

TimeOut

LONDON

Park life

It's a London thing...



“EPIC FUN! HIGH VS ALL ROUND”

JASON SOLOMONS, BBC RADIO LONDON

EMILIA JONES SEBASTIAN CROFT NICK FROST CRAIG ROBERTS KATE NASH RUPERT GRAVES ALEX MACQUEEN LEE MACK WARWICK DAVIS SANJEEV BHASKAR ALEXANDER ARMSTRONG CHRIS ADDISON WITH DEREK JACOBI AND KIM CATRALL



ROTTEN ROMANS

BIG SCREEN. TOTAL RIOT.

IN CINEMAS JULY 26

HORRIBLEHISTORIES.MOVIE HORRIBLEHISTORIESTHEMOVIE

prime video CITRUS INGENIOUS Silver Reel BBC FILMS

© HORRIBLE HISTORIES ONE LIMITED AND BRITISH BROADCASTING CORPORATION MMXIX. ALL RIGHTS RESERVED



Inside

This week's Time Out
in no time at all

Five-star art

Epic. Awe-inspiring. Sublime.
Don't miss Olafur Eliasson's career-
spanning show at Tate Modern

PAGE 68



Turf love

Get close to nature with 'Grass Men'
as part of the National Park City
Festival. Leave the Flymo at home

PAGE 41



Kids' special

From campervans and clever days
out to 'Twirlywoos' Live, our guide
will make the summer hols fly by

INSIDE



What womxn want

Lick has launched in Vauxhall – which
means London just got its first nightclub
for womxn and non-binary party people

PAGE 61

Movies on the River

Anchors aweigh! Get on board the Time
Out film boat this week for 'A Star Is
Born' and 'The Favourite'. See the full
list at www.timeout.com/film

↓ FEATURES AND REGULARS

11 City Life 20 Free London 24 A day in the life of London's parks 36 Green Light – our new eco campaign starts here
38 Exclusive offers 40 Things to Do 54 Film 58 Music & Nightlife 64 Theatre & Dance 67 Art 70 Food 73 Drink 74 Escapes

Hello, London

Caroline McGinn
Global Editor-in-Chief
@carolinemcginn



TimeOut
LONDON

Advertising 7813 6000,
advertising@timeout.com
Subscriptions
timeout@subscription
helpline.co.uk
www.timeout.imbm
subscriptions.com
Circulation
circulation@timeout.com

Commercial
MD EMEA
Lawrence Horne
Advertising Sales
Ian Tournes (Director),
Stephen Jones, Natalie
Reynolds, Juliet Grant,
Donald Fenton, Banbha
O'Hagan, Daniel Sinclair,
Nesha Fleischer, James
Hooper, Robyn Eldridge,
Emma Myland
Head of Media Partnerships
Karen Fischer
Creative Solutions
Wayne Mensah (Director),
Tamsin Vincent, Callum
Sinclair, Charlie Liddington,
Nicola Foxwell
Project Management
Nicki Wymer, Frankie Biggs,
Zara Taylor
E-commerce Minesh Shah
(Senior Director)
Live Events Sylvia Kowalska

Global Editor-in-Chief
Caroline McGinn
Interim UK Managing Editor
Mike Williams
Associate Editor/Chief
Sub Editor Chris Waywell
Deputy Chief Sub Editor
Kei Kikuchi
Digital Editor
Ellie Walker-Arnett
Associate Editor/
Drink Editor Laura Richards

Features Kate Lloyd (Editor),
Isabelle Aron (Deputy Editor)
Events Katie McCabe
(Editor), Alexandra Sims
(Deputy Editor)
City Life
James Manning (Editor)
Film Phil de Semlyen
(Global Editor)
Music & Nightlife
Oliver Keens (Editor)
Theatre, Dance & Comedy
Andrzej Lukowski (Editor)
Art & Culture
Eddy Frankel (Editor)
Food Tania Ballantine (Editor)
Commercial Stephen
Farmer (Global Editor),
Emily Watson, Katherine
Lovage, Rose Johnstone
(Branded Content Editor)
Social Media
Sam Willis (Editor)
Video Angela Elvira Bruce
(Global Commissioning Editor)
Global Content Huw Oliver
(Commissioning Editor EMEA)

Art Director Bryan Mayes
Designers Philip Lay
(Senior), Jason Tansley
(Senior Commercial)
Picture Desk Manager
Ben Rowe
Photographer Andy Parsons
Head of Production
Dave Faulkner
Deputy Production Editor
Katie Mulhern-Bhudia

Time Out Group CEO
Julio Bruno
Founder Tony Elliott

Cover Photography
Andy Parsons

No city in the world does park life the way London does. In the summer, our green spaces are our collective back garden, playground, gym and DIY festival scene. They're the lungs of our city, and they belong to all of us. Which is why Time Out is delighted that this week London becomes the world's first National Park City, after a campaign that we were proud to support. It's one of many green shoots in London which we hope will help make the city we love healthier and wilder. To celebrate, we documented one sunny Saturday in London parks from dawn to dusk (p24). Enjoy the stories and the moments, then go out and create some of your own.

YOU SAID IT

What you've been rating and hating online

There was a lot of love for our piece on 'London's happiest bus driver', Patrick Lawson, last week.

'Such an inspiring story in @TimeOutLondon! Amazing to read how Patrick turned his life around and the work done by charities helping to tackle homelessness in London and giving people like Patrick another start in life.'

Hannah R via Facebook

Our alternative wellbeing list featured a gong bath. A gong is a massive musical instrument, FYI. **'People pay money to lie under a blanket with other weirdos and listen to clanking cutlery?'**

Joanne K via Facebook

Entomophobic? Look away. You can eat cricket tacos and mealworm burgers in a semi-detached house in Ealing. People were repelled.

'I don't understand how people can be so disgusted by insects when they eat bacon, haggis, black pudding etc. It's narrow-minded.'

Joonas K via Facebook

Lord have mercy but September will bring a cheese conveyor belt to Covent Garden. The prospect was too much for some. Mathilde here started shouting words.

"Sushi", "train" and "cheese" are literally my favourite three words in the dictionary!"

Mathilde D via Facebook

COMMENT OF THE WEEK

Certain subjects get people riled up. Top of the list? Public transport. Novotel hotels did a countrywide ranking of station facilities, food, shopping and punctuality. Which one came out as the winner? Erm, Paddington. None of you were having it. **'How did St Pancras not get this? I use both stations and Paddington is inferior in every way – poorer shops, food, facilities, taxi access etc.'**

Gay B via Facebook

Oh, er, hmm, let's have a little think. What could possibly distinguish 'Paddington' from every other single station in the UK? We give up. Must be the 4G coverage or something.

London. We have a problem.

Our air is toxic, and driving polluting vehicles is the main cause.

The air that we breathe, and that our children breathe, can cause life-long diseases.

But there are solutions. We're making London's transport greener.

Find out how you can make a difference too.

Search 'Let London breathe'.

LET LONDON
BREATH E



MAYOR OF LONDON



**TRANSPORT
FOR LONDON**

EVERY JOURNEY MATTERS



WWW.IGNITECBD.CO

LIFE'S BETTER IN THE
IGNITED KINGDOM



IGNITE

CBD



CAMDEN
HELLS
LAGER

PLEASE DRINK RESPONSIBLY
drinkaware.co.uk for the facts
© 2019 CAMDEN TOWN BREWERY LIMITED. ALL RIGHTS RESERVED.

City life

Edited by James Manning
@timeoutlondon

Italy comes to EC1

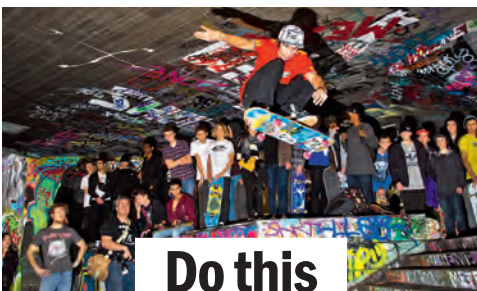
IF YOU'RE DESPERATELY dreaming of a Mediterranean getaway right now, you're in luck. This Sunday, you can basically spend the afternoon in Italy for the price of a tube fare. Just head to Clerkenwell Road, where the annual Procession of Our Lady of Mount Carmel revives the spirit of what was once London's very own Little Italy. Starting at St Peter's Italian Church (built in the 1860s for the area's then booming Italian population), the procession is the centrepiece of an Italian-style festival, or *sagra*, on the streets of Clerkenwell. Join the crowds lining the roads to watch saints, martyrs and other Biblical types passing by, then scoff arancini, prosciutto and cannoli at the stalls set up on Warner Street. The parade has been running almost every year for more than a century, and it still draws Italian Londoners from all over town. Just add Neapolitan sunshine. ■ James Manning

→ St Peter's Italian Church, 136 Clerkenwell Rd.
☉ Chancery Lane. Sun Jul 21, 3.30pm. Free.



THE ESSENTIALS

Three things you have to do this week



Do this

Did you know parts of the legendary **Southbank Skate Space** have been closed for 15 years? Now they're reopening, and you can join the skate community for a celebratory festival on Saturday.



Eat this

Fitzrovia Japanese joint **Flesh & Buns** is launching a new poké/donburi mash-up. This week, try a 'poké-don' (no, not Pokémon) bowl for a mere £2 when you eat in. Lunch: sorted.



Drink this

This Sunday, London café chain Grind launches its new indoor-outdoor spot in SE10. Drop by the **Greenwich Grind Garden Party** for free food, rosé and espresso martinis.

Discover more cool things to do at [timeout.com/news](https://www.timeout.com/news)

MAKE LONDON BETTER

London's got problems. Here's how we fix them

Buses4Homeless



Discover more ways to make a difference at timeout.com/better

WHAT IS IT?

A project to house homeless Londoners in disused red buses.

Two years ago, founder Dan Atkins met a homeless man who was sleeping in the luggage storage compartment of an old coach. Dan's job involved converting disused buses into bars and tour vehicles, so he bought and refurbished an old London bus for his new friend to live in. Now he wants to extend the scheme and help more homeless people.

WHY DOES IT MATTER?

Lots of buses are being sold off by transport companies as they no longer meet emissions targets. These could provide a cost-effective alternative for some of the 3,000 people sleeping rough in London each night. The buses are cheaper to create and run than fixed housing and more flexible: if needed, they can drive across London to provide emergency shelter or services.

HOW CAN I GET INVOLVED?

The social enterprise is crowdfunding to buy more disused buses and park them up on an unused plot in Croydon. From the autumn, it plans to provide sleeping quarters, a kitchen and spaces for learning and wellbeing to 16 homeless Londoners. It's also looking for corporate sponsors. Donate now and help the idea catch on – this one sounds like it's got wheels. ■
Rosie Hewitson

→ www.buses4homeless.org

A stunning collection of new 1 & 2 bedroom apartments in E14. Each designed for luxurious living and perfectly located for lifestyle.

As standard:

- Enviable Zone 2 location
- Low deposits – from just £11,063*
- Amtico floors, quartz worktop, high spec appliances
- Prices from £110,625*
- Available to buy now with Shared Ownership

Where would you choose?



nhgsales.com/docklands

Book your viewing today:
020 3504 4276
nhgsales.com/docklands

HOME OWNERSHIP STARTS WITH US



Prices correct at time of going to press. 1 bedroom apartments start from £110,625 for a 25% share with deposits from just £11,063. The price illustration shown is for a one bed apartment at Liberty at Crossharbour, based on a 10% deposit for a 25% share priced at £110,625 based on a full market value of £442,500. Affordability and Eligibility criteria applies. Check the website for full plot and pricing information, or speak to a Sales Consultant. July 2019.



Mermaid Isle of Wight Distillery
Edinburgh Gin Cannonball
Plymouth Navy Strength
Hayman's London Dry
Sipsmith London Dry
Mason's Yorkshire
Cotswolds Dry

Portobello Road Navy Strength
Martin Miller's Westbourne Strength
Tanqueray London Dry

JUNIPER RICH & ROBUST GINS

AROMATIC TONIC
MADE WITH MANGOSTURA BARK

REFRESHINGLY LIGHT
WITH 46% FEWER CALORIES

PREMIUM INDIAN TONIC WATER
WITH NATURALLY SOURCED QUININE

Beefeater 24
Bombay Sapphire
Boodles
Bulldog
Burlfeighs
Chase GB Extra Dry
Conker Dorset Dry
Copperhead
ELLC Batch No.2
Fifty Pounds
Four Pillars Rare Dry

CITRUS & HERBACEOUS GINS

MEDITERRANEAN TONIC
MADE WITH ROSEMARY & LEMON THAYE

REFRESHINGLY LIGHT
WITH 46% FEWER CALORIES

LEMON TONIC
MADE WITH SICILIAN LEMONS



Fishers
Gin Mare
Little Bird
St. George Terroir
Monkey 47
Portobello Road
The Lakes Explorer
Tanqueray No. Ten
Thomas Dakin
Warner's Rhubarb



Adnams Copper House
Aviation
The Botanist Islay Dry
Caorunn
Chilgrove
Daffy's
Dodd's
Elephant
Hendrick's
Martin Miller's
Pickering's
Pinkster
Salcombe Start Point
Silent Pool
Tarquin's Cornish

FRESH & FLORAL GINS

ELDERFLOWER TONIC
MADE WITH BRITISH ELDERFLOWERS

SLOE & SWEETER GINS

LEMON TONIC
MADE WITH SICILIAN LEMONS

Adnams Sloe
Bathub Old Tom
Bathub Sloe
Hayman's Old Tom
Sipsmith Sloe
Warner's Sloe
Brockmans
Hayman's Sloe
Jensen's Sloe
Langley's Old Tom
Plymouth Sloe
Poetic License Old Tom
Scapegrace Premium Dry
Four Pillars Bloody Shiraz
Chase Aged Sloe and Mulberry



DISCOVER THE PERFECT TONIC FOR YOUR GIN

Visit our Gin & Tonic Pairing Wheel at Fever-Tree.com

IF $\frac{3}{4}$ OF YOUR DRINK IS THE MIXER, MIX WITH THE BEST



FEVER-TREE

for the facts
drinkaware.co.uk

THINGS YOU
**ONLY
KNOW**
IF YOU'RE A...

Theme park ride designer

Michelle Hicks, 27

Live tigers trump looping the loop

'I worked on the Tiger Rock ride at Chessington World of Adventures, which opened last year with live big cats – a family of tigers – roaming around



The SUV Range Event. 5th – 21st July.

Test drive any SUV and receive an additional £500[^] towards your finance.*

Too good to miss.

Representative
4.9% APR

*At the end of the agreement there are three options: i) pay the optional final payment and own the vehicle; ii) return the vehicle: subject to excess mileage and fair wear and tear, charges may apply; Running boards are an optional extra. Indemnities may be required. Offer may be withdrawn at any time. Accurate at 07/2019. Freepost Volkswagen Financial Services. ^Can consist of a contribution same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, outgoing (NEDC) test cycle and will be used to calculate vehicle tax on first registration. For more information, please see www.volkswagen.co.uk/owners/wltp or consult your retailer. Data correct at

Official fuel consumption figures for the SUV range in mpg (litres/100km): combined 24.6 (11.5) – 53.3 (5.3); combined CO₂ emissions

WORD ON THE STREET

The most ridiculous things we've overheard in London this week

you. Speed, drops and going upside-down are all impressive. But in my view, what makes a great attraction isn't the hardware but the story it tells.'

You can't buy a Gruffalo off the shelf

'Most engineers working on big construction projects use pretty standard elements that are slotted together on-site like a big Meccano set. But at a theme park, everything is bespoke. For the first ride I worked on at Chessington, I was getting questions like, "If we put in a four-metre-high figure of The Gruffalo, how much would that cost?" I had to go away and think about that one.'

Rollercoasters need MOTs

'Safety is always absolutely top of our list. The 2015 rollercoaster crash at Alton Towers affected everyone greatly. Every year, all our attractions go through a series of rigorous tests and we get issued a new certificate to show everything is safe. If I was at a fairground and there was a rollercoaster without one of these displayed on it, I probably wouldn't go on it.'

Adrenaline is the best way to beat the commuter blues

'There's nothing like the sense of escapism that a theme park offers. Londoners need to be able to go somewhere they can forget about the stresses of daily life. Even I still go on holiday to theme parks!' ■ *Interview by James FitzGerald*

→ The Gruffalo Summer Party is at Chessington World of Adventures until Sep 2. Chessington South rail. www.chessington.com

ANDY PARSONS

'That must be, like, the gay Air Force.'

'Do I know anyone in Romford? No way!'

'I was so exhausted last night, I left most of a challah in an Uber.'

'How am I supposed to get on the bus with two giant turtles?'

'Why is everyone suddenly pregnant? It's so weird.'

'Do vegans eat meat?'

'There were so many cobblestones. You should have seen the state of my brogues!'

'I'm really pissed off because someone ate my sausages. They're not in the public remit of the household!'

'He really wants to get his lips done, but his mum won't let him.'

'I can't tell if I'm hungry or just mouth-bored.'

Overheard something weird?
Tweet us [@wordonthestreet](https://twitter.com/wordonthestreet) [@timeoutlondon](https://twitter.com/timeoutlondon)



or iii) replace; part exchange the vehicle. With Solutions Personal Contract Plan. 18s+. Subject to status & availability. T&Cs apply. Ordered by 21/07/19 and delivered by 30/09/19 from participating retailers. towards the cash price and a contribution towards the deposit. Excludes NI. Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other vehicles tested to the driving styles and vehicle load. There is a new test used for fuel consumption and CO₂ figures (known as WLTP). The CO₂ figures shown, however, are based on a calculation designed to be equivalent to the 06/2019. Figures quoted are for a range of configurations and are subject to change due to ongoing approvals/changes. Please consult your retailer for further information.

110 - 203g/km.



Volkswagen

LONDON EYE

A vision of the south-west

SOUTH-WEST LONDON isn't known for its bright lights. Leafy, mostly pretty affluent and generally characterised as a bit ordinary and suburban, this corner of town is often overlooked, not least by photographers prowling for shots of urban life. But not by Niall McDiarmid.

Having spent a career making work about Britain's landscape and residents, the prolific photographer has just published a new book of documentary street photography focusing on the area of London he's called home for 30 years.

'Southwestern' is the product of a decade of patient image-making. Using potent golden-hour lighting and primary colours, McDiarmid produces many of his pictures on walks around the south-west on quiet Sundays, or after he's dropped his kids off at school.

We asked him to pick his favourite photographs from the book, which turns the capital's sleepy south-west into a story well worth telling. You'll never see Clapham the same way again. ■ *Alice Zoo*
→ www.setantabooks.com/product/southwestern

For more London snaps, check out timeout.com/photography



↑ 'I took this picture in a café in Summerstown and never really noticed it. Then I posted it on social media and it went completely viral. You need to look at some pictures a little bit longer.'

→ 'I got chatting to this woman in Mitcham who was waiting for a bus and asked if I could do a portrait. She was very apprehensive, but then she agreed. It taught me a lesson about being a bit persuasive.'



← 'I'm drawn to carnivals and fairgrounds: there's an edge to them. This image of a fairground on Clapham Common being packed up suggests a romantic idea of life on the road.'



REGENT STREET PRESENTS

SUMMER STREETS

14

JULY

21

JULY

18

AUGUST

15

SEPTEMBER

URBAN LIFESTYLE FESTIVAL

Four traffic-free Sundays throughout the summer

Discover food, music, fashion, wellness, sustainability & more

Plan your visit at regentstreetonline.com



@regentstreetw1

#SummerStreets

#RegentStreet200



MY LONDON STORY



Leon McKenzie

The pro footballer and boxer now fighting for mental health

I'VE ALWAYS BEEN a fighter. My uncle Duke was a champion boxer and instilled that aggression in me from a young age. I ultimately became a footballer, but because of my background in boxing, managers knew I would give them that bite. When I first came through at my local club Crystal Palace at 17, the manager Steve Coppell really believed in me and I played explosively for him. But even though the fans saw me as a fighter for the team, they didn't see how vulnerable I was behind closed doors.

At Palace I struggled with injuries at times, and that's when depression really started to take hold. When you're a professional footballer, maybe because there's a lot of money involved, the public can't understand how you could ever get depressed. You have to project this idea of being invincible. But we're all human beings, and when people expect you not to show any chinks in your armour, you just end up bottling things up.

'We only really talk about mental health when it's too late'

I left to join Peterborough in 2000: it was a fresh start. But while I was there, I found out my sister had died by suicide. The Saturday after I found her I played a match. As footballers, we have a lot of self-pride and ego. I guess I felt too ashamed to take time out to mourn her.

As I kept getting more injuries and my marriage broke down, it all built up. In 2009, when I was a player at Charlton Athletic, I tried to end my own life. People thought I had it all, but at that point I didn't want to live any more. Not long after, I signed to Northampton Town and carried on banging in the goals. Yet inside I was emotionally damaged: I had tried to take my life only a short time before, and I had no aftercare or support. I needed counselling, but there was no one willing to grab hold of me and help me move forward.

At heart, I was always a boxer like my uncle. After retiring from football, I became a professional at 35. But the attitude towards mental health was even worse in boxing.

Fighters are always trying to be so tough that sharing any emotion is seen as a sign of weakness.

I've retired now, and I've made it my mission to improve the visibility of mental health in sport. I'm an ambassador for Calm (Campaign Against Living Miserably) and I do suicide prevention work for the Samaritans. Recently, a man who was suicidal phoned in to TalkSport radio. I spoke to him live on air and helped him calm down. We've stayed in touch and I'd now consider him a friend.

So often we only really talk about mental health when it's too late. Football in particular has such a long way to go, and I want to be someone who can help trigger a change. At the moment, I'm working on a documentary where I talk to athletes – including Dwayne 'The Rock' Johnson, Alan Shearer and Kelly Holmes – about their experiences of depression. I hope I can be seen as someone who has helped people overcome their demons. ■ *Interview by Thomas Hobbs*

→ Need help? Visit www.thecalmzone.net or www.samaritans.org.



It's not me,
it's you 🤧

It's never been easier to break up with your network

Text PAC to 65075 and get your unique code in 60 seconds
and you're ready to switch to Sky Mobile

🔍 Sky Mobile Switch

sky mobile

Text your current provider with PAC to 65075 to keep your existing no. or STAC to 75075 to leave without it and get your code within 60 seconds.
Codes must be given to gaining provider to switch. See sky.com/mobileswitch for full details.

FREE LONDON

Put your money away! Here are the week's best free events



THE GREAT OUTDOORS

National Park City Festival

Big news: London is becoming the first ever National Park City, which means pledging to protect our green spaces. Celebrate with eight days of alfresco fun. See winning snaps from the wildlife photography competition (pictured), try paddleboarding or head to a pedal-powered party at National Theatre's River Stage. More details on p41.

→ Various locations. Sat Jul 20-Jul 28.

GREEN SCREEN London Green Film Festival

Swap bingeing box sets on your sofa for watching thought-provoking environmental documentaries in a deckchair at this ten-day outdoor festival. It's powered by natural renewable electricity sources too.

→ Regent's Place. ⊕ Great Portland St. Wed Jul 17-Jul 26.

A SWEET DEAL Vegan ice cream giveaway

Celebrate National Ice Cream day with free Miiro treats, which are basically like Magnums but vegan. Head to Whole Foods in Piccadilly on Sunday afternoon and choose from salted caramel, peanut butter or chocolate hazelnut.

→ Whole Foods Market. ⊕ Piccadilly Circus. Sun Jul 21.

SWITCH IT UP Comfort Swap Shop

Clear out those clothes gathering dust in your wardrobe and bring them along to this pop-up swap shop, where you can exchange your old threads for items donated by Oxfam and the fashion cupboards of *Elle* and *Cosmopolitan*. Fancy!

→ 52 Brewer St. ⊕ Piccadilly Circus. Thu Jul 18-Mon Jul 22.

A RUBBISH DAY OUT Wonky Picnic

Dash Water, which is infused with wonky fruit, is hosting a picnic to celebrate the fruit and veg that gets cast aside. On the menu are cucumber sandwiches and lemon pavlova with raspberries, all made with produce that would otherwise be destined for the bin.

→ Soho Square. ⊕ Tottenham Court Rd. Thu Jul 18.

99 problems? Try 101 things to do at timeout.com/thingstodo



8 Unsmoked
Back Bacon Rashers

£1.30

250g



Prices locked down for at
least 8 weeks from 27 June



ALL-NEW FOCUS ST

Ford

TOGETHER WE GO FURTHER



ST THRILL THERAPY



Model shown is an All-New Focus ST 5-Door 2.3 Manual Petrol. Fuel economy mpg (l/100km) (Combined): 34.4 (8.2).
*CO₂ emissions 179g/km.

Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other cars tested to the same technical procedures. These figures may not reflect real-life driving results, which will depend upon a number of factors including the accessories fitted, variations in weather, driving styles and vehicle load. *There is a new test used for fuel consumption and CO₂ figures. The CO₂ figures shown, however, are based on the outgoing test cycle and will be used to calculate vehicle tax on first registration.



