

# TimeOut

## LONDON

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SEAPADS

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# Inside

This week's Time Out  
in no time at all

## Aah... freak out!

Why? Because Nile Rodgers is in the house to talk Meltdown, which hits the Southbank Centre next week

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## 'Dog Show'

No, not Crufts. This is canine art curated by canines. And it has the bow wow factor

PAGE 68



## Cosmic Rubber Duck Race

Boat race, schmoat race – the real waterborne action takes place in Paddington Basin on Thursday

PAGE 49



## Horse attitudes

Ned Bennett's revival of 'Equus' at Theatre Royal Stratford East was so gripping it has galloped on to a run at Trafalgar Studios

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## Movies on the River

Rocking the Time Out film boat this week are 'Grease', 'A Star Is Born' and 'When Harry Met Sally'. See the full list at [www.timeout.com/film](http://www.timeout.com/film)

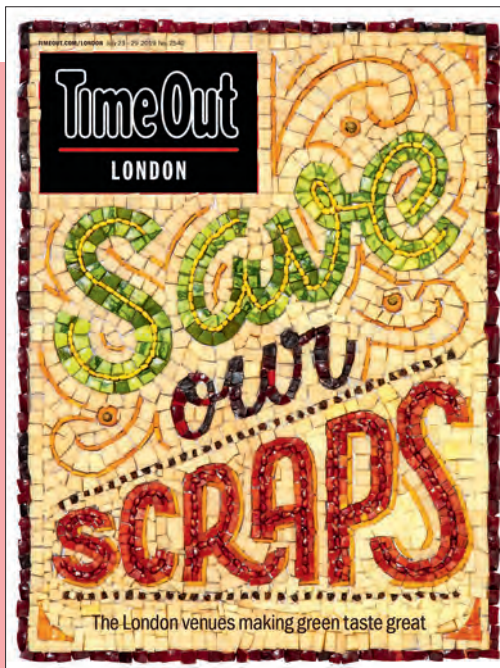
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# Hello, London

**Caroline McGinn**  
Global Editor-in-Chief  
@carolinemcginn



Over the next eight weeks we will be celebrating London's eco heroes: the people, places and initiatives that are doing cool stuff to make going out in our city cleaner and greener. We'll be highlighting them permanently on our green hub (check it out at [www.timeout.com/green](http://www.timeout.com/green)) and with a Green Light badge in the magazine. If you know of a great green venue, event or scheme that deserves to be celebrated, please let us know at [hello@timeout.com](mailto:hello@timeout.com). Meanwhile, whet your appetite with these brilliant restaurants and bars that are fun, delicious and sustainable (p22). Green has never tasted so good.

## HOW WE MADE THE COVER



We love working with London artists who have unique skills or viewpoints. This week's cover was put together by the **London School of Mosaic**, which teaches mosaic art to adults and children. Our scraps came from **Food Cycle**, which collects surplus food and cooks meals for those in need, and **City Harvest London**, which distributes unwanted produce to those feeding the vulnerable. Hand-lettering artist **Alison Carmichael** designed

the 'Save Our Scraps' message, then mosaicists **Giulia Vogrig** and **Rada Stilianova** (below) got creating – we love the carrot ends! Time Out's photographer **Andy Parsons** shot it and made a time-lapse video that you can see on our Instagram. Finally, the scraps went on the compost heap at the **Calthorpe Community Garden**, enriching the soil as part of its horticultural programme for people with learning disabilities and mental health issues. Whew! ■



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LONDON

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# FROM YOGA MOVES TO FINDING YOUR GROOVE...

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FOOD  
FREEDOM



deliveroo

# City life

Edited by James Manning  
@timeoutlondon

## Food hall of fame

**WITH A HOST** of the best restaurants in the world just a bus ride away, it's fair to say we Londoners are pretty into our grub. Yet there's also our rampant obsession with Deliveroo, suggesting we're also kind of lazy when it comes to making the most of our stellar food scene. Fortunately, we're about to be treated to awesome edibles from across the city *and* crazy levels of convenience, thanks to the glitzy and curiously named Arcade Food Theatre, which opens on the ground floor of Centre Point this week. Like the city's other culinary market concepts (including our own Time Out Market, in the works at Waterloo), Arcade brings together a line-up of food and drink powerhouses from all over London – including Pophams bakery, El Pastor taqueria and former pop-up Tā Tā Eatery. Which makes it a handy hack for anyone wanting to sample London's diverse delicacies without having to slog around the city. Lazy? Us? No idea what you mean. ■ *Rosie Hewitson*

→ [www.arcade-london.com](http://www.arcade-london.com)



## THE ESSENTIALS

Three things you have to do this week



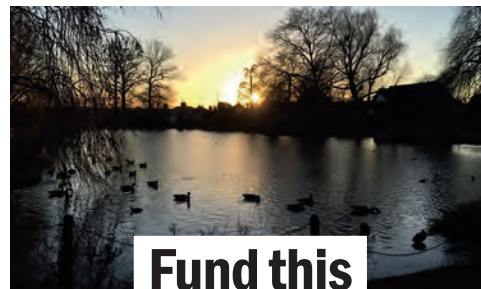
### See this

Watch London's indie record labels go head to head on Saturday at the **Independent Music Cup** charity football tournament. There'll be street food and DJs plus a Boiler Room afterparty.



### Do this

Catch free live music, flamenco dancing, West End performances and opera in King's Cross from Wednesday until August 4, as the **Cubitt Sessions** festival lands in Coal Drops Yard.



### Fund this

A duck pond in Palmers Green could become the city's next open-air swimming spot. To help **Broomfield Pond Swim Society** fix the place up for north London swimmers, head to Spacehive.

# MAKE LONDON GREENER

Building a sustainable city, one project at a time



## 'Sadness Is a No go-Zone'

### WHAT IS IT?

A climate crisis-inspired art exhibition in Peckham's Copeland Gallery, where the aim isn't to bring on a bout of eco-anxiety but to raise consciousness and send you off with witty slogans for your next protest banner. It's brought to you by Adapt, a 'climate club' who use art, design and dodgy jokes to talk about the environment, and sees more than 40 artists probing travel, energy and rewilding.

### WHY DOES IT MATTER?

To paraphrase, experts say the planet is screwed if we don't act now to reduce our carbon emissions. Reading the news can just be depressing – but perhaps art (and humour) can inspire us instead? Whether it's telling frackers to frack off or encouraging people to switch to renewables through its 'don't be a fossil fool' campaign, Adapt seem to be adept at getting people to take positive action IRL.

### HOW CAN I GET INVOLVED?

The organisers are crowdfunding to hire a huge, specially designed space, produce the exhibition sustainably and keep it free, so it can be eyeballed by as many folks as possible. You've got until Friday (July 26) to donate. Rewards include cool stickers, posters, tote bags and T-shirts, plus the priceless feeling of doing something, however small, to literally save the world. ■ Kyra Hanson

→ [www.kickstarter.com/projects/josietucker/sadness-is-a-no-go-zone](http://www.kickstarter.com/projects/josietucker/sadness-is-a-no-go-zone)

POSTER FROM CLOCKWISE: GREGORY PAGE; FLORENT ROUSSELOT; AXEL PELLETTI; HILLY ST CLAIR

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co  
op

It's what we do

## MY LONDON STORY



### Tony Askew Roller disco and rave pioneer

**I WAS BORN** in Dulwich in 1934. When I was young we moved to Herne Bay in Kent, which had a big roller skating scene: everyone from six to 60 seemed to skate. But it wasn't until much later that skating came back into my life, by which time I was running London's biggest nightclub!

At 18 I served in the Air Force in Hong Kong, working on aircraft communications, and when I came back home I became an aviation technician. By a series of coincidences, I ended up as the technical director of Sands: a restaurant on New Bond Street run by a chap called John Marks. Sands was known as the most beautiful restaurant in the world – Mick Jagger and all that lot used to go. Then John bought the discotheque Hatchett's, and I built the first ever light-up dancefloor with lights that moved to the music.

In 1969 I started designing lighting and sound systems for other clubs, and producing fashion shows for people like Zandra Rhodes. By the late 1970s I had leased the whole of what's now Camden Stables

Market to build stage systems. Then we found out Camden was going to be developed. We started looking for other places and discovered an old bottle warehouse in King's Cross called Bagley's.

We got a lease on Bagley's for £3 a week. You could see why: it was in a state. As well as set-building we created a photographic studio, where Peter Ashworth shot Tina Turner for her 'Private Dancer' LP. The cat on the album sleeve was Lucy – I had rescued her from under the floorboards and she'd made her home in the studio.

By the end of the '80s, things were getting a bit tough. So when in 1989 my son asked, 'Can I put on a party on?' I said yes. Two thousand people came through the door, all paying £20. That was that, really. We closed down the set-building to turn the building into a nightclub.

Bagley's became London's biggest club, and we had all sorts of promoters running events. The biggest was Freedom, but we also worked with a man named Rubber Ronnie who had a night where there'd be chaps on leashes. Because

I was the licensee, I always had to be there, so I saw some odd things. One night there was someone tied to a cross. We had to measure it to make sure he could get out of the fire exit.

Bagley's closed in 2003 and reopened as Canvas. I started running a rollerskating event there: a nightclub on wheels called Roller Disco. We then moved to Vauxhall, but central London had become too expensive. After we closed in 2015, I found this place in Tottenham. The landlord was very dubious about turning it into a roller disco, but we finally opened Roller Nation in January this year. About a month ago, I put a pair on and had a good skate at the age of 84.

I actually hated the club scene: I didn't like the drugs attached to it. All the time you were chasing dealers and bent security. Roller skating is a much nicer scene: people come here for a good laugh and a good time. There's never a punch-up at a roller disco! ■ *Interview by Leonie Cooper*

→ Roller Nation, 117 Bruce Grove. Bruce Grove Overground.  
[www.rollernation.com](http://www.rollernation.com)

**'We got a lease on Bagley's for £3 a week'**



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## WORD ON THE STREET

The most ridiculous  
things we've  
overheard in  
London this week

THINGS YOU  
**ONLY  
KNOW**  
IF YOU'RE A...

## Food photographer

Jade Nina Sarkhel, 28

### The perfect shot can make or break a restaurant

'Instagram dictates how some people choose their restaurants now. I took a photograph of a bowl of pasta for a place called Bancone that pretty much went viral, and they've grown so rapidly on social media because of it. A poorly done picture of that same bowl of pasta wouldn't have conveyed the same quality.'

### Your phone camera needs natural light to do its thing

'For the best results, photograph your food near a window on a cloudy day. Yellow artificial light changes the colour of food, so use natural light. And clouds diffuse direct sunlight; if it's sunny, use a thin piece of napkin instead.'

### A spritz of oil makes any dish look more appetising

'The most common trick we use is to have an oil spray and brush to hand. If something dries out or doesn't have much glisten, some oil brings

it to life. We also use fake ice cubes so real ones don't melt and dilute the drink, and I've used toothpicks to hold a stack of pancakes in place, so they didn't fall over during the shoot. But most restaurants in London keep things authentic: the food is still completely real!'

### Even for a photographer, taste is more important than looks

'My job is important, but it's not the be-all-and-end-all. If you're a real foodie in London, you won't go off just an image. I live not far from Tooting and there's a Pakistani restaurant I've eaten in for years. You walk past and they've got fluorescent lights and football on the TV screens. It doesn't look fancy at all, but the food is just amazing!' ■ Interview by James FitzGerald  
→ [www.jadesarkhel.co.uk](http://www.jadesarkhel.co.uk)



'The moral of the story is: don't drink the goldfish water!'

'I saw a guy playing electronic music using torches.'

'You're, like, literally the Australian Laurence Llewelyn-Bowen, though.'

'Oh my God, I don't care. Just pick an escalator.'

'I bet Craig David goes quite well with ibuprofen.'

'I bought this wallet in a limoncello factory in Sorrento.'

'I'll tell you the tool for eating pizza toppings: a fish knife!'

'I'm not getting Amazon Prime just so they can deliver my kombucha.'

'I've got to a point in life where I can only handle an Everyman.'

'I thought it was a bong, but maybe it was just a terrarium.'

Overheard something weird?  
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your fingers  
all over  
my apartment  
keys ”**

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Start Something Real

# LONDON **EYE**

## The Thames gets lit



**NOTICED THE RIVER** looking a little snazzier this week? Last Wednesday, the switch was flicked on the first stage of a major art project that'll transform the Thames at night.

The epic Illuminated River scheme will install brand new lighting – by artist Leo Villareal and architecture studio Lifschutz Davidson Sandilands – on all of the 15 bridges from Tower to Albert. So far London, Cannon Street, Southwark and Millennium Bridges have been given a shiny new look, which is set to stay in place for the next decade.

It's not just about making the Thames prettier, either: the foundation behind the new lighting says that it will reduce these four bridges' energy usage by 18 percent.

There's a series of events to celebrate the big switch-on: after-dark tours by foot, boat and black



cab; nocturnal mudlarking; and special musical pieces performed beside the river. Or just head down and see the lights every night until 2am. Never mind Amsterdam: it's time to celebrate our own city of bridges. ■ *James Manning*  
→ [www.illuminatedriver.london](http://www.illuminatedriver.london)



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# FREE LONDON

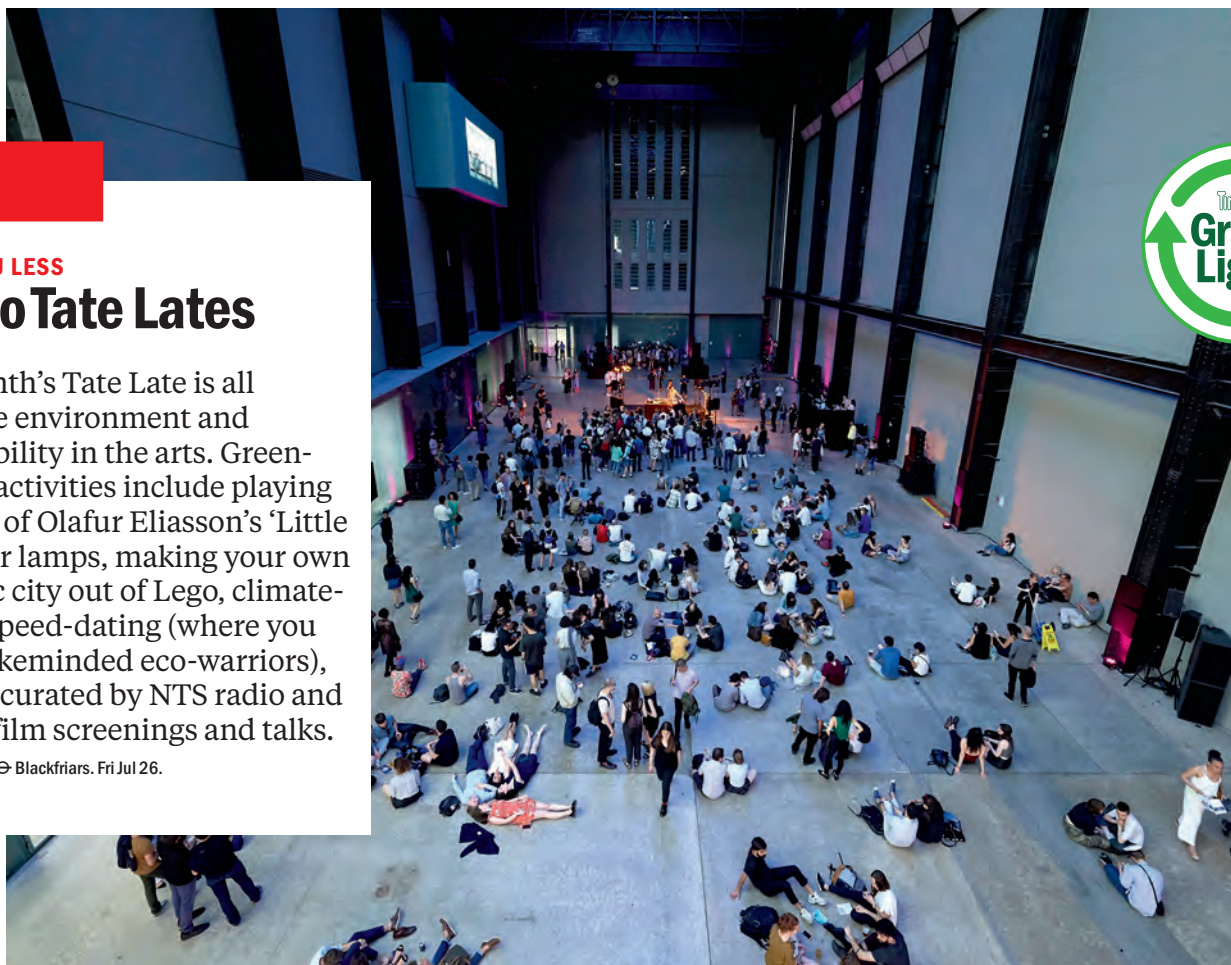
Put your money away! Here are the week's best free events

ECO-ST YOU LESS

## Uniqlo Tate Lates

This month's Tate Late is all about the environment and sustainability in the arts. Green-friendly activities include playing with one of Olafur Eliasson's 'Little Sun' solar lamps, making your own futuristic city out of Lego, climate-change speed-dating (where you chat to likeminded eco-warriors), plus DJs curated by NTS radio and loads of film screenings and talks.

→ Tate Modern. ⇨ Blackfriars. Fri Jul 26.



### SAY CHEESE! Latteria launch

Say 'ciao' to new Italian restaurant Latteria, which is throwing a big party to celebrate its launch. Get down there between 6pm and 8pm, when it'll be serving up free pizza. Flavours include a veggie special, spicy salami and a classic margherita. Bella!

→ Latteria, Essex Rd rail.  
Fri Jul 26.

### A COOL DEAL Frozen cocktails

If you don't get to sip a drink on a rooftop, is it even summer? New bar Skylark has got it covered, with free frozen watermelon cocktails and sweet views to match. Email contact@skylarkroofgarden.co.uk in advance.

→ Skylark Roof Garden.  
⇨ Royal Oak. Sat Jul 27-Sun Jul 28.

### GET IN A SPIN 'Little Shop of Horrors' screening

Catch this cult '80s musical-comedy-horror about a killer plant at an alfresco screening on the South Bank. The showing is powered by Electric Pedals, so if you're feeling energetic you can hop on a bike to power the show.

→ Southbank Centre.  
⇨ Waterloo. Wed Jul 24.

### HIT THE RIGHT NOTE Massaoke

Nervous to do karaoke on your own? There's safety in numbers at Massaoke, which is exactly what it sounds like: karaoke en masse. A live band will play rock, pop and indie bangers while the lyrics appear on a big screen. All you have to do is try to sing in tune.

→ The Scoop.  
⇨ London Bridge. Fri Jul 26.

