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This week's Time Out
in no time at all

Midsummer daze

A river stroll, a night market, an Aztec flower carpet... how will *you* mark the summer solstice on Friday?

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Being you know who...

John Malkovich is a lecherous movie mogul (again, you know who) in David Mamet's new play 'Bitter Wheat'

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'Toy Story 4'

Almost ten years on from 'TS3', Woody and the gang are back (with some existential cutlery)

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STEVE MIDDLE/LENSCAP PHOTOGRAPHY/PICTAIR, MANUEL MARLAN, PIXAR



Art Night 2019

This Saturday the big, bold contemporary art fest is invading spaces around King's Cross and Walthamstow. And it's all free

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Bada bing bada bao

Drop by Bao & Bing in Marylebone for a dan bing (think Taiwanese breakfast burrito). Chase it with a Yakult cocktail?!

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Hello, London

Caroline McGinn
Global Editor-in-Chief
@carolinemcginn



How weird must it be to be Andrew Scott? He's been one of our most compelling actors for a decade. His Hamlet ruled the West End. He scared Middle England to death as Moriarty in 'Sherlock'. He even once portrayed Paul McCartney in a bizarre fright wig. Then he played *that* priest and the internet got seriously thirsty. Now he's back on stage in London, in a semi-autobiographical sex comedy by Noël Coward at the Old Vic. We caught up with him (p26) and got the lowdown on fame, 'Fleabag' and foxes. Gin in a tin, anyone?

YOU SAID IT

What you've been rating and hating online

Last week we shared our Film editor's list of 100 must-see movies. We're not entirely sure what this reader can possibly mean, though. Is that even a thing? **'Whoever wrote that list has the movie equivalent of Tourette's.'**
Derek B via Facebook

You lot were absolutely cock-a-hoop to hear that London gin-maker Sipsmith is launching a premium ginny tinny just in time for summer. The basic concept alone blew one reader's mind (Becky, where've you *been*?).

'Ready-made G&Ts? We need these!'
Becky G via Facebook

The Natural History Museum's six-metre-wide sculpture of the moon is still wowing one and all – probably because earth's satellite is so iconic. You couldn't mistake it for anything else... right, Mark? **'What part of Mars is this on?'**
Mark TR via Facebook

We sent one of our writers to try out a VR experience where you fight zombies, climb mountains and go exploring with a mouse (the squeaking, cheese-eating kind, not the computer variety). Eyeore, sorry Iain, thought it was all a bit prosaic. **'Sounds like work.'**
Iain B via Facebook

COMMENT OF THE WEEK

We reported last week that Bethnal Green's much-loved gasholders are under threat of demolition by developers. Mr Stanford here has no doubt who's responsible. **'You've changed your tune. You are usually all in favour of old working-class London being ruined by gentrifiers who want to open a bar, club or dining experience, with the cost of a night out being the weekly wage of a key worker.'**
@Mr_PJ_Stanford via Twitter

Not at all. We love industrial London as much as we love a sleek new bar. We love cheap eats as much as the finest dining. We love free stuff, and we love YOU. So there.

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City life

Edited by James Manning
@timeoutlondon

Come together

WE ALL KNOW London can be lonely. Loads of us live a long way from family and friends; most of us are insanely busy (or at least pretending to be); and an unofficial law means that anyone caught talking to a stranger on public transport is legally obliged to board the next train to Cockfosters and have a good long think about what they've done (unless there's a dog in the carriage, then fair play). But does it have to be this way? What if we could just meet up, chat with some people we don't know, have a lovely time together and maybe form some lasting friendships? That's not some zany utopian vision: it's the idea behind the annual Great Get Together, founded by the Jo Cox Foundation. This weekend, join one of dozens of street parties, picnics and meet-ups taking place right across Greater London – including Bankside's enormous community festival on Sunday – and help make our city a tiny bit less isolating. Fondant fancy? Don't mind if I do. ■

James Manning

→ Find a Great Get Together event near you:

www.greatgettogether.org/find



THE ESSENTIALS

Three things you have to do this week



Do this

Mark 71 years since the arrival of the Windrush with African and Caribbean food plus free talks, portraits and screenings – all at Somerset House's **Generation Get Up! Weekend**.



Eat this

London's gourmet pizza mini-chain **Homeslice** turns six this month! Try its six deluxe birthday pizzas across its six branches, and you can go back and get your favourite again for free.



Book this

Get cultured after hours this summer at the **Cos x Serpentine Park Nights**, with artists staging boundary-pushing live works in the Serpentine Pavilion. Book from Thu Jun 20.

MOST GOOGLED Why is London called London?



SOME PRONOUNCE IT 'Lundun', others 'Lahndahn' – but one thing we seem to share (according to Google autocomplete, anyway) is a need to learn where our city's name actually came from in the first place.

Legend suggests it's named after the ancient dragon-slaying King Lud. Sadly, that's not true (the bit about dragons probably gave that away). In fact it was the Romans, pitching up in AD 43 looking for a place to cross the Thames, who decided to establish a fort and town called 'Londinium'. In 2016, archaeologists in the City of London discovered the earliest record of the capital's Roman name, written on a tablet dating from AD 57.

But how did the Romans come up with the name? Er, nobody knows – according to Mike Paterson, director of London Historians. But a common theory is that it derives from a Celtic name for the area



based on the word 'lond', meaning 'wild' – which would have been a good descriptor for our (far grassier) capital a thousand-odd years ago.

Although the Romans buggered off in about AD 400, London's name didn't die. Paterson adds that when the Anglo Saxons resettled the area near Aldwych in the early seventh century, they named it 'Lundenwic': a variation on the Roman name that meant 'London trading town'.

The name then evolved into both 'Lundin' and 'Lunden', before some funky medieval handwriting turned the 'U' and 'T' into two 'O's by Shakespeare's day.

Our city has lived so many lives that it's not surprising it took some time to arrive at its world-famous name. Still, we got there in the end. London, baby! ■ *Thomas Hobbs*

SHUTTERSTOCK

Learn loads more about London's past at timeout.com/history

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THINGS YOU
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KNOW**
IF YOU'RE A...

London Zoo keeper

David Waite, 26

Mongoose love perfume

'We work with a plethora of animals here, each with their own likes and dislikes. A great example is our narrow-striped mongooses: they love perfume. We spray it around the enclosures and that encourages the mongooses to scent-mark – behaviour that they'd do naturally in the wild. They don't have expensive tastes, though: the cheapest perfumes are their favourites.'

Monkeys have an incredible aim

'The black-and-white colobus monkeys are notorious for peeing on keepers, including me. Some of the monkeys have such a good aim that it feels like they do it on purpose. They've actually peed in my wellie boot before.'

The zoo scene is a small world

'When I was five years old, my mum and dad worked at Belfast Zoo and there was a baby gorilla born called Kumbuka, who later went to a zoo in Germany. Well, when I first started at ZSL, the zoo had recently moved in a new gorilla as part of the European breeding

programme – and it was Kumbuka! So we've come full circle: Kumbuka and I were both born in Belfast, and now we're both here in London.'

Interacting with animals can make visitors change their ways

'We engage with people on a day-to-day basis, especially with the younger generation, and try to inspire them to make the right decisions and think about animals more. You could rethink buying that chocolate bar that contains unsustainable palm oil, or that table made of tropical hardwood, which originates from the forests in Cameroon where we found our gorilla. Those decisions could be crucial to animals just like the ones you see in the zoo.' ■

Interview by Alim Kheraj

→ www.zsl.org/zsl-london-zoo

WORD ON THE STREET

The most ridiculous
things we've
overheard in
London this week

'Who touches other
people's body parts
nowadays?'

'Never trust a person
who doesn't use
apostrophes.'

'We named her Stella.
Yeah, after the lager.'

'I can't drink merlot
because it reminds
me of church.'

'I've got a geography
A level and some
colouring pencils.
Get it done.'

'I think I'm going to
get a hair transplant
on my legs.'

'I made a Nick Jonas
Facebook account
and married it.'

'I want sacred love –
I don't want dick pics.'

'Come on, babe, let's
pick out your butt plug.'

'I can tell she's a
lesbian because
she eats kiwi fruit
with the skin on.'

'I was so drunk last
night I went home
with a Zone 5.'

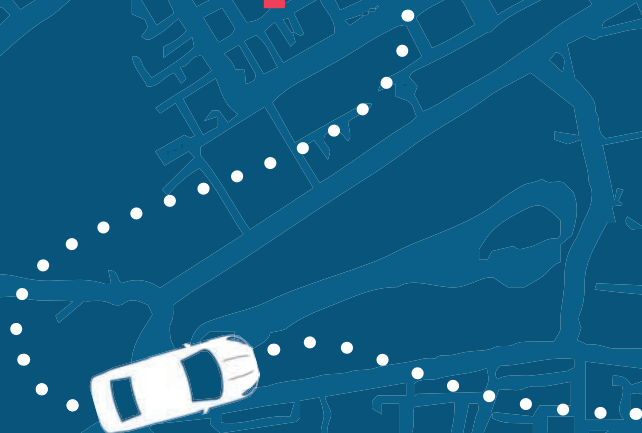
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MY LONDON STORY



Wayne Kirven

Style icon for 60 years and counting

SOMEONE ONCE SAID to me, 'If you're not good looking, you've got to care about your clothes.' And as I'm not particularly good looking, I've always cared about clothes!

I was born in 1945 in Mile End Hospital, and at first we lived with my grandfather in Globe Road, Bethnal Green. But then we moved out to Essex, which I hated. Every Saturday I'd get a bus or tube back into London to hang around at the Whitechapel Waste, which was a big secondhand market around the back of Whitechapel tube.

While I was there, I always went to the shop Paul for Music, which stocked rare records imported from the US. I was only about 13, but that shop made an impression on me: you'd see these incredible people outside. I was in awe of the way they looked and their taste in clothes. So I started going where all these older people went: Barry's Ballroom, off the Narrow Way in Hackney.

Barry's had initially been popular among smart Italians, but soon all the English guys were going there, too. It was my entry into the world of the modernist – this was before the term 'mods' was around.

At around this time, I started getting into clothes. I used to go to this guy called Flash, who was making shirts for people like Frank Sinatra and all the Jewish guys from the East End. I began working at a clothes shop called Sportique in Soho, which had been set up by the designer John Michael Ingram. Then I got a job with the tailors Hector Powe, who made stuff for the French designer Pierre Cardin – The Beatles wore his suits.

That whole period, between '62 and '64, really influenced me, and I started meeting likeminded people. These were the guys that began what became known as 'Swinging London'. I was interviewed for *Town* magazine with a few friends of mine including Mark Feld, later known as Marc Bolan.

I'll be honest: when Carnaby Street hit, it was the end. It brought that 'Quadrophenia' look to Soho – scooters with 200 mirrors – and by then we'd moved on. We liked jazz and bluebeat as much as rhythm and blues. But the guys that came in from the suburbs liked rock 'n' roll and shopped in Carnaby. By

the '70s it was dead, and we all went to King's Road for something new.

I spent a few years flogging ties for people like Saint Laurent and Dolce & Gabbana. But after a while I gave that up, opened my own men's clothes shop – Firma in Buckhurst Hill – and started a family.

I'm 73 now and retired. Well, when I say "retired", I mean I still DJ, I design for a raincoat company, and I recently released my first record, a cover of Jack Scott's 1978 song 'The Way I Walk'. I still spend at least four days a week in central London for one reason or another.

London has always been about clothes, but throughout the '50s, '60s and '70s, people really got fashion. The people of the city have changed since then – I would say that if you have to look at a map to find out where Burnt Oak is, you're not a Londoner! But the spirit of the city hasn't gone away. Its character is still here. It just needs to try and keep it alive. ■ *Interview by Joseph Gamp*
→ 'The Way I Walk' is available to stream on YouTube. Follow Wayne Kirven at www.instagram.com/waynefrombuckhursthill.

'London has always been about clothes'

Tastes as good as it looks.

NEW

Salted Caramel
Iced Latte



Iced Latte

COSTA
COFFEE

LONDON EYE

The Travellers who live under the Westway



← Paul Wenham-Clarke was invited to photograph the Traveller community by long-standing resident Pat O'Donnell. His first opportunity to do so was at the christening of Pat's nephew Terry, pictured here with his older cousins.

↓ The community under the Westway keeps horses. There was a horse-riding school here for many years, but it has now closed and the land on which it stood is due to be redeveloped.



→ As devout Catholics, Travellers often marry young and have large families.



FOR MOST LONDONERS, the Westway is just a drab stretch of dual carriageway leapfrogging west London. But for one tiny group of people, it's much more than that: it's home.

Situated directly underneath the A40 near Latimer Road tube station in North Kensington, Stable Way has been a designated Traveller site since 1976, and now houses around 20 Irish Traveller families. Photographer Paul Wenham-Clarke set out to document the community here after noticing their caravans on his daily commute. Wary of wider society's hostility towards Travellers, he spent months gaining their trust before he was invited to photograph them as they came together to celebrate christenings, weddings, birthdays and anniversaries.

The resulting photographs are an intimate portrait of a close-knit community. The group's cultural identity and way of life seem precarious in a rapidly gentrifying city. But the Travellers photographed by Wenham-Clarke are determined to stay put and preserve their culture on this little strip of London. ■ *Rosie Hewitson*

→ 'Urban Gypsies' by Paul Wenham-Clarke is published by Hoxton Mini Press.

See more pictures from the series at
[timeout.com/travellers](https://www.timeout.com/travellers)



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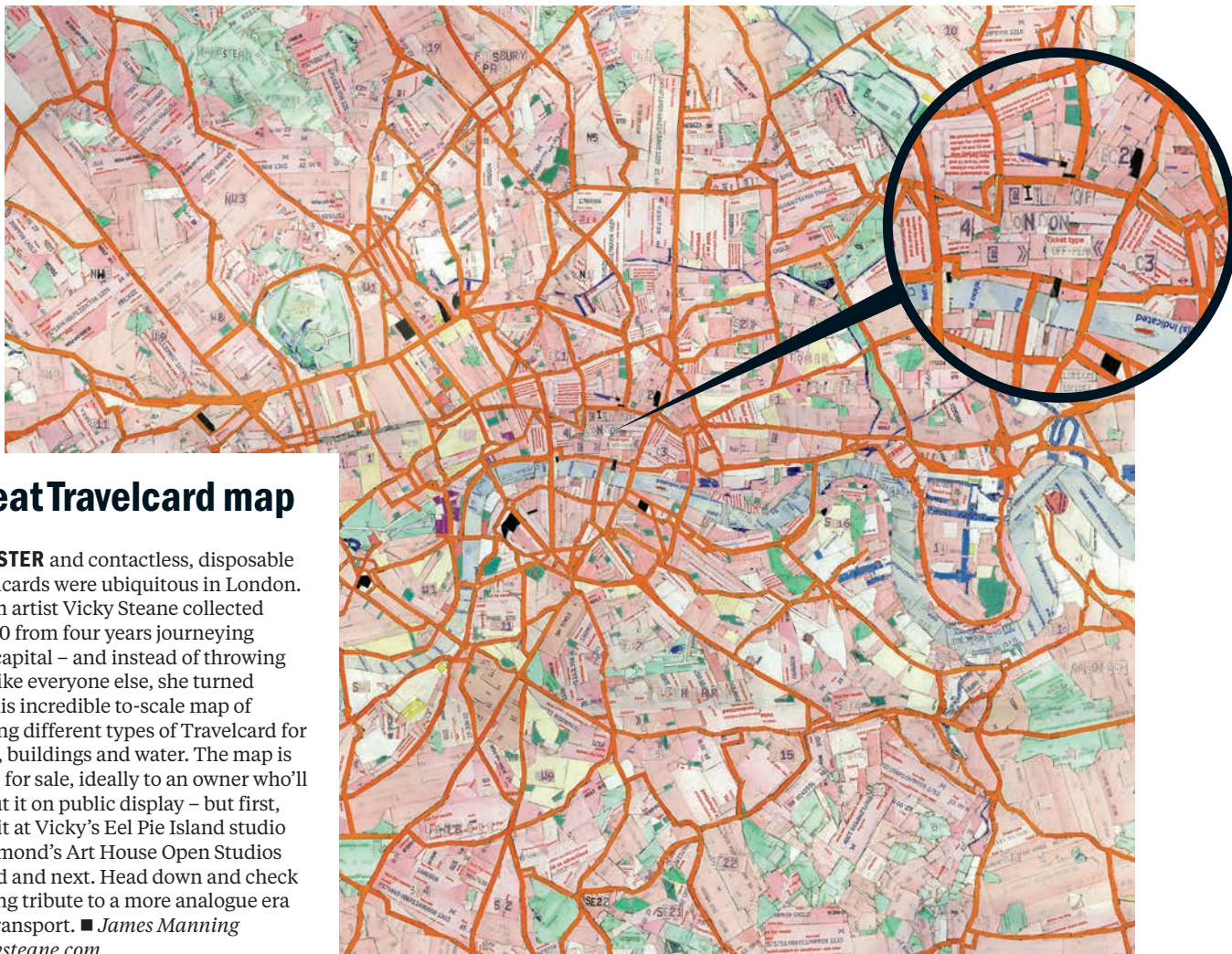
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LONDON MAPPED



The great Travelcard map

BEFORE OYSTER and contactless, disposable paper Travelcards were ubiquitous in London. Twickenham artist Vicky Steane collected around 5,000 from four years journeying around the capital – and instead of throwing them away like everyone else, she turned them into this incredible to-scale map of London, using different types of Travelcard for roads, parks, buildings and water. The map is currently up for sale, ideally to an owner who'll be able to put it on public display – but first, you can see it at Vicky's Eel Pie Island studio during Richmond's Art House Open Studios this weekend and next. Head down and check out this loving tribute to a more analogue era of London transport. ■ *James Manning*
→ www.vickysteane.com



THE VIEW FROM YOU

What Time Out readers have been Instagramming this week



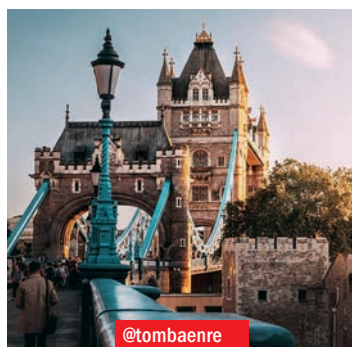
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'The Cricketers on Richmond Green – pulling pints since 1770.'



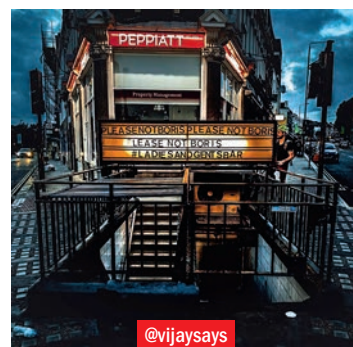
@chica_vagabond

'When you get up so early that even the coffee shops are closed...'



@tombaenre

'Throwback to August 2018 – Tower Bridge on a sunny day.'



@vijaysays

'@ladiesandgentlemenbar, a public loo-turned-awesome cocktail bar.'

Want to see your Insta-shots of the capital in print? Tag them **#timeoutlondon**



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FREE LONDON

Put your money away! Here are the week's best free events



DON'T MISS

ALFRESCO ARTS

Greenwich + Docklands International Festival

The streets of Greenwich will be flooded with colourful performances for London's biggest outdoor theatre celebration. Highlights include 'Passenger', an immersive show on a moving bus, 'Daedalum', an inflatable installation you can climb inside and 'Cristal Palace', an outdoor ballroom (pictured) that'll be all lit up by giant chandeliers and fireworks. It's going to be lit. No, really.