SEARCH: FOCUS ST

One Sunny Saturday

As London becomes the world's first National Park City, *Angela Hui* and *Annie Lord* document a day in the life of the parks that Londoners love. Portraits *Arthur Comely* and *Rob Greig*



Aussie human pyramid,
London Fields: see p33



8.20am The dog walker

Michael, Clapham Common →

‘Why do people come to the park if they don’t like dogs? So many people get scared of Zadie. I don’t know why – she’s a pussycat. When I got her she was loony. She wasn’t used to London traffic, as she’s a rescue dog from Worcester. Once she ran away for two-and-a-half miles. Thankfully the police found her in 30 minutes. It’s good to come to tranquil places like this to calm her down.’

10.13am The football coach

Suresh, Clapham Common →

‘I run a women’s football group here. There is something therapeutic about kicking a ball around in a park, perhaps because it’s what we did when we were kids? The weirdest thing I have seen here was when I saw an old lady jump into the pond to save someone else’s dog. She got it out and then just went for a swim afterwards.’



We're the biggest retailer of Fairtrade wine, which makes a difference to communities around the world.



drinkaware.co.uk
for the facts



Co-op Fairtrade wines. Participating stores, subject to availability. Drink responsibly. Members earn 1% for local causes when they buy Co-op branded food products in Co-op Group Food stores. Not available in independent societies including Midcounties, Central England, Southern or Chelmsford Star co-operatives or in non-Co-op branded stores (such as NISA or Costcutter). Membership T&Cs apply, see coop.co.uk/membership



It's what we do

One sunny Saturday



10.30am The all-nighter

Paul, Clapham Common ↑

'I slept on my porch last night because I forgot my keys and my flatmate didn't wake up when I knocked on the door. I'm feeling really sore this morning. Normally when I'm in the park I'm in fresh clothes and I don't look so tired. I sometimes come here to work, to draw illustrations and sketches.'

11.46am The daters

Link (right), Holland Park →

'We're on a date. We wanted to come somewhere quiet and the Kyoto Garden is tranquil and between where we live. I like that there are walkways so you can't mess up the wildlife. Parks can be boring – just big expanses of green – but in London there's more to see. We just saw a man who said he was off to feed the fish and then he just walked off with his fish food into the trees.'



ALL AUSTRALIA NO WORRIES

Mad about nature?

This could be the trip of lifetime!

AUSTRALIA: WESTERN AUSTRALIA'S CORAL COAST

- Perth, Cervantes, Carnarvon, Exmouth, Coral Bay, Monkey Mia
- 14 nights in 4–4.5★ hotels
- 12 days' car hire
- Whale Shark Swim
- Discover Rottnest Island tour
- Includes indirect international flights & airport transfer

REF: 3119596

17 DAY HOLIDAY

FROM
£1959 PP

SAVE UP TO
£736 PP

Sunsets & sea life

Choose your own Oz Adventure

AUSTRALIA: SYDNEY ROCK & REEF

- Sydney, Uluru, Port Douglas
- 12 nights in 4.5★ hotels
- A Night at Field of Light
- Outer Great Barrier Reef day tour
- Includes indirect international flights, internal flights & airport transfers

REF: 2806730

16 DAY HOLIDAY

FROM
£2665 PP

SAVE UP TO
£554 PP

Escape Down Under

Your dream trip awaits

AUSTRALIA: THE BEST OF SOUTH AUSTRALIA

- Adelaide, Kangaroo Island, Barossa Valley, Flinders Ranges, Clare Valley
- 10 nights in 4–4.5★ hotels
- 8 days' car hire
- Wilpena Pound Scenic Flight
- Flinders Ranges National Park Tour
- Includes indirect international flights & airport transfer

REF: 3525196

14 DAY HOLIDAY

FROM
£2699 PP

SAVE UP TO
£156 PP

Tailor-made easy

Journeys | Tailor-made holidays from **FLIGHT CENTRE**

Or if you fancy something different, chat online, in-store or call **0808 239 6981**

★ Trustpilot



FLIGHT CENTRE

All travel. No Worries



Prices are correct as at 10 July and are subject to change. Prices may be higher or unavailable for certain travel dates. All prices are per person. Holidays and accommodation are based on two adults sharing. Airfares are Economy Class on specified airlines from London, unless otherwise stated. For full booking conditions visit www.flightcentre.co.uk. Our flight-inclusive holidays are financially protected by the ATOL scheme.

One sunny Saturday



11.55am The veterans

← Sandra (left), Holland Park

'I used to come here in the '50s when there were weeds and potholes everywhere. It was so smoggy that if you wore a white top it would be filthy by the time you got home. I suppose the money wasn't there back then for cultivating gardens. You see lots of young people here. We live in Sidmouth in Devon and everywhere you go – no disrespect to anyone – but there are wheelchairs, walking sticks, zimmer frames. Here it's much more balanced. And sometimes it feels as though there's more country space up here than we have in Devon.'

12.11pm The boxers

Genti (right), Holland Park →

'We became friends when we escaped from the Kosovan war. We come to this park to exercise because it makes a change from the gym. We watch boxing a lot. I think we might be getting a bit too excited – I reckon one of us is the next Anthony Joshua. We could do some white-collar boxing but we wouldn't want to be fighting those City boys, you know? My housing estate block is so dark it's like a prison. I come here for some light.'



FRIDAY 19TH JULY
EUROMILLIONS

20

**UK MILLIONAIRES
GUARANTEED**

NOW THAT'S BIG



**AMAZING
STARTS
HERE**

Rules & Procedures apply. Players must be 16+.

One sunny Saturday



3.29pm The swimmers

← **Simon (left),
Hampstead Heath**

'We've been to the ponds for a swim. I like Hampstead Heath because all the other parks in London are so similar. Here, there are inclines and different terrains – it's more mysterious. I feel like I'm on safari whenever I come here and lie in the tall grass because you can see people's heads popping up like lions.'

4.36pm The hen do

**Clarissa (far right),
Parliament Hill** ↓

'None of us have been here before. We're from Paris for a hen party. We're happy taking in the view and enjoying the sun. You definitely don't get this in Paris. It's more scenic here and there's a different atmosphere. A lot of people in London seem to really enjoy their parks. In Paris people don't really sit down like they do here – it's more of a place to walk through.'





6.40pm The tennis players (p24)

**Merrin (middle row, right),
Brittany (top left), London Fields**

Merrin 'We're in our tennis whites because it's the first day of summer. Plus, we're all Australian and we tend to do crazy things. We've just had a tennis tournament.'

Brittany 'It's the first day of sun so we thought: How do we make the most of it? Let's all dress up as tennis stars and see how fast we can get the kits from Amazon. And here we are, drinking Pimm's out of trophies.'

7.07pm The party starters

Allie (left) and Rachna, London Fields ↑

Allie 'It's a sunny day, our friend Sarah has sold her flat and she's moving out of London. So we're starting off the big farewell party in the park, then moving to her flat to say one final goodbye! She lives just around the corner, off Brick Lane.'

Rachna 'I live in a tower block in Bethnal Green with no outside space, so having a park just melts it away a little bit.'

One sunny Saturday

7.21pm The slackliner

Felix, London Fields ↓

'It's a chilled vibe at London Fields – everyone's friendly and when the sun's out everyone's a lot happier. I came to the park with my two flatmates, who seem to have wandered off somewhere. I brought along my slackline [a tightrope] – it attracts people who are curious to try it out. I actually don't know any of these people who are on the slackline now. I don't mind when people want to give it a go: it's interesting to teach others. That's why I love slacklining – it's such a welcoming thing to do together.'

8.36pm The thrifter

Aniello, London Fields →

'My friend just found this lantern in the street. She picked it up for me because she knows I love this kind of stuff. It's actually in really good condition. It's beautiful. I'm going to hang it in my room. I'm glad she found it otherwise it would've gone into landfill! We love London Fields – there are loads of local pubs nearby you can head to afterwards. We're just about to leave, but don't know what we're doing yet. We saw some guys going to a rave, so we might join them. Who knows where the night will take us...'



Best parks and insider tips at [timeout.com/parks](https://www.timeout.com/parks)

MAYOR OF LONDON

NATIONAL PARK CITY
FESTIVAL

Make a
splash

Starts this week!

Discover London's amazing outdoors
with hundreds of **free** family events
and performances 20-28 July

london.gov.uk/national-park-city

#NationalParkCity #LondonIsOpen

in partnership with

**LONDON
NATIONAL
PARK CITY***



INTRODUCING

How to Build a Green City

Our new campaign celebrates green venues, events and Londoners, and asks how we can become a truly sustainable city. Now we want your help

A LOT OF our city is green space. Around 47 percent of it, in fact. We love and depend on parks, squares and gardens: they are the lungs of London and its shared playground. So we're delighted that our city will officially become a National Park this week (see p41).

But while London is physically verdant, we've a long way to go to being a green city. Disruptors like Extinction Rebellion – who are staging a Summer Uprising across London and other cities this week – have raised our crisis awareness. You, our readers, have told us you want going out to be greener. Positively, across the capital, people and venues are coming up with cool initiatives to tackle food waste, pollution and plastic.

To launch our ongoing How to Build a Green City campaign, over the next eight weeks we'll highlight the Londoners and London venues doing all of the above and more. Expect social takeovers from eco-warriors like Caitlin Mogridge (who runs wastenotstore.com), insight from

experts and campaigners, and Time Out's new Green Light badge (above) to signpost greener events and venues on our site and in the magazine. Next week we'll green light places doing great things to tackle food waste, picked by FoodCycle CEO Mary McGrath and eco-cocktail pioneer Ryan Chetiyawardana. And check out our new hub – www.timeout.com/green – where we'll highlight green and sustainable London, permanently.

Most importantly, we want to hear from you. Know a Londoner running a cool eco project? Tell us at hello@timeout.com. Being greener demands huge changes, but every little helps, so if you are going to the park this weekend, bin your tinnies, lose the disposable barbecue and cutlery, and maybe sign up to one of these awesome schemes helping to keep London's spaces clean...

Visit our new permanent eco hub at timeout.com/green

Litter pick (and keep fit) in the park

PLOGOLUTION

Ever heard of 'plogging'? If not, where have you been? This Scandi fitness craze involves walking, jogging and running to pick up litter.

www.plogolution.com

GREEN GYM

Replacing barbells with gardening tools, Green Gym's workouts involve working across 11 London parks.

www.tcv.org.uk/greengym

NATURE'S GYM

Nature's Gym swaps terrible music and treadmills for tweeting birds and conservation work in Lewisham's nature reserves.

natureconservationlewisham.co.uk

LAGER CAN

The mission of the Litter Action Group Ealing Residents is to get rid of all of the rubbish in Brent Lodge Park and Hanwell.

[www.facebook.com/groups/](http://www.facebook.com/groups/LAGERCan/)

LAGERCan/
Nisha Woolford

SUMMER HOLIDAYS AT THE UNICORN THEATRE

A Unicorn Production

AESOP'S FABLES

Directed by Justin Audibert
& Rachel Bagshaw

FOR AGES 4-7 & AGES 8-12

UNTIL 4 AUG



DRAMA, DANCE & SET DESIGN WORKSHOPS

FOR AGES 7-16

29 JUL - 16 AUG



GO OUT WITH

TimeOut

Food, drink, screenings, pop-ups: don't miss our exclusive offers and discounts

DON'T MISS

Lima

What is it? An eight-dish menu with a glass of prosecco.

Why go? Peruvian food in London doesn't get much better than this. How do we know? Its sister spot Floral by Lima got five stars from us, and this place is headed up by world-renowned chefs Robert Ortiz and Virgilio Martinez.

What's exclusive? Eight dishes and fizz for £45: that's 38 percent off.

→ Lima. ☉ Tottenham Court Rd. Until Sep 15.
www.timeout.com/lima19



Motown dining experience

What is it? A Motown-themed dinner party with unlimited drinks.

Why go? Who doesn't love the '60s sounds of the Motor City? This great night out features food, tipples and music all inspired by the Motown era. Expect some bangin' live bands and food for the soul.

What's exclusive? Tickets including a three-course meal with bottomless cocktails start at £31 each.

→ Fest. ☉ Chalk Farm. Select dates until Aug 22.
www.timeout.com/motown2019

Secret Fitness

What is it? A covert fitness session for half the usual price.

Why go? Getting all hot and bothered in the office? Secret Fitness is coming to a canal near you! You don't know exactly where you're going or what you're doing until 48 hours beforehand – but we can tell you that you might be getting wet...

What's exclusive? It's 50 percent off – a class is just £15.

→ Secret location near Angel. Select dates until Jul 28. www.timeout.com/secretfitness

Bird

What is it? Endless chicken wings and fries at one of three branches.

Why go? Because the chicken at Bird is not only tasty AF, the meat is sourced from a single Yorkshire farm and delivered fresh each day – meaning every bite is as tender and juicy as the next.

What's exclusive? Get your beak around unlimited wings and fries for just £15.

→ Islington, Camden and Shoreditch. Until Aug 31.
www.timeout.com/bird19

Midas Touch craft class

What is it? A two-hour pottery and ceramics workshop.

Why go? To sink your hands into wet clay for some creative – and therapeutic – fun. Plus, you'll bag yourself a new skill and (hopefully) make something lovely and unique to take home and show off to your pals at the end of it.

What's exclusive? It's 80 percent off – the workshop is now just £29.

→ Hampstead, Southwark and Beckenham. Until Nov 20. www.timeout.com/pottery

Theatre, music, events: get the best tickets in town at timeout.com/london/offers

TimeOut | Kids

LONDON

In association with MAYOR OF LONDON



TRANSPORT FOR LONDON



Here comes the fun

Your guide to a bloomin' great summer with little Londoners

SCIENCE MUSEUM

BOOK NOW

WONDERLAB

THE EQUINOR GALLERY

'THE BEST THING YOU CAN
DO IN LONDON WITH KIDS'
TIME OUT

TITLE SPONSOR



MAJOR SPONSOR



Inside

Your guide to a summer of family fun in London

Little chefs

School might be out, but there's still tons of new stuff for kids to learn during the summer

PAGE 4



Hols ahoy!

Take to the water – we've mapped where to make a splash with the fam this summer

PAGE 28



Teatime treats

Served on a bus or delivered by rocket – it's London's most kid-friendly afternoon teas

PAGE 19



Wild things

Let little ones get down with nature at these ace outdoor activities

PAGE 24



Time Out
LONDON

Advertising 7813 6000, advertising@timeout.com

Commercial
MD EMEA Lawrence Horne
Advertising Sales Ian Tournes (Director), Stephen Jones, Natalie Reynolds, Juliet Grant, Donald Fenton, Banbha O'Hagan, Daniel Sinclair, Nisha Fleischer, James Hooper, Robyn Eldridge, Emma Myland
Head of Media Partnerships Karen Fischer
Creative Solutions Wayne Mensah (Director), Tamsin Vincent, Callum Sinclair, Charlie Liddington, Nicola Foxwell
Project Management Nicki Wymer, Frankie Biggs, Zara Taylor

Global Editor-in-Chief Caroline McGinn
Kids Editor Laura Richards
Interim UK Managing Editor Mike Williams
Associate Editor/Chief Sub Editor Chris Waywell
Deputy Chief Sub Editor Kei Kikuchi
Sub Editor Kevin Younger

Writers and contributors Charlie Allenby, Laura Lee Davies, Katie Gregory, Caroline McGinn, Phil de Semlyen, Andrzej Lukowski, Nisha Woolford

Art Director Bryan Mayes
Designers Philip Lay (Senior) Jason Tansley (Commercial)
Picture Desk Manager Ben Rowe
Picture Research Lizzy Owens
Staff Photographer Andy Parsons
Head of Production Dave Faulkner
Deputy Production Editor Katie Mulhern-Bhudia

Time Out Group CEO Julio Bruno
Founder Tony Elliott

Cover Cynthia Kittler

↓ FEATURES AND LISTINGS

4 Educational days out 12 Summer movies 14 Family escapes 16 Time Out tries campervanning 19 Afternoon teas 22 'Twirlywoos' Live 24 Wildlife adventures 27 Tottenham spots 28 Splash around 31 Events

Time Out Digital Ltd
77 Wicklow Street,
London, WCL1 9JY
www.timeout.com
020 7813 3000
NOT FOR RESALE



Ready to discover the best of London? Jump on public transport and get exploring – visit timeout.com/off-peak

School



CHRIS O'DONOVAN

'Mission: Invertebrate'



Make the most of your local park this July – find out more at nationalparkcity.london



It's out* *or is it?

Summer days out can be fun *and* educational. *Laura Lee Davies* picks ones to get kids inspired about natural history, art, science and more

Get down with bugs

From nursery up, creepy crawlies and ecology are prime curriculum territory, so get along to the minibeasts roadshow hitting London's Royal Parks this summer – it's like Mother Nature's Lollapalooza.

Drop in to **'Mission: Invertebrate'** for storytelling and creative sessions that will help the whole family get down with bugs of all shapes and sizes, totally free of charge.

→ Various Royal Parks. Jul 25-Aug 29.
Ages three-plus. Free.

Sail the seas

Nurture a fascination for far-flung lands at the **National Maritime Museum**. Even tinies can toddle across the Great Map on the mezzanine, and the

Ahoy! gallery is full of hands-on play activities to inspire under-eights. For ages eight-plus, there's an immersive game, too: 'Raiders of the Lost Archive'. It promises swashbuckling and seafaring, without ever leaving the museum.

→ National Maritime Museum. Cutty Sark DLR. Open daily. All ages. Free. 'Raider of the Lost Archive', Sundays until Aug 4. Ages eight-plus. £18-£23, booking essential.

Wax poetical

Most children don't meet Shakespeare until they have GCSEs racing towards them and they're wondering how on earth you 'murder sleep'. Get the verse flowing early, and all those plots and soliloquies make a lot more sense. **Shakespeare's Globe** has summer workshops and storytelling sessions for aspiring Bards based on this season's programme of productions, including 'Henry V' and 'A Midsummer Night's Dream'.

→ Shakespeare's Globe. ⊕ Blackfriars. Jul 26-28. Ages five-12. £7-£10. →



Super-smart days out

Holborn Dining Room masterclass



Inspire tiny foodies

Get 'rough puff' and 'egg wash' into your child's vocabulary over the summer hols. **Holborn Dining Room** (famed for its Pie Room) is running kids' masterclasses, where pint-sized patissiers can make their own sausage rolls and apple pies to take home. Too sophisticated for your little chefs? Book a Children's Chocolate Workshop at **Hotel Chocolat** – and just hope they're up for sharing the results of their labour.

→ Holborn Dining Room. ⊖ Holborn. Jul 20, Aug 3.

Ages seven-11. £65 per child. Hotel Chocolat Covent Garden.

⊖ Covent Garden. Various dates Jul 20-Aug 31. Ages five-13.

£20 per child.

Get pedalling

Cycling is a great way to get out and get some exercise while exploring. For one Saturday in August, central London will go car-free for cyclists of all age and abilities, for **RideLondon FreeCycle**. The eight-mile route takes in some of London's great landmarks, while Festival Zones along the way offer entertainment, food stalls and picnic areas. It's a great way to introduce kids to London on two wheels.

→ Circular route via City, Embankment, Green Park and Strand. Aug 3.

9am-4pm. All ages. Free (register in advance).

RideLondon FreeCycle



HOLBORN DINING ROOM: ALEXANSTEVY; RIDE LONDON FREECYCLE: JED LEICESTER FOR PRUDENTIAL RIDE LONDON



Ready to discover the best of London? Jump on public transport and get exploring – visit [timeout.com/off-peak](https://www.timeout.com/off-peak)

DINOSAUR WORLD LIVE

Wembley Park



'GREAT FUN. HIGHLY RECOMMENDED FOR ALL AGES'

WHAT'S GOOD TO DO



Troubadour
WEMBLEY PARK THEATRE

18 JUL – 1 SEP 2019

Wembley Park – a 12 min tube from Baker Street
troubadourtheatres.com/wembley-park

FOR ALL THE FAMILY
AGES 3+



MONSTERSAURUS!



Aliens Love Underpants



WHITE CITY PLACE



Troubadour
WHITE CITY THEATRE

LITTLE BABY BUM 23 JUL – 3 AUG
MONSTERSAURUS 24 JUL – 11 AUG
ALIENS LOVE UNDERPANTS – 13 AUG – 1 SEP

Minutes from Westfield
troubadourtheatres.com/white-city

Super-smart days out



'Tower Escape' at Tower of London

Escape history

The Tower of London is always a good bet for Year 7s who want to ace a medieval castles project, but while you're there, don't miss this summer's 30-minute live performance game, **'Tower Escape'**. This family trail challenges you to break out from London's most notorious (and picturesque) prison. Meet real prisoners from the past, gather clues and equipment, and flee – if you can.

→ Tower of London. ⊕ Tower Hill. Until Aug 31, 11.30am, 1pm and 3.30pm. Ages six-13. Free with entry price.

Make a mark

Keeping every doodle since nursery for Picasso Jr's retrospective at the Royal Academy sometime in the future? The **8-14's Studio at Tate Modern** encourages making mixed-media art from new angles, inspired by the galleries. These drop-in



'AI: More Than Human'

workshops focus on sculpture, animation and sound and are led by rising art stars, so you'll definitely have something new (and possibly ground-breaking and critically acclaimed) to stick on the fridge at the end of the session.

→ Tate Modern. ⊕ Southwark. Jul 20 and Aug 17, noon-2pm, 3pm-5pm. Ages 8-14. Free.

See into the future...

Inspire the geniuses of tomorrow with physics, engineering and philosophy all in one go. The Barbican's **'AI: More Than Human'** exhibition explores the present and future of artificial intelligence. In reality, you don't need to be some kind of mega-boffin to enjoy petting Sony's cyborg puppy or to have a go at designing an entire Lego city. Kids can also create a giant robot version of themselves and teach it how to move and do things (although this will almost certainly involve it picking its giant robot nose). ■

→ 'AI: More Than Human', Barbican. ⊕ Barbican. Until Aug 26. Ages seven-plus. £15, concs £11-12, under-17s £10, under-14s free.



Enjoy cycling and walking in London's great outdoors this summer – get inspired at timeout.com/off-peak

WE HAVE A DIFFERENT VIEW OF CAPTURING LONDON



AND KIDS GO FREE
with a Family River Pass

Stunning Thames sightseeing cruises from £10.75

Sailing every day, every 40 minutes from our piers at Westminster, London Eye, Tower of London and Greenwich. It's time to treat yourself.

citycruises

GET A DIFFERENT VIEW OF RUSH HOUR



FROM £39 PP

Take a thrilling, high-speed, aquabatic ride on the ThamesJet

Hold on tight for 50 minutes of awesome, action-packed sightseeing. From Westminster you'll sweep past all the famous attractions, taking in London's skyline in a breathtaking new light. Once in the speed zone, it's a white knuckle river ride around Canary Wharf.

THAMESJET
by **citycruises**

LET ADVENTURE LEAD YOU HOME

playmobil

THE
MOVIE



IN CINEMAS AUGUST 9

LITTLE DRAGON 29 FILM HOLDING ONDA DMG playmobil STUDIOCANAL

SOLVE THE PLAYMOBIL: THE MOVIE PUZZLES!



YOUR NEXT MISSION... FIND THE WORDS!

- 1) AGENT
- 2) ADVENTURE
- 3) UNICORN
- 4) BEAST
- 5) VIKING
- 6) TUXEDO
- 7) GADGETS
- 8) FAIRYTALE

K Z A C R L S O P K Z A C R L S O G R E S W P W Y T C W T
 M F R I T Y T A O M F W I G Y T N L T O R N A D J G B E G
 A D L O V M T T L N D L O V M I Q E H D B H S R G V S R V
 J G B I C N Z U K J S K I C K Z E C B S J Y X T A V X R W
 U E E N I C O X I U E U N I C O R N E A G L R R D A T T A
 Y R A N L H P E F Y R R V L H P E I M G P F A U G A D H J
 A T S Y T R F D J A T F Y T R F W R H E R U T N E V D A S
 B G T R B E A O N B T R R B E A S P O F N F N O T B N I B
 G V I D S R H T H G V I D S R H T J G M R T H I S G H O G
 F D G C A T W D G F A I R Y T A L E W S Y S G D C L G I L



CAN YOU SPOT ALL FOUR DIFFERENCES?

- 1)
- 2)
- 3)
- 4)

CAN YOU CRACK THE SECRET CODE?

A	O	Y	U	P	B
T	S	C	N	I	D

ANSWERS: SPOT THE DIFFERENCE - 1) MISSING WINDOW 2) MISSING BRICK ON WALL 3) PURPLE SHIELD ON FLOOR HAS CHANGED COLOUR 4) SPIKE ON BELT IS MISSING. CRACK THE CODE - SPY



When her younger brother Charlie unexpectedly disappears into the magical, animated universe of PLAYMOBIL®, Marla must go on the adventure of a lifetime to bring him home.

www.PlaymobilTheMovie.co.uk





Five summer blockbusters not to miss

The Lion King

The biggest movie of the summer is this starry CGI redo of the beloved animated classic. With Donald Glover and Beyoncé in the voice cast, it's sure to be a rip-roaring smash.

