LONDON IS...

☐ FULL OF DRUNKS
☐ FULL OF VEGANS
☐ FULL OF HEART
☐ DAMP
☐ DELICIOUS
☐ A CHALLENGE
☐ A DELIGHT
☐ ABOUT HALF AS CLEVER AS IT THINKS IT IS
☐ SO UNAFFORDABLE
☐ THE GREATEST CITY ON EARTH

Find out what our city’s really like with the Time Out Index 2019
food envy delivered

FOOD FREEDOM

deliveroo
Jordan Peele

“I showed my 15-month-old son “Get Out” to give him an idea of race relations.”
The actor-director-writer talks parenting (he’s joking) and ace new movie “Us”

PAGE 39

Over Cher-ing?

Celebrate the everlasting pop goddess with ‘I Need to Cher’ at Camden People’s Theatre. If you’re ‘Strong Enough’

PAGE 59

Pinter: the final curtain

Jamie Lloyd’s brilliant season of one-act plays ends on a five-star high: Tom Hiddleston and Zawe Ashton in ‘Betrayal’

PAGE 80

Mirror, mirror

Anish Kapoor’s shiny new works of art make you reflect on yourself

PAGE 84

For pug’s sake!

From canine couture to pooch boot camp, London Dog Week events are taking over the town. Bow wow!

PAGE 54

Inside

This week’s Time Out in no time at all

PAGE 5

FEATURES AND REGULARS

9 City Life 12 Word on the Street 16 Free London 21 The 2019 Time Out Index 39 Jordan Peele 42 Exclusive offers
44 Property 54 Things to Do 67 Film 73 Music & Nightlife 80 Theatre & Dance 84 Art 87 Food 91 Drink 93 Escapes
Is this the best city in the world? Last month, we rolled out the Time Out Index 2019 to answer that question. We asked 34,000 people worldwide about the cities they live in – and we learned some fascinating (and occasionally disturbing) things about our capital. Londoners are more stressed and less happy than last year, despite having fewer hangovers and more sex. We’re consuming less street food and more art. And a quarter of us have hooked up with a tourist. Overall, London emerges as one of the most dynamic, diverse and creative cities on the planet. Fair enough. But is it THE BEST? Turn to p21 to find out...

Comment of the week

Just before Pancake Day, we visited Tate & Lyle’s golden syrup factory in Plaistow. Wharf to find out how they make the nation’s favourite sticky goo. Our video of the factory included a 50-tonne mountain of sugar.

“In Newham, you gotta make the sugar first. Then when you get the sugar, you get the power. Then when you get the power, you get the woman…”
@fergiie_c via Instagram

Nice ‘Scarface’ reference, Fergie! If Tony Montana plunged head-first into this mountain of white powder, he’d need ‘his little friend’ to be loaded with insulin.

You said it

A new shipping container market in Camden, with a roof garden, was announced. Some people loved it, some people hated it. And some people loved it and hated it.

“How tacky does this look? But also, let’s spend the whole summer there.”
Cory C via Facebook

Our list of new global restaurants was a hit. Eating underwater in Norway and halfway up the Eiffel Tower. Not at the same time, mind.

“I read it as an underwater opening halfway up the Eiffel Tower, which really confused me. I’ve not even been on the sauce!”
Anita S via Facebook

In our issue dedicated to older Londoners we featured a care home that’s also a nursery. They’re not the only ones bridging the age gap. Shout out to Carla’s mum, who has four generations under one roof.

“My mum has done that by accident. My sister never moved out and had two kids, my grandad (95) moved in and entertains them daily. Not sure who looks after who!”
Carla S via Facebook

We asked Londoners where in the city gives them the heebie-jeebies. One reader is haunted by a terrible, lonely, empty, dark place.

“My bank account.”
Cynthia V via Facebook
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16–19 MAY 2019 | SOMERSET HOUSE

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How to get to IKEA Greenwich

1

2

3

4

5

6

Travel to our most sustainable store in the most sustainable way. IKEA Greenwich, now open.

For transport and delivery information visit IKEA.co.uk/Greenwich

© Inter IKEA Systems B.V 2019

THE WONDERFUL EVERYDAY
Ring in Nowruz, the Persian New Year, this week at new Soho Iranian joint Berenjak. To round off celebrations on Thursday, they’ll be serving two traditional Nowruz dishes for one day only.

Much-loved West End club The Social is under threat of closure, with just two weeks to secure its future. Donate to its crowdfunder to keep the legendary venue from closing its doors.

The Museum of London is taking to the streets to document Londoners’ thoughts on Brexit. They’ll be in Hackney Wick on Thursday and Bromley on Friday, or you can upload a video to their archive.

OPPORTUNITIES TO work up a sweat on the London tourist circuit are usually limited to queuing for Madame Tussauds in July. But this Sunday, the London Landmarks Half Marathon offers a chance to check out the sights, get some exercise and raise money for charity. Founded last year, it’s the only half-marathon to go through both the City of London and Westminster on closed roads, giving runners a unique route past icons such as Big Ben, St Paul’s Cathedral and the London Eye. For spectators, it’s a great day out with plenty of race-day entertainment. Catch performances from singers, dancers and musicians, take a free guided history tour, discover under-the-radar sites like the house where the Gunpowder Plot was hatched and meet some historic and fictional Londoners, with a tribute to the world of Harry Potter. It’s a one-day transformation of central London, and you can enjoy it even if you couldn’t run a bath.

Paula Akpan
www.llhm.co.uk
City life

Census statistician

John Pullinger, 59

London is ideal for a census dry run

“This autumn we’re conducting a rehearsal for the 2021 census, and Hackney and Tower Hamlets are taking part. They present a perfect set of challenges: they’re hard-to-count areas with people hidden behind building entry phones or living in high-rise blocks. It’s quite tricky to reach everyone physically, which is one reason why the next census will mostly happen online.’

Expert information is more crucial than ever

“We conduct the census so that discussions can be based on real evidence. For instance, people talk a lot about the Bangladeshi community in Tower Hamlets – but the borough’s white communities are actually considerably bigger. The census gives us that perspective. Without the information, it’s just anecdotes and prejudice.’

The next census will ask about gender identity

“For the first time, we’ll be asking voluntary questions about sexual orientation and gender identity. It might have been contentious 20 or 30 years ago, but society has changed. In fact, people are most sensitive about questions on income. Understanding poverty is really important, but we can only collect what people want us to.’

Statistics can be fun, honest

“In 2011 we recorded 21,000 Jedi knights in London. The religion question lets you say whatever you want, and if that gets people interested, I don’t mind a bit of fun. But questions on things like qualifications and work are vital: they help everybody provide your area with better services.’

Interview by James FitzGerald

> Learn more at www.ons.gov.uk/census/censustransformationprogramme/2019rehearsal
Beat the crowds with our Cardmember presale tickets.

Be one of the first to get access to this year’s Somerset House Summer Series with our Cardmember presale.

Cardmember presale from 10am Tuesday 19 March 2019 until 9am Friday 22 March 2019.

Get your tickets at ticketmaster.co.uk/americanexpress or Search | Amex Presale >
The most ridiculous things we’ve overheard in London this week

‘Did you show them your fanny, Sarah? Is that what happened?’

‘Grazia is the literary equivalent of a Greggs sausage roll.’

‘No, the problem with his big penis was he didn’t jackhammer me long enough.’

‘Did you wash that cucumber? The whole shaft?’

‘You do not krump to Angela Lansbury.’

‘There’s just no comfortable place for my tongue in my mouth.’

‘It’s not even 10am and I’ve already seen four dicks.’

‘I’d be a very jumper-led James Bond.’

‘Oh yeah: I’d like to see your feet.’

‘I was abroad. I used beer as a meal replacement plan.’

Overheard something bizarre? Tweet us! #wordonthestreet @timeoutlondon
THE REGENT’S PARK OPEN AIR THEATRE PRODUCTION AT THE BARBICAN

JESUS CHRIST SUPERSTAR

LYRICS BY TIM RICE  MUSIC BY ANDREW LLOYD WEBBER

OPENS JULY 2019
barbican
barbican.org.uk  jcsuperstar.co.uk
**City life**

THE VIEW FROM YOU

What Time Out Tastemakers have been Instagramming this week

- ‘Neon is my favourite colour @godstownjunkyard.’
- ‘I would just go back for coffee and cake! @gunpowder_london.’
- ‘Thanks @zabouartist for bringing Sherlock Holmes to my neighbourhood.’
- ‘I’ll take one of everything @shakeshackuk.’
- ‘Love this lush haven that sits in stark contrast to surrounding skyscrapers.’
- ‘Nearly all fudge at @thefudgepatch is vegan!’

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Ben & Jerry’s

For the more advanced coupon cutter.

Yeah, it's still redeemable if you cut it like a normal coupon.

HALF PRICE Ben & Jerry's Moo-phoria LIGHT ice creams!

To the customer: Yippee! This original coupon entitles you to some Ben & Jerry’s Moo-phoria light ice creams. The original Ben & Jerry’s Moo-phoria coupon is subject to the terms and conditions and is not redeemable for cash. If condition persists, consult your doctor. Batteries not included.

For the more advanced coupon cutter.
Being home for bedtime was my rightmove

More properties than anywhere else

rightmove
find your happy
FREE LONDON

Put your money away! Here are the week’s best free events

RICE WORK!
Biriyani bowls
Spice up your lunch plans at Mrs Fogg’s Maritime Club & Distillery, which is launching an express lunch menu. Sample it from noon this Wednesday – there will be 200 free biryani bowls (chicken or jackfruit) up for grabs.

G&T TIME
Free gin and tonic
This Wednesday is ‘Cucumber Currency Day’ at Young’s pubs, which means you can get a Hendrick’s gin and tonic on the house. Use the Young’s on Tap app to ‘download a cucumber’ (no, we’re not sure either), then show it to the bartender. Cheers!

RAISE THE BARRE
Define X Lumene
Lacking motivation to exercise? Define London is offering free barre classes which promise to boost your energy levels. If you need more convincing, you’ll also get a free bag of goodies from Nordic skincare brand Lumene. Reserve a spot online in advance.

KEEN BEANS
World Poetry Day
Wordsmith or not, writing poetry will get you buzzed this Thursday. On World Poetry Day, coffee brand Julius Meinl is asking Londoners to pay for their coffee with a poem. See which cafés are taking part online. Go on, espresso yourself!
Various locations. Thu Mar 21.

FIGHT CLUB
Eve Academy’s open day
Ever watched Netflix’s ‘Glow’ and thought: I could do that? Well, now’s your chance. Eve Academy, London’s school of women’s wrestling, is holding its first open day where you can learn the ropes. Reserve a spot online or just turn up and get ready to rumble. All levels of experience are welcome and spandex is totally optional.

99 problems? Try 101 things to do at timeout.com/thingstodo
IT'S HUNTING SEASON!

WANT THIS GOOEY GOODY?

HuntTheWhiteCremeEgg.com

UK 18+. Closing on 22/04/19. Email, internet and ability to take & upload a photo required. A chance to win 1 of 1,000 white choc Creme Eggs (“WCCE”). WCCE winners entered in a draw to win 1 x £20,000. Promoter: Mondelez Europe Services GmbH - UK Branch, Cadbury House, Sanderson Rd, UB8 1DH. For full T&Cs see huntthewhitecremeegg.com
We’ve had 5,000 sips before you’ve had one.

We taste-test thousands of coffees a year to ensure every cup you drink is perfect. Perhaps that’s one reason we’re the nation’s favourite.*

*The question ‘What is your favourite branded coffee shop chain?’ asked to the Allegra independent panel (over 5,000 people) of which 51.4% cited Costa.
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#PhonesAreGood On the Best Network for Data
More than 5,000 of you completed our anonymous survey to fill us in on life, love and leisure in London today. Here’s what we’ve learned about our amazing, expensive, creative, diverse city.

**WHAT’S UP, LONDON?** That’s more or less what we asked thousands of you as part of this year’s Time Out Index: our huge, anonymous survey of city-dwellers all over the world.

Almost 34,000 people, including 5,342 Londoners, answered our questions about eating, drinking, culture, nightlife, relationships, community, neighbourhoods, travel and the pursuit of happiness. We wanted to find out what life is like in cities today, how global city-dwellers are feeling and which are the greatest cities in 2019. And here’s what we learned.

Over the next ten pages, we’re exclusively revealing what the Time Out Index has taught us about life in London right now. What’s great and less great about the capital? Which is the happiest part of the city? Are loads of us really going vegan? How many of us (honestly) have had a stinking hangover in the last week? And is brunch now totally over, darling?

Read on and you’ll discover the answers, along with plenty more things you never knew you wanted to know about life in the Big Smoke.

*James Manning*

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**We asked Is London...**

| Question | Yes
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<tbody>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>...fun?</td>
<td>73%</td>
<td>2%</td>
</tr>
<tr>
<td>...creative?</td>
<td>70%</td>
<td></td>
</tr>
<tr>
<td>...beautiful?</td>
<td>49%</td>
<td></td>
</tr>
<tr>
<td>...convenient?</td>
<td>44%</td>
<td></td>
</tr>
<tr>
<td>...green?</td>
<td>24%</td>
<td></td>
</tr>
<tr>
<td>...friendly?</td>
<td>22%</td>
<td></td>
</tr>
<tr>
<td>...clean?</td>
<td>9%</td>
<td></td>
</tr>
<tr>
<td>...affordable?</td>
<td>2%</td>
<td></td>
</tr>
</tbody>
</table>
What’s good about London?

More than 5,000 Londoners told us what makes our city great. Here were the words they mentioned the most.

London is...

- #2 in the world for diversity (after New York)
- #3 in the world for the number of people who want to visit (after Tokyo and New York)
- #3 in the world for multiculturalism (after Berlin and Birmingham)

We asked: How has London changed since you’ve lived here?

- 23% It's changed for the better
- 19% It's hardly changed at all
- 50% Some things are better, some things are worse
WE COULD USE ARTSY IMAGERY OF OUR FRESHLY GROUND ARABICA BEANS TO DEMONSTRATE TEXTURE & QUALITY

But we don’t

Great tasting coffee, simple
Neighbourhood watch

Which part of London is the booziest, which is the healthiest – and which area loves vaping? Find out with our map of the city

West Londoners...

...drink the least booze
If you’re planning a day out with a west Londoner, you probably shouldn’t aim to end up at the pub. These healthy folk are the least likely to be found propping up a bar. They also manage to swerve hangovers and drug-fuelled fun more than the rest of us.

...mainline the most caffeine
A staggering 54 percent of west Londoners told us they couldn’t get through seven days without coffee, topping the caffeine charts in the city. They’re also prepared to shell out the most on a cup of joe: £3.27 compared to the £3.11 overall city average. Though maybe that’s just what a coffee costs in Kensington.

...and are addicted to social media
Not only did west Londoners rank highest for needing social media to make it through the week, they also hit the top spot for email-checking. Could this be because they’re the most solitary folk in the capital? Three in ten said they had felt lonely in the past 24 hours. Ask one of them out for a flat white, eh?

South Londoners...

...are master chefs
There might be heaps of trendy restaurants opening down south, but those locals know food always tastes better when you make it yourself. They do the most cooking.

...do plenty of exercise
This Lycra-clad lot are pretty health-conscious all round. They’re the least reliant on coffee, cigarettes and checking emails. They also care more than anyone else in London about keeping fit: 68 percent of them work out each week.

...and are the most cheerful
This bunch are the most positive people in London: more than 80 percent of south Londoners said they had felt happy in the past 24 hours. Must be all those post-shred endorphins.

Got a one-way ticket to Gains City? You’ll feel at home in Enfield, where eight times more locals are on the keto diet than the London average.

You can rely on the residents of Harrow to eat their greens: 35 percent of people here are veggie or vegan.

Hillingdon tops the charts for social media addiction: 54 percent of locals say they can’t get through the week without checking their notifications.

Londoners hailed Brixton as the city’s most underrated neighbourhood, followed closely by Peckham. South London represent!

Living up to their stereotype, the people of Kensington & Chelsea care least about making going out more affordable and most about making it more exclusive.

The borough getting the most nooky is Kingston-upon-Thames, where 50 percent of people get laid every week (or at least say they do).
Time Out Index

**North Londoners...**

**...have the cheapest nights out**
Looking for an evening out that won't break the bank? Let a north Londoner take charge. This thrifty bunch spend nearly £3 less than the average capital-dweller per night on the tiles.

