

Time Out

LONDON

Get a handle on how to recycle your whole city life - including this Time Out!





AUSSIE



**NEW AUSSIE WITH HEMP SEED
EXTRACT CALMS MY FRIZZ.
DIDN'T CALM MY BOSS WHEN
I RAN INTO HER ON MY 'SICK DAY'.**

**GREAT HAIR
THOUGH.**

Inside

This week's Time Out
in no time at all

'It feels like the only film that matters'

That's what Joanna Hogg's
exquisite film-school memoir,
'The Souvenir', does to us

PAGE 39



'Fleabag'

It's back in the West End – and
it's sold out (of course). But there
are other ways to catch Phoebe
Waller-Bridge at it

PAGE 49



Turn night into dayglo

This week's ace art lates include
Neon Naked life drawing at Dulwich
Picture Gallery's Colour Palace

PAGE 32



Five-star bar

Ex-Savoy mix master Erik Lorincz now has
his own 'gin joint' below Momo in Soho.
Very 'Casablanca'

PAGE 61

Think it's all over?

Think again. As we head into September, seize the
last days of summer with our guide to the best fests,
events and pop-ups still going strong

PAGE 24

↓ FEATURES AND REGULARS

7 City life 12 Free London 14 Recycle your life 20 Toughest workouts 22 Exclusive offers 24 Things to Do
38 Film 44 Music & Nightlife 49 Theatre & Dance 53 Comedy 55 Art 58 Food 61 Drink 63 Escapes

Hello, London

Caroline McGinn
Global Editor-in-Chief
@carolinemcginn



This week, we're celebrating the joys of second-hand life in the city. Meaning: sharing, re-using and remaking our stuff – instead of trashing it and buying something new. Toy libraries, community welding drop-ins, 'how to fix your own white goods' fairs, cutting-edge mending circles – it's all happening, in a 'hood near you (find out more on p14). We're also going to be squeezing the last golden juice out of summer: check out our bumper Things to Do section, featuring the quintessential summer experiences you need to do before they're gone. When you're done with the mag, get inspired by Michael Trew's awesome origami and make something beautiful out of it! Share your remixed Time Outs at [instagram/timeoutlondon](https://www.instagram.com/timeoutlondon).



Time Out
LONDON

Advertising 7813 6000,
advertising@timeout.com
Subscriptions
timeout@subscription
helpline.co.uk
www.timeout.imbm
subscriptions.com
Circulation
circulation@timeout.com

Commercial
MD EMEA
Lawrence Horne
Advertising Sales
Ian Tournes (Director),
Stephen Jones, Natalie
Reynolds, Juliet Grant,
Donald Fenton, Banbha
O'Hagan, Daniel Sinclair,
Nesha Fleischer, James
Hooper, Robyn Eldridge,
Emma Myland
Head of Media Partnerships
Karen Fischer
Creative Solutions
Wayne Mensah (Director),
Tamsin Vincent, Callum
Sinclair, Charlie Liddington,
Nicola Foxwell
Project Management
Nicki Wymer, Frankie Biggs,
Zara Taylor
E-commerce Minessh Shah
(Senior Director)
Live Events Sylvia Kowalska

Global Editor-in-Chief
Caroline McGinn
Associate Editor/Chief
Sub Editor Chris Waywell
Deputy Chief Sub Editor
Kei Kikuchi
Digital Editor
Ellie Walker-Arnott
Associate Editor/
Drink Editor Laura Richards

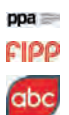
Features Kate Lloyd (Editor),
Isabelle Aron (Deputy Editor)
Events Katie McCabe
(Editor), Alexandra Sims
(Deputy Editor)
City Life
James Manning (Editor)
Film Phil de Semlyen
(Global Editor)
Music & Nightlife
Oliver Keens (Editor)
Theatre, Dance & Comedy
Andrzej Lukowski (Editor)
Art & Culture
Eddy Frankel (Editor)
Food Tania Ballantine (Editor)
Commercial Stephen
Farmer (Global Editor),
Emily Watson, Katherine
Lovage, Rose Johnstone
(Branded Content Editor)
Social Media
Sam Willis (Editor)
Video Angela Elvira Bruce
(Global Commissioning Editor)
Global Content Huw Oliver
(Commissioning Editor EMEA)