→ Out Jul 19

Horrible Histories: The Movie – Rotten Romans

The Horrible Histories crew make their big-screen debut with a giddy Roman Britain caper.

→ Out Jul 26

Angry Birds 2

The antagonist avians are back for more pig-goading in this follow-up to the movie based on the game that cost you most of 2016.

→ Out Aug 2

Playmobil: The Movie

Filling 'The Lego Movie' gap this summer is this mostly animated adventure based on all Gen Xers' second-favourite childhood toy.

→ Out Aug 9

Dora and the Lost City of Gold

This spin-off of the Nickelodeon TV series has a bit of a 'Spy Kids' vibe, with Dora on the trail of a long-lost Inca civilisation. Think Indiana Jones but with more homework.

→ Out Aug 16



Summer watch list

Want to wean them off Netflix? *Phil de Semlyen* selects London's the best summer screenings, packed with films for all ages

Harry Potter in a palace

What to see? 'Harry Potter and the Chamber of Secrets'

Where Luna Kids Cinema

When Aug 15

You won't need to enter through a disused bathroom – this screening is in a real-life palace, in the gardens of Hampton Court.

→ Hampton Court Palace. Hampton Court rail.

Ghibli gems at the BM

What to see? 'The Tale of the Princess Kaguya'

Where Studio Ghibli season at The British Museum

When Aug 2

For glorious storytelling in awesome surroundings, try this fantasy from Studio Ghibli, whose animations delight all ages.

→ The British Museum. ⇄ Holborn.

Family-friendly blockbusters in Leicester Square

What to see? 'Ghostbusters'

Where Leicester Square Summer Screenings

When Aug 9

It's back-to-back family-friendly fare in the square as the home of blockbusters moves into outdoor cinema. 'Ghostbusters' is an ectoplasmic highlight for older kids.

→ Leicester Square. ⇄ Leicester Square.

Modern Disney in historic surroundings

What to see? 'Moana'

Where Hidden Cinema

When Aug 10

Historic England hosts the first screenings in a listed London building. Catch tune-tastic 'Moana' in E2's neo-Jacobean Oxford House.

→ Oxford House. ⇄ Bethnal Green.

David Bowie by the river

What to see? 'Labyrinth'

Where Pop Up Screens at Canbury Gardens

When Aug 1

It's probably time you introduced your kids to the still magical – and quotable – charms of 'Labyrinth'. Catch Jareth the Goblin King (aka David Bowie) in Kingston.

→ Canbury Gardens. Hampton Wick Rail.

One for all the family at Somerset House

What to see? 'The Princess Bride'

Where Film4 Summer Screen

When Aug 11

The culture vulture's outdoor screen of choice returns to the Somerset House quad with a mostly adult-orientated season of movies. But with beanbags on offer and a showing of the ever-charming 'The Princess Bride', there's a good reason to take the whole family.

→ Somerset House. ⇄ Temple.

Dinosaurs in the wild

What to see? 'Jurassic Park'

Where Movie Nights

When Aug 31

Canada Square Park may be a bit less verdant than your average gardens, but it's still a pretty fine spot to hunker down with a picnic and a free screening of Steven Spielberg's timeless dino disaster movie. You can also get your teeth into 'ET The Extra-Terrestrial' and 'Edward Scissorhands'. ■

→ Canada Square Park. ⇄ Canary Wharf

Leicester Square

Summer Sorted!

Great DVDs for family days in!



© 2019 Viacom International Inc. All Rights Reserved. Nickelodeon is a trademark of Viacom International Inc.

nickelodeon

Now available at Boots

in store | [boots.com](https://www.boots.com) | mobile | app

Available at selected Boots stores. Subject to availability

Boots

Let's feel good



A perfect **FAMILY** day in

Brighton

Sun, sea and Sussex. Swap the city for the south coast with a jam-packed family-friendly day out in Brighton

IF YOU ONLY DO ONE THING
 Ride the **Volk's Electric Railway**. Trains on Britain's oldest electric line run from Aquarium Station near the pier to Black Rock Station by the marina, and kids will love every second of the 12-minute journey. It's open now until October, and trains run every 15 minutes - so much better than a sticky turn on the Circle Line.

ON THOSE RARE occasions when both school and the sun are out, there's nowhere better to head than Brighton beach. The shingle shoreline is fringed with family-friendly things to do, from the wallet-busting coasters and carousels at Brighton Pier, to the free parks, playgrounds and paddling pools along the seafront. Step away from the beach and you've got indie shops and restaurants in The Lanes, and big open spaces like The Level for kids to run wild in. And when the weather's not playing ball, the seaside city lines up a long list of keep-them-dry activities. As far as family days out go, Brighton rocks!

First up

Hit the beach, Brighton's *raison d'être*. Skim pebbles off the shore, or paddle or swim if it's warm out - there are lifeguards on watch from May to September. To get a seagull's eye view of it all, race the offspring across **Brighton Zip**, a 32-metre-high dual zip line that follows a 300-metre stretch of the shoreline.

Stop for lunch

Any Brighton trip should involve a vinegar-soaked portion of chips, eaten while perched on the pebbles. Just pick a seafront chippy and you can't go wrong. For pudding it's either ice cream from **Boho Gelato**, or a cronut from **Dum Dum Donutterie**. Or both - it is the school holidays.

Keep on the cheap

King's Road Playground is right on the seafront, and it's got a paddling pool that's particularly good for younger kids. Or check out the free open-air pool and play area at **Hove Lagoon**, which has a skate park for teens. It's a short drive away or a quick hop on the 700 bus.

Learn something new

Brighton Museum & Art Gallery runs family sessions in the holidays, and has downloadable trails to get young children involved. **Brighton Toy & Model Museum** is packed to the rafters with twee pre-tech playthings, and **Sea Life Brighton** has a

glass-bottomed boat for studying creatures with budding Attenboroughs.

See something cool

Snap a photo of **Afloat**, the giant doughnut sculpture that's actually a squashed globe, just off the Palace Pier. Then watch too-cool-for-school skaters and BMX-ers strut their stuff at **The Level**. Or for a bit of perspective, see Brighton in miniature from the top of the **British Airways i360** observation tower. We could go on: Brighton is as cool as they come.

Burn off some energy

Let them run off that stick of sugary rock at **Preston Park**. It's a ten-minute walk from the train station away from the beach, and has a huge rock garden to explore plus a velodrome that's free to cycle on. Raining? **Phileas Fogg's World of Adventures** is a good indoor option, as is **Global's** crazy golf course. That journey home should be a cinch. ■ *Katie Gregory*

→ Get there: about an hour by train from Victoria, London Bridge or Blackfriars; about two hours by car.



Discover more than 700 fantastic experiences this summer - visit timeout.com/culturalflmap



BRIGHTON PIER



Brighton
from
£5
one way

Book now at southernrailway.com

Summer.
Get there by train.



Subject to availability. Terms and Conditions apply. Selected Southern trains only. Visit southernrailway.com/advance for details.

TIME OUT TRIES

Campervanning with the kids



DREAMLAND
M A R G A T E

ESCAPE TO THE ROLLER COAST

SUMMER OF FAMILY FUN
19 July - 1 September

FREE ENTRY

#1000milesPerHour
dreamland.co.uk

THE FAMILY THAT campervans together is the family that eats, sleeps and carsicks together. And yet, it can be utterly brilliant, as I found out when I slung my boys into a rented California Camper and headed east.

Leaving London always sucks, because every other Londoner is trying to leave at exactly the same time. But when you are enthroned on-high in a van, the journey becomes part of the adventure, not just a grim means to an end. As we whiled away the hours eating a delicious picnic at an actual table and fiddling with our retractable fridge, we pitied the poor car people below. Also, the seats were really far apart, which prevented fratricide. Big parental tick!

The thing about actual camping is that you go for miles out to the wilderness then end up in a field jammed right next to 50 Boden-clad Islingtonites and a shower block. But our destination, Badgell's Wood in Kent, only an hour from London, was a little bit closer to the wild. Pitches are in circular clearings amid the trees. Each copse has a firepit and a place to string a hammock. You glimpse other people through the branches, but

it's quiet, with a chilled out eco-vibe. The kids howled at the moon, shot each other with homemade arrows, and ate cold baked beans. Plus: none of my three boys fell into the composting eco-toilets, perched on stilts above tall piles of sawdust and poop. It was not for want of trying.

Our luxe-hippy, 'I've just come from Burning Man' California Camper was loads more comfortable than a tent and made friends wherever it went. Upstairs, two children can bunk in the elevated roof. And the pull-out bed below is ample for grown-ups. When we woke up in the morning, we cooked bacon on the little gas stove in the van, and ate it huddled in the doorway, looking out at the mist rising from the forest floor. Then we headed out for a spot of foraging and archery in the woods (they do holiday classes here, too). My townie kids slowed down, and sloped off into the trees. To go truly off-grid, you should head to Scotland or Romania. But this was a tantalisingly accessible taste of freedom and the open road. Vantastic, indeed. ■

Caroline McGinn

→ California Camper Van summer rates from £575, www.campervantastic.com. Badgells Wood Camping, Kent, DA13 0UF.



Enjoy cycling and walking in London's great outdoors this summer – get inspired at timeout.com/off-peak

the JUNGLE adventure

FREE SUMMER EVENT
26 JULY – 4 AUGUST

FEATURING CLIMBING WALL, GAMES, PRIZES AND MORE*



Westfield
LONDON W12

*TERMS AND CONDITIONS APPLY.
VISIT WESTFIELD.COM/UK

Historic Royal Palaces
Tower of London

LOSE YOURSELF IN THE CROWN JEWELS

Discover the treasures that united the kingdom, secured in London's castle, the Tower of London.



Book online to save

Members go free

👉 Tower Hill



Royal Collection Trust © 2019, Her Majesty Queen Elizabeth II

CULTURE MILE THIS WEEKEND

Bringing you inspiring, free events in unexpected places, from Farringdon to Moorgate



The House of Wayward Plants - Plant Adoption

Visit Culture Mile's summer pavilion, share your plant stories, fill out an adoption application and then take a plant from RHS Hampton Court Place Garden Festival home. First come, first served.
Smithfield Rotunda Gardens, EC1A 9BD
Saturday 19 July 2019, 11am - 1pm

Culture Mile Explorers Outdoor Kids Club

Join us for an afternoon filled with activities that explore nature and the world we live in.
The Gardens at London Wall Place, EC2Y 5AU
Every Saturday until 3 August 2019, 12 - 4pm

Visit www.culturemile.london for the full event listings.
#PlayTheMile
@CultureMileLDN



Tea



El Dolce Nino

time

Afternoon tea doesn't have to be a snooty, kid-free zone, says *Katie Gregory*. Here are some fun family high teas with a twist

The pizza and chocolate one

Up for something hearty? Monmouth Kitchen does a kids' version of its afternoon tea, and there's not a crustless cucumber sandwich in sight. The Italian-meets-Peruvian menu includes a margherita pizza, cherry tomato bruschetta and chunky churros with

Peruvian chocolate sauce, so it's perfect for growing gourmands. Plus, they can wash it all down with more cocoa-filled goodness courtesy of a hot rococo chocolate – right before they start bouncing off the walls.

→ El Dolce Nino at Monmouth Kitchen.

20 Mercer St. WC2H 9HD. ☎ Covent Garden. £30, £16 child.



Afternoon teas

The wizarding one

Budding wand-wavers will love the fantastical feast at Cutter & Squidge, which has an enchanting teatime riff on the school of sorcery theme. This classy Soho cake shop has an underground potion room: descend the stairs to a magical schoolroom space complete with wooden desks and a cloaked Potion Professor. With their help you'll create drinkable and edible concoctions – from mix-your-own 'galaxy juice' to a crackling, lemony cauldron. Expect loads of magical surprises along the way.

→ The Potion Room, Cutter & Squidge.
20 Brewer St, W1F 0SJ. ☺ Piccadilly Circus.
Session lasts two hours. £49.50, £39.50 child (ages eight-12).

The one on a big red bus

Tea and cake on a bus, you say? Yes, wheely. The talented team at Brigit's Bakery serve a French-inspired afternoon tea on board a vintage Routemaster bus, so children can cruise past London landmarks as they nibble on delicate finger sandwiches and teeny cakes and tarts. Daily tours set off near Trafalgar Square and Victoria Coach Station, and last about one hour and 20 minutes, depending on traffic. Take them for a wee first, though: there's no loo on the bus.

→ B Bakery Afternoon Tea London Bus Tour.
Various departure points. From £45, from £35 child (ages five-11).

The sciencey one

Taking them to the Science Museum in the hols? A boffin-themed afternoon tea at the nearby Ampersand Hotel is a popular pre- or post-museum stop-off, so you'll need to book ahead. Children will be wide-eyed at the petite planet-shaped cakes, petri-dish jellies and edible fossils, all served on a rocket-shaped cake stand. Dry ice seeps from the base for maximum jaw-to-the-floor effect, and there's a more refined – though equally fun – version for grown-ups.

→ Kids' Sci-Fi Afternoon Tea at the Ampersand Hotel. 10 Harrington Rd, SW7 3ER. ☺ South Kensington. £39.50, £29.50 child.

The nostalgic one

For a dose of old-school childhood charm, book a table at The Savoy for a slap-up feed inspired by 'The Tiger Who Came to Tea'. Celebrating 50 years of the late, great Judith Kerr's beloved book about a pretty big (and famished) cat, the menu draws on elements from the time-served story – from Sophie's Sandwiches and Mummy's Cookie Crumbs to tiger-striped scones with clotted cream and strawberry jam. It's all dished up on bespoke china that you can buy from Savoy Tea to take home with you – just in case you get a surprise feline guest of your own.

→ 'The Tiger Who Came to Tea' Afternoon Tea at The Savoy. 2 Savoy Court, WC2R 0EZ. ☺ Charing Cross. From £65, £40 child (ages five-12).

The rabbit one

Le Méridien Piccadilly's glass-fronted, second-floor terrace makes a cracking indoor-outdoor setting for its Peter Rabbit-inspired afternoon tea. Only running until September, it features a menu that's chock-full of colourful treats straight from Mr McGregor's garden – from edible chocolate plant pots full of camomile-mousse soil to a strawberry ganache-filled mushroom with a meringue stem. The kids' version is served on a mini vegetable patch, the adults one is in a two-tier garden planter. Children of all ages are welcome. ■

→ Peter Rabbit Afternoon Tea at Le Méridien Piccadilly. 21 Piccadilly, W1J 0BH. ☺ Piccadilly Circus. £35, £25 child.

B Bakery Afternoon Tea London Bus Tour



Kids' Sci-Fi Afternoon Tea

Festival of Play 20 – 21 July 2019

Play is for everyone! Join us for two days of games, workshops and fun activities for all ages.

Free, drop in

In partnership with UCL's Playing the Archive project



Illustration by Poppy Swanton

SECRET UNIQUE UNMISSABLE



“Great Day Out”

TripAdvisor Reviewer, June 2019

RIDE MAIL RAIL, LONDON'S
HIDDEN POSTAL RAILWAY

BOOK ONLINE & SAVE

postalmuseum.org

Supported by  

AUDIO GUIDE NOW AVAILABLE



I was herbivore you

Get up close to the most complete *Stegosaurus* ever found. Don't worry: they're vegetarian.
Explore 4.6 billion years of our planet
nhm.ac.uk

N NATURAL
HISTORY
MUSEUM



WHAT'S THE DEAL WITH

The Twirlywoos Live



Pre-school telly's strangest creatures are finally hitting the London stage this summer

Twirlywhat?

You know, the Twirlywoos. Live on stage for the very first time.

Twirlywho?

Oh, come on: Great BigHoo, Toodloo, Chickedy and Chick. And Peekaboo.

Are you having a stroke?

No, I'm talking about beloved pre-school stop-motion characters the Twirlywoos, as seen on CBeebies. They're sort of, um, globular naïfs who traverse an endlessly placid sea in a boat controlled by an unseen someone. Occasionally they visit the human world for notionally educational purposes, though usually they just wreak utter havoc and don't actually seem to learn anything. They also have a pal called Peekaboo who looks a bit like a starfish and isn't allowed to leave the boat with them.

Okay. What of it?

Well, finally there's a stage version, which is going to headline the Underbelly Festival this summer, expanded to a gloriously cinematic 60 minutes.

Will it involve people in silly costumes?

It will not. Kids' shows that involve creature costumes are inevitably appallingly basic. This is a more classy puppet-driven affair.

And what happens in it?

It's difficult to explain this sort of thing without sounding like a lunatic. Apparently the Twirlywoos will be causing mischief at a laundrette and making a mess at a pizzeria. There will presumably also be the chance to sing along to the show's frankly iconic theme tune.

Anything else?

Yes: as per each episode, after their adventures, the Twirlywoos receive a guest on their boat. And naturally in the live show they'll be visited by the greatest and most terrifying of their guests: The Very Important Lady. She is an opera singer who blows herself up by hitting excessively high notes.

I... What?!

This is what two-year-olds are into now, just go with it. ■ *Andrzej Lukowski*
→ Underbelly Festival. @ Embankment. Aug 3-31. £14.50-£30.

More great adaptations on stage

The Falcon's Malteaser

Take older offspring to Waterloo Vaults for this version of Anthony Horowitz's young adult spoof novel about the world's worst detective.

→ The Vaults. @ Waterloo.
Jul 17-Aug 25. £15-£35.

Mr Gum and the Dancing Bear: The Musical

Andy Stanton's beloved books about a mean old man and the kids who thwart him is being turned into an all-singing show.

→ National Theatre, Dorfman.
@ Waterloo. Jul 25-Aug 31. £15-£45.

The Very Hungry Caterpillar Show

Enormous new White City theatre the Troubadour is opening with a slew of kids' shows, including this take on the classic tale.

→ Troubadour White City Theatre.
@ White City. Aug 7-Sep 1. £15-£25.

The Worst Witch

The stage version of the adventures of Jill Murphy's witch-in-training Mildred Hubble got great reviews on its UK tour last year.

→ Vaudeville Theatre. @ Charing Cross.
Jul 24-Sep 8. £20-£52.50.

Zog

Julia Donaldson and Axel Scheffler's stereotype-busting dragon gets a puppet-propelled outing, with songs by Johnny Flynn.

→ Cadogan Hall. @ Sloane Square.
Jul 31-Aug 25. £18.25.

"A BEWITCHING, UNMISSABLE TREAT FOR THE WHOLE FAMILY."
Evening Standard

WICKED
THE UNTOLD STORY OF THE WITCHES OF OZ

EXTRA SHOWS ADDED FOR SUMMER

WickedTheMusical.co.uk • #WickedUK

THE APOLLO VICTORIA THEATRE • SW1V 1LG • VICTORIA

National Theatre

MR GUM
and the Dancing Bear

THE MUSICAL!

book and lyrics by Andy Stanton
music by Jim Fortune

Based on the anarchic children's books

25 July – 31 Aug
For ages 7+

Kids go half price
Excludes tickets under £30

ARTS COUNCIL ENGLAND
Supported by public funding by ARTS COUNCIL ENGLAND

SOUTHBANK CENTRE

ZooNation's
TALES OF THE TURNTABLE

ZooNation Youth Company's new high-octane dance show

15 – 26 AUG

ARTS COUNCIL ENGLAND

BOOK NOW



Wild Skills

Got a young Ray Mears on your hands? This five-hour session in Hyde Park is ideal for channeling that explorer energy (and will give your front room a break from being turned into Everest base camp).

Your wannabe Bear Grylls can fashion dens from sticks, hunt for bugs in wildflower meadows and weave baskets out of grass. And as it's run by a team of outdoor educators, it shouldn't turn into 'Lord of the Flies'. ■ *Charlie Allenby*

→ Wild Skills, Hyde Park. ☹ Hyde Park Corner. Tue Aug 20. £20.

THREE OF THE BEST

Really wild activities



↑ Wetland Explorers

Wellies and wetsuits at the ready. Pick up a trail map from Wetland HQ and hone your explorer skills by taking on the wild play challenges and the all-new 'Swamp Survival Squad'. Even if the sun is shining, expect it to be a damp day out.

→ London Wetland Centre. Barnes rail. Sat Jul 20-Sep 1. Free with entry.



↑ Woodland Survivors

Branch out from your bog-standard educational activities this summer and have a go at building a bushcraft shelter at this woodland craft workshop. What a tree-t!

→ Epping Forest Visitor Centre. ☹ Loughton. Tue Aug 6. £3.



↑ Bug hunting

Worms, grasshoppers and newts are on the menu (not literally) at this 45-minute bug-spotting session. The guided hunt takes place in the meadows of Greenwich's very own eco park, and is perfect for any budding entomologists. ■ *Charlie Allenby*

→ Greenwich Peninsula Ecology Park. ☹ North Greenwich. Various dates. Free.



Kids under 11 travel free on bus and Tube

Go and discover London at timeout.com/off-peak

MAYOR OF LONDON

TimeOut



Make the most of your local park this July - find out more at nationalparkcity.london

Join the

Sat 20 July to Sun 1 Sept

WETLAND EXPLORERS

AT LONDON WETLAND CENTRE

THIS SUMMER HOLIDAY



Find out more
www.wt.org.uk/london/wetland-explorers

WWT

London transport museum

SUMMER FAMILY FUN

20 July - 1 September 2019

Six weeks of STEM inspired family fun



KIDS GO FREE

- TEXTILE TECHIES
- DIGITAL DETECTIVES
- CODE-MAKERS

TAP INTO THE WONDERFUL WORLD OF OFF-PEAK

ARTS COUNCIL ENGLAND Supported using public funding by ARTS COUNCIL ENGLAND

MAYOR OF LONDON

mastercard

ltmuseum.co.uk
 Registered charity number 1123122

MILDRED HUBBLE SPELLS TROUBLE

THE WORST WITCH

Adapted from JILL MURPHY's original books by EMMA REEVES



TICKETS FROM £20

LIMITED SEASON FROM 24 JULY
 VAUDEVILLE THEATRE
nimaxtheatres.com #WorstWitchThePlay

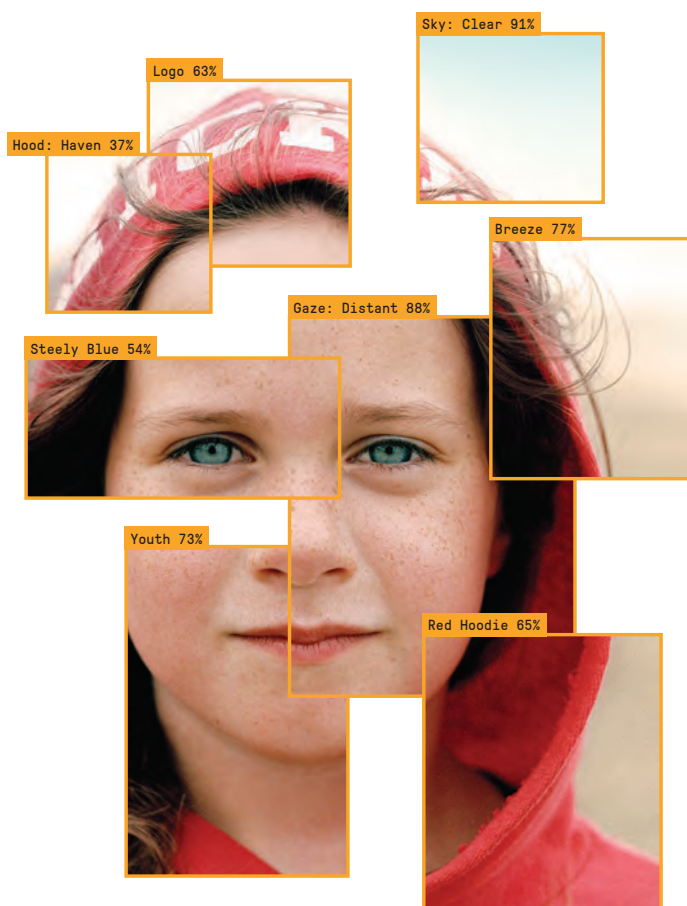
AI • more than human

Until 26 Aug

An exhibition that explores the relationship between humans and artificial intelligence

Under 14s go free

Media Partner: Time Out



CATCH THE FUN THIS SUMMER!

BENNY ANDERSSON & BJORN ULVAEUS'

MAMMA MIA!

THE SMASH HIT MUSICAL BASED ON THE SONGS OF ABBA®

mamma-mia.com

NOVELLO THEATRE

ALDWYCH | WC2B 4LD | COVENT GARDEN



Five spots for Tottenham tots

Traditionally big on community, Tottenham has plenty to offer families this summer



River Lea



Blighty Café



Lordship Recreation Ground

1 Lordship Recreation Ground

This park earns extra cool points for its 'model traffic area'. Built in the 1930s to teach children road safety, this mini road system is still brilliant for honing bike skills. There's also a BMX dirt track and a playground for tinies. If it's hot, pack a towel for the paddling pool. Its Hub co-op throngs with daily classes, though the café at Downhills Park is better for fish and chips and veggie nosh. → Lordship Lane, N17 6NU. Bruce Grove rail.