**...are big on living ethically**
Around here, people care more than most about ensuring life in the city is environmentally friendly. They rank first for wanting greener going-out and for desiring a more ethical and inclusive London. Plus, a fifth of them volunteered in the month of the survey. Grab your KeepCup and head north!

**...but don’t date all that much**
Despite spending more time swiping on dating apps than the rest of us, the people who live at the top of the city are going on fewer dates and having less sex than the average Londoner. Maybe their packed volunteering schedule doesn’t leave much time for romance.

**East Londoners...**

**...take the most drugs**
The group that racks up the most bar visits and most hangovers each year will come as no surprise. Although south Londoners give them a run for their money, E postcoders are the most brain-meltingly on it, with one in ten getting high during the week of the survey – and that’s just the ones who admitted it.

**...are the most frazzled**
Perhaps it’s all those comedowns that have left this lot the tensest people in London. A whopping 57 percent said they had felt stressed in the past 24 hours. No wonder their list of dependencies reads like a chocolate ad: they’re the most hooked on the sweet stuff and cuddles. Cute.

**...and are ambivalent about gentrification**
Living in a part of town that’s probably transformed more than any other over the past 20 years, east Londoners are still trying to work out what’s going on: they are the most likely to say London has changed both for better and for worse since they started living here. Call it a draw.

Want to clock off early? Move to Bexley, where those in a job work for an average of 38 and a half hours per week – nearly four hours less than the London average.

Barking & Dagenham is the borough with the most selfie control. People here are the least addicted to checking social media.

Found yourself walking through a cloud of bubblegum-scented mist? You’re probably in Havering, where one in ten residents can’t get through the week without vaping.

The most overated neighbourhood in town? Shoreditch, according to a quarter of Londoners (with Chelsea a distant second).

If you’re happy and you know it, you probably live in Croydon – where only 13 percent of locals didn’t report feeling content.

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Romance is for schmucks! Or at least that’s what residents of the City think. It’s home to the largest proportion of people who are single and planning to stay that way.

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Out on the town

From exhibitions to bars, and from exercising to raving all night, London’s a city of endless possibility. This is how we’re spending our time

Here’s what Londoners did this week

<table>
<thead>
<tr>
<th>Activity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Went to a nightclub</td>
<td>8%</td>
</tr>
<tr>
<td>Went to hear some live music</td>
<td>12%</td>
</tr>
<tr>
<td>Went to the theatre</td>
<td>16%</td>
</tr>
<tr>
<td>Went to the cinema</td>
<td>17%</td>
</tr>
<tr>
<td>Meditated or practised mindfulness</td>
<td>21%</td>
</tr>
<tr>
<td>Went to an art exhibition, gallery or museum</td>
<td>22%</td>
</tr>
<tr>
<td>Went to a bar</td>
<td>57%</td>
</tr>
<tr>
<td>Streamed a film at home</td>
<td>61%</td>
</tr>
<tr>
<td>Did some exercise</td>
<td>67%</td>
</tr>
<tr>
<td>Ate at a restaurant</td>
<td>71%</td>
</tr>
</tbody>
</table>

We asked Where’s best for having fun?

- 28% → Soho
- 22% → Shoreditch
- 6% → Hackney
- 4.9% → Camden Town
- 4.6% → Brixton

Londoners are more likely to have worked out this week than gone to anything cultural. But, on average, each Londoner still goes to a play, a gig, an exhibition or to the cinema every single week. We’re busy bees.

Londoners now go to exhibitions more than they go to the cinema. Could this be the Instagram effect? Maybe, but...

...While 8 percent of Londoners want going out in the city to be more Instagrammable, another 8 percent want it to be less Instagrammable. Make up your mind, people.

The number of people who think London’s nightlife is “amazing” has decreased by 11 percent over the past year. Could this be related to venue closures and new curfews in party centres?

Or maybe some Londoners are just over raving? Hangovers, drug use and all-nighters were down on last year. Our parents would be so proud.

What do Londoners want going out to be like in 2019? They told us: more surprising, more local, more outdoors, greener and more secret and underground. Edgy!
Confront yourself

What will you see? Experience over 240 museums, galleries and historic places for free and enjoy 50% off entry to major exhibitions.

SEARCH NATIONAL ART PASS

Laura MacCullough Individual

Art Fund is the operating name of National Art Collections Fund, a charity registered in England and Wales 209774 and Scotland SC038351. National Art Pass is issued to Art Fund members. Subscriptions start from £70.
Mind the (age) gap

Age may be only a number but it can reveal more than you might think. Here’s how Londoners of different generations differ, according to our survey.

Age 18-27

This lot are also feeling all the feels: they’re the happiest but also the most stressed, lonely and sleep-deprived!

- They’re into socialising on and offline: most can’t get through the week without checking social media and a chat with a friend, and 14 percent said they want going out in London to be more Instagrammable.
- But that has a flipside: 84 percent say they feel pressure to socialise and 80 percent have experienced the fear of missing out.

Age 28-37

They have the most sex! Nearly three quarters said they’d got lucky in the last month.

- They’re most likely to be cutting down on alcohol: 15 percent are trying to drink less, and they want going out in London to be less boozy than other generations.
- They also want going out to be more mindful and they’re more likely than any other age group to meditate or practise mindfulness. Ommmm...

Age 38-57

These Londoners are the least happy demographic, but appreciate London the most; they’re likeliest to say the city is creative, beautiful, green and convenient.

- They also rate London culture, music and nightlife more highly than younger people do.

Age 58-plus

The oldest generation of Londoners are way more likely to volunteer: more than twice as many of them had given their time in the last month than 18 to 27 year-olds.

- They’re most reliant on emails – six out of ten can’t get through the week without checking their inbox.
- With fewer of them working, they’re most likely to go to a concert, an art gallery, the theatre or the cinema.
- They spend the most on a night out: £70.18 on average.
- They’re most in need of tea to get through the week.
TAP INTO THE WONDERFUL WORLD OF OFF-PEAK

Travel in Zones 2-6 for £1.50

Go and discover London at timeout.com/off-peak

Off-peak fares apply on weekdays before 06:30, between 09:30 and 15:59, and after 19:00, plus all day at weekends and bank holidays. Fare shown is for an adult off-peak pay as you go journey not going via Zone 1 on Tube, DLR and most London Overground services. Always touch in and out with the same card or device to pay the right fare.
Londoners are drinking less...

Heard the stories about how lots of us are going sober? A growing chunk of Londoners do care about how much we’re drinking. The percentage of teetotal Londoners has risen from 7 to 9 percent since 2018. Plus, 22 percent of people now either don’t drink or are cutting down. And, before you think it, this shift isn’t down to Gen Z. While people aged 18-27 are rumoured to be more sensible drinkers than generations before them, the truth is more nuanced. We found that they aren’t less likely to drink, but they are less likely to feel (or admit) that they need alcohol to get through the week. Cheers to that!

We asked What’s unmissable in London?

Some Londoners skipped tourist attractions in favour of recommending cool foodie spots. Here are our favourites...

Londoners are drinking less...  

From low-alcohol cocktails to vegan junk food, the way Londoners eat and drink is changing. Here are the trends that are coming and going

We asked Where’s the best for eating?

A huge 98 percent of Londoners think our city is good or amazing for eating and drinking. (Well done us!) That said, it seems some once-loved trends are starting to lose their lustre...

That’s so 2018!

Brunch
Have Londoners finally got avo-on-toast fatigue? Quite possibly. Since last year’s survey, there’s been a 7 percent decline in people going for brunch. See ya later, sourdough – you’re toast!

Street food
Londoners’ consumption was down 5 percent since 2018. Apparently the novelty of grabbing a burger from a food truck and trying not to spill sriracha mayo on yourself is starting to wear off.

Beer
Anyone for a pint? No? Anyone? Londoners have started to swerve beer – our survey showed an 8 percent decline since last year. People are swapping craft beer for wine, which is up 10 percent.

London has filled with trendy vegan joints over recent years – and it seems demand really is growing. Over a third of Londoners are eating more plant-based diets, and that proportion was even higher for younger demographics.

Some Londoners skipped tourist attractions in favour of recommending cool foodie spots. Here are our favourites...

Dishoom’s black dhal
Frank’s Cafe
Yasar Halim bakery
Cocktails at 3am at Duck & Waffle
Beigel Bake
Mangal
Bleach Axe

Brunch

30% ➔ Soho
11% ➔ Shoreditch
6% ➔ Borough and London Bridge
5% ➔ Covent Garden
4% ➔ Hackney
BEAUTIFULLY SNUGGLY

The Orleans comes with soft fibre-filled cushions and a pillow back for added comfort. It’s also handmade to order and guaranteed for 15 years.
So why not come and take a closer look?

Orleans 4-seater sofa £599
Save £600. After Event £1199
Earning a crust

Unfortunately, life can’t all be about fun. We’ve got to make cold hard cash somehow – and it seems like doing so is getting tougher.

This is how London’s work-life balance is looking

Next time someone rolls out that line about how we’re all getting lazier, you have our permission to put them right. **Londoners are working longer hours** and are more likely to eat al desko than last year. Unsurprisingly, we’re all frazzled as a result.

**Londoners who felt stressed in the past 24 hours**

- 2018: 50%
- 2019: 55%

5% decrease

**Londoners who felt happy in the past 24 hours**

- 2018: 85%
- 2019: 79%

7% decrease

One extra hour’s work a week makes people less likely to be happy and more likely to be reliant on coffee and alcohol.

If you’ve ever snogged a colleague at your Christmas party, you’re not alone. **Two-fifths of Londoners have had a workplace romance**, making us number two in the world for them (after Las Vegas). Now that’s one way to get job satisfaction.

**We asked** How much would you spend on…

**...a typical night out**

<table>
<thead>
<tr>
<th>Year</th>
<th>Price</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>£71.40</td>
<td>12% decrease</td>
</tr>
<tr>
<td>2019</td>
<td>£62.49</td>
<td></td>
</tr>
</tbody>
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**...a regular coffee**

<table>
<thead>
<tr>
<th>Year</th>
<th>Price</th>
<th>Change</th>
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</thead>
<tbody>
<tr>
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<td>11% decrease</td>
</tr>
<tr>
<td>2019</td>
<td>£3.11</td>
<td></td>
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</tbody>
</table>

**Does this mean London’s getting more affordable?**

At first glance you might be fooled into thinking this decrease in spending shows that it’s becoming cheaper to go out in London. But it seems more likely to be down to people having less money. Nearly **two-thirds of Londoners told us they wanted going out in the city to become more affordable**. That’s significantly higher than the global average. We may not agree on everything but it seems most of us want a cheaper life in the capital.
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Making connections

Londoners have a rep for being unfriendly, but the stats prove that wrong. From new mates to first dates, we’re putting ourselves out there

What’s happening with dates?

DATERS GONNA DATE
Londoners are more likely to go on dates than last year, with 26 percent of us going on one in the past week—and that figure is even higher for app users.

GET LUCKY
Good news, London! We’re getting laid 2 percent more than last year. That said, 35 percent of us haven’t had sex in a month.

SO I CREEP, YEAH
Nearly half of Londoners have looked up a date on social media or Google: 48 percent said they’d done a bit of pre-meet research.

APPY GO LUCKY
More than half of single-and-dating Londoners aged 18-37 use dating apps. That’s despite overall use being down from last year.

NOW YOU SEE ME
If your love interest has disappeared into thin air, you’re not alone: 27 percent of Londoners have ghosted someone.

PLAY FAIR
Just over a quarter of Londoners have cheated on a partner. We hope it was worth it!

OH LA LA
Bonjour, mes amis: French has overtaken Irish as the sexiest accent to woo a Londoner.

INTERNATIONAL LOVE
23 percent of Londoners have hooked up with someone who was just visiting the city.

What’s happening with mates?

Loneliness DOWN!
Good news! Londoners have clearly done some soulsearching since last year, because loneliness has decreased by 10 percent compared with 2018.

New friends UP!
It could be because we’re surrounding ourselves with new people. Londoners are making new friends 19 percent more often than they were last year.

Volunteering UP!
We’re also being more selfless. Londoners are volunteering 13 percent more of their time compared with 2018. See? It’s nice to be nice.

76 percent of Londoners have felt an obligation to socialise despite not feeling up to it and 64 percent of us have experienced fomo (fear of missing out). You can’t win.
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The global lowdown

So, that’s London. But what’s going on elsewhere? We chatted to 33,706 people in hundreds of places across the globe. And here’s what we discovered, plus our ranking of the world’s most exciting cities in 2019.

Which cities came top for what?

Speak softly in Manchester, because it’s the world’s most hungover city. Maybe that’s why Mancunians can’t get through the week without a cup of tea and a good laugh.

Resident of Israel’s party city Tel Aviv are the most likely to have had a one-night stand. Watch out: it’s also the city where you’re most likely to bump into someone you know...

Thought Berlin was all about hedonism? Think again. Berliners are more likely than anyone else to be vegan or cutting down their booze intake.

Paris is the world’s most sleep-deprived city. And no wonder, since Parisians go out the most often on a weeknight and, er, have the most sex.

The home of Bollywood is still a mecca for film-lovers. Residents of Mumbai go to the cinema more often than any other city-dwellers, with half catching a film every week.

A sense of community comes easily in Buenos Aires. Porteños are the least lonely city-dwellers in the world, feel the least fomo and are the most likely to volunteer.

THE TIME OUT INDEX 2019

The Time Out Index ranks the world’s best cities right now, based on the experiences and opinions of tens of thousands of people surveyed around the world and the views of local experts.

First, we questioned city-dwellers worldwide through an anonymous survey in partnership with Tapestry Research. This year we had more respondents than ever: 33,706 people in hundreds of cities. Then we surveyed Time Out’s global network of editors and contributors, each one an expert on their city, asking them to rate what it’s like living in their hometown today.

Finally, focusing on 48 key cultural destinations, we crunched the numbers and ranked the cities.

The ranking is based on ten key factors: food, drink, culture, music, nightlife, sociability, progress, happiness, other qualities (such as affordability and beauty) and attractiveness to visitors. Prepare to scrap your travel plans: these are the world’s best cities in 2019.

Discover more about all 48 cities at timeout.com/bestcities
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REF: 3525198

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Jordan Peele talks to Phil de Semlyen about what keeps him up at night

Horror hero Jordan Peele is a big softie at heart. The director of ‘Get Out’ and ‘Us’ talks to Phil de Semlyen about what keeps him up at night.

JORDAN PEELE IS ridiculously hot right now. His Oscar-winning horror smash ‘Get Out’ has made the American comedian-actor-writer-filmmaker-massive-movie-geek a major Hollywood player. Producing the much-praised ‘BlacKkKlansman’ probably hasn’t hurt either. Like ‘Get Out’, his new movie, ‘Us’, is a scarefest full of sharp social and racial commentary. It’s dotted with little plot hints and fan-thrilling Easter eggs that’ll have you asking seriously unusual questions like: ‘What’s the significance of “11:11”?’ and ‘What’s with all the rabbits?’ You may just jump out of your skin and straight into the queue to see it again to find out what you missed the first time.

In person, Peele’s nothing like as scary: serious and thoughtful about his craft, sure, but funny and eager to sweep you up in his passion for the genre.

‘What do I find scary? Rabbits!’
Where does your love of horror come from?
‘I was a very afraid child and teenager, and horror helped me deal with that. It helped me develop the tools to keep my fears at bay. Telling horror stories is even better. I feel very empowered by being a horror storyteller.’

Did you watch loads of horror films as a kid?
‘I watched a few. Back then, my best friend was allowed to watch horror movies and he had [American horror fan magazine] Fangoria, and he was my introduction to horror. My imagination went crazy off the titbits I got going to his house, and then I’d watch horrors that scared the shit out of me.’

Are there any that are just too scary for you?
‘No. But probably the most harrowing two that I could name off the top of my head are [2008 French extreme horror] “Martyrs” and [Michael Haneke’s home-invasion horror] “Funny Games”. Those are both exercises in making you feel miserable. If you’re a real sick puppy like me, you take a little bit of glee in the artistry behind the vision. Horror gives us a more powerful emotional response than just about anything else.’

You make movies that need to be seen again pretty much immediately, because they’re so full of clues and Easter eggs.
‘I’m just a huge fan of movies that grow. Christopher Nolan is the master of the movie that gets better every time you watch it, because he’s put all those layers in.’

But you’ve got 15 or 16 “Inception”-like spinning tops in this movie.
‘I know. I go a little bit crazy, but people dig it. I’m basically nerding out [with movie references and clues] and hopefully there’s a near-endless amount of things for the audience to talk about afterwards.’