→ Various locations. Fri Jun 21-Jul 6.

GET BREADY Sub Cult launch

Street food fave Sub Cult is launching its first permanent site, and to celebrate, there will be free sarnies for the first 200 visitors. The menu includes the 'Subano', with roast pork, ham and Swiss cheese, and the 'Subterranean', with mushrooms, truffle mayo and stilton.

→ Sub Cult. ⊕ Mansion House. Wed Jun 19.

ON YOUR MARKS... Another Space run club

Fancy working out in the great outdoors this summer? Ace studio Another Space has launched a running club which starts at 5.30pm every Monday from its Bank branch. The 5k route includes two HIIT circuit stations and a killer sprint finish. Ouch!

→ Another Space. ⊕ Bank. Every Mon.

PATTY TIME Burger & Beyond giveaway

No one really likes Mondays, but things are looking up this week as come 5pm, Burger & Beyond will be handing out a whopping 150 cheeseburgers. It's first come, first served and eat-in only so get there early – and make sure you come hungry.

→ Burger & Beyond. Shoreditch High St Overground. Mon Jun 24.

STRETCH IT OUT International Day of Yoga

Get some zen at Triyoga's International Day of Yoga event. Work on your downward dog at free yoga classes (book online), have a taster treatment session and grab a goody bag of relaxing bath salts and oils. You'll leave feeling totally chilled.

→ Triyoga Soho. ⊕ Oxford Circus. Fri Jun 21.



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PRO2

NEW



PROTEIN PACKED SNACKS



Hot under

Playing the 'Hot Priest' in 'Fleabag' catapulted Andrew Scott from top theatre actor and terrific TV villain to global thirst trap. He tells *Andrzej Lukowski* about returning to the stage. Portraits *Andy Parsons*



the collar

'I THINK IT'S important to say that the character is called The Priest,' says Andrew Scott. 'Not The Hot Priest.'

The Dublin-born actor is chatting at the Old Vic theatre, where for the next two months he'll be on stage as Garry Essendine, the promiscuous light entertainer hero of Noël Coward's farce 'Present Laughter'. When Scott signed up for the role, the 42-year-old was probably what you'd call a big-time cult actor: beloved by the fans he'd won through his terrifying performance as criminal mastermind Moriarty in the BBC's 'Sherlock', or perhaps his soulful West End 'Hamlet', but essentially known for playing outsiders and oddballs. Was he at least as good an actor as Benedict Cumberbatch? Absolutely. Was he going to become the same sort of global

heartthrob as his 'Sherlock' cast mate? Absolutely not.

Then The Hot Priest happened.

Series two of Phoebe Waller-Bridge's scabrous comedy 'Fleabag' arrived in March and featured Scott as the nameless Catholic priest: a swearsy, funny, fox-phobic, gin-in-a-tin-swaggering padre who officiates at the wedding of Fleabag's dad. By the end of the first episode, Fleabag and her sister had concurred that he was 'so hot'. By the end of the series, gin-in-a-tin sales had spiked by 24 percent, Google searches on 'priest sex' had soared and Scott had become the most thirsted-after man in the western hemisphere.

'At one time people thought: Oh my God, your eyes are really scary,' he says. 'Now they're saying my eyes are something completely different. And I've remained the same!'



Andrew Scott



Great Scott! Andrew at the Old Vic (left) and with Phoebe Waller-Bridge in 'Fleabag' (below)

It has been transformative. Even out of his cassock, though, Scott is having a pretty remarkable 2019. His role in 'Present Laughter', which has been given a smart bisexual overhaul by director Matthew Warchus, is cementing his status as a major theatre leading man. He's the star of 'Smithereens', one of the three new episodes of Charlie Brooker's 'Black Mirror'. And at the end of the year he'll be on the big screen, reuniting with Cumberbatch in Sam Mendes's hotly anticipated WWI film '1917', on which he is sworn to secrecy. ('What can I say? I think stylistically it's going to be extraordinary. It's got great actors in it and, er...')

It's the kind of momentum that usually carries an actor to parts in action movies or blockbuster romcoms. Especially given that Scott has proven to be remarkable in role after role – whether it's playing an out-and-out psychopath (Moriarty), a bureaucratic dipshit (C in 'Spectre'), a rock star ('Birdland') or a grieving father ('Sea Wall'). He's never hammy, just somehow more alive than anybody else on the screen or stage. He's handsome, ageless (he plays a character a decade younger in 'Smithereens') and with 'Fleabag' and 'Present Laughter' he's shown he can do funny and likeable without sacrificing his edge.

But truth to tell, Scott is a palpably reluctant star. He's friendly and open (up to a point) and speaks without a trace of media training. He also pulls a queasy face at the very idea of taking on a role for career purposes only, admits that he'd

rather not do interviews ('I'd love to phase it out in the future') and only gets through the attention by reminding himself he's there to sell a project.

So how weird was it for Scott to find himself at the centre of clickbait headlines like 'Why Are We so Goddamn Horny for Fleabag's Hot Priest?' and 'Fleabag's Hot Priest Is the Hottest Man on TV'? 'It's flattering to a certain degree,' he says. 'That's become the story, but the audience isn't required to find the priest hot; they're required to believe that Fleabag finds the priest hot.'

In fact, while Waller-Bridge has described Scott as having 'the charisma of ten people rolled into one', Scott is convinced that fans only thought he was attractive because she told them he was. 'If somebody tells you: "I want you to look at this person through the female gaze and I'm going to tell you they're sexy", you're going to go, "Oh, maybe this guy is sexy." It's extraordinary. We're just big children who are very easily manipulated.'

In real life Scott is a gentler presence than his characters suggest. 'It's weird when people say I'm intense,' he shrugs. 'I suppose it's because of the roles I've played.' (No shit, er, Moriarty!) He addresses my queries about 'Fleabag' thoughtfully and talks about 'Present Laughter' with intelligence. 'Coward was

'At one time people thought: Oh my God, your eyes are really scary'



THE WORLD IS WAITING



TAJ MAHAL, INDIA

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writing as bravely as he could about sexuality,' he tells me of the coded way the playwright was forced to write because of censorship in the 1930s. He explains that because Coward – who was gay – refused to use labels to define Garry Essendine's sexuality, it's extremely easy to make the character bisexual now. 'People will be surprised,' says Scott. 'They'll say: "Did you change that?" Nope! It was already there.'

The actor is funny and gracious but where many stars are content to share the trivia of their lives yet are reluctant to talk about the big things, Scott is almost the opposite. It's a well-established fact that he's gay. And ironically for a man who has now played not one, but two cool priests (the first in Ken Loach's 2014 film 'Jimmy's Hall'), he has been fairly outspoken about what he sees as the pernicious influence of the Catholic Church in Ireland. But there is very little other information about him out there. The trouble is, he now gets asked about his sexuality almost constantly.

'If the project concerns sexuality, it's good to talk about it,' he says. 'But when I was playing Hamlet it was irrelevant, so having to talk about it all the time felt like a weird tyranny. There's an interest in it, but I think there's a responsibility on the part of the media not to let it become prurient.'

This is not to say Scott is a grumbler. He's just a man who is wary of the celebrity aspect of A-list stardom: when I point out that we don't know anything about him – what music he likes,

what food he's into – he simply affirms that he likes it that way. He affably bats away a couple of my more gossipy questions, and I'm not sure every answer he gives me is entirely serious (he probably doesn't *actually* burgle houses). When I ask if he's had any talks about starring in Marvel films – which have gobbled up his 'Sherlock' peers Cumberbatch and Martin Freeman – he says he's had conversations about them but none has appealed so far. 'I suppose what's interesting is what the character is. And as yet I haven't seen a character that has felt like a new thing to do.'

In other words, Scott just does what interests him. 'One of the nice things about success is that I have a degree of choice as to what job I might get, and that's a real luxury for an actor,' he says. That seems to be it for him, and it makes his career a genuinely, thrillingly impossible one to predict.

Since Moriarty made his name, there's not been an ounce of filler on Scott's CV. Maybe he'll end up a semi-famous indie star; maybe that perfect superhero role will come along after all. But in 2019, the stars have aligned for one of the best actors we have to suddenly be everywhere. And we should all crack open a gin-in-a-tin to that. ■

→ 'Present Laughter' is at the Old Vic until Aug 10. ☎ Waterloo.

Quickfire confessional

Andrew Scott answers
our silliest burning
questions

Gin in a tin or a beer?

'Gin in a tin. Gotta have ice, though. Can I decant it?'

Have you ever been starstruck?

'I met Billie Jean King at a play on Broadway. I get starstruck by sports stars or singers but not actors.'

You've got a day off in London – where do you go?

'Walking is my favourite thing to do in London, anything around the parks: St James's Park, Green Park, Hyde Park.'

How do you feel about urban foxes?

'You usually see urban foxes at night, which is why people feel they have a weird mysticism about them. I love them, I think they're beautiful.'

Has anybody shouted 'kneel' at you?

'No, no "kneel". Not in the street, anyway.'

Do you watch 'Love Island'?

'I watched "Love Island" last year. When I was doing "Hamlet" in 2017 that was all anybody was talking about. I was there shouting in the dark and crying for four hours and I thought: Next year, I'm going to watch "Love Island", because I can.'

Do you have any unexpected hobbies?

'I do a lot of painting and drawing. And I burgle. I steal things from people's houses.'

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at [timeout.com/theatre](https://www.timeout.com/theatre)

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What goes on tour stays on tour

London is a place with so many stories to tell – and no one knows them better than the city's tour guides. *Isabelle Aron* gets their unique takes on the city



**Wait,
what?!**

Some of the smallest pieces of street art in London were some paintings on **pistachio shells** glued into cracks in walls by an artist who calls themselves 616.

Two street artists once had a 'dialogue' on a wall in Shoreditch where they **traded insults** by going over each other's work 16 times.

In 2017 **broccoli** started appearing, glued to walls. An artist was sticking faces on florets. He's now switched to plaster-of-Paris moulds.

Dave Shoreditch Street Art Tours

'I hadn't paid any attention to street art until somebody pointed out a piece by Banksy in 2003. I thought: that's art, that is. So I went out looking for Banksy; and the moment you do that, you realise there's way more than just his work out there. I became a complete street-art geek. I hadn't done anything like it before I started the tours. Now it's my full-time job. New art appears in Shoreditch every week. It's temporary, that's what makes it interesting. I don't give a tour defined by events several hundred years ago. People from all walks of life come on the tours. I had a group of suits on an away day recently and they were blown away – they'd never been to Shoreditch before. When people tell me that they're now connecting with the art, I feel like it's mission accomplished.'

→ Find out more at www.shoreditchstreetarttours.co.uk.
£20, £10 child.



Tony Black History Walks

'I'd been running community workshops with young boys in Tottenham. They didn't know anything about Windrush, they had no idea of the extent of the black community in Britain. A lot of the kids at school are taught that black history equals slavery – it's disempowering and not true, so I wanted to address that. I'd also done a whole bunch of the regular tours, and there wasn't any mention of black people, so I thought: I'll do my own thing. We get a lot of black people on the tours; our public tours are probably 90 percent black people, but we also do private tours for schools or local offices, so that can be all white people. I had a mother who brought her child on the walk. The kid was being bullied for being black – they were being told things like "You black people didn't fight in WWII." Because I'd talked about black people in WWII on the tour, they were able to lecture these bullies on the black presence in the war, to the extent that the white boys were asking where they could get more information.'

→ Find out more at www.blackhistorywalks.co.uk. £10.



Wait, what?!

The Bank of England is full of African gold. The **guinea** coin is so-called because when it was minted, the gold came from West Africa.

Cleopatra's Needle came from Africa. It was given to the UK by Egypt in 1819 and finally arrived here in 1878, but it's about 3,500 years old.

London had its own Martin Luther King Jr in the 1930s. Jamaican doctor **Harold Moody** set up civil rights group The League of Coloured Peoples in Peckham.



Wait, what?!

The **Jubiloo** opened in 2012. It features pictures of the Queen and Union Jack coat hooks, mirrors and waste bins.

The only **Grade II-listed gents' urinal** in London is in a public loo in South End Green in Hampstead.

There are toilets set in the ground in Bishopsgate. Called **urillifts**, they rise to the surface at night.

Rachel London Loo Tours

'I set up London Loo Tours as a joke, but then people started coming on it! I had an obsession with where free toilets were in London and when I was interviewing for a tour guide job I mentioned it. The interviewer said I should do a tour of them. Six years later, it's still going strong. It's a mix of practical advice and information about the history and politics of public toilets. We get quite a lot of Londoners. I'd say our audience is probably 50 percent English – it turns out it's a very English topic. I once had a couple come on the tour the day before their wedding. One of them had Crohn's disease and they said: "We've come on this tour because toilets are a very important part of our lives!" It was very sweet.'

→ Find out more at www.lootours.com. £15, £10 concs.



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Stéph Tour for Muggles

'I'm a huge Harry Potter fan. I have to be because I get loads of kids on these tours and they know their stuff. I grew up with the books and every time a new one came out I'd re-read them all. I've been working with Tour for Muggles since 2013. All of our guides have special character names and backstories. I'm Steph Black: Sirius Black is my uncle. We get hecklers coming up to us all the time. I always say that they're wizards trying to fit into muggle society and they're failing badly. Some of my fellow tour guides have seen some of the actors around while conducting the tour – one of them was talking about Lucius Malfoy and Jason Isaacs walked past! One of my favourite "oh dear" moments was when this little girl on the tour was like, "Why is there a naked man there?" I turned around and the World Naked Bike Ride was on – trying to explain that to the kid and her parents was fun!' ■

→ Find out more at www.tourformuggles.com. £16, £14 under-12s.

Wait,
what?!

The **Ministry of Magic** is by Great Scotland Yard, just off the main part of Whitehall.

They closed off Piccadilly Circus for a scene in **'Harry Potter and the Deathly Hallows: Part 1'** when Harry, Hermione and Ron almost get hit by a London bus.

For the **Knight Bus** scenes on Lambeth Bridge, the film crew asked people living on the far side of the river to keep their lights on so it wouldn't feel like the middle of the night.

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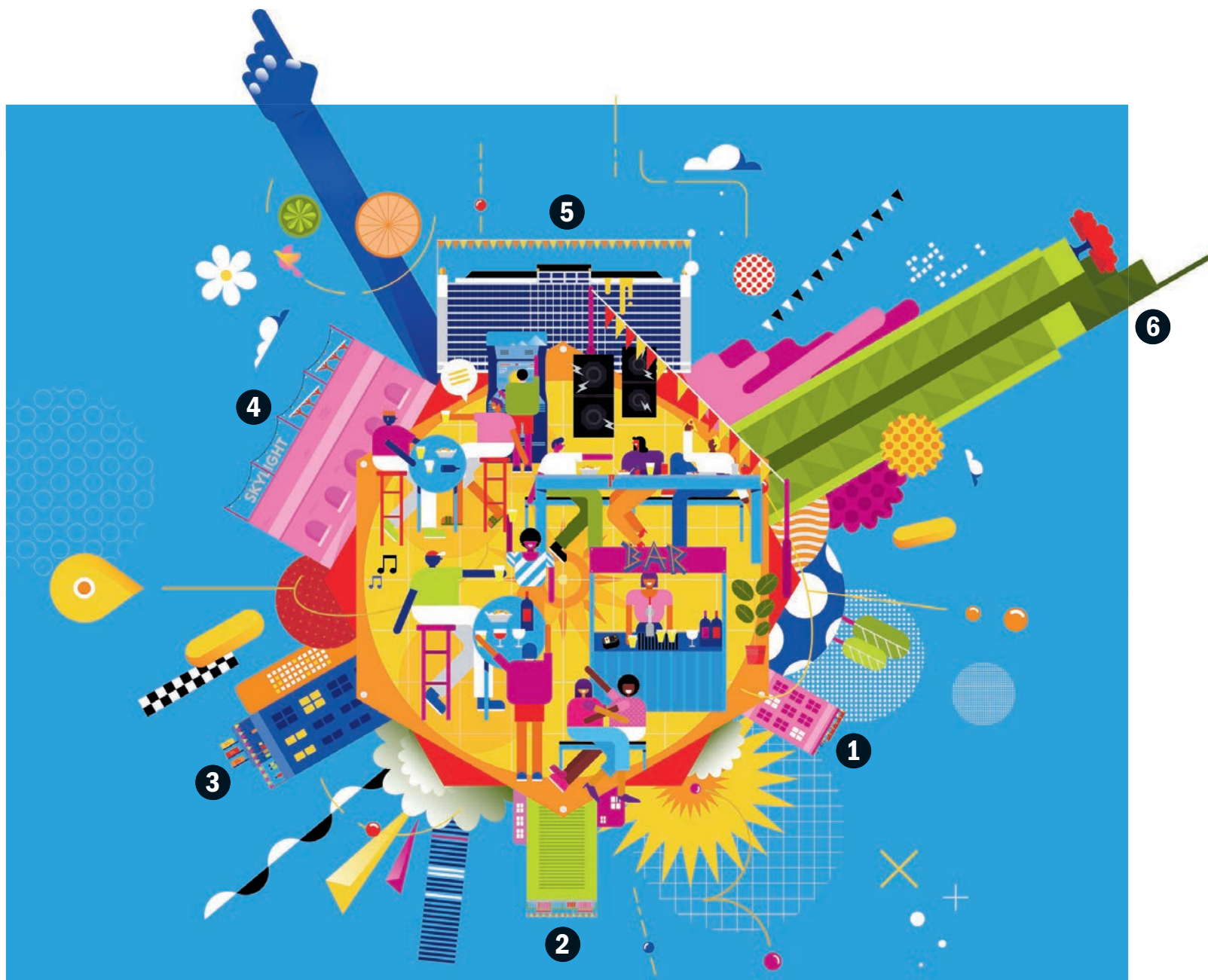
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Get high!

Rooftop drinking season has arrived. *Rosemary Waugh* shows how London's lofty spots measure up. Illustration *Fernando Volken Togni*

1 Frank's Café 16 metres

A trip to Frank's for a Negroni is a London summer tradition. Up on the roof of a former multi-storey car park, the bar's striking red awning and those sunset views will be all over Instagram as soon as the sun's out – so get down early to nab a good spot.
→ 95a Rye Lane.
Peckham Rye Overground.

2 Roof East 22 metres

Roof East is a kidult's dreamworld with bowling, curling, shuffleboard, batting cages and crazy golf. Done playing? Kick back with a cocktail – try the rum-based Knickerbocker Royale or the Bloody Bees Knees with honey gin.
→ Floors 7 and 8, Stratford Multi Storey Car Park, Great Eastern Rd. Ⓞ Stratford.

3 Bussey Building 24 metres

This is a scenic drinking location both day and night. Chilled-out tunes, palm trees, fairy lights and pastel-coloured decking give the space a beach bar feel and the drinks are actually affordable (a small glass of house wine is a fiver).
→ 133 Rye Lane.
Peckham Rye Overground.

4 Skylight 38 metres

A multi-storey car park in Shadwell might not sound promising, but that's where you'll find ace bar Skylight. Play croquet, chill out on a day bed and if it's your round at the bar, try the sharing drinks, which include buckets of craft beer and jugs Bloody Marys. Cheers!
→ Tobacco Dock.
Shadwell Overground.

5 12th Knot 42 metres

Formerly Rumpus Room, the terrace at this chic bar overlooks St Paul's. There are glittering chandeliers and a shiny gold bar, but it's the view that really wins the crowd. As well as cracking cocktails, there's a 'no and low' menu if you're cutting back on booze.
→ 20 Upper Ground.
Ⓞ Blackfriars.