### BERRY GOOD Crussh giveaway

Swing by Crussh in Holborn to up your five-a-day intake this Wednesday. There are 100 acai bowls up for grabs – made with acai (obvs), sliced banana, blueberries and granola. Beats grabbing a bit of toast on your way out the door, right?

→ Crussh, New St Square.  
⇨ Chancery Lane. Wed Jul 24.

99 problems? Try 101 things to do at [timeout.com/things todo](http://timeout.com/things todo)

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# Red Bull Music Festival LONDON

**AUG 20**  
RED BULL STUDIOS

**NORMAL NOT NOVELTY:  
CARNIVAL SPECIAL**

Alicai Harley, Br3nya, Tiffany  
Calver, Karmah Cruz, Lil C

**AUG 22**  
SUBTERANIA

**IN CONVERSATION  
WITH SPICE**

Hosted by Sian Anderson

**AUG 22 - SEP 8**  
RED BULL STUDIOS

**BASS, MIDS, TOPS**

An exhibition exploring  
sound system culture

**AUG 25**  
Emslie Horniman's Pleasance

**RED BULL SOUND SYSTEM  
AT NOTTING HILL CARNIVAL**

Line up TBA

**AUG 26**  
CARNIVAL PROCESSION ROUTE

**RED BULL X MANGROVE  
TRUCK AT NOTTING HILL  
CARNIVAL**

Line up TBA

**AUG 28**  
ST JAMES HATCHAM CHURCH

**OBJECT BLUE: FIGURE  
BESIDE ME**

W/ Loft and 360' Sound &  
Visuals: Natalie Podgórska &  
Resolution

**AUG 30**  
FABRIC

**REFRACTIONS**

Blawan, Saoirse, Special  
Request, Sherelle, Loefah,  
Sicaria Sound & many more

**SEPT 4**  
RED BULL STUDIOS

**BASS, MIDS, TOPS LIVE**

A conversation on sound  
system culture with  
Joe Muggs

**SEP 6**  
THE BRITISH LIBRARY

**CODED LANGUAGE**

Discussion and performances  
celebrating the voices of  
London's streets

**SEP 7**  
WESTBANK

**W10 NINE8  
MARKET**

Exclusive merch drops and  
customisation workshops

**SEP 7**  
WESTBANK

**NINE8 COLLECTIVE: NO  
PLACE LIKE HOME LIVE**

Biig Pliig, Bone Slim, kxrn,  
Lava La Rue, L!BAAN,  
Lorenzorsv, Mac Wetha,  
Nayana IZ, Nige

**SEP 8**  
UNION CAR PARK

**THE SUNDAY CLUB**

So Solid Crew, Todd Edwards  
B2B DJ Q & Special Guest Ms.  
Dynamite & many more

**SEP 10**  
RED BULL STUDIOS

**NORMAL NOT NOVELTY:  
HYPERDUB 15 TAKEOVER**

Cooly G, Loraine James,  
Lady Lykez

**SEP 11**  
EARTH HACKNEY

**ROUND ROBIN: A NIGHT  
OF IMPROVISED DUETS**

Featuring: Swindle, Nubya Garcia,  
Joe Armon-Jones, Greentea Peng,  
Oscar Jerome, Nabihah Iqbal,  
Lapalux & many more

**SEP 13**  
VENUE TBA

**SHY ONE AND VICTORIA SIN**

We know that we can shape  
ourselves.  
PXSSY PALACE, BBZ, Xana, Last  
Yearz Interesting Negro

**SEP 14**  
PRINTWORKS

**APHEX TWIN**

Afrodeutsche, Nihiloxica,  
Caterina Barbieri





# Circle

What to do with some of the 200,000 tonnes of food that UK restaurants bin every year? Eat it, of course! Fifteen experts champion the London bars and eateries getting green cred by creating taste from waste. Photography *Andy Parsons*

## **The Ledbury**

Nominated by Igor Vaintraub,  
The Food Waste Farmer

**Green credentials** Head for dinner at The Ledbury and you might leave with a bag of something surprising. The Notting Hill restaurant gives customers packages of compost to take home, made from the kitchen's food waste. The eatery's sustainable approach spreads beyond its four walls to its sourcing too. It's opened its own deer parks where the animals are fed on used grain from local breweries.



**Picky eaters** The fruit and veg growing in the Culpeper's roof garden (far left) is picked (left) and served up super-fresh (below)

# of life



**It says** 'We started farming deer because it's much more environmentally friendly than any other process of producing protein. We're not doing it for PR; we're doing it because it's the right thing to do.' *Brett Graham, founder*  
→ 127 Ledbury Rd. ☉ Westbourne Park.

## **The Culpeper**

Nominated by Jenny Costa, founder of Rubies in the Rubble

**Green credentials** The pretty rooftop garden at Whitechapel gastropub The Culpeper isn't just

for show. In 2018 it produced 150 kilos of fruit and vegetables. The produce is used throughout the menu and there's always one dish made entirely from rooftop ingredients. Now that's what you could call blue-sky thinking.

**It says** 'When you're using seasonal produce, everything tastes a lot better. Our gardener will come down with a big box of radishes that have just been harvested, and they're so delicious that we don't need to do anything to them!'

*Sandy Jarvis, operations director*  
→ 40 Commercial St. ☉ Aldgate East.

## **Bean & Wheat**

Nominated by Mary McGrath, CEO at Foodcycle  
**Green credentials** This Shoreditch café was set up to use surplus ingredients from neighbouring restaurant The Frog Hoxton. The chefs create dishes like pork-offcut terrines and cauliflower-stalk salads. Plus, since both joints are so close together there's no carbon footprint for delivery. **They say** 'We're aiming to be zero-waste. We need to ditch this idea that there are "good" and "bad" parts of ingredients.' *Adam Handling, founder*  
→ 321 Old St. ☉ Old St.



## Circle of life



### Spring

Nominated by Thomasina Miers, co-founder of Wahaca

**Green credentials** Pappardelle and beetroot-with-burrata don't sound like dishes made from kitchen scraps, but that's the kind of thing you'll find on Spring's pre-theatre 'scratch menu', which transforms ingredients that would be heading for the bin anywhere else (beetroot tops, pasta off-cuts) into delicious, sophisticated meals. The restaurant also sources its produce seasonally from biodynamic farm Fern Verron. Whatever the farm grows is what ends up on the menu.

**It says** 'Being in the hospitality industry has opened my eyes to the large quantities of food discarded – one-third of all produce globally. I've always loved working with seasonal ingredients but when I opened Spring, I wanted to shout about these important issues.'

*Skye Gyngell, founder*

→ Somerset House. ☉ Temple.



**Cheesy does it!** Whey from burrata (top left) is added to rhubarb (above) to make lacto-fermented soda (left) at Caravan

### Caravan

Nominated by David Moore, founder of Pied à Terre

**Green credentials** The takeaway cups at Caravan are extra-special. They have a lining that, unlike most 'to-go's, can be removed for recycling. But that's not the only green initiative at the restaurant and roaster's five locations. Coffee grounds are composted, beef has been off the menu since 2017 (to reduce the chain's carbon footprint) and the team thinks creatively about leftovers – like using the whey from burrata to make lacto-fermented soda. Whey to go!

**It says** 'Action without collaboration has less impact, so we're joining up with sustainable groups whose mission is the same as ours.'

*Shelley Walker, head of sustainability and charity*

→ King's Cross, Exmouth Market, the City, Bankside and Fitzrovia.

### Brixton Pound Cafe

Nominated by Laura Winningham, founder of City Harvest

**Green credentials** Brixton Pound Cafe uses ingredients that would otherwise be wasted by local businesses and turns them into vegetarian dishes like lentil dhal and leek-and-potato soup. It's also pay-what-you-want, so no matter your financial situation, you'll be able to eat there.

**It says** 'Since January 2018, we've saved 4.8 tonnes of surplus food from landfill, which is equivalent to 60kg a week, and served 16,000 hot meals to our 23,500 customers.'

*Sean Roy Parker, cafe manager and volunteer coordinator*

→ 77 Atlantic Rd. ☉ Brixton.

### Native

Nominated by Emilie and Deepak, founders of Oddbox

**Green credentials** This Covent Garden restaurant serves 'chef's wasting snacks' made from leftover ingredients. Expect fermented potato waffles with chicken liver parfait and cod trim toast with gooseberry hoisin. So fancy! Plus, don't be alarmed if you find grey squirrel on the menu. The chefs say the meat's super-sustainable (and tasty).

**It says** 'The people who collect our bins were worried that we had no customers when we said we only needed one waste and one recycling collection per week!'

*Imogen Davis, co-founder*  
→ 32 Southwark St. ☉ London Bridge.



# FOOD

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TIME OUT



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## Circle of life



Bready, steady, dough  
At the Conduit, leftover  
sourdough (left) is  
made into crackers by  
the chefs (below)



### The Conduit

Nominated by Doug McMaster, founder of Silo and co-founder of Cub

**Green credentials** You might think a Mayfair members' club is an unlikely place for the start of an eco revolution, but you'd be wrong. Not only has The Conduit banned single-use plastic – which is quite a feat given how much clingfilm professional kitchens get through – it's tackling food waste with some innovative cooking. The ends of sourdough loaves are transformed into crackers and gateau.

**It says** 'Banning single-use plastic is hard but there's no middle ground. If there are things that we need clingfilm for, we just won't do them. I've worked in Michelin-starred restaurants and the amount of waste and plastic that gets used is greater as the stars increase. I wanted to show that [the opposite] can be done.' *Ben Lines, head chef*  
→ 40 Conduit St. ☉ Oxford Circus.

### Nine Lives

Nominated by Georgina Wilson-Powell, editor of *Pebble Magazine*

**Green credentials** Zero-waste neighbourhood cocktail bar Nine Lives comes up with innovative ways to give ingredients a new lease of life. Take the humble lemon. Every part has a use: after putting the juice, skin and oils in cocktails, the pith is distilled to release essential oils, which are then used for liqueurs and hand soap. The leftovers are composted to help grow herbs in the kitchen garden. And then the cycle starts again. Turns out that when life gives you lemons, you can make more than just lemonade.

**It says** 'Our immediate aim is to be a completely self-sufficient bar without any waste. We live on a finite planet and we need to make sure that we are doing everything in our power to preserve it.' *Victor Zigu, head bartender*  
→ 8 Holyrood St. ☉ London Bridge.

### Tap 13

Nominated by Saasha Celestial-One, co-founder of Olio

**Green credentials** If Espresso Martinis on tap aren't enough to get you to this bar in Tooting, perhaps the fact that all the drinks come from reusable kegs will get you over the line. Zero waste is the order of the day here (you won't get any frilly garnishes on your cocktail) and drinks are all sourced from ethically minded local businesses – think Borough Wines and Bullfinch craft beer. We'll drink to that!

**They say** 'In the hospitality industry, waste is really hard to avoid, so it feels good to put a foot on a different path and start to make a change, however small it may be!' *Paul Belcher, owner*  
→ Broadway Market. ☉ Tooting Broadway.

### Cub

Nominated by Megan Adams, founder of ReStore

**Green credentials** Drinks legend Ryan Chetiyawardana – aka the guy behind the current World's Best Bar, Dandelyan – has a pretty awesome side hustle. Cub is a cocktail bar-restaurant that produces 70 percent less food waste compared to an average joint. Ryan and the other founders are now focusing their efforts on working with sustainable local suppliers and on reaching out to the public so that everyone can learn how to live waste-free at home. We'll happily join this Cub!

**It says** 'We've moved beyond focusing on waste – we're trying to find ways of removing the stigma around the world of "sustainability". We want to dispel myths, give at-home and industry suggestions and challenge greenwashing.' *Ryan Chetiyawardana, co-owner of Cub*  
→ 153 Hoxton St. Hoxton Overground.



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## Circle of life



**All grown up** Food waste is composted (left) and used to grow bee-friendly plants (right, below) at Dalston Eastern Curve Garden

### Scout

Nominated by Anshu Ahuja and Renee Williams, founders of DabbaDrop

**Green credentials** If you go down to the woods today you might find someone from Scout foraging. The restaurant and cocktail hotspot reduces its carbon footprint by picking ingredients like wild camomile, mahonia and hawthorne blossom from nearby wooded areas and open spaces such as Hackney Marshes. They make sure there are no leftovers too, with waste products used to make delicious and inventive fermented drinks. Birch sap with tarragon and sugar kelp water, anyone?

**It says** 'We believe in the value of being in nature and doing everything we possibly can to do our bit for the environment. I think that this should become the new norm for the industry rather than a concept.' *Matt Whiley, co-owner of Scout*

→ 224 Graham Rd. Hackney Central Overground.

### Nightjar

Nominated by Paul Greening, head chef of Aqua Kyoto

**Green credentials** Even the vibe at Nightjar is recycled – it's a speakeasy cocktail bar reusing the flavours of the pre-Prohibition-era – but it's in the kitchen that the really smart rethinking happens. The bar's signature sparkling drink Buckwheat Kvass is made using a buckwheat honey sourdough yeast starter created from stale bread. Fruit offcuts are dehydrated or candied to make into garnishes. And that's just the start...

**It says** 'Ingredients such as kumquats, papaya and browned mint leaves are dehydrated and infused in alcohol. When edible leaves start going bad, they're dried, powdered and mixed with icing sugar to be used as aromatic crusts and dusts.'

*Tony Pescatori, head bartender*

→ 129 City Rd. ☺ Old St.



### Kiln

Nominated by Ryan Chetiyawardana, co-founder of Cub

**Green credentials** Most Thai curries are thickened with coconut milk, but at barbecue joint Kiln, the chefs use monkfish livers. It sounds unlikely but it works – and uses a part of the fish that would usually go to waste. The chefs are also decreasing Kiln's carbon footprint by swapping Thai ingredients for British ones, like nettles in its curries. Don't panic: they won't sting you!

**It says** 'People look to restaurants for direction on how and what they should eat and I think, as a restaurant, if you ignore these things, then you're part of the problem.' *Ben Chapman, owner*

→ 58 Brewer St. ☺ Piccadilly Circus.

### Dalston Eastern Curve Garden

Nominated by Tom Fletcher, founder of Rejuce

**Green credentials** This garden café composts all of its food waste (plus that from nearby restaurants) on site to keep its bee-friendly garden lush.

**It says** 'We have more than 150,000 visitors every year. Our aim is that they absorb information about sustainability. It's education by stealth.' ■

*Marie Murray, co-director*

→ 13 Dalston Lane. Dalston Junction Overground.

*Interviews by Isabelle Aron, Angela Hui and Rose Johnstone*

Read our guide to living a more eco-friendly life at [timeout.com/green](http://timeout.com/green)

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TIME OUT LIVE  
PRESENTS

# MOVIES

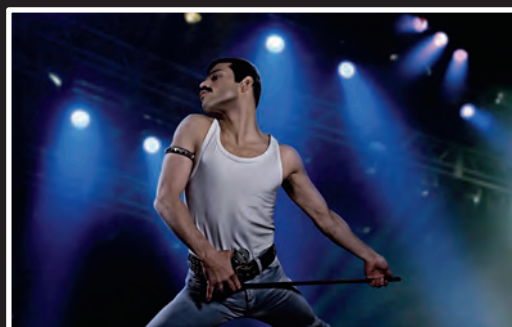


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# ‘It will be like nothing London has seen before!’

Nile Rodgers is in charge of this year’s Meltdown. *Kate Solomon* chats to him about the line-up, Studio 54 and who was more fun: Bowie or Madonna. Portraits *Andy Parsons*

**THE CHIC SONG** ‘Le Freak’ has been through a number of versions. As it was originally written, in a coke-and-champagne haze after Nile Rodgers and his writing partner Bernard Edwards were turned away from legendary disco club Studio 54, the chorus went ‘Aah... fuck off!’. When they realised it needed to be more radio-friendly, it became ‘Aah... freak out!’ And now, in front of a camera, toting a

disco ball, Rodgers has morphed it once again: into ‘Aah... Time Out!’

The legendary hit-writer, singer, musician, producer, philanthropist, ex-addict and cancer survivor is in town to chat about curating the Southbank Centre’s Meltdown festival, following in the footsteps of MIA, Massive Attack and one of his most famous collaborators, David Bowie. You’ve probably already heard at least two Nile

songs this week (triple that if you’ve been to a wedding). With Chic he wrote some stone-cold disco classics. As a producer, he coined the disco-funk-pop sound of the ‘80s, working with Bowie on ‘Let’s Dance’, on Madonna’s ‘Like a Virgin’ and on a dizzying number of other collaborations. We caught up with him to talk Meltdown, and to hear about the time he thought the mob had taken out a contract on him.



## Nile Rodgers



### What sort of vibe are you going for at this year's Meltdown?

'I like it when you go to see a band that you already know you like, and then you learn something new about them and you go: "Oh, man, that's so cool. I didn't know they did that." So I wanted to show those moments. I also couldn't do a festival in London and not feature the brilliant jazz sounds that are coming out of this city. Jazz is one of my first loves.'

### Is there anyone you couldn't get?

'I remember performing "Let's Dance" with Prince in 2014. It would have been amazing to get all three of us on stage one time performing it together – David, Prince and me. We would have lit up the house.'

### You're recreating Studio 54 at the Southbank Centre – will you be taking a horse in?

'I don't think we'll be able to get one in – have you seen the marble floors in there?! But it will be like nothing London has seen before! There'll

be actors, go-go dancers and real, original '54 DJs like the legendary Jellybean Benitez.'

### What do you think it was about Studio 54 that made it so special?

'At Studio 54 it was all about the music, the dancing, freedom of expression and true release on the dancefloor. It was about the people.'

### You've written a lot of songs. Do you remember how to play them all?

'No! But I'd relearn songs for a show!'

### What was the last great conversation you had about music?

'When I met William Orbit for the first time. We were talking about Madonna, who we both idolise. I've made 15,000 records and I've never met a person in my life more focused than her. The word that William Orbit used was "engagement". He said Madonna had engagement with everything going on around her. Bowie was like that too. [These people] see stuff

**Flare's flare** Chic in 1977. Left to right: Bernard Edwards, Norma Jean Wright, Nile Rodgers and Tony Thompson

**'Bowie was fun in the studio but Madonna is more fun to go to a club with'**

and go, "Hey, what's that?" He used to hear me say the word "serious" all the time. He had never heard it, it was a black colloquialism at the time. I'd say, "Hey, David, man, that's *serious*." The next thing you know, "Under the moonlight, the serious moonlight" [from 'Let's Dance']. It's in the lyrics!'

### Who was more fun to hang out with, Bowie or Madonna?

'David was probably more fun to hang out with in the studio and Madonna is more fun to go to a club with. You go to a club with Madonna and you're going to have a blast. You go to a club with Bowie, he just wants to talk! Madonna wants to dance.'

### Who do you think is doing something interesting in modern pop music?

'Childish Gambino is killing me. Why? He does what we do. I met him at the O2 the other day. He walked out there by himself and was killing. It was about musicianship, it was about the message. It was about the performance. That a guy like Childish Gambino can walk out there and say, "Here I am, I'm exposed, I'm talking about politics, the way I feel, what I see..." I loved it.'