Lupita Nyong’o is spectacular in it – as the hero and her evil doppelgänger. How did she come up with that terrifying rasping voice that the evil twin speaks with?
“The script just said: “She began to speak and her voice sounded like it hasn’t been used in years.” Lupita interpreted that and the first time I heard it I knew we were going to get a villain the likes of which we’d never seen.’

Is it important to have a black scream queen in a big horror movie?
“There’s been a few black scream queens, but to play the villain and the protagonist and bring the depth to those characters is a crazy feat.

I wanted to make a movie where there’s a black family at the centre of a horror film. That felt like the piece of the representation puzzle that, oddly, we’ve never seen.’

Apart from your toddler, what keeps you up at night?
‘You know what? My guy, Beaumont, is sleeping through the night. I’ve been sleeping pretty well. I was going to say binge-watching television, but you meant figuratively rather than literally?’

I’ll take literally too.
‘I’ve been watching “Russian Doll” – which is really good – and an embarrassing amount of a show called “90 Day Fiancé”. I watch an annoying amount of reality television. It’s fake as hell but still more real than anything else.’

You’re also producing a new version of the ‘90s horror ‘Candyman’. Is it a reboot? A sequel?
“We’re calling it “a spiritual sequel” and all sorts of other tricky things to avoid answering that question. It’ll be for people who know the original film and for those who don’t, too.’

In the movie, if you say ‘Candyman’ five times in the mirror, he appears. Have you ever tried that?
‘I’ve got to four. I did [folklore legend game] Bloody Mary as a kid, which I don’t recommend either. You turn the lights off and say it in the mirror three times and an apparition is supposed to appear.’

One scene in ‘Us’ features a lot of rabbits. How do you direct bunnies?
‘Luckily, I could just tell them to act like bunnies, which meant they were going to poop and fuck and we’d shoot around them. Did the sex-crazed bunnies ruin my takes? They made it awkward, but I’m happy to say no bunnies were harmed making the movie. My psyche was harmed, because I find rabbits pretty scary. Them, and cockroaches.’

But aren’t you voicing a rabbit in ‘Toy Story 4’?
‘Isn’t that weird? “Us” is all about coincidences and things do seem to line up sometimes.’

You and Keegan-Michael Key voice two new characters, Bunny and Ducky. How was that?
‘Pixar really encouraged us to find that “Key & Peele” chemistry, though I don’t know how much of the improvising made the actual film. I probably shouldn’t tell you this story but they showed us a clip of the animated Ducky and Bunny doing the “I said... biitch!” sketch from “Key & Peele”. We got a big kick out of that.’

And you’re finally in a movie you can actually show your son...
‘No, I showed my 15-month-old son “Get Out” first, just to give him an idea of race relations. I’ll wait to show him “Toy Story 4”. I don’t want to confuse him.’ [Laughs]

Lastly, you cast a Londoner, Daniel Kaluuya, in ‘Get Out’. Has he given you any insider tips for while you’re in town?
‘No, he hasn’t. I think he’s in the States filming. I tried to text him to see if he wanted to have dinner but no response. This is Posh Kenneth from “Skins” not giving me the time of day!’

→ ‘Us’ opens Fri Mar 22. Read our review on p.69.

There’s more movie news at timeout.com/film
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What’s exclusive? Four cocktails are just £16 – saving you 61 percent.
www.timeout.com/courtyard

Moriarty’s Game
What is it? First access to this new-and-improved puzzle-solving adventure across London.
Why go? For the ace new content: there’s branching narratives (think ‘Bandersnatch’ vibes) and multiple options so you can determine your own route, as well as who you interact with and which side you take.
What’s exclusive? We’ve got first dibs on tickets at just £19 per player.

100 Hoxton
What is it? Two dishes and a cocktail at a restaurant-bar in Hoxton.
Why go? 100 Hoxton ticks a lot of boxes for us – the food is from ex-Ottolenghi chef Francis Puyat, the dining room has a striking Bauhaus-inspired look and the menu is jam-packed with the finest Asian flavours.
What’s exclusive? Two courses and a drink are £14: that’s 50 percent off.
www.timeout.com/100hoxton

Zippo’s Circus
What is it? Tickets to this circus spectacular with free snacks.
Why go? Keeping the kids occupied can often feel like a juggling act. Remedy that with tickets to a failsafe activity – the circus! Join Norman Barrett and his troupe of expert performers for a show that’s sure to dazzle all the family.
What’s exclusive? Front-row seats are just £17.50 and include snacks.
www.timeout.com/zippo

Lost Lagoon
What is it? A boozy, immersive maritime experience in a ‘grotto’ underneath a shopping centre.
Why go? Creative geniuses Bompas & Parr are at the helm of this underground venture. What do we know? It’s a boating lake, complete with a weather system, party bar and a shipwreck. Yo ho!
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PHOTOS COURTESY OF LONDON EVENT PRODUCTIONS LTD
Taking ownership

Saving for a deposit? Rhiannon Curry has the lowdown on how you can make it work in London (and still have a life).

Illustrations Dan Woodger

SO YOU WANT your very own piece of London?
With the average home in the city costing more than ten times the average salary, you’ll need a lot of cash. According to home moving service www.reallymoving.com the average deposit for first time buyers in the capital is an eye-watering £41,000. To save that, you’d have to forego more than 13,500 meal deals or 15,000 lattes. (We left out the stats on avocados for a reason.)

Saving in this city is tough, but people do make it happen – especially with various schemes out there for first-time buyers. Here are some ways to do more with the money you have.

Challenge yourself
The thought of ‘savings challenges’ might sound about as appealing as travelling hungover on the Central line at rush hour, but committing to a system can help. Some savers swear by this trick: in the first week of the year, save £1. In the second week, save £2, and so on until you save £52 in the last week. That’s a total of £1,378 in a year. Or, commit to one ‘no spend’ month a year where you go without everything except the essentials.

Blogger Marie Ellis at Broke Girl In the City reckons she’ll save £2,400 a year by investing in a reusable water bottle and coffee cup.

There are plenty of apps that do the hard work for you. Revolut and Monzo both offer a feature that allows you to round up transactions to the nearest pound and save the difference in a separate area within the account. Though neither bank offers interest on these savings. Starling Bank, meanwhile, works through a partnership with investment app Moneybox, which will invest your savings in order to increase them.

Save and still go out
Laura Dempster, who writes the Thrifty Londoner blog, says setting a budget is the best way of keeping your spending under control. ‘Having a budget doesn’t mean you have to cut out socialising,’ she says. ‘It is about being more aware of what your outgoings are – your budget can include money for the fun stuff.’
Being strict might mean drinking only one night a week, or using offers. Check Soft Launch London’s Instagram account for deals on new restaurants and follow Free Fitness London to find alternatives to a gym membership. Also see www.timeout.com/free for free things to do in London and snag restaurant and entertainment discounts at www.timeout.com/offers.

The boring things also work: check to see if you can get a better deal on utility bills, and review what is going out of your account each month. Could you buy your contact lenses cheaper, ditch your gym membership, or team up with your housemates for one Netflix or Spotify account? Well done: you’re basically your mum now.

**Bank it in the right place**

So where do you put what you’re saving? The government is literally giving away money with some specialist Individual Savings Accounts (ISAs). If you’re between 18 and 50, you can put up to £4,000 into a Lifetime ISA each year and the government will add a 25 percent bonus, helping your home ownership dreams move a little closer.

Paul White, head of marketing at stockbroker the Share Centre, says a Lifetime ISA is a ‘leg-up on the property ladder’ that you shouldn’t overlook. ‘A lack of awareness and understanding has definitely reduced the initial take-up,’ he says. ‘If you are between 18 and 39 and don’t suppose you’ll be in a position to buy your first property in the next 12 months, and also think that purchase will be under £450,000, opening a Lifetime ISA really is a no-brainer.’

Help-to-Buy ISAs are similar. You can pay in a maximum of £12,000 and the government will add a ‘bonus’ of 25 percent, up to £3,000. But here’s the catch – while the money from a Lifetime ISA goes straight to your initial exchange deposit, the bonus from a Help to Buy ISA cannot be put directly towards this (it’s only paid after this stage, in case the sale doesn’t complete). You can spend it on the mortgage later – or, if you want, a bar trolley, which may or may not be helpful.

**Team up**

Do you have a friend who also wants to buy? You could club together to boost your borrowing potential, although there are financial and legal implications to jointly owning a home.

Or, you could tap up relatives to guarantee your borrowing. Lloyds Bank announced in January that it would be offering 100 percent mortgages as long as the borrower has a family member who can put 10 percent of the property price into a fixed-rate Lloyds savings account, which they can access again after three years. Of course it means a family member having a big chunk of cash they don’t need and are willing to pledge to you for a bit, but at least they receive interest and you get to not pay a penny in deposit. Which is especially handy if the idea of cutting back on your London lifestyle throws you into an existential crisis.
Treasure troves for budget furniture

From scouring junk stores to finding cut-price pieces, interiors expert and home renovator Lu Fitoussi-Findlay shares her insider tips on where to pick up affordable furniture in London.

RECKON MASS-PRODUCED flat-pack is the only option to furnish on a budget? Think again. London doesn’t always equal expensive if you know where to look. These places pack the smallest punch in the price department, and provide a wonderful mix of old, new, eclectic and sought-after.

Aladdin’s Cave
Lewisham
A treasure trove of goodies! Bring out your inner child and pretend you’re in ‘Jumanji’ as you walk through aisles piled high with reclaimed wonders like sinks, marble sculptures and streetlamps. If you love an upcycling project you’ll find sideboards, chairs and wardrobes all ripe for painting and a little TLC. Duck under chandeliers, road signs and hanging chairs to find the unusual and smaller pieces inside. If you’re looking for something unique, this is where you’ll find it, alongside some sturdy, good-looking furniture.
There have been whispers that this place is due to close soon (making way for flats) but a chat with the manager confirmed it’s not going anywhere just yet – this cave of furnishing wonders still has a good year left.

Lofty’s Furniture
Bow
Lofty’s has been a favourite of furniture-loving Londoners for seven years. Perhaps you pine for Swoon and Made like I do, trying to justify the price tags. But then you check your bank balance and realise it’s more likely that you’ll find a pet unicorn than be able to afford a plush velvet chair. But guess what? Lofty’s is that unicorn.
It’s an independent that makes it its business to buy cancelled orders, over-runs and end-of-range products from – you guessed it – Swoon and Made, among others. You’ll find hundreds of pounds knocked off each item, making them truly affordable, but be on the ball when you see something you like – things go fast. It’s London’s best and worst-kept affordable furniture secret.

When life moves, make your rightmove
Sunbury Antiques Market Kempton Park
This monthly market may be a little off-piste but it’s still on the Thames, so let’s say it qualifies. It’s also just about the only place I’ll get out of bed before 6am for, fully ready for furniture-hunting and a great morning out. With stalls as far as the eye can see you’d be hard-pushed not to find something that grabs you. Prices vary but you can haggle or wait until the end of the morning for discounts. Sellers change every month too, so stock never gets stale, though bear in mind this means that must-have item you walked away from last month may not be there on your return. Recently I’ve noticed a lot of great occasional chairs and nesting tables, as well as desks and side tables. Hate an early morning? There’s a pretty tempting bacon sandwich van open first thing...

Shpock
Shpock is fast outshining Gumtree as a great way to find unwanted and cheap furniture. I found a £2,000 velvet sofa on it for £400 the other day, though that’s a big-spender item for the platform. Most things range between £25 and £80. It’s a good idea to load up the app in a more affluent part of London to see what’s around because you’re likely to find a higher-class piece at a rock-bottom price. As a side note, it’s also a great place to find large house plants. You just need to factor in a man and a van to transport them. And for that you can always go back to Gumtree.

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Thats (tor)so cool Mannequins and vintage suitcase stack at Sunbury Antiques Market

When life moves, make your rightmove

Being home for bedtime was my rightmove

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Maison Du Monde
Fancy turning your pad into an elegant Parisian apartment without breaking the bank? Done. MDM, which is based in France but sells its wares here at its only London store, in Shepherd’s Bush, sells affordable, chic furniture to die for. I bought my dining chairs from there and I’ve never had so many positive comments on furniture before! And as if that wasn’t enough it launched its own foundation in 2016 to support projects aimed at protecting rainforests and reusing wood. It’s not all cheap as chips but keep your eyes peeled and you’ll find larger, beautiful items under £170. If modern deco is your thing, you can thank me later.

Cartwright’s Crystal Palace
The whole Crystal Palace area is great for vintage bargains but Cartwright’s should be at the top of your list. It’s another through-the-grapevine find, a whisper among bargain-hunters since 2010 that’s only recently appeared online. Now its website is updated daily with new stock to reflect the shop offering. You’ll find ornate antique tables for £50 and upholstered footstools-slash-coffee tables for £75. And it’s worth a regular rummage if you’re decked out a new place on the cheap. The owner, Richard Cartwright, is on hand most days to answer questions and for anyone scared of furniture makeovers there’s an on-site workshop where they do repainting and restoring for you.

Mr All Sorts Islington
What once might have been called a junk shop is now becoming a furniture mecca for those looking to find interesting items that won’t damage your wallet. You won’t find a website, Mr All Sorts is old school: nothing but a real-life visit will do. An eclectic mix of new and used furniture spills out on to the pavement along with a friendly skeleton, keeping an eye on things from his armchair. As with many junk shop-esque outlets, you never know what you’ll find and it’s worth regular visits to unearth real treasures. Mr All Sorts also buys used furniture and offers same-day delivery. An odd, but possibly relevant, piece of trivia: Harry Styles is a fan.

Criterion Auctioneers Islington
Auctions are not only great places to find cheap furniture, they’re a really fun morning out. They happen at Criterion every Monday and you can view items all week at the auction house or online. If you’re looking for a feature piece this is another great place to find one. In a recent catalogue I found a grandfather clock estimated at £50-£70 and a pair of knights’ helmets estimated at £80-£120. There’s also a vast array of slightly less quirky antiques, retro and repro stuff all starting with low estimates. Just make sure you have a firm top figure in your head for each piece to avoid getting carried away.

Lu Fitoussi-Findlay shares pictures of her home renovations and furniture finds on Instagram @thehousepotnoodlesbuilt.
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Rate your new-build
A new website allows tenants to rate and review developments. Dubbed ‘the TripAdvisor for homes’, www.homeviews.com has more than 2,000 reviews (and counting) by both owners and tenants, and spans new-build properties across the city – allowing renters and buyers to scope out potential homes properly before committing.

First-time buyers go south...
Wondering where to buy? Four of the top five boroughs for first-time buyers in 2018 were south of the river, according to digital mortgage broker Habito. The highest number of buyers opted for Southwark, followed by Lambeth, Lewisham, Tower Hamlets and Wandsworth. No wonder south suits, with housing on average 20 percent cheaper.

...and east London loves teal
According to interiors company Swoon’s latest trend report, east Londoners and south-west Londoners love decorating their homes with teal items. West, north-west and north go for red, yellow and green, respectively. Sales of pink things peaked in south-east London, while people living centrally prefer a deep shade of Bordeaux red. Fancy!

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Cool for cats (and dogs)

If your pet is a bit too cool for school, deck out their space accordingly. Clare Vooght rounds up the most stylish interiors for pets.