6 Sushisamba 230 metres

Take the glass lift that clings to the side of Heron Tower, shoot up 38 floors and arrive at a bar from which you can practically browse workers' emails in the Gherkin. Enjoy the view and sip on creative cocktails including a Smoked Plum Negroni and a Miso Mule. ■
→ 110 Bishopsgate.
Ⓞ Liverpool St.



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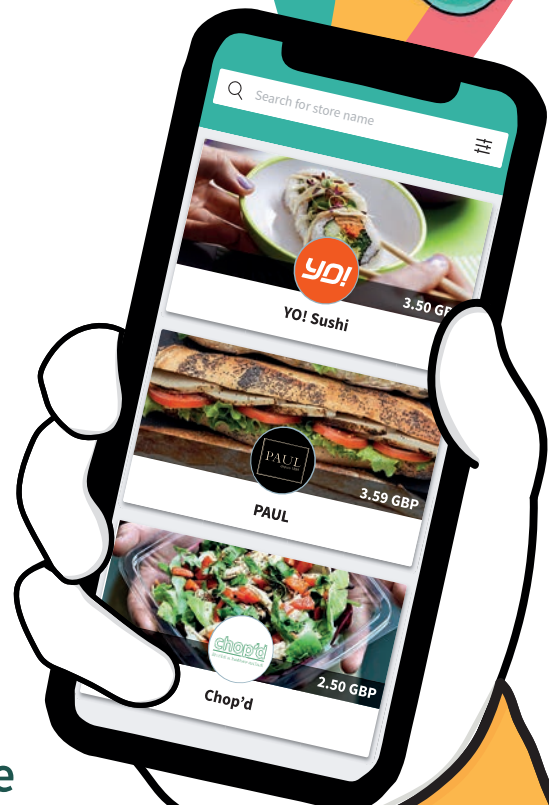


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Roka

What is it? Our perennially popular bottomless brunch offer at a classy Japanese joint in Aldwych.

Why go? There are heck of a lot of worse ways to spend a weekend than tucking into sashimi, gyoza, salmon-fillet teriyaki and more (and we really do mean more).

What's exclusive? Ten small plates, a main, a dessert platter, a Bellini and unlimited wine are just £45.

→ Roka Aldwych. ☉ Temple. Until Sep 29.
www.timeout.com/roka19

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MISS



X and Why Yoga

What is it? Four yoga or meditation classes in a swish studio in the City.

Why go? X and Y offers a panoply of classes, including slow flow, dynamic yoga, breathe meditation and yin yoga. Get your spine aligned, your muscles T-shirt ready and your aura ready to sparkle in the summer sunshine.

What's exclusive? Four classes were £45, but with us they're just £29.

→ People's Mission Hall. ☉ Aldgate East.
Until Oct 11. www.timeout.com/xandy

Mr Fogg's Society of Exploration

What is it? Drinks at the latest Mr Fogg's venture.

Why go? The interior of this quirky bar has been transformed into a setting reminiscent of the African veld. Expect walls cloaked in creepers, tipples with a safari theme and staff in pith helmets.

What's exclusive? It's £20 for two boozy tasters, a G&T and a cocktail.

→ Mr Fogg's Society of Exploration. ☉ Charing Cross. Until Sep 14. www.timeout.com/foggs

'Quincy Jones: Soundtrack of the '80s'

What is it? A bona-fide music legend hosts a concert featuring his work.

Why go? Be it as a player, composer, arranger or producer, Quincy Jones has been at the heart of popular music for decades. This show features hits from his back catalogue performed by very special guests.

What's exclusive? Our tickets save you 67 percent – now just £30.

→ The O2. ☉ North Greenwich. Sun Jun 23.
www.timeout.com/quincy

Bourbon tasting experience

What is it? A three-day bourbon-tasting pop-up to celebrate July 4.

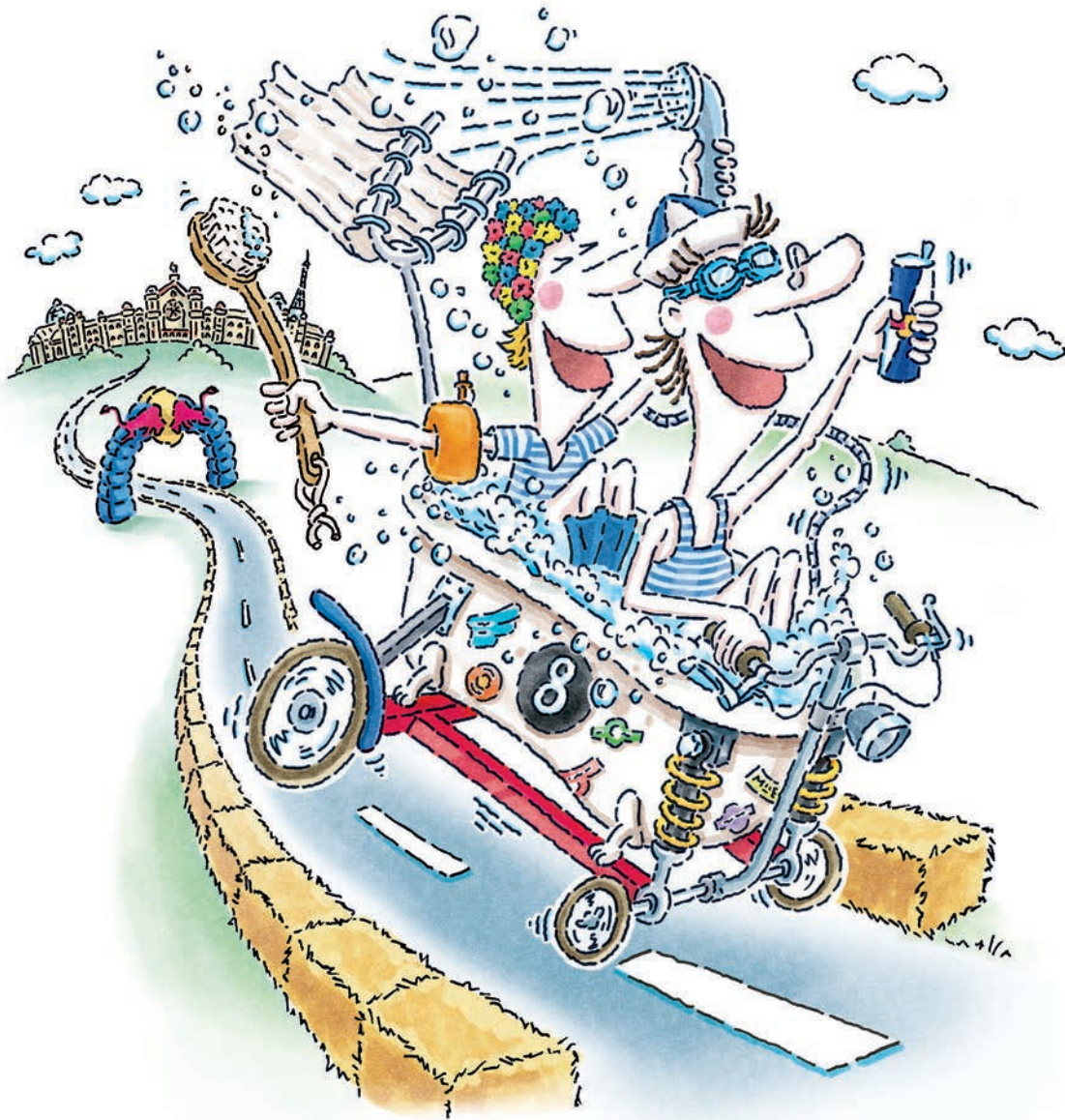
Why go? The menu features four premium bourbons cherry-picked by *Forbes* whisky writer Felipe Schrieberg. He'll clue you up on the history of each drink, while there are bao buns stuffed with American-inspired fillings to devour.

What's exclusive? It's 50 percent off – now just £29.99.

→ Good & Proper Tea. ☉ Farringdon. Jul 3-5.
www.timeout.com/bourbon

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Property

Edited by Laura Richards
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Field Day at The Drumsheds



London hotspots for first-time buyers

Looking to buy your first home in London but terrified by the prices? Get ahead of the curve in these up-and-coming parts of town





MERIDIAN WATER CANAL: SHANGHAI SINGH; BALCONY VIEW: AERIAL: ARKADUS/ERIC CARSON ARCHITECTS; BROMLEY STREET: URBANIMAGES/ALAMY; ST MARK'S SQUARE: CATHEDRAL GROUP

Meridian Water

Where is it? North, just up from Tottenham Marshes.

Transport: A new train station with the same name opened earlier this month, with links to Stratford and Tottenham Hale.

Average prices Terraced houses – £404,111; flats – £245,500.

Help to Buy developments It's unclear exactly what's coming at this stage, but there are affordable properties for 'makers and creators' earmarked within the wider plans – although the first homes won't be available until next year. One to watch.

What the experts say 'This investment hotspot in north London has big plans for its future. The £1.5 billion Meridian Water regeneration scheme will eventually deliver 10,000 new homes and 6,700 new jobs on 210 acres of former industrial land on the beautiful banks of the River Lea.' – Portico

What we say Luring creatives to the area means Meridian Water has a good chance of becoming an interesting and diverse place to live. Plus, music festival Field Day moved to The Drumsheds this year, and if it's good enough for Skepta, it's good enough for us.



Bromley Town

Where is it? About seven miles south of Greenwich.

Transport Bromley South station has direct trains to St Pancras, Victoria and Blackfriars.

Average prices Terraced houses – £394,453; flats – £302,283.

Help to Buy developments St Mark's Square off the high street is already available; Churchill Quarter, a 410-home scheme, is planned for next year.

What the experts say 'High-end, independent cafés and boutiques are beginning to find space among the usual high-street chains, and huge investment in some of the area's rundown historic buildings will give another boost to Bromley.' – KFH

What we say Formerly a slightly dull high street with identikit shops, Bromley's main drag is beginning to improve. Just take the new six-screen Picturehouse cinema, which opened earlier this month. And while house prices in nearby Beckenham may have crept up, the area is still on the doorstep for a decent night out.





Wembley

Where is it? North-west, up by the world-famous stadium.

Transport Wembley Park is on the Jubilee and Metropolitan lines.

Average prices Terraced houses – £467,100; flats – £290,000.

Help to Buy developments There's loads – the area is undergoing a huge development boom.

What the experts say 'The stadiums, Outlet Village, a variety of restaurants and hotels and the ease of accessibility from outside London mean that the area is always a constant hub of activity.' – Rightmove

What we say There's more to Wembley than football and gigs. Check out the free outdoor cinema in Arena Square this summer, watch a play at the new Troubadour theatre, or munch on one of Bread Ahead's famous doughnuts when it opens in the autumn. Next year, Brent is the London Borough of Culture, and plans so far include a celebration of reggae and a mile-long street party.



Boxpark Wembley



Barking

Where is it? East, just outside the North Circular and on the way to Essex.

Transport District and Hammersmith & City lines, plus Overground and C2C services.

Average prices: Terraced houses – £365,948; flats – £225,720.

Help to Buy developments Yes, the giant Barking Riverside project. There's also A House for Artists which has 12 apartments, providing a community for creatives from 2020.

What the experts say 'It may not be the first place that springs to mind when considering a vibrant social scene, but Barking has been earmarked as an area due for extensive improvements over the coming years with the riverside marina redevelopment, in particular, providing a cool new area for first-time buyers.' – Springbok Properties

What we say Barking offers a riverside location without the central London price tag. It already benefits from some good cultural venues, including performance space Broadway Barking, which is in the old Assembly Hall. And nearby Dagenham is playing host to immersive film experience Secret Cinema this summer, which can only be a good sign.

BARKING: MAREK STEPAN/ALAMY; CHARLES BOWMAN/ALAMY



Abbey Wood

Where is it? South-east, near Woolwich.

Transport: Trains to Cannon Street, Charing Cross and St Pancras. Crossrail is due in late 2019.

Average prices Terraced houses – £348,026; flats – £213,750.

Help to Buy developments Not in Abbey Wood, but there are plenty in nearby Woolwich.

What the experts say 'Crossrail is helping to transform Abbey Wood, as the prospect of significantly better transport links attracts new businesses and investment.' – Hunters

What we say Abbey Wood is still flying under the radar compared to neighbouring Woolwich, which has already seen a price hike thanks to Crossrail. If nature is your thing, there are gorgeous ancient woods to explore. And you can still rely on nearby creative districts Woolwich and Silvertown for your inner-city buzz. ■

Rhiannon Curry

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HOUSING CRISIS

We put your London property problems to the experts

This week: a big tree in a little garden

Hayley in Lower Sydenham says:

'I've just bought a flat and it has its own garden, so we're really excited to start our very first veggie patch. The only thing is, there's quite a large eucalyptus tree, and I've done a bit of a light dig at the ground to discover its roots are quite far-reaching. Is it going to be difficult for us to get growing in the garden?'

Martin O'Halloran from Royal Botanic Gardens, Kew says:

'It sounds like it will be difficult to grow vegetables on the ground, although it depends on the size of the tree and also the space in your garden. Vegetables need soil that's irrigated and not in the shade – unless you have a south-facing area that gets a significant amount of light you're probably going to



struggle. Either way, you'll want to be careful digging as you could damage the roots of your tree. Plus, eucalyptus trees take a lot of water and nutrients from the soil, making it hard to grow anything nearby.

'But anything you can grow in the ground can be grown in containers in the garden, and you can use a range depending on what vegetables you're wanting to grow. Choose from container bags, pots and even buckets – just make sure they offer good drainage. You can sow direct and try things like salad vegetables – lettuce, spring onions, radishes, tomatoes – or even potatoes and carrots, depending on each container's depth. Just make sure they get plenty of sunlight, are well fed and watered, and that you use a peat-free compost to get the best results.' ■

→ For more gardening advice, check out the short courses on offer at www.kew.org.

ANNE GERRISH



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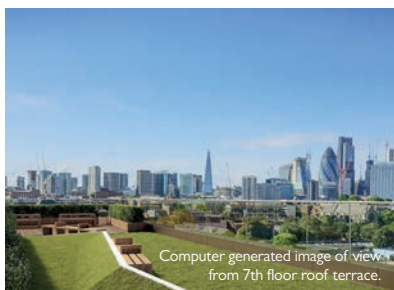
*The deposit of £10,303 is based on the full market value of a 1 bedroom apartment at £412,500 and a 25% share price of £103,125. Income required guidance £58,829. Please contact us for more information. Correct at time of distribution.

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MY LONDON HOME

HOW TO LIVE LIKE JADE...

Be prepared

Don't buy a boat just for cheaper rent – it's hard work!

Be organised

Keep stocked up on propane gas, water and coal (especially in winter).

Be vigilant

You'll often be in unfamiliar surroundings



Jade Wright, 31

Occupation Accounts administrator

Salary £35k-£40k

Property type Canal boat

Location River Lea, Regent's Canal and Hertford Canal.

Years in London Five

Previous properties in London Two

Cost of property £23,000

Cost of monthly mortgage £700

Who I share with Myself



'I've lived in London for five years now. I always rented rooms in flats, but I decided I wanted to try something new. I've got quite a boring job, so I needed something different in my life. Then, a year ago, I was having a bit of nightmare looking for a houseshare. A friend of mine was buying a houseboat, which inspired me. I went out on my thirty-first birthday to look at a boat with my friends, and I bought it that week.'

'I got a private loan from a broker. I did pay a deposit, but I borrowed more money to top up the difference. The boat cost £23,000 but it needed to have work done, so I spent £7,500 on top of that, which I didn't necessarily expect: a credit-card-shaped curveball!'

'Now I pay £700 a month, which goes towards my loan. It's the same as what I was paying for a room in a flatshare, only I'm paying it back to myself. Once it's paid off, I'll be living rent-free, which is great!'

'It's very difficult to get mooring. In Springfield in Hackney, there's apparently a nine-and-a-half-year waiting list. And once you get it – which can cost a few hundred a month – you also have to pay council tax, plus gas and electric

charges. But you don't have to pay any of that if you're not moored.'

'The moving can get annoying.

I don't have mooring, so I have to move at least one kilometre every two weeks. It can be difficult to find a spot sometimes, so when you find a really nice one, you wish you could stay a bit longer. On the flipside, it's nice to see these places – there are so many parts of London that I never knew existed.'

'I could happily live on a boat for the rest of my life. There is a big sense of community in the boating world, and everyone is there to help. My friends love it too – you can have summer boat parties and just cruise up the canal, getting a bit of a tan and having a barbecue.' ■
Interview by Dominique Sisley

Things to Do

Edited by Alexandra Sims
timeout.com/thingstodo @timeoutlondon

How to get involved with Refugee Week

This annual festival celebrates the many contributions refugees have made in the UK. Here are eight great ways to support it

1 Choose Love x A Mile in My Shoes

As Atticus Finch wisely said in 'To Kill a Mockingbird', 'You never really know a man until you stand in his shoes and walk about in them.' That's exactly the premise of this inventive collaboration between Help Refugees and the Empathy Museum. They've set up a 'shoe shop' on Newburgh Street, but you won't be measured for a new pair of size eights there. Instead, you'll get to literally take a walk in the shoes of a London refugee, by putting on a pair belonging to them and listening to their story through headphones. Storytellers include famous names like Somali boxer Ramla Ali and Czechoslovakia-born Labour politician Lord Alf Dubs. You'll also hear more unknown tales like that of Vivian, who spent six months detained at Yarl's Wood, and Aloysius, who was tortured for being gay in Uganda and now runs a UK support group for LGBT+ refugees. → 3 Newburgh St. ☉ Oxford Circus. Until Sun Jun 23. Free.

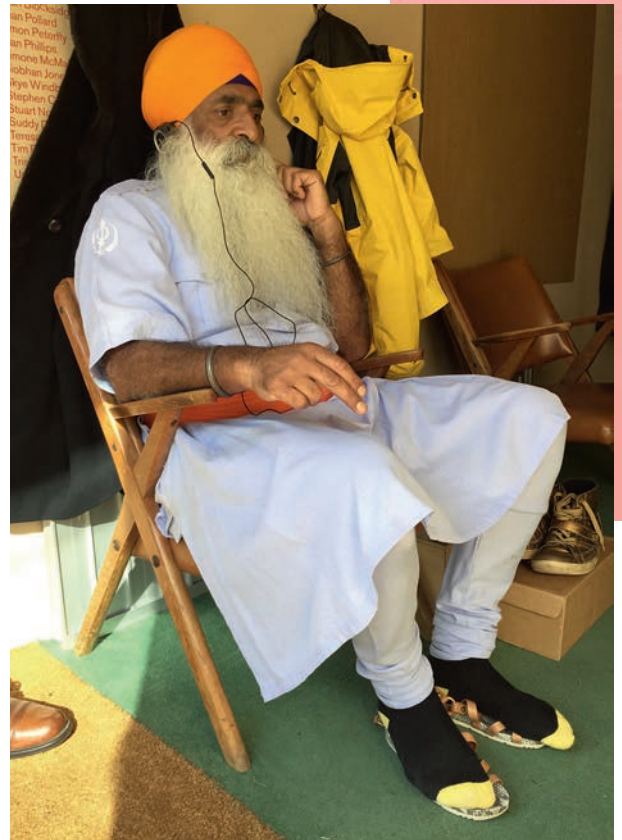
2 Refugee Food Festival

Some of the world's most talented refugee chefs are taking over London's top restaurant kitchens for this series of special supper clubs. Each will introduce flavours from their home country to the city's menus, such as Syrian chef Majeda Khouri, exiled for her civil rights work, who will be cooking up Italian-Syrian fusion dishes at Elephant & Castle's Mercato Metropolitano (Tuesday). Muzaffar Sadykov from street food stand Oshpaz will be adding flavours from Uzbekistan to the menu at French joint Pique-Nique (Wednesday) and Egyptian chef Ahmed Osman will inject a North African twist to the plates at Breddos Tacos in Clerkenwell (Friday).

