy/tangy/spicy snacks you'll typically find served in dhabas, or roadside restaurants), so that's probably a good place to start. Curries, rice and breads are also pretty flawless.

→ 49 Chippenham Rd, W9 2AH.  
☉ Westbourne Park.



### The cult classic Cricket

Fans were understandably distraught when the original shipping container in Brixton closed. But then came Cricket's bricks-and-mortar spot in Soho, and all was forgiven. Now, at last, the cool modern Indian has gone back to its SW9 roots, with a permanent branch south of the river. The signature keralan fried chicken is a delicious fixture, but the rest of the menu is a movable feast – anything from masala duck hearts to day-boat squid with coconut.

→ 41-43 Atlantic Rd, SW9 8JL. ☉ Brixton.

### The vegan one SpiceBox

It started life as a street-food stall peddling Indian veg an food, but SpiceBox now has a permanent pitch with a takeaway out front and a proper sit-down space at the back. It feels like walking into a civilised

Indian home with incense in the air and old-school music playing. Expect plant-based dishes with rich, deep flavours and emphatic spicing: classic chaats and bhajis are joined by the now-ubiquitous jackfruit in various guises, plus warming dhals and traditional desserts tailored to vegan appetites.

→ 58 Hoe St, E17 4PG. ☉ Walthamstow.

### The hidden gem Tandoor Chop House

Trust us: you ain't never been to a chop house like this. The meats here are spice-laden and tandoor-smoked, and all the better for it, while the industrial-style decor owes more to Bombay (via Dishoom) than your typical chop spot. Almost every dish will make you swoon, from the kebab rolls, nimbu masala fries, chicken chops and brilliant naans to the exotically garnished kulfi served as a refreshing finale. ■  
→ 8 Adelaide St, WC2N 4HZ. ☉ Charing Cross.

Food

# Circolo Popolare



**MAGICAL. IF I HAD** to use one word to describe Circolo Popolare – based on its looks alone – that’s the one I’d go for. Moments after walking in to this sibling to Shoreditch’s chintzy cheese-fest Gloria, you’ll be scraping your jaw off the floor. It might just be the most atmospheric dining room in London. Despite being huge, it has a grottoesque feel, the space illuminated by candles, strings of garden lights and a dazzling kaleidoscope of backlit booze bottles crammed onto every shelf of the arched walls. Plants in the rafters cast down their dangling fronds. There’s an enormous tree in the centre of the back room (obvs).

As for the trattoria-style menu, our meal had an auspicious start, with a kick-ass bruschetta. Thick, oily grilled bread heaped with fragrant ripe tomatoes and silky, smoky burrata all mingled together



in satisfying, umami-rich mouthfuls. Simple stuff, done brilliantly.

But as the portions grew, standards fell. An olive, caper and almond pizza had a woefully wet, soggy base, falling apart in our hands. And the ‘open lasagne’ our waitress insisted we order was like something your student housemate (who can’t really cook) might have rustled up. Pleasant enough – and with the welcome addition of

aubergine chunks – but essentially too-soft pasta marred by tasteless, bloated blobs of mince (that is, neither broken up nor browned). The tiramisu was worse: all cream, with barely any biscuit or coffee. Such a pity. This is a breathtakingly inviting place (and you can book, at certain times), so do go, but stick to the small stuff. ■ *Tania Ballantine*  
**Dinner for two with drinks and service: around £85.**

**WHAT IS IT...**  
A large Fitzrovia trattoria from the same stable as Shoreditch’s Gloria.

**WHY GO...**  
Beautiful bruschetta. Beautiful room.

→ 40-41 Rathbone Place, W1T 1HX.  
↻ Tottenham Court Rd.

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Forget avo toast: tuck into unlimited pancakes and endless fizz at **Duo** bar in Camden for just £22.

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**THE ENGLISH GRILL SAYS:**

‘Discover The English Grill at The Rubens at the Palace in Victoria. Enjoy the season’s finest produce from suppliers who serve the Queen’s kitchen, with delicious signature dishes, top-quality cuts of meat grilled to perfection in the charcoal-fired grill, and a live-action glass kitchen.’  
*The Rubens at the Palace, 39 Buckingham Palace Rd, SW1W 0PS.*



BANKSIDE

**ART YARD BAR & KITCHEN SAYS:**

‘Discover the art of brunch, delicious food, a live DJ and drinks on the South Bank at London’s creative hub. Enjoy small and large plates plus free-flowing prosecco, mimosas or bellini for just £45 per person. Available Saturdays and Sundays from 11:30pm-4pm. Find out more and book now.’  
*Bankside Hotel, 2 Blackfriars Rd Upper Ground, SE1 9JU.*



MAYFAIR

**THE LUGGAGE ROOM SAYS:**

‘Mayfair’s award-winning speakeasy first opened its secret, black door in 2013. Since then, it has given us an absolutely rip-roaring ride through the history of boozy drinking, staying true to classic cocktails, but always with a wry glance sideways (and a dose of irreverence). Come discover what the fuss is about...’  
*10-13 Grosvenor Square, W1K 6JP.*



BOROUGH

**THE MILLER SAYS:**

‘The Miller is transforming into a creepy house of horrors for its annual Halloween extravaganza. Expect free entry, prizes for the most ghoulish costume and a DJ spinning party tunes ’til 3am. Booze hounds will love ‘Stranger Tings’ cocktails for only £5. Oh, and Clive the zombie is available for selfies, too.’  
*96 Snowfields Rd, SE1 3SS.*

SO YOU'VE  
NEVER BEEN TO

## The Lecture Room & Library at Sketch



### Haven't I just read about this in the paper?

Probably. Because this, the 'smartest' restaurant at the visually spectacular multi-room homage to eating and drinking that is Sketch, now has a third Michelin star.