→ Feline fine
Made from bamboo fibre, with stickers for creating expressions to match your cat’s.
→ Annual store pet treats container, £10. www.trouva.com

→ A dog’s life
Lab tested and designed based on research from doggy sleep studies.
→ Casper dog bed, from £115. www.casper.com

→ Set up camp
Perfectly sized for a napping cat.
→ Tepee cat tent, £51.99. www.wayfair.co.uk

→ Fine dining
Each dish is handmade, unique, and actually looks good in your kitchen.
→ Blobby terrazzo dog food bowl, £29. www.fourlegsfourwalls.com

→ Get the scoop
Stylish storage for kitty and puppy treats.
→ Saskia pet food storage with scoop, £45. www.made.com

→ Like catnip
Wash stuff in this and watch your cat get a little bit high.
→ Mrs White’s Cat’s Pajamas fabric wash with catnip, £15. www.trouva.com

→ Hip to be square
This ash and grey minimalist number is one step away from a pair of kitty horn-rims.
→ Kyali square cat bed, £99. www.made.com

→ Dem bones
Sleek and shiny vessel for a dog’s dinner.
→ Alessi Lupita dog bowl, £65. www.arlashop.co.uk

When life moves, make your rightmove
London Dog Week

Bow to our new furry overlords as we prepare to dedicate a whole eight days to the canines of the city

LIKE BIG MUTTS and you cannot lie? Here’s some news that’ll leave you smiling from ear to ear. A dedicated dog week is taking over London, celebrating man’s best friend with seven days’ worth of canine-related gatherings, activities for dog owners, or just for anyone who goes potty over pups. Urban Food Fest is having a one-off dog-themed market where you can tuck into gourmet street food while your furry pal munches treats and gets their portrait taken. You can see them strut their stuff down the runway at a doggy fashion show, get a dose of cute at the sausage dog celebration lunch (hot dogs are not on the menu), learn more about your pooch at canine first aid and wellness events, team up with your hound in a doggy boot camp that’ll test both your paces and lounge on a dog beach at the London Dog Week closing party hosted by model and Instagram star Lilliput the, er, white maltese. The aim of it all is to make the capital one of the most dog-friendly places in the world. LDW will raise funds to help charities Street Vet, which provides support for homeless pet owners, and Plush Bears Shelter, which helps to save dogs from the meat trade. London, it’s time to fall head over heels in puppy love. **Alexandra Sims**


DON’T MISS
In honour of London Dog Week, we asked three Londoners and their best mates to share their favourite dawg-friendly spots

**Tom and Roger**
‘Roger is a retired racing greyhound, I adopted him from Battersea Dogs & Cats Home almost two years ago. A dog is a huge responsibility and my life has definitely changed in many ways. I spend a lot more time planning journeys to places, trying to make sure there are parks en route – this has also meant more opportunities for serendipitous discoveries in London. It’s nice to see people smile when Roger gets on the tube.’

**WHERE TO GO...**
*Mountsfield Park*
‘Great for dog walks and dog-spotting.’
→ The Lodge, Stainton Rd, SE6 1AN. Hither Green rail.

*Catford Constitutional Club*
‘Very welcoming to dogs (Roger loves their roast chicken).’
→ Catford Broadway, SE6 4SP. Catford Bridge rail.

**Hayley, Mo and Albie**
‘I rehomed Albie in 2016 after my friend found him wandering around the streets of Tottenham. He’d run away from a foster carer’s garden under the fence. I decided I had to adopt him. Mo is now his proud stepdad. He’s got better hair than I have (he does get it cut more often to be fair) and incredible stamina for a dog with such tiny legs. He’s done 15-mile walks and is still sprinting at the end. He’s also great at brunching, as a running buddy and at riding the bus.’

**WHERE TO GO...**
*Leyton Technical pub*
‘I appreciate anywhere that isn’t snobby about Albie lying on the soft furnishings.’
→ 265 High Rd, E10 5QN. Leyton.

*Phlox Books*
‘A lovely bookshop and café owned by a couple with a frenchie.’
→ 159 Francis Rd, E10 6NT. Leyton.

**Maeve and Nino**
‘I first decided to get a dog because my mate got a fabulous poodle and I’m horribly competitive. I plagued my partner for a puppy and then finally got one by responding to a Gumtree ad at 10pm on a Saturday night after a few drinks. Spontaneous nights out are a thing of the past but have been replaced with lovely long walks and pints in cosy (dog-friendly) pubs. Nino makes even the most stony-faced Londoner smile because he doesn’t just walk, he prances!’

**WHERE TO GO...**
*Champagne + Fromage*
‘The French owner pours bubbles for you and water for your dog.’
→ Unit 10 and 11, Brixton Village, Coldharbour Lane, SW9 8PR. Brixton.

*The Garden Gate pub*
‘Tuck into a lovely roast and feel smug with all the other dog owners.’
→ 14 South End Rd, NW3 2QE. Hampstead Heath Overground.
Look your best at these four London gems

If you’re in need of some fresh ideas for cool spots in the capital, then we’ve got just the thing – plus some ace style tips to boot.

N o one likes to be pigeonholed, and that’s something men’s grooming brand SEB MAN totally gets. If you don’t know these guys already, they’re all about catering for men with passions that are always changing – and helping them get standout looks without spending hours in front of the mirror (because, let’s face it, who in London has time to faff around when there are so many awesome things to uncover?). So, to give you some inspo for getting out there – and looking your best as you do it – we’ve picked four great places to try today.

The adventurous one
Southbank Skate Space
The graffiti-covered banks, ledges and stairs at Southbank look all the more interesting from unconventional angles – like when you stack it trying to impress the cool kids with a nollie 360 hardflip. Or if you’re not into skating, it’s a top spot for taking photos.
How to style it An artfully tousled bedhead kinda vibe.
Product The Multi-Tasker: a three-in-one hair, beard and body wash suitable for all hair types.

The super-chill one
Banya No.1
This traditional Russian bath house in Hoxton de-stresses punters with epic amounts of steam and a herbal treatment called a ‘parenie’. It involves hot, wet leaves (which you’ll be swathed in) and a bound bundle of leafy birch, oak or eucalyptus twigs (which you’ll be pummelled with). Plus, there’s vodka. Lots of vodka.
How to style it An easygoing wet look? You’re gonna be pretty sweaty, so...

The arty one
Phoenix Arts Club
This legendary members’ club is a well-known hangout for West End actors. Some of them have even been known to put on an impromptu performance, with the quality almost entirely dependent on their levels of intoxication.
How to style it Effortlessly cool. You’ll fit right in with the thesp.
Product The Dandy: a pomade for light hold and a shiny polished finish.

The wild one
Borderline
This Soho basement music venue has welcomed rock royalty all the way from Debbie Harry and PJ Harvey to Jeff Buckley and Blur. It’s no longer as dingy as it once was, but they recently added an ear-pounding new sound system, so don’t expect much in the way of conversation.
How to style it Headbanger flair. Well, what else?
Product The Sculptor: a mineral clay with a matte finish that provides long-lasting hold and texture.

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EXPLORE
London City of Sin
Hear grim and salacious tales on this walking tour exposing London’s grizzly history. From murder to bear-baiting, you’ll hear more wild horrors here than in your fave true-crime podcast.
→ Meet at Waterloo station. Fri Mar 22. Free/pay what you can.

1-UP
Game Over: Retro Games Night
Neck a Donkey Kong cocktail while zapping zombies and battling bosses at this retro games night. Mario Kart and Street Fighter will unleash plenty of nostalgia.
→ Holborn Library. Fri Mar 22. £6.

Saturday

SHOP
Scandinavian Spring Market
Thank fika for this Nordic market selling all sorts of Scandi treats to help you get your hygge fix.

TINKLE
Learn to Play Weekend
Get closer to owning Wembley at this free of charge taster lessons led by professional music teachers.

Saturday

Delight & Disgust
Try mozzarella-stretching, deodorant-making, coprolite turd-polishing and learn what ‘mouth feel’ really means at this festival exploring materials that sicken and seduce the senses.

Holi Colour Dance Party
Watch neon powder fly at this party to mark India’s Festival of Colours. Have a cathartic powder-pelting session before dancing to Bollywood DJs.

Sunday

SUPPORT
London Landmarks Half Marathon
Cheer the brave souls pounding the pavement while enjoying free historical tours and a Harry Potter Party.

WOOF
Spring Dog Walk and Brunch
Raise money for All Dogs Matter on this ramble around Regent’s Park and ‘pupcake’ brunch.

Find more Holi-days at timeout.com/thingstodo

SOMETHING FOR THE WEEKEND

Friday

Ceramic Art London
See snazzy ceramics from 90 of the best potters in the world and buy pieces straight from their clay-worn hands at this earthenware fair. Join drop-in making workshops and watch sparks fly at an outdoor kiln.
Five incredible spur-of-the-moment experiences outside London you didn’t know existed

When was the last time you embraced the spontaneous? Hit the road and discover these quirky destinations.

There’s nothing like a day trip to reignite your sense of adventure. We’ve teamed up with SEAT, and its new, seven-seater Tarraco SUV, to bring you five eye-opening experiences. What are you waiting for?

FOR THE ART LOVER
Turner Contemporary Margate
How far? Two hours.

Why go? There are plenty of reasons to visit Kent’s hottest seaside town, but one of the main draws has to be the brilliant Turner Contemporary gallery. It’s situated right on the seafront, and you’ll find thought-provoking temporary exhibitions of contemporary art – including the prestigious Turner Prize later this year – along with a café offering great views.

Best of all, admission is free.

FOR THE GIG-GOER
De La Warr Pavilion Bexhill-on-Sea
How far? Two hours.

Why go? For a sleepy seaside town in East Sussex, there sure is a lot going on in Bexhill-on-Sea, thanks to this thriving arts and culture hub. It puts on an excellent programme of gigs and performances, from big bands to local talent.

FOR THE EXPLORER
Chislehurst Caves
How far? One hour.

Why go? Did you know there’s a huge network of tunnels and caverns beneath south-east London? Chislehurst ‘Caves’ is a 22-mile labyrinth of man-made tunnels that were once used as chalk and flint mines, dating back to the thirteenth century. They have since been used as everything from air-raid shelters to gig venues (David Bowie, Status Quo, Jimi Hendrix, The Rolling Stones and Pink Floyd all performed here). To have a nose around and learn about the caves’ rich history, just turn up and join one of the fascinating tours that take place on the hour from 10am to 4pm.

FOR THE FOODIE
Mersea Island
How far? Two hours.

Why go? This small estuary island in Essex has some of the freshest seafood around. Head to unassuming seaside shack The Company Shed. Or if the queue is too long, pop up the road to the West Mersea Oyster Bar. Just be sure to check the tide times first; otherwise you may be unable to drive over the prone-to-flooding causeway that links Mersea to the mainland!

FOR THE SHOPPER
The Lanes Brighton
How far? Two hours.

Why go? Forget the high street. For the best selection of independent boutiques and shops around, you need to go to The Lanes in Brighton. In this cute maze of historic streets, you’ll find vintage clothes, vegan shoes, records, kids’ toys, bespoke jewellery and chocolate. Make sure you allow for time to explore Snooper’s Paradise: a treasure trove of retro clothes and furniture, antiques, old books and wonderful knick-knacks.

→ Find more jaw-dropping itineraries at www.timeout.com/whynotnow
‘I Need to Cher’

Do you believe in the goddess of pop? Then you need this Cher appreciation night in your life.

It’s an uber-glam tribute to a pop legend
Performer Heather Honeybadger and friends have channelled their passionate love of Cher into something pretty beautiful: a night of glam dress-up, lip-syncing, wrestling and all-round mayhem that summons the spirit of the trailblazing singer.

This night is shambolic and proud
Look, this isn’t Cher live in Vegas. And it’s not trying to be. It’s a proudly DIY show hosted by Cher-impersonators sporting crackling nylon wigs and misplaced tit tape.

You’ll be taken straight to Cher school
Yeah, you can bop to ‘Believe’, but the archive video footage will show you the woman behind showbiz’s most outspoken Twitter presence.

She’ll show you it’s a ‘Woman’s World’
Cher has devoted her whole career to telling women they are ‘Strong Enough’ – to have their own careers, to dump their no-good husbands and to wear whatever the fuck they want.

Cher brings people together
At the last event, one guy spent the whole time in tears. He’d seen Cher in Vegas, and told us he got so excited that a muscle next to his heart exploded! As an older straight man with kids, he had worried that he wouldn’t feel welcome. But Cher fandom transcends sexual orientation, age and gender. After a night in her presence at ‘I Need to Cher’, I can see why.

Alice Saville
‘I Need to Cher’ is on at Camden People’s Theatre Sat Mar 23-Sun Mar 24. £12, £10 concs.

WHY I LOVE

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March 19 - 25 2019 Time Out London
Thank God it’s Tuesday

It’s Time Out’s favourite day of the week, and we’ve got some very cool plans. But in case you don’t yet, here are five ways to really turn up your Tuesday...

The working week may be in full flow, but we’ve got the inside track on how to get really stuck into some midweek fun. Yep, following on from last week’s guide to dialling-up your Tuesday, we’ve got together with Ben & Jerry’s lightest creation, Moo-phoria, to let you in on another bunch of suggestions of great things to do today. Why wait for the weekend?

And if you want to get spoon-deep into one of Ben & Jerry’s new light ice creams once you’ve had your fill of fun, we can totally get behind that, too. With four varieties, as well as all the usual chunks and swirls plus a big whack of flavour, and only 124-132 calories per 100ml, why the hell not? There’s no need to wait for a special occasion to do either, people.

Swingers
Fancy a Tuesday tee-off? An ode to the English Riviera, the Swingers West End course includes a helter-skelter and a big wheel, with beach huts and bandstands – plus lush palms for some added ‘Miami Vice’ vibes. Remember your best ever childhood seaside holiday, basically, then add booze.

Swingers West End. ☎ Oxford Circus.

5 x 15
We all get older, but if you fancy working on the wiser bit too, then this series of eye-openers can nudge you in the right direction. This one’s all about human experience, and features Astronomer Royal Martin Rees talking about AI, human rights lawyer Philippe Sands QC on visiting imprisoned Turkish writer Ahmet Altan, and journalist Bee Rowlatt on visionary feminist Mary Wollstonecraft. Get that grey matter going!
Evolutionary Arts Hackney. Dalston Kingsland Overground.

ZAPspace
Feeling bouncier than a kangaroo on a bungee rope? Head to this trampoline park hangout to awaken your inner kidult after you’ve dealt with all the workplace tough stuff. There’s freestyle jump, dodgeball and big ol’ foam pit to flip into.

ZAPspace. ➔ Stratford.

Draughts
Nerds of the city unite: this bar and café has hundreds of board games for you to get your hands on. Have a crack at everything from the strategic Catan to the downright dirty Cards Against Humanity – and finish off your evening with a proper good burger from the food menu. Our game pick? Exploding Kittens. Boom.
Draughts Hackney. Haggerston Overground.

Bar WOTEVER at the Royal Vauxhall Tavern (Queer Tuesdays)
Pop a bloomin’ bottle, because this Tuesday marks Bar WOTEVER’s fourteenth birthday. Celebrate by joining some of the Royal Vauxhall Tavern’s fiercest and finest, with live music, cabaret, drag, performance art, burlesque and spoken word.
Royal Vauxhall Tavern. ➔ Vauxhall.
Ben & Jerry’s Moo-phoria light ice cream family is available in supermarkets and in Ben & Jerry’s Soho Scoop Shop. Pick up a tub today for the lightest way to enjoy Ben & Jerry’s.

Want to win a trip to Manchester, with travel, accommodation, an indoor skydiving experience and food, courtesy of Ben & Jerry’s? Step right this way... www.timeout.com/moophoria
Northern Ireland: destination delicious

Whether you’re into invigorating city breaks, world-class dining or thrilling events and celebrations, 2019 is the ideal year to visit this stunning part of the world.

Northern Ireland: land of sweeping landscapes, a booming food culture and an ever-expanding array of events and attractions. This year is going to be huge for Northern Ireland – so if you’re planning a trip, here are some tips on how to make the most of your time there.

Get a flavour for Northern Ireland at Borough Market this week
Seek inspiration for your adventure at Borough Market’s ‘Taste the Greatness of Northern Ireland’ food pop-up, which ends this Saturday (March 23). It’s jam-packed with friendly makers serving up meats, traditional breads, sauces, cheese, and of course, gin, whiskey, rum and craft beer.

Enjoy perfect city breaks in Belfast and the Walled City of Derry
The streets of Belfast and the Walled City of Derry are packed with history, culture and amazing fresh flavours. Your first port of call in Belfast should be Titanic Belfast: a monumental museum dedicated to the world’s most famous ship, built in the city. Another must-visit in Belfast is St George’s Market, where you can taste local fare from more than 250 stalls. History meets food in Belfast Bred: a theatrical walking tour where you’ll sample seafood, stew, beers and more. Over in the Walled City of Derry, they’re gearing up to celebrate 400 years of the city walls. Take time to tour the walls, stroll along the waterfront and through St Columb’s Park. Then, taste the best of the city with Made in Derry Food Tours, enjoying everything from street food to locally made cheese and craft beer.

Explore ‘Game of Thrones’ filming locations
The epic final season of the HBO hit show launches next month – did you know that ‘Game of Thrones’ was mainly filmed in Northern Ireland? You’ll recognise filming locations around every corner. And from April 11 to September 1, the Titanic Exhibition Centre will host a huge exhibition packed with genuine costumes, props and installations.

Discover the world-famous Causeway Coastal Route
This rugged, ancient coastal journey is dotted with crumbling ruins, unspoiled beaches, postcard-perfect villages and, of course, incredible places to eat. Catch your breath as you marvel at the rocky outcrops that make up the Giant’s Causeway, or enjoy the pulse-pounding excitement of the epic Gobbins Cliff Path. Taste your way through the region by joining a ‘Toast the Coast’ tour and set off on a luxury coach journey through the Causeway Coastal Route’s finest restaurants, farms and distilleries, including the famous Bushmills Distillery.