→ Various locations. Until Fri Jun 21. Prices vary. Booking essential, www.refugeefoodfestival.com.

3 'Am I My Brother's Keeper?'

This month, St Paul's Cathedral will be home to an actual UNHCR tent used in a Za'atari refugee camp in



TENT: GRAHAM W LACDAO



Clockwise from bottom left: 'Am I My Brother's Keeper?'; Choose Love x A Mile in my Shoes; 'Ugly' at Integration; 'You, Me, and Those Who Came Before'

Jordan. London-based artist Kate Daudy has used the tent, which housed a family for several months, as a canvas on which to embroider the sobering words of displaced women, aid workers, diplomats and other voices involved in the refugee crisis. The result is a beautiful, but urgent, tapestry illuminating hardships faced by those fleeing persecution and war.

→ St Paul's Churchyard. ☉ St Paul's.
 Until Jun 27. Free.

4 Refugee Week at the Globe theatre

Shakespeare's Globe has invited a plethora of refugee artists and performers to share their stories on its Elizabethan stage. Tonight, hear readings of defining early memories from refugees such as Madeleine Albright and Yusra Mardini as well as lesser-known, courageous voices, all chronicled in Ben Holden's new anthology 'My First Memory', before Lord Alf Dubs and Melvyn Bragg tread the boards to reveal their watershed childhood experiences.

You can also catch 'Voices in the Dark', a newly devised piece drawing on Shakespearian themes of refuge, home and belonging (Saturday), and a performance of 'The Merry Wives of Windsor' broadcast live into cinemas (Thursday) free of charge for local migrant communities.

→ Shakespeare's Globe. ☉ Blackfriars.
 Until Sun Jun 23. Prices vary.

5 V&A Refugee Week

Artists, DJs and UK music legends are descending on the V&A to explore displacement in all its forms. Take a look at 'You, Me, and Those Who Came Before' – a specially commissioned exhibition of refugee portraits, such as actor Ncuti Gatwa (right), then bust a move at 'Dance for Refuge', where Touching Bass will be making Dale Chihuly's glass chandelier

shake as they spin a set in the Grand Entrance hall. Stick around for a DJ set by punk icon Don Letts.

→ V&A. ☉ South Kensington. Until Sun Jun 23.

6 Refugee Week Summer Festival

This family-friendly festival from the Afghan and Central Asian Association is celebrating the local community's cultural richness with live music from Afghani artists plus theatre and dance performances. There'll also be talks, crafts and, most importantly, plenty of delicious and diverse food.

→ Lampton Park. ☉ Hounslow Central.
 Sun Jun 23. Free entry.

7 Migration Lates

The wonderful Migration Museum, dedicated to telling the stories of people who have travelled to Britain over the centuries, is opening after hours for this late. See performances by Qisetna – a

non-political platform preserving the cultural heritage of Syria – and chow down on bites by Migrateful, a charity helping refugees and asylum seekers gain cookery skills.

→ Migration Museum. ☉ Lambeth North.
 Thu Jun 20. Free, registration essential.

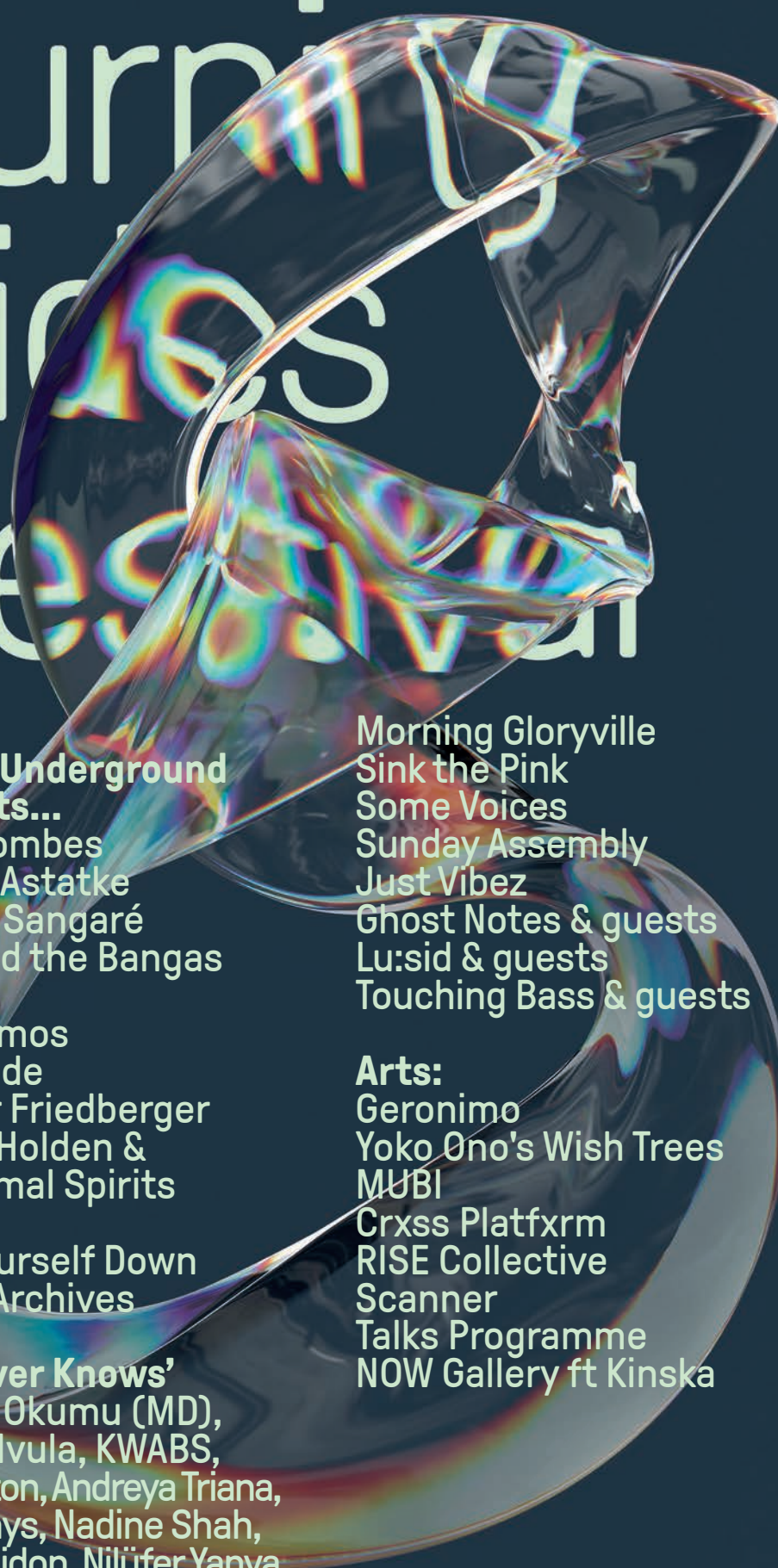
8 Integration

Anyone who's seen Beyoncé's 'Lemonade' will know just how crucial a role Warsan Shire played. Now you can see an animated film of the Somali-British poet's work 'Ugly' at this night exploring how integrated refugees are in the creative industries. As well as the film, by director Anna Ginsburg and artist Melissa Kitty Jarram, there'll be screenings of three other pieces created or inspired by refugees plus a panel led by *It's Nice That's* Lucy Bournton exploring diversity. All proceeds go towards Counterpoints, which supports arts by and about refugees. ■ Alexandra Sims, Bobby Palmer and Angela Hui

→ The Trampery Old Street. ☉ Old St.
 Wed Jun 19. £10.



Turning Tides Festival



Music: **Village Underground Presents...**

Gaz Coombes
Mulatu Astatke
Oumou Sangaré
Tank and the Bangas

Ah! Kosmos
Du Blonde
Eleanor Friedberger
James Holden &
the Animal Spirits
Le1f
Melt Yourself Down
Sudan Archives

‘The River Knows’
ft Dave Okumu (MD),
Laura Mvula, KWABS,
Beth Orton, Andreyana Triana,
Gruff Rhys, Nadine Shah,
Sam Amidon, Nilüfer Yanya,
Rosie Lowe, Eska and more

Morning Gloryville
Sink the Pink
Some Voices
Sunday Assembly
Just VibeZ
Ghost Notes & guests
Lu:sid & guests
Touching Bass & guests

Arts:
Geronimo
Yoko Ono's Wish Trees
MUBI
Crxss Platfxrm
RISE Collective
Scanner
Talks Programme
NOW Gallery ft Kinska

Wellness:
Leo Cosendai
OPO by BeBox
Artur Paulins
Yoga Sonora
Catia Leite &
Siobhan Swider
Charlie Dark &
Sanchia Legister
Dr. Tamara Russell
Ali Roff

Food:
Robin Collective
Riverside Feasts
with guest chefs
Street Food Market

THE TIDE
Greenwich
Peninsula

5–7 July
12–14 July
Free entry

Tube:
North
Greenwich

Music, wellness,
arts and food
on the riverside

turningtides.london

SOMETHING FOR THE WEEKEND

Friday



Queer Walls

For the first time, English Heritage is putting on a Pride event. This intimate late will celebrate the UK's queer history at beautiful art deco mansion Eltham Palace. Expect a Noël Coward cabaret, an LGBT+ choir and bespoke cocktails from Ben's House.

→ Eltham Palace. Eltham rail. Fri Jun 21. £15.

MUNCH The Streatham Food Tour

The indecisive eater's dream. Stop off at one of 40 Streatham restaurants on this foodie trail to try a mini-taster of their signature dishes, before rating them.

→ Various Streatham locations. Thu Jun 20-Sun Jun 23. £2-£5.

RAP Beer & Beat Night

Eel Pie Records and Beatnikz Republic Brew Co join forces for this craft beer-tasting set to an ace hip hop playlist and followed by a spoken word open-mic session.

→ Brewery Market. Twickenham rail. Fri Jun 21. £3.50.

Saturday

CREATE Camberwell Open House

See student art and join photogram and ceramics workshops as the college opens its doors to the public.

→ Camberwell College of Arts. Denmark Hill Overground. Sat Jun 22. Free.

CELEBRATE Radiate Windrush Festival

Enjoy Caribbean sounds and authentic grub at this celebration of London's black communities.

→ Crystal Palace Park. Crystal Palace Overground. Sat Jun 22-Sun Jun 23. £7-£10.



Sweatlife

Fitness brand Lululemon is behind this exercise festival with classes from Barry's Bootcamp, Third Space, Psycle and more, plus fitness influencer appearances and smoothie samples.

→ Tobacco Dock. Shadwell Overground. Sat Jun 22-Sun Jun 23. £35-£50.

Sunday

Art Car Boot Fair

The much-loved fair is celebrating its sweet sixteenth birthday with more than 120 artists creating original pieces for sale, including works from Juno Calypso, Marcus Harvey, Ben Eine and Sara Pope.

→ Cubitt Square. King's Cross. Sun Jun 23. £10.



SALSA Portobello Spanish Festival

This west London fiesta will be replete with flamenco dancing and more Spanish food than you can shake a stick of chorizo at.

→ Portobello Rd. Ladbroke Grove. Sun Jun 23. Free entry.

SHOP The Big London Flea

Everyone from market traders to locals with bursting attics will be setting up stalls full of oddities and accessories, so you can grab a vintage bargain.

→ Earth. Dalston Kingsland Overground. Sun Jun 23. £1.

More weekend inspiration at timeout.com/thingstodo

ELTHAM PALACE: MARK PARREN/TAYLOR/ENGLISH HERITAGE TRUST; SWEATLIFE: MARK ROE; ART FAIR: MATT KELLY





Why we're doing the Shine Night Walk

On Saturday September 21, thousands of Londoners will gather, glowsticks in hand, to light up the streets of the capital in an all-night walking marathon to raise money for Cancer Research UK. We're following four participants on their journey

Here's something no one wants to hear: statistically, one in two people will get cancer in their lifetime. But that's why we're so lucky to have charities like Cancer Research UK – a pioneering organisation dedicated to advancements in the prevention, diagnosis and treatment of cancer. They help to save millions of lives and you can be a part of their work thanks to Shine Night Walk, the epic London night-time walking marathon that takes in some of the city's most awe-inspiring sights.

It truly is an event like no other. In the lead-up to this year's marathon walk, we're following four participants as they prepare for the experience. You can discover more about their journey by watching our video series at www.timeout.com/shinenightwalk19.

James Wells

30, from Nottingham

'I'm a cancer survivor. In 2010 I was representing England at karate. Then I was diagnosed with acute myeloid leukaemia. I was told I would need a stem cell transplant if I was going to survive, and fortunately for me my sister was a perfect match donor. She saved my life.'

You should do the Shine Night Walk because... 'Undertaking a challenge and raising a little bit of awareness can go a long way. The work that Cancer Research UK do in particular is so important. Without the necessary research I wouldn't be here today.'

Effie and Saabeah Theos

Twin sisters, 28, originally from Sydney, Australia

Effie: 'Two years ago, our uncle was diagnosed with cancer. He battled

with it for about four years before he passed away.'

You should do the Shine Night Walk because... *Saabeah:* 'It's so important to support Cancer Research UK because cancer can affect anybody at any particular point in time. It's a horrendous thing for people and their families to be experiencing. And if there is any small little thing that we can do, then out of love of our fellow human beings, we should be doing it.'

Gillian Dryburgh

24, originally from Scotland

'Cancer's been around me since I can remember, starting with my mum, who had breast cancer when I was a baby. My mum isn't the strongest and healthiest person ever, but she has fought cancer twice, and I reckon she could do it again.'

You should do the Shine Night Walk because...

'It's going to be thousands of people lighting up London with glowsticks, all with the same passion and motivation. To people who haven't thought about taking part in the Shine Night Walk, I one hundred percent recommend you get involved. When we do the walk, I'm going to be wearing a picture that shows Mum mid-chemo, still out enjoying herself.'

Watch their stories at
www.timeout.com/shinenightwalk19.



→ Sign up for the Shine Night Walk at shinewalk.org and start fundraising today!

TIME OUT TRIES

Drag Diva Fit



DRAG DIVA FIT starts like any other regular fitness class: people in Lycra do stretches against the mirrors while our instructor, Jordan, encourages us to choose our weights. But before long, the studio's double doors swing open and in walks Bella U Voyage, resplendently gothic in black make-up and a flowing dark gown. Behind her comes Mary Poppers, wearing lingerie over her hirsute torso and about seven feet tall in knee-high stiletto boots. Needless to say, Fitness First this is not.

Once the room is full, the class begins. It's aerobics with a RuPaul twist. Exercises include 'Spicy Slut Squats' – your usual squats but with over-the-shoulder glares; 'Giving Face Lunges' – with hand movements straight out of 'Vogue'; and (my personal favourite) 'Bitch out of My Way Fast Feet' – running on the spot while elegantly jostling imaginary passers-by. The music ranges from All Saints to B*Witched, and Jordan's words of encouragement are much-needed: 'You're all Beyoncé!' he shouts at one point. The queens, on the other hand, don't exert themselves too much – instead, they wander around eating chocolate, fanning themselves and shouting at attendees to make more effort. I'm sweating profusely, which makes me glad I'm not the one wearing a full face of make-up.

Before the class ends, we're lined up and prompted to do a catwalk, one-by-one. I hadn't expected this, and feel a bit panicked, but the claps, cheers and wholesome atmosphere encourages me to sashay my way down the studio without a care in the world. Watching my successor get similar treatment, I realise Jordan was right. We are all Beyoncé. ■ Bobby Palmer

WHAT IS IT...

An aerobics meets 'Drag Race' fitness class.

WHY GO...

To pump up those glutes with 'Spicy Slut Squats'.

→ Fit This. Hackney Central Overground. Next date: Wed Jun 19. £7.

More workout realness at timeout.com/thingstodo

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Rekorder-land

Until July 13

Rekorderlig's very own – and free! – Midsummer party is bringing mixed reality to the Underbelly Festival on the South Bank. That means an immersive, multi-sensory experience that will transport you straight to Sweden. Plus there'll be plenty of beautiful botanical flavours from the Rekorderlig range that you can lap up in the summer sunshine.

Use [#SeekRekorderland](#) to discover more

Summer lovin'

Rekorder-land is heading for London just in time for Midsummer. Here's our round-up of events to help you celebrate the vibrant Swedish tradition. Skål!

For the Swedes, Midsummer is more popular than Christmas.

A right, bright knees-up that welcomes the summer in all its sun-shining glory, we think it's about time we embraced the tradition over here, too. Why? Well, it's always pretty special when the UK gets a break from drizzly, grey days but, most importantly, we're suckers for an excuse to party.

That's why we've teamed up with Swedish drinks brand Rekorderlig to bring you some great Midsummer events so you can plan some Nordic-infused fun. Yep, if you're looking to have a proper Swedish summer, here's where you should consider unpacking your shades. And of course we've included Rekorder-land – Rekorderlig's own conceptual pop-up bar and mixed-reality experience

that celebrates the season – it does look pretty cool.

Aztec Solstice Sunrise Celebration

June 21

Looking to make the most of your early morning? At this 6am event on the Queen of Hoxton's rooftop terrace, join Aztec culture group the Atlachinolli for meditation, healing and embracing their ancient culture. Oh, and lots of dancing.

Canary Wharf Midsummer Festival

June 21-22

Pop on your flower crown, because this festival is free to attend and looks like

it'll be a banger. There'll be live music, street food traders and a child-friendly day full of activities to keep your ankle-biters entertained.

Swedish Midsummer Brunch

June 22

It's a fact: Londoners love brunch. And this one, organised by local Swedish community group LondonSwedes, will have you eating up while

Hilly Fields Midsummer Fayre

June 22

This pretty, green space in south London will be transformed for Midsummer, with arts, music, competitions and a funfair all pitching up. There'll be plenty of food and drink too, which you can get stuck into by the field's stone circle, which – sadly – isn't at all ancient.

Midsummer Outdoor Garage Rave

July 6

This one goes out to all the ravers. Yep, if you like a bit of old skool then throw on your Mosch' and get yourself to Studio 338 in Greenwich for 12 hours of back-to-back garage anthems, courtesy of Summer Solstice London.

REKORDERLIG CIDER

- BEAUTIFULLY SWEDISH -

→ For tickets to Rekorder-land, visit rekorderlig.seetickets.com

Summer Solstice celebrations

June 21 is the longest day of the year. Fill the extra hours of sunshine at these five events



Oval Night Market

1 'Longplayer' Day

This 12-hour day of talks, performances and workshops is inspired by 'Longplayer' – a set of singing bowls in Trinity Buoy Wharf's lighthouse, which will ring continuously until 2999. The peripatetic programme exploring time and duration takes place

across London in parks, abandoned police stations and along the Thames shoreline.

→ Various locations. Thu Jun 20. Free.

2 'The Dark Outside'

For just 24 hours a special radio broadcast will join London's airwaves. Transmitting from

Epping Forest, it'll feature previously unheard sounds, ranging from recordings of someone singing in the bath to unreleased tracks by famous and unknown bands. Head to the woodland with a radio and tune into 87.7FM to listen.

→ Epping Forest. ⇄ Chingford. Thu Jun 20-Fri Jun 21. Free.