### You've been to a lot of parties in your time. What was the best one?

'I would say that the best party I've ever been to was Madonna's birthday party [in 1994], because that's the last time I had a drink or a drug.'

### Blimey. What happened?

'I was carried out of her house and back to my hotel. I climbed out the window to get more cocaine and when I got back to my room, I called some friends of mine and said, "I think there's a contract out on me to kill me" – because I had slept with three girls that were mob girlfriends. I had cocaine psychosis for the first and only time. I never wanted to be there again and I never have been. I've got 26 years sober. Not a drink, not a drug. As one girl at a meeting that I went to early on said, "No cocaine ever jumped up my nose..."'

### What do you love about London?

'You finally have some good food! Jesus Christ, it took you guys a long time! Holy cow! That garbage that we used to eat, the Wimpy burger bars... what was that stuff?' ■

→ Meltdown is at the Southbank Centre.

⇨ Waterloo. Aug 3-11.

See the line-up at  
[timeout.com/meltdown](http://timeout.com/meltdown)

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**Why go?** For dishes like confit duck hash with poached eggs, a croissant stuffed with duck breast or a mouth-watering duck scotch egg. Drooling over the picture to the right? Us too.

**What's exclusive?** Two brunch dishes and endless drinks is £20.

→ Monsieur Le Duck. ☉ Farringdon. Until Oct 20.  
www.timeout.com/monsieur



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### Smith & Wollensky

**What is it?** Steak and wine for two at this American steakhouse.

**Why go?** These guys have been cooking up a storm in New York since 1977 – and now they're rising up the food chain in London. Our food critics say the offering is 'thrillingly, indescribably good'. Need we say more?

**What's exclusive?** A steak each plus wine and bottomless fries is £39.

→ Smith & Wollensky. ☉ Charing Cross.  
Until Aug 31. www.timeout.com/smith

### The Yoga Quarter

**What is it?** Fifteen classes at this north London yoga studio.

**Why go?** Because you can try hot yoga, HIIT yoga, jivamukti, therapy for your hips and more. Did you know you can burn between 600 and 800 calories in a hot yoga class? Don't take our word for it, though – bag this offer and see for yourself.

**What's exclusive?** You'll save 86 percent – 15 classes are just £29.

→ The Yoga Quarter. ☉ Holloway Rd. Until Nov 9.  
www.timeout.com/yogaquarter

### Bunga Bunga

**What is it?** Bottomless pizza at the home of wacky Italian dining.

**Why go?** Famed for its tongue-in-cheek dining experiences, you never know what's in store at Bunga Bunga in Battersea. Enjoy totally bonkers live entertainment and late-night karaoke as you tuck into tasty metre-long pizzas.

**What's exclusive?** Ninety minutes of bottomless pizza is just £10.

→ Bunga Bunga. Imperial Wharf Overground.  
Until Sep 26. www.timeout.com/bunga19

### UKG Bingo

**What is it?** Tickets to London's only garage-themed bingo sessions.

**Why go?** Forget your nan and her mates dabbing away. Nothing says 'twenty-first-century entertainment' like this mash-up of bingo and UK garage. Camden hotspot Duo has upped the number-calling ante with top bangers and a live MC.

**What's exclusive?** Tickets are yours from (lucky) £7.

→ Duo. ☉ Camden Town. Select dates until Aug 30. www.timeout.com/ukg

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# Property

Edited by Laura Richards  
timeout.com/property



## Five hacks for a greener home

Follow these simple steps for an environmentally friendly London pad

**THE HOME MIGHT** be where the heart is, but it's also the source of 14 percent of the UK's total greenhouse gas emissions, according to the Committee on Climate Change. Living a greener life when you're miles away from the countryside can sometimes feel like mission impossible. But don't give up on the dream just yet. Look out for eco features in prospective homes, or make simple changes to your current London abode that'll benefit the world at large, and hopefully won't cost the earth.

**1 Make things e-cosy**  
Alongside enquiring about the nearest pub, park and supermarket when house hunting, prospective tenants should get in the habit of asking to see a property's Energy Performance Certificate (EPC). It's actually illegal for

landlords to rent out properties with an EPC rating lower than E. The good news is, London has the most energy-efficient homes in the country, with Tower Hamlets, Greenwich and the City of London getting the highest proportion of As and Bs. According to home improvement firm Everest, this also means we happen to spend the least on bills (yeah... about that?).

Cara Jenkinson, chair of the Muswell Hill Sustainability Group, has a quick tip for those on the move: 'Eco-minded house hunters should opt for terraced homes or newer flats, which tend to be more energy efficient than semi-detached, older homes.' And what about improving the EPC rating of your current place? 'If the boiler is more than 15 years old it may be worth replacing with a modern condensing boiler. Additionally, around 40 percent

of heat is lost through windows, doors and floors,' says Jenkinson. If you don't want to blow your earnings on something as boring as double glazing, invest in heavy curtains, thick rugs and DIY draught-proofing strips for a cosier gaff.

### If you only do one thing

One surefire way to feel less guilty about your heating bill is to use Big Clean Switch to find an energy supplier that doesn't rely on climate-wrecking fossil fuels. Green suppliers such as Bulb, Pure Planet and Good Energy only use 100 percent carbon-neutral gas.





## 2 Mind the voltage

Slashing our energy consumption is a no-brainer. It tackles pollution and preserves the earth's natural resources. Start by reconsidering when you use power-hungry appliances like washing machines: avoid peak times (6pm-9pm), when non-renewables such as coal stations are fired up to meet demand. If getting your caffeine fix is draining the grid (we are a nation of over-boilers), put

the Vektra kettle on your birthday wish list. It's made from thermal insulated steel, which keeps boiled water hot for up to four hours. If you don't mind splashing a bit more cash, you can buy gadgets such as high-tech plugs (which you can switch off via an app) and smart thermostats like Hive or Nest. And here's a bright idea – from 2020, the government will pay back homes that export solar-powered energy back into the grid. If you haven't

got the budget for a full roof of panels, consider filling your pad with funky lighting (from websites such as [www.thesolarcentre.co.uk](http://www.thesolarcentre.co.uk)) or sun-powered tech such as Goal Zero's Rock Out portable speaker or Logitech's wireless solar keyboard.

Sparing a thought for the environment can also bring down your bills. The Energy Saving Trust reckons we could save £80 a year from turning down your thermostat by one degree. Say watt?!

### If you only do one thing

Many of us are concerned about our wifi speed, but have you ever thought about the environmental footprint of the companies powering our internet connection? Eco-friendly options include Green Net and Green ISP, as they rely on renewables.



### 3 Give interiors an eco-verhaul

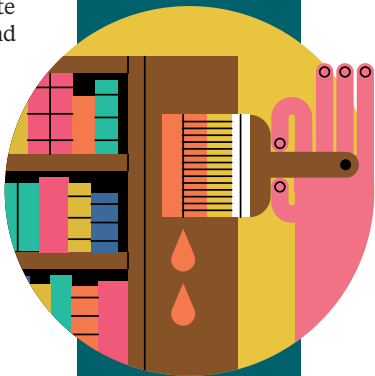
Fly-tipping is a source of frustration for many but for 47-year-old Carla Rossiter, other people's waste is her gold dust. Her Insta account @shedhomewares\_e17 is full of #interiordesigngoals, with Ercol chairs rescued from a neighbour's garden and the bricks that form her feature wall sourced entirely from skips. 'Often pieces just need a sand and repaint or a bit of wood glue. I love the patina of old pieces and the knocks and bumps that tell their "story".'

If you're a design-conscious DIY-phobe, check out eco start-ups such as Dust London, for handsome homewares made from teabag waste or east London-based lighting brand Tala, which specialises in low-energy LEDs and whose newest collection is made from broken solar panels. And don't forget to choose local tradespeople, cutting down on travel emissions and doing wonders for your carbon footprint.

#### If you only do one thing

Take the #secondhandfirst pledge and apply it to everything you usually buy new (except your undies). You'll find pre-loved goods on Freecycle, Freegle, Olio, The London Reuse Network and neighbourhood community groups, – like Walthamstow Sell or Swap where Rossiter is an active member.

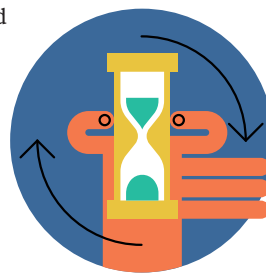
'Often pieces just need a sand and repaint. The knocks and bumps tell their "story"'



### 4 Don't be a (water) waster

Despite all our rainy days, London might not be far off a severe drought due to an increasing population, loss of green space and ancient, leaky pipes. To help us up our water-saving game at home, Thames Water has laid on loads of gadgets that you can order for free. Their save-a-flush crystal bags won't help with your feng shui, but will save a litre of water from being washed down the bog every time you flush, while a shower timer could save you bucketloads of agua and pennies (but only if you stick to the allotted four minutes, no cheating!).

And did you know you are effectively paying double every time you waste warm water (once for the water, and once for heating it)? Treat running taps as sacrilege by using your washing up bowl and sticking reusable bottles of water in the fridge to avoid running the tap until it turns cold. Plus, once cooled down, the leftover water from your cooked veg can be used to feed your house plants. Bloomin' genius.



#### If you only do one thing

According to Waterwise, we could be eating up to 5,000 litres of 'invisible' water a year, with livestock playing a huge role in our water footprint. Friends of the Earth suggests installing a water butt (a great way to offset your water usage while you get used to that vegan diet you're definitely sticking to), but if space is tight, a bowl on the window ledge in a downpour will do the job. Your house plants will take rainwater over treated tap water any day.

### 5 Keep a green home

If a clean home is as important to you as a green one, invest in air-purifying curtains from Ikea and pollution-filtering plants such as the peace lily and the chrysanthemum. One plant per ten square meters is the Nasa-approved optimum. And when it comes to that next spring clean, you can use the contents of your cupboards for a chemical-free blitz. Check out The National Trust's 'vintage' tips to find out how you can clean practically anything if you've got enough lemons.

Finally, methane from food waste sent to landfill is a bigger contributor to global warming than CO<sub>2</sub> (and it also makes your bins pong). Most London councils now offer a food

waste collection, but if yours doesn't, follow the lead of

Jihe Kim, 24, who runs ethical Insta account Eco Life Choices. She reduced her food waste by around 75 per cent by freezing her fruit and veg scraps and donating them to a local

community garden. Use

[www.farmgarden.org.uk](http://www.farmgarden.org.uk) to find your local green space, or for tips on setting up your own scheme.

#### If you only do one thing

Invest in a wormery like the Worm Factory 360, or, if you're squeamish, try the Bokashi Organico kitchen composter. You'll need to bury the compost in a pot of soil before using it on plants, but it breaks down waste quicker and doesn't smell or attract pests. A work of green genius. ■



By Kyra Hanson  
Who is a total green goddess.





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## A LOCAL'S GUIDE TO LIVING IN

# Tooting

### Tell me about the local tribe.

Millennials, families, students, and a long-standing Sri Lankan community come together in Tooting, an area thriving again after years of regeneration.

### What's new in the hood?

The last five years in particular have seen major change to both Tooting and Broadway Markets, as well as the high street. Original traders have been edged out by brunch spots and indie shops, but with that comes renewed interest in the places that have managed to stay in situ.

### Are there any community groups?

Check @tootingdailyprss on Instagram to get to grips with the area, its new venues and their all-important soft-launch deals.

### Where can I grab a morning latte?

Highlights include **Graveney and Meadow** with its outdoor space, perfect for a mid-morning caffeine break. Or give **Mud** a go, also along Mitcham Road.

### Is Tooting family-friendly?

You'll see hordes of children as soon 3.30pm hits. Come September, annual three-day festival **Tootopia**, brings together local establishments for a weekend of fun for all ages.

### What's the nearest green space?

Gorgeous **Tooting Common** has an athletic track, tennis courts and masses of green space (plus its own little lake). **Figges Marsh** – closer to Tooting station – is also a great place for an afternoon of local lounging.



Tooting Common



Broadway Market

### What are the supermarket options?

**Sainsburys** and **Lidl** are the big ones, and there's also a smaller **Aldi** and a **Tesco Express**.

### Is there a market at the weekend?

Both **Tooting** and **Broadway Markets** are at the heart of the neighbourhood and open seven days a week. Tooting Market – with its new Yard market filled with fresh traders – is definitely the more impressive of the two, with Broadway Market acting the cool, younger sibling. At both, you'll find small retail spaces with tables and chairs out in the walkways creating a true community feeling, and with live music playing on weekends.



Tooting Bec Lido

**AVERAGE PROPERTY PRICES:**  
Flats £390k,  
houses £700k

**AVERAGE RENT:**  
£800pcm per person

**NEAREST TRANSPORT:**  
Tooting Bec / Tooting Broadway

**BUS ROUTES:**  
155, 355, 270, 44,  
333, 57, 127

**LOCAL MP:**  
Dr Rosena Allin-Khan

### Any takeaway hotspots?

**Meza** and **Chez Vous** are best for a Lebanese bite, while **Pizzeria Sette Bello** is the go-to for Italian chow. Or sample that Sri Lankan influence from one of many curry houses – **Dosa n Chutny** is a firm favourite.

### How about keeping fit?

**Tooting Leisure Centre** has a pool, gym and classes while there's a weekly park run in **Tooting Common** if the great outdoors is more your thing. Or get along to **Tooting Bec Lido**, one of the UK's oldest open-air pools. Tooting Healthy Streets is a new initiative working to get more residents walking and less cars on the road, so fill your lungs in good faith.

### Where's best for a Sunday roast?

You'll want to book ahead at **The Gorrington Park** – it regularly sells out of its stellar Sunday lunch. ■  
*Rebecca Lewis*

LONDON NEWCASTLE



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[theotto.co.uk](http://theotto.co.uk)

# Let's take it outside

Whether it's a garden or a balcony, *Laura Richards* picks some key items to spruce up your outdoor space this summer

## → Green dream

Rest easy in the great outdoors: this cushion is made from recycled plastic.

→ Way cushion, £85.

[www.monologuelondon.com](http://www.monologuelondon.com)



## ← Block rockin' bees

Put this in your garden and lonely bees will make a home from it.

→ Small bee block, £18.75.

[www.ofcabbagesandkings.co.uk](http://www.ofcabbagesandkings.co.uk)



## ↓ Pure fire

No space for a big barbie? No sweat.

→ Barbecue bucket, £28.

[www.labourandwait.co.uk](http://www.labourandwait.co.uk)



## ← Lighter nights

Brighten up your balcony – this lantern throws light far and wide.

→ Haze lantern, £82.

[www.indish.co.uk](http://www.indish.co.uk)



## ↑ Taking sides

This stylish, lightweight table can travel with you round your garden.

→ By your side table, £217.

[www.twentytwentyone.com](http://www.twentytwentyone.com)



## → Going loco

Lounge in a funky chair inspired by Mexico's beaches.

→ Acapulco Chair,

£318.75. [www.scp.co.uk](http://www.scp.co.uk)



## → Bags of fun

Good for gardening or for storing your summer reading.

→ Hinza bucket bag, £25.

[www.nookshop.co.uk](http://www.nookshop.co.uk)

HINZA BUCKET BAG: ISABELL N WEDIN

# HOUSING CRISIS

We put your London property problems to the experts

## This week: a filthy housemate

**Becca from Stoke Newington says:**

'My new housemate is making our home an absolute disaster zone! They joined our houseshare just two months ago, via an online ad, and I'm already at my limit. I'm having to deal with constant mess, with piles of dirty dishes just the tip of the filthy iceberg. I've tried leaving a note about it. I've even tried talking about it face-to-face, but that resulted in a tense and awkward convo. Can I just get them evicted by our landlord?'

**Gurpreet Singh from Relate says:**

'It's normal to have disagreements with the people you live with – one person's mess is another person's tidy – but this relationship is very important, because your home should be a space that you both want to come back to and enjoy at the end of the day. Sometimes, leaving a note can be seen as a passive aggressive move, as you're just simply stating: 'I expect this behaviour of you.' It can



be easier to explain your differences in a conversation; why you're feeling this way can be established, helping your housemate evaluate their actions.

'To avoid a tense conversation, speak in a soft tone, which acts as an invitation for a discussion. Phrases like 'it will be good to work out our differences' and 'can we find a way that works for both of us?' are inclusive and talk about your needs as well as theirs. If it doesn't help the first time, do try again. If you don't get the result you want, get someone to mediate the conversation. If things do become unbearable, and you think the mess breaches the tenancy contract, then you could contact the landlord and they can choose to get involved or not. They could even act as a mediator between the two of you and help banish those dirty dishes once and for all.' ■

→ For further relationship advice visit [www.relate.org.uk](http://www.relate.org.uk).

Send your problems to  
[hello@timeout.com](mailto:hello@timeout.com)

INTERVIEW BY NISHA WOOLFORD



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Backed by  
HM Government

# Things to Do

Edited by Katie McCabe  
timeout.com/thingstodo @timeoutlondon

EVENT OF THE WEEK

## Hackney WickED DIY Open Studios

After a break in 2018, the three-day weekend party dedicated to the artists of Hackney is back for its tenth birthday

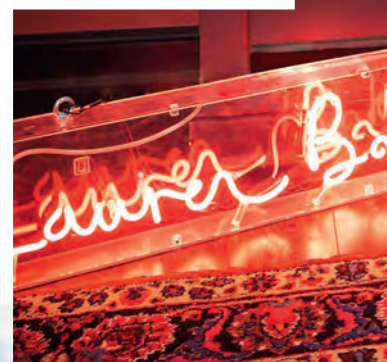
**KEEPING HACKNEY WICKED'S** collective head above water for the last ten years has not been easy. A riotous, sprawling mix of open studios, street art and canal-side gigs, the weekend is a chance to interact with the hundreds of artists sculpting, painting, crocheting and smelting away in the industrial units of Hackney Wick and Fish Island. But throwing a party can be bittersweet when the community you're celebrating is under constant threat of being turfed out. Last year, the organisers had to take a break to catch their breath. 'It was a tough time,' says Hackney WickED's creative director Anna Maloney. 'Warehouses were getting ripped down, bridges [were] built that destroyed hundreds of artists' co-working and living spaces. The pain was raw for the

community against a skyline of 20 cranes building luxury flats.' That threat has intensified rather than dissipated – in April, arts and studio venue Stour Space threw the #SaveOurStour festival to try and keep the lights on, while many artists that have held on to their studios are working on borrowed time in buildings that are marked for demolition or redevelopment. As Hackney WickED festival marks a decade, it's stepping into this turbulence with a group show, '<WHO ARE WE>', exploring artists' personal and environmental 'state of instability or transition'.