Experience history in the making: The 148th Open, Royal Portrush
In July, The 148th Open will be returning to Northern Ireland after 68 years, for its second stint as host of one of the world’s largest golf championships. The Dunluce Links at Royal Portrush Golf Club, where the championship takes place, offers a glorious view of the North Atlantic Ocean. You can still get your hands on practice day tickets from July 14-17, but move quickly – these are some of the hottest tickets in town.

For more information and inspiration, visit ireland.com/NorthernIrelandFood
THREE OF THE BEST

Spring markets

Welcome in brighter days by filling your house (and face) with delights from these tempting stalls

↑ Spring Market at Stour Space
The creative community hub is throwing open its doors for a spring sale where you can check out prints, jewellery, clothes and fresh flowers from indie sellers. While you're there, make a donation to help secure the lease at its Fish Island location.

↑ Scandinavian Spring Market
Rotherhithe’s Finnish and Norwegian Churches provide the backdrop for this annual fair with dozens of stalls selling Scandi snacks, crafts, homewares and toys. Load up on giant cinnamon buns and soak up the hygge vibes.

↑ Finnish Spring Fair
Can’t make Saturday’s Scandi market? No problem. This fair lasts three whole days and is packed with mämmi and pasha, Moomin products and traditional Finnish arts and crafts. Don’t miss the Finnish-style outdoor barbecue. Kippis!

More wonder-stalls at timeout.com/markets
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Ts&Cs apply.
Druids? In London? What’s the world coming to...
Actually, The Druid Order has existed in London for donkey’s, since 1717 in fact. And every year, a group of them throw on their flapping white robes for a public ceremony in Tower Hill called the spring equinox.

But what’s it all for?
The druids describe themselves as a spiritual group, but they don’t have a religion. They base their philosophy on living in harmony with the cycles of nature. A big part of that is the ‘four quarter’ ceremonies: one in autumn on Primrose Hill, a big summer one at Stonehenge, a winter party and tomorrow’s spring equinox, at the time of year where day and night are in balance.

So what actually happens?
The group will form a druid circle on Tower Hill Terrace and blow a trumpet to call for ‘peace within’. Then ‘the lady’ (representing the earth mother, Ceridwen) enters and sprinkles seeds on the ground. It’s all meant to represent the sowing of ideas or plans for the year ahead. When the ‘sowing’ is complete, one of the druids will give a short talk, followed by a moment of meditation. Really, it’s just a chance to reflect the changing of the seasons while lorries and cars whizz by beyond the circle. And no, you don’t need a robe to join.

How do I get a robe though?
Become a druid, obviously. Or make your own. Whatever works for you.
Horniman x Goldsmiths Late
3D ‘mutoids’, magical display cabinets, a 1,000-year-long musical composition, interactive treasure hunts and digital palm readings are just some of the interactive installations taking over the Horniman. Join after dark for this special late in partnership with Goldsmiths College.
→ Horniman Museum.
Forest Hill Overground.
Thu Mar 21. £7.50.

The Institute of Primal Colour
Go on a multi-sensory journey through a series of chromatic experiments developed by Oxford University. Use your senses – beyond just sight – to explore your relationship with colour. Maverick design studio Bompas & Parr and paint brand Valspar are behind the sensory overload. Reward yourself at the end with a cocktail matched to your favourite hue.
→ White Space.
→ Leicester Square.
Thu Mar 21–Fri Mar 22. £5.

Giant Steps Record Fair
All about the vinyl revival? Flip through LPs from a curated mix of top record stores and collectors, selling rare and deleted titles, and labels selling their new releases at this canalside fair. After you’ve spent a few bob? Stay and hear DJs You’re a Melody start up the sound system for an alfresco party.
→ Giant Steps, Hackney Wick Overground.
Sun Mar 24. Free entry. £8 after party.

They Made This Pop-Up
Pick up beauties from the likes of Jimmy Turrell, Eike König and Anthony Burrill at this pop-up print shop. Alongside the works, see a colourful mural from Rude Ltd, have a go on ping-pong tables from The Art of Ping Pong and look out for free family workshops each weekend.
→ King’s Mall.

Natural Born Storytellers
Adish best served cold. Karma coming back around. Subterfuge, lies, pranks and comeuppance. Hear tales of revenge in all its forms at this raucous storytelling night that changes up its theme each month.

Exhibitions

A Must See
Awards uncovers the social and political changes taking place in the Arab world today. Watch a coming-of-age story set in post-revolutionary Egypt or explore Iraq’s mental health crisis.
→ The Castle Cinema.
Homerton Overground.
Thu Mar 21. £10.

Sylvia Plath ‘Life Inside the Bell Jar’ screening
Film aficionados Deep Into Movies present a special screening of the first documentary about Plath’s semi-autobiographical novel ‘The Bell Jar’. Prepare for an emotional evening.
→ Five Bells, New Cross Gate Overground.
Sun Mar 24. £7.

LISTEN

Sunday Papers Live
Watch the papers brought to life by poets, comics and journalists, plus playwright James Graham, at this many-sided day out complete with roast dinners, walks and markets.
→ Cecil Sharp House.
→ Camden Town.
Sun Mar 24. £20–£37.50.

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Everyone’s favourite Clarkson
on being a chameleon.
Portrait Andy Parsons

WHETHER YOU DISCOVERED
her in ‘The Station Agent’, ‘Easy A’ or ‘Sharp Objects’, chances are you love Patricia Clarkson – or ‘Patti’, as the Louisiana-born actress calls herself. Exuding warmth and just a hint of eccentricity, she kicks off our chat by wolfing down a protein bar while complimenting me on my choice of footwear. ‘(So cute! I love black patent. You can wear it anywhere.)’ But it’s the 59-year-old’s latest role that’s really intriguing: in Carol Morley’s ‘Out of Blue’ she plays Mike Hoolihan, a blunt New Orleans detective on a murky murder case. So, over to Patti: ‘All right – I’ve finished my protein bar. Here we go, baby!’

How did ‘Out of Blue’ come about?
‘My agent said to me in hushed tones: “Patti, I think you’re going to get an offer on this amazing Carol Morley film. It’s a loose adaptation of a Martin Amis book.” I adored Carol and knew her films [‘The Falling’, ‘Dreams of a Life’]. We were supposed to meet for 30 minutes in LA, and three hours and some bourbon and whiskey later, that was it.’

Did you see elements of Mike in you?
‘I don’t look or seem like Mike, but I knew that character lived in me. I’m a chameleon. Mike exists in a factual, cool, detached, untouchable world and I’m very tactile, gregarious and outspoken, but there is a part of me that is unfussy, quiet. I just had to find that.’

Which of your past roles is most important to you?
‘Playing Greta in [1998 indie] “High Art” changed my whole life. It made people realise that I’m a character actor. Then I had “Pieces of April” and “The Station Agent” [both from 2003], even “Cairo Time” [2009]: this quiet, elegant lady. They weren’t the easiest parts – look at “Sharp Objects” where I play Adora, this brutal, mentally ill woman. I had to find the humanity in her.’

And, of course, you were in TV show ‘The Equalizer’, back in 1986 at the beginning of your career.
‘Oh my God! [Claps her hands in glee] I made lifelong friends with Tony Shalhoub on that. I played a bride who was kidnapped at her wedding and he was the terrorist who kidnaps her. We became friends then. I worship him.’

What’s changed for actresses since those days, and since Time’s Up?
‘When I was younger it was: “Let’s have drinks in my hotel!” or “Hey, wanna come away for the weekend with me?” What we tolerated in the late ’80s – oh my God! But I’d never equate what I dealt with with the people who’ve suffered sexual assault. These women, and some men, suffered real brutality from certain men in our industry.’

So what’s the future?
‘I don’t think there’s going to be a lot of women having drinks with producers in hotel rooms. I think that’s over. I think that’s very good.’

‘Out of Blue’ opens on Mar 29.
BASED ON THE INCREDIBLE LIFE OF RUDOLF NUREYEV

“PROVOCATIVE AND EVOCATIVE... SUPERBLY DIRECTED BY RALPH FIENNES”
BAZ BAMIGBOYE, DAILY MAIL

“BREATHTAKINGLY BEAUTIFUL”
THE CULTURE TRIP

“GUARANTEED TO LEAVE YOU INSPIRED”
ELLE

“TERRIFICALLY TENSE”
THE UPCOMING

THE UPCOMING

TO DANCE YOU MUST BE FREE

THE WHITE CROW

A FILM BY RALPH FIENNES

IN CINEMAS FRIDAY
Us

JORDAN PEELE’S DEBUT movie ‘Get Out’ rewarded eagle-eyed attention to detail, so you’ll be on the look-out for clues going into his new horror film. When ‘Us’ tells us early on that there are thousands of miles of tunnels under the United States with ‘no known purpose’, you squirel the fact away in your brain, hoping it’ll be important later. When there’s a bunch of bunnies in cages or an apocalyptic Biblical quote on a breadboard, they get stored too.

But a plot embroidered with such hints never quite lives up to its juicy promise, as its barbed critique of the American Dream proves a notch or two too oblique to land. ‘Us’ is too confidently made to call it a second-movie slump. Peele, as ever, blends comedy and screams like a champ, and his actors are terrific. After a brief mid-’80s prologue in which a lonely kid encounters something awful in a beachside carnival fun house, she becomes the grown-up Adelaide (Lupita Nyong’o), now with two children of her own and a dad-joke-dispensing husband (Winston Duke). For some reason, they’ve bought a summer house by that same beach, and it’s where Adelaide must return – unless, of course, the beach comes to her.

‘There’s a family in our driveway,’ her son says one night, noticing their four red-clad doppelgängers, the plot kicking into overdrive. Peele gives each family member a second role, and they twist their bodies into impressively gymnastic, feral crouches. Nyong’o is especially good, her evil twin speaking in a strangled croak that sounds like inhalation of breath rather than exhalation. All this offers enough strangeness to distract from a larger shapelessness that creeps in once the film has settled into the nerve-shredding home-invasion thriller it is. Unlike in ‘Get Out’, not all of the breadcrumbs Peele leaves us lead anywhere. Still, it’s a whole lot of fun following the trail. ■ Joshua Rothkopf

WHAT IS IT...
The latest horror film from ‘Get Out’ director Jordan Peele.

WHY GO...
For two ace turns from Lupita Nyong’o.

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LONDON’S BIGGEST AND best LGBT+ film festival, BFI Flare, kicks off this week with a ten-day celebration of queer cinema. It’s got killer galas, top-notch screenings and a club night or two – and tickets are still up for grabs. We asked BFI Festivals’ artistic director Tricia Tuttle to talk through a few of the highlights.

1 ‘Vita & Virginia’
‘It’s a beautifully made film about the writers Vita Sackville-West and Virginia Woolf that speaks to queer identities in a very modern way. It’s a London-y story and Gemma Arterton and Elizabeth Debicki are fantastic in it. It’s always nice to start with a British film and it’s great to have a female filmmaker represented in Chanya Button. Oh, and the costumes are gorgeous.’

2 ‘JT LeRoy’
‘There’s a lot of interesting films around about unusual, strong female characters – and in the case of the closing gala, “JT LeRoy”, strong queer female characters. It’s about Laura Albert, a writer who wrote bestselling novels about JT LeRoy, a trans kid who lived on the streets. When a publisher wanted to know who LeRoy was, she convinced her sister-in-law Savannah Knoop to pose as her for five years. It’s a mad journey – and Savannah is coming over for the festival.’

3 ‘Tucked’
‘This is the story of an unlikely friendship between an old genderqueer drag queen and a young drag performer. It’s political, but funny and moving with it. There’s a lot of darker films in the festival, but this one will make you feel good.’

4 ‘Nevrland’
‘This dark Austrian film blends horror and coming-of-age themes. There’s a few coming-of-age films from around the world at the festival, including “Rafiki” from Kenya, a Slovenian film called “Consequences” and “Socrates”, which is co-written, directed and acted by Brazilian kids. They give a snapshot of what it’s like growing up as a queer person around the world.’

5 ‘Halston’
‘Frédéric Tcheng, who made “Dior and I” a few years ago, has made an incredible documentary about the American designer: it’s slick, fun and interesting. People who are into fashion and design will absolutely love it.’

■ BFI Flare: London LGBT+ Film Festival runs Thu Mar 21-Mar 31 at the BFI Southbank. © Waterloo. www.bfi.org.uk/flare

FIVE TO SEE AT BFI Flare

Find all the latest London Film Festival news at timeout.com/film
"Smells absolutely gorgeous and leaves you with soft bouncy shiny hair. Definitely a new favourite in my house"**

Fionawebster

Average score 4.8/5 stars on 4,950 reviews**

*Consumer feedback on supersavemine.co.uk, December 2018.
**Consumer feedback on supersavemine.co.uk, July 2018.
**The White Crow**

*WHAT IS IT...*  
A biopic of the great Russian ballet dancer Rudolf Nureyev.

*WHY GO...*  
For a brilliant acting debut from ballet dancer Oleg Ivenko.

*Director Ralph Fiennes (12A) 127 mins.*

**Minding the Gap**

*WHAT IS IT...*  
A doc about three contrasting skater friends regrouping as adults.

*WHY GO...*  
For the most intimate and revelatory skate movie for ages.

*Director Bing Liu (15) 83 mins.*

**The guinea pig-themed café from ‘Fleabag’**

*The location*  
Bold Café & Restaurant, 20 York Rise, NW5 1ST.

*The scene*  
After her best friend is killed in a traffic accident, twentysomething Londoner Fleabag (Phoebe Waller-Bridge) is left to manage a quirky guinea-pig-themed café. When a customer picks up a cheese sandwich, Fleabag tells him it costs £12.55. He shakes his head in disbelief, to which she replies: ‘London, eh?’

*Then*  
In 2016, producers of the BBC comedy needed a nondescript eaterie to turn into a haven for guinea pigs and self-loathing. Highgate greasy spoon the Village Café fit the bill.

*Now*  
‘Fleabag’ is a cult comedy and Waller-Bridge a Hollywood star, but the Village Café is no more – it’s now a Turkish place called the Bold Café & Restaurant. The café’s manager, Ibrahim Aksu, took a call from the BBC asking for permission to film there again for season two. The snag? He was six weeks into a refurbishment so the design team from the Beeb had to return it to its previous look. ‘It was weird going backwards,’ he says. The café is now almost unrecognisable from its ‘Fleabag’ days. ‘I’m thinking about getting a guinea-pig photo on the wall’, says Aksu, ‘just so people can see how much we’ve changed!’ ■ Thomas Hobbs

**ASIDE FROM BEING**  
one of the greatest dancers in ballet history, Rudolf Nureyev was a bit of a livewire. He was mates with Mick Jagger and Freddie Mercury, broke the jaw of a fellow dancer and lobbed a chair at film director Franco Zeffirelli. He was once called ‘an artist, an animal and a cunt’ by his own choreographer.

Maybe director Ralph Fiennes is saving those juicy chapters of ‘Rudolf Nureyev: The Life’, the biography ‘The White Crow’ is adapted from, for an explosive sequel. With this restrained biopic, he and screenwriter David Hare have gone with the restrained biopic, he and screenwriter David Hare have gone with the drier origin story, from his rural boyhood to Soviet poster boy to Cold War defector in 1961.

The film dots between those three timelines, lingering longest in the Paris of the early ’60s where Nureyev first made his name as a touring dancer. In concert, they provide some neat psychological insights into the man. His birth on the Trans-Siberian Railway, for instance, parleys into an endearing citywide quest to find an expensive toy train set. Here was a man who effectively wanted to buy back his own childhood.

It’s elegantly shot, the ballet scenes soar and dancer Oleg Ivenko is a real find in his acting debut, bringing a combustible mix of curiosity, ego and boyish petulance to the role. But it lacks the sinewy power of the man himself and Bohemian Rhapsodies his sexual appetites to the point where you’d be hard-pressed to tell that he was gay. A bit less grace and a bit more gusto would have been welcome. ■ Phil de Semlyen

**SKATE CULTURE SEEMS**  
to be kick-flipping its way back on to our cinema screens, via coming-of-age stories by Crystal Moselle (‘Skate Kitchen’) and, soon, Jonah Hill’s ‘Mid90s’. Perhaps surprisingly, it’s taken this doc – by debut director Bing Liu – to bring real vulnerability to a mini-genre that’s often characterised more by its devil-may-care bravado and slangy edge.