2 Stronghold Climbing Centre

Take on north London's north face. Stronghold is one of the UK's largest bouldering centres, with challenges for all abilities and a climbing-focused gym, but it also really 'gets' local – there's plenty of hang-out space for teens to just, well, hang out. Too hot to climb? Head for the flumes and wave machine at Tottenham Green Pool instead. → 18 Ashley Rd, N17 9LJ. Tottenham Hale.

3 Bernie Grant Arts Centre

Sure, there's Bruce Castle Museum for history. But pick Bernie's for culture. The airy Blooming Scent Café dishes up

a Caribbean menu, and events include cinema, classes and exhibitions. One of the most popular sessions is Steppaz, where dance and drama lovers from three up (yes that includes you, mum and dad) can release their inner Ashley Banjo.

→ Town Hall Approach Rd, N15 4RX. Seven Sisters.

4 Tottenham Marshes

Sure, N15's one-way system is a bit of a nightmare, but the waterways, quiet paths and wild grassland of the Marshes make for a peaceful contrast. For toddling explorers in search of minibeasts and older kids who need to let off steam, there's plenty of space and big skies for everyone.

→ Watermead Way, N17 0XD. Northumberland Park rail.

5 Blighty Café

Well stocked with toys to occupy restless little diners, Blighty is a lively pitstop. Dubbed 'a Commonwealth of Nations café', its global flavours feature in everything from eggs to waffles, including a Full Pakistani breakfast alongside your standard Full English. Yum! ■

Laura Lee Davies
→ 266 High Rd, N15 4AJ. Seven Sisters.

TAP INTO THE WONDERFUL WORLD OF OFF-PEAK

Travel in Zones 2-6 for £1.50

Go and discover London at timeout.com/off-peak

Off-peak fares apply on weekdays before 06:30, between 09:30 and 15:59, and after 19:00, plus all day at weekends and bank holidays. Fare shown is for an adult off-peak pay as you go journey not going via Zone 1 on Tube, DLR and most London Overground services. Always touch in and out with the same card or device to pay the right fare.

MAYOR OF LONDON TimeOut TRANSPORT FOR LONDON EVERY JOURNEY MATTERS

LORDSHIP: RICHARD HARVEY / ALAMY STOCK PHOTO; RIVER LEA: RICHARD BARNES / ALAMY STOCK PHOTO



Discover more than 700 fantastic experiences this summer – visit timeout.com/culturalmap



Make a splash

Thanks to London's canals, rivers and docks, it's easy to find some wild, water-based fun in the sun. Here are eight great splashy sports for kids and teens

1 Paddleboarding

Stand-up paddleboarding (aka SUP) is all the rage with ripped adults (we're looking at you, Orlando Bloom), but kids can get a slice of the action too. Nippers as young as eight can try Active360's canal-based lessons at Brentford Lock or Paddington Basin SUP schools.

→ Active360. ⊕ Brentford rail.

2 Kayaking

Similar to canoeing, but with a double-bladed paddle, kayaking is a fun activity for all ages to try. Kayaking London offers regular classes for nine-to-19-year-olds, and its base on the Thames makes for some amazing views from the water.

→ Kayaking London. ⊕ Imperial Wharf.

3 Boating

Take things at a more leisurely pace. GoBoat offers self-drive tours of the canal from Paddington, with the longer routes sailing past London Zoo. There's space for eight, should your kids fancy bringing crewmates. Plus, dogs are welcome for the complete family day out.

→ GoBoat. ⊕ Paddington.

4 Rafting

Throw them in at the deep end (not literally!) with a white-water rafting adventure at the Lee Valley White Water Centre, the London 2012 Olympic site. Kids as young as ten can experience an adrenaline-fuelled ride as they twist and turn their way around the Legacy loop. With a maximum of five people per raft, get stuck in with the kids. Just remember to hold on tight!

→ Go White Water. Waltham Cross rail.

5 Canoeing

Paddle your way around the canals and rivers of the Queen Elizabeth Olympic Park and get up close with Hackney Wick's waterborne residents. Suitable for two adults and two small children, each canoe is extremely stable (so there shouldn't be any chance of a little one going for an unplanned dip), while its jazzy cow-pattern design will get you moo-ving.

→ Moo Canoes. Hackney Wick Overground.

6 Windsurfing

Put the wind in your sails at a Docklands windsurfing session. Beginners will grasp the basics of balancing before moving on to mastering various sailing techniques. Knot to be missed.

→ Docklands Sailing and Watersports Centre. Crossharbour DLR.

7 Wakeboarding

Got an adventurous ten-year-old? This hour-long introduction to wakeboarding should put smiles on little faces, while you can sit back and watch them whizz around the Royal Docks from the comfort of the site's sandy beach.

→ Wakeup Docklands. Royal Victoria DLR.

8 Rowing

Think you've got a future Olympian on your hands, but not sure how to get them started? The Royal Albert Dock will be hosting taster sessions for anyone aged 11 and above to take up an oar for the first time. That gold medal just got one step closer. ■ Charlie Allenby

→ Royal Docks Adventure. Royal Albert DLR.

nickelodeon™
JOJO SIWA
D.R.E.A.M.
** the tour **

NOVEMBER 3
The O2, London

AEGPRESENTS.CO.UK/JOJOSIWA

AEG **axs**

Fresh air

Family fun

Free films

Leicester Square Summer Screenings

Join us for free open-air movies and family fun in London's entertainment heartland.
8 – 11 August 2019

www.leicestersquare.london
 f t i @DiscoverLSQ

Free open air summer screenings
 Leicester Square Gardens
 8-11 August 2019

Leicester Square

Proudly Supported By
TimeOut



Free family fun with a day at the races

Turn off the tech and breathe in the fresh air. A day at the races is a great experience for families, especially during the summer season. Plus, under-18s go free throughout the summer holidays. Giddy up!

Looking for a new way to spend time with the family this summer? Take the bit between your teeth and try out your local racecourse. With more than 200 'under-18s Race Free' fixtures scheduled for the summer holidays, plus 40 designated Family Fixtures, there are activities on offer for all the kids – and that means no excuses for days stuck indoors. Here's what a family day at the races promises:

Horsing around

From running races to circus skills, there's a stable-load of child-friendly activities on offer at Family Fixtures across the country. Take a fairground ride, get your face painted and enjoy the atmosphere in a special setting. Each racecourse is putting on their own unique programme of events giving you plenty to choose from. But the best bit? It's free admission for under-18s.



Pause for a picnic

With so much open space, this is your chance to throw down a rug, watch the kids run around and unpack your picnic, saving you the bother of having to buy lunch for the whole clan. Set in some of Britain's best countryside, it's not just the horses that get to stretch their legs at the races. So say goodbye to the iPad and feast your eyes on green scenery instead while exploring the wide open space of the racetrack. Beats the concrete jungle, right?

Get to the rail

Get up close to the action by picking the perfect viewing spot. Somewhere in between the one furlong marker and the finishing line will give you a great position to not only see the horses running at full speed, but to hear the thundering hooves and cheering crowd behind you. Atmospheric stuff.

Roam the country

Ascot, Epsom, Windsor and Lingfield are all located close to London. But if you want to explore further afield, under-18s go free with a paying adult at venues across the country. Give yourself free reign to explore England's oldest racecourse at Chester or travel direct to beautiful Newton Abbot in Devon from London Paddington.



→ Start planning your family day out at the races at www.under18sracefree.com

TO DO

Fun family events

C Central N North S South E East W West

ANIMALS

C Lambeth Country Show

The Lambeth Country Show has brought country pursuits to Brockwell Park for the last 45 years and the 2019 instalment will once again feature a homegrown veg-carving competition, sheep-shearing, sheepdog and owl displays, and lots, lots more.
→ Brockwell Park. Herne Hill rail. Sat Jul 20-Sun Jul 21. Free.

C 'Beasts of London'

Come face-to-face with the beasts who once roamed the city in the Museum of London's new interactive digital installation. 'Beasts of London' takes visitors on a journey through London's past via animal narrators.
→ Museum of London.
⊖ St Paul's. Until Jan 5 2020. £10, £5 child.

C Native Species Week

Hedgehogs, barn owls and Scottish wildcats will all be the focus during Battersea Park Children's Zoo's

week-long celebration of the UK's native species. Learn interesting facts about each breed and take part in some fun themed activities.
→ Battersea Park Children's Zoo. Battersea Park rail. Aug 19-23. £9.95, £7.95 child.

C Animal Adventure

The zoo is already a great day out for little ones who want to get up close with some exotic animals. But this summer, the site is opening a zoo within a zoo that's just for kids. As well as a new play park, there will be more than 50 furry, spiky, feathery and four-legged residents.
→ ZSL London Zoo.
⊖ Camden Town. From Jul 31. £28.64, £18.61 child.



E The Wildlife Walk

Got a mini David Attenborough on your hands? Get them down to this peaceful wildlife walk around the lush Rainham Marshes. And even if they already know their mallards from their moorhens, a knowledgeable RSPB tour guide will be on hand to answer any ornithological questions that pop into their heads.
→ RSPB Rainham Marshes Nature Reserve. Purfleet rail. Sun Jul 21. £5, £2 child.

SPLASH

N Hampstead Beach

Soak up the sun at JW3 with its very own urban beach, complete with an inbuilt paddling pool and areas to splash around in. Buckets and spades are provided, and expect food (from excellent in-house restaurant Zest) plus some special events so you can get your summer fix for free.
→ JW3.
⊖ Finchley Rd. Until Sep 1. Free.

FILM

C Summer by the River

There's a heap of musical, fitness and dance-based events happening down by the Mayor's place this summer, but if your kids are too young to tango – and

trust us, they almost certainly are – why not pop down and watch Pixar's giddy Mexican fable 'Coco' while overlooking the Thames. Fantástico!
→ The Scoop. ⊖ London Bridge. Aug 13. Free.

W Luna Kids Cinema

The kids version of this popular pop-up cinema outfit doesn't disappoint. Hampton Court Palace is the setting, and although it's weather-dependent, it not only gets your little ones out of the house but keeps them (and you) entertained, too. Highlights include 'Harry Potter and the Chamber of Secrets', 'Moana', 'The Lego Movie 2' and 'The Little Mermaid'.
→ Hampton Court Palace. Hampton Court rail. Aug 14-18. £13.50, £8 child.

C Leicester Square Summer Screenings 2019

It might be the home of glitzy film premieres and celeb-filled red carpets, but thanks to the return of Leicester Square's summer screen, you too can feel the movie magic. Beanbags and deckchairs will prevent the dreaded numb bum, and there will be more than enough space if you'd rather bring your own picnic blankets to lounge on. Earplugs are optional for the singalong 'Frozen'.
→ Leicester Square.
⊖ Leicester Square. Aug 8-11. Free.

C Farmyard Cinema: 'Unbranded'

Skip the stuffy cinema for an evening of watching in a beautiful barn, surrounded by

TAP INTO THE WONDERFUL WORLD OF OFF-PEAK

Travel by bus for £1.50

Go and discover London at timeout.com/off-peak

Fare shown is for an adult single. You can make unlimited journeys within one hour of first touching in. Always use the same card or device to touch in.

MAYOR OF LONDON TimeOut TRANSPORT FOR LONDON EVERY JOURNEY MATTERS

FREE

SUMMER

FUN!

AGES 2-12

ACTS OF KINDNESS

Get creative and spread a little love this summer: activities, digital workshops and trails in our gardens

Thursdays & Fridays: 15, 16, 22, 23, 29, 30 August

136 Kingsland Road, London E2 8EA Hoxton

www.geffrye-museum.org.uk



HORNIMAN MUSEUM & GARDENS

FREE

AN EXTRAORDINARY SUMMER

DAY IN DAY OUT

AT THE HORNIMAN MUSEUM AND GARDENS

EVERYONE WELCOME
Free Galleries of Natural History, World Cultures and Music
Beautiful free Gardens including an animal enclosure
Aquarium and Butterfly House
Brick Wonders exhibition, crazy golf and free live music

Admission fee applies to Aquarium, Butterfly House and some events

DISCOVER MORE AT HORNIMAN.AC.UK

Core-funded by the Department for Digital, Culture, Media and Sport

Supported using public funding by ARTS COUNCIL ENGLAND

FOREST HILL

FIVE STAR KIDS SHOW IN LONDON THIS SUMMER

4 TIMELESS STORIES 75 MAGICAL PUPPETS



"BEAUTIFUL, RHYTHMIC, AND FAITHFUL TO THE AUTHOR'S WORKS." - Time Out

Also featuring the stories



MEI Theatricals presents

Whirlywoos Live!

3rd - 31st August 2019

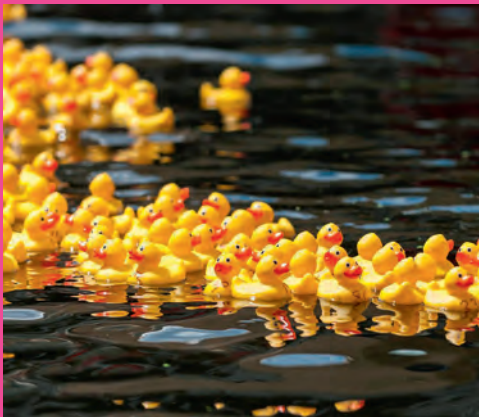
Tickets from £13 *plus £1.50 bkg fee online and over the phone

03333 444 167

UNDERBELLYFESTIVAL.COM

underbelly SOUTH BANK

DON'T MISS



Rubber Duck Race

Five hundred will start, but there can only be one winner. Back the fastest bobber and win some quacking prizes.

→ Merchant Square. ☉ Paddington. Jul 25. £3 per entry.

cute farmyard animals. The award-winning doc follows a group of men who decide it's a good idea to trek 3,000 miles from Mexico to Canada with a team of wild horses. One for the high-brow young adults out there.

→ Oasis Farm Waterloo.
☉ Lambeth North. Aug 29. £20.

‘Mary Poppins Returns’

Catch Emily Blunt and Lin-Manuel Miranda's movie in one of the places it was shot: the grand surroundings of the City's Banking Hall. To add a dining experience and a bit of Poppins sparkle, celebrity chef Ronnie Murray is creating a special supper menu. The Mary Poppins sundae with popping candy will help that medicine go down.

→ Banking Hall. ☉ Bank.
Jul 25-28. £20, £10 child.

‘The Clangers’

Let the kids experience a slice of history with a screening of the cult children's show at the Science Museum's Imax cinema. And if that wasn't enough, the showing will be introduced by the original narrator, a certain Sir Michael Palin. Sure, your little ones might be left baffled by the bleeps and buzzes, but your five-year-old self will be over the moon.

→ Science Museum. ☉ South Kensington. Sat July 20. £5.

Stratford Summer Screen

There's loads for families to do in Stratford, but if you've already visited the ace Discover Children's Story Centre, and shopping brings you out in hives, why not give the free new Stratford Summer

Screen a spin? An evening screening of 'Fantastic Beasts' should keep the wee mites happy.

→ The Spark. ☉ Stratford.
Until Aug 29. Free.

MAGIC

Whippersnappers Fairyland

Dulwich Park's Keepers Lodge will be transformed into a magical land of myth this August (even more so than usual). Make fairy garlands and pixie hats, help prepare a feast of fairy cakes, drink elderflower potions and load up on glittery face-paint before taking part in a theatrical production based on an Irish fairytale.

→ Dulwich Park. North Dulwich rail. Sat Jul 20-Aug 10.
£7.50, £12.50-£14.50 child.

THE NEXT STEP

ABSOLUTE DANCE
LIVE ON STAGE

MATINEE ADDED

TUESDAY 22 OCTOBER 2019
EVENTIM APOLLO LONDON

LIVENATION.CO.UK | TICKETMASTER.CO.UK | EVENTIMAPOLLO.COM
MEET & GREET VIP PACKAGES AVAILABLE AT VIPNATION.EU
CAST SUBJECT TO CHANGE

Free theatre tickets for kids in August

MUSICAL
COMEDY
DRAMA

Book now!

OFFICIAL LONDON THEATRE .com

KIDS WEEK

T&Cs apply

Family Events
exploring making
and performance

V&A

V&A South Kensington
vam.ac.uk/families
#vamFamilies

Illustration by Laurindo Feliciano, The Artworks, Illustrations Agency.



Zip Now London

wellcome collection

Smoke and Mirrors

The Psychology of Magic

"Great free show... massive delight"
Derren Brown

"See everything you think you know vanish in a puff of smoke"
Time Out

Free exhibition
Until 15 Sept 2019

wellcomecollection.org
⇌ Euston ⇌ Euston Square

Wellcome Collection is part of the Wellcome Trust. The Wellcome Trust is a charity registered in England and Wales, no. 210183. MP-695729/03-2019/LP

C The Ultimate Harry Potter Marathon

Got a tween that's potty for all things Potter? Let them stay up late and take them down to the Prince Charles Cinema for this all-night (and most of the following day) Hogwarts fest. As it's a night-time showing, you will have to attend too, but you'll be guaranteed to get in their good (spell) books.

→ Prince Charles Cinema. ⇌ Leicester Square. Jul 27. £32.50.

C 'Morgan & West's Utterly Spiffing Spectacular Magic Show for Kids (and Childish Grown Ups)'

Time-travelling magicians Morgan & West have sleeves full of tricks that will astound kids, and bamboozle adults. Close-up magic, jokes,

and plenty of audience involvement make this a ridiculously entertaining hour of Victorian-themed prestidigitation. Ages five-plus.
→ Underbelly Festival.
⇌ Waterloo. Sep 1. £10.

SPORTS

C Ride London

The world's largest festival of cycling returns to the capital. Head down to the FreeCycle event and take in landmarks such as Buckingham Palace and St Paul's Cathedral as you whizz around the closed seven-mile circuit. More of a spectator? Cheer on amateur riders taking part in the 100-mile fundraising challenge before the pros race for the line in the Grand Prix event.

→ Various London locations. Aug 3-4. Free.

S Plonk Crazy Golf

Get into the swing of things at this above-par south London pop-up. In addition to your run-of-the-(wind)mill loop-the-loops, there will also be some Horniman-themed specials (we're hoping for the walrus!).

→ Horniman Museum. Forest Hill Overground. Daily until Oct 27. £6, £4 child.

C Zip Now London

Want to make a thrill-seeker's summer? Zip Now London has returned to Lambeth for some more hair-raising experiences. Feel the wind blowing through your hair as you hurtle along the 225-metre zip wire descent at speeds of up to 30mph. Keeping your eyes open is recommended: screaming is unavoidable.

→ Archbishop's Park. ⇌ Lambeth North. Until Sep 15. £25 (over-8s).



Make the most of your local park this July - find out more at nationalparkcity.london



S 'The Gruffalo' Summer Party

Believe it or not, 'The Gruffalo' is turning 20 this year. But rather than celebrate like most 20-year-olds, he'll be throwing a family-friendly bash with all his pals (including Stick Man and Zog). Head along and help him blow out his candles.

→ Chessington World of Adventures Resort. Chessington South rail. Fri Jul 19-Sep 2. From £29.50.

FESTIVALS

C Underbelly Festival

It's summer on the South Bank, which can only mean one thing – the brilliant Underbelly Festival is back in town. This year's bash features plenty of kid-friendly fun. Prepare to be dazzled by a 21-strong puppet adaptation of 'Elmer the Patchwork Elephant', or tire out your tinies at the Baby Disco Dance Hall.

→ Underbelly Festival. ☉ Waterloo. Until Sep 29. Prices vary.

E Festival of Play

Workshops, games and activities for all ages are coming to the V&A Museum of Childhood for one weekend only. Have a go at making your own musical instrument (although you might want to invest in some earplugs for the rest of the summer...).

→ V&A Museum of Childhood. ☉ Bethnal Green. Sat Jul 20-Sun Jul 21. Free.

SCIENCE

C Brainiac Live!

Science's most volatile live show returns with a vengeance.

Strap on your safety goggles for a session of exploding dustbins and combusting microwaves.

→ Garrick Theatre. ☉ Leicester Square. Jul 31-Sep 1. £16.50-£33.

N Craft and Graft: Making Science Happen

Ever wondered how a science lab manages to breed, feed and store a million fruit flies for experiments? Well, prepare to be amazed. Skip science camp and take a behind-the-scenes look at the methods and people driving the latest advances. And it's not just flies – you can lift the lid on laser guides, cell-growers and tech-fixers too.

→ Francis Crick Institute. ☉ King's Cross. Until Nov 30. Free.

S CSI: Peckham

Immerse yourself in the world of crime scene investigation at this free forensics workshop. Learn how to cast footprints and read fingerprints before making some all-important slime.

→ Peckham Levels. Peckham Rye Overground. Aug 23-25. Free.

MUSIC

S Big Fish, Little Fish Family Rave

Rest assured: lame kids' party with distressing aquatic earworm 'Baby Shark' on repeat this ain't. The Outdoor Family Rave has serious musical chops – The Orb's Alex Paterson is one of the DJs. Expect four hours of (dad) dancing to the best acid house, techno and drum 'n' bass at kid-friendly volume.

→ Horniman Museum. Forest Hill Overground. Jul 28. £15, £12.50 child.

JAPAN

C Make a Manga Comic

Wowed by the 'Manga' exhibition at the British Museum? Have a go at making your own graphic novel at this free digital workshop, and discover manga's secret storytelling and design techniques.

→ British Museum. ☉ Holborn. Mon Jul 22 and Jul 28. Free.

W Japanese Character Bento Kids Class

Although you've probably told your kids countless times not to play with their food, that's exactly what they'll get to do at this bento box class. As well as learning how to arrange their food like popular animated characters, they'll also get a bento box to take

home – making them the envy of all their friends once school rolls around again.

→ Ichiba. ☉ Wood Lane. Jul 24. £18.

CREATE

S Off the Wall

This art workshop invites 11- to 18-year-olds to experiment with techniques not usually found in the classroom. And even if they don't know their Picassos from their Pollocks, it could open their eyes to the world of art like no stuffy gallery show can.

→ Dulwich Picture Gallery. West Dulwich rail. Sep 14. Free.

N Heatherwick x Store Summer School

Looking to get your 16-year-old out of your hair during the school holidays?

London design gurus Heatherwick Studios (of the Routemaster and the 2012 Olympics Cauldron fame) are teaming up with Store to provide workshops and tutorials covering architecture, food, art and design that will look ace on the CV of any budding creative.

→ Coal Drops Yard. ☉ King's Cross. Jul 29-Aug 10. Free.

THEATRE

N 'The Slightly Annoying Elephant'

A large blue elephant puppet stars in this staging of bestselling author David Walliams's story. A nice production with some lovely songs, it's sure to keep the little ones in the audience enthralled.

→ Little Angel Theatre. ☉ Angel. Until Aug 4. £13.50, £11.50 child.

PARTIES

N London Mela

Back for its seventeenth year, this annual celebration of South Asian culture takes over Southall, the birthplace of bhangra. Go for the massive musical guests and the Taste of Asia food market – stay for the huge fireworks finale.

→ Southall Park. Southall rail. Aug 31-Sep 1. Price tbc.

C Summer Streets on Regent Street

Enjoy the spectacle of a traffic-free street in Zone 1 on three Sundays throughout summer, as Regent Street's classy curve is pedestrianised from Oxford Circus to Piccadilly Circus for a street party, with installations, food and drink, and activities.

→ Regent St. ☉ Oxford Circus. Sun Jul 21, Aug 18, Sep 15. Free.



Make unlimited pay as you go journeys in Zones 1 and 2 for £7.00 with daily capping

This is part of the commitment by the Mayor, Sadiq Khan, and TfL to make travel in London more affordable.

Always use the same card or device. Excludes Emirates Air-Line, River Bus and Southeastern high speed services. Search TfL daily capping.

MAYOR OF LONDON



Discover more than 700 fantastic experiences this summer – visit timeout.com/culturaltflmap

Kids' Things to Do

W 'Aliens Love Underpants'

Hold on to your undies. 'Aliens Love Underpants' is returning to London this summer at the Troubadour White City Theatre. The audience participation elements will keep even the most restless three-year-old engaged, while the brilliant set design and tunes make it enjoyable for adults too.

→ Troubadour White City Theatre. ☉ White City. Aug 13-Sep 1. From £16.50.



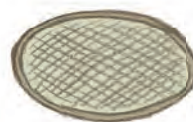
DON'T MISS



Disco Loco

Five hours of boogie-ing that's fun for all the fam-a-lam.

→ Royal Festival Hall. ☉ Waterloo. Sun Jul 21, Jul 28, Aug 18, Aug 26. Free.



C 'Horrible Histories: Barmy Britain - Part Four'

The 'Horrible Histories' books have delighted generations of kids with gross-out, giggle-worthy takes on Britain's past. This show is the fourth part of their 'Barmy Britain' series, which is a chaotic jaunt through the bits of this country's history you don't learn in school. → Apollo Theatre. ☉ Piccadilly Circus. Aug 1-31. £17-£31.

EXHIBITION

S 'Brick Wonders'

Lego lovers – make your way to the Horniman Museum. There are around 50 Lego models on display – that's about half a million bricks – covering everything from the pyramids to the International Space Station. There are interactive play areas and a mini cinema showing Lego animations, and you can buy a combi ticket for the aquarium and Butterfly House too. → Horniman Museum. Forest Hill Overground. Until Oct 27. £8, £4.50 child.