And that's just one tiny part of it – WickED is set to be a full takeover of the area. There's big afterparty planned at former sausage factory Grow on Friday, art tours of Hackney Wick, solo shows, gallery shows and



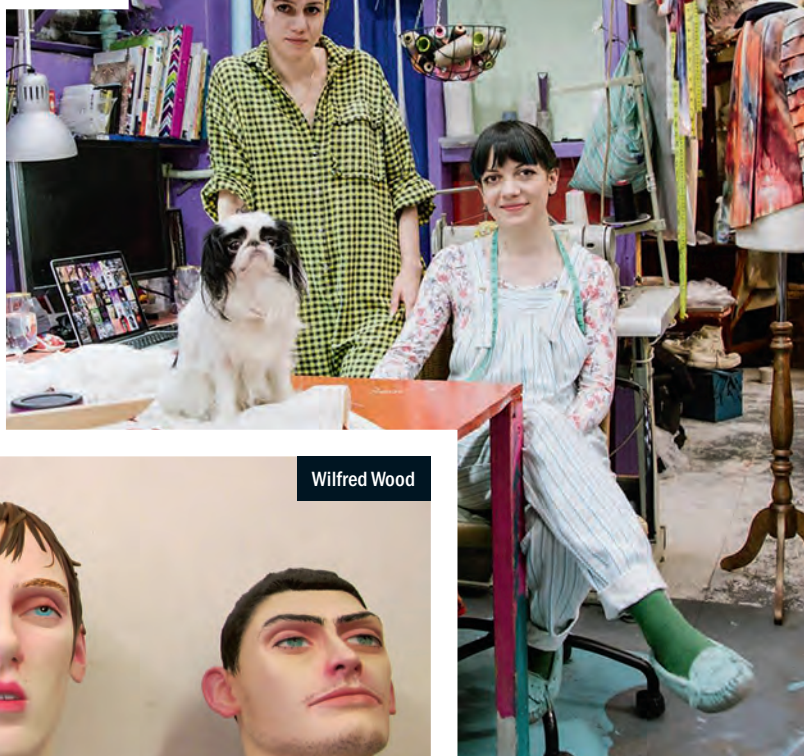
Adele Brydges



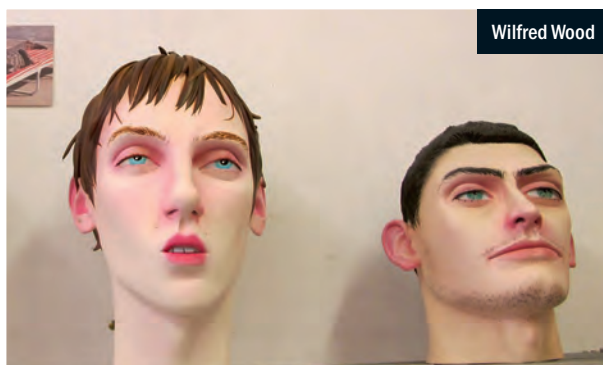
Find more afterhours art at  
[timeout.com/lates](http://timeout.com/lates)



Hackney WickED performance 2017



Rachel and Sasha of fashion label FISHWIFE



Wilfred Wood



Lauren Baker

**WHAT IS IT...**  
A chance to visit more than 100 artists' studios in Hackney Wick and Fish Island.

**WHY GO...**  
To buy an original artwork of your own.

→ Various venues in Hackney Wick. Fri Jul 26-Sun Jul 28. Free.

jazz on the Giant Steps terrace by the canal on Sunday. Make sure you pay the beautiful Old Baths a visit, where, depending on the day, there will be a photo exhibition about Extinction Rebellion, interactive art, a group gardening session and outdoor gigs. More than anything, it's a chance to meet the community of artists and understand the challenges they face. 'Everybody sees arts these days as being able to add monetary value,' says Adele Brydges – whose workshop in Arbeit Studio is filled with elegant sculptures of dildos. 'It's very much about consumerism. But everybody has to make money and live in London, don't we? So we have to find a way to work together.' Hackney Wick has been dubbed London's Creative Square Mile, with much emphasis placed on the need for

creative businesses, but as Adele points out, we need to make room for the 'messy creatives' too.

One of the best parts of Hackney WickED is the chance to nose around the world of those 'messy creatives' as more than 100 artists open their studios to the public. See Adele's ceramic dildos, unsettling sculptures by Wilfrid Wood, or the pulsating light art of Lauren Baker. You could visit them in a gallery, but there's something special about going straight to the source. As Lauren puts it, 'your personal space, your mess, your ideas that haven't formulated... you can't get any more personal than your studio.' ■



**By Katie McCabe**  
*Who lost her shoes at Hackney WickED 2014.*



# Smarten up your escape

Ready for a mindfully eco adventure? Hit the road for these great getaways near London

**R**each for the factor 50, it's summertime! And while it's great to scout all of London's cool things to do, heading beyond the Oyster-card borders can provide some light relief from all the hustle and bustle.

Car share honchos Drivy by Getaround can help make both city life (and escaping it) a little easier – and a lot more eco-friendly. Essentially, the service lets you rent cars from your neighbours – whether that's for a quick nip to do a big shop or for a long weekend escape. Plus it's super simple to get on-board: there's no subscription, insurance is included, and you can book and unlock the car nearby directly through the Drivy app.

So we hope you've booked time off, because the three spots below have some serious appeal – and you can be there in around an hour with a Drivy hire car. Beats feeling all hot and bothered on public transport, doesn't it? Just think of the sweet, sweet air con...

## Tonbridge

For summer loving with a slice of Kentish charm, Tonbridge has your back. Thirteenth-century **Tonbridge Castle** is a fascinating spot for all budding historians, **Tudeley Church** has some spectacular stained-glass windows and **Haysden Country Park** is pretty for a relaxing wander through nature. Fancy more of a challenge? Bring your bike along

and take the cycle route to **Penshurst Place** and back for five miles of wild, floral-filled beauty.

## Walton-on-Thames

This leafy Surrey market town is home to adrenaline-fuelled wonderland **Thorpe Park**, the impressive National Trust-managed mansion and gardens **Claremont House** and the picnic-worthy landscaped gardens of **Painshill** and **Bushy Park**, where you can spot deer. Oh, and pack your cozzie, because you can go for a dip at **Desborough Island**.

## Windsor

Feeling regal? Well you will be, because **Windsor Castle** is one of the Queen's primary hangouts. It's not all pomp and ceremony though – you can hunt for bargains at **Windsor Independent Market**, eat at the charming **Bel and the Dragon**, or visit **Legoland** for some nostalgic fun. Don't need to drive back for a few days? Hop along to a beer tour at the **Windsor and Eton Brewery**.



## AND THE GREEN BIT...

Getting out of town is one thing, but taking the high road for the environment is another. And that's why Drivy want to liberate city spaces from parked cars. Yep, one shared car replaces up to ten private cars in London\*. So, you can be even more smug about your break. **Eco-win.**

**drivy**  
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→ To bag £40 off your first rental use code **TIMEOUT40** at [www.drivy.co.uk](http://www.drivy.co.uk) or on the app

\*(Source: Como UK)

# SOMETHING FOR THE WEEKEND

## Friday



### Pick of the Litter

Can't get enough of cute critters? Head after-hours to the V&A for this late exploring animal-human relations. Find out about animal-dating apps and digital pets, and watch cat videos and animal-themed dance. Did we mention the mini-pig therapy session?

→ V&A. ☺ South Kensington. Fri Jul 26. Free.

### WHISK Big London Bake

Forget soggy bottoms. Get the big whisks out for this 'GBBO'-style baking comp (held in a tent, obvs). You'll have 90 minutes to bake a doughy masterpiece to put before the judges.

→ The Castle.  
☺ Tooting Broadway.  
Until Nov 30. From £35.

### WATCH The LOL Word

Expect disco dancing, drag performances, cabaret and DJs as this collective of queer women and non-binary comedians storm the South Bank's alfresco river terrace for a late-night party.

→ Southbank Centre.  
☺ Waterloo. Fri Jul 26. Free.

## Saturday

### DRINK Hackney Brewery Summer Session

Sip on craft beer from ten UK breweries, plus get some natural wine and cocktails on tap at the east London brewery's boozy birthday celebration.

→ Geffrye Museum. Hoxton Overground. Sat Jul 27. £15.

### BROWSE RiverWalk Market

Beside the Thames and in the shadow of Battersea Power Station, the setting couldn't be better for this indie food market.

→ Battersea Power Station.  
Battersea rail. Sat Jul 27. Free.



### Fiesta de Mexico

Guildhall Yard will be covered in papel picado bunting for this fiesta. Gorge on tacos and tamales and sip on agave cocktails then watch mariachi bands and lycra-filled Lucha Libre wrestling shows. Salud!

→ Guildhall Yard. ☺ Bank. Fri Jul 26-Sun Jul 28. Free-£15.

## Sunday

### 'Fabulosa! The Story of Polari'

Have a bona night out by getting your dolly old eek down to this talk charting the history of the secret language used by gay men in the twentieth century.

→ Conway Hall. ☺ Chancery Lane. Sun Jul 28. £8.



### EAT StrEATlife

Packed in the middle of its name like a big beef patty is the key to this fest. Fill up on craft beer, cocktails and street food from 25 top London vendors.

→ Alexandra Palace.  
Alexandra Palace rail.  
Sat Jul 27-Sun Jul 28. Free.

### BUY Rare Birds Bohemian Market

Grab armfuls of vintage garms and artisan crafts listen to live music and chomp on street food at this regular market.

→ Peckham Springs. Peckham Rye Overground. Sun Jul 28. Free.

Bona times await! [timeout.com/thingstodo](http://timeout.com/thingstodo)

# Face to face with the Dark Arts

As Halloween creeps closer, a chill descends on Warner Bros. Studio Tour London – The Making of Harry Potter. Explore the dark depths of the Wizarding World, if you dare

**S**ee the Dark Mark hovering over Warner Bros. Studio Tour London? No? Well, come autumn, it's certainly there in spirit.

From September 27 for six weeks only, the Studio Tour is spiced with added Dark Arts features. The Great Hall set is decorated for a Halloween feast complete with handmade floating pumpkins, Diagon Alley has a spookier air, and there's a chance to see a gathering of Death Eaters at Malfoy Manor.

So, best foot forward. Here's what to look out for...

## The face of the Death Eaters

Brand new this year, Dark Arts includes your chance to find out first-hand from crew, some of who worked in the Art Department whilst filming, how each intricate mask for this sinister tribe of the Dark Lord's

servants was created, from concept to finished article. Members of the crew will be on hand to demonstrate how the hand-etched visages were designed to reflect the personality of their owners.

## Wand combat

How good is your aim? Master handling a wand for yourself during a live duel with the Death Eaters, only during Dark Arts season.

## Voldemort's wand

See it up close for yourself. Pretty sure it's safe now. Designed to resemble a skeletal finger, Voldemort's sinister yew wood wand even has a honeycomb-like texture like real bone, and a knuckle joint. See where Ralph Fiennes, in his chilling portrayal of Voldemort, would wrap his little finger around the clawlike hook at the end.

## Nagini

Even the most enthusiastic ophiophilist will be glad to know the original model of Voldemort's faithful 20-foot snake, so chillingly realistic in the films, is displayed at arm's length. Find out about the ruthless reptile – recently encountered in 'Fantastic Beasts: The Crimes of Grindelwald', when she was still human – including how filmmakers studied snake behaviour and even had a professional snake handler on set.

## Snot, drool and blood

With so many battles and beasts, there was a high demand for goo during the making of the Harry Potter film series. See how silvery unicorn blood, Troll snot and the dribble of a three-headed dog were all made. You can get 'hands-on', too, if you're sure you *really* want to.



## Book now

Halloween is a busy time so advance booking is essential. The Studio Tour now also features Gringotts Wizarding Bank. All highlights included in the ticket price. And don't miss the 'Hogwarts After Dark' dinner and exclusive tour, Oct 25-27. Tickets on sale July 30.



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→ Dark Arts at Warner Bros. Studio Tour London – The Making of Harry Potter  
September 27 to November 10. Book now at [wbstudiotour.co.uk](http://wbstudiotour.co.uk)

## WHAT'S THE DEAL WITH

### Cosmic Annual Rubber Duck Race

#### What's going on here?

Around 500 little rubber duckies are getting ready to break away from the bathtub and battle (well, float) it out along Regent's Canal to see who is first over the finish line.

#### So it's just for the quack?

It's all in the name of charity, to help raise funds for Cosmic (Children of St Mary's Intensive Care). The money will go towards medical equipment, training, accommodation and support for parents and families at the Children's Intensive Care Unit in St Mary's Hospital. There will also be fairground games like tin-can alley

and croquet, and if you're feeling competitive, you can try and beat some small children in a space-hopper race.

#### How do I get involved?

All you have to do is sponsor a rubber duck for £3, go to the starting point at St Mary's bridge and cheer your champion right to the very end. If it all goes swimmingly, you could be in with a chance of winning a pair of Eurostar tickets to a destination of your choice.

#### What happens to all of the rubber duck losers?

The organisers take care not to disturb the canal's natural habitat, and will collect all the ducks at the end of the race so they can be trained up for another chance of glory in 2020. Seems like the race has grown from a silly charity gimmick to a proper annual event – it's right there in the name. Rubber duckies, we're awfully fond of you.

■ Nisha Woolford

#### WHAT IS IT?

A cut-throat competition for rubber duckies on the Regent's Canal.

#### WHY GO?

To send a £3 bet to charity instead of losing it in a Betfred.

→ Merchant Square.

⇌ Paddington. Thu

Jul 25. Free-£3.



More ducks at [timeout.com/parks](http://timeout.com/parks)

#### Advertisement feature

## Go on a taste adventure this weekend

Hungry for a food festival that's a little out of the ordinary? We think you'll want to know about Just Eat Food Fest...

If you're a food-obsessed Londoner, no doubt you've hit up a food festival or two in your time. But have you ever been to one that involves a retro Americana games room, choose-your-own adventure trails of tasty discovery and dishes by a Michelin-starred chef? The fabulous Just Eat Food Fest is hitting Shoreditch's 93 Feet East this

weekend to bring the party – and you're invited.

Here's how it works. It's free to enter, and once you're in, you can create your own taste trail. On your journey, you'll find Caribbean chicken by Mama Jacq's, Japanese tacos by Sugoi JPN, gourmet burgers by Buns, flavour-filled North Indian flatbreads by KoolCha, tasty



Filipino dishes by Romulo Café, and for dessert, vegan ice cream by Cruffins. On top of that, there'll be live music and DJ sets, Insta-friendly spaces and cocktails.

**93 Feet East, 150 Brick Lane, E1 6QL. Shoreditch High St Underground. Jul 26-27. Fri 5-11pm; Sat noon-11pm. Free entry, food tokens can be purchased at the box office.**

# JUST EAT

**Clear your  
calendar this  
weekend, London:  
Just Eat Food Fest  
is too tasty  
to miss.**

→ Find out more at [www.just-eat.co.uk/london/foodfest](http://www.just-eat.co.uk/london/foodfest)



# Seven ways to feel good in London this summer

Filled with FOMO, but don't have the bank balance to back it up? Chill out, because we've teamed up with 7UP Free to help you find seven of London's coolest free things to do



1



## Feel free to just be at The Fido Dido House

Remember wiggly-haired Fido Dido, the chill '90s character? Well, he's back, and he's got his very own pop-up in Covent Garden from July 26 to 27 (that's this weekend!). The Fido Dido House

is here thanks to 7UP Free: the tasty sugar-free lemon-lime bevvy. The space is the perfect antidote to the hectic pace of London life: you can kick back with an icy can of 7UP Free in a chill-out zone of your choice. [fidodidohouse.eventbrite.co.uk](http://fidodidohouse.eventbrite.co.uk)

## 2 Have the ride of your life

If life on two wheels appeals, then we've got just the route for you. Savvy cyclists can meander from leafy Finsbury Park all the way to Ally Pally without ever touching the road. The tree-lined Parkland Walk is a 6km ride along a disused railway line, and there won't be a car in sight.

## 3 Take a dip in a new wild swimming spot

There's nothing like an alfresco swim to wash away the stress. Beckenham Place Park is a new wild swimming spot has just opened in the Borough of Lewisham. Jump in!

## 4 Catch a free outdoor film

Dip your head in a bucket of SPF50 and head to Leicester Square Gardens for its free outdoor cinema, running from August 8 to 11. Catch classics like 'Groundhog Day' and sing along to 'Grease' and 'The Greatest Showman'.

## 5 Watch creativity unfold at an open studio

Immerse yourself in the thriving creative communities of east London at Hackney WickED: DIY Open Studios. Running this Friday to Sunday, you can marvel at (and buy) the work of local artists, designers and makers.

## 6 Hang out with the birds and bees on a guided walk

Breathe out: you're on a free guided

walk of the Walthamstow Wetlands, and the only thing you need to worry about is whether the bird you're admiring is a grey heron or a little egret. They run weekly walks at this gorgeous reservoir, which stretches across 211 hectares.

## 7 Rise above it all

Primrose Hill, Ally Pally, Greenwich Park... think you've hit up all the best spots to see the London skyline? You might not be aware that the free viewing platform at Tate Modern's Switch House also offers insanely great city panoramas.



→ Find more relaxation inspiration at [www.timeout.com/freesummer](http://www.timeout.com/freesummer)

## GET INVOLVED

# House of Wayward Plants

**EVER WONDERED WHAT** happens to all the beautiful blooms displayed at the Hampton Court Palace Flower Show? Well, you can rest assured that this year none of those extravagant flowers will go to waste, thanks to a huge recycling scheme run in collaboration with the National Trust.

It's letting Londoners adopt the show-stopping greenery for free and take them home. Yuccas, hydrangeas and pansies aplenty will be up for grabs at Morden Hall Park on Saturday (July 27). All you need to do to bag one is fill out a House of Wayward Plants adoption form,

saying how you'll care for your new green addition and where it will live.

Thousands of plants and flowers will be in the mix, but you better get your skates on. They'll be given out on a first come, first served basis and are expected to go quickly.

As well as the public adoption scheme, many of the other blooms from the flower show will be given to community spaces and school gardens. If you think you have what it takes to be a plant parent, now's your time to shine. ■ *Alexandra Sims*



**WHAT IS IT?**  
A chance to adopt a plant that has fulfilled its flower show destiny.

**WHO GO?**  
To give a forever home to a yucca or spider plant in need.

→ Morden Hall Park.  
🕒 Morden. Sat Jul 27. Free.



ROSEMARY DESPRES

## JUST EAT FOOD FEST

### Taste Adventure

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**When:**  
Friday 26 July: 17:00 - 23:00  
Saturday 27 July: 12:00 - 23:00

**Where:**  
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[just-eat.co.uk/london/foodfest](http://just-eat.co.uk/london/foodfest)

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## DON'T MISS

# City Nights: Party at the Silver Factory



**IF YOU COULD** go back in time and relive any party, what would it be? Maybe a teenage birthday, where you could zap in, hide the WKD Blues and erase the image of that bright indigo vomit in your washbasket?