Liu returns to his hometown of Rockford, 90 miles outside Chicago, to reconnect with old skate buddies Keire Johnson and Zack Mulligan. At first, he seems to take a breezy approach as we follow the trials and tribulations that come with his pals’ journeys into adulthood. We keenly observe the trio skate, party, skate, work, skate, and party some more. Slowly, unease creeps into their happy-go-lucky attitudes. Keire is washing dishes at a local restaurant, while Zack is a roofer with a baby on the way with his younger girlfriend Nina. Neither seems satisfied.

As Liu probes deeper and self-critically, we learn that skating isn’t the only thing that connects them, but domestic violence too. The way that each has experienced it has shaped who they are today, for better or worse.

Featuring some brilliant camerawork by Liu and the late Dylan Sakiyama, ‘Minding the Gap’ is an impressive feature that provides an intimate and grounded examination of racism, violence, manhood and economic anxiety in the US. It will warm your heart but possibly break it a little too. ■ Hanna Flint
‘I REMEMBER WATCHING’ “The Great Escape” with my family at Christmas, and I’ve seen it four or five times since then. It’s a remarkable story about Allied airmen digging tunnels out of a POW camp and keeping it a secret from the enemy. Plus, it’s got Steve McQueen in it, which automatically makes it cool. In a wartime fantasy to watch a crack team that world of politicians who aren’t very smartly give you a reason to watch as the movie suggests, because it ended up galvanising the Germans to crack down on escaped POWs across Europe. But getting dozens of people over the wire was a huge achievement.

‘My favourite bit is when Dickie Attenborough and Gordon Jackson get caught out by a Gestapo agent speaking in English. We used to do that one in the playground at school.

‘How would I have got on in the camp? In my early twenties, I think I’d have been trying to bust out all the time. Now I’m 40 with three kids, I’d have told those idiots to keep quiet and get to the end of the war in one piece!’

Interview by Phil de Semlyen

→ Dan Snow presents ‘The Great Escape’ at the Hammersmith Apollo on Sun Mar 24. The gala screening will be simulcast live into more than 350 cinemas nationwide. Head to www.thegreatescape75.co.uk for ticket information.

DON’T MISS

Chronic Youth Film Festival

Entirely curated by programmers aged 15 to 25, the Chronic Youth Film Festival is the ‘Bugsy Malone’ of film fests. Head down to the Barbican this weekend and get stuck into a myriad of movies, shorts and Q&As, tackling a bunch of subjects that matter to young people today. Look out, too, for a nostalgic screening of ‘90s coming-of-age tale ‘Young Soul Rebels’.


ALSO OPENING

SOREY ANGEL ★★★★★
Parisian filmmaker Christophe Honoré (‘Love Songs’) likes to celebrate very French urbane lifestyles and his latest is no exception. Set in 1993 and soundtracked by the likes of Massive Attack, Ride and Cocteau Twins, it’s a touching portrait of a year in the life of a 39-year-old HIV-positive writer (Pierre Deladonchamps). It begins a bit shapelessly but becomes rich with the texture of messy lives as they’re lived – not as they’re dreamt up by dramatists – and it’s attitude to sex is refreshingly honest.

It feels real, and it feels right. Dave Calhoun

FIVE FEET APART ★★★★★
A slushy romance about a pair of terminally ill teenagers set in a hospital would ordinarily leave me sobbing. But ‘Five Feet Apart’, with its banality contrivances, just doesn’t do the job. Hayley Lu Richardson almost gives you a reason to watch as Stella, who has cystic fibrosis and is super-positive about her chances of getting a life-extending lung transplant, but Cole Sprouse is charmless as the brooding bad boy she falls for. In the end it jerked not a single tear from me.

Cath Clarke

SHARKWATER EXTINCTION ★★★★★
Mankind’s attempts to eradicate all of shark-kind by next Wednesday is coming along nicely, judging by this globe-spanning, depressing and ultimately tragic follow-up to 2006 eco-doc ‘Sharkwater’. Under the waves, it’s a graceful celebration of these amazing creatures; above it, an angry investigation into their slaughter.

Phil de Semlyen

All the biggest new films reviewed at timeout.com/film
Somerset House Summer Series

Here are the acts playing the coolest courtyard in town this summer

The Internet Jul 11
Led by Odd Future’s Syd and Matt Martians, The Internet make some of the best alt-R&B music around. Their shape-shifting beats should bring all to the boys and girls to the (court)yard.

Nao Jul 12
This talented east Londoner has two acclaimed albums under her belt: 2016’s ‘For All We Know’ and last year’s ‘Saturn’. Her self-described ‘wonky funk’ tunes should sound blissful as the sun sets over Somerset House.

Sons Of Kemet Jul 13
Possibly the best known of visionary UK jazz performer Shabaka Hutchings’ projects, SOK were cruelly denied the Mercury Prize last year for ‘Your Queen Is a Reptile’. This is a welcome nod from SH to the UK’s exploding jazz scene.

Jacob Banks Jul 14
The Birmingham-raised singer-songwriter will perform songs from last year’s debut album ‘Village’, which blends lush future-soul with elements of dancehall, UK garage and afrobeat.

Rosalía Jul 15
The Spanish singer-songwriter made one of last year’s best albums, ‘El Mal Querer’, a delectable blend of traditional flamenco and modern pop-R&B sounds.

Doves Jul 16
Back after a nine-year hiatus following a fan campaign to reunite them, the Cheshire four-piece are on the road again with their anthemic post-Britpop bangers.

The Good, The Bad & The Queen Jul 17
After a decade-long break, the supergroup comprising Blur’s Damon Albarn, The Clash’s Paul Simonon, Fela Kuti collaborator Tony Allen and The Verve’s Simon Tong are back and touring in support of last year’s second album ‘Merrie Land’. Welcome back, lads.

Parcels Jul 18
These Berlin-based Aussies describe their sound as ‘sort of a blend between electro-pop and disco-soul’. It’s slick, infectious stuff perfect for a balmy summer evening.

Cut Copy Jul 19
The cult Australian electro group will blast out alt-dance bangers including ‘Hearts on Fire’ and ‘Lights & Music’ at their first London show since 2014. Expect some serious vibes at this one.

Soulection Jul 20
The genre-bending LA collective will jet across the Atlantic to showcase their unique take on hip hop and world music to neo-soul and dance.

Gossip Jul 21
After going on hiatus in 2012, Beth Ditto’s rabble-rousers are back. Their deathless, ‘Skins’-endorsed banger ‘Standing in the Way of Control’ is sure to sound absolutely enormous.

Tickets go on sale Fri Mar 22.
Thirty years ago this week, Madonna dropped the biblically brilliant ‘Like a Prayer’ album. In honour, Neil Prince of ace podcast Retro Chart Trivia has assembled a platter of archive Madge facts that readers of pop mags like ‘Smash Hits’ were gorging on at the time...

When Madonna was young, she aspired to be like Lulu.

Royal corsetters Rigby & Peller once sold a month’s worth of skin-hugging bodices and black lacy basques in a week thanks to her live shows.

Madonna once considered doing a duet with Billy Idol ‘because we’re both white and plastic and blonde’.

In the ’80s she wanted to appear in primetime soap ‘Dynasty’ so she could trip up Joan Collins’s iconic character Alexis.

Alannah Currie of Thompson Twins gave Madonna a leather whip as a present at a hen party.

Tina Turner had a scrap with Madonna backstage at Live Aid. Asked if Madonna could duplicate her success, Tina replied: ‘Maybe. All she lacks is talent.’

Madonna loves sardines in the can with mustard.

Before becoming a pop star, Madonna worked at Dunkin’ Donuts.

Her attempt to buy her way into an ultra-exclusive apartment overlooking Central Park ended in tears when the residents’ committee vetoed her. The vote was unanimous, with the exception of actress Diane Keaton, with the committee declaring: ‘If we let her in, we’ll have to let everybody in’.

Madonna is extremely proud of her navel, saying: ‘I have the most perfect belly button. There’s no fluff in it. If 100 belly buttons were lined up against the wall I could definitely pick out which one is mine.’

Philip Oakey of Human League says ‘Madonna looks like the bleedin’ Hulk with a wig on.’

When Madonna sold more singles in the UK in 1985 than any other act, she became the first woman to become a year’s best-selling artist since the charts started in 1952.

Danny Aiello, the actor who played Madge’s dad in the ‘Papa Don’t Preach’ video, recorded an answer song called ‘Papa Wants the Best for You’.

Madonna has no time for Lionel Richie haters, saying: ‘I don’t care what anyone says, there is something valid and artistic about a Lionel Richie song.’

When she was young, Madonna’s brothers would hang her on the clothes line by her underpants.

To cheer up first husband Sean Penn in the weeks before his trial for fighting with photographers, Madonna bought him a dog called Hank.

Here’s a review of Madonna’s ‘Who’s That Girl’ tour from Martin Fry of ABC: ‘Superb. One of the greatest shows ever seen. Real Hollywood. I had to hold back the tears of joy. What a pazzaz’!

But Paul Rutherford of Frankie Goes to Hollywood was less enthused, branding it ‘really boring – like going to a panto’.

David Coverdale of Whitesnake says he’s seen Madonna close up and neither the music nor the image inspires his loins.

Madonna is so terrified of someone assassinating her she’s had a bulletproof bra made.

What is Retro Chart Trivia?

Retro Chart Trivia is a fortnightly podcast of madcap ’80s chart trivia presented by genuine London DJ legend Neil Prince. Based on any given Top 40 week within the ’80s, it’s a hilarious trove of ’80s facts and well worth a subscribe!

More at timeout.com/music
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Sunday 14 July

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Tuesday 16 July

THE GOOD, THE BAD & THE QUEEN
Wednesday 17 July

PARCELS
Thursday 18 July

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Friday 19 July

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SO YOU’VE NEVER BEEN TO
Boston Music Room

In a nutshell...
A top north London spot to catch up-and-comers.

Where is it?
Opposite Tufnell Park tube station, directly below its big sister venue The Dome, and tucked behind the Boston Arms Irish pub.

What’s the vibe?
Completely unassuming both outside and in, the Boston Music Room more closely resembles a local football club’s hall-for-hire than a slick music venue. Don’t let the dodgy wood panelling and out-of-place seating booths fool you, though – it’s one of the best spots to catch rock and indie bands on the rise.

What makes it a great venue?
A spot at Boston Music Room proves you’re going places. With an eclectic booking vibe, which has seen everything from ethereal indie-rockers Whenyoung to chaotic metallic hardcore bunch The Armed tear the roof off in recent months, it’s the go-to place for your future faves. On any given night, there’s a next-big-thing on the BMR’s knee-high stage. Don’t believe us? Blur, Fugazi and The White Stripes all played very early gigs here.

What’s the booze situation?
There’s a whole bunch of craft beers on offer for you hop-heads – they even stock the Motörhead beer behind the bar.

What’s coming up there soon?
You could do worse than check out Floridian punk bunch Gouge Away, who headline on July 11th. Christina Michelle’s piercing takedowns of inequality are not to be missed. ■ Tom Connick

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GIGS AND CLUBS

One Man Band Festival
Think a one-man band is a chap with a big ol’ drum strapped to his back? Think again! Celebrate the ingenuity of musicians who play several instruments simultaneously at this week-long gig series held at Jazz Cafe and Blues Kitchen venues in Brixton, Camden and Shoreditch.


Childish Gambino
Don’t procrastinate, because there are just a few tickets left for Donald Glover’s second (and final) London arena show.


Popstarz: The Good Old Days
The iconic LGBT+ club night makes one of its occasional comebacks as part of the Scala’s twentieth birthday celebrations. They’re promising original Popstarz prices as well as some of their original DJs, so this one should be a nostalgic cracker.

→ Scala. Fri Mar 22.

BR x Total Refreshment Centre: Dreaming the City
Boiler Room, Total Refreshment Centre and the Barbican team up to tell the (true) story of a Hackney warehouse that became a mecca for Caribbean music and the new London jazz scene.

→ Barbican Centre. Apr 13.

Fleetmac Wood
The awesome Fleetwood Mac club night is taking over Fabric’s main room on Easter Sunday. It’s as close as you’ll get to raving with Stevie Nicks, tbh.

→ Fabric. Apr 21.

EYOE presents: Obongjayar at Bussey Building
Nigerian-born, London-based artist Obongjayar showcases his unique fusion of afrobeat and spoken word at this Peckham headline gig.

→ Bussey Building. Apr 24.

Studio 338 – Made for Summer
This Greenwich club venue boasts one of Europe’s largest outdoor terraces, so it makes sense that they’re going all in for the summer. Huge names including Sankeys and Rinse FM will be taking over the space.

→ Studio 338. May 4-Jul 27.

King Gizzard & The Lizard Wizard
The unstoppable Aussie rock band have just announced a whopping headline show in support of ‘Fishing for Fishies’, their fourteenth – yes, count ’em – studio album since 2012. Hardest working reptiles in town.

→ Alexandra Palace. Oct 5.

Shura
Hammersmith’s synth-pop queen has just dropped comeback single ‘BKLYNLDN’ – that’s ‘Brooklyn London’, FYI – ahead of a second album due later this year. This autumn hometown gig should be pretty darn FNTSTIC (sorry, fantastic).


Vampire Weekend
New York’s indie kings have recently revealed details of their first album in six years, ‘Father of the Bride’, due May 3. Now comes news of an autumn tour including this 10,000 capacity show at Ally Pally. Tickets go on sale at 10am on Friday, so make sure you’re online and fully caffeinated in time.


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London Symphony Orchestra

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THE SOCIAL ON Little Portland Street should be preparing to celebrate its twentieth birthday this year, but instead it’s facing a fight for survival.

The team behind the much-loved independent music venue and clubbing space say they have just two weeks to raise enough money – a princely £95,000 – to fend off the threat of permanent closure.

‘Rising rents and an offer to the building’s leaseholder from a cocktail and wine bar chain have put The Social under very serious threat,’ they write on a crowdfunding page. ‘The bar’s founders need to raise money to buy a controlling share in the venue from the leaseholder in order to keep The Social open.’

It almost goes without saying that losing The Social would be a major blow to live music in central London, which has already lost iconic venues including the Astoria, The Metro and Madame Jojo’s in recent years. Everyone from Adele to The Arctic Monkeys has played there over the years, and it’s also hosted literary salons, art and photography exhibitions, and countless club nights. In short: it’s an important, long-running cultural hub right in the heart of W1.

The Social’s plight is also part of a much broader problem. Mayor Sadiq Khan is so concerned about the future of grassroots music venues in the capital that he launched a campaign to support them last year. Once these kind of independent venues are gone, they tend to be gone for ever. ■ Nick Levine

Visit www.crowdfunder.co.uk/the-social to donate to the campaign.
THE THEATRE & DANCE

THE BIG REVIEW

Betrayal

★★★★★

LOOK: THERE’S a strong chance you’re reading this because you’re a Tom Hiddleston fan, so here’s something for the Tom Hiddleston fans. There is a scene in Jamie Lloyd’s production of Harold Pinter’s reverse-chronology adultery drama ‘Betrayal’ in which his character, Robert, is told by Zawe Ashton’s character Emma – his wife – that she has been having an affair with his best friend Jerry (Charlie Cox) for years. Posh, self-assured Robert’s language would suggest he is savagely sanguine about this: but Hiddleston’s eyes are heartbreakingly wet. Maybe he’s got some sort of clever trick or whatnot, but it’s a genuinely remarkable piece of acting, in a genuinely remarkable performance.

Really, though, the triumph here belongs to director Jamie Lloyd. Directing ‘Betrayal’ as the culmination of his Pinter at the Pinter season of all of the late playwright’s one-act plays, there have to be very few people alive – or indeed dead – who understand Pinter in the way Lloyd does, and it shows here. ‘Betrayal’ is notionally Pinter’s most accessible play, and is staged frequently, often in safe productions with celebrity casts. But I’ve never seen a version before that has made such sense of it for me, and has been so daring in the staging. Often it is staged literally, as a realist drama about an affair. Here, it touches on bigger questions of human nature and identity.
WHAT IS IT...
Tom Hiddleston, Zawe Ashton and Charlie Cox star in Pinter’s great play.

WHY GO...
Hiddleston is great, but it’s Jamie Lloyd’s direction that’ll blow your mind.

BOOK...
Buy tickets from timeout.com/theatre
→ Harold Pinter Theatre.