### Wowsa. So it must be pretty fancy then.

Oh, it's an experience. If you thought the rest of Sketch, from its pink Shrigley room to the iconic pod loos, was memorable, then the dining room at the top of the building is quite literally the icing on the cake.

### Let me guess: it's all a bit Laurence Llewelyn-Bowen.

And then some. Add a dash of Louis XIV and a splash of exotic palace, and you've just about got it.

### Isn't it intimidating?

Not at all. From the moment you head past the red rope, you're welcomed into what feels like a majestic dinner in a castle. Even the way they open the doors, with a ceremonial 'ta-dah', is brilliantly theatrical.

### How about the food?

Equally OTT. Every 'dish' is in fact several tiny items that arrive at one (the £22 'grand dessert' is *seven*).

### Seven?!? Whaaat?

Oh yes. But here's the thing: though excellent, it's not actually any better than in any other haute cuisine joint. It's just a little kooky and on lots of tiny plates.

### So how can they get away with the prices?

Because. You know. It's Sketch. ■ **Tania Ballantine Dinner for two with drinks and service: around £310.**

→ 9 Conduit St, W1S 2XG. ☺ Oxford Circus.

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TimeOut  
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# Drink

Edited by Laura Richards  
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## Mona's Bar



**SQUISHED IN AMONG** a strip of shops that, by day, let's be honest, have a bit of the Shane Meadows about them, from the outside Mona's Bar looks like a strong example of accidental hipster. But when the tinted glass doors open for business, it's clear that the tan leather chairs and plush floor-length curtains are aspects of an expertly curated look, rather than relics of a business that the 1970s forgot. Tottenham is not afraid of serving up a night out to its dwellers, but largely offers boozers and spots for an all-night sesh.

Mona's is a welcome in-between. At the weekends, DJs playing everything from funk and soul to deep house tempt in crowds of fashionable locals. But before it becomes the most chic house party you ever saw, make sure to appreciate the cocktail menu. It offers several concoctions (each at a very reasonable £8.50):

the Chelsea Girl – rose gin, triple sec, rhubarb bitters, simple syrup and lemon – tasted a little more basic than it sounded on paper but was well balanced and beautifully presented.

If it's not a cocktail kind of night there's a small selection of local craft beers – Brewheadz often feature and do their brewing less

than a mile away. The bar snack options were totally overpriced but undeniably delicious, like the pizza-flavoured pretzel pieces for £3 each. But it's more of a liquid dinner kind of place anyway. Claim a stool near the suitably serious but fabulous bar staff and watch how the party plays out. ■  
Ashleigh Arnott



### BAR OF THE WEEK

#### WHAT IS IT...

A sleek Tottenham cocktail bar.

#### WHY GO...

Maximise on late-night DJs and a fashionable crowd.

→ Unit 5, 560-568 High Rd, N17 9TA. Bruce Grove Overground.



## Turns out getting pulled over by the police isn't always bad news

It started as a day much like any other for our delivery driver. But later that morning, as he was carefully navigating the A64 with a precious cargo of Landlord casks, the flashing blue lights of the North Yorkshire constabulary appeared in his mirror. Our driver pulled over, but rather than issue a ticket, the officer wanted to order a delivery of Landlord to the police social club. Is it the combination of the finest ingredients and our traditional brewing methods that means some drinkers go that little bit further for that *arresting* taste of Taylor's?

All for that taste of Taylor's



### THREE OF THE BEST

## Cider pubs

Like scrumpy? How do you like these apples



#### The Cock Tavern

Howling Hops started its brewing journey here on Mare Street, and you'll always find the top of the hops across its 24 lines.

But it's also a top spot for a pint of the craft apple stuff. Staff know a thing or two and can guide you through.

→ 315 Mare St, E8 1EJ.  
Hackney Central Overground.



#### Hawkes Cidery & Taproom

The Bermondsey Beer Mile is also home to London's first urban cidery, so get to grips with how apple gets to glass. Hit up the taproom to sample in-house creation Urban Orchard or any of the other fruity bottled offerings.

→ 86-92 Druid St, SE1 2HQ.  
Bermondsey.



#### The Southampton Arms

London's original and best cider house is a real treat at this time of year. Get settled for a session by the fire while you work your way through a range of nectars, which pair pretty damn well with the pub's pork sarnie. ■

→ 139 Highgate Rd, NW5 1LE.  
Gospel Oak Overground.

MONA'S BAR: ANDY PARSONS; THE COCK TAVERN: ED MARSHALL; THE SOUTHAMPTON ARMS: BEN ROWE





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3.5+ servings per bag

**nutrition information**

typical values	per 100g	per 23g
energy	1759kj 420kcal	405kj 97kcal
fat	15g	3.6g
of which saturates	1.4g	0.3g
carbohydrates	62g	14g
of which sugars	8.7g	2.1g
fibre	3.9g	0.9g
protein	5.7g	1.3g
salt	2.1g	0.49g

* 50% less fat per 23g serving	
barbeque popchips	3.6g
regular fried potato crisps	7.3g

**Ingredients:** 54% dried potatoes, sunflower oil, seasoning (sugar, wheat powder [milk], salt, onion powder, yeast powder, garlic powder, tomato powder, oak smoked sea salt, yeast extract, flavourings, spices, acid: citric acid, colour: paprika extract), rice flour, potato starch.

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