City Nights is all about party time-travelling – but the idea is to create memories, not wipe them. A mix of theatre, performance art and night out, it's a recreation of legendary shindigs from different eras, and this week's chosen epoch is Andy Warhol's Silver Factory, summer 1966.

Peckham will play the part of Manhattan as the Copeland Gallery is morphed into the den of performative '60s hedonism filled with pop art, over-zealous eyeliner and ennui. It's a party in the 'immersive' camp – a bit like a mini Secret Cinema, only nobody is going

to make you sit through 'Casino Royale'. This is 1966; Daniel Craig won't be born for another two years.

The real Factory got its 'Silver' name from the layers of tin foil and broken mirrors that decorated the space – symbolic of Warhol's interest in space and futurism. But this night won't be relying on Bacofoil to sex up the decor. Each part of the gallery will be its own stage. You can visit 'The Studio' for impromptu screen tests and screenprinting, dig through love letters in The Artist's Bedroom and drink a cocktail in aisle five of The Supermarket bar. Start belting out 'These Days' in your best brassy Nico voice, get in an argument with 'Lou Reed', then do the Loco-Motion with some hired actors. Whatever you do, don't sit on the sidelines. It's like Warhol said, 'They say time changes things, but you actually have to change them yourself.' ■ *Katie McCabe*

### WHAT IS IT?

A recreation of Andy Warhol's 1966 parties in The Factory.

### WHO GO?

For an excuse to wear truckloads of eyeliner and dance to 'I'm Waiting for the Man'.

→ Copeland Gallery.  
Peckham Rye Overground.  
Thu Jul 25–Sat Jul 27.  
From £26.



JUSTINE TRICKETT 2018





## Open water pools

Last week, a swimming lake opened in Beckenham. Now there are campaigns to turn an Enfield duck pond and Wimbledon Park Lake into official swim spots. Dive in!

→ Find out more at [www.timeout.com/enfield](http://www.timeout.com/enfield) and [www.swimwimbledon.co.uk](http://www.swimwimbledon.co.uk).

## THREE OF THE BEST Car boot sales



### ↑ Peckham Carboot

Embrace your inner Del Boy by rifling through trinkets and knick-knacks in a Peckham car park. Or head along to hawk your once-loved wares for a tenner (if you pre-book).

→ Harris Academy Peckham. Peckham Rye Overground. Sun Jul 28. £1 for buyers.



### ↑ Brixton Booty

Coldharbour Lane will be home to a veritable goldmine of bric-à-brac at this sprawling sale. Sellers can turn up on the day, while buyers should come ready for some hardcore rummaging to pin down that secondhand treasure.

→ 299 Coldharbour Lane. ☺ Brixton. Sun Jul 28. 50p entry.



### ↑ Capital Carboot Sale Pimlico

Pimlico's pitches are crammed with books, clothing, ceramics, jewellery, bikes and everything in between. Stalls can be hit and miss depending on the sellers of the day and you can pay £7 for entry from 10.15am for first dibs.

→ Pimlico Academy. ☺ Pimlico. Sun Jul 28. £1 for buyers.

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## WATCH

### **C** Cosmic Dragon Boat Regatta

No fire-breathers here, only oar-some action as teams raising money for the Children of St Mary's Intensive Care (Cosmic) charity race across Paddington Basin. Cheer them on from the canalside and (because it's nothing like the Oxbridge race) prepare to see coxes with drums and Chinese-style costumes and regalia.

→ Merchant Square.

### **C** The Ultimate Harry Potter Marathon

Come and have a go if you think you're wiz-ard enough to stay awake through this all-night Harry Potter film marathon. Beginning with 'The Philosopher's Stone' at 8.30pm, it'll run right through until 5.25pm the next evening when the credits of 'The Deathly Hallows Part II' will roll and the still-awake aurors will be separated from the slumbering squibs.

→ Prince Charles Cinema.

↻ Leicester Square. Sat Jul 27. £32.50.

### **E** Outsider Pride: 'Hedwig and the Angry Inch'

The Outside Project, London's first permanent homeless shelter for the LGBTQ+ community, is teaming up with The People's Film Club and taking over the Genesis Cinema for this one-off screening of the iconic 'Hedwig and the Angry Inch'. There'll also be activist stalls, DJs, drag performances and plenty of food. All money raised will go to support the valuable services offered by The Outside Project.

→ Genesis Cinema. ↻ Stepney Green. Thu Jul 25. £9.

# TO DO

The best events in your area

**C** Central **N** North **S** South **E** East **W** West

## LEARN

### **S** BMX Taster Sessions

Learn to tell your flair from your flatspin at this day of BMX cycling taster sessions. The pros at Peckham BMX will show you the ropes, whatever your experience, on the track used to train most of the British Olympic BMX Team. Places are limited to 20 people per slot.

→ The Old Library, Peckham Rye Overground. Sat Jul 27. Free, book in advance.

## LISTEN

### **E** Inua Ellams' R.A.P Party

Poet and playwright Inua Ellams hosts this evening of hip hop-inspired poetry. Listen to contemporary wordsmiths spit lines about the genre's past, present and future to a soundtrack from DJ Sid Mercutio.

→ St John's Music Hall.

↻ Leytonstone. Thu Jul 27. £10.

### **C** Cubitt Sessions: Paco Peña and Friends

Iconic flamenco guitarist Paco Peña is joined by top dancers, singers and musicians for this free concert. Get there early to bag a deckchair.

→ Coal Drops Yard. ↻ King's Cross. Sat Jul 27. Free.

## BP PORTRAIT AWARD 2019

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↻ Leicester Square

## National Portrait Gallery



Dr Ronx by Sarah Jane Moon, 2019 © Sarah Jane Moon

30 YEARS  
Supported by BP

## EAT

### **E** Just Eat Food Fest

The delivery giant's annual food fest is back with an immersive twist. Head along to follow six 'taste trails', each leading to a different foodie experience from the brand's fave restaurants.

→ 93 Feet East. ↻ Liverpool St. Fri Jul 26-Sat Jul 27. Free.

## SHOP

### **E** Pop-Up Vintage Fair

London's oldest surviving music hall is transforming into a vintage bazaar for the night. Pick up one-off garms and unique accessories. Once your bags are bursting, stuff your face with pizza and neck cocktails.

→ Wilton's Music Hall. ↻ Aldgate East. Thu Jul 25. £3.

### **W** Chelsea Pop-Up Dog Market

Treat your furry pal to something special at this market dedicated to mutts. Get your paws on everything from food to accessories, watch a canine couture show and chat to dog experts.

→ St Luke's Church.

↻ South Kensington.

Sat Jul 27. Free.

## EXCLUSIVE

Get tickets to 'Trevor Horn Live in Concert' and witness the star singing live with an orchestra and special guests at the Royal Festival Hall. From just £18.75.

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# Film

Edited by Phil de Semlyen  
timeout.com/film @timeoutfilm

## Welcome to the cheap seats

Our top tips on seeing movies for less. Illustration *Dan Evans*

**A TOP SEAT** at one of the West End's flagship cinemas can now set you back an eye-watering, wallet-lightening £40. But don't despair – there are plenty of ways to catch the latest movies without having to take out a loan. Here are some handy hacks.

### Go early in the week

Swerve the weekend rush and head to the cinema in the first half of the week. With the exception of bank holidays, Monday seats at the Barbican and Shoreditch's Rich Mix cost £6, while it's £7.70 at most Picturehouses and £7 at Stoke Newington's ace Rio. Genesis in Whitechapel is £5.50 for certain weekday matinée. And local fave the Walthamstow Empire has £4.25 seats on Tuesdays. Ker-ching.

### Sign up for secret screenings

Studios love to get an early reaction to their upcoming releases with

special preview screenings. If you fancy seeing things first and for free – annoying your friends in the process – sign up with ShowFilmFirst or agencies like Stretch and Elevenfiftyfive. Tickets are free, though you may be asked to share your opinion after the movie. Yep, everyone's a critic.

### Take a family (preferably your own)

Most of the big chains, like Odeon and Cineworld, offer discounts for families, while the Barbican's Family Film Club adults pay £3.50 and children £2.50, which works out at just £12 for a family of four. It may not be worth starting breeding specially for this, but it definitely helps if you have kids already.

### Be loyal

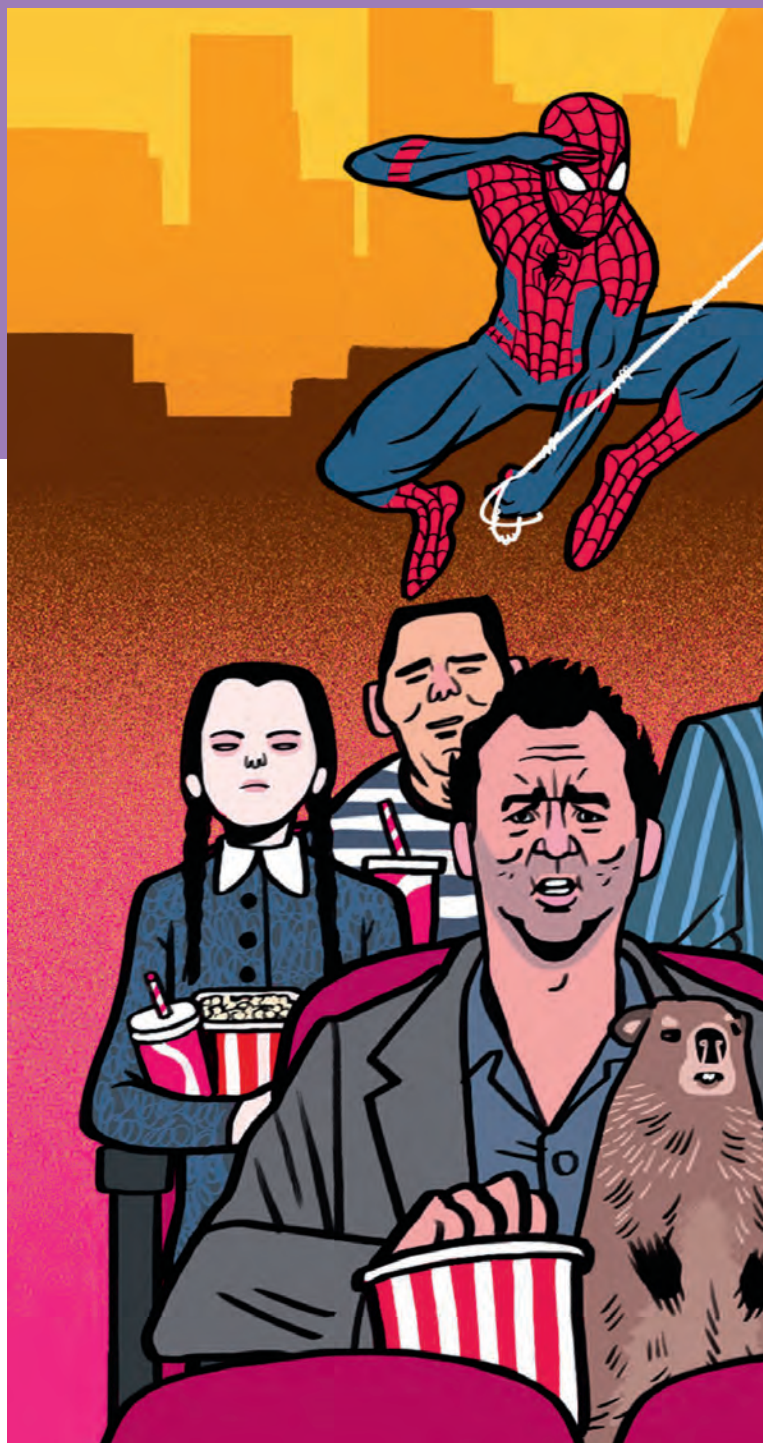
If you're one of those people who needs to catch everything – yes, even 'Hellboy' – an all-you-can-watch

### Save money and support your local cinema? What's not to love?

deal like Odeon Limitless (£19.99 per month) or Cineworld Unlimited (£20.40 per month) is the way to go. Like a gym membership, it works out cheaper the more you use it – and the only hard bodies you'll have to compete with are on the screen. It's also worth checking whether your local cinema has a mailing list for offers.

### Go for the dark of the matinée

Not only are cinemas quieter early in the day, they're often cheaper too. Picturehouse has discounted matinée showings from Tuesday to





Friday, while Odeon and Cineworld give discounts on weekdays before 5pm. Even better, you're unlikely to be stuck next to someone glued to their phone throughout the movie.

### Stay local

The chances are your nearest indie cinema will have a great deal to take advantage of. The lovely Lexi Cinema offers monthly Sunday screenings for a frankly silly £2.50 (look out for 'The Lion King' at 5pm on August 4). If you live anywhere near SE15, the Peckhamplex (£4.99 every day) is probably already firmly on your radar. Crouch End's

ArtHouse and the community-run Deptford Cinema also have great deals. Save money and support your local cinema? What's not to love?

### Catch a classic

Blockbusters tend to come with blockbuster pricing, so keep an eye out for London's array of classic film clubs and cult pop-ups. The temple of midnight movies, all-nighter marathons and cult delights is The Prince Charles Cinema in Leicester Square. Tickets start at a bargainsome £1 for members, so the £10 annual membership will pay for itself after just a couple of visits.

### Bring your bus pass

Most cinemas offer discounts for seniors, such as the £5 tickets at the Crouch End ArtHouse and Picturehouse's SilverScreen Club, which has £5.70 tickets and free tea, coffee and biccies. If you're young – or have access to convincing de-ageing technology – cinemas usually offer a student discount too.

### Pop in to a pop-up

Make like Alex in 'A Clockwork Orange' and keep your eyes open for pop-ups. One newbie, Screen25, has a 'Pay as You Feel' screening with films chosen by public vote.

### Head for the great outdoors

If your idea of movie heaven is watching 'Titanic' from a deckchair or 'Daylight' in the daylight, there are plenty of well-curated open-air screenings over the summer months. Try Stratford's Summer Screen season or head to Leicester Square Gardens between August 8 and 11 for a range of family-friendly films – both are completely free. Happy viewing! ■



**By David Hughes**  
Who still remembers paying two bob to see the original 'Pete's Dragon'.

## THE TEN BEST POP-UPS AND FESTIVALS THIS WEEK

### 10 Akira + Ghost in the Shell

For a double bill of classic cyberpunk animes head for deepest neo-Hackney.

→ Moth Club.

Hackney Central Overground.

Sun Jul 28, 3.30pm. £10.

### 9 Can You Ever Forgive Me?

Catch the Oscar-nominated lit-hoax drama in a suitably heady setting: The Exhibit's bottomless bubbles-athon.

→ The Exhibit. ☉ Balham.

Sun Jul 28, 6.30pm. £8-£28.

### 8 The Slippers + The Harvey Girls

A Judy Garland film and a doc about the ruby slippers at queer fest Fringe! Crayola the Queen hosts.

→ Cinema Museum. ☉ Elephant & Castle. Sat Jul 27, 4.30pm. £10.

### 7 Theatre of Blood

Vincent Price hams it up royally at the trusty Ealing pop-ups final screening of the summer.

→ Classic Cinema Club.

☉ Ealing Broadway. Fri Jul 26, 7.30pm. £7.

### 6 The Sting

The Cine-Real film club screens the Redford-and-Newman-plus-Scott-Joplin '70s conman caper in 16mm.

→ The Castle Cinema.

Homerton Overground.

Sun Jul 28, 1.30pm. £10.

### 5 Birds of Passage

Catch this ace Colombian drugs epic at South Norwood's ever-hospitable pop-up, Screen25.

→ Harris Academy.

Norwood Junction Overground.

Wed Jul 24, 7.45pm. £8.50.

### 4 Pride

Welcome Cinema + Kitchen returns with another night of top grub for a good cause.

→ Amnesty International UK.

Shoreditch High St Overground.

Thu Jul 25, 6pm. £19.50.

### 3 Dons of Disco

A trove of rarities and oddities, DukeFest kicks off with an Italo disco extravaganza.

→ Prince Charles Cinema.

☉ Leicester Square. Sun Jul 28,

8.45pm. £10.

### 2 When Harry Met Sally

If you want what she's having, head to Movies on the River for the Nora Ephron gem.

→ Tower Millennium Pier.

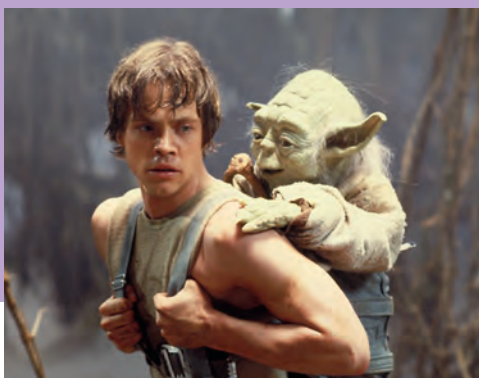
☉ Tower Hill. Sat Jul 27, 8pm.

£38.50.

# 1 Star Wars: Episode V – The Empire Strikes Back

Brixton's Film and Chill film club returns with an afternoon and evening of music, street food and Darth Vader waging war across the galaxy.

→ Renaissance Studios. ☉ Brixton. Sat Jul 27, 6pm. £12.50.



## MY LIFE IN MOVIES

Famous Londoners share their favourite film spots

## Benedict Cumberbatch

### What was the first film you saw in London?

'It was "Octopussy" at the [now closed] Kensington Odeon. It's quite a sophisticated first memory! I remember the fold-up plane coming out of the horse truck and thinking Roger Moore was the coolest thing in the world. The tuk-tuk car chase was brilliant. Talking about it now makes me want to see it again.'

### What's your favourite London cinema?

'Our local is the Everyman [in Belsize Park]. I love the Ritzy too.'

### What was the last film you saw?

'"Captain Marvel" in Swiss Cottage. It's a wonderful guilty pleasure watching a film in the middle of the day. I used to do that a lot as a student with my Cineworld card. That was a favourite cheap ploy of mine. I only recently gave it up.'

### What was your most memorable place to film at?

'"Freemasons" Hall [in Covent Garden] is stunning. I've filmed there on "The Current War", "Patrick Melrose" and "Parade's End". I jumped into the Men's Pond on Hampstead Heath before Gary Oldman during the shoot for "Tinker Tailor Soldier Spy". It was October and he turned to me and said, "Fucking hell, that water's going to be cold, isn't it?" I said, "Look, I'll test it for you."

It was the coldest I've ever been. Gary turned white.'

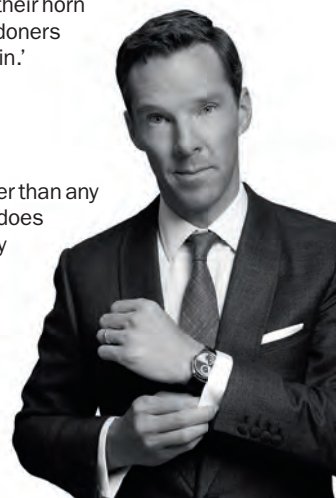
### What are Londoners like when you're filming?