3 Aztec Summer Solstice Ceremony

Learn all about Mesoamerican culture as Atlachinolli, one of the only Aztec groups in Europe, take over The Queen of Hoxton's rooftop. Watch them make an Aztec flower carpet and perform ancient rituals.

→ Queen of Hoxton. ⇄ Old St. Fri Jun 21. £20.

4 Lake Swim, Cocktails and Campfire

Use the extra daylight to take an early evening wild swim. Dive in knowing you'll soon be toasting marshmallows around a campfire.

→ West Reservoir. ⇄ Manor House. Fri Jun 21. £20.

5 Oval Night Market

See the longest day through into the early hours at this alfresco street party. The road around The Oval in Hackney will be closed to make way for street food trucks, craft stalls, bars and DJs. ■ Alexandra Sims

→ The Oval. Cambridge Heath Overground. Fri Jun 21-Sat Jun 22. Free entry.

More summer fun at timeout.com/summer





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 SOUTH KENSINGTON



DON'T MISS

Summer Cycle at Kew Gardens



WHILE LONDON HAS been pedalling hard over the last couple of decades to become a bike-friendly city, it's still a peloton away from Amsterdam or Copenhagen. After all, there are countless places in the capital where you still can't cycle, such as the beautiful grounds of Kew Gardens, which bans people from whizzing about on two wheels (even micro-scooters don't make the cut). But now, for the first time in the botanical garden's 180-year history, that's about to change.

Yep, for the very first time, Londoners of all ages are being invited to saddle up, clip in and explore the 330-acre wonderland on their bikes. Kew will be opening its doors after-hours for Summer Cycle and letting visitors spend one balmy evening cruising around. The route will start at the huge Nash Conservatory. The oldest of the garden's nineteenth-century glasshouses, it was moved pane-by-pane from Buckingham Palace in 1836. Next, you'll pedal past the Great Board Walk Borders – the longest herbaceous borders in the country – and all the way round to Temperate House, via Palm House lake and the Rose Garden (you'll spot colourful Dale Chihuly sculptures dotted among the foliage).

After all that exercise, stop off and take a breather at the Syon vista, which will be turned into a mass picnic spot with food and drink from the new Pavilion Bar and Grill. You're also able to listen to live performances from musicians who'll be roving around the grounds. The only thing you'll actually have to bring is your trusty bike. ■
Bobby Palmer

WHAT IS IT?

A super-rare chance to explore Kew Gardens by bike.

WHY GO?

To whizz around the botanical wonderland before sitting down to a mass picnic.

→ Kew Gardens.
↺ Kew Gardens.
Thu Jun 20. £15.

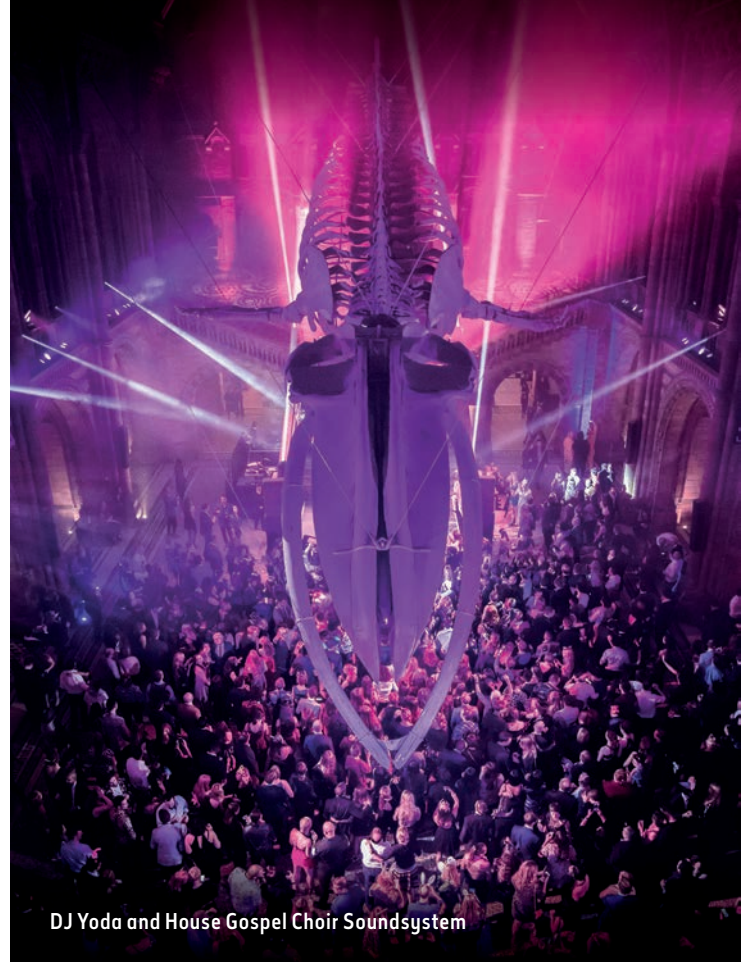
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Silent Disco

Yoga Classes under the Moon

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SUN 30 JUNE	SOLD OUT	SUN 21 JULY

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THREE OF THE BEST

Discos with a difference

Whether you're hot stuff or a dancing queen, get down at one of these quirky parties



↑ Roller Disco at Roller Nation

The rollerskate pioneers are throwing a huge housewarming at their new Tottenham venue, with plenty of street food, '80s and '90s tunes and a vintage market. There's a distinctly retro theme, so expect glitter balls and legwarmers galore.

→ Roller Nation. Bruce Grove Overground. Sat Jun 22. £15.



↑ EcoDisco Summer Launch Party

Clubbing. Very wasteful, isn't it? All those plastic cups, all that drain-clogging glitter. Not at EcoDisco. This night combats all that with reusable steel cups, eco-glitter, biodegradable water bottles and avocado straws.

→ Oval Space. Cambridge Heath Overground. Sat Jun 22. £17-£22.



↑ Paint Jam Birthday Disco

Paint Jam are turning ten, and transforming a secret venue into a giant paint party to celebrate. You'll get a text 48 hours before telling you where to go – your canvas, prosecco and a resident DJ spinning disco tunes await. ■ Bobby Palmer

→ Secret London venue. Sat Jun 22. £30-£35.

WINDRUSH DAY

S Black Culture Pop-Up Market: Windrush Special

This showcase of black businesses returns for Windrush Day. Expect a variety of stalls selling food, drinks, clothes, stationery, books, beauty and hair products, and more.

→ Impact Brixton. ☉ Brixton.
Sat Jun 22-Sun Jun 23. Free.

C 'Caribbean Takeaway Takeover: Identities and Stories'

The Migration Museum's Breathing Space café morphs into a Caribbean takeaway for an exhibition telling the real-life stories of some of the UK's inspiring Windrush elders.

→ Migration Museum at The Workshop. ☉ Lambeth North.
Until Jun 30. Free.

ART

E Free Range Graduate Art Fair

Now in its nineteenth year, this showcase of work by arts graduates from around the UK features the best in fine art, photography and design.

→ Old Truman Brewery.
☉ Liverpool St.
Fri Jun 21-Jul 8. Free entry.

FÊTES

W Kew Midsummer Fête

With more than 100 stalls, a Victorian fairground, a Fuller's bar, dog show, tug of war, charity raffle and live local bands, Kew's midsummer fête is a perfectly quaint way to chill out on the village green this weekend.

→ Kew Green. ☉ Kew Gardens.
Sat Jun 22. Free.

W Chelsea Summer Fête

This annual summer fête brings another meaning to the phrase 'Made in Chelsea', with a wonderful offering of local artisan food and cocktails. Add to that acoustic music, yoga classes and even polo lessons, and you've got an incredibly wholesome day out on your hands.

→ Duke of York Square.
☉ Sloane Square.
Sat Jun 22. Free.

PARTIES

E The Great Get Together

This family-friendly festival (which runs across the country) includes eight different stages and zones. The BBC Singers will be there, plus the London School of Samba.

→ Queen Elizabeth Olympic Park. ☉ Stratford. Sun Jun 23.
Free entry.

C Portman Square Garden Party

Portman Square is one of London's most exclusive private gardens, so you won't want to miss it opening its gates for a special soirée. Expect a modern-day village fair with drinks, live music and an opportunity to explore the lush surroundings.

→ Portman Square Garden.
☉ Marble Arch.
Wed Jun 19. £45.

TO DO

The best events in your area

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Joaquín Sorolla, *Running along the Beach, Valencia (detail)*, 1908
© Museo de Bellas Artes de Asturias. Col. Pedro Masaveu

FINAL WEEKS

DRINK

C Rum Punch Lunch

Give your Sunday lunch a sunny twist with the Mike King Collective choir, who'll be providing the soundtrack while you munch on a three-course Caribbean meal with added rum.

→ Carousel. ☉ Marble Arch.
Sun Jun 23. £37.61.

E Strongroom Beer Festival

Beers from more than 15 breweries will be available throughout this hoppy festival in Shoreditch, celebrating craft offerings from the UK and Europe. Experts will be on hand, as well as live music, DJs both inside and out and a lip-smacking barbecue in the yard.

→ Strongroom Bar. ☉ Old St.
Sat Jun 22. £35.

W The Whisky Altruist

Father's Day may have been last week, but you can still treat Dad to six premium whisky tasters, all between 23 and 40 years old, at the Whisky Altruist's Father's Day special. It's not-for-profit, offering guests the chance to try whiskies usually out of their price range (hence the name).

→ The Gunnersbury.
Gunnersbury Overground.
Wed Jun 19. £45.

EXCLUSIVE

Save 50 percent on tickets to an evening of expressive music from a key member of the Havana music scene – **Omara Portuondo**. Tickets from just £16.25.

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Film



FILM OF THE WEEK

Toy Story 4



URNS OUT, PIXAR'S sentient toys can still make us cry. Nearly 25 years after their cinematic debut, the sweetly selfless plastic pals return in a surprise fourth 'Toy Story', one charged by the animated series' most relatable theme: the purpose you find in being useful to others. It's a hopeful, immensely human chapter that extends the franchise's complex notions of loyalty, displacement and self-worth, and does it with humour and warmth.

Working from a script by Andrew Stanton and Stephany Folsom (as well as six other story contributors,

including the disgraced ex-Pixar chief John Lasseter), director Josh Cooley successfully balances all these elements. It's a noteworthy achievement considering the large cowboy boots he had to fill after 2010's epic yet nuanced 'Toy Story 3', one of Pixar's more perfect achievements. The reliable company of old friends certainly helps. Now happily living with a new kid, Bonnie (voiced by Madeleine McGraw), Tom Hanks's pull-string pardner Woody, Tim Allen's devoted Buzz Lightyear, Joan Cusack's feisty Jessie and the rest of the gang are back. New to the clan is Forky

(Tony Hale of 'Veep', adding nervy personality and genuine weirdness), an existentially confused spork with low self-esteem that the ever-imaginative Bonnie creates as a kindergarten craft project.

Convinced of his status as trash (an unusually raw class dilemma for a Pixar movie), Forky gets a crash course on his toyness from Woody, himself thrown by a life crisis resembling that of a retiree. Bonnie has moved on to other favourite dolls, so the sheriff eagerly makes Forky his new project, pledging to protect him during a family trip. Complicating matters on the road is Woody's old flame Bo Peep (Annie Potts), now a free-spirited, self-sufficient 'lost toy'. Their old feelings rekindle when they set off on a rescue mission to reclaim Forky from Christina Hendricks's Gabby Gabby, a creepily defective antique doll plotting a scheme of her own. Also included in the crowded landscape – a touch too elaborate for little ones – is Keanu Reeves's scene-stealing, endearingly pompous Duke Caboom, a Canadian daredevil bike racer, plus Keegan-Michael

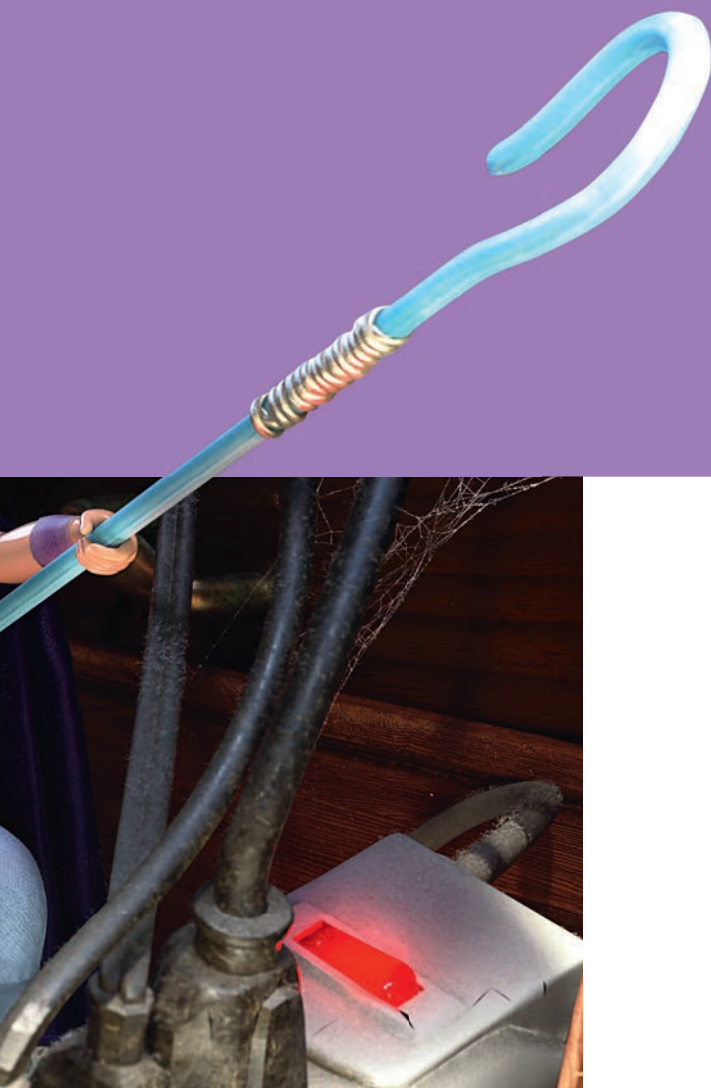
WHAT IS IT...

Woody, Buzz and co embark on a road trip in their sparkling fourth adventure.

WHY GO...

For Forky, the most charmingly confused cutlery you could wish to meet.

→ Director Josh Cooley (U)
100 mins.

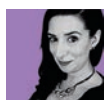


For fork's sake

Tony Hale ('Veep') on voicing the existential joy that is Forky, the new star of 'Toy Story 4'

Key and Jordan Peele's Ducky and Bunny, a bickering pair of conjoined fairground prize toys.

Occasionally too busy and loose with its logical rigour, 'Toy Story 4' doesn't quite connect all the dots. Still, the film earns a distinct spot in the chain, foregrounding Bob Pauley's pristinely lit production design, one that showcases a kaleidoscopic carnival and a dusty antique shop swarming with hilariously nightmarish ventriloquist dummies. In true Pixar style, there are several superbly kinetic set pieces that could educate a number of jumbled superhero films on the art of coherent action. But its overall frankness is what justifies its existence. Striking notes of sacrifice and the need to pivot at life's crucial moments, the new film brings Woody's arc full circle. These movies have always been about more than a chest of playthings. Now they feel complete. ■



By Tomris Laffly
Whose favourite toy growing up was her Cluedo board.

How was Forky pitched to you?

'He was pitched as nervous, so, you know – check. [Laughs] He was pitched as gullible to a fault – again, check. If I'm being honest, just the fact that they asked me was a little strange. Initially, I thought: Someone's going to wake up to the fact that they've made a big mistake. Surely they meant Tony Danza?'

Who is Forky?

'He's Pixar's first homemade character. It's literally a spork, a pipe cleaner, some clay, and some broken Popsicle sticks. He comes from the trash, but then, through this whole journey he has with Woody, he's taught that he has a greater purpose than that.'

Are you expecting people to start making their own Forkys?

'That would be amazing. This is getting meta, but anybody who thinks of themselves as trash, they should know that they're so much more than that. They have so much more purpose, so much more beauty.'

How did you get into Forky's nervy, existential mindset?

'Sadly, for most of my characters, it doesn't take me long [to get into that headspace]. I don't know what that says about me. I will say this: I'm the kind of guy that walks around and says, "Why am I here? What's going on? You realise we're spinning on a planet, right?" I appreciate that Forky asks a lot of questions.'

Was it fun going from 'Veep' to a Pixar movie?

'It definitely was a contrast. By the way, I loved doing "Veep", and we're all such close friends. But I think we were close off-set because, in character, we were so abused. The purity of "Toy Story 4" was nice, because "Veep" was such a cesspool. The insults alone: I was called "a bitchy mime". I was called "Cow Eyes".'

Do you look at forks differently now?

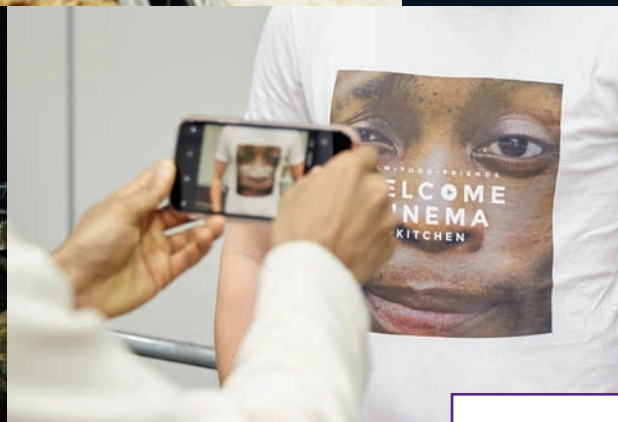
'I have a whole new relationship with forks – forks and spoons.'

Forky is the best of both worlds.' ■ Interview by Joshua Rothkopf





May the fork be with you
Riz Ahmed lends a hand at Welcome Cinema + Kitchen



Everybody's welcome

Welcome Cinema + Kitchen brings refugees and Londoners together for an evening of movies, food and community. *Phil de Semlyen* digs in

IF YOUR GO-TO movie snack is a tub of popcorn or a sack of pick 'n' mix almost guaranteed to upset your dentist, there's a charity pop-up with a delicious new slant on the food-and-a-film combo to get your teeth into. Welcome Cinema + Kitchen, running since 2016 with support from Help Refugees UK, is the brainchild of four friends: Advia Ahmed, Claire Wilson, Maggie Hibberd and Tommy Fitzer. Its premise is simple and sincere: to bring together Londoners and refugees for tasty food and crowd-pleasing movies.

Being a major fan of both of those things, I pop down to its monthly home, Amnesty International's Shoreditch HQ, for a screening of 'Star Wars' spin-off 'Rogue One'. When the Death Star plans have been safely stolen and the sun has

gone down, the attendees get stuck into a special iftar menu to break the Ramadan fast.

Among the nationalities represented are Afghans, Iranians, Eritreans, Ethiopians, Jamaicans, Nigerians, Pakistanis, Ivorians – all refugees, asylum seekers or migrants – as well as a fair few locals. 'We noticed that once refugees get here they become isolated,' says Ahmed. 'The PTSD and trauma kicks in because their adrenaline rush goes down. So we wanted this to be an evening for people to get to know each other.' For most, the food is a slice of home comfort. There's mouthwatering hamli, a sautéed spinach dish from Eritrea; yassa, a spicy chicken stew from Senegal; and crispy sambusa pastries from Syria. At the end of the buffet is a salver of baba ganoush big enough

to have its own shipping lanes.