C Summer Holidays at London Transport Museum

The museum has workshops and activities during the summer to keep all ages happy. Design and create new clothing at the Textile Techies drop-in or discover how coding keeps London moving at the 'Code Makers' exhibit. → London Transport Museum. ☉ Covent Garden. Sat Jul 20-Sep 1. £16.50, children free.

THE MOON

E Rocket Power!

Mark the fiftieth anniversary of the Moon landing with this interactive crafts workshop, aimed at four- to ten-year-olds. Little ones will get to help create a giant sculpture, as well as a rocket, flying saucer or astronaut to take home. → Jubilee Park. ☉ Canary Wharf. Sat Jul 20. Free.

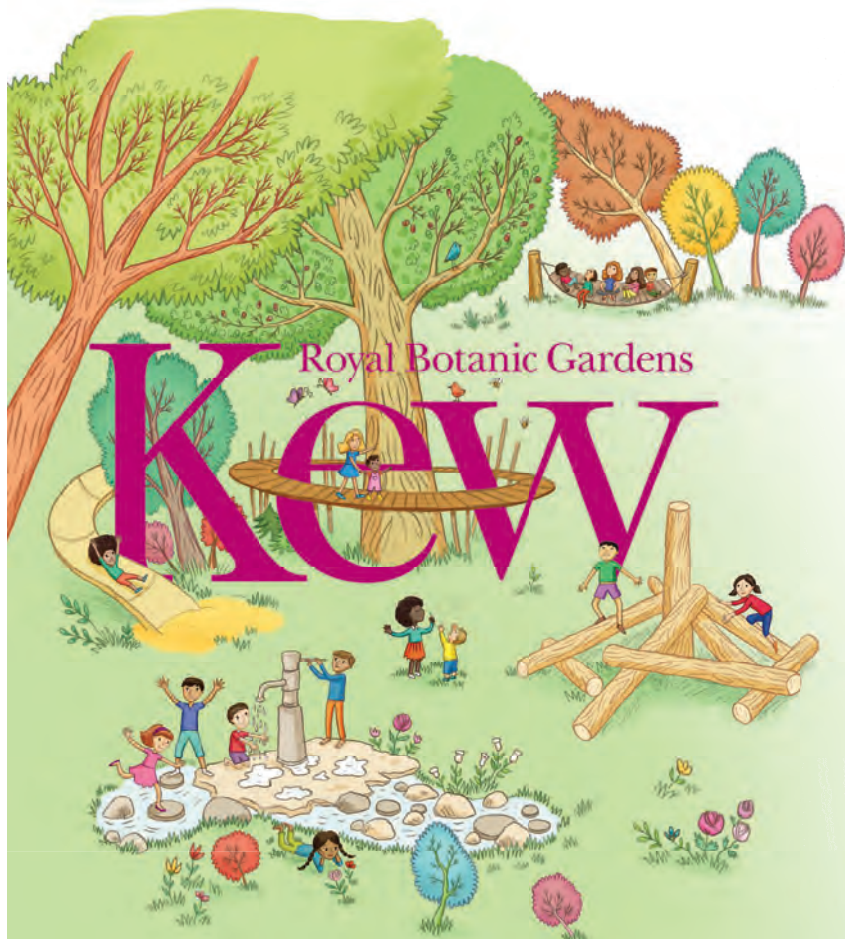
C 'Museum of the Moon'

Luke Jerram's six-metre glowing sculpture has Nasa-inspired detail. It's lighting up the Natural History Museum for the fiftieth anniversary of Apollo 11. We have lift-off! → Natural History Museum. ☉ South Kensington. Until 5 Jan 2020. Free.



C 'CBeebies: A Musical Trip'

Move at light speed and secure a spot for you and your sprogs to this family prom marking the anniversary of the 1969 moon landing. Not only will your young musical astronauts get to follow in the footsteps of the Apollo 11 mission, you'll be able to listen to a new piece commissioned by living soundtrack legend Hans Zimmer ('Interstellar'). It's set to be out of this world. → Royal Albert Hall. ☉ South Kensington. Sat Jul 21. £7.50-£20.



The Children's Garden
Where playing is second nature

Now open

Book timed tickets in advance at kew.org
☉ Kew Gardens
☉ Kew Bridge



THE CRIMES OF
GRINDELWALD

Available 16 August



AQUAMAN

Available 23 August

sky cinema HD

The perfect end to a
summer's day with a brand
new premiere every day

JUST
£11

EXTRA A MONTH
SAVE 40%



RALPH
BREAKS THE
INTERNET

Available 2 August



Disney PIXAR
INCREDIBLES 2

Available now



SPIDER-MAN
INTO THE SPIDER-VERSE

Available 9 August



SMALLFOOT

Available 26 July

For new and existing customers

Q Sky Cinema ☎ 0800 759 1419

Sky Cinema: £11 extra per month when you take a new 18-month contract. Prices may change during this period. After 18 months, Sky Cinema will return to the standard price (currently £19 pm). Save over 40%: Based on the price of Sky Cinema when you take a new 18 month contract versus current non-contract price (£19 extra per month). Sky TV subscription required: £22 per month (plus £20 set-up fee) and 18 months minimum term for new Sky TV customers. Prices may change during this period. Correct at 16 July 2019.

Fantastic Beasts 2: The Crimes of Grindelwald Wizarding World™ Publishing Rights © J.K. Rowling. Aquaman © 2018 Warner Bros. Ent. All Rights Reserved. TM & © DC Comics. Ralph Breaks The Internet: Wreck It Ralph 2 ©2018 Disney. All Rights Reserved. The Incredibles 2 © Disney/Pixar. All rights reserved. Spider-man: Into The Spider-verse © 2018 Sony Pictures Animation Inc. All Rights Reserved. MARVEL and all related character names: © & ™ 2019 MARVEL. Small Foot © 2018 Warner Bros. Ent. All rights reserved.

Things to Do

Edited by Katie McCabe
timeout.com/thingstodo @timeoutlondon

London's got a new swimming lake!

Love an outdoor dip? You're in luck – the refilling of an old Georgian lake has created a new open water 'pool' in south-east London

THIS SUMMER MIGHT still be looking like a bit of a washout, but a drop of rain isn't about to stop hardy Londoners freezing their gonads off in the untamed wilderness. Well, leafy Beckenham, anyway.

City-dwellers hungry for their alfresco swim fix now have a new expanse of chilly open water to throw their shivering bods into. Move aside the Serpentine and Hampstead Ponds, Beckenham Place Park, the Borough of Lewisham's largest green space, is officially London's newest wild swimming spot. Only technically, this expanse of open water is pretty ancient.

WHAT IS IT...

A brand new wild swimming lake in a south-east London park.

WHY GO...

To feel alive after a chilly front crawl and get some mud between your toes.

→ Beckenham Place Park.
Beckenham Junction rail.
Open from Sat Jul 20.
Prices tbc.

Right on time for National Park City Festival, the council has refilled the park's lost Georgian lake, which was originally created by Beckenham Place Mansion's former resident John Cator in 1800 before being filled in the twentieth century. Now, the lagoon has been brought back to its former glory, thanks to a £4.9 million project to restore this rather faded part of the city.

This purpose-built open-water hangout, the first of its kind, extends a whopping 285 metres by 48 metres and is 3.5 metres at its deepest point. Swimmers will have to book in advance and pay electronically before taking the plunge from



Want a dip that's less wild?
Visit timeout.com/lidos



National Park City Festival

Get out there and join the week-long celebration of London's great outdoors

Stand Up Paddleboarding

London may not be one of the world's surfing hotspots, but you can still skim waves in the city. Learn how to stroke and steer across reservoir breakers without falling in at this day of free paddleboarding taster sessions.

→ Stoke Newington West Reservoir Centre. ☹ Manor House.

Jul 28. Free, but reserve your spot in advance.

House of Wayward Plants

Bag yourself some award-winning greenery from the RHS Hampton Court Palace Flower Show for free at this re-homing fair. All you need to do is fill out an adoption form and show what kind of plant parent you'll be.

→ Morden Hall Park.
☹ Morden. Jul 27. Free.

'Grass Men'

No, it's not Cousin Itt. These costumes by Ashley Peavor made from actual living grass explore the connection between nature and urban environments. See them dance in an immersive show on the NT's River Stage.

→ National Theatre.

☹ Waterloo. Sat Jul 20-Sun Jul 21. Free. More events at www.nationalparkcity.london/festival.

the jetty, but a beach area will be free to use for paddling. There's also a brand new café for post-swim snacks and the chance to try kayaking and other water sports on the new lake. The swimming spot will be open all year round, with lifeguards and changing facilities in the summer.

After being filled slowly from a natural borehole over the last few months, the lake is very nearly ready for visitors and will be officially opened on Saturday.

To celebrate, the park is throwing a free launch party complete with food stalls, live music, Georgian dancing, boating activities, a classic car

display and a vintage sale in the park's gorgeous Palladian-style mansion.

You'll also be able to explore the park's new wet woodland, which it is hoped will be a brand new ecological environment for London's wildlife.

If you need us, we'll be spending the summer smuggling peanuts in south-east London, thank you very much! ■



By Alexandra Sims
Who fell into a canal once, so is well acquainted with wild swimming.



NESCAFÉ
AZERA

Five things you're going to feel at this Shoreditch pop up

Feed your curiosity and discover an array of quirky and creative events taking place at the Truman Brewery this week with Nescafé Azera

As fun as it is to clock off from work, cram yourself onto a tube and binge a series on Netflix before slumping into bed, it's time to break the monotony. Fortunately, we've teamed up with Nescafé Azera to put on a series of events and experiences that will inspire you to Stay Curious, and put your box set back in its..well..box. Here, we look at five things you can expect to feel...

...inspired

Alcoholic cocktail gummies? Edible boozy paint? Smith & Sinclair are a pair of adult-approved Willy Wonkas who offer up culinary creations that will blow your mind (and taste buds). They will be bringing a

twist on a coffee workshop to the proceedings – a latté art lesson this ain't.

....rejuvenated

That thing you do roughly 12-20 times a minute (and no, we don't mean think about 'Love Island')? You're doing it wrong. Fortunately, Ritchie (aka The Breath Guy) has travelled the world to learn from modern day masters of breathwork, and wants to share everything he's discovered to help Londoners lead a healthier, happier life. Sounds like a breath of fresh air.

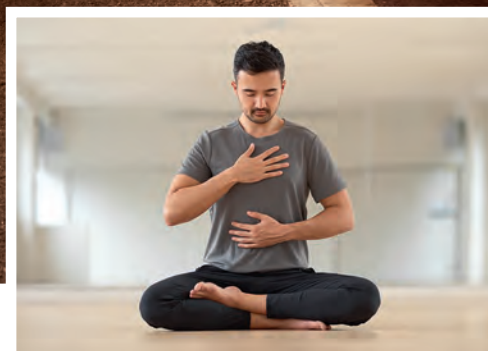
...enthralled

Summer blockbusters are all well and good, but when was the last

time you went to the cinema and came away with a new perspective? Grab a ticket to the Indie Flix night and get stuck into some festival-quality short films from around the world. They may not have an A-list cast, but they'll definitely stay longer with you than the latest 'Fast & Furious' spin-off.

....pumped

Bored of your bog-standard yoga class? Get ready for this knock out session that is less downward dog and more down for the count. Created by England boxing coach Matt Garcia and yoga teacher Kajza Ekberg, the Boxing Yoga class improves core strength, physical power, flexibility and fitness. In short, it's the ultimate one-two combo.



....music – literally

Get ready to take your bass face to the next level at this night where you will actually be physically moved by music. The start-up SubPac will be running the evening, bringing its fully immersive wearable audio hardware for all to try. Feel the rhythm, feel the rhyme, get on up, it's party time..



The Old Truman Brewery.
Shoreditch High St Overground.
Thu Jul 18-Sun Jul 21.
£5 for a programmed event,
free to enter from 9.30am-9pm.

→ For the full line-up and to book into an event at Time Out x Nescafé Azera presents: Stay Curious now at timeout.com/staycurious

SOMETHING FOR THE WEEKEND

Friday



Green Rooms Market

Got a house full of drooping herbs? Join gardening workshops at this leafy market and pick up armfuls of pot plants and succulents. You'll have a thriving horticultural homestead before you know it.

→ Canopy Market. ☉ King's Cross. Fri Jul 19-Sun Jul 21. Free.

QUAFF Vinery London

How much would you cough up for a bar tab? At this wine pop-up, top up your glass as much as you like and pay what you feel at the end, depending on what you think the night is worth.

→ Benk + Bo. ☉ Aldgate East. Fri Jul 19. £5.50 entry and glass.

SHOP Mile End Floating Market

Mile End is gathering its best boats for this market. Pick up vintage garb on Frocksafoat, vinyl from The Record Deck and see cabaret on The Village Butty.

→ Mile End Park. ☉ Mile End. Fri Jul 19-Sun Jul 21. Free.

Saturday

SIP Mindful Drinking Festival

Forget tomorrow's hangover. Glug back low-ABV beer, wine and craft sodas at this drinking fest.

→ Spitalfields Market. Shoreditch High St Overground. Sat Jul 20. Free.

BUY Camden Film Fair

Movie buffs can pick up film posters, DVDs and vintage collectables, and take a selfie with 'Hellraiser' star Nicholas Vince at this cult movie fair.

→ Electric Ballroom. ☉ Camden Town. Sat Jul 20. £5.



Lambeth Country Show

Sheep-shearing, potent cider and live music are back in Brixton. Catch reggae from Dawn Penn, a mini farm and the vegetable competition – the queue is worth it, promise.

→ Brockwell Park. Herne Hill rail. Sat Jul 20-Sun Jul 21. Free.

Sunday

Defy Gravity

Get involved in free trapeze, tight wire, wall-climbing and skateboarding workshops, tour the beautiful Crystal Palace Subway and hear about Victorian acrobatics at this day of high-flying thrills.

→ Crystal Palace Park. Crystal Palace Overground. Sun Jul 21. Free. Subway tours are first come, first served.



EXPLORE Brompton Cemetery Open Day

A rare opportunity to tour the cemetery's catacombs (£5), see performances in the chapel and check out an Edwardian hearse.

→ Brompton Cemetery. ☉ Fulham Broadway. Sun Jul 21. Free.

CELEBRATE Ichiba's First Birthday Festival

Europe's biggest Japanese food hall turns one with sake, origami workshops and shamisen music.

→ Ichiba. ☉ Wood Lane. Sat Jul 20-Sun Jul 21. Free.

Defy gravity this weekend at timeout.com/moon

LAMBETH COUNTRY SHOW: ROB GREIG



Conceived and designed by Marks Barfield Architects

#i360

HOW COULD YOU MISS IT?



BRITISH AIRWAYS
i360 Viewing Tower
Brighton's best views

Book online to save 10%.
britishairwaysi360.com

PRICEGORE X YINKA ILORI: THE COLOUR PALACE FREE ENTRY / OPEN LATE EVERY FRIDAY

DULWICH PICTURE GALLERY

Discover the summer programme at dpg.art

#ColourPalace

The Colour Palace by Pricegore x Yinka Ilori. Photo by Adam Scott.



In partnership with



Principal Pavilion Supporters



Supporter/organiser in partnership with
ARTS COUNCIL ENGLAND

GOSNELLS
of LONDON

Official Paint Partner

MYLANDS

Summer Media Partner

ELLE
DECORATION

WHAT'S THE DEAL WITH

Moon Festival



A festival for the moon? In London? Never heard of it.

That's because it's brand new. It's London's first ever fest dedicated to all things lunar and it will have lift-off this week in Woolwich.

What's it all for?

Saturday will be the fiftieth anniversary of the Apollo 11 moon landing, and this ode to the orb of night has been in the works since 2018 to mark the occasion. It may have been half a century since Aldrin and Armstrong arrived there (whether you believe it happened or not) but we're still fascinated by that pockmarked ball of rock.

Will there be a lot of moon worship?

Can't have a Moon Festival without a touch of mysticism! Look out for a keynote speech by author Margaret Atwood, a talk on the witch covens up and down the country that worship the moon and a carnivalesque opening street party in General Gordon Square.

Got it. What else is happening?

There's a 'Vibe Under the Moon' club night, moon-inspired poetry, moonlit yoga and a storytelling performance set to the sound of a theremin. To top it all off, the National Maritime Museum is throwing the Moon Festival's free grand finale party – a night of science, fantasy, conspiracies and fashion influenced by (you guessed it) the moon.

Anything else I should know?

Yep. Mercury is in retrograde. Only the light of the moon can save you now! ■ *Nisha Woolford*

WHAT IS IT...

A whole week of art, poetry and street parties dedicated to the moon.

WHY GO...

To get your lunar cycle in order.

→ Various locations. Fri Jul 19-Jul 26. Prices vary. moonfestival.co.uk

More lunacy at timeout.com/moon



LONDON



'Powerful and thought-provoking'
Londonist

'Illuminating'
The Guardian

CULTURE UNDER ATTACK

featuring **WHAT REMAINS**

Conflict threatens not just people's lives, but also the things that help define us.

Imperial War Museums and Historic England explore why cultural heritage is attacked in conflict, and why people risk everything to save it.

Until 5 January 2020

Free entry for all

iwm.org.uk

IMPERIAL WAR MUSEUM LONDON



In partnership with
Historic England

Five things we're excited about at ICON Outlet this summer

Fancy a stylish summer? ICON Outlet at The O2 isn't just about the bargains, you know. Here's our pick of the events taking place over the next couple of months

The O2 has been the place to go to for incredible music, live sport and entertainment since it opened its doors back in 2007. But did you know that as well as hosting the likes of Ariana Grande, Jack Whitehall and 'Mamma Mia! The Party' this year, it is also home to hot new shopping destination, ICON Outlet – a fashion hub jam-packed with more than 60 of the best lifestyle brands, with up to 70 percent off retail prices?

Taking outlet shopping to the next level, ICON Outlet is also throwing a number of free events this summer – from kid-friendly craft workshops to meditation classes – giving you even more reasons to hop on the Jubilee Line and head to North Greenwich. Here, we look at some of the highlights...

Late night treats and Balaeric beats

Open until 10pm on Thursdays, Fridays and Saturdays, treat yourself after a hard day in the office and unwind in the pop-up Chill Out

Lounge. The perfect spot for a date night or a catch-up with friends, the space will be bringing a slice of Ibiza to ICON Outlet with a Summer Lates programme of live DJs and acoustic guests. Head down and kickback with some blissed out beats.

Get crafty with the kids

Want a fun treat to reward the sprogs for being dragged around the shops? ICON Outlet will also be hosting kids drop-in sessions where little ones will be able to fashion themselves a festival crown. Expect plenty of glue and a shedload of glitter as they craft a creation they can rock for the rest of the summer.

Switch up your style

Not only is ICON Outlet a great place to freshen up your summer wardrobe for a fraction of the cost, but there are a number of experiences taking place that could give your look a complete re-boot. Hairstyle specialists Chop Chop London will be offering free 20-minute restyles that are perfect for a new do or if





BIG FASHION AND LIFESTYLE NAMES AT A FRACTION OF THE COST

This summer sees Adidas and Nike join the 60-plus brands with up to 70 percent off items during the summer sale, alongside more than 29 bars and restaurants – including new arrival by CHLOE. and the Street Food Quarter – so there are even more reasons to make a day of it at The O2.



you just want a fresh look. And if you want the full works, the Personal Styling lounge will be opening its doors every weekend between July 13 and August 11, where a team of fashionistas from Nicky Hambleton-Jones's style consultancy will be on hand to offer up free tips.

Take the stress out of shopping

Although retail therapy is supposed to be relaxing, sometimes shopping till you're dropping can be an exhausting experience. Before you head home with your haul, why not head to ICON Outlet's 'The Hour' pop

up for a zen-fueled yoga session or unwind at a meditation class? You'll never want to shop any other way again.

Listen to some great talks

Drop into the Chill Out Lounge and you'll discover a whole roster of talks designed to get your brain going. Join fashionista Nicky Hambleton-Jones (host of Channel 4's '10 Years Younger') on July 18 for a stylist talk and influencers Sam and Jess on August 1 for a holiday shopping and packing course. More talks are yet to be announced.

→ For more information or to check the event line-up, visit www.iconattheo2.co.uk

KIDS GO FREE*

DO NOT TRY THIS AT HOME!

31 JUL – 1 SEP

GARRICK THEATRE

BRAINIACLIVELONDON.COM

BRAINIAC LIVE

*Buy 1 ticket get 1 free (equal to 50% off) with minimum purchase of 2 tickets. Redeem rate by entering promo code KIDSGOFREE and selecting 2 tickets at 50%. Subject to availability.

'THE FUTURE OF ENTERTAINMENT'
THE SUNDAY TIMES

'SO TRUE TO THE SHOW!'
TIME OUT

'AMAZING SETS'
THE GUARDIAN

★★★★★
'A FULLY INTERACTIVE ADVENTURE'
THE NUDGE

SHERLOCK

THE OFFICIAL LIVE EXPERIENCE

BEGIN YOUR MISSION AT THEGAMEISNOW.COM

BOOK NOW

Emerge Festival



EVERY LONDONER DESERVES to feel like a kid who's been accidentally left alone in a toyshop after closing time. Slightly freaked out, with a slow dawning of uncontrollable excitement. When done right, a museum 'late' can have the same effect. It's that moment you realise you've been let loose in a major institution, holding a full drink, next to some priceless artefacts.

Culture 'lates' are such an important part of London nightlife that, until recently, there was a four-day festival dedicated to them – Museums at Night. It's not happening in the capital this year, but we may have something even better. From its ashes comes Emerge Festival, a similar concept, but with a kind of endurance challenge. With Emerge, your ticket is swapped for a wristband that will get you into as many of the 30 'late' events as you can make on the night (or two nights, if you can swing for a full weekend ticket).

Best start mapping out the logistics now, because there are some real crackers planned. Ever noticed the big stone archway at Hyde Park Corner? You can go inside, and for Emerge, that Wellington Arch is transforming into a gin bar. Just four minutes' walk away, you can find a debauched regency soirée inside the stunning eighteenth-century Apsley House. Cross the river to London Bridge and catch gory Victorian surgery taking place inside the Old Operating Theatre – blunt saws and all.

It'll be like trying to make every act at Glastonbury, with a little help from the tube. There's so many lates to see, at least one of them should have the toyshop effect. And if not, you'll always have the adrenaline buzz. ■ *Katie McCabe*

WHAT IS IT...

A two-day festival of after-hours parties and performances in London's museums.

WHY GO...

To see how many 'lates' you can make in one night.

→ Various venues. Sep 27-28. Tickets from £10 – download the DICE app, search Emerge and enter the discount code GREATLATES or visit <https://link.dice.fm/emerge-time-out>.

Find more at timeout.com/lates

SUMMER SESSION

SATURDAY 27th JULY

Join us to celebrate Hackney Brewery's 8th birthday in the gardens of the Geffrye Museum of the Home

Craft beer from 10 top UK breweries
Street food * Talks * Lifestyle stalls

Session One: 12-4pm Session Two: 5-9pm
Tickets £15 from www.designmynight.com

136 Kingsland Road, London, E2 8EA Hoxton

THE GEFFRYE
MUSEUM OF THE HOME

The British Museum

The Citi exhibition
Manga マンガ

Until 26 Aug 2019

Supported by

うわ!

Under 16s free

Logistics partner
IAGCargo

Konami Kanata (b.1958),
Chi's Sweet Home,
2004-15.
© Konami Kanata/
Kodansha Ltd.



Seven ways to relax for free this week

Looking to keep chilled without denting the bank balance? Don't sweat it, we've got your week covered with the best blissed-out things to do in London. And they're all free!



Bored with the bustle and had it with the hustle? We hear you. Luckily, finding your happy place in London is super-easy and needn't cost you a penny. We've teamed up with 7UP Free to show you how to kick back and relax all week long.

Soak up the sun in the hidden oasis of Hill Garden and Pergola

Hampstead Heath is a favourite with Londoners all year round. One of its best-kept secrets (shhh...) is a delightful arts and crafts garden complete with a raised pergola. Head here in the evening to hang out with roosting long-eared bats.

When is it? Open all week

Veg out at the Lambeth Country Show

One of the city's quirkiest events, the Lambeth Country Show is so much fun you'll feel sheepish for not discovering it sooner. Ogle super-size veg, cheer on champion sheep dogs and get acquainted with the Norfolk Horn. You'll be back to nature in no time.

When is it? Saturday and Sunday

Stroll through London's biggest display of outdoor art with Frieze Sculpture

Every summer, the English Gardens in Regent's Park are transformed into London's largest alfresco sculpture park. Shun sticky museums for a leisurely wander around the artworks, which this year

include a sleeping figure by Tracey Emin and a massive recreation of Hello Kitty's bestie, My Melody.

When is it? Open all week

Marvel at the skies above by visiting the 'Museum of the Moon'

It's been 50 years since man first walked on the moon. Celebrate this anniversary with a trip to the Natural History Museum to see artist Luke Jerram's beautiful six-metre replica. Recharge with a quiet spot of moon-gazing

When is it? Open all week

Escape the hustle and get cultural at the same time at the Serpentine Pavilion

The Hyde Park gallery's outdoor space has been transformed once again, and Japanese architect Junya Ishigami is behind this summer's sweeping, interlocking slate structure. His work reflects the beauty of the natural world, but is also a cave-like space that's great for ducking into when the heat is on.