'When we did "Sherlock", Martin Freeman described it as like doing street theatre. We'd get crowds of about 500 people. Of course, there are people who think it's original to hoot their horn when they see a camera, but Londoners are fantastic. It's a fun city to film in.'

### Which films capture London best for you?

'"Withnail and I" is right up there. I probably know the dialogue better than any single part I've played. And Bond does London proud, too. We completely ripped off that shot from "Skyfall" of him standing on the [Ministry of Defence's] Whitehall roof in "Sherlock".' ■

Interview by Phil de Semlyen



## The Current War



### WHAT IS IT...

The historical battle to supply America with electricity.

### WHY GO...

Though they haven't got anything interesting to do, the cast is one of the best of the year.

→ Director Alfonso Gomez-Rejon (12A) 107 mins.



**AN INTERESTING STORY** doesn't necessarily make for an interesting film. The underhanded battle to bring electricity to America could conceivably be absorbing, in book form, with the right writer. Cinematically, it's a flabby old dud.

The major problem is that this is less a tale of invention than infrastructure. When the story begins, in the late 1800s, electricity has already been harnessed. Thomas Edison has become famous for popularising electric light, but he's not the only bright spark in the electricity game. He and rival voltage-enthusiast George Westinghouse are in a battle to make their two different electrical systems the national standard. What is anyone supposed to do with that? As a plot, it's almost juiceless; a load of dreary chat about ampères and dynamos.

Director Alfonso Gomez-Rejon ('Me and Earl and the Dying Girl') has gathered an impressive cast – Benedict Cumberbatch as Edison, Michael Shannon as Westinghouse, as well as Tom Holland, Katherine Waterston and Nicholas Hoult – but he seems aware that his story is a low-watt bulb, so he directs as hard as he can. There are long tracking shots, big overhead swoops, slow-mos, speed-ups, wonky camera tilts. Ultimately, they make it less dynamic than just plain manic.

It is all a lot of effort for very little output, sadly. 'The Current War' has lots of flashy lights and whizzy features, but it remains fatally underpowered. ■ *Olly Richards*

## Are You Proud?



### WHAT IS IT...

A doc exploring gay rights through the prism of the Pride march.

### WHY GO...

For an inspiring doc about Britain's LGBTQ+ community.

→ Director Ashley Joiner (15) 97 mins.



**IT'S A TALL** order to provide a history of LGBTQ+ rights in 90-odd minutes, but this often inspiring documentary covers a lot of ground using choice personal testimonies and archive footage. The focus is predominantly British, tracing the origins of the Pride march and questioning its future.

The opening story comes from a 96-year-old World War II veteran who recalls his fear of discovery, before '60s news footage of Soho declares that, 'for many of us, this is revolting: men dancing with men'. Legal progress – and the resulting police backlash – is then explained by the likes of former 'EastEnders' star Michael Cashman, who recalls the notorious 'Beverly Sisters', two pretty policemen who worked as honey traps. Then it's on to the Gay Liberation Front and the Pride parties of recent years.

Filmmaker Ashley Joiner takes care to look at some subgroups within the larger community, though there will always be more: we hear from trans protesters and members of Black Pride, before darting back to the Welsh miners and gay Londoners that inspired the film 'Pride' (which, weirdly, isn't mentioned). There are female talking heads but this still feels weighted towards male gay rights – after a brief explanation that lesbianism was never illegal. The final emphasis is on intersectionality and the need for further progress: it seems every breakthrough exposes the need for another. While not exhaustive, this is a thought-provoking watch. ■ *Anna Smith*

## ALSO OPENING



### HORRIBLE HISTORIES: THE MOVIE – ROTTEN ROMANS



On TV, 'Horrible Histories' is adored by children and adults alike, so this spin-off movie has big sandals to fill. Unfortunately, it doesn't manage it. The plot has a young Roman (Sebastian Croft) being banished to Britain to serve as a legionary after accidentally angering Emperor Nero (Craig Roberts, fun). There he's kidnapped by a young Celt (Emilia Jones) and gets embroiled in Boudicca's rebellion. There's songs, costumes and a lot of fart jokes, but the overall feeling is of a lesser 'Carry On' film for kids. *Greer McNally*



### THE CHAMBERMAID



Twentysomething Eve (Gabriela Cartol) is a chambermaid in a luxury Mexico City hotel in director Lila Avilés's rich but frustrating portrait of a working-class woman's life. Cartol is fantastic as Eve, conveying determination, resignation and the sense of a romantic, hopeful inner world that she must try and shield from inevitable disappointment. But the focus remains on her at all times, with the hotel itself an unfocused backdrop and other characters left unexplored. Still, you'll never leave a hotel room in a state again. *Chris Waywell*



### OF FISH AND FOE



The controversial practice of salmon netting – catching wild fish at sea as they return to their spawning grounds – forms the background to this fascinating doc. Fish are bashed on the head, rare seabirds get entangled in nets, seals are shot and there are allegations of homophobic abuse. VisitScotland.com must be cock-a-hoop. As fishermen and activists face off, each videoing the other, you're left wondering if this is about the environment or animals or anything really, beyond man exploiting nature to pursue his own antagonistic agenda. *Chris Waywell*



### MARIANNE & LEONARD: WORDS OF LOVE



Nick Broomfield's latest music-themed doc leaves you with a few unanswered questions. Future songster Leonard Cohen and Marianne Ihlen, a Norwegian single mum, fell in love on the Greek island of Hydra in the early '60s, before he skipped off to New York and found success. There's a personal angle, too: Broomfield had a relationship with Marianne after Cohen left. Oddly, his film proves slightly impersonal. And with little footage of Marianne, she rather fades into the background. *Trevor Johnston*

# Music & Nightlife

Edited by Oliver Keens  
timeout.com/music @timeoutmusic

## Are meet-and-greets worth it?

**They say you should never meet your heroes. But should you pay loads extra at a gig for a quick backstage hello and a selfie? We talk to some punters who say 'yeah, actually'**

**OF ALL THE** myriad VIP options that exist for gigs in 2019, the most curious is the meet-and-greet: where well-heeled fans pay for the chance to meet their idols either before or after a show.

This premium option has proved surprisingly controversial. Some performers baulk at them, considering them too elitist. Acts like Taylor Swift, The 1975 and Years & Years have spoken out against them, many preferring instead to meet fans they've been following on social media or who have hung around after the show.

For other artists, however, these packages are increasingly becoming their bread-and-butter – a way to supplement their income and engage with fans at the same

time. They can cost anything from £250 for Emeli Sandé, around £800 for Miley Cyrus or £2,000 for your Britneys and Biebers. In fact, these packages are so pervasive nowadays that even the world of theatre has got in on the act. Attending the new 'Only Fools and Horses' stage show? Well, you can, for a fee, attend a buffet with drinks and take a selfie on stage with the cast.

Still, there's a debate about whether meet-and-greets justify their price tags, especially when awkward meet and greet pics go viral – as happened with Avril Lavigne a few years ago. So are they worth it? We asked some experienced meet-and-greeters what they think...

### DANGEROUS WOMAN TOUR

ARIANA GRANDE



#### Santi, who met Ariana Grande in 2017

'When I queued up to meet her in New Orleans, it was quite nerve-wracking. The security were tough. Five or six people walked up and down the line, constantly checking that you weren't on your phone and that you didn't have any presents to give her. That's more on the organisers, I think, and it did take a bit of the excitement off. Ariana seemed to enjoy it, though. At one point, when I was getting ushered out of the booth, I said to her, "I'll see you in London!" She said, "Oh, are you going all the way there to see me?" And I said, "No, I came all the way from London to see you here." She stepped away from the velvet curtain thing and gave me a hug and said, "Thank you so much for coming." That was cool because everyone who was queuing up got to see that she'd hugged me. Everyone screamed. It felt like she genuinely loved that part of her job. Divas like Mariah and Britney, who are of that era when pop stars were put on a pedestal, perhaps feel silly doing one-to-one things with fans. But artists like Ariana who are younger and big on social media feel that connecting with their fans is really important.'



## Jeff, who met Mariah Carey in 2016 and 2018

'Mariah's set-up is very rigid. We waited until after the show then someone collected the group. The security guard told us, "She could be 15 minutes or she could be an hour." The first time I did it, we waited for 45 minutes. They told us we weren't allowed to touch her, which I didn't listen to. And neither did she! It's up to you to engage her. Some people went in, took the photo and then left. They didn't say much because they weren't prepared. I knew what I wanted to say so it meant that I got a little bit of a chat with her. She was super-lovely – it was everyone around her who was being hectic. They kind of put the fear of God into me! I think you really need to love the artist to do it. I'd probably do it again. There's something really special and incredible about it. Everyone says that you shouldn't meet your idols, but when I met Mariah she was so gracious. Even though I was only in the room with her for a minute, it meant the world to me.'

## Paul, who met Garbage in 2016

'I've done three in total with Garbage. The first time, the band were still working out how the whole VIP experience would work. We got the three-song soundcheck, a Q&A, some merch, a photo and a quick chat. But it was a bit of a rush as there were so many people. The second time, the band took the time to ask what we had been up to since they last saw us. The band had got bored of the standard pose-and-smile photos, so we had free rein to do silly poses. It's actually quite a privilege to hear fans tell Garbage how much their music means to them. It's actually a really communal experience too.'





### Ross, who met CupcakKe and Britney Spears in 2018

'CupcakKe is such a character online. She is wild and raunchy and funny. I wasn't expecting her to hit me up with a one-liner about her pussy or something, but because she is so on it, I thought she would have more of a presence in real life. You could say whatever and take a picture.

I asked if I could do a stupid pose and she was all for it, she was fun that way. She wasn't scared or cold, just super-chill, though not as forthcoming as I thought she might be. Britney was obviously super-controlled. There was a bodyguard making sure that no one walked past when they weren't supposed to. And then there was a strict woman near us saying, "All bags and phones and jackets away. If you have anything for Britney, give it to me." She wasn't even trying to be chill. I don't think I'd do it again.'



### Phil, who met Metric in 2018

'The price for the VIP package was only about 80 quid. That included the ticket and a signed poster as well, which I didn't think was a huge amount. The meet-and-greet was really intimate. We went into one of the dressing rooms and then the band came through. We were probably there for about half an hour and it was really informal. Everyone was mingling in the room and the band were just going around talking to everybody.'



**By Alim Kheraj**  
Who is *totally* worth the price of a meet-and-greet.

## WHAT'S THE DEAL WITH Honey Dijon

### Let me guess – she's got great taste?

*Naturellement.* Honey Dijon is one of the most experienced and deep-digging DJs on the circuit, carrying a torch for the true spirit of house music. And yes, her name is also a delicious subgenre of mustard.

### So what's the backstory?

A product of the original Chicago house scene, Honey DeeJ grew up in a music-mad family – on weekends she'd either be having her own party in her parents' basement or flashing her fake ID to sneak into clubs. In the '90s she moved to New York just in time to plug into the city's house explosion – before Giuliani and gentrification washed away the grit and glamour – and that's where she's been ever since.

### What's in her crate nowadays?

Two of her biggest inspirations are Derrick Carter and Danny Tenaglia – DJs who have comfortably straddled the divide between underground and commercial house – so expect everything from

classic Chicago belters and Italo obscurities to new finds, all served with technical flair.

### And why haven't I heard of her already?

Perhaps you just weren't on the invite list, darling? For a long time she was a go-to DJ for fashion houses like Balenciaga and Givenchy. But since she became a regular at Berlin's Panorama Bar she's become a global presence.

### This all sounds like big fun.

Yep, and expect to be uplifted in more ways than one. As one of the few black trans women taking headline DJ slots, she's passionate and outspoken about inclusivity – her dancefloors are always that bit more joyous and communal than your average. Which is probably why she's been lined up to play a three-and-a-half-hour set at the Southbank Centre to celebrate 'Kiss My Genders', the new exhibition about gender identity at the Hayward Gallery. ■ *Chal Ravens*

→ Honey Dijon plays Concrete Lates at the Queen Elizabeth Hall on Thu Jul 25. ☎ Waterloo. £12.50.



## AN EVENING WITH THE UNDISPUTED KING OF POP & ROLL

**SEPT. 24/25 2019** **GEORGE EZRA**

**LONDON**  
**ROYAL ALBERT HALL**

**TICKETS ON SALE**  
**10AM FRIDAY**

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# GIGS AND CLUBS

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## War Child presents Safe & Sound

Hip hop queen Stefflon Don (September 4) and indie crew Sundara Karma (August 28) are each playing a headline show to raise money and awareness for children affected by conflict. It's the perfect combo of music and altruism.

→ Earth. Aug 28 and Sep 4.



### Unfold

Canning Town superclub Fold launches its bangin' new Sunday series, which places the DJ in the middle of the floor.

→ Fold. Aug 4.

### An Elliott Smith Tribute Show

Musicians honour the late, great singer-songwriter on what would have been his fiftieth birthday.

→ The Finsbury. Aug 6.

### Hunee at Giant Steps

The towering global disco collector and super-hot DJ plays this swish Hackney Wick spot on a Sunday.

→ Giant Steps. Aug 25.

### House of Common

This one-day fest on Clapham Common features sets from Madness, Jimmy Cliff, Ziggy Marley, Akala and more.

→ Clapham Common. Aug 26.

### Muna

The LA trio cross the Atlantic to perform dark-pop bops from their upcoming album 'Saves the World', due September 6.

→ Village Underground. Sep 10.

### Novelist

Pace yourself – the grime MC is playing a special late-night show at the Southbank Centre.

→ Clore Ballroom, Southbank Centre. Oct 18.

### Slaves

The endearing punk duo play a trio of shows at the Bloomsbury venue formerly known as Duck & Dive.

→ ULU Live. Dec 12-14.

### Hatari

The BDSM-loving anti-capitalists who repped Iceland at Eurovision are coming to Camden next year.

→ Electric Ballroom. Mar 26 2020.

## Friendly Fires

The indietronica alchemists are hitting the road in support of third album 'Inflorescent', which drops August 16.

Tickets go on sale on Friday (July 26) at 10am. Be ready.

→ Roundhouse. Oct 30.



# Theatre & Dance

Edited by Andrzej Lukowski  
[timeout.com/theatre](http://timeout.com/theatre) @timeouttheatre

**Hex factor** Let 'The Worst Witch' cast its spell over the kids



## Summer holiday shows

School's out, so let mischievous witches, YouTube faves and teen drag queens entertain the kids. Here are the best bets for all ages

### Babies and toddlers

Is it a bird? Is it a bouncy helicopter? Nope, it's one of the primary-hued stars of **'Twirlywoos Live!'** (August 3-31, Underbelly Festival), based on the gently surreal CBeebies fave. There's more screen-to-stage fun at **'Little Baby Bum Live'** (Tuesday July 23-August 3, Troubadour White City), the animated nursery rhyme YouTube channel's latest step on its way to world domination (18 million subscribers and counting!). Or keep things adorably analogue with a rave-reviewed take on a storybook classic, **'The Very Hungry Caterpillar Show'** (August 7-September 1, Troubadour White City).

### Younger kids

It's hard to resent storybook master Julia Donaldson's stranglehold on theatre for younger kids when the

results are so low-key charming – from newly adapted dragon story **'Zog'** (July 31-August 25, Cadogan Hall) to long-runner **'The Gruffalo'** (until September 8, Lyric Theatre). But you can get them dancing to a different beat with ZooNation's hip hop show **'Tales of the Turntable'** (August 15-26, Southbank Centre) in which a boy and his grandad use a record player to zoom through time.

### Older kids

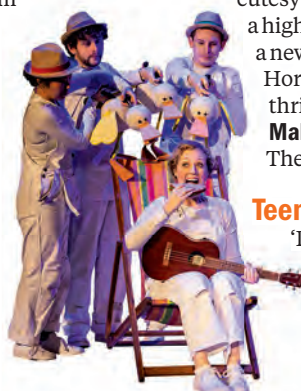
Move over, Harry. There's another magical boarding school in town. **'The Worst Witch'** (Wednesday July 24-September 7, Vaudeville Theatre) will see Mildred

Hubble doing her very best to enchant the summer holiday crowds. The National Theatre's **'Peter Pan'** (until October 27, Troubadour White City) has magic and nostalgia in spades. Or catch the NT's zany new musical **'Mr Gum and the Dancing Bear'** (Thursday July 25-August 31, Dorfman), which follows a kid's adventures with a grizzly pal. Too cutesy? Apparently there's a high-speed car chase in a new staging of Anthony Horowitz's comedy spy thriller **'The Falcon's Malteser'** (until August 25, The Vaults).

### Teenagers

'Dear Diary, my parents are dragging me to the theatre again...' Yup, teenagers'

enthusiasm for the arts can be scant, but a trip to **'The Secret Diary of Adrian Mole Aged 13¾'** (until September 28, Ambassadors Theatre) could make for some excitingly intergenerational cringing. Alternatively, Nick Hytner's immersive production turns well-thumbed GCSE set text **'A Midsummer Night's Dream'** (until August 31, Bridge Theatre) into a massive music festival, (hopefully) without the underage cider drinking. Or see **'Everybody's Talking About Jamie'** (booking to January 25 2020, Apollo Shaftesbury), where a drag-loving 16-year-old unleashes a cloud of glitter over his staid school. ■



By Alice Saville  
 Who's Team Mildred all the way.

## Theatre & Dance

# The Night of the Iguana



**TENNESSEE WILLIAMS'S WILD**, cracked 1961 drama 'The Night of the Iguana' doesn't get staged all that often. And for a good three-quarters of its hefty running time, James Macdonald's Clive Owen-starring revival makes you wonder why the hell that is.

It is '40s Mexico, and at a shabby coastal hotel – set on a vertiginous cliffside, stunningly rendered in Rae Smith's towering set – there is chaos. Reverend Shannon (Owen), a fallen American priest and regular visitor, is struggling with his sanity, and has just ditched the coach party of prim US ladies he's supposed to be acting as guide to at the bottom of the mountain, having committed an act of statutory rape on the youngest member of the group. He is losing his shit, basically, and matters are not helped by the obnoxious group of Germans staying at the hotel, who

are probably literally Nazis. The only possible lifeline is Hannah Jelkes (Lia Williams), a well-spoken but penniless artist from Nantucket, and fellow lost soul.

If that all sounds like A Bit Much: well it is, and that's the magic of it. Williams's seethingly weird human stew is hair-raising stuff; compassionate, cruel, macabre and

intense, pepped up by shot after shot of tar-black humour.

It's all madly compelling, but then, as it hits the final furlong, Williams becomes overcome with a desire to wrap things up grandly and it starts to become a little unbearable. Most of the last half hour or so is a dialogue between Shannon and Jelkes, and thank the

gods for Lia Williams's deeply odd, wilfully asexual energies, refusing to simply be a human sounding board for Shannon to talk to about his Manly Pain. Even so, every piece of bombastic symbolism you suspect might be coming does come. Still, for all its final descent into cliché, it has an intoxicating weirdness that's hard to get over. ■ *Andrzej Lukowski*

### WHAT IS IT...

Clive Owen stars in Tennessee Williams's madly cracked Mexican drama.