Riz Ahmed, a star of the film, has pitched up with his mum and sister. He's here for a Q&A but happily helps out the chefs and chats with all-comers. 'Being able to be part of initiatives like this stays with me,' he says. 'It brings people from so many different backgrounds together.'

Welcome's model means that for every ticket sold, a refugee attends for free. I get chatting to one of the regulars, Juliana Simon, a St Lucian who now lives in Shoreditch. 'The food and cinema is great, but it's the atmosphere that brings me back,' she says. 'It's brilliant.' It is: a buzzing example of community cinema breaking down barriers. Save your appetite and give it a go. ■

→ 'Soufra' screens at Welcome Cinema + Kitchen on Thu Jun 20, 6pm. £25. Head to www.welcomepresents.com for details.

THREE MORE

Refugee Week screenings

'Survivors' + Q&A

A drama set in the aftermath of Sierra Leone's Ebola crisis.

→ Rio Cinema. Dalston Kingsland Overground. Wed Jun 19, 6.30pm, £12.50.

'Hero' + Q&A

The true story of an RAF pilot from Trinidad.

→ Ritzy Picturehouse. Brixton. Sat Jun 22, 6pm. £14.50.

'Styx' + Q&A

Acclaimed refugee drama set on the high seas.

→ Lexi Cinema. Kensal Rise Overground. Thu Jun 20, 6.30pm. £10.50.

The Flood



WHAT IS IT...

A drama about an asylum seeker, starring Lena Headey as a tough immigration official.

WHY GO...

Ivanno Jeremiah gives a voice to the voiceless as a refugee.

→ Director Anthony Woodley (15) 98 mins.



IT'S THE EYES that get you in Ivanno Jeremiah's performance as an Eritrean refugee, Haile. They are haunted by the trials he's endured escaping his homeland, before finding himself in a grey cell in a UK detention centre. Enter Lena Headey's bureaucrat Wendy, who's keen to hit her targets.

The plot cuts back and forth between the clinical interrogation and the hardships of Haile's journey. Despite everything Haile has endured, he still shows Wendy compassion. She's more interested in trying to win back custody of her daughter while swigging white-label vodka from a water bottle.

Helen Kingston's script is based on accounts collected by director Anthony Woodley during his time volunteering in the Calais Jungle.

No doubt that experience led to the film's sense of authenticity, right down to its gallows jokes. 'Do you know what they call those who get across first time?' Haile asks. 'Bastards.' He's lost everything except his sense of humour.

'The Flood' is an understated, lean film, shorn of flashy camerawork or narrative pyrotechnics. Nothing is over-polished or glossed-up. Instead, there's a searing emotional reality in evidence, not just from Haile, but from Mandip Gill ('Doctor Who') as a fellow refugee, Reema. As we come back to those haunted eyes, we're given a sharp reminder that the refugee crisis is far from over. Thousands of Hailes lose their lives fleeing persecution every day. ■ Joseph Walsh

BOOK NOW

Musicals on the River



The Thames will be echoing to big-screen bangers over the next seven days, as Movies on the River unleashes a trio of earworm-packed musicals. On Friday it's 'The Greatest Showman', 'Bohemian Rhapsody' follows on Saturday, and 'Grease' is the word on Tuesday, June 25. Join us for a summer singalong.

→ Tower Hill. www.timeout.com/movieboat.

Brightburn



WHAT IS IT...

A horror film that imagines what might happen if Superman grew up evil.

WHY GO...

For the chilling premise and a spooky denouement.

→ Director David Yarovesky (15) 90 mins.



WE'VE HAD SUPERHERO comedies, romcoms and westerns, so it was only a matter of time before we got a horror. This low-budget effort leans heavily on jump scares and creeps before engaging with its premise, but when it does, it's as chilling as Superman's freezing breath.

Tori (Elizabeth Banks) and Kyle Breyer (David Denman) are a young married couple struggling to conceive when an apparent meteor strike delivers them a baby boy. They raise the alien as their own, but when Brandon (Jackson A Dunn) turns 12 he starts exhibiting odd behaviour: superior strength, violent tendencies and sleepwalking. Soon the tween villain is making a chilling pass at a classmate and acting out violently when she recoils.

Dunn's fixed stare and quietude give Brandon a deeply unsettling edge, though the storytelling is unclear on whether he is always a dissembling sociopath or if the Breyers' good son is effectively erased when his powers come to life. There's none of the ethical wrestling over the use of his powers that made 'Chronicle' such a joy; just a near-immediate escalation to stalker-killer in a series of remarkably gory scenes.

Despite a brisk runtime, the build-up is sluggish. Things do fire up in the last act, as Brandon gives into his instincts and we get to see what a Man of Steel would do if he was unrestrained by a devotion to truth, justice and the American way. ■ Helen O'Hara

The Captor



WHAT IS IT...

A true-life heist movie with Ethan Hawke as a maverick bank robber.

WHY GO...

For Hawke's enjoyably OTT performance.

→ Director Robert Budreau (15) 90 mins.



OFTEN AN EARNEST on-screen presence, Ethan Hawke hits the movie helium in a big way in this loose-limbed and offbeat heist movie. It's all based on an unlikely true story. Back in 1973, criminal Jan-Erik Olsson strolled into Stockholm's huge Kreditbanken, sporting a dodgy disguise and a US accent, and stuck the place up, taking three hostages. Clad mainly in leather (he dresses like a man who's watched 'Easy Rider' once too often) and wired on pills, Olsson is a gift for Hawke. He has a blast retracing his steps as a siege unfolds, filled with odd twists and unexpected humour.

'The Captor' was originally named 'Stockholm' – the syndrome got its name from the heist – and any dramatic grist here comes from Olsson's blossoming chemistry with one of his hostages, bank clerk Bianca (Noomi Rapace). In truth, there's little drama and tension, despite the engaging Rapace's best efforts – the characters feel too thinly fleshed out for that. Director Robert Budreau is happy to sit back and let Hawke and Mark Strong, his newly sprung partner-in-crime, bring hammy energy and gentle counter-culture vibes to the absurdist scenario.

'Dog Day Afternoon' is an obvious touchpoint here, but the power of Sidney Lumet's classic comes from its emotional sincerity and 'The Captor' doesn't begin to tie you up with its characters in the same way. Still, it's fun watching Hawke's oddball robber socking it to The Man in a wig and stick-on handlebars. ■ Phil de Semlyen

Music & Nightlife

Edited by Oliver Keens
timeout.com/music @timeoutmusic

JUST ANNOUNCED

AphexTwin is playing Printworks

It's just one part of Red Bull Music Festival, which comes to town this year

AFTER PREVIOUS YEARS in New York, São Paulo, LA and Tokyo, Red Bull's annual city-wide events series is coming to little old London. Yes it's all part of a promotion for a big drinks brand, but as with most of Red Bull's well-curated cultural events, it's great news for fans of bleeding-edge music and clubbing.

Of the first wave of announcements for this series of gigs, club and talks – which take place at different locations in August and September – the major news is that AphexTwin is playing a headline set at Canada Water's gigantic post-industrial playground Printworks on September 14.

Having reimagined dance music in the '90s, Richard D James has cultivated the kind of hyper-imaginative cult following that elevates a 47-year-old Cornish man with a ponytail into an omniscient techno overlord. Away from the Aphex mythology, he's actually on

stunning form IRL. Following last album 'Syro' in 2014, James has been playing more regularly than usual. His sets are jaw-dropping in their slow move from punishing industrial ambience to hyperdrive beat armageddon. Add in the presence of 306 LED panels and lasers, plus visuals from Aphex collaborators Weirdcore and fascinating supports like Uganda's Nihiloxica, and we're convinced this will be rather special.

Elsewhere, there's a three-room takeover of Fabric featuring the best of the UK's bass scene – Blawan, Saoirse, Source Direct and more play at a night called Refractions. There's also a more retrospective celebration of the birth of garage, featuring So Solid, Ms Dynamite, Matt 'Jam' Lamont and Todd Edwards on September 8. The distinctly UK sound came together mostly on Sundays, as nascent garage DJs could only get sets on the



day of rest. So it is that Red Bull's party, taking place at a TBC outdoor location in south London, is being called the Sunday Club.

Other events coming to London include an eleventh year at Notting Hill Carnival, a collaboration between drag performer Victoria Sin and Shy One and a panel discussion on London's proud history of musical multiculturalism at the British Library. A new book on soundsystem culture by writer Joe Muggs called 'Bass, Mids, Tops: An Oral History of Sound System Culture' will be the subject of an photo exhibition at Red Bull



Aphex Twin: fact or fiction?

CLAIM

He used to live in that futuristic shiny metal box in the middle of Elephant roundabout.

VERDICT

False – that's the Michael Faraday Memorial. Aphex lived in a now-demolished bank near it.

CLAIM

In 1994, his DJ set at London club night Disobey consisted of him playing not vinyl, but a load of sandpaper.

VERDICT

True.

CLAIM

He owns a tank that he used to drive around Cornwall.

VERDICT

False – it's technically a 3.7-tonne Ferret armoured car.

CLAIM

He now lives with his family in a remote Scottish village with a population of 300.

VERDICT

True.

CLAIM

He and Madonna discussed a collaboration where the Queen of Pop would make pig noises instead of singing.

VERDICT

True – though sadly it never happened.

Studios in Covent Garden. There's also a cute event called Round Robin, which will pair musicians including Lapalux, Swindle, Mira Calix and Femi from Ezra Collective and make them perform an improvised duet!

More events will be announced soon, but consider us energised already. ■

→ Red Bull Music Festival events run Aug 20-Sep 14 at various venues. Tickets go on sale on Thu Jun 20 at 9am.



By Oliver Keens
 Who is also a 47-year-old
 Cornish man with a ponytail.



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WHAT'S THE DEAL WITH

Yonaka



Okay, who are this lot?

They're a vibrant Brightonian foursome. Think of them as the hot pink fringe spicing up an otherwise dull emo hairdo right now.

So I should expect whiny vocals and self-pitying lyrics?

Absolutely not. Yonaka are coming for your ears with the relentlessness of a menstrual cramp.

Right, gotcha. And what do they sound like?

Their sound bridges a gap between angry pop and indie/alternative rock. Think Wolf Alice, Black Honey or Royal Blood in a collab with Gwen Stefani. Think bitey riffs, unwavering energy and falsetto parts that'll lick your face clean off. Oh, and they have a tendency to call people out in songs too – so don't go picking a fight.

Eesh, no way. Sounds like they take no prisoners.

That's the best bit. They nuzzle into songs about sticky, lovey feelings just as successfully as they bang out a neon-lettered 'fuck you'

track. Want proof? Whack on debut album 'Don't Wait 'Til Tomorrow' and wrap your ears around 'Guilty (for Your Love)', or 'Creature'. Or for a satisfying dose of angst, zero in on their 2018 tune, 'Own Worst Enemy'.

So they're not afraid to get messy?

Well (pithy statement incoming) humans *are* messy! But while their music is chaotic, the album was thoughtfully produced by bassist Alex Crosby.

We stan an all-rounder.

Init. That's probably why they're signed to Fueled by Ramen and supported by Bring Me The Horizon.

Oh yeah, didn't they play All Points East with BMTH this year?

Yep – and you missed out, buddy. But if you're going to Oxfordshire's Truck Fest in July, you're in luck. And besides, like most things worth doing, they're best enjoyed sweaty. ■

Katherine Lovage

→ 'Don't Wait 'Til Tomorrow' is out now.

More at
[timeout.com/music](https://www.timeout.com/music)



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HEADS UP

Ronnie Scott's is throwing a street party

To celebrate its sixtieth birthday, the venue invites you for a dance on Frith Street

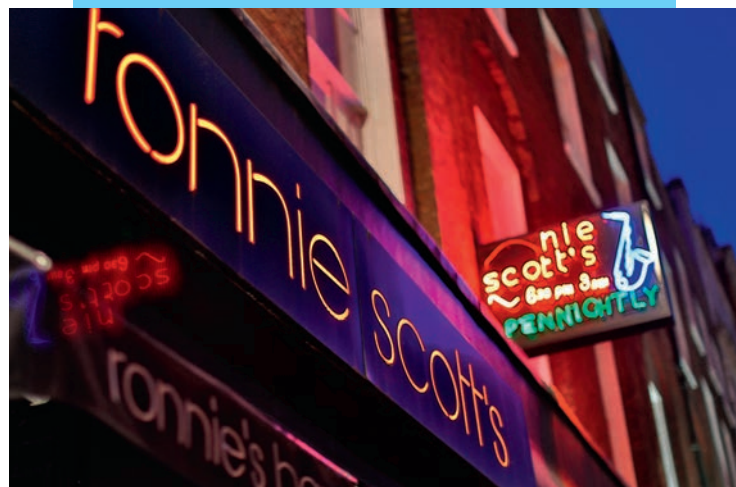
RONNIE SCOTT'S IS one of London's most iconic music venues, so it deserves a proper sixtieth birthday celebration. And it's definitely getting one on July 20, when Frith Street, the beloved jazz club's home since 1965 (it opened in a basement on Gerrard Street in 1959), will be closed to traffic for a six-hour street party.

Beginning at noon, Ronnie Scott's 60th Anniversary Street Party will feature performances from six-piece Latin jazz band Eli & La Evolución, five-piece jazz funk collective Pee Wee Ellis, and London-based saxophonist and composer Nubya Garcia. DJs will keep the party popping between performances, and kids will

have the chance to try face-painting.

If you're feeling fancy, you can grab a drink from the dedicated champagne bar. And when you're feeling peckish, Frith Street faves including Hoppers, Little Italy and Bar Italia will be running street-food stalls and opening their doors to all-comers. Basically, it's a big, family-friendly shindig to honour a venue that's played host to genuine legends including Nina Simone, Ella Fitzgerald and Miles Davis. And best of all? It's completely free of charge and there's no need to book in advance – simply rock up and party on. Long live Ronnie Scott's! ■ *Nick Levine*

→ Ronnie Scott's is at 47 Frith St, W1D 4HT. ☺ Oxford Circus.



More at
timeout.com/music

GIGS AND CLUBS



Buy tickets at
timeout.com/gigs

Theresa May's Legs Akimbo: The Leaving Do

Queer cabaret fave Fagulous is channelling the departing prime minister... maybe for the last time ever? If you want to 'celebrate the end of May in the most outrageous way possible', this Saturday night knees-up is surely the one.

→ The Glory, Haggerston Overground.
Jul 27. £8-£10.

Beyoncé Forever

South London's DIY queer space celebrates the incredible career of Beyoncé Knowles-Carter. Expect to enjoy all of Bey's bangers from Destiny's Child's 'Say My Name' to 'Formation', plus a drag tribute from Georgia peach Cara Melle.

→ The Chateau, Denmark Hill Overground. Sat Jun 22. £4-£5.

Lianne La Havas

Before she supports actual Stevie Wonder in Hyde Park on July 6, the south Londoner will play this just-announced intimate headline show.

→ Bussey Building, Peckham Rye Overground. Jun 26. £27-£50.

The Hydra: Bank Holiday Weekender

Ace promoters The Hydra present a heady celebration of alternative electronic music spread over three days. Nils Frahm's only London festival set of the

summer is a highlight, but this August mega-party also boasts live shows from Dâm-Funk, Larry Heard and Model 500, plus sets from Helena Hauff, Jeff Mills and plenty more.

→ Printworks. ☉ Canada Water. Aug 23-25. £22.50-£37.50 per day.

Common

The Oscar-winning rapper-turned-actor-turned Obama bezzie returns to the capital for a rare solo show.

→ O2 Shepherd's Bush Empire. ☉ Shepherd's Bush. Sep 10. £43.70-£57.75.

A Life of Grime

Featuring performances from Devlin, Chip, Jammer, Newham Generals and the iconic So Solid Crew, this one-off gig celebrates the early years of London's underground and highly influential grime scene.

→ O2 Forum Kentish Town. ☉ Kentish Town. Sep 27. £20-£35.

Ariana Grande

Having sold out her trio of shows at The O2 in August, the pop princess has essentially said 'thank u, next' and booked in two more for October.

→ The O2. ☉ North Greenwich. Oct 15-16. £117-£158.

Deerhunter

The Atlanta band tour in support of this year's acclaimed album 'Why Hasn't Everything Already Disappeared?' Support from excellent Welsh singer-songwriter Cate Le Bon helps to make this a real late-autumn treat.

→ Roundhouse. ☉ Chalk Farm. Nov 3. £23.50.

The Chemical Brothers

The big beat kings bring their black rockin' beats to The O2 for their most humongous UK headline show ever.

→ The O2. ☉ North Greenwich. Nov 30. £32.50-£49.50.

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Theatre & Dance

Edited by Andrzej Lukowski
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TIME OUT MEETS

John Malkovich

The great US actor is the star of David Mamet's new play. Just don't ask him what it's about

ONE THING I can tell you for sure about John Malkovich is that he's a colossal talent. A co-founder of the seminal Chicago theatre company Steppenwolf in the '70s, his electrifying '80s stage performances led him to the screen. He notched up a pair of Oscar nominations and capped the century off by starring in

Spike Jonze's brilliantly out-there metacomedy 'Being John Malkovich'. Now, finally, he's returning to the West End after some 27 years away to star in a new play about Harvey Weinstein.

Or is it? After 45 minutes in Malkovich's singular company I am left somewhat unsure. The play is 'Bitter Wheat', and it's the

latest from American provocateur David Mamet, who also directs – apparently he couldn't find a director he liked who'd do it.

What we know about it: not a lot. But it's out there that it's 'a play about a depraved Hollywood mogul', whose name is Barney Fein. Barney Fein! It doesn't take a detective does it?

'The play is a... comedy,' says Malkovich in his distinct, whispery-but-firm tones, 'about a very badly behaved movie mogul and those in his orbit. But I mistrust journalists who want you to tell them what you're seeing. I can't tell you what it is. You can tell me what it is to you.'

'I've never wanted to be friends with any character I've ever played'



'Bitter Wheat'



A Midsummer Night's Dream



'FOR FUCK'S SAKE,' mumbled a member of the Bridge Theatre crew as he sprinted past me. It was three hours since Nicholas Hytner's production of 'A Midsummer Night's Dream' had begun and it was unclear whether it had finished, technically. But it probably had, as the unfortunate staff member was trying to retrieve an enormous glowing moon ball that the audience was punching around the theatre.

A weird dream? Nope, just Hytner finally tackling Shakespeare's beloved comedy. Usually his takes on The Bard are precise and revelatory, and certainly he applies some of his usual rigour here; but then there's the feeling that he got stumped by what is effectively a story about some fairies banging in a wood and decided he might gobble a couple of pills for inspiration. (NB I am sure Sir Nick did not do this.) The result is messy, sprawling and glorious.

Integral to Hytner's vision is the effective swapping of the roles of fairy king Oberon (Hytner regular Oliver Chris) and queen Titania (towering 'Game of Thrones' star Gwendoline Christie). Their dialogue is mostly switched, making it a story of how Titania causes Oberon to fall for Hammed Animashaun's savant-ish Bottom.

That sets the tone for a riotous gender-fluid immersive production that feels like designer Bunny Christie's main inspiration was Pride. When Oberon and Bottom get it on, surrounded by dancing fairies, while Beyoncé (obvs) thunders from the PA, it is cheesy, silly, predictable, subversive and joyous.

As the whole thing sort of collapses into a massive cast-and-audience dance party, it's a real wrench to remember we can't just hide out in these woods for ever. ■

Andrzej Lukowski

do with that life,' he shrugs.