In a way that connects ‘Betrayal’ to Pinter’s earlier, stranger work, Lloyd makes it about three people who dissolve into each other, as the affair plays back from awkward end to molten start. Against Soutra Gilmour’s stark, art-gallery-like set, stunningly lit by Jon Clark, all three are always on stage. Almost every scene is a duologue, but the absent character is always physically present; the three are bound together. Usually they’re far away; but in one scene, Hiddleston’s Robert sits right next to Cox’s Jerry. Even though he doesn’t speak, he haunts them.

Picking up on stuff that is there in Pinter’s text but isn’t always seized upon by directors, Lloyd’s production blurs and intermingles the trio’s memories, dreams and identities, and in one starkly, shockingly gorgeous scene questions theaternity of Robert’s daughter while stressing she is entirely his. Hiddleston sits on a chair silently holding an uncredited child actor, a revolve erratically moving him around Emma and Jerry as they enjoy a stolen afternoon in Kilburn. It is utterly, pole-axingly beautiful.

All three actors are great: Hiddleston’s brightly brittle Robert; Ashton’s Emma, who always seems to be presenting a bright façade with a more painful truth underneath; Cox’s Jerry is the lightest and most fun – he suffers the least, which seems to be key to his instigatory role in the trio.

But it’s Lloyd’s vision for the play that burns into the mind. It feels like after absorbing countless Pinter works about queasy power plays and shifting identities that he has reached an understanding of ‘Betrayal’ that eludes most directors. That for all the chilliness of the verse, and the tragic framing of a story about people who fall out of love and friendship, there is a point in ‘Betrayal’ where we see something utopian – a relationship between three people that is beautiful and blissful and transcendent of the individual, even if those involved will never know it.

By Andrzej Lukowski
chronology reverse in live to like be would it what wonders sometimes Who

GRIEF IS THE THING
WITH FEATHERS
Cillian Murphy is the draw here, in Enda Walsh’s adaptation of Max Porter’s heart-wrenching novel.
→ Barbican Centre. Tue Mar 25–Apr 13.

ALL MY SONS
This Miller revival has the cast of the year: Sally Field, Bill Pullman, Jenna Coleman and Colin Morgan.

ROSMERSHOLM
Hayley Atwell and Tom Burke star in this little-known Ibsen, adapted by the brilliant Duncan Macmillan.

THE STARRY MESSENGER
Matthew Broderick stars as a sad astronomer in Kenneth Lonergan’s drama. Elizabeth McGovern co-stars.

BITTER WHEAT
John Malkovich stars as a Harvey Weinstein-alike media mogul in this dark farce from David Mamet.

PRESENT LAUGHTER
Andrew Scott takes the lead role in this classic Noël Coward farce about a self-absorbed light entertainer.

THE NIGHT OF
THE IGUANA
Clive Owen stars opposite Lia Williams and Anna Gunn in Tennessee Williams’s brooding drama about a troubled priest.
Theatre & Dance

The Twilight Zone ★★★★★

ANNE WASHBURN HAS a knack for taking the baffling rubble dump of modern America and turning it into an enchanted gothic castle. ‘Shipwreck’, currently playing at the Almeida, tackles Donald Trump’s presidency with black humour; her 2012 play ‘Mr Burns’ imagined a post-apocalyptic US where society is based upon half-remembered lines from ‘The Simpsons’.

In her adaptation of ‘The Twilight Zone’, the iconic sci-fi horror TV series, she remains true to the original stories while playfully acknowledging their inherent camp.

To a modern audience, used to ‘Black Mirror’, the stories feel a bit silly. An alien joins a group of strangers waiting for a bus in a storm; a little girl falls into an alternate dimension. Only two stories have any real emotional power. In one, loyalty and love are thwarted by good intentions; in another, a painfully pertinent conversation about race and identity exposes the dark heart of a friendly neighbourhood.

But the stories in ‘The Twilight Zone’ are lavishly, hilariously presented. Illusion, trompe l’œil and trickery abounds, caked in deadpan humour. The Ambassadors’ petite stage perfectly conjures a black-and-white television screen blown up to theatrical proportions. The terror has long worn off these tales, but the chuckles just keep coming. ■ Ka Bradley

Richard III ★★★★★

LONG BEFORE HIS remains were ignominiously unearthed in a Leicester car park, Richard III suffered more than his fair share of indignities. Not least Shakespeare’s virtuoso hatchet job of a history play. And John Haidar’s production for Headlong lays the villainy on thick. Tom Mothersdale is fascinatingly horrible to watch. He’s described in the text as a ‘bottled spider’, and that’s just what he becomes: creeping, lurching, calculating. When he’s given a piece of parchment telling him that the two princes in the Tower are dead, he eats it like he’s introducing a juicy bluebottle into his mouthparts.

It’s a ‘big’ performance, then – but in a space like Ally Pally’s newly reopened theatre, it needs to be. The fetchingly crumbling auditorium feels more like a gig venue, and Headlong’s production plays up to this with rock concert-style lighting, doomily amplified sound and video game flashes of red light every time Richard stabs someone on his murderous path to the crown.

Eileen Nicholas, as his mother, magnificently upbraids him from the height of the stage, as he careens and crashes through the crowd below. It’s typical of a production that revels in spectacle without ignoring its audience. Maybe there’s room for a more revisionist perspective on poor old Richard, but still, this show has a way of sucking you into its twisted vision. ■ Alice Saville

Admissions ★★★★★

WE MAY HAVE rejected chlorine-washed chicken and hormone-injected beef (for now), but it’s alarming how few controls there are to protect us from this sort of dodgy US import. ‘Admissions’, by Joshua Harmon, is a really very bad play. Perhaps in America, where Daniel Aukin’s production began, it was only quite a bad play. It is, after all, concerned with the mechanics of admission to elite US educational institutions and their relation to affirmative action, things that don’t quite tally with the Brit equivalents.

Nonetheless, even in the most forgiving light, you can surely only be so enthusiastic about ‘Admissions’, which is basically a series of wearying set-piece speeches, heavy with whataboutery, each desperately daring you to be provoked.

Sherri Rosen-Mason (Alex Kingston) is head of admissions at a US sixth-form college (or equivalent thereof). She is very hot on diversity: something tested when her son Charlie is deferred (it’s an American thing that’s not even that bad) from Yale, and is incensed that his mixed-race best friend receives an offer.

The basic point that well-off white people happily preach diversity until it actually affects them is not an unfair one. But Harmon’s take is lazy and awful. Everyone talks like they’re delivering a (terrible) stand-up set, and the humour is witlessly blunt. ■ Andrzej Lukowski

Theatre & Dance

The Twilight Zone

WHAT IS IT...
An adaptation of the classic TV series.

WHY GO...
It’s smart and funny.

BOOK...
Buy tickets at timeout.com/theatre

£19.50-£80.

Richard III

WHAT IS IT...
Shakespeare’s gory history.

WHY GO...
A thrilling take that owns the reopened Ally Pally theatre.

BOOK...
Buy tickets at timeout.com/theatre

£11-£47.

Admissions

WHAT IS IT...
‘Provocative’ comedy about US college admissions.

WHY GO...
Alex Kingston struggles valiantly in the lead role.

BOOK...
Buy tickets at timeout.com/theatre

£15-£60.

More theatre fun at timeout.com/theatre

Time Out London March 19 – 25 2019 82
NEW SHOWS
THE HOTTEST THEATRE OPENINGS THIS WEEK

WEST END
Don Quijote
Carlos Acosta’s flashy, fiery staging of Petipa’s ballet classic.
→ Royal Opera House. £93–£120.

Downstate
This spectacularly provocative-sounding show from ‘Clybourne Park’ playwright Bruce Norris is set in a community of convicted sex offenders.
→ National Theatre, Dorfman. £15.58.

Emilia
Morgan Lloyd Malcolm’s rabble-rousing feminist show hits the West End.
→ Vaudeville Theatre.

I Am A Strange Loop
An experimental show inspired by the wonders of 3D space.
→ Barbican Centre.

Pepperland
Mark Morris’s dance take on The Beatles’ trippy classic ‘Sgt Pepper’.
→ Sadler’s Wells. £15–£55.

The Bay at Nice
David Hare’s arty drama gets its first London outing since its 1986 premiere, starring Penelope Wilton and ‘W1A’ star Ophelia Lovibond.
→ Menier Chocolate Factory. £37.50–£42.50, £35 concs.

High Rise Estate of Mind
A beatboxing, MCing trip through social housing inequality.
→ Battersea Arts Centre. Clapham Junction rail.

Off-West End
The Life I Lead
A new comedy about David Tomlinson (aka Mr Banks in ‘Mary Poppins’) starring Miles Jupp.
→ Park Theatre. £18.50–£23.50 concs.

Mary’s Babies
Maud Dromgoole’s tale of a fertility pioneer who created hundreds of half-siblings.
→ Jermyn Street Theatre. £37.50–£18, £5–£9 concs.

My White Best Friend
Writers of colour pen letters that explore unspoken truths about race and friendship.
→ Bunker Theatre. £10.

The Merry Widow
Opera’s greatest romcom
Until 13 April at London Coliseum
Tickets from £12 plus booking fee at eno.org

The Phlebotomist
Elia Road’s futuristic drama returns.
→ Hampstead Theatre. £10–£37.

Random Selfies
Smartphone-inspired fun for older kids.
→ Ovalhouse. £10. £7 under-16s.

Wolffie
Rising stars Erin Doherty and Sophie Melville play a pair of separated-at-birth twins in Ross Willis’s debut play, which explores the UK’s care system.

TOP-SELLING TICKETS
AT TIMEOUT.COM/TICKETS

1 Betrayal
Tom Hiddleston stars in Pinter’s adultery drama.
→ Harold Pinter Theatre. Until Jun 1.

2 Home, I’m Darling
Katherine Parkinson sports some very nice Canadians.

3 Waitress
Sara Bareilles’ diner-set musical is as nice as pie.

4 Come from Away
The smash-hit musical about some very nice Canadians.

5 Wicked
Witches, magic, hit tunes: what more do you want?
→ Apollo Victoria. Until May 25.

FOR TICKETS TO THE BEST SHOWS AT GREAT PRICES
TIMEOUT.COM/TICKETS

More London theatre listings at timeout.com/theatre
STAY AWAY FROM Ealing if you’ve got body image issues, because Anish Kapoor has made it bloody impossible to escape your reflection. In the newly refurbed Pitzhanger Manor, architect Sir John Soane’s one-time country pad, Kapoor has built a world of polished metal; a hall of mirrors that twists, turns, distends and flips the viewer. Not a good place to go if you haven’t had your beauty sleep.

The two bright gallery spaces are filled with mirror works: globes, discs, cubes and squares polished to glistening perfection. You, the viewer, are in every single one.

Three works along one wall are in gradients of red and green. Your reflection is inverted until you get close enough that it snaps back the right way around. The curves of each disc echo your words and breathing. It’s totally disorientating, and so overwhelming it almost leaves you with motion sickness.

You get sucked even further into the globe works. There are interior worlds in there, like the world’s fanciest Magic 8 Balls, except instead of ‘signs point to yes’ or ‘so it shall be’ it’s just your own damn face. Terrifying, Kapoor is wringing every visual trick he can out of these reflective surfaces. The end result is halfway between minimalist sculpture, an MC Escher drawing and a circus sideshow.

You can, if you want, read a lot into these shiny works. There are ideas about celestial bodies, the contrast between interiority and exteriority and nods to early Flemish painting, but for me, the

Anish Kapoor
Three great new shows

**Anthea Hamilton: ‘The Prude’**
The Turner Prize-nominee brings a wall that looks like battenberg cake and giant butterflies to central London. It’s just as much fun as it looks.


**David Salle: ‘Musicality and Humour’**
Silly cartoons, bawdy humour and advertising imagery: it sounds silly, but Salle is a master of visual composition, and these are brilliant paintings.


**‘Sorolla: Spanish Master of Light’**
Joaquin Sorolla’s a big deal in Spain, but little known in the UK. That’s about to change with this neat show of portraiture, landscapes, social painting and dazzling sea scenes.


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**WHAT IS IT...**
A whole load of really shiny things in a fancy manor house.

**WHY GO...**
Kapoor knows how to discombobulate you with art. In a good way.


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By Eddy Frankel
Who clearly hasn’t looked in a mirror for far too long.
Jonathan Horowitz: ‘Pre-Fall ’17’

JONATHAN HOROWITZ will mess you up. By the time you walk out of the American artist’s show at Sadie Coles, you won’t be able to distinguish between Trump, Gucci, Coca Cola and the Me Too movement, because Horowitz sees all of it as an exercise in branding, the weaponisation of symbols.

His four-screen video says it best. One screen shows Trump confidante/immortal gargoyle Kellyanne Conway looking like a grade-A plonker on Inauguration Day in a ludicrous Gucci coat. Another shows the all-white-models Gucci runway show where the coat debuted. So far, so clear: you get it – Gucci is deep in the pocket of alt-right new America, yadda, yadda, yadda. Hell, it’s even got a shop in Trump Tower, right?

But the other two screens complicate matters. One shows young black people dancing to northern soul in a Gucci ad, another shows clips from Beyoncé and Jay-Z’s ‘Apeshit’ video, with the duo performing in front of the priceless masterpieces of the Louvre, draped head to toe in luxury clothes and jewellery.

So many complicated things are happening at once. Luxury clothing is used by the alt right and by prominent black celebrities to symbolise the same things from different angles, while the brands themselves are in turn using and manipulating those groups of people to grow their visibility. The people want signifiers of success, and the brands want money. They want right-wing money, they want identity-politics money, it doesn’t matter to them.

It’s a ceaseless cycle of appropriation and reappropriation, of celebrities and brands as interchangeable subjects that turn symbols into weapons: and we, the consumer, are the target.

To ram it home, along the wall next to the video piece hangs a giant yellow raised-fist emoji, followed by its skin-tone variations, the universal symbol of armchair social media resistance. It’s picking your identity according to brand guidelines.

The final work converts the huge gallery space into a velvet-lined cinema, with the names of Harvey Weinstein’s 87 accusers scrolling past in credits as if they’ve just starred in the film of the year, not exposed a horrifying abuse of power. It brilliantly blurs lines of intention and authenticity.

Throughout this genuinely excellent exhibition, Horowitz picks at the scabs of our consumerist society. In the process, he exposes a wound that’s festering with brands, movements and celebrities, and writhing with hypocrisy.

Eddy Frankel

WHAT IS IT...
Contemporary art that expertly attacks consumerism.

WHY GO...
It’s complicated work, but it’s seriously rewarding.

➔ Sadie Coles HQ.
✔ Oxford Circus.
Until Apr 6. Free.

Find more shows to see at timeout.com/art
‘12:51’, IN CASE you’re wondering, is a song by The Strokes. It’s not the smartest name for a restaurant: people either think it’s the street address, or don’t spot the colon and wonder if it relates to a key historical date. Like 1066, or 1945. But almost everything else about this unassuming little Islington spot is terrific.

The food is near-flawless. It’s by James Cochran (ex-Ledbury, ex-Harwood Arms), who briefly ran a City spot with his name above the door but is now flying fully solo. And there’s a confidence to the cooking that comes with real independence. Flavours are Brit-with-a-kick – a nod to his Scottish and Caribbean roots – the composition exciting and complex, but never OTT.

There was a stack of chive-flecked jerusalem artichoke chunks: meaty, moreish and assembled with the skill of a master bricklayer. On top, a foamy, fluffy mass of smoked egg-mayo, punctuated – like tiny lyres accidentally dropped on to a fluffy cloud – by crunchy golden artichoke shards. It was one of the most satisfying veggie dishes I’d had in some time. We were equally blown away by a meaty croquette of shredded then breaded goat. It was juicy, dense and topped with a splodge of scotch-bonnet jam, for proper va-va-voom. Get several.

It went on. There was a savagely good plate of roast venison, the thin, pink-middled slices idling in a puddle of jus and flanked by tiny, thoughtful interruptions, each more delicious than the next: from delicately tangy pickled shimeji mushrooms to syrupy blobs of celeriac purée, or a rubble-like pile of walnut-and-pancetta crumb.

Only one dish – a bowl of rich-but-too-salty mussels – was a blip. But all was forgiven when dessert arrived.

Let’s just say that a banana-and-yoghurt-knickerbocker glory tasted as good as it sounds: banoffee giving way to sour froth, then dark caramel, chewy banana bread and Christmassy spices.