When is it? Open all week

Kick back to the sound of live music at Summer by the River

Continue your journey further down the South Bank to The Scoop for an afternoon of laidback live music. The Summer by the River

programme runs throughout July, but on July 21 alone you can catch afrobeat-infused tunes, an eight-piece Maloya band and a DJ set from Count Bassy.

When is it? Events take place today, tomorrow, Friday, Saturday and Sunday

Stretch out and breathe deep with yoga in Grosvenor Square

Escape the accelerated pace of Oxford Street for a peek into gorgeous Grosvenor Square. Summer in the Square sees the space open to the public until July 21. Locate that all-important inner peace by joining a yoga class held in a teepee.

When is it? Until Sunday



→ Find more ways to be free at [timeout.com/freesummer](https://www.timeout.com/freesummer)

DON'T MISS

Nocturnal Creatures



MISSED OUT ON this year's Art Night (or just couldn't hack the queues)? Redeem yourself at another night-time art expedition, coming to the East End this weekend. Put together by the Whitechapel Gallery and Sculpture in the City, Nocturnal Creatures is not quite as intense – this multi-venue one-nighter wraps up at 11pm instead of dawn. It'll be taking over everything from neighbourhood boozers to listed buildings that are normally kept under padlock and key.

Make your first stop at famous East End pub The Golden Heart, where you can hear an operatic tragedy made up of fragments of conversations heard from the Heart's regular punters, staged by Turner Prize winner Laure Prouvost. Then head over to the Andaz Hotel to step inside a masonic temple for 'Peace of Warrior', a video piece by Tabita Rezaire exploring race, gender and the legacy of colonialism.

Whatever you do, keep 7pm free for 'Calling Time', Emma Smith's installation inside the Whitechapel Bell Foundry (normally closed to the public) which promises to 'unite' the sound of bells from around the globe. Prefer to keep things light? Go and raise the Victorian roof of Leadenhall Market for three silent discos from DJ Mixmaster Morris (at 8pm, 9pm and 10pm).

To make the most of it, you have to think like a nocturnal creature – keep your wits about you, and your mind on the hunt. ■ *Katie McCabe*

WHAT IS IT...
An East End celebration of visual art packed into one night.


WHY GO...
To hear bongs from around the world inside the Whitechapel Bell Foundry.

→ Various venues. Sat Jul 20. Free, download a venue map at www.whitechapelgallery.org

FEDERICO BORELLA

More for nocturnal animals at timeout.com/thingstodo


THE STATE ROOMS
BUCKINGHAM PALACE






QUEEN VICTORIA'S PALACE

20 July – 29 September

A special exhibition at the Summer Opening of Buckingham Palace



ROYAL COLLECTION TRUST

www.rct.uk   

+44 (0)303 123 7300

Things to Do

NATIONAL PARK CITY

C Pedal Powered Party: Supa Dupa Fly

London's best female DJs are putting on a stonking set of hip hop and R&B and it's your job to power it. Part of the National Park City Festival's takeover of the National Theatre's River Stage, the audience will have to hop on a bicycle to hear the Super Fly DJs play. If the pedalling stops, so does the music. Better get those muscles pumping!

→ National Theatre.
↻ Waterloo. Sat Jul 20. Free.

C 'The Living Thames' Screening

The one-and-only Sir David Attenborough introduces this beautiful documentary exploring the ecology of London's watery artery (we can't promise Sir Dave will be there in person – sorry). Another initiative from National Park City Festival, you can drop in at any point during the hour-long screening.

→ The Scoop.
↻ London Bridge.
Sun Jul 21. Free.

W Hanwell Viaduct Bat Walk

Grab a detector and see if you can spot the little fluttering fellas on this dusk walk. You'll hear their ultrasonic calls and find out all about biology and conservation.

→ Meet at The Viaduct pub.
Hanwell rail. Mon Jul 22. Free.

C Ismaili Centre Rooftop

NPC Festival has teamed up with Open House to let people explore little-known green spaces. This hidden rooftop channels the Qur'anic 'Garden of Paradise'.

→ Ismaili Centre. ↻ South Kensington. Sun Jul 21. Free.

TO DO

The best events in your area

C Central **N** North **S** South **E** East **W** West

DRINK

E Craft Beer Cares

Sip on suds from more than 30 international craft breweries at this charity beer festival. Tickets include five half-pint servings and all proceeds go towards Hackney Winter Night Shelter.

→ London Fields Brewery.
London Fields Overground.
Fri Jul 19–Sun Jul 21. £10.

C Ciderdog Festival

Is cider the apple of your eye? This fest is serving up 100 ciders for just £3.50 a pint. Grab a frozen cider cocktail from the slushy machine and soak it up with great Mexican grub from Que Padre.

→ The Miller.
↻ London Bridge.
Sat Jul 20. Free.

E Agave Tasting Festival

Move over gin, it's time for Mexico's potent spirits to bask in the limelight. More than 40 brands will be showcasing their tipples at this boozy fest, including varieties of mezcal, tequila, raicilla, sotol, bacanora and other agave distillates that have never been seen in the UK before. There'll also be talks from visiting mezcaleros, agave cocktails to slug back and a banging after-party in TT Liqueur's basement. Salud!

→ TT Liqueur. Hoxton Overground.
Fri Jul 19–Sat Jul 20. £35.

S Hawkes Ciderama

Get your lips around glasses brimming with tasty craft cider at this festival dedicated to the stuff. A ticket gets you an exclusive festival glass, which you can fill up with 20 kinds of rare and world-class fruity beverages.

→ Ugly Duck. ↻ Bermondsey.
Fri Jul 19–Sat Jul 20. £15.

C Fourpure Taproom Launch Party

Celebrate craft beer legends Fourpure Brewing Co's brand new Basecamp taproom at this big brewery party. Besides good drinks, there'll be live music and street food from Oh My Dog! Tickets include a free drink and a glass.

→ Fourpure Brewery.
↻ London Bridge.
Sat Jul 20. £5.



greateranglia

Great days out

Punting in Cambridge. History
Explore the East of Engl

This is how we do it
timeout.com/dolist

MAKE

E Collage Club

Matisse wannabe? Create your own version of 'The Snail' at this collaging workshop where you can cut and paste with beautiful papers and magazines.

→ De Beauvoir Block, Haggerston Overground. Tue Jul 16. £10.

E State of Clay

Mantelpiece looking drab? Create your own mini porcelain ceramic work on a small wheel at this workshop and fire it in an electric kiln.

→ Old Spitalfields Market, Shoreditch High St Overground. Sun Jul 21. £25, book in advance.

WATCH

C Movies on the River

Time Out's movie boat is back in action! Spend a warm, sunny evening watching one of your favourite films on the open-air top deck after cruising along the Thames past some of London's iconic landmarks.

There'll also be drinks and snacks to fill you up along the way.

This week you can catch 'Back to the Future', 'The Favourite', 'A Star Is Born', 'Bohemian Rhapsody' and 'The Greatest Showman'. Anchors aweigh!

→ Tower Millennium Pier, Tower Hill. Until Aug 3. From £29.

LEARN

W Kew Science Festival

Smell the world's stinkiest fruit, see glowing fungi and taste ice cream made with liquid nitrogen as the botanical garden is filled with workshops and plenty of hands-on experiments

→ Kew Gardens, Kew Gardens. Sat Jul 20-Sun Jul 21. From £16.50.

SHOP

E The London Artisan

Check out this market full of local designer-makers and leave with armfuls of one-off gifts and eclectic homeware.

→ Old Truman Brewery, Liverpool St. Sat Jul 20-Sun Jul 21. Free.

S Crafty Fox Night Market

Spend the evening browsing stalls filled with heaps of gorgeous gifts from sustainable, small-batch makers. You'll find handmade ceramics from The Naked Potter, illustrations from Amy Hood, natural skin care by Cut Le Crap and much more.

→ Brixton Village Market, Brixton. Thu Jul 18. Free.

PARTY

E XOYO: Five Weeks at the Disco

Shoreditch club XOYO always delivers with its on-point electro sets. Now it's taking over the sun-soaked street food mecca Dinerama for a host of Saturday shindigs. These late-night sessions will be jam-packed with a mighty line-up of music, DJs, drinks and food. Expect the likes of Late Nite Tuff Guy, Dimitri From Paris, PBR Streetgang and more. This is the ultimate soundtrack to your summer.

→ Dinerama, Shoreditch High St Overground. Until Aug 3. From £8.

W Portobello Summer Festival

Catch performances from the Fullee Love Collective, Fabio & Grooverider and Artful Dodger at this free music and arts festival. When you're not busting a move there'll also be street food, circus acts, skating sessions at super cool BaySixty6 and dance performances on the packed bill.

→ Westway Trust, Ladbrooke Grove. Sun Jul 21. Free.

C Portman Marylebone Summer Street Party

Seymour Place and New Quebec Street will be pedestrianised to make way for wine-tasting workshops, floristry classes, live music, storytelling and food from restaurants including Jikoni and The Gate.

→ New Quebec St, Bond St. Thu Jul 18. Free.

EAT

E Carbonara Day

The pasta-bilities are endless at this day dedicated to the silky, cheesy dish. Slurp up different variations of pasta from six international chefs and browse local goods from food producers. Kids can take part in fun activities. Pasta la vista baby! (Sorry).

→ Mudchute Park & Farm, Crossharbour DLR. Sat Jul 20. £4.50, includes one dish.

N National Geographic Traveller Food Festival

Develop your palate at this brand new food fest. See culinary masterclasses from top chefs and chow down on some of the world's most exciting dishes.

→ Business Design Centre, Angel. Sat Jul 20-Sun Jul 21. £22.

EXCLUSIVE

Get access to the hugely popular 'Manga' exhibition at the British Museum for up to 23 percent off. From just £16.

TIMEOUT.COM/MANGA



...t by train. It's happening.

...in Norwich. And the beautiful sights of Constable country.
 ...and with great fares from Liverpool Street Station.



Film

Edited by Phil de Semlyen
timeout.com/film @timeoutfilm

TIME OUT TRIES

Meals on Reels

Think film and food is a bad combo? There's a new cult movie pop-up that begs to differ

LET'S BE HONEST, eating during movies is annoying. It's hard to focus on gawping at 'Avengers: Endgame' or being traumatised by 'Midsommar' when someone's ladling nacho cheese into their face two seats down. It's enough to put you off both cinemas and food. At tonight's screening at The Signal pub in Forest Hill, however, eating is not only encouraged, it's the point.

I'm at the inaugural night of The Signal's Meals on Reels series, a new pop-up that pairs cult classics with themed food and drink. As the actors stuff their faces on screen, you do the same. 'We were trying to think of an interesting spin for our screenings,' says organiser Jess Beechey. 'The tough part was thinking which films to do. Some of the suggestions – "Do 'Chef'!

Do 'Willy Wonka!'" – would have been insanely hard. We settled on something a bit more unusual.'

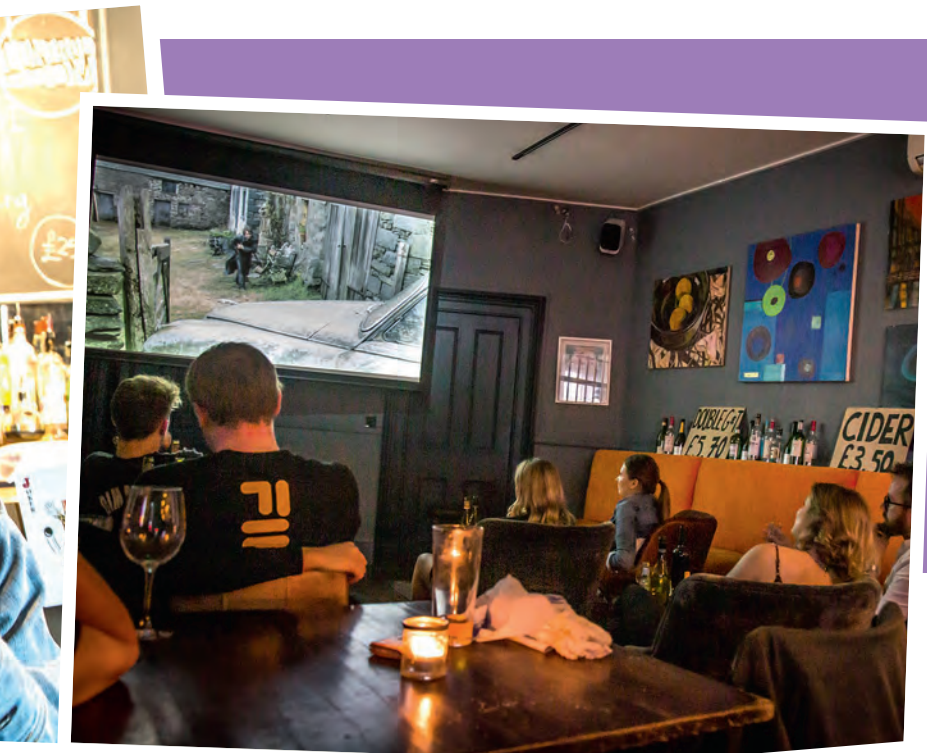
The film picked, perhaps surprisingly, is 'Withnail and I'. A fabulous comedy, yes, but not one closely associated with food. Do they even eat in 'Withnail and I', those poor jobbing actors? There's a nagging fear that I'm going to get nothing to feast on but cheap lager and lighter fluid – maybe a hint of a fine wine if I'm lucky.

It turns out, I'm very wrong. 'Withnail and I' is stuffed with grub. Within moments of the screening starting, I'm handed a fried egg sandwich, much tastier looking than the floppy one Paul McGann witnesses a lady eating in that grimy Camden café. And the food keeps coming, accompanied by mostly alcoholic drinks, though



'I've lived a sheltered life and I'm not mad on a foot-long doobie'

MEALS ON REELS IMAGERY: ROBB GREGG; WITHNAIL AND I: BRITISH FILM INSTITUTE



thankfully served in much smaller measures than in the film. There is wine to swig direct from the bottle as Withnail and Marwood fret about their poverty. There's sherry to sip as the pair visit sybaritic old Uncle Monty. There is something akin to lighter fluid. Happily, it turns out to be triple sec.

Then comes the bit I'm dreading: the 'Camberwell carrot'. This huge spliff is the invention of Withnail's dealer Danny in the film. I've lived a sheltered life and I'm not mad on a foot-long doobie. What arrives is described by Beechey as 'a bit of an experiment'. A mix of rice paper and coconut, fashioned into a joint, it's

a touch dry, but at least it doesn't induce paranoia or, God forbid, the munchies. I'm barely mobile by now.

Because the food follows the film, the menu is a bit erratic. Cake (okay, a scone) and fine wines come after a portion of savoy and chips, but before a small roast dinner. But this isn't meant to be a fancy gastronomic experience, it's a really fun, silly, tasty way to experience some of your favourite movies. The Signal has 'Napoleon Dynamite' screening in August. After that comes 'Beetlejuice'. They just need to come up with a plausible vegan alternative to insects first. ■



By Olly Richards
Who has been writing about movies for 20 years and eating for a lot longer.



FILM OF THE WEEK

The Lion King



SOMETHING IS OFF about this unmagical remake, a film that is both photorealistic – down to every whisker on Simba's chin – and about the furthest imaginable thing from real. It'll either mildly disturb you or make you feel like your skin is on backwards. Granted, it's still 'The Lion King', still a sturdy piece of 'Hamlet'-derived musical theatre, only with more Beyoncé, which is never a bad thing. But Disney's animated movies have always been invitations to dream bigger than nature. This new version is an invader of the real world, its characters like stuffed trophies mounted on the wall. They're lifelike, yes, but somehow not alive.

Almost certainly, kids aren't going to mind, even if their imaginations will be a little short-changed. Set in one of Africa's uncannier valleys, 'The Lion King' is still a yarn about talking and singing animals; no amount of digital work is going to change that. And vocal talent is what semi-saves this

remake from 'Jungle Book' director Jon Favreau's more computerised instincts. As the regal Mufasa, the sensible leader of the Pride Lands, James Earl Jones channels a bit of that old Darth Vader sonority. Donald Glover also remembers to give a performance, voicing the cub who would be king with increasing surety. But the rest of the cast is flattened into two dimensions: John Oliver's advisory hornbill (panicky), Billy Eichner's slinky meerkat (bitchy) and Seth Rogen's sputtering warthog (Seth Rogen-y).

Always desperate to impress, 'The Lion King' may serve as a virtual substitute for going to the zoo, but let's hope it never replaces such outings, nor its 1994 forebear, a passport to something far more sublime. ■ *Joshua Rothkopf*

WHAT IS IT...
A high-tech redo of the beloved Disney animation.

WHY GO...
For the (still) magical songs.

→ Director Jon Favreau (PG)
118 mins.

INTRODUCING

Eleanor Worthington-Cox



Who is she?

A 19-year-old actor from Merseyside who plays the title character in gothic-tinged nineteenth-century drama 'Gwen'. 'She's a very vulnerable but strong young woman who's trying to keep her family together in the face of a hostile community,' Eleanor Worthington-Cox says. 'You don't see many roles like this for someone my age.'

What are her memories of the shoot?

Set in the mountains of Snowdonia, 'Gwen' is a chiller in just about every sense. 'I was outside at 2.30am in a blizzard in a nightie at one point,' she laughs. Before the shoot, there were some unusual bonding activities with Maxine Peake and Jodie Innes, her on-screen mum and sister respectively. 'We did some baking together to help establish the family dynamic. We tried to bake brownies, but they were a bit of a disaster.'

Where might you have seen her before?

She played brainy scamp Matilda on stage, becoming the youngest ever Olivier Award winner, aged ten. Her

first film role saw her appear briefly as a young Aurora in 'Maleficent'. 'All I knew was to not look at the camera,' she says. 'The on-set jargon was so confusing. I remember asking to go to the bathroom and they were leaning into their mics, saying: "Eleanor, ten one." I thought they were going to take me out on the way to the loo.'

What's next?

She has a big project lined up for next year, though she's keeping schtum on it. 'I want it to be a big surprise,' she says. Does Hollywood appeal? 'If it was for the right role, of course, but I'm a bit of a home bird at the moment. My family keeps me grounded – there are no divas in our household.'

Who are her acting heroes?

'I look up to people like Judi Dench,' she says. 'She's had an incredible career and that's the longevity I'm aiming for.' Her dream role involves another set of frosty highlands. 'If someone's reading this in 30 years' time,' she says, 'please let me play Lady Macbeth.' ■

Interview by Phil de Semlyen
→ 'Gwen' opens Fri Jul 19.

THE TEN BEST POP-UPS AND FESTIVALS THIS WEEK

10 'Bleak Moments' + Mike Leigh Q&A

The director joins The First Film Club to chat about his debut movie.

→ Phoenix Cinema.
⊖ East Finchley. Wed Jul 17, 7.30pm. £12.

9 The Matrix

Free your mind with the sci-fi-action classic at this twentieth-anniversary screening, complete with immersive 4DX.

→ Cineworld Leicester Square.
⊖ Leicester Square. Wed Jul 17, 8pm. £23.70.

8 For All Mankind

Space out with a rare screening of this Brian Eno-scored 1989 doc charting the Apollo missions.

→ Regent Street Cinema.
⊖ Oxford Circus. Sun Jul 21, 3pm. £15.

7 Tampopo

Cinema has rarely been so mouthwatering as in this Japanese 'ramen western'. Itadakimasu!

→ Whirled Cinema.
Loughborough Junction Overground. Mon Jul 22, 8pm. £12.

6 Touched in the Head

This raucous social drama screens as part of the Barbican's new season dedicated to '70s French cinema.

→ Barbican Cinema.
⊖ Barbican. Thu Jul 18, 6.45pm. £12.

5 Cléo from 5 to 7

Agnès Varda's French new wave masterpiece is part of a BFI season dedicated to the filmmaking giant.

→ BFI Southbank. ⊖ Waterloo. Sun Jun 21, 8.45pm. £10.20.

4 Wings of Desire

Celebrate the late, great Bruno Ganz in Wim Wenders's beautiful visual poem.

→ Close-Up Cinema.
Shoreditch High St Overground. Sun Jul 21, 8pm. £12.

3 The Right Stuff

See the original rocketmen captured in this thrilling space-race masterpiece.

→ Prince Charles Cinema.
⊖ Leicester Square. Sat Jul 20, 11.45am. £10.

2 Spider-Man: Into the Spider-Verse

Backyard Cinema has recreated summery LA in Camden and Spidey will be swinging by.

→ Roundhouse. ⊖ Chalk Farm. Sat Jul 20, 4.30pm. £17.26.

1

The Favourite

Tether your horse to a nearby lamppost and join ye good ship Movies on the River for an eighteenth-century treat: Yorgos Lanthimos's hilarious, Oscar-winning period delight. What better way to watch the sun going down?

→ Tower Millennium Pier ⊖ Tower Hill.
Wed Jul 17, 8pm. £35.50.



Varda by Agnès



WHAT IS IT...

French director Agnès Varda reflects on her career.

WHY GO...

It's a fully stocked Varda-pedia and a charming tribute to the late filmmaker.

→ Director Agnès Varda (15) 115 mins.



DURING A CAREER that spanned the terms of nine French presidents, writer-director Agnès Varda charmed, entertained and provoked audiences with her extensive body of work. Her final film, made aged 90, is a documentary that looks back over those films, photos and art installations. 'Nothing is trite if you film it with love and empathy,' she says, spelling out her philosophy. Those words echo over two hours that blend talking-head bits with Varda herself with scenes from her work.

We see her looking back at her career highlights, like making 1985's 'Vagabond', and delving into her most famous work, 'Cléo from 5 to 7'. She also touches briefly on her filmmaker husband, Jacques Demy, whose childhood inspired 'Jacquot de Nantes'. The lows feature, too, like her bomb 'One Hundred and One Nights' in which Robert De Niro delivers some of the least convincing French dialogue in cinema history. Typically, she just chuckles at them.

Beaches and coastlines are a favourite subject of Varda's, as are her cats, which she talks about in the same breath as French rationalism and seventeenth-century Flemish painters. It may sound highfalutin, but from the effervescent Varda it's charming.

If 'Varda by Agnès' is a little dense at times, there's a lot of work to get through. But it's an enjoyable primer for anyone unfamiliar with her work, and true aficionados will get a kick from hearing her musings afresh. ■ *Joseph Walsh*

Tell It to the Bees



WHAT IS IT...

A lesbian love story set in small-town Scotland.

WHY GO...

For its heart-meltingly sweet central couple.

→ Director Annabel Jankel (15) 108 mins.



IN A SMALL town in 1950s Scotland, two women fall for each other. The hum of gossip that follows drowns out the buzzing from the hives they both tend. Directed by Annabel Jankel, 'Tell It to the Bees' is a poignant story of a romance that's crushed before it can take wing, even if it lacks the messiness of Fiona Shaw's source novel.

As in 'Atonement', its lovers are seen through the eyes of the child who accidentally ruins everything. Charlie lives with his vivacious but depressed mother Lydia (Holliday Grainger), who's scraping a living in a lace-making factory. He's bullied, so local doctor Jean offers him consolation: whispering secrets to her beehive.

Anna Paquin turns in a wry, winning performance as Jean. She's worn down by patients who think women should wield rolling pins, not stethoscopes. And she's been outed before, so it takes her a while to express her love for Grainger's lonely, jazz-dancing Lydia. Their romance simmers convincingly. Then it boils over in a mess of gossip, kidnapping, botched abortion and heavy-handed bee symbolism. Yes, the '50s were grim for women, but this pair get stamped on implausibly thoroughly.