When it was announced, 'Bitter Wheat' prompted scepticism from those wondering if Mamet had anything helpful to contribute to the discourse around Weinstein. In a recent *Telegraph* feature, Malkovich seemed peeved about this, but when I raise that interview he simply comments: 'I don't know what was said, but I don't really care about that, because it has no application to anything.'

Okay! On why Mamet might want to write about this subject, he calmly replies: 'So what if he does? Why can only some people have an opinion about this and others not?' Because it might be crass? 'I wouldn't consider it crass,' he says. 'Is it a cautionary tale? Yeah, probably. Do I want to be a friend to the character? No. Have I wanted to be friends with any character I've ever played? Probably not.'

Why is it funny? 'Well, there's something in outrageous characters that we like. And then obviously most people enjoy *schadenfreude*, they love to see somebody they don't like brought down. That's not a quality I have: but go ahead.'

I have never met an actor less interested in trying to sell himself. Malkovich isn't not rude, just... detached. When I ask him if he has any ambitions, he thinks then tells me he doesn't. He is one of America's most brilliant actors and he has returned to theatre, in our city. That it is in this play will prove a sticking point for some. But however people respond, you imagine John Malkovich will be unfazed, still following his own peculiar, serene orbit. ■

→ 'Bitter Wheat' is at the Garrick Theatre.

⇨ Leicester Square. Until Sep 21. £25-£125.



By Andrzej Lukowski
Who really wanted to call him 'Malkatraz' but didn't dare.

I explain that I literally haven't been allowed to see a script, let alone the play. It's difficult to tell to what extent this registers. The 65-year-old actor is the most zen human I have ever met: impassively calm with a habit of dissecting questions instead of answering them.

What he will tell me is that Mamet collared him at a dinner party and asked if he'd like to be in a play about fallen film tycoon Weinstein. Malkovich – who had not appeared in a conventional play since the mid '00s – 'read it a couple of times and [I] said: Yeah, okay, let's do it'.

He says it's no longer about Weinstein per se, that Fein is a composite of various unsavoury men who've fallen from grace. Vis à vis Weinstein, Malkovich only briefly worked with him and says he never heard any gossip. 'I don't live in Hollywood, I don't have much to

The Damned



WHAT IS IT...

Ivo van Hove adapts Luchino Visconti's doomy Nazi epic.

WHY GO...

The stunning video sequences.

→ Barbican Centre.
 ↻ Barbican. Wed Jun
 19-Jun 25. £16-£50.



PERFORMED BY LEGENDARY Parisian ensemble Comédie-Française, Ivo van Hove's adaptation of Luchino Visconti's unsettling 1969 film 'The Damned' is a grandiose and harrowing epic about a tainted German industrialist dynasty.

The year is 1933 and the vast Essenbeck family is gathered to celebrate patriarch Joachim's birthday, on the very night that the Reichstag fire breaks out, tightening Hitler's grip on power.

The family are opportunists: few of them have any real love for Hitler, but he is on the up and they are business people first and foremost. Their belief that they can hitch their wagon to the madness of the Nazis and come out intact is pure arrogance – as we see over a queasy, two-hour drama in which the faults within the Essenbeck clan are ripped open by the extremity and lawlessness of the Nazi regime.

It's an epic rendering of physical and moral breakdown blessed with a stunning central video sequence (designed by Tal Yarden) in which what looks like a live relay of the action on stage gradually degenerates into a hallucinogenic film of a homoerotic massacre of the SA, still trippily intersecting with the live action.

Be warned: there is absolutely no catharsis or joy here. It begins in twilight and ends in total darkness. It's not a happy experience, but it is a brilliant piece of art. ■ Andrzej Lukowski

J'Ouvert



WHAT IS IT...

A story of three friends at Notting Hill Carnival.

WHY GO...

It's a hugely impressive debut from writer Yasmin Joseph.

→ Theatre503. Clapham
 Junction rail.
 Until Jun 22. £17-£18,
 £5-£12 concs.



THERE'S AN INVISIBLE crush of dancing, surging people filling Theatre 503's small stage, surrounding the three women who perform Yasmin Joseph's debut play. She makes Notting Hill Carnival feel real, and rests all its tensions on the shoulders of these female friends.

Nadine wants to be the face of Carnival, the first dark-skinned woman to win that honour in years. Played by Sharla Smith, she's decked out in sequins and feathers – and a dusting of church-girl wholesomeness she's doing her best to shake off. Her less naive friend Jade (Sapphire Joy) defends her from the men who hit on her, getting called a 'bitch' for her justified cynicism. But Nadine knows that she's losing Jade to Nisha (Annice Boparai), an activist who's using Carnival as a platform to slam gentrification.

Joseph's play mixes perceptive social commentary with vivid insights into Carnival's transformative magic. In Rebekah Murrell's fluid production, its three performers also become the genial old crocks who man a merch stand, or pursed-lipped white local residents who draw their curtains against the outbreak of colour and soca, or posturing young guys who act as tough as their egos are fragile. 'J'Ouvert' is set during a single afternoon, and that lets it take huge ideas, line them up and make them jostle together, moving in time with Carnival's crowds. ■ Alice Saville

EXCLUSIVE

'YUMMY'



This avant-garde cabaret show is coming to London for the first time, and we've got exclusive seats saving you 30 percent. Expect drag, music, circus and burlesque – and tickets start at just £10.50 each.

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The Future



WHAT IS IT...

A DIY theatre show about artificial intelligence

WHY GO...

For a wonderfully silly intro to the world of sentient robots

→ Battersea Arts Centre.
 Clapham Junction rail.
 Until Jun 29. £10-£20.



VERY SMART ROBOTS are probably going to take over the world, and much-loved lo-fi theatre troupe Little Bulb are doing their darnedest to make sure we're all prepared. So they've interviewed AI experts and mashed the results into a goofy 90 minutes of science and space rock.

The four-strong cast come in the guise of three boffins in tinfoil pixie hats and a smarmy Aussie presenter who's persuaded them to share their wisdom in the form of a flashy TED talk-style presentation. Soon this framing device gets dismantled: are these scientists for real? Or are they in the pocket of Big Android?

Sometimes, it feels like the latter. The pros make the case for AI as a natural consequence of humans' insatiable curiosity about the world, and a strike for progress. But worrying philosophical questions dangle: can AI make a mess so big that only AI can get us out of it? Do robots have rights?

Melodramatic B-movie-style scenes send up the more dystopian possible consequences of robo-rule. But there's little real critique of the structural or social problems AI could cause: probably because the scientists they interviewed are broadly in favour of their android protégés.

This show is light on the whimsical, prop-heavy mayhem that Little Bulb are so good at. But its squelchy guitar songs and daffy sketches make it a refreshingly accessible intro to a future we can't afford to look away from. ■ Alice Saville

Discover more new shows
 at timeout.com/theatre

NEW SHOWS

THE HOTTEST THEATRE OPENINGS THIS WEEK

WEST END

The Light in the Piazza

This sumptuous '50s-set American musical finally gets a UK production.
→ Royal Festival Hall.
↻ Waterloo. Until Jul 5.
£20-£150.

Sh!t-faced Shakespeare: 'Hamlet'

To drink, or not to drink? The boozy troupe tackle the Bard's greatest play.
→ Leicester Square Theatre.
↻ Leicester Square.
Wed Jun 19-Sep 14.
£22.75, £16.25 concs.

Three Sisters

See Chekhov like it's done in Russia at Maly Drama Theatre's annual West End stint.
→ Vaudeville Theatre.
↻ Embankment. Wed Jun 19-Jun 29. £15-£127.50.

OFF-WEST END

Cash Cow

Oli Forsyth's play about a couple who'll sacrifice everything to raise a tennis champ.
→ Hampstead Theatre.
↻ Swiss Cottage. Until Jul 20.
£14, £10 concs.

Greenwich + Docklands International Festival

This south-of-the-river smorgasbord is full of free circus, puppetry and dance.
→ Various locations.
Fri Jun 21-Jul 6. Free.

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UNICORNTHEATRE.COM ↻ LONDON BRIDGE

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The Knot

Dan Daniel's play explores the strains of marriage and migration.
→ Old Red Lion. ↻ Angel. Tue Jun 18-Jul 6. £15, £13 concs.

Radio

After the well-received political satire 'Diary of a Madman', playwright Al Smith is back with this space-race drama.
→ Arcola Theatre. Dalston Junction Overground. Wed Jun 19-Jul 13. £15-£22.

The Sandman

This new musical is inspired by ETA Hoffmann's spine-tingling short story.
→ Southwark Playhouse.
↻ Elephant & Castle. Until Jun 29. £14-£22, £18 concs.

Summer Rolls

Tuyen Do's family saga follows a rebellious British-Vietnamese teenager.
→ Park Theatre. ↻ Finsbury Park. Wed Jun 19-Jul 13. £18, £16.50 concs.

What Was Left

Performed by a young cast, Molly Taylor's play is a story of a brother and sister struggling to cope after their parents leave.
→ Southwark Playhouse.
↻ Elephant & Castle.
Until Jun 29. £22, £18 concs.

TOP-SELLING TICKETS

ATTIMEOUT.COM/TICKETS

1 Come from Away

This musical has stormed North America with its winning combo of sharp storytelling and adorably Canadian whimsy.
→ Phoenix Theatre. Until Feb 15 2020.

2 The Book of Mormon

Tap-dancing, satire and schoolboy filth are the order of the day at this long-running hit from the 'South Park' boys.
→ Prince of Wales Theatre. Until Sep 14.

3 Sweat

Lynn Nottage's devastating drama.
→ Gielgud Theatre. Until Jul 20.

4 The Light in the Piazza

The swoony hit from Broadway.
→ Royal Festival Hall. Until Jul 5.

5 Everybody's Talking About Jamie

Infectiously catchy pop musical.
→ Apollo Theatre. Until Jan 25 2020.

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Art

Edited by Eddy Frankel
timeout.com/art @timeoutart

THE TIME OUT GUIDE TO

Art Night 2019

London's free art all-nighter is taking place across King's Cross and Walthamstow on Saturday. Here's how to cram in ten (!) hours of art



King's Cross 5pm

Start at Coal Drops Yard with **Christine Sun Kim**'s multi-channel video installation before heading round to Granary Square to celebrate the centenary of super-famous art school the Bauhaus with an open-air performance by students of another super-famous art school, Central St Martins.

6pm

Head to Pancras Square for **Hervision**'s installation about virtual love and self-fulfilment, then cut straight through St Pancras Station to the Francis Crick Institute and see **Sophie Seita**'s sound and video installation inspired by flowery metaphors and the planting of queer objects. That's enough King's Cross, it's time to head north. Like, really, really north.

Walthamstow 7pm

Exit the station and feast your eyes (briefly) on **Barbara Kruger**'s huge outdoor artwork in the Town Square, then go into Walthamstow Library to see **Zadie Xa**'s theatrical piece based on Korean folklore and subaquatic environments.

8pm

Journey to Mirth, Marvel & Maud to watch **Frances Stark**'s video-based take on Mozart's opera 'The Magic Flute'. It's your first real chance to get a quick round of drinks in: take it.

9pm

Carry on up Hoe Street to The Quaker Meeting House and catch the performance of **Louise Ashcroft** and **Fritha Jenkins**'s 'Awkward Stowage', a work about hoarding. Cross the road to Turner

Prize-nominee **Oscar Murillo**'s new commission at Walthamstow Trades Hall. (Cash-only bar, by the way.)

10pm

Dash over to Vestry House Museum to watch **Nisha Duggal**'s short film animating the works of William Morris. You might also get a glimpse of The Drawing Shed's 'In/Visible Fields II', a multi-disciplinary artwork about daydreaming.

11pm

Chop chop! It's over to Waltham Forest Community Hub to catch **Julie Cunningham**'s latest dance work exploring the queer body. Drawing inspiration from Gertrude Stein, the piece will evolve throughout the night.

Midnight

Now to St Mary's Church for midnight mass! Joke. It's actually to

listen to a collaboration between the appropriately named **Cory Arcangel** and organist **Hampus Lindwall**, called 'They Told Me There Would Be Tea'. Maybe there will be?

1am

It's officially morning and you're pumped! You're aching for more art! You're trotting to The Mall to attend the 1am performance of **Alice Theobald**'s work about buyer's remorse.

2am

Where do you want to be at 2am? In an underground car park! Sink to level minus 2 of The Mall and finish the night getting shaken to the core by **Joe Namy**'s live surround-sound installation of car sound systems. ■ *Rosemary Waugh*

→ Art Night 2019 is at various locations in King's Cross and Walthamstow. ☉ King's Cross and Walthamstow Central. Sat Jun 22. Free.

LEE KRASNER (CARBLES, 1964) THOMPSON FAMILY COLLECTION THE POLLOCK KRASNER FOUNDATION COURTESY KASMIN GALLERY PHOTO BY DIEGO FLORES. FAITH RINGGOLD © 2018 FAITH RINGGOLD / ARTISTS RIGHTS SOCIETY (ARS), NEW YORK, COURTESY ACA GALLERIES, NEW YORK. MICHAEL RAKOWITZ, COURTESY OF THE ARTIST PHOTO BY ROBERT CHASE HEISHMAN.

Saturday night's alright for
arting Hannah Quinlan and
Rosie Hastings (below);
Barbara Kruger (bottom)



BEST OF THE BEST

The top exhibitions you have
to see in London right now



↑ Lee Krasner: 'Living Colour'

It's time to go loopy for Lee and crazy for Krasner, because this show of the often-overlooked abstract expressionist painter is a total mindblower.

→ Barbican. ⇄ Barbican. Until Sep 1.



↑ Faith Ringgold

She's been a pioneer of art as activism since the 1960s, and this show proves that the American painter, artist and author's work is as relevant as it ever was.

→ Serpentine Gallery. ⇄ Lancaster Gate. Until Sep 8. Free.



↑ Michael Rakowitz

The artist behind the Fourth Plinth's winged bull gets a full exhibition to show off his political, humorous and wonkily aesthetic take on history and culture.

→ Whitechapel Art Gallery. ⇄ Aldgate East. Until Aug 25. £12.95, £9.50 concs.



HANNAH QUINLAN, ROSIE HASTINGS, 'SOMETHING FOR THE BOYS', 2016, COURTESY OF AFRICA MUSE, LONDON; BARBARA KRUGER, 'UNTITLED (BLIND IDEALISM IS...)', 2016, PHOTO BY TIMOTHY SCHENCK, COURTESY OF FRIENDS OF THE HIGH LINE

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WHAT IS IT...

Fifty years-worth of radical art about gender identity.

WHY GO...

It's fun, salacious and it might just be making the world a bit of a better place.

→ Hayward Gallery.

↻ Waterloo. Until Sep 8.

£15.50, concs available.

'Kiss My Genders'



GENDER IDENTITY HAS only recently become a hot topic in mainstream society. I know, it's hard to imagine what the tabloids wrote about before they could announce that gender-neutral toilets would be the downfall of humanity.

But in art, the fluidity of gender has been a subject for centuries. From Jusepe de Ribera to Claude Cahun, art has almost always been a fertile place for radical gender thinking, and this show traces the last 50 years of it, featuring a wide array of largely non-binary artists.

It's an exhibition filled with photography. There's Lyle Ashton Harris dressed as Billie Holiday, Peter Hujar's candid, deeply moving images of New York drag performers, the powerful, alien goddess-like

imagery of Juliana Huxtable (above). The camera is used in some of these works in its traditional role as a documenter, but it's also used as a tool of transformation. In the hands of Huxtable or planningtorock, the camera is a means of representing their true selves, or of creating a world shaped in their own image. The only problem is that once you get to the second room, the images are presented so boringly that you lose interest, and maybe even realise that photography is the least interesting thing here.

Much better is the video installation of drag artist Victoria Sin performing Cantonese songs projected on shimmering white sheets, or Hunter Reynolds's spinning 'Memorial Dress' emblazoned with the

names of countless Aids victims.

Upstairs is where it really gets good. There are Kent Monkman's supernatural spirit paintings, Flo Brooks's fantastic canvases that use cleaning products and changing rooms as metaphors for how society views gender, and Jes Fan's gloopy, bodily glass sculptures inspired by the scientific production of testosterone and oestrogen.

This massive exhibition of art that takes a radical look at gender moves us ever closer to being able to delete the word 'radical'. 'Kiss My Genders' pushes society towards accepting a more fluid approach to gender identity: it demystifies it and normalises it. If art can knock bigotry down a few pegs, it's doing something right. ■ *Eddy Frankel*



Francis Bacon: 'Couplings'



YOU CAN'T IMAGINE that having sex with Francis Bacon was very pleasant. And if this jaw-dropping little collection of paintings of male bodies pre-, during and post-intimacy is anything to go by, it definitely wasn't gentle.

The figures Bacon depicts in these works are writhing fleshy masses, their teeth bared, muscles taught. The men here are paralysed in wrestling holds, caught between violent pain and physical ecstasy. Their 'coupling', Bacon's word, doesn't happen anywhere romantic, but on hospital and prison beds, single light bulbs dangling overhead, white stains streaked across the ground. The works with single figures show them balled up on a couch, walking facelessly in a suit, left in a puddle of sweat on the floor.

These are violent, aggressive works; they present love as a boxing match, sex as war. It's not pleasant, but it is utterly, totally brilliant. Bacon could convey so much tension, so much physicality. He's such an obscenely visceral painter. You can almost feel the bruises, smell the sweat, sense the heady mixture of fear and desire.

This is Bacon at his most illicit, and this is him at his best. ■ *Eddy Frankel*

WHAT IS IT...

Violent images of canoodling men by the great Frankie B.

WHY GO...

These are staggering, stunning, gorgeous paintings.

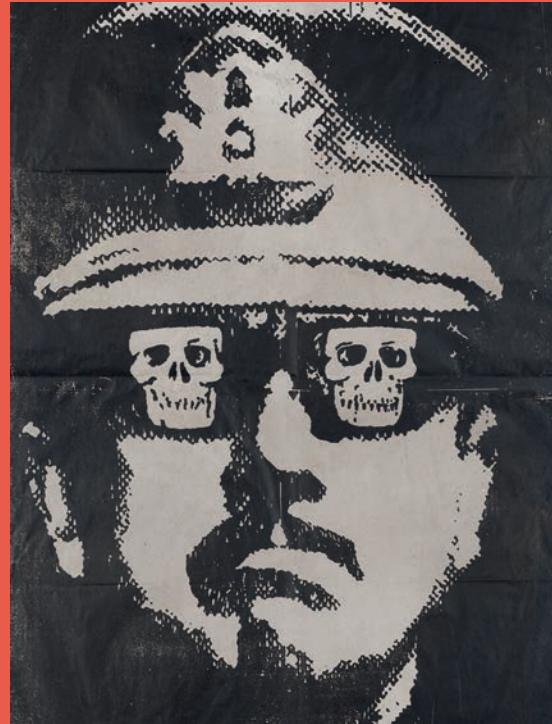
→ Gagosian Grosvenor Hill.
⌚ Bond St. Until
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Food

Edited by Tania Ballantine
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FIVE OF THE BEST

Turkish restaurants

Marvellous meze. Killer kebabs. Pide, borek, bahārāt. From trad to trendy, here are London's top Turks

1 Gökyüzü Come hungry and expect a crowd at Gökyüzü – a Green Lanes institution and go-to venue for prodigious portions of excellent Turkish cooking. It's a case of more is more here: exhibit A was the charcoal-grilled minced chicken beyti (we counted 15 pieces!) wrapped in cheese-filled lavash bread, drizzled with butter and served with bulgur wheat, yoghurt and salad. Gökyüzü also has branches in Walthamstow, Finchley and Chingford.
→ 26-28 Grand Parade, N4 1LG.
Harringay Green Lanes Overground.