If you think this food sounds like it belongs in some table-clothed Michelin-starred joint, you’d be right. But what’s great about 12:51 is how utterly casual it is. It’s a small, humble room, with vinyl sleeves on the walls, scuffed-up tables and a laidback, vibey soundtrack (De La Soul, Lil’ Jazzy Jay). Hard up? Go in the day. In a world where ‘set lunch’ usually means chicken or salmon, 12:51 is open access, letting you pick five small plates off a list near-identical to the standard à la carte.

Only the irritating online booking process (which must surely cost them business) stands in your way. So pick up the phone (I know, I know, it’s 2019 and we don’t do that), and lock down that table. At just £15, it’s the best destination set lunch in town. And dinner’s not bad, neither.

Dinner for two with drinks and service: around £120.

By Tania Ballantine
Who would quite like to sit on a cloud of smoked egg-mayo, playing her lyre.
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Going out? Try here.

RUYA SAYS:
‘Indulge in a Mother’s Day treat with great Anatolian cuisine and over 240 wines to choose from. Celebrate in style over lunch or dinner with live music from the resident DJ, plus, to make the day even more memorable, all mums will receive a small gift from Ruya on the day.’
30 Upper Grosvenor St, W1K 7PH.

DRAGON INN CLUB SAYS:
‘This secret hideaway, featuring authentic décor, recreates the journey of the Silk Road. Pop into the open kitchen on the ground floor for signature dim sum, Sichuan noodles or small plates. Downstairs, enjoy a drink at the cocktail bar and eat in the “Dragon Room” or the hotspot “Temple Room”.
16-18 Upper Tachbrook St, SW1V 1SH.

FEST CAMDEN SAYS:
‘FEST Camden is a new venue in the 200-year-old horse hospital at Camden Stables Market. Offering a mix of indoor and outdoor entertainment, from cocktails to cabaret and dancing to dining, the historic venue has a genuine charm that reflects this multicultural area.’
Stables Market, Chalk Farm Rd, NW1 8AH.

PUNCH ROOM SAYS:
‘Head to Punch Room at The London EDITION for cocktail masterclasses (every Friday and Saturday, 2pm-4pm) and became the most popular person at any party. Learn how to mix the perfect punch and taste five of the venue’s signature cocktails. Book today!’
The London EDITION Hotel, 10 Berners St, W1T 3NP.
Upstairs at The French House

49 Dean St, W1D 5BG. © Leicester Square.

AH, ‘THE FRENCH’: one of the last true vestiges of boozy Old Soho, and a long-time retreat for literary sops and oddball locals. Its teeny upstairs dining room – festooned with black-and-white pictures of salty old geezers – is no less storied than the drinking den below, in part because it’s where Fergus and Margot Henderson first clanked pans in the early ’90s, before peeling off to do St John and Rochelle Canteen, respectively.

The kitchen has recently been taken over by Neil Borthwick, late of Merchants Tavern in Shoreditch. A true chef’s chef, his menu of French and British fare is seasonal, gutsy and stripped-back. Picking highlights is tough, but the starters won out (though a hulking lamb chop main was a wintry triumph, served with earthy chard and turnip). There were smooth, satisfying things on toast: first, a slick of goat’s cheese topped with melty confit bulbs of garlic to smooth across; then, some blinding smoked cod’s roe – God’s own tarama – with fat radishes and sharply dressed leaves flecked with silvers of black olive. Finest of all were nuggets of cloud-light, blancmange-smooth calf’s brains, fried and doused in brown butter, and strung with capers and parsley: a wickedly rich morass of brown. We finished with a textbook paris-brest – a chocolate-drenched, hazelnut-spiked, doughnut-shaped profiterole on steroids – and a cheeseboard dominated by a potent ossau-iraty.

The service, too, was faultless – our waiter left that cheeseboard on the table and had us holler when we were done with it, a move that was both generous and highly reckless.

In short, it was brilliant. Borthwick’s cooking is practically cutting-edge in its aversion to artsy flourishes and Insta-baiting faff, and is all the more marvellous for it. The only way, it transpires, is up(stairs).

Series

The Swing

77 Mill Lane, NW6 1NB. © West Hampstead.

WHAT IS IT...
A British-French dining room above an iconic Old Soho boozer.

WHY GO...
For the calf’s brains – a hyper-rich hit of fried offal.

The Swing

77 Mill Lane, NW6 1NB. © West Hampstead.

WHAT IS IT...
A cozy pan-Asian tapas joint in West Hampstead.

WHY GO...
For inventive sharing plates, such as hoisin-slathered mock duck.

TUCKED AWAY OFF West Hampstead’s main drag, this pan-Asian small-plates restaurant has everything you’d want from a neighbourhood hangout: a relaxed vibe, welcoming owner and cozy interior. With a mix of high and low tables crammed in around a bar, mood lighting and a floral wall mural, it’s all tastefully done.

The compact menu features plenty of veggie options, the star being the mock duck, covered in hoisin sauce and pressed into a fluffy bao bun with spring onion and chives. Also good was the Korean cauliflower – bite-sized crunchy pieces slick with chilli sauce – and succulent lamb chops, dripping with sweet and salty den miso paste. But there were disappointments too. Like lamb katsu croquettes, which though meaty, didn’t have any of the katsu flavour promised. And a brioche-based bhaji ‘slider’ with curried veg (but no top) that was impossible to eat without spilling. It was the same story with the beef version. Desserts, like the burnt clementine crème brûlée bathed in tangy syrup, or poached sake pears on honeyed yoghurt, saved the day.

We weren’t hurried to leave, although our waitress was sometimes difficult to pin down. Still, The Swing must be getting into the swing of things: it’s expanding into next door. ■ Kavi Shah

Dinner for two with drinks and service: around £105.
Jolene

> 21 Newington Green, N16 9PU.
Canonbury Overground.

FROM THE FOLKS behind Primeur and Westerns Laundry, Jolene is a supremely beautiful restaurant in a quiet spot opposite the park in Newington Green. Everything about it evokes romance: the candle-lit tables, the warehouse-style space with its long, classily bar, the dimly lit lofts that smell of cinnamon. In the daytime, it’s a low-key brunch spot and bakery. Come evening, the blackboards are wiped and replaced with a small-plates menu: fresh pasta, rustic hunks of meats, cheese to finish.

Flour is milled and bread is baked in-house. You can see the chef’s baking skills in many of the dishes. Desserts, in particular, were outstanding. In a story of two tarts, we adored the flourless chocolate number, which was soft and beautifully gooey, but also loved its lighter pear and almond cousin. Other dishes throughout the evening were equally spectacular: a simple starter of milky, messy mozzarella with artichokes and black olives, then two plates of silky pasta (beef-cheek pappardelle, chard-and-ricotta ravioli). It wasn’t all perfect (a mackerel main course was a little tough and the bitter greens were just too bitter), but most of it was sublime, simple food; with prices that belied the quality.

There are lots of restaurants in London doing similar, brilliant things, but after I left, I just couldn’t stop thinking about it. Jolene is one of those perfect, low-key options for almost every occasion, whether it’s a weeknight supper, business meeting, or even that dreaded first date. The atmosphere just might work its magic.

WHAT IS IT...
An all-day bakery, restaurant and bar in Newington Green.

WHY GO...
For just-baked bread and bucketloads of ambience.

EXCLUSIVE
Treat yourself to afternoon tea and two gin cocktails for 57 percent less at The Pad with our exclusive offer. Now just £39.

TIMEOUT.COM/PAD

Swap office food for good food

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City Pantry
Drink

Edited by Laura Richards
timeout.com/bars @timeoutatdrink

Hackney Church Brew Co

→ 16-17 Bohemia Place, E8 1DU. Hackney Central Overground.

This Polished Brewpub
under a Hackney railway arch is also opposite St John at Hackney churchyard (hence the name), a lovely spot to hang out in when it’s sunny. The brewery bar now rivals that, with a big beer garden out the back that’s packed with seating. Come summertime, it’ll be heaving – just you wait. The garden more than makes up for what is a slightly gloomy – if classy – interior, with dark walls and a black ceiling.

There were 11 beers available on tap on my visit, with just under half of them brewed in the adjoining railway arch. Most beers (bar one rich, chocolately stout) can be filed under the ‘supremely sessionable’ category: crisp, clean and bright, these are the type of easy-drinking bevies you could accidentally end up smashing far too many of in an afternoon. I particularly liked the IPA – lightly sweet and fruity, but not overpowering – and a crisp lager, which had a brilliantly clean finish.

Guest chefs take turns with kitchen residencies, and so the menu changes every few months. Fire specialists Lagom were running the show on my visit, serving up their roasted meat and veggies, seasonal salads and steak sandwiches on sourdough (the meat came rare, juicy and delicious).

If you’re in Hackney and need somewhere slightly fancier than the local pub – or the churchyard, for that matter – to while away an afternoon, give Hackney Church Brew Co and its ever-so-easygoing beers a try. ■ Kelly Pigram

Bar of the Week

What Is It...
A railway arch-turned-bar from Hackney Church Brew Co.

Why Go...
To while away an afternoon sampling beers made for the sesh.

Three of the Best

Blossom bars

A clutch of London bars are about to get gorgeous, with installations inspired by Japan’s cherry blossom festival

Shochu Lounge
The stylish bar under Roka restaurant is teaming up with House of Suntory to bring three permanent and seriously pretty pink trees into the space. Cocktails will include a Sakura Sour and a Hibiscus Fizz, Kanpai! → 37 Charlotte St, W1T 1RR. ☛ Goodge St. From Mar 26.

Mei Ume
Channelling some hanami realness, the bar at this Japanese restaurant will be adorned with petals and the twisting boughs of a blossom tree. Settle under its canopy for a cocktail featuring Roku gin and yuzu juice. → 10 Trinity Square, EC3N 4AJ. ☛ Tower Hill.

Sexy Fish
You’ll have to sashay through a striking, blossom-filled infinity mirror to get to the bar. Indulge in drinks inspired by the season, from a Skinny Sakura to a Blossom Highball made with Chita whisky and Darjeeling tea. → Berkeley Square House, W1J 6BR. ☛ Green Park.

Why we love the rain in Yorkshire

Taylor’s brewery sits upon The Knowle Spring, the unique source of water we use to brew our beers. This pure and consistent spring water is one of the reasons we’re able to brew beer of such reliable quality and taste. It has filtered through layers of sandstone and black rock, creating the special mineral qualities that marry perfectly with our Golden Promise barley malt. This unique combination is the foundation of the complex flavour and subtlety of Landlord. And it begins with rain falling upon the Yorkshire hills. That’s why we’re always happiest when it pours.

All for that taste of Taylor’s

Blooming great drinks at timeout.com/bars

91

March 12 – 18 2019 Time Out London
NO PEAK
FARES on
Friday afternoons!

HAVE A WEEKEND
AS LONG AS
THIS GUY!

HE’S 2.5
DAYS LONG

NO FRIDAY PEAK FARES (15:01 - 18:44) FROM LONDON EUSTON
**A perfect day in**

**Snowdonia**

**Rugged hills, aerial thrills and hearty grub**

**NORTH WALES’S CRAGGY** peaks and lonely lakes are a tonic at any time of year, but they’re loveliest in spring: wildflowers carpet the woodlands, waterfalls thunder and the grass grows on sunny days. Half a million people climb Mount Snowdon every year, but it’s easy to escape the crowds and walks range from soothing ambles to tough hill trails. When it pours (there’s a reason these hills are so green), take cover in quirky cafés and cosy pubs.

**First up**

**Moel Siabod Café** in Capel Curig is a one-stop shop for hungry hikers: big breakfasts, packed lunches, lardy cakes, maps and free advice from the friendly owners. Beddgelert’s **Caffi Gwynant** serves gorgeous brunches in a converted chapel.

**Go on an adventure**

**Zip World** has transformed a disused slate quarry and mine into playgrounds. Hurtle head first down the world’s fastest zip line at **Pentyn Quarry** or scale underground waterfalls and test out the world’s deepest zip line on **Go Below’s caving trips**.

**Stop for lunch**

Eat at **Olif** in Betws-y-Coed for Welsh tapas and towering burgers. Try the fiery Y Ddraig Goch (Red Dragon) burger, topped with Snowdonia Red Devil cheddar. **Hangin’ Pizzeria** does a delicious crispy, wood-fired welsh rarebit pizza.

**Soak up the vibes**

The **Snowdonia Sherpa** bus transports ramblers between villages and trailheads. Hop off at **Ogwen Cottage**, the starting point for two glorious walks: a challenging trek to **Llyn Idwal**, a crystal-clear lake surrounded by hulking cliffs; and a stroll around **Llyn Ogwen** – King Arthur’s sword Excalibur is said to lie at the bottom of its lonely waters.

**Drink like a local**

Plenty of historic pubs stock North Wales’s new craft beers, but check out the gin list too. Snowdonia boasts several distilleries including the award-winning **Aber Falls**, which does tours and tastings. Step back in time with a pint of real ale at the **Pen-y-Gwyrd Hotel**, a memorabilia-filled inn at the foot of Snowdon. **Claire Webb**

**IF YOU ONLY DO ONE THING**

Spy Ireland, Scotland and the Isle of Man from Mount Snowdon’s 1,085-metre summit. A dinky century-old train pootles up it several times a day, but that top-of-the-world feeling is even better when you’ve hiked up. For the most dramatic views, take the steep Llwybr Pyg (Pig Track) up, past glassy lakes and rocky ridges.

**WAKE UP HERE**

**The Rocks**

The phrase ‘five-star hostel’ sounds like a contradiction until you visit The Rocks at Plas Curig. It has everything you expect from a hostel – dorms, a huge self-catering kitchen, even a drying room for damp boots – but the aesthetic is more boutique hotel, with snug corners, a wood-burning stove, an excellent selection of local ales and a firepit for balmy nights. Each bunkbed has its own curtain and bedside lamp so you can cocoon yourself. Hike straight out the door in the morning – the hostel sits in the shadow of Moel Siabod, one of Snowdonia’s most scenic peaks. At the end of the day, watch the sun set behind Mount Snowdon. **Claire Webb**

> Get there: three hours by train from London Euston to Llandudno Junction then taxi or bus; around five hours by car.

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**SOMETHING YOU WANT** to get off your chest? In the countdown to Brexit there’s been a lot to say, or shout, or post about on the internet. But now there’s an altogether more cultural way to express your woes.

Artist Joe Sweeney is collecting an archive of public opinion as we prepare to leave the EU. His artwork is made up of messages left by members of the public at this [insert your own adjective here] time in our country’s history. Add your thoughts, feelings and opinions by dialling in on the project’s website.

If you’re not sure what to say, head to the barren wilds of Dungeness beach in Kent to reflect. You’ll find a sculpture of a ‘90s-style phone box that Sweeney has installed there, at the UK’s most south-easterly point. The sculpture will be on the beach until midnight on March 28 (which, at the time of writing, was the start of B-day). ■ Ellie Walker-Arnott

www.leaveamessage4europe.com

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**TRENDING**

**Indoor camping**

**WE LOVE THE** idea of camping, but not the unpredictable weather or the creepy crawlies. There’s glamping, but sometimes it takes more than a posh yurt and a bit of bunting to get city folk to sleep under canvas. Cue indoor camping: the perfect solution for anyone who’s timid about tents.

Camp overnight inside actual churches around the UK, thanks to The Churches Conservation Trust. **Champing** includes camp beds, lanterns and, in some cases, breakfast. **Towed Town Camping** in Bristol is a kitsch caravan park inside a city centre warehouse. Think cute vintage trailers, electric heaters, fake lawns with picnic benches and a communal camping atmosphere.

For a more rural, faux-camping experience, book **Ty Cwch Boathouse** to kip in a souped-up stack of shipping containers on the Welsh coastal path, right by the beach. Zero tent pegs required. ■ Lucy Lovell

Champing. From £40 a night. www.champing.co.uk.


Ty Cwch Boathouse. From £120 a night. www.tycwch-cwmtydu-boathouse.wales

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**THREE OF THE BEST**

**Car-free places**

**Easdale Island** Argyll

Picturesque Easdale off the west coast of Scotland boasts 71 houses, 30 residents, one pub and not a single car. Access is via a ten-person ferry, which must get crowded come the World Stone Skimming Championships: the only family-friendly competition we know of that features an ‘old tosser’ category.

**Clovelly** Devon

Hanging baskets, ancient pubs and boats bobbing in the harbour – Clovelly ticks every seaside fishing village box. No cars are allowed due to its steep, narrow cobbled streets which are tricky enough to navigate on foot. Donkeys used to lug tourists up the hills, but have since retired (boy did they earn it). ■ Lucy Lovell

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