### WHY GO...

For its fizzingly weird energies and mischievous humour.

### BOOK...

Buy tickets at [timeout.com/tickets](http://timeout.com/tickets)

→ Noel Coward Theatre.  
↻ Leicester Square. Until  
Sep 28. £39.75-£127.25.



## Equus



### WHAT IS IT...

This intense revival of Peter Shaffer's psychodrama moves to the West End.

### WHY GO...

It's an astonishingly visceral show, especially the contorted 'horses'.

### BOOK...

Buy tickets at [timeout.com/theatre](http://timeout.com/theatre)

→ Trafalgar Studios.  
↻ Charing Cross.  
Until Sep 7. £25-£80.



**OKAY, SO THERE** was that 2007 production in which a youthful Daniel Radcliffe whipped out his magic wand. But Peter Shaffer's operatic 1973 psychodrama 'Equus' isn't revived that often, presumably because it's so hard to know what to do with his strange, primal play, that's in many ways very of its time. Ned Bennett's transferring production can't exactly reinvent it. But it does make 'Equus' feel painfully fresh and odd.

Martin Dysart (Zubin Varla) is a sharp but self-doubting child psychiatrist who agrees to take on the shocking case of 17-year-old Alan Strang (Ethan Kai), who has blinded six horses.

Intense, buff and vulnerable, Kai's troubled Alan looms over Dysart and his weary '70s England like a glowering figure of myth. And then there are the horses; the creatures are entirely generated by Shelley Maxwell's extraordinary choreography and the physicality of performers Ira Mandela Siobhan and Keith Gilmore. They're remarkable and disturbing, sinuously convulsing creatures half way between a Ted Hughes animal poem and a BDSM fantasy.

Dysart is drab by comparison, and he knows it. Varla is one of our most versatile actors, and he's perfect here; lisping, diminutive and terribly self-conscious, his sterile exhaustion underscores the allure of Alan's virile wildness.

Bits of 'Equus' feel dated. But Bennett works around them in an exhilarating and disturbing production that always stays true to the thrust of Shaffer's play: that wonders and terrors exist inside our heads, and that there is tragedy in our need to kill them. ■ *Andrzej Lukowski*

## Games for Lovers



### WHAT IS IT...

A noisy millennial dating comedy.

### WHY GO...

Er, well, you're unlikely to be bored.

→ The Vaults. ↻ Waterloo.  
Until Aug 25. £25-£35.



**JENNY LIKES LOGAN.** Logan likes Martha.

Darren also likes Martha. Martha likes a surgeon at the hospital she works at that she calls Doctor Boner. And, er... that's about it.

Ryan Craig's millennial comedy 'Games for Lovers' is underbaked to say the least. Director Anthony Banks makes an early attempt to stage it as something slightly more abstract, with the kidult characters bounding on to the stage, flailing about and shouting out snippets of info about their rubbish love lives. It then slows down into an uninvolved storyline about four deliberately contemptible people.

Billy Postlethwaite's Darren is a sort of subpar Super Hans who owns a Jamiroquai-style fluffy hat and likes to dish out turgid love 'advice'.

Calum Callaghan's Logan is a lanyard-wearing PE teacher who is totally in love with Martha yet pretends his over-involvement in her life is simply a sign of friendship.

But the women are the real low point. Evanna Lynch's Martha is the drippy, dopey blonde both men fantasise about, while Tessie Orange-Turner's Jenny (whose surname, Sanchez, prompts constant comment from Logan) is cast as the manipulative psychobitch who fakes a pregnancy – because, you know, that's how women do business.

Performed on a primary-coloured set that looks like a children's playground, there's a brief passage suggesting all this emotional stunting is caused by childhood abandonment issues. But whatever the reason, it ends up being a game nobody wants to play. ■ *Rosemary Waugh*

## NEW SHOWS

### THE HOTTEST THEATRE OPENINGS THIS WEEK

#### WEST END

##### Fashion Freak Show

Jean Paul Gaultier masterminds a night of fashion anecdotes and outrageous garms.  
→ Queen Elizabeth Hall.  
⊖ Waterloo. Tue Jul 23-Aug 2.  
£30-£120.

##### Where Is Peter Rabbit?

A wholesome, puppet-filled take on the classic bunny tale.  
→ Theatre Royal Haymarket.  
⊖ Piccadilly Circus. Until Sep 1.  
£15-£35.

##### The Worst Witch

Spellbinding (and very silly) musical fun based on Jill Murphy's bestselling books.  
→ Vaudeville Theatre.  
⊖ Covent Garden. Thu Jul 25-Sep 8. £25.50-£65.

#### OFF-WEST END

##### Barber Shop Chronicles

Inua Ellams's hit NT drama is set in barber shops in six cities.  
→ Roundhouse. ⊖ Chalk Farm. Until Aug 24. £15-£59.50.

##### Blues in the Night

Double Olivier winner Sharon D Clarke lends her vocal talents to this soulful musical revue.  
→ Kiln Theatre. ⊖ Kilburn. Until Sep 7. £12.50-£32.50, £10.50-£32.50 concs.

##### The Bridges of Madison County

A housewife falls for a visiting photographer in this lushly romantic Broadway musical. Jenna Russell stars.  
→ Menier Chocolate Factory.  
⊖ Borough. Until Sep 14. £25-£47.50.

##### Chambers

A space-themed taste adventure from Gingerline.  
→ Secret location. Until Sep 28. £55-£75.

##### Crystal Clear

Phil Young's 1982 drama about a man who's losing his sight, in a staging that's accessible to visually impaired theatregoers.  
→ Old Red Lion Theatre.  
⊖ Angel. Until Aug 17. £17.50, £15.50 concs.

##### Sherlock Holmes and the Invisible Thing

A new tale of the deer-stalked detective.  
→ Rudolf Steiner Theatre.  
⊖ Baker St. Until Aug 18. £24.50-£30.



##### The View UpStairs

This off-Broadway musical brings the gritty, dragged-up world of a lost gay nightclub to life.  
→ Soho Theatre.  
⊖ Tottenham Court Rd. Until Aug 24. £15-£50.50.

#### LAST CHANCE

##### A Midsummer Night's Dream

Dominic Hill's wonderfully creepy take on a much-staged summery classic.  
→ Regent's Park Open Air Theatre. ⊖ Baker St. Until Sat Jul 27. £25-£55, £12.50-£27.50 concs.

## TOP-SELLING TICKETS

AT [TIMEOUT.COM/TICKETS](http://TIMEOUT.COM/TICKETS)

### 1 The Night of the Iguana

Clive Owen stars in the sultry Tennessee Williams classic.  
→ Noël Coward Theatre. Until Sep 28.

### 2 Wicked

This bewitching musical is still working its magic.  
→ Apollo Victoria. Until May 23 2020.

### 3 Come from Away

Folksy tunes abound in this runaway hit from Canada  
→ Phoenix Theatre. Until Feb 15 2020.

### 4 The Book of Mormon

Uproarious musical smut from the 'South Park' lads.  
→ Prince of Wales Theatre. Until Oct 12.

### 5 The Comedy about a Bank Robbery

Heist-based hilarity.  
→ Criterion Theatre. Until May 3 2020.

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[TIMEOUT.COM/JEAN](http://TIMEOUT.COM/JEAN)

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# Art

Edited by Eddy Frankel  
timeout.com/art @timeoutart

## SHOW OF THE WEEK

# 'Dog Show'



### THE CONTEMPORARY ART

world gives us many things, but laughter is rarely one of them. Opportunities to squeal? Even rarer. Which is what makes this exhibition at Southwark Park Galleries as precious to behold as a chug wearing a very small hat. If I was the Marie Kondo of art critics, I'd tell you to metaphorically throw out all the other exhibitions because only this one will bring you joy.

The idea's simple: artworks of dogs chosen by dogs. Fifteen canine curators, to be precise, who all come from artsy households. I actually glimpsed one of them, Agnes the gorgeous bedlington whippet, at the gallery but was too star-struck to strike up meaningful conversation.

As it happens, Agnes is a fan of Joan Jonas's expressive sketches of her own pointy-nosed pooch. And why not? They're brilliant. As indeed are many other works on display. The show avoids becoming a bog of whimsy by featuring genuinely good art and all, thank dog, without a soppy Landseer in sight.

Along with Jonas's works, best-in-show goes to Lucian Freud's portrait of Pluto the whippet. Which, while we're here, raises the question: are skinny dogs over-represented in art? I spy long limbs and taut haunches everywhere, but where is the Rubens of dog-painters? Discuss.

Representing the fluffier side of life is Olive, the shih tzu-poodle cross who has selected a variety of portraits by Ryan Brown and Babak Ganjei, all of which look suspiciously similar to her – but it's hard to fault such vanity after looking into those big, brown puppydog eyes.

The surprising part is that – sorry there's something in my eye – it's actually quite moving, particularly Jem Finer's film 'Bonzo You Have a New Memory' selected by artist Marcia Farquhar's pet Bonzo. (Wo)man's best friend and all that, it'll make you want to raise a glass to the world's best bitches. ■



By Rosemary Waugh  
Who wants to see more  
chubby dogs in art



JOAN JONAS 'DOG DRAWING' ASHLEY PERFORMANCE DAY 42 (2003) © THE ARTIST IMAGE COURTESY OF AMANDA WILKINSON GALLERY, LONDON; DAVID SHIRLEY 'HELLO THERE' (2012) VIDEO STILL © THE ARTIST; IMAGE COURTESY OF STEPHEN FREDMAN GALLERY; ADAM CHOZIO 'CORNER' (2007) © THE ARTIST; WONG PING 'HELLS FROM WONG PING'S TABLES 1' (2016) SINGLE CHANNEL VIDEO ANIMATION, 13 MIN. IMAGE COURTESY OF EDUARD MALINGUE GALLERY AND THE ARTIST



## BEST OF THE BEST

The top exhibitions you have to see in London right now



### ↑ Wong Ping: 'Heart Digger'

Savage satirical video art that, if you can bear to watch, has a thing or two to say about the modern world.

→ Camden Arts Centre. ☉ Finchley Rd. 5-6 Cork St.  
☉ Piccadilly Circus. Both until Sep 15. Free.



### ↑ Olafur Eliasson: 'In Real Life'

Environmentalism writ large through vast, light-soaked installations. This is a (very beautiful) warning about global warming.

→ Tate Modern. ☉ Southwark. Until Jan 5 2020. £18, concs available.



### ↑ Luchita Hurtado: 'I Live I Die I Will Be Reborn'

Long overdue solo show for Venezuelan maverick Luchita Hurtado, the nonagenarian we all want to be.

→ Serpentine. ☉ Lancaster Gate. Until Oct 20. Free.



#### WHAT IS IT...

Contem-paw-ary art chosen by cultured canines.

#### WHY GO...

Hounds down, this show is the shih tzu.

→ Southwark Park  
Galleries. Surrey Quays  
Overground. Until Sep 8.  
Free.

**Woofing great art**  
(clockwise from  
bottom left) Joan  
Jonas 'Dog Drawing,  
Ashley Performance  
Day #2'; Adam  
Chodzko 'Corner';  
David Shrigley 'Hello  
There'

Find more shows to see at  
[timeout.com/art](http://timeout.com/art)

OLAFUR ELIASSEN (B. 1967) 'I GREW UP IN SOLITUDE AND SILENCE' (1991) IMAGE COURTESY OF THE ARTIST; NEUGERRENSCHNEIDER, BERLIN; TANVA BOMAKDAR GALLERY, NEW YORK / LOS ANGELES © (1991) OLAFUR ELIASSEN; LUCHITA HURTADO, 'UNTITLED' (1969) © LUCHITA HURTADO; HAMMER MUSEUM, LOS ANGELES. PURCHASED THROUGH THE BOARD OF OVERSEERS' ACQUISITION FUND. IMAGE COURTESY OF THE ARTIST AND HAUSER & WIRTH PHOTO: JEFF MCCLANE

# Helene Schjerfbeck



**IF YOU'RE BRITISH**, Helene Schjerfbeck (1862-1946) is a relatively unknown artist. If you're Finnish, Helene Schjerfbeck is a very famous artist. This show of 60 paintings is the first chance London audiences have had to join the Schjerfbeck fan club. Separating her output into themed categories – including early work in France and Cornwall, pictures of contemplative women and sartorially focused poses – the exhibition repeatedly shows how her style morphed from French-influenced naturalism to looser, fuzzier modernism.

Ignoring painting style for a moment, there's a 'modern' aspect to many of Schjerfbeck's images. Right from the off, the women in her portraits look alive, real and healthy in a way they almost never do in comparable early twentieth-century

British art. That said, the more her artwork slipped into modernism, the more interesting it became; the early works are often 'lovely' but not all that memorable.

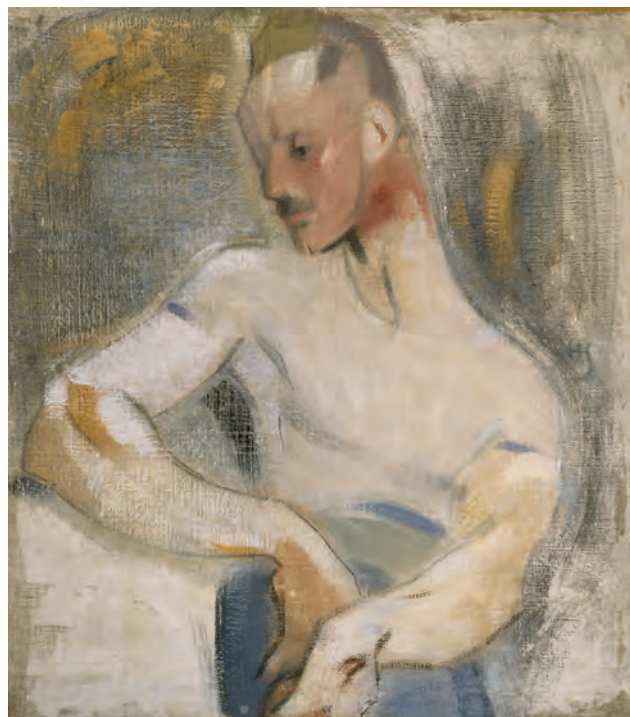
One of the best is 'The Sailor (Einar Reuter)', a chalky ochre and denim-blue portrait that's as sexy an image of a sailor as Jean-Paul Gautier ever dreamed up (a reference the fashion-loving Schjerfbeck would surely appreciate). The soft-edged depiction of his muscled neck makes it not unlike Sam Taylor-Wood's video portrait of a sleeping David Beckham. A series of late self-portraits are another high point, as they disintegrate into ghostly angular skulls often tinted an unhealthy mould-on-sliced-bread green. Her art gets better from start to finish. ■

Rosemary Waugh

**WHAT IS IT...**  
A crash course intro to one of Finland's most famous painters.

**WHY GO...**  
The gloriously ghoulish late self-portraits prove the best can come last.

→ Royal Academy.  
↻ Piccadilly Circus.  
Until Oct 27.  
£12, £10-£11 concs.



Read more reviews at [timeout.com/art](http://timeout.com/art)

# 'Sweet Harmony: Rave | Today'



**ONE OF THE** highlights of this expansive retrospective of rave culture and its enduring influence is Vinca Petersen's 'A Life of Subversive Joy': a jostling timeline of dates, photographs and flyers alongside details of raves she ran and attended scrawled on to the gallery wall ('1st August. Arrived at rave in Plumpton at 7am. Lost it on "blue sperm"!!? Really good!').

Next to it sits a bouncy castle entitled 'Laughter Aid'. Since 2003, Petersen has taken it, along with more practical supplies, to Eastern European and West African orphanages in order to spread joy.

But you can't go on the bouncy castle. It's cordoned off. Which typifies the problem with putting a show about unfettered freedom and counter-cultural alternatives to commercial nightlife on in the Saatchi Gallery. They may

hold up raving as a valid, potentially political artistic act, but curtailed off against white gallery walls, rave is drained of its radical spirit.

The exhibition is billed as an immersive experience, but there's a noticeable absence of repetitive beats – unless you pop headphones on at a Spotify station (a sponsor) or crate-dig in a Vinyl Hunter shop in the middle of the gallery.

Yet despite the sterile setting, 'Sweet Harmony' still has the potential to give ravers a heady rush of sorts. Many of the works on display are large-scale photographs documenting underground scenes since the late '80s – not to mention getting absolutely off your tits. It's these that truly capture the utopian idealism of the second summer of love; it's hard not to feel a wave of nostalgia, whether you were there or not.

■ Holly Williams

**WHAT IS IT...**  
A retrospective of rave culture and acid house.

**WHY GO...**  
To get a hit of yearning for the second summer of love.

→ Saatchi Gallery.  
↻ Sloane Square.  
Until Sep 14. £10.

# Food

Edited by Tania Ballantine  
timeout.com/eatdrink @timeouteatdrink



## RESTAURANT OF THE WEEK

# Xier



IN THE 2011 CENSUS, 177,000 people said they followed 'Jedi' in the religion section, making it the seventh most popular faith group in the country. But if you're more likely to wield a fork than a lightsaber, and would put 'Food' down as your religion, then Xier may be your temple. A meal here is a religious experience: reverent, spiritual, awed. The complex, meticulous cooking is designed not just to impress, but to stun you into submission. For dessert alone, it simultaneously serves four puds, each more fragile and flawless than its neighbour. It's borderline insanity to dish up this many technical dishes in one hit, but Xier, the first solo spot from Carlo Scotto (Murano, Galvin La Chapelle, Babbo), somehow pulls it off.

Everything we ate was exquisite, from the two kinds of crimped butter (one with hints of coffee and a sprinkle of Maldon salt; the other speckled with smoked esepette pepper), through to the fizzy grapes served with a hunk of Canadian cheese. That's right, the grapes were fizzy. There's a lot of flim-flamery

at the table: dishes being dusted with powders, jugs of thin jus being poured, one after the other.

An edamame tart briefly vanished in a swirling cloud of dry ice, its layer of vibrant legumes beautifully offset by the precision of the pastry below. Stracciatella – the creamy, stretchy innards of burrata – was teamed with gomaе, a Japanese sesame-dressed spinach salad. Sounds odd, right? It was oddly magnificent. Chef Scotto is rewriting the rules.

Other dishes drew on both East and West, from gnocchi in a ginger-spiked seaweed broth to red prawn crudo, the slivers of glistening raw seafood painted across the flat base

of a bowl with plump raspberry seeds and shimmering red caviar, the whole thing lifted by the citrus tang of yuzu. Double thumbs-up.