2 Kazan No relation to Kazan Kitchen across the road, this opulent Ottoman grill has been a Pimlico mainstay since 2002. It's a polished, atmospheric spot complete with carved screens, glowing lanterns and flower-topped tables. Sure, you may pay a little more for your nosh, but in return you'll get creative meze plates, full-flavoured classics (the Albanian-style calf's liver is a must-order) and a few resolutely



Yeni

un-Ottoman offerings. The quality kebabs are spot on, and there's not a revolving doner in sight.
→ 93-94 Wilton Rd, SW1V 1DW. ☎ Victoria.

3 Kyseri Having wowed Shoreditch with Oklava, Turkish-Cypriot chef Selin Kiazim is now pushing the boundaries in Fitzrovia. Kyseri is small but beautiful and it's a fun place to eat (despite the odd misfire). Expect a mix of modern Turkish food and fascinating off-piste dishes with names like Black Sea fondue

and beef and sour cherry manti. You'll want a return visit just to see what Selim comes up with next.
→ 64 Grafton Way, W1T 5DN. ☎ Warren St.

4 Oklava The sleek, chic interiors of one of the swankiest Turkish restaurants in London may be smart enough for a City lunch but the whole caboodle is also relaxed and fairly priced, which means you can splash out Shoreditch-style with your own money. The menu, meanwhile, combines trad Turkish-Cypriot cuisine with cheffy flourishes and creative riffs – think baharat bread with date butter, pides topped with octopus, ricotta, thyme and honey, and inventive, rose-tinted desserts. This is fusion food at its finest.
→ 74 Luke St, EC2A 4PY.
Shoreditch High St Overground.

5 Yeni The London outpost of Istanbul's celebrated Yeni Lokanta, this Soho spot is an atmospheric place to go for contemporary Turkish cuisine. The restaurant's logo suggests a flower-shaped cluster of aubergines, and the delicacy appears in various guises – notably the signature manti dumpling (served gratis as an amuse-bouche). Otherwise, it's top-drawer stuff all the way, from succulent skate cooked in raki to crisp-edged kadajifi (bread pudding) fritters spiked with candied orange zest. Yeni ain't cheap, but we definitely advise you to start saving. ■
→ 55 Beak St, W1F 9SH. ☎ Piccadilly Circus.



Oklava

Find more delights at
timeout.com/turkish

Bao & Bing



A HIP COMBO of Taiwanese street food restaurant and cocktail bar, Bao & Bing – from the former CEO of dim sum chain Ping Pong – serves those fluffy little bao buns you've all heard of and plenty of other dishes you probably haven't. The look mixes exposed bricks with antique furniture, while satirical cartoons hang alongside old *Vogue Taiwan* covers on the wall. Downstairs feels more like the backstreets of Taipei, with neon signs and a louche teahouse-style room for private hire.

Kick off with bao. The five-spiced beef version was a little heavy on the mayo, but the panko shrimp bao had a satisfying crunch between fluffy white buns. As for the 'bing' in the name, dan bing is a kind of Taiwanese breakfast burrito, with crunchy cabbage and spring onions wrapped in a pancake. Vegan and veggie options are limited, but the spicy barbecue corn was a highlight. Desserts were creative and fun.

Turns out peanuts, coriander and vanilla ice cream really do go together, as demonstrated by the popiah pancake roll. Get the 12-layered pineapple bing cake if you've got hungry friends, or an on-trend wheelcake. It looks like a big English muffin, has a texture between a waffle and a thick pancake, and oozes custardy filling.

Mixed drinks are another draw. Purists may be alarmed by Yakult

cocktails, but the probiotic drink is incredibly popular in Taiwan and it was delicious muddled together with a shot of potent Korean soju.

There's even a playfulness to paying. Pick a lucky number and, if your choice rolls out of the bingo machine, you get your meal gratis. Who said there's no such thing as a free lunch? ■ *Lisa Harris*

Dinner for two with drinks and service: around £70.



WHAT IS IT...
A Taiwanese street food restaurant in Marylebone.

WHY GO...
To go beyond bao with the likes of dan bing (Taiwanese breakfast burritos).

→ 22 Paddington St, W1U 5QY. ☎ Baker St.

EXCLUSIVE

Save 46 percent on a flight of four G&Ts at theatre bar **The Other Gin Palace**. Now just £16.

TIMEOUT.COM/OTHER

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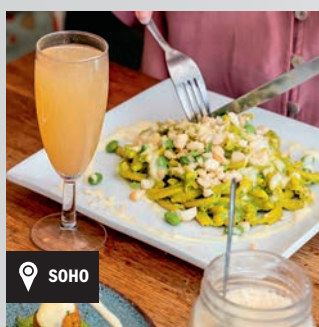
Going out? Try here.



COVENT GARDEN

CIRCUS SAYS:

'Brunch away with the circus! On Saturday June 29, enjoy an exclusive pan-Asian brunch menu, including 90 minutes of bottomless Asian-inspired Bellinis or Bloody Marys, while an outrageous pop-up circus show takes place above and around you. Bookings available online and over the phone.' 27-29 Endell St, WC2H 9BA.



SOHO

LEGGERO SAYS:

'Fancy tasting traditional Italian dishes with a cosmopolitan twist? Leggero in the heart of Soho specialises in traditional, homemade, organic pasta (including vegan and vegetarian options). Don't miss the daily-prepared, fresh dishes and experience a healthy yet tasty Italian diet.' 64 Old Compton St, W1D 4UQ.



COVENT GARDEN

LITTLE KOLKATA SAYS:

'Little Kolkata began its journey in the summer of 2015 by introducing Bengali cuisine from Calcutta to Londoners. Its founders, Prabir Kumar Chattopadhyay and Biswajit Deb Das, are all about feeding people and tantalising their taste buds with flavours that the duo grew up with in Kolkata.' 51-53 Shelton St, WC2H 9JU.



BERMONDSEY

LONDON CALLING SWEDEN SAYS:

'A Swedish taproom and wholesaler based along the famed Bermondsey beer mile, London Calling Sweden serves up some of the best craft beer from Sweden and the UK, as well as wine, spirits and cider. Check the website for upcoming events or to hire the space.' 72 Enid St, SE16 3RA.

TimeOut **TABLE**
FOR TWO

Let the summer be gin!

Want a slice of the Med without leaving town? We're making it easy with 50 percent off food at restaurants that'll give you those holiday vibes in no time. Plus, you and your guest will each get a Gin Mare aperitif...

London is loaded with restaurants evoking the Mediterranean's glamorous, glittering shores. There are so many that you don't even have to leave the city to get a taste of your favourite sunshine cuisine. We've partnered with Med Transfers to bring you our Gin Supper Club Box: 50 percent off food for two at eight of our favourite Med-inspired spots across town. You name a holiday dish, we've got you covered: there are snacky tapas, cheese croquetas, charcoal-grilled steaks and seafood small plates all discounted and ready to go. Oh, and did we mention you get two delightful Gin Mare cocktails matched to every meal? We feel like we're by the ocean already. Here's a list of the places where your treat awaits. Start researching those menus.

Escocesa

Snack like you're Spanish at Escocesa, a vibrant spot in Stoke Newington that serves classic tapas with a British edge. Owner Stephen Lironi grabs Scotland's best seafood before anyone else can, then uses it in seasonal dishes that'll transport you straight to the Med.

→ www.escocesa.co.uk

Aqua Nueva

Get past the doorman at this swanky tapas joint and you can feast on a mean seasonal menu with banging cocktails to match. Like the sound of drinking and dining on a terrace bar? Coincidentally, you can do that here too.

→ www.aquanueva.co.uk/experience

Camino

A crowd favourite for after-work drinks, this buzzy mini-chain excels thanks to its outdoor seating and snacky menu that's packed with just the type of stuff you crave as soon as someone puts a drink in your hand. Cheese fritters: need we say more?

→ www.camino.uk.com

Boqueria Tapas

Named after a famous Barcelona food market, Boqueria has two smashing spots in Brixton and Battersea with a fabulous line-up of tapas classics on the menu. Stop by for patatas bravas and the crispiest of croquetas paired with very decent drinks.

→ www.boqueriatapas.com

Hix

Nothing says 'summer in the Med' like downing a couple of salty, freshly shucked oysters then chasing them with a cocktail. Do just that at any of celebrated chef Mark Hix's restaurants in London: his skills with seafood are the stuff of legend.

→ www.hixrestaurants.co.uk





Bar Esteban



Escocesa



Aqua Nueva



Boqueria Tapas

WHAT'S IN YOUR APERITIF?

Your complimentary drink at each restaurant will be made with Gin Mare. This premium Spanish gin is inspired by the coastlines of Europe, so that's where its botanicals come from, too. That means you'll be tasting basil from Italy, rosemary from Greece, thyme from Turkey and arbequina olive from Spain.

Find out more about this heady Mediterranean mix at www.ginmare.com/en.

Jones Family Project

Here's one for the carnivores. If you adore classic meat dishes cooked over a Med-inspired charcoal grill, you'll love JFP, an all-day restaurant with a focus on cooking spectacular steak. Veggies, never fear: there are plenty of hearty, grilled options for you too.

→ www.jonesfamilyproject.co.uk

Bar Esteban

Who knew you could find Spain in Crouch End? Bar Esteban is a modern neighbourhood spot serving traditional tapas with a creative twist. Sit at the bar, sip a cocktail and sample some small plates. You'll feel like you're in Barcelona with the first bite.

→ www.baresteban.com

Art Yard Bar & Kitchen

Love a classy bar near the South Bank? Art Yard Bar and Kitchen is a super spot to chow down on snacky Med-inspired delights like mushroom arancini, mini pizzas and fresh seafood small plates. In summer, there's a terrace bar for drinking and dining. We'll just leave that there...

→ www.banksidehotel.com/food-drink



Jones Family Project

GIN MARE
MEDITERRANEAN GIN

TimeOut

Order your Gin Supper Club box at timeout.com/supperclubbox

Genesis



WHAT IS IT...

A plant-based Shoreditch spot serving globe-trotting fast food.

WHY GO...

For on-point vegan junk food: get the mac and cheese.

→ 144 Commercial St, E1 6NU. Shoreditch High St Overground.



AN UPMARKET VEGAN fast food joint may not be big news in London nowadays, but achingly hip Shoreditch spot Genesis has enough interesting creations to make it stand out from the crowd. The continent-hopping menu mixes the familiar with the new, and all of it is done well.

Mac and cheese made with wholegrain kamut wheat pasta might sound a bit out-there, but it was an absolute belter. A banh mi hot dog with herby sausage was an equally successful creation, as was a plate of charred tandoori broccoli, with refreshing pomegranate seeds balancing out a very rich makhani gravy. The Korean Street Sandwich (panko-breaded aubergine in a brioche bun) was an enjoyable burger alternative. But though nicely seasoned, a bit more kimchi zing would have been welcome.

Just don't get too carried away. A few dishes – especially desserts – are a tad on the spenny side. Eight pounds for a small chocolate brownie was a bit of a kick in the teeth, even if it was delicious. Similarly, smoothies were a wallet-crushing nine pounds, just two quid less than the (very good) cocktails. And the cheapest bottle of wine is £35. Lay off the booze, we say. Overall, though, Genesis is a fun, vibey place for grown-up fast food with a generous dollop of global flavour. ■ *Tristan Parker*

Dinner for two with drinks and service: around £110.

SO YOU'VE NEVER BEEN TO

Locanda Locatelli



Haven't I heard that name before?

Probably. Smart Italian spot Locanda Locatelli, which opened back in 2002, is named for its celeb chef (Giorgio) and his front-of-house wife (Plaxy).

So what's the vibe?

It's technically a hotel restaurant but doesn't feel like one: it has its own street entrance and is always busy, the tables taken by a well-dressed crowd. There are dark wood floors, but the tablecloths, tan leather seats and fabric-covered walls (really) dampen any noise: less clatter, more chatter. And it's surprisingly accessible.

Meaning?

This is a place where, when we asked the adorable staff how much to order, reassured us, 'There's no tasting menu. Have as much or as little as you like. Have just a plate of pasta if you want.' Pasta mains start at £17.50, wine kicks off at £28.50 a bottle, the huge bread basket is free, so are the exceptionally good petits fours. You can obviously spend a *lot* more – it's a Michelin-starred restaurant, after all – but the point is, you don't have to.

But what if I don't like pasta?

Then you're in the wrong spot. Other dishes are decent (we had a memorable salad of samphire with breaded slices of calf's foot on a recent visit), but the pasta is the star attraction. Don't miss the veggie fagottini: pyramid-like parcels of borage (herbs) and ricotta, with a walnut sauce, plus fresh grated Parmesan. It's the stuff of cheesy dreams. ■ *Tania Ballantine*

Dinner for two with drinks and service: around £150.

→ 8 Seymour St, W1H 7JZ. ☎ Marble Arch.

EXCLUSIVE

THE LUXURY ESPRESSO MARTINI EXPERIENCE



Save 50 percent on this espresso martini masterclass with tastings aplenty. Tickets include four luxury martinis, three coffee-inspired dishes and a live masterclass. Now just £39.99.

TIMEOUT.COM/MARTINI19

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THE BEST OF THE CITY

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Drink

Edited by Laura Richards
timeout.com/bars @timeouteatdrink

Ninth Life



DISCO MUSIC IS blaring, drag queens are dancing and a magician is juggling for a whooping crowd. It must be Saturday night in, er, Catford. Despite being home to some cracking pubs, the south east London area isn't known for after-dark revelry, let alone circus-inspired parties. And following the closure of Little Nan's Broadway Theatre Saloon last year, things looked bleak for nightlife here. But now, Brighton's Laine Pub Company has worked its magic (and its magicians) on one of Lewisham's oldest pubs, The Black Horse & Harrow, a drinking den since the eighteenth century left closed and neglected.

A cross between The Mighty Hoopla and an immersive gallery, the labyrinthine Ninth Life is an homage to festival culture with artistic director (yes, a pub with a head of creative) Dr Claire MacNeill drafting in talent from the likes of Boomtown and Wilderness to kit out the space. The exterior is

covered in pop art-style graffiti while inside, the bar's panelling has been swapped for giant crayons. A 'Cabinet of Curiosity' lets you peek at silly, mini works by local artists and there's even an escape room on the upper floors. The zaniness continues outside to a large beer garden with roaming performers.

My friend and I opted for pints of Gipsy Hill's Hepcat paired with jackfruit tacos, before moving on to gin doubles, by then twirling away to a funk and soul set. It was 2am when we left – laughing, sweaty and covered in glitter. Who knew Saturday nights in Catford could be such magic? ■ *Alexandra Sims*

BAR OF THE WEEK



WHAT IS IT...
Pub-meets-circus in leafy Catford.

WHY GO...
For a drinking experience inspired by festival culture.

→ 167 Rushey Green, SE6 4BD. Catford Bridge rail.

THREE OF THE BEST

Martini bars

Go weak at the knees at these knockout cocktail bars for National Martini Day (Wednesday June 19)



Library Bar at The Ned

Dukes Bar

Martinis here are so strong, they only let you have two in one go. But they make them count: made from a trolley in an intimate space where Ian Fleming was a regular. Bucket-list imbibing.

→ Dukes Hotel, 35 St James's Place, SW1A 1NY.
⊖ Green Park.

Library Bar at The Ned

This decadent drink deserves a setting to match. Try hotel and former banking hall The Ned. Its bar homes in on Martinis and champagne. Build the former from a big list of gins and vermouths.

→ 27 Poultry, EC2R 8AJ.
⊖ Bank.

The Gibson

Ever heard of a Gibson Martini? It's the classic gin cocktail garnished with a pickled onion (aka heaven). Glug one down at a bar with the same name that also serves other theatrical drinks in light bulbs and the like. ■

→ 44 Old St, EC1V 9AQ.
⊖ Old St.

DRINK THIS

Clover(ish) Club



Drink pink at Little Mercies in Crouch End, where they've crafted a 'pink menu' in partnership with Porter's Tropical Old Tom Gin. £1 from each of five drinks will be going to Breast Cancer Research UK and – you guessed it – they're all bright pink. Our pick of the colourful pack is the Clover(ish) Club, a revamp of the gin and raspberry cocktail, which now gets its foamy head from being kegged and pulled through the beer lines. Pink cocktails on tap? We'll join that club. ■

→ 20 Broadway Parade, N8 9DE.
Hornsey rail. £9.

More magic Martinis at
timeout.com/bars

Escapes

Edited by Ellie Walker-Arnott
timeout.com/daytrips



A perfect day in

Padstow

Perfect pasties, a pretty harbour and super-fresh seafood

PADSTOW IS THE seafood capital of Cornwall. After Rick Stein set up The Seafood Restaurant in 1975, the fishing port exploded into a dining destination. But it's not just good grub that attracts visitors. This Cornish town is also a super-picturesque spot, with a historic harbourfront, pretty pastel cottages, smart shop fronts and polished pubs, plus coastal trails and pristine beaches within walking distance too.

First up

Stroll along **The Camel Trail**. The 18-mile route follows a disused railway line through the Cornish countryside. There are **bike hire** shops near the start, if you want to pedal your way along the trail.

Stop for lunch

You can't swing a cod in Padstow without hitting a good restaurant, but committed food fans should venture to nearby **Coombeshead Farm**. This small farm in Lewannick has been commandeered by a group of skilled young cooks. Now it's a hotel and restaurant which favours open-fire cooking, fermenting, pickling and rare-breed pigs.

Drink like a local

Pop in to cosy wine bar **BinTwo**. The buzzy space has floor-to-ceiling shelves of interesting bottles, and the tables are often full of merry drinkers until way past last orders. Beer fans should head to **Padstow Brewing Co**. By day it's a bottle and can shop, by night a candle-lit tap room serving a small selection of the very best brews.

Soak up the vibes

It'd be a crime to come all the way to Padstow without visiting Captain Barnacles. He's a whopping great lobster – more than 60 years old – at the **National Lobster Hatchery**, whose mission is to promote sustainable fishing and increase the lobster population of Cornwall.

Splash the cash

Padstow has a refreshing absence of seaside tourist tat. **The Padstow Coffee Company** is a coffee geek's dream, while art fans should explore **The Padstow Studio** and **Padstow Gallery** for paintings and ceramics created by local artists and inspired by the Cornish coastline. ■ *Lucy Lovell*

IF YOU ONLY DO ONE THING

If you haven't eaten a pasty on the harbour, have you even been to Padstow? You can't walk ten paces in this town without tripping over a pasty shop sign – the only difficulty is choosing one. We love the classic steak from **Stein's Patisserie**, a classy little bakery on Lanadwell Street.

WAKE UP HERE

Padstow Townhouse



Central, sophisticated and super-luxe, the Padstow Townhouse is the ultimate bolthole. Six suites have unique – yet tasteful – themes, all underpinned by classic country house decor. It's impossible to go hungry: there are mini welcome pasties, a flask of boozy hot chocolate left waiting for you on your pillow, and a pantry that guests can raid 24/7 stocked with fresh cakes, gin and fizz. All of this within champagne-cork-popping distance of your freestanding roll-top bath? Book us in for a month.

Lucy Lovell

→ Padstow, Cornwall. From £300 a night.
www.paul-ainsworth.co.uk/padstow-townhouse

→ Get there: 3 hours 45 minutes by train from London Paddington to Bodmin Parkway, then bus or taxi; around 5 hours by car; 1 hour 10 minute flight London Heathrow to Newquay, then bus or taxi.

Plan more foodie pilgrimages at timeout.com/daytrips