Still, 'Tell It to the Bees' offers other rewards. The setting feels distinctive, and its leads glow in bright period frocks, scandalising the dour town's inhabitants with illicit colours as well as kisses. Their chemistry brings welcome sweetness to a story that refuses to sugar-coat the realities of gay life in a reactionary time. ■ *Alice Saville*

ALSO OPENING



THE EDGE



Test cricket: depending on your perspective, it's either an intense sporting crucible in which only the very best prosper, or it's a load of people standing in a field for five days, hoping it doesn't rain. 'The Edge' probably won't sway the second group (or too many Aussies), but for anyone who's curious about the psychological demands the sport makes of its best players and how a successful group dynamic is forged, or who just fancies spending a bit of time with Monty Panesar, this doc about the England team of 2012 hits a fair few sixes. *Phil de Semlyen*



GWEN



Gwen (Eleanor Worthington-Cox) lives with her mother (Maxine Peake) and younger sister Mari (Jodie Innes) in Snowdonia, awaiting the return of her father from the Crimean War while malevolent locals covet their family cottage. 'Gwen' is dark, both literally (the images are often pitch-black save for a flicker of candlelight) and in its consistent grimness. Debut director William McGregor's images hold supernatural potency, amplified by the drama of the landscapes, but by the time the brutal finale arrives, yet another splash of black barely registers. *Sophie Monks Kaufman*



MAKING NOISE QUIETLY



For his first film, theatre director Dominic Dromgoole turns in a contemplative and intimate interpretation of Robert Holman's play about the impact of war on life at home. Here, the trauma of World War II and the Falklands War reverberate in the relationships of its characters. Taken out of the shared space of a theatre and plonked on the screen, its three unconnected vignettes lack a satisfying glue to unite them, but it's nicely shot and acted, and tackles an often unspoken subject with real sensitivity. *Phil de Semlyen*



MY FRIEND THE POLISH GIRL



At one point offering a film within a film, this scratchily YouTube-feeling docudrama follows a American director as she meets, films and insinuates herself into the life of aspiring Polish actress Alicja in London. Brexit, sex and loneliness are topical undercurrents as Alicja negotiates break ups, auditions and rent. Co-directors Ewa Banaszkiwicz and Mateusz Dymek show a bold experimental streak, showing how the relationship between filmmaker and subject can become toxic, but it's too self-conscious to seduce. ■ *Phil de Semlyen*

Music & Nightlife

Edited by Oliver Keens
timeout.com/music @timeoutmusic

THE TIME OUT GUIDE TO

Ronnie Scott's Street Party

Soho plays host to a free all-day party to celebrate the jazz club's birthday

SIXTY YEARS AGO, in 1959, Ronnie Scott's opened its doors in a basement on Gerrard Street, Soho, before moving to its current home on Frith Street in 1965, where it has attracted the biggest and best names in jazz ever since.

As part of the year-long diamond anniversary celebrations, the club is holding a free street party this Saturday from noon until 6pm. The Frith Street festivities will, of course, feature some amazing jazz acts, but there'll also be family-friendly activities, outdoor bars, champagne cocktails and street food.

Headlining the music side of things is London-based saxophonist **Nubya Garcia**. She's just back from a North American tour and is absolutely storming it at the moment, leading the charge of the new Brit jazz stars to explode on to the scene (check out her debut EP 'Nubya's Five' to get a feeling for what she's about). This could be one of the last times you'll be able to hear her play for free, and she comes highly recommended.

Other acts lined up are ever popular Ronnie's regular **Pee Wee Ellis** and his Fun Assembly, Latin

jazz band **Eliana & La Evolucion** and children's jazz group **Kinetika Bloco**. As well as superlative jazz, there'll be a load of kids' entertainment including face-painting, balloon-modelling and a bubble show. Who doesn't love a bubble show while sipping champagne and listening to jazz?!

The charitable arm of the club will also be holding its third instrument amnesty, where members of the public are asked to donate musical instruments and equipment to be handed out to various music programmes that help young people growing up in challenging environments.

So head down to Frith Street this Saturday afternoon and help wish one of our most beloved musical institutions a very happy sixtieth birthday. ■

→ Ronnie Scott's Street Party is on Sat Jul 20 between noon and 6pm on Frith St.
☞ Tottenham Court Road.



By Roseanne Hanley
Who can be found soaking up jazz all year round.



Nubya Garcia

Pee Wee Ellis

NUBYA GARCIA: SCOTT GARRITY/PINPREP; PEE WEE ELLIS: SCOTT GARRITY/PINPREP; RONNIE SCOTT: BENJAMIN JOHN/ALAMY

Twelve facts about Ronnie Scott's

1 Ronnie Scott and Pete King originally opened the club in a basement on Gerrard Street in 1959, before moving to Frith Street in 1965.

2 The club has always had a house pianist. Currently it's the nimble-fingered and very talented James Pearson.

3 Sonny Rollins wrote the theme to 'Alfie' in the club.

4 The club once flew a grand piano suspended under a helicopter across the face of the Matterhorn in Switzerland. This was for a special Ronnie Scott's house band performance taking place as part of the Zermatt Unplugged festival.

5 The club currently has 3,524 members. But you don't need to be a member to get in. If you're new to the club and want to check it out, you should get along to one of the Late Late Shows (usually every night except Sunday, after the main show). Entry is a tenner (in advance, £12.50 on the door).



Ronnie Scott

6 Last year Ronnie's sold 77,539 bottles of beer, 3,500 bottles of champagne, 81,219 cocktails, 24,890 glasses of white wine and 2,999 plates of scallops.

7 The club sold 98 percent of their tickets for headline shows last year, so if you see something you want to go to, make sure to grab your ticket early.

8 The club only shuts on three nights per year.

9 Behind the bar is an unopened Magnum of 1964 Mumm Champagne that symbolises the club's status as a gangster safe house.

10 Zoot Sims was the first overseas artist to appear at Ronnie Scott's. For the first two years the club was open it was nearly impossible to get work permits for American musicians. Founder Pete King lobbied for the ban on Americans to be lifted and in 1961 Zoot Sims was booked for an unprecedented four-week residency.

11 Miles Davis only ever played at the club once, in 1969.

12 The club has only changed hands once in 60 years. The current owner Sally Greene bought the club in 2005. ■ *Roseanne Hanley*



Miles Davis

MILES DAVIS: DAVID REDFERN/GETTY; RONNIE SCOTT: EVENING STANDARD/GETTY



Gurn, baby, gurn!

A massive exhibition on rave culture opens this week

ACIEEEEED! TO MARK the thirtieth anniversary of 1989's Second Summer of Love, the Saatchi Gallery is presenting an immersive exhibition celebrating the birth and evolution of rave culture.

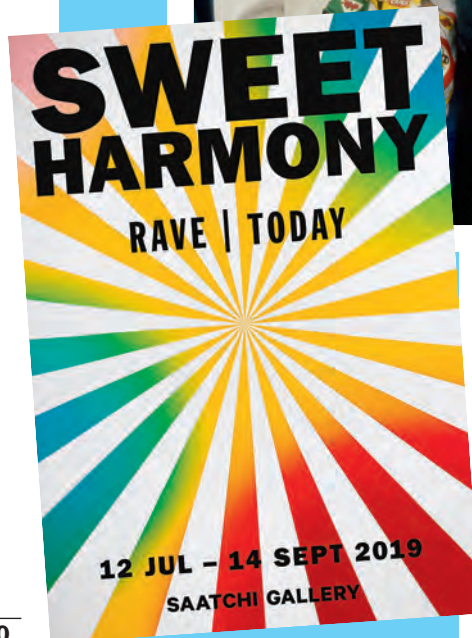
Titled 'Sweet Harmony Rave | Today', the exhibition uses photo stories, multimedia room installations and audio-visual works to chart how the rise of acid music led to an explosion of massive free rave parties all over the UK. The extensive exhibition – staged over the west London gallery's two main floors – will also bring the story bang up to date by exploring how today's youth tribes connect with rave culture.

The exhibition is co-curated by Kobi Prempeh and the Saatchi

Gallery's director Philly Adams, with contributions from photographers who documented this late '80s/early '90s countercultural phenomenon, including Mattko, Vinca Peterson and Time Out's former Nightlife editor Dave Swindells. You get the sounds as well as the sights of rave culture, as experts have collected the best of acid house and adjacent genres – including Detroit techno, happy hardcore, UK garage and grime – and created bespoke Spotify playlists.

Admission to the exhibition is a tenner. Wearing a T-shirt with a big yellow smiley face on it is entirely optional. ■ *Nick Levine*

→ 'Sweet Harmony: Rave | Today' runs at the Saatchi Gallery until Sep 14. ↻ Sloane Square. £10.



CLOCKWISE: © DAVID SWINDELLS 201; EWEN SPENCER LTD; TED POL-HEMUS



NEWS

A nightclub for queer womxn has opened

LONDON'S THRIVING SCENE

for lesbian, bisexual and queer women has had a sizeable boost recently. After welcoming 2,000 revellers to its Pride afterparty on Saturday, Lick, the club night which bills itself as 'for womxn, by womxn', is opening its own nightclub.

Lick nightclub launched last week in the same complex that holds other Vauxhall mainstays Fire and Lightbox, right opposite Vauxhall tube station. Lick founder Teddy

Edwardes says the club will be open on Tuesdays, Fridays and Saturdays to begin with, then 'more days as we get busier'.

Like the monthly club nights, which Edwardes

started three years ago, Lick will be for womxn and non-binary people only. 'It's important for womxn to have spaces where they feel comfortable and safe to be themselves,' Edwardes says. 'There's a real lack of diversity on the LGBT+ scene, and it's extremely important that we get more representation for trans, non-binary and queer people of colour; that's where Lick comes in'.

Tunes-wise, Lick rocks a heavy R&B, hip hop and grime soundtrack between from 9pm to 4am. The venue is wheelchair-accessible and has an outdoor garden for when things get super-hot on the dance floor. ■ *Nick Levine*

→ Lick is at 6a South Lambeth Rd. ☉ Vauxhall. Follow them at www.instagram.com/lickevents



WHAT'S THE DEAL WITH Gus Dapperton

Okay, what is the deal with this guy?
Meet 22-year-old Gus Dapperton: expert in irreverent song titles (eg, 'Prune, You Talk Funny' or 'I'm Just Snacking'), devotee of the brightly coloured bowl cut, and New York-born prince of bedroom pop.

So his music's pretty lo-fi then?
Actually, his take on DIY pop is quite polished. The bitesized 'I Ascend' is a string-laden piano epic that gets cut off just as it's about to take flight, while other Dapperton bops boast ultra-refined layers that turn them into little tapestries of synth invention.

Sounds cool, but does he actually write songs about snacks?
Rest assured, Dapperton isn't some ironic millennial pseud trying to turn your five-a-day into pop

hits. Instead, he writes around classic pop themes – heartache and heartbreak – telling tales of his adulthood in opaque lyrics that compel you to unlock their secrets.

I'm almost sold. What's he like live?
A big bundle of fun. He and his band – which features his younger sister Amadelle – are pros at turning your standard music venue into popping dance parties. Expect to see high kicks, crowd-surfing and lots of uninhibited moves you'll be trying to copy.

Fun! How can I join in?
Dapperton's latest UK tour passes through London soon. Before then, get warmed up in your bedroom with his debut album, 'Where Polly People Go to Read'. ■ *Rhian Daly*
→ Gus Dapperton plays Heaven on Jul 24.



SOUTH WEST FOUR

WEEKENDER • 2019 WITH CAPITAL FM

SATURDAY 24TH AUGUST

AUGUST BANK HOLIDAY WEEKEND

CLAPHAM COMMON, LONDON

SUNDAY 25TH AUGUST

OUTDOOR MAIN STAGE

MARTIN GARRIX (A-Z)
ALISON WONDERLAND
ARMAND VAN HELDEN
BAKERMAT
MARVIN HUMES
OLIVER HELDENS
SAN HOLO
TASKA BLACK & DUSKUS
TCHAMI & MALAA: NO RECOMMENDATION
AFTERNOON HEADLINE SET:
TINIE TEMPAA

LIAM DALEY

TSS5 STAGE TAKEOVER

CRAIG DAVID PRESENTS **TSS5**
SIGMA (CLOSING SET) (A-Z)
BIG ZUU
JAX JONES & MARTIN SOLVEIG
PRESENT: EUROPA
MABEL
NATHAN DAWE
YUNGEN
VERY SPECIAL GUEST:
BASEMENT JAXX

HD LIFE

Feather • BITE SIZE?

JAUZ OR HOLY GOOF
R3HAB
SLUSHII OR DOKAY
WHAT SO NOT
DISTRICTION BOYZ
BARELY LEGAL
MADAM X
NINA LAS VEGAS
EXAMPLE
LONDON SOUND ACADEMY

CAPITAL WEEKENDER

SIGALA
JAMES HYPE
MARTIN JENSEN
DYNORD
M-22
SARAH STORY
RIO
VERY SPECIAL GUEST:
ELDERBROOK
SUBBASS ACADEMY

DISCIPLES
ANTI UP: CHRIS LAKE & CHRIS LORENZO
AMINE EDGE & DANCE
THE MAGICIAN
ELI & FUR
MASON COLLECTIVE
COCO COLE
TECHNIK
VERY SPECIAL GUEST:
IDRIS ELBA

OUTDOOR MAIN STAGE

PENDULUM: TRINITY
ANDY C • WILKINSON PRESENTS
ALL FOR YOU LIVE (A-Z)
DJ TINNY
MS DYNAMITE
REZZ
SHY FX PRESENTS **CULT.URE**
TOD ROYAL T / D/D / FLAVA D
AFTERNOON HEADLINE SET:
PLAN B

KRUEL INTENTIONS

STON & GUNBLE

CHASE & STATUS DJ SET (A-Z)
BROCKIE & DET EXPERIENCE
CONGO NATTY & RESISTANCE LIVE
DJ RON
KABAKA PYRAMID
MASICKA
MY NU LENG
RANDALL OR DOC SCOTT
SEANI B
VERY SPECIAL GUESTS:
SASASAS

SUBBASS ACADEMY

WILEY
WRETCH 32 OR TROUBLE MAKER
DABABY OR
CASISDEAD
CHIP
DAPPY
DEVLIN
DJ SEMTEX
MS BANKS
RUSS SPLASH
STEEL BANGLEZ
YINKA
LONDON SOUND ACADEMY

FABRICLIVE

NOISIA DJ SET
DJ HYPE & DJ HAZARD
BLACK SUN EMPIRE
FRICTION PRESENTS **CONNECTIONS**
ALIX PEREZ OR **SPECTRASOUL**
DILLINJA OR **BENNY L**
TOTAL SCIENCE OR **BREAKAGE**
SAMMY VIRJI
KYRIST OR **MONTY**
OR **SEANI B** PRESENTS
KINGS OF THE SHADOWS

CruCast

SKEPSIS • DARKZY
BRU-C • TS7
MR VIRGO • LAZCRU
WINDOW KID
KANINE (A-Z)
CHAMPION
P MONEY
PROBLEM CENTRAL
TURNO
UPGRADE
VERY SPECIAL GUESTS:
REDLIGHT OR **ZINC**

LAST REMAINING TICKETS

SOUTHWESTFOUR.COM

GIGS AND CLUBS



Lizzo

After smashing it at Glastonbury, 2019's breakout star brings her completely delicious and supremely nourishing 'Juice' to Brixton for her biggest UK headline gig yet.

→ 02 Academy Brixton. Nov 6.

Evelyn 'Champagne' King

Love (and classic bangers) will come down at the disco queen's intimate Camden gigs.

→ The Jazz Cafe. Jul 22-23.

Derrick May and the Orchestra

The godfather of techno reinvents his seminal works with the City of London Sinfonia.

→ Royal Festival Hall. Aug 29.

Alice Chater

After impressing at Mighty Hoopla, the pop starlet has announced a headline gig. Catch her before she goes supernova.

→ The Camden Assembly. Sep 9.

Khalid

The Texan R&B wunderkind hits town for an arena show. Support comes from local hit-makers Mabel and Raye.

→ The O2. Sep 17.

Babeheaven

The rising stars from west London play a sure-to-be-jubilant hometown show.

→ Islington Assembly Hall. Oct 30.

Metronomy

Joe Mount's melodic electronica posse have just booked a second night at Camden's Roundhouse.

→ Roundhouse. Nov 7-8.

Homobloc

Billed as 'a queer block party for all', this one-day fest from Manchester club crew Homoerotic has an ace line-up including The Black Madonna, Róisín Murphy and a Robyn DJ set. It's taking place in a 10,000-capacity space in the city's old Mayfield train station.

→ Depot, Manchester. Nov 9.

Buy tickets at timeout.com/gigs

COMMUNION PRESENTS BY ARRANGEMENT WITH WME

Bear's Den
So that you might hear me

20.02.20
EVENTIM APOLLO
LONDON

TICKETS ON SALE FRI 19 JULY AT 9AM

BEARSDENMUSIC.CO.UK
COMMUNIONMUSIC.CO.UK
EVENTIM.CO.UK

FISHER

ABODE IN THE PARK

ABODE IN THE PARK

FINAL UK SHOW OF 2019
SUNDAY 22ND SEPTEMBER
FINSBURY PARK, LONDON

TICKETS SELLING FAST:
ABODEINTHEPARK.COM

ABODE
baphaolMAN.com

Theatre & Dance

Edited by **Andrzej Lukowski**
timeout.com/theatre @timeouththeatre

WHAT'S THE DEAL WITH

The Globe's midnight matinées

The booziest, Bardiest night in London theatre is back for the summer

So it's watching a play, only it starts at midnight?
Yup! Each summer a selection of the shows in the Shakespeare's Globe summer season do a single performance that begins at midnight.

Is it a matinée if it's at midnight?
Well it officially starts at 11.59pm (presumably to stop people turning up on the wrong day) but as the entire play takes place in the early hours of the morning it is surely closer to the original French meaning of 'matinée'? It's also a tidy piece of alliteration, plus it doesn't really matter.

What's the vibe like?
Drunk.

How drunk?
Modestly so for 2am in London on a Saturday night, but quite a lot for a trip to the theatre. The bar stays open until the interval and – hashtag lifehack – you can BYOB so long as you don't have glass bottles. Based on this writer's observations, the crowd starts off merry and ends up rowdy.

Is it a tribute to original Shakespearean practices?
Absolutely not. If you went out at midnight in sixteenth-century Southwark, you took your life



in your hands. It was something former Globe boss Mark Rylance introduced 16-ish years ago as a bit of fun, and it has just stuck.

So what's on?
On Saturday night it's Sean Holmes's deeply weird production of 'A Midsummer Night's Dream', which will probably be about as odd a thing as you could do with your evening. Then on Friday September 6 it's the return of last year's acclaimed, gender-swapping take on another popular comedy, 'As You Like It'. You've missed June's 'audience choice', though – that's where the audience bellows out which of three Shakespeare plays they want the actors to perform, with the one that has the most vocal support winning – but it'll be back next year.

Why would I actually want to see a play at midnight?
Because it's a great London experience that everyone should do at least once, because the Globe's rowdy house style is perfectly suited to

the timeslot, and because have you tried going clubbing in central London recently?

Is it expensive?
It's not – it's just regular Globe prices, meaning that, yes, all standing tickets are £5. It's a little more if you want to sit, but there's no late night premiums. Bring a four-pack with you and you've got probably the cheapest night out in London.

Amazing! Maybe all plays should be staged at midnight?
Well that would probably be a logistical, financial and artistic disaster, but hopefully the Globe will continue to uphold this thoroughly noble tradition for years to come. ■
→ Shakespeare's Globe. ⊕ Blackfriars. 'A Midsummer Night's Dream'. Sat Jul 20. 'As You Like It'. Sep 6. 11.59pm. £5-£49.



By **Andrzej Lukowski**
Who absolutely insisted on getting a cab home.

Joseph and the Amazing Technicolor Dreamcoat



THERE ARE SOME very cool new versions of the early works of Andrew Lloyd Webber and Tim Rice doing the rounds at the moment.

'Joseph and the Amazing Technicolor Dreamcoat' isn't one of them. It remains sweet, silly, reasonably lovable 'Joseph...', in a lavish but lightweight revival from Laurence Connor.

Of course you're not going to get much grit out of 'Joseph...', which was written as a primary school play. And Connor and his team have fun playing with the Book of Genesis-inspired musical's origins. Despite the obviously enormous budget, there's a wilful am-dram larkiness to the whole thing: the cast is peppered with child performers, several of them



playing adults and wearing crappy false beards, while many of the props – camels made from bicycles, towering golden statues – manage to simultaneously look incredibly expensive and like they cost 5p.

It also has gigantic tunes, given a sumptuous orchestration. In the title role, newcomer Jac Yarrow demonstrates a terrific pair of lungs and a winningly peppy charisma.

Unfortunately the show has the emotional heft of a beetroot, and is so flyaway that some of the iffier stuff seems worse than it might in a work of greater substance. Its luridly orientalist Egypt scenes are really quite icky; and Jason Donovan's indecipherable vocals as the Pharaoh don't help.

Then there's Sheridan Smith's knowing Narrator. She can dance,

WHAT IS IT...
Andrew Lloyd Webber's jolly Old Testament smash is back.

WHY GO...
For the sheer lurid spectacle of the whole thing.

BOOK...
Buy tickets at timeout.com/tickets

→ London Palladium.
⇌ Oxford Circus.
Until Sep 8. £20-£175.

she can sing... she's a double-Olivier-winning actor slightly wasted playing a parody of herself.

Look, it's a kids' show with some winning songs and the budget of a small nation state. Of course it's fun. But there's no great revelation in this revival – it's just a 50-year-old musical coasting on bright tunes and arched eyebrows. ■
Andrzej Lukowski

ALSO OPENING



Jesus Christ Superstar

★★★★★
→ Barbican Centre. ⇌ Barbican.
Until Aug 24. £15-£62.50.
First seen in 2016 at Regent's Park, Timothy Sheader's bombastic revival of Andrew Lloyd Webber's rock opera arrives at the Barbican. It looks incredible: Tom Scutt's set of rusty girders and a cross-shaped catwalk is gloriously lit by Lee Curran. It also sounds incredible: musical director Ed Bussey drives relentlessly down the rock route, with an electrifying live band on set, turned up loud.
Holly Williams



Peter Gynt

★★★★★
→ National Theatre, Olivier. ⇌ Waterloo. Until Oct 8. £15-£68.
There are good things about David Hare's update of this wacky Ibsen epic. In the title role, James McArdle is a megaton bomb of an actor, who effortlessly owns the stage as the swaggering dickhead Gynt, who goes from almost-lovable fantasist to very-hateable capitalist to embittered old douchebag. And the text is often disarmingly witty. But for all the fleeting lols, it's a rambling, incoherent slog.
Andrzej Lukowski



Seven Methods of Killing Kylie Jenner

★★★★★
→ Royal Court Theatre.
⇌ Sloane Square. Until Jul 27. £12-£18.
Cleo wants to kill Kylie Jenner. Her friend Kara just wants her to stop tweeting death threats to Insta-celebrities. Jasmine Lee-Jones's meme-scattered debut play is original and genuinely hilarious. Nothing's off-limits as these two women dig into everything from school humiliations to the vast structural privilege that light-skinned women like Jenner enjoy. ■
Alice Saville

EXCLUSIVE

'ON YOUR FEET'



Get 35 percent off tickets to the exhilarating Gloria Estefan musical inspired by her real-life love story with Emilio Estefan – featuring all their smash hits. Tickets start at £14.50.

TIMEOUT.COM/ONYOURFEET

Ts&Cs apply.

TimeOut
THE BEST OF THE CITY

NEW SHOWS
THE HOTTEST THEATRE OPENINGS THIS WEEK

WEST END

The Night of the Iguana

Clive Owen makes his hotly anticipated return to the West End, playing a disgraced priest in Tennessee Williams's brooding Southern classic.
→ Noël Coward Theatre.
⊖ Leicester Square.
Until Sep 28. £10-£127.25.

OFF-WEST END

80 Days – A Real World Adventure

Race around central London with this Jules Verne-inspired immersive show.
→ Secret Covent Garden location. Until Sep 29.
£29, £26.50 concs.

The Actor's Nightmare

New York playwright Christopher Durang's outrageous theatreland satire.
→ Park Theatre. ⊖ Finsbury Park. Until Aug 10. £14.50-£18, £13-£16.50 concs.

Almeida Young Company Season

Early-career actors cut their teeth on two new plays: 'The Wave' by Molly Taylor and '(This Isn't) A True Story' by Nina Segal.
→ Almeida Theatre. ⊖ Highbury & Islington. Mon Jul 22-Jul 25. £10 each, £15 for both.

Casa Festival

Soak up some Latin American spirit at this lively fest, which is laying on subversive hit shows alongside live music, films and a mezzal bar.
→ Various Dalston locations.
Tue Jul 16-Jul 27. £10-£22, £10-£15 concs.

Drawing by Marc-Antoine Coulon – Agency John Brightman

The Falcon's Malteser

A box of chocs sets off a thrilling chain of events in this show based on Anthony Horowitz's kids' book.
→ The Vaults. ⊖ Waterloo.
Wed Jul 17-Aug 25. £15-£35.

Games for Lovers

A millennial dating comedy by Ryan Craig.
→ The Vaults. ⊖ Waterloo.
Until Aug 25. £20-£35.

Starved

Michael Black's tense Hull-set drama follows a couple on the edge.
→ The Hope Theatre. ⊖ Highbury & Islington. Tue Jul 16-Aug 3. £15, £12 concs.

The Unholy Marriage of Slice and Sweetly

Solve an East End murder mystery at this immersive show.
→ St Matthew's Church. ⊖ Bethnal Green. Thu Jul 18-Aug 30 (Thu-Sat). £17-£29.

LAST CHANCE

Sweat

Lynn Nottage's unmissable drama.
→ Gielgud Theatre. ⊖ Piccadilly Circus. Until Sat Jul 20. £17.25-£107.25.

TOP-SELLING TICKETS

ATTIMEOUT.COM/TICKETS

1 Wicked

Soaring songs, emotional complexity and a dusting of magic make this West End musical a gravity-defying hit.
→ Apollo Victoria. Until May 23 2020.

2 The Book of Mormon

This long-running musical from the 'South Park' boys offers juvenile humour and serious production values.
→ Prince of Wales Theatre. Until Oct 12.