Is it all a little show-offy? Well, yes. But that only goes for the food. All this is done in an unstuffy and understated first-floor room, an 'elegant townhouse' Pinterest

board breathed into life (parquet wood floors, expensive linen, white roses on tables). But – and you knew there was a but – Xier has its flaws. One obvious irk is the price (£90 a head for food), though any serious gastronome will say that for what you get, in this postcode, it's fairly standard. But no, it was the fact that the lights were too bright and they were playing the kind of music you'd listen to in the lift of a big hotel, or on hold waiting to pay your electricity bill. Final grumble? The staff, though polished, can go on a bit. It felt like each dish was presented with a level of detail that included its blood group and what kind of jam it likes on its toast. These niggles, thankfully, are easily fixed. In the meantime, go for one reason: because food is your faith, and you are being called to prayer. ■ **Dinner for two with drinks and service: around £245.**

**WHAT IS IT**  
An innovative tasting-menu restaurant in Marylebone.

**WHY GO**  
Because, admit it, you love food more than the person sitting next to you.  
→ 13-14 Thayer St, W1U 3JR. ☎ Bond St.



By Tania Ballantine  
Four puddings eat she must.

## Lost Boys Pizza



**YES, LOST BOYS** is a vampire-themed pizza restaurant that does black, charcoal-infused pies. Yes, it takes almost all its cues from the eponymous bloodsucking '80s classic. Yes, it's in the dining wilderness between Euston and Mornington Crescent. But no, it's not as immensely soul-draining as all that sounds.

This is as much down to some extremely affable staff and cheap malbec on the drinks list as it is the pizzas, which are merely quite good. London is a town flush with dream dough: from pillowy Neapolitan cornicione, to thin, chewy, tyre-sized New York pies. These are neither. But while the bases were bereft of bite, the toppings were decent, especially on the Pops to Go (generously strewn with teeny



broccoli florets, good sausage and shaved parmesan) and the Coffin Dodger (a vegan number covered in rocket, artichoke, mushrooms and the plant-lover's secret mega-ingredient, nutritional yeast). Big bonuses points, too, for the genius house-made chilli pineapple relish: a killer mix of fire and tang.

Lost Boys Pizza isn't going to top any of the capital's best-of lists, but it fills a gap in this section of NW1, and is undoubtedly better than the tacky bust I'd feared. So: who's the sucker now? ■

Tom Howells

**Dinner for two with drinks and service: around £55.**

### WHAT IS IT...

A branch of the vampire-themed pizza restaurant, near Mornington Crescent.

### WHY GO...

For the sausage-flecked Pops to Go. (And the esoteric puns.)

### BOOK...

245 Eversholt St, NW1 1BA.  
 ☞ Mornington Crescent.

## EXCLUSIVE

Get four cocktails at **The Blind Phoenix**: The Cauldron's new wizard-themed bar. Now just £19.

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Sponsored Listing

## Going out? Try here.



MARYLEBONE

### 108 BRASSERIE SAYS:

'Set in the heart of Marylebone, 108 Brasserie has a brand new menu taking inspiration from culinary delights from across the globe this summer. It focuses on light, fresh and healthy dishes, where seasonal produce takes centre stage. Eat up, hungry diners!' 108 Marylebone Lane, W1U 2QE.



BLOOMSBURY

### BEACH BAR SAYS:

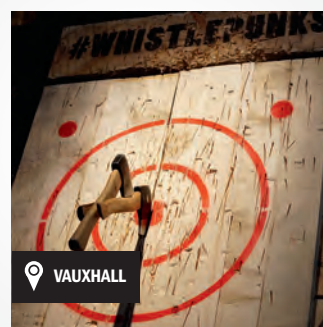
'The award-winning Beach Bar is an unforgettable summer party venue, perfect for an intimate weekend brunch or for group parties of up to 200. Enjoy delicious barbecue food and cocktails to make you feel like you're basking in the Bahamas rather than Bloomsbury.' 15 Montague St, WC1B 5BJ.



SHEPHERD'S BUSH

### WILD THYME SAYS:

'Serving a traditional brunch with the chef's personal touch, Wild Thyme now offers a dinner menu comprised of small plates, inspired by a range of international cuisine. Experience the magic in the warm atmosphere of our beautiful garden.' 2b Thorpebank Rd, W12 0PQ.



VAUXHALL

### WHISTLE PUNKS AXE THROWING SAYS:

'Yes, that is what it looks like. We've taken axe-throwing out of the woods and brought it into the city. In a vibrant venue, hosted by kick-ass instructors and with a suitably pumping soundtrack, throw axes and compete against your friends and colleagues.' Arch 25, 73 Bondway, SW8 1SQ.

## SO YOU'VE NEVER BEEN TO

### Fish, Wings & Tings



#### Never heard of it.

Fair enough. Plenty of people haven't. Unless you live in or around Brixton, in which case you deffo have.

#### Why's that, then?

Because Trinidadian owner Brian Danclair doesn't just dish up the flavours of the Caribbean. He's also got one of the dreamiest sites in Brixton Village market: a corner spot, with half the 'outside' tables under cover and the rest by Coldharbour Lane. Just pray for sun.

#### What's the vibe?

Gorgeously welcoming service. Blaring reggae tunes. Bottles of hot sauce and tins of cutlery on the battered, bright orange tables, which are mostly communal.

#### How about the food?

Ace. Nothing on the short list of big or small 'tings' is fancy – some is downright sloppy – but it's bold, memorable stuff. The codfish fritters were brilliant: doughy and golden, with a creamy ginger-laced dipping sauce. Also get the reggae wings (juicy chicken slathered in tangy, peppery, tongue-tingling tamarind sauce, plus a pile of sweet crushed pineapple). Oh, and a generous heap of the curried mutton, all mingled messily with rice and peas, green beans and chutney.

#### Any other tips?

They also sell Ting, the Caribbean's favourite fizzy drink. Rum optional! ■ *Tania Ballantine*

**Dinner for two with drinks, no service: around £65.**

→ Brixton Village, 3 Granville Arcade, Coldharbour Lane, SW9 8PR. ☉ Brixton.

Love it? Tell us at [timeout.com/restaurants](http://timeout.com/restaurants)

## Zela



#### WHAT IS IT...

A high-end fusion restaurant in the Strand's ME Hotel.

#### WHY GO...

For quirky sharing plates, especially those duck gyoza.

→ ME London Hotel,  
336-337 Strand,  
WC2R 1HA.  
☉ Temple.



**THE TROPICAL-THEMED INTERIORS** of this upscale restaurant and bar – backed by Iberian sports stars Cristiano Ronaldo and Rafael Nadal – make you feel like you're a world away from the Strand, with foliage-printed walls and giant arched windows framed by leaves wicker seats. On our Saturday night visit, a singer gave way to a DJ who pumped smooth Ibiza beats from 9pm.

Equally funky is the fusion menu, designed by Japanophile chef Ricardo Sanz (he of Michelin-starred Madrid gaff Kabuki). Everything was beautifully presented and looked like it had taken hours to construct. Duck gyozas stole the limelight: four squidgy parcels, each with a glossy beetroot and tomato crisp balanced on top plus splodges of tangy hoisin sauce, cubes of transparent butterscotch jelly and tiny cucumber pieces. Also excellent was a sticky 48-hour-braised wagyu teriyaki – the meat falling apart with the gentle prod of a chopstick – and a warm sunny-side-up quail egg on white truffle nigiri. Only an oxtail bao, its juices leaking, was too messy, but at least its flavours were good.

Service was slick (it's part of the ME Hotel), but portions are small, making the bill excessively large. Our tip? Go at happy hour (5.30pm-7pm), for discounted drinks and nibbles. ■ *Kavi Shah*

**Dinner for two with drinks and service: around £160.**

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# Drink

Edited by Laura Richards  
timeout.com/bars @timeouteatdrink

## Little Creatures Regent's Canal



**STRENGTH!** THIS AUSSIE beer bar was heaving when I visited only weeks after its launch. It's properly round the back of King's Cross, which was another reason the bulge of people at the bar caught me off guard. But plenty of media types seem to have made this brewbar their home for group boozing. The brewery was at the forefront of Australia's craft-beer boom when it launched in Fremantle back in 2000, so a fair few Antipodeans were also in for a taste of Little Creatures in a different time zone. Five tanks filled with old faves

and experimental offerings sit behind the bar, complementing an industrial look. But with plenty of sociable tables, the roomy space also reminded me of the rural taprooms I'd visited Down Under, cultivating a laidback vibe less natural to us Brits. And of course there were heaps of outdoor seats.

For those uninitiated in all things Little Creatures, you can sip a range of six brews by the paddle. But I settled on their pale ale, followed by a dry-hopped XPA. I wasn't keen on Aussie-rules pizza – a feta-covered, thin-crust creation didn't do it for me. But naughty brisket chips were the kind of pub grub required.

This bit of King's Cross still has that manmade sheen. But with a patch of grass out the front and a bit of cricket banter shared with some Kiwi rivals at a neighbouring table, drinking here felt far from corporate. This bar's not quite Down Under, but it's certainly a step above the rest. ■  
*Laura Richards*

### BAR OF THE WEEK



**WHAT IS IT...**  
A King's Cross taproom from Australia's Little Creatures brewery.

**WHY GO...**  
Try the tasty range in a laidback London setting.

→ 1 Lewis Cubitt Walk,  
N1C 4DL. ☉ King's Cross.

## DRINK THIS

### Heatwave Piña Colada



This might be one of the hottest deals London's seen. A thermometer has been fitted outside London Cocktail Club's bars: every time temperatures rise this summer, Piña Coladas (usually £8) will get slashed in price. At 25C, bag the tropical drink – rum, cream of coconut and pineapple – for just £5. At 30C, expect two for a fiver. And should a humdinger of a heatwave hit, grab the cocktail for free if it soars above 35. It is, after all, the only certifiable way to cool down. ■

→ All LCC branches, until Sep 6.  
www.londoncocktailclub.co.uk

## THREE OF THE BEST

### Tequila bars

Celebrate National Tequila Day on Wednesday at bars making the most of the Mexican spirit



#### Cafe Pacifico

Surprisingly, Covent Garden gives good tequila. At Cafe Pacifico, there's a dedicated list of cocktails including a Paloma twist and a Tequila Bloody Maria.

→ 5 Langley St, WC2H 9JA.  
☉ Covent Garden.

#### Hacha

Dalston's agaveria specialises in mezcal, sotol, raicilla and, you guessed it, tequila. Try a flight of three top tequilas for £18, or grab a dazzling Mirror Margarita.

→ 378 Kingsland Rd, E8 4AA.  
Haggerston Overground.

#### The Pink Chihuahua

Find more than salt, shot and lime below El Camion. Choose from hundreds of bottles and stay until 3am. Let the good times roll like a Mexican wave. ■

→ 25-27 Brewer St, W1F 0RR.  
☉ Piccadilly Circus.

More red-hot drink deals at [timeout.com/happyhours](http://timeout.com/happyhours)

# JUST OPENED



## Double Standard

The Standard has just thrown open its doors opposite St Pancras, the first hotel from the design-led group to launch outside the US. Its fashionable ground-floor bar is serving classic cocktails alongside upscale 'dive bar' snacks, and the bold space includes 'TfL-inspired upholstery'. How terribly chic.  
→ 10 Argyle St, WC1H 8EG. ☉ King's Cross.



## Black Rock Tavern

London just got its very own whisky hotel, with five floors on the edge of Shoreditch dedicated to the water of life. Black Rock – a pre-existing and much-loved whisky bar – is in the basement, and above it you'll now find the Black Rock Tavern, an informal whisky/beer bar. Rooms will open later this year for a rest after a sesh on the brown stuff.  
→ 9 Christopher St, EC2A 2BS. ☉ Liverpool St.



## The Duck Nest

Get in a flap about the bar now up above Farringdon's French restaurant Monsieur Le Duck. The Duck Nest is styled after a Parisian boudoir and features crushed velvet cushions and French jazz. The likes of crème de noisettes, armagnac and cognac feature in cocktails, or just order un petit verre de vin. Quacking stuff. ■  
→ 27 Clerkenwell Rd, EC1M 5RN. ☉ Farringdon.

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# Escapes

Edited by Ellie Walker-Arnott  
timeout.com/daytrips



A perfect day in

## Lewes

Bohemian vibes, bracing dips and bougie boutiques

**'YOU CAN SEE** Lewes lying like a box of toys under a great amphitheatre of chalky hills,' wrote William Morris of this pretty patch of East Sussex. Less rowdy than neighbouring Brighton (although everyone lets loose at the bacchanalian Bonfire Night celebrations), it's had a reputation as an arty enclave for the best part of a century, thanks to links with the Bloomsbury Group – alight here for Hampstead-near-Sea, basically.

### First up

Take the quick trip to **Charleston**, a rambling farmhouse that used to be the rural retreat of artists and writers such as Vanessa Bell, Duncan Grant and Virginia Woolf. As well as evoking a long-lost world of interwar glamour, it's a treasure trove of LGBTQ+ history.

### Hit the shops

Taste your way through dozens of artisanal gins at **Symposium**, browse household goods at **Freight** and **The Good Times Homestore**, or go full 'Peaky Blinders' at **Darcy Clothing** which sells gents' replicas, from the sixteenth century to the 1950s.

### Stop for lunch

**Flint Owl Bakery** regularly gets namechecked as one of Europe's best bakers. Stop by the subway-tiled café for lunch in the courtyard (buttermilk fried chicken and slaw on one of its own ciabatta rolls, a falafel 'sausage' roll or a bowl of panzanella), and don't leave without one of its sourdough loaves to take home.

### Soak up the vibes

Just a quarter of a mile from the town centre, **Pells Pool** shimmers invitingly. It's the country's oldest recorded freshwater outdoor public pool (try saying that three times while blowing bubbles), and although it's unheated, the water can reach a balmy 20C. Fiercely loved by locals, it's open to all – and costs little more than a cup of coffee.

### Drink like a local

Pub-wise, you're spoilt for choice. **The Lewes Arms** has a winningly traditional feel. Or try **The Snowdrop Inn**, which pulls in a younger crowd with its range of Sussex-brewed ales and vegan sourdough pizzas. ■ *Emma Hughes*

### IF YOU ONLY DO ONE THING

Climb all the way up to the keep of **Lewes Castle** and drink in the view (while catching your breath). Work started on these imposing fortifications way back in 1066 – you can learn all about local archaeological history next door in the Barbican House Museum.

### WAKE UP HERE

## Trevor House



Rest up after your big day out at this sweet, Georgian townhouse right in the middle of the action. It's a genuine family house-turned-B&B, so you'll feel right at home in minutes. There are just three rooms here, each with its own enormous bathroom. Book the light-filled top floor suite and you'll get a lush rolltop bath and stunning views over Lewes and the hills of the South Downs. Hearty breakfasts featuring local bread and homemade jams are served in a big communal kitchen. Oh, and well-behaved dogs are welcome, too. The dream.

*Ellie Walker-Arnott*

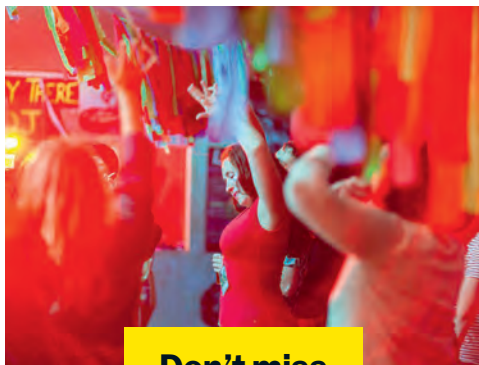
→ Lewes, East Sussex. From £95 a night.

[www.trevorhouselewes.co.uk](http://www.trevorhouselewes.co.uk)

→ Get there: one hour seven minutes by train from London Victoria to Lewes; around two hours by car.

TREVOR HOUSE: KENNY LAURENSEN

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**Don't miss**

## Ventnor Fringe Festival

**THE ISLE OF WIGHT** isn't all royal abodes and quaint afternoon teas. Head to the hilly streets of Ventnor this month for alt festivities – with a side order of beachy vibes. Art lovers will discover a whole creative world, one where spontaneous street piano recitals and surprise performances in cocktail bars are totally the norm.

A laundrette, a church, The Magpie (a liquorice-striped big top tent) and the town's arts spaces

will host comedy, screenings, gigs and cabaret. Sample craft beer at Ventnor Exchange, shop for bestsellers in a 1930s Parisian bus or catch a play surrounded by exotic plants in the Botanic Garden. On the final night, party at a concert to mark ten years of the Fringe and celebrate the creative spirit of this little island town. ■ *Nisha Woolford*

→ Ventnor, Isle of Wight. Prices vary. Jul 23-28. [www.vfringe.co.uk](http://www.vfringe.co.uk)

## LEAVE LONDON FOR

## An amazing free sculpture festival in Yorkshire



**IT'S HARD TO** overstate just how lovely the Yorkshire Sculpture Park – set in 500 acres of northern English countryside – really is. Visitors can combine a hearty country walk with seeing an array of world-class sculptures dotted throughout the parkland. This summer, there's even more reason to visit. Yorkshire Sculpture International is a free festival running at the YSP, the Hepworth Wakefield, the Henry Moore Institute and Leeds Art Gallery. Make a weekend of it and you can easily

visit all four while also spotting public commissions in the centres of Leeds and Wakefield.

Damien Hirst is the most famous name on the bill (love or loathe him), but there are also new artworks from a brilliant collection of international contemporary artists. Don't miss Nobuko Tsuchiya's mind-expanding exhibition at Leeds Art Gallery made of found objects and sticky, slick resins. ■ *Rosemary Waugh*

→ Yorkshire Sculpture International. Free. Until Sep 29. [yorkshire-sculpture.org](http://yorkshire-sculpture.org)



## THREE OF THE BEST

## Sustainable stays



### The Scarlet

Spa treatments with local clay, slippers made from recycled plastic bottles – this hotel is proof that sustainability can be luxurious. There is less glam stuff going on too, like greywater recycling for the loos. But you won't need to worry about all that when you're living your best life in a clifftop tub.

→ Cornwall. From £250 a night. [www.scarlethotel.co.uk](http://www.scarlethotel.co.uk)



### The Green House

This eco-friendly, Grade II-listed Victorian villa has great green principles. Whether it's sourcing furnishings from UK-based craftspeople or running the company car on biofuel, the seaside spot aims to keep its impact on the environment as light as possible.

→ Dorset. From £92 a night. [www.thegreenhousehotel.co.uk](http://www.thegreenhousehotel.co.uk)



### Brook House Hobbit Hut

Sometimes living in London can make a hobbit's life look appealing. This hut's rustic simplicity belies some clever sustainability: water comes from an onsite well and power from solar panels. Throw in some fairy lights and a king-size bed, and you can call me Bilbo. ■ *Lucy Lovell*

→ Herefordshire. From £100 a night. [www.canopyandstars.co.uk](http://www.canopyandstars.co.uk)

Get back to basics at  
[timeout.com/daytrips](http://timeout.com/daytrips)