3 The Night of the Iguana

Classic drama with a starry cast.
→ Noël Coward Theatre. Until Sep 28.

4 The Lion King

Disney's roarsome animal musical.
→ Lyceum Theatre. Until Feb 16 2020.

5 The Play That Goes Wrong

A knockabout backstage farce.
→ Duchess Theatre. Until May 3 2020.

FOR TICKETS TO THE BEST SHOWS AT GREAT PRICES
TIMEOUT.COM/TICKETS

EXCLUSIVE

Get up to 44 percent off tickets to 'Big the Musical' – the all-singing stage adaptation of the beloved 1988 Tom Hanks movie. Tickets from just £29.50.

TIMEOUT.COM/BIG

More listings at www.timeout.com/theatre

Art

Edited by Eddy Frankel
timeout.com/art @timeoutart



Jodie Carey



THERE'S AN OFT-TOLD story in my family about the time a friend's kid drew on the living room wall, then denied it was her. The only problem was this: it was her own name she'd scrawled in crayon across the wallpaper.

This seemingly primal need to impose our markings on the world around us, from cave paintings to bus-stop graffiti, informs the raw, tactile installations of Jodie Carey. This small exhibition contains a series of huge canvases created by weaving together strips of its robust

WHAT IS IT...
XXL-sized woven canvases delicately decorated.

WHY GO...
They'll make you remember the thrill of writing on your school desk.

→ Edel Assanti. ↻ Goodge St. Until Aug 16. Free.

material coated in wet paint. The rippling surfaces are then patterned with tiny fragments of embroidery, faint areas of pastel paint or scratchy lines of colouring pencil.

Two things immediately hit you. First, the visceral undone-ness of the surfaces and, with it, a host of half-remembered memories of wind-battered beaches and torn flags whiplashed against a concrete wall. The second is the vast whiteness or uniform paleness of the material.

Both impressions turn out to be untrue the longer you look. Caught in the light, the woven strips take on the appearance of silk with intermittent ribbons

diving through. Colours too, become clear all over the artworks. A band of spearmint blue is pasted across the bottom of one, while smears of margarine gold appear elsewhere along with coral, bottle-green and granite.

With the Anni Albers-esque weaving, it's possible to draw out themes of feminine craft and heirloom tapestries. But what comes across more strongly is the suggestion of antiquity and naturalness. These creations could have formed organically like branches growing around each other in a dark forest. And if they had, someone might well have carved a love heart or a dirty word into one. ■ Rosemary Waugh



By Rosemary Waugh
Who just wrote her name on the wall of the Time Out loos. Again.

THREE SHOWS YOU HAVE TO SEE

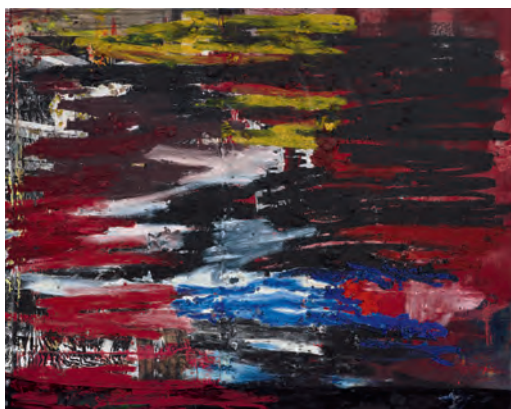
Still on and still great



↑ Issy Wood: 'All The Rage'

Disturbingly relatable paintings of modern angst and millennial obsessions. Attend, weep, go home.

→ Goldsmiths CCA. New Cross Gate Overground. Until Aug 11. Free.



↑ Oscar Murillo: 'Manifestation'

Once the next big thing, Murillo proves he's now simply a big thing with these blood-coloured, visceral artworks.

→ David Zwirner. ⊕ Green Park. Until Jul 26. Free.



↑ Faith Ringgold

These beautifully crafted paintings and quilts are fiercely political art at its finest.

→ Serpentine Gallery. ⊕ Lancaster Gate. Until Sep 8. Free.



SHOW OF THE WEEK

Olafur Eliasson: 'In Real Life'

OLAFUR ELIASSON DOES epic like few others. The Danish-Icelandic artist was last at Tate Modern in 2003 with 'The Weather Project', a monumental installation that transformed the Turbine Hall into a pulsating, hazy sunset. This time, he's showing 40 works, including many large-scale installations, made throughout his career.

One of the most impressive is 'Beauty', a descending veil of super-fine mist that causes a faint rainbow to appear in the darkness. The undulating waves of microscopic water droplets look like fine falling sand or the light fracturing through a horse's mane.

Another centrepiece is 'Din blinde passager', a 39-metre-long corridor filled with fog and an intense bright lemon glow. Stepping into this blaze of light involves overriding every primal instinct screaming at you

not to. It's terrifying, exhilarating, beautiful and what I honestly imagine death will be like.

The themes of Eliasson's art can loosely be summarised as elemental forces, perception-alteration and yellow (from a wall of moss tinged a soft primrose to the unabating sunshine hum of repeating lights, yellow overwhelms this show). Both the nature-inspired works and the sensory-befuddling ones make you hyper-aware of your own body and the events happening around it.

You feel the ripples of coolness from a swinging ceiling fan like it's the first time your body has come into contact with moving air particles or you start seeing 'light' like it's a 'thing' the way a table is a 'thing' or a plant is a 'thing'. Gazing into the kaleidoscopic mirrors or walking into the fog, the sheer weirdness of

ISSY WOOD: 'ALL THE RAGE' (2019). COURTESY THE ARTIST AND CARLOS/SHIKAWA. LONDON. OSCAR MURILLO: 'UNTITLED NEWS' (© OSCAR MURILLO. COURTESY THE ARTIST AND DAVID ZWIRNER; FAITH RINGGOLD: 'THE FLAG IS BLEEDING #2' (AMERICAN COLLECTION #6), (1997). COURTESY PIPPI HOLLDSWORTH GALLERY, LONDON. © 2018 FAITH RINGGOLD / ARTISTS RIGHTS SOCIETY (ARS), NEW YORK

Read more reviews
at timeout.com/art



QUERIE ELIASSON: 'STERNENSTÄUBCHEN' (2014), PHOTO: JENNY FRIE, 2017, © 2014 QUERIE ELIASSON; QUERIE ELIASSON: 'YOUR UNCERTAIN SHADOW' (COLOUR) (2010), PHOTO: MARIA DEL PILAR GARCIA AVENSA; STUDIO OLAFUR ELIASSON © 2010 OLAFUR ELIASSON

tottering around the planet becomes a conscious consideration.

For centuries, artists and philosophers have mumbled about the 'sublime', the point at which beauty and terror collide to create that awe-inspiring feeling you get when standing on a Highland peak or staring at thrashing waves. Eliasson is a twenty-first-century master of the sublime – it's no surprise Caspar David Friedrich is referenced here or that Eliasson has previously been inspired by JMW Turner.

But when Eliasson captures the monumental power of nature it's for a specific reason: to make it explicitly clear that THIS – this glorious, miraculous planet with its winds, rains and rocks – is precisely what we're systematically destroying by letting it melt, crack and fall apart. This is epic environmentalism and, yes, it's sublime. ■ *Rosemary Waugh*

WHAT IS IT...

Awe-inspiring installations based on nature, light and the elements

WHY GO...

It will scare you, elate you and make you recycle.

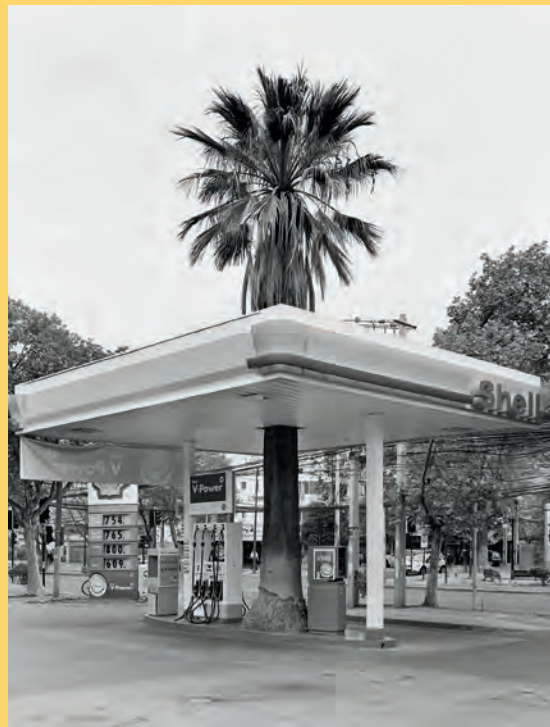
→ Tate Modern.
 ☉ Southwark. Until Jan 5, 2020. £18, concs available.

Urban Impulses: Latin American Photography from 1959 to 2016

THE PHOTOGRAPHERS' GALLERY

14 Jun—6 Oct 2019

tpg.org.uk



© Sebastián Mejía, Quasi oasis 17, Av. Simón Bolívar, Santiago (detail), 2012, Courtesy of the artist

16–18 Ramillies Street
 London W1F 7LW
 ☉ Oxford Circus

Registered charity no. 262548

Supported using public funding by
ARTS COUNCIL ENGLAND

Food

Edited by Tania Ballantine
timeout.com/eatdrink @timeouteatdrink

Shish of the day

Late-night mystery meat has had an upgrade, with fresh, colourful takes on the kebab. Here are five of the finest

1 Berenjak

A boho-chic Persian joint from the team behind Bao and Hoppers, Berenjak is certainly not your standard kebab shop. Indulgent meats like saffron-laced guinea fowl and sumac-spiced chicken are instead cooked up in a bustling, open, rotisserie-style kitchen. Whack some of it on a clay-baked flatbread and you're in for the meaty meal of your life.

→ 27 Romilly St, W1D 5AL.

☉ Leicester Square.

2 Gökyüzü

If you know Green Lanes, you know Gökyüzü. A roaring Turkish institution loved by locals, this place is renowned for its towering meat platters and great-value prices. Bring friends and share

a huge serve of smoky, succulent chicken and lamb on top of loads of rice and bulgur wheat. Other branches are in Walthamstow, Finchley and Chingford.

→ 26-28 Grand Parade, N4 1LG.

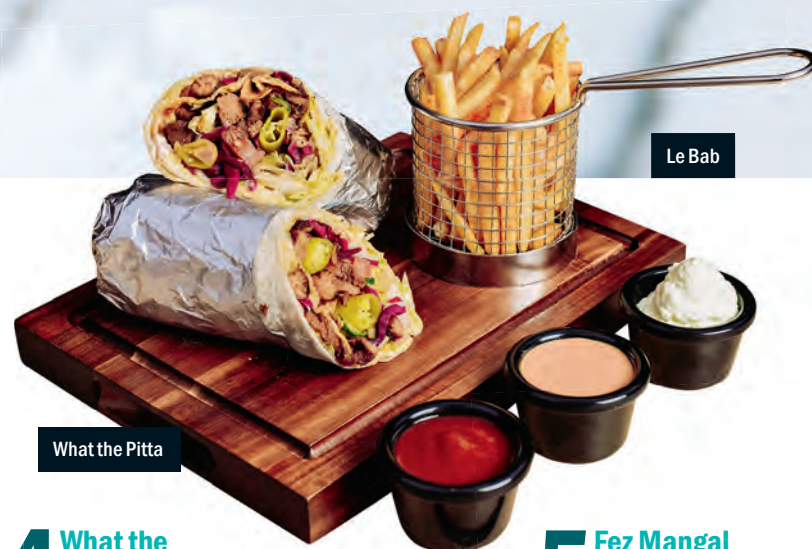
Harringay Green Lanes Overground.

3 Le Bab

A street-food stall gone permanent in Soho, Le Bab is a 'gourmet' kebab shop (its words) from a group of chefs who got their kicks at the likes of La Gavroche. The kebabs here are open sandwich-style, with seasonal fillings (15-hour pork shawarma) painstakingly arranged over thin, house-made flatbreads. So beautiful it almost seems a pity to roll them up.

→ Top Floor, Kingly Court, Carnaby St,

W1B 5PW. ☉ Oxford Circus.



What the Pitta

4 What the Pitta

One for those who prefer it plant-based, the 'meat' in What the Pitta's kebabs is actually soya marinated in spices. But this posh vegan option tastes like the real thing. Creamy sauces and thin, floury, flatbread seal the deal.

→ 89-91 Bayham St, NW1 0AG.

☉ Camden Town.

5 Fez Mangal

A no-frills restaurant with a constant queue, Fez Mangal is a neighbourhood favourite for mixed-grill platters and fantastically good falafel. Oh, and it's BYO with no corkage fee. Brilliant for a bargain dinner. ■

→ 104 Ladbroke Grove, W11 1PY.

☉ Ladbroke Grove.

THREE OF THE BEST

South Bank restaurants



↑ The Coal Shed

A steak and seafood restaurant that's made its way to Tower Bridge via the sunny shores of Brighton, The Coal Shed is all about rustic meats grilled over charcoal. 'Sharing steaks' are the speciality. It's always packed for Sunday lunch, obvs.

→ One Tower Bridge, 4 Crown Square, SE1 2SE. ⊕ London Bridge.



↑ Florentine

The big draw at this slick all-day brasserie is a giant fry-up made with an ostrich egg (it's so popular you need to pre-order). But the more classic European options – lamb and tzatziki flatbread or the veal milanese – are the real winners.

→ 6 Hercules Rd, SE1 7DU. ⊕ Lambeth North.



↑ Le Pont de la Tour

The stuff of tourist dreams, this classy riverside spot serves up traditional French food with a picture-perfect view of Tower Bridge. Go at lunch for the best prices (three courses for £29.50) and the scenery (ask for a table on the terrace).

→ 36d Shad Thames, SE1 2YE. ⊕ London Bridge.

The rest of the best at timeout.com/southbank

THE COAL SHED & FLORENTINE: PAUL WINCHFURNISS

Japan Centre Ichiba
Level -2 Westfield White City
Shepherd's Bush W12 7HB

Win flights to Japan! Enter on www.ichibalondon.com

Compliments of JAPAN AIRLINES T&Cs apply

EXCLUSIVE

INAMO



Tuck into endless pan-Asian dishes and free-flowing prosecco at this Love London Award-winner for a palatable £30 – only with our exclusive offer.

TIMEOUT.COM/INAMO-2019

Ts&Cs apply.

TimeOut
THE BEST OF THE CITY

Sushisamba Covent Garden



SUSHI PURISTS WILL struggle with Sushisamba. At this Japanese-Peruvian-Brazilian fusion restaurant, the chefs do wacky things like put mozzarella in your sushi and serve your kobe beef with mustard. Crazy, right? So are the interiors. This jungle-like space has a balcony, plants dangling off every inch of the ceiling (one hit me in the face as we walked to our table), dining booths that look like birdcages and a sexy Latino soundtrack that thumps away constantly as you eat. In other words: buckets of atmosphere.

The huge fusion menu features everything from plantains to wagyu beef and butterfish. Don't be overwhelmed and miss the robata grill section, because the slightly chewy chicken hearts ('corazon de pollo') were the star of the



WHAT IS IT...

A second branch of Sushisamba, this in Covent Garden.

WHY GO...

For the wackiest sushi in town.

→ 35 The Market Building, WC2E 8RF. ☺ Covent Garden. Vegan-friendly.

show. Served anticuchos-style on a skewer, they came with a spicy sauce and a side of deliciously rubbery Peruvian corn. Also get the £8 kobe starter: a super-soft bun filled with tender wagyu beef and a tangy swirl of mustard on the side. Pad out the rest of your order with snacks, like some of that mozzarella sushi. I expected to hate it, but with its crispy onions and jalapenos, it tasted like a cheeseburger. We

ended up polishing off the plate.

The catch was the bill, which added up quickly. If you've got cash to spare, go to Sushisamba. It's a memorable place to eat in a sea of semi-boring Covent Garden spots aimed at tourists. Get a table on the balcony and you can watch them walk around below you like cute, camera-toting ants. ■ *Kelly Pigram*
Dinner for two with drinks and service: around £190.

EXCLUSIVE

Save 65 percent on two cocktails and a meal at **Manetta's Bar** at the Flemings Hotel Mayfair. From just £18

TIMEOUT.COM/MANETTA

Sponsored Listing

Going out? Try here.



WHITE CITY

ICHIBA SAYS:

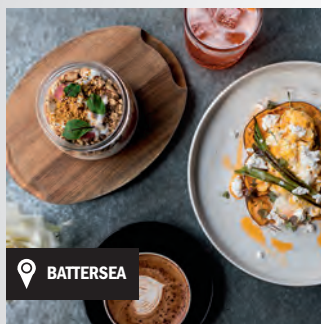
'Join Ichiba's first birthday celebrations on July 20 and 21 for a full weekend of exciting events at Europe's largest Japanese food hall. Expect a Hello Kitty meet-and-greet, taiko drumming, bon dancing, origami and calligraphy workshops, delicious tastings and a 30 percent off summer sale!'
Level -2, Westfield White City, Relay Square, W12 7HB.



BLACKFRIARS

BUSTRONOME SAYS:

'Come rain or shine in the British summer, you can enjoy the perfect dining ambiance at Bustronome. The new menu offers six fresh courses to savour – such as crab and artichoke "gateau" with tobiko in a light crab and wasabi sauce – whilst you enjoy the best sights of London.'
Coach Bay 40B, 25 Victoria Embankment, WC2N 6PB.



BATTERSEA

THE FARMER'S MISTRESS SAYS:

'At The Farmer's Mistress, you'll have a love affair with food. We create wholesome yet indulgent dishes with quality, fresh produce for all dietary requirements. Try the delicious "naturally naughty" menu for brunch, lunch and supper alongside more natural cocktails and wines for all the fun with none of the guilt.'
300 Battersea Park Rd, SW11 3BU.



BOROUGH

THE MILLER SAYS:

'This Saturday (July 20), The Miller hosts London's largest real cider festival, with 100 ciders and perries for just £3.50 each! Sample dries, scrumpys, frozen cider cocktails and more. Plus, try tacos from Qué Padre Taqueria and listen to DJs in the huge beer garden – they'll be spinning from noon to 1am.'
96 Snowfields Rd, SE1 3SS.

Drink

Edited by **Laura Richards**
timeout.com/bars @timeouteatdrink

BAR OF THE WEEK

Murder Inc



DONALD TRUMP'S MUG greets you at Murder Inc. The central London spin-off from Shoreditch's Cocktail Trading Company has his grimacing face at the door. A team who've made their name in fun times seem to have forgotten what people want from drinking these days: escapism. And if not that, then probably not a bar that makes light of criminals. But what do I know: the place was, er, mobbed.

In the basement (follow the 'Highway to Hell' sign), the bar is named after New York's 1930s

gangsters – it's small, divey and dark, lit by red neon and with lamps on tables adding to the 'gangster noir' decor. There are mugshots on the menu, plus portraits of LA's Playboys 13 gang on the walls and of Charlie Sheen in the bathroom. Poor taste aside, the welcome is as wild as you'd expect from this crew.

They have stiff whisky cocktails by the barrel-load, an absinthe drink

on tap and a banging happy hour list (selected drinks are £6 until 7pm). I asked for help with the main menu (it's quite a long one) and was recommended a Sweet Nothing (£11.50), a clear yet deliciously heady mix of vodka, cola vermouth, champagne and a botanical spirit between whisky and gin – so, basically, all of the drinks! The Hay Zeus (£9.50) was a totally blue and

mezcal-tasting tippie that included 'celery-hay shrub', and 'blue wine'. I asked about the latter and was told it was top secret – that's some gangster shit right there.

While some elements miss the mark, the drinks are fun and flawless. And you'll struggle to top that happy hour in central London, where the prices can often be criminal. ■ *Laura Richards*

WHAT IS IT...

A central London follow-up from Cocktail Trading Company, dubiously based on New York gangsters.

WHY GO...

Creative cocktails without the killer price tag.

→ 36 Hanway St, W1T 1UP.
↻ Tottenham Court Rd.



The Lady Hamilton



THE LADY HAMILTON is a small, done-up boozier in Kentish Town from the crew behind The Pineapple: a pub in the same area that's known across town as a very cosy session spot and one of London's finest watering holes. This little Lady is much simpler than her sister. She's well-equipped with all the classic features a modern pub needs: a menu of creative craft beers, a great old-school rock soundtrack, occasional comedy nights and a furniture set-up that could double as that of your living room.

There's not much to it other than that, really. This pub is one small room filled with standard tables and chairs, but there's no outdoor area or upstairs dancefloor, which is a shame – the straightforward space used to be Camden Brewery's first tap room, which makes sense given the size and shape of it. Foodwise, on our visit Japanese pop-up Yuu Kitchen was running the show, and an ex-Nobu chef served up deliciously fluffy bao stuffed with beef and mushrooms. It went down well with a crisp Gyrocopter pale ale from the local Gorgeous Brewery in Highgate.

If you're a Kentish Town local, Lady H is a convenient option for a casual pint. There's nothing wrong with keeping it simple. But perhaps save The Pineapple for those lingering days and nights. ■ *Kelly Pigram*

WHAT IS IT...

A pub on Kentish Town Road from the team behind The Pineapple.

WHY GO...

Casual beers and comedy nights.

→ 289-291 Kentish Town Rd, NW5 2JS. ↻ Kentish Town.



THREE OF THE BEST

Pubs near parks



The Florence

A beer-focused pub by Brockwell Park? We'll drink to that. When lounging with a can of Red Stripe will no longer cut it, this is where the people flock. Barbecues in the garden are a bonus.

→ 131-133 Dulwich Rd, SE24 ONG. Herne Hill rail.

The Hare & Billet

Blackheath Common's go-to boozier, The H&B does great food and drink. After lining your stomach with posh pub grub, take a pint of something craft out on to the grass for dessert.

→ 1a Hare and Billet Rd, SE3 0QJ. Blackheath rail.

The People's Park Tavern

With a beer garden that backs on to Victoria Park and its very own microbrewery, no wonder this Hackney pub is packed to the rafters during summertime.

→ 360 Victoria Park Rd, E9 7BT. Homerton Overground.

Escapes

Edited by Ellie Walker-Arnott
timeout.com/daytrips



A perfect day in

Stratford-upon-Avon

Snug pubs, riverside rambles and world-class theatre

WE ALL KNOW this isn't any old Warwickshire market town. It's Shakespeareland. You'd struggle to find a single street lacking a cardboard effigy of old Will here. And fair enough – the guy was pretty good. But Stratford-upon-Avon has charm that goes far beyond its status as capital of Bard country. So why visit? Quaint is the word: from riverside drinking dens to wonky, medieval-beamed shopfronts.

First up

Stop by **Shakespeare's Birthplace**. A trip round this half-timbered building, where he grew up, is a fitting way to begin. Next, visit **New Place**, where he's thought to have written his later plays, and wander round the lush **Great** and **Knot Gardens**.

Stop for lunch

Considering how far it is from the sea, the quality of fish and chips in Stratford is very high. Pair your main with a real ale at the low-ceilinged **Old Thatch Tavern**, which really is old (it opened in 1623) or go all-out with a portion of lobster bisque macaroni at the recently revamped **Townhouse**.

Soak up the vibes

If there's a competitor for headline act in this town, it's the River Avon. To see (and feel) it at its best, hop on a **Avon Boating cruise**. **Clopton Bridge** and **Holy Trinity Church**, the Bard's final resting place, are highlights. Budding lepidopterists (and those who just think they're pretty) should check out **Stratford-upon-Avon Butterfly Farm**.

Drink like a local

Grab a pint or a glass of prosecco at **The Barge & Quarterdeck**, which is perfect for waterside tourist-watching. If it's cold out, hotfoot it to **ShakesPaw Cat Café** and enjoy afternoon tea with Bottom, a Persian with Grumpy Cat-rivalling scowls, and his literary pals Puck and Tybalt.

Splash the cash

Not everything is affordable there, but **The Stratford Gallery** is the place to head for a pastel-hued ceramic centrepiece. Further from the river, the disloyally named **Chaucer Head Bookshop** has one of the best secondhand travel collections around. ■ *Huw Oliver*

→ Get there: two hours by train from London Marylebone; around two hours 30 minutes by car.

IF YOU ONLY DO ONE THING

London has the Globe, but where better to catch the Bard's greatest hits than here? The huge, redeveloped art deco **Royal Shakespeare Theatre** has three-sided staging that means you're never going to be more than 15 metres from the action. Climb the RSC Tower for the river views, then kick back with a beer at theesp hangout **The Dirty Duck**.

WAKE UP HERE

Hotel Indigo



It's only right that you stay somewhere that was around in Shakespeare's day – and there's no place cosier than this, swish sixteenth-century spot. For the full experience, pick up a copy of the 'Tempest' from reception. Then head to the restaurant featured onsite, from chef Mike Robinson, whose Fulham pub has a Michelin star. Food at the **Woodman** is cooked in a wood-fired oven for all to see.

→ Warwickshire. From £87 a night.
www.stratford.hotelindigo.com

Hotel stay courtesy of Hotel Indigo. Passes for Birthplace Trust, Butterfly Farm and boat cruise courtesy of Shakespeare's England.

Seek happy nights to happy days at timeout.com/daytrips