Art Director Bryan Mayes
Designers Philip Lay
(Senior), Jason Tansley
(Senior Commercial)
Picture Desk Manager
Ben Rowe
Photographer Andy Parsons
Head of Production
Dave Faulkner
Deputy Production Editor
Katie Mulhern-Bhudia

Time Out Group CEO
Julio Bruno
Founder Tony Elliott

Cover Michael Trew/
Papershake Photography
Rob Greig

Time Out Digital Ltd
77 Wicklow Street,
London, WC1X 9JY.
www.timeout.com
020 7813 3000
NOT FOR RESALE



MICHAEL TREW/HEADSHOT; JANE NOTE

HOW WE MADE THE COVER



SO YOU LIKE our cover, eh? We're pretty keen on it too. And not just because of our excellent pun:

Time Out magazine has been with London for almost a lifetime (51 years!). For us, the cover's importance lies in what it represents. If you look closely, you'll see that it's a photo of an actual bag made out of actual old issues of Time Out. It was made by London-based paper and origami artist Michael Trew (right), who wove pages of old mags together into the bag's shape. (There are listings dating back to before the internet was invented!) Trew also used past Time Out covers to make 3D objects to illustrate

our cover feature on page 14, including the hammer and spanner (right), as well as a very squishy-looking sofa. These objects are going to decorate the Time Out design desk from now until the end of time (or til a mouse eats them). They're proof that with a bit of creativity, everything we own can be turned into something else – we just have to be a bit crafty about it. We'll leave you with a fun game: if you can name all the Time Out issues used in the feature then tweet us and you'll win the valuable prize of the team's respect. ■

Kate Lloyd



COMMENT OF THE WEEK

We told you about a wine bar that was popping up in town in September. The vinous wrinkle is that this is a 'pay what you think it's worth' take on the conventional drinking set-up. Open to massive abuse, you might think. Jennifer's more worried about self-restraint.

'I feel like we would get drunk and start paying more than it would normally cost because we think it's nice of them.'

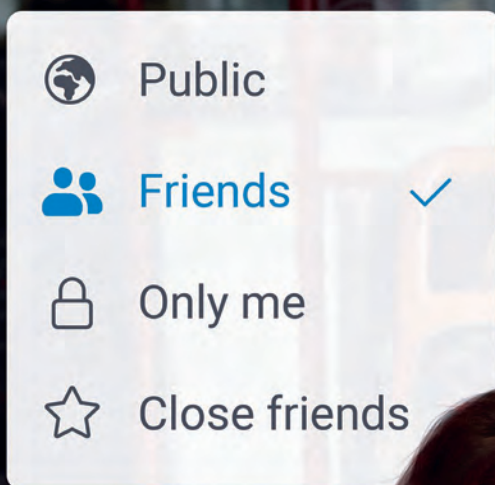
Jennifer MN via Facebook

That presents you in an excellent light, Jennifer, well done! With more citizens like you, we could confidently expand the concept to petrol, parking fines, broadband...

@timeoutlondon facebook.com/timeoutlondon @timeoutlondon timeout.com/news

We all have our own privacy settings

So when it comes to your privacy on Facebook, we think you should have the same control. From the ads you see to your personal details, choose the settings that are right for you at facebook.com/privacy



facebook

Unlimited Togetherness



**Unlimited mobile data and
home broadband for only £50.**

New Vodafone Together.

Also available on business.

The future is exciting. **Ready?**



New and upgrading Superfast home broadband customers. Minimum term agreement, subject to RPI increases, credit check, acceptance and availability in your area. £60 new line installation and router/delivery charges may apply. Discount only applies while both the home broadband and handset/SIMO plans are active. Selected plans only include unlimited data, texts & minutes on a handset/SIMO plan + unlimited home broadband. Terms & verification vodafone.co.uk/vodafonetgether

City life

Edited by James Manning
@timeoutlondon

Thames across the board

'EARTH HAS NOT anything to show more fair.' That's what big Willy Wordsworth had to say about the view of the River Thames from Westminster Bridge in 1802. Granted, that was 200 years before we were treated to cat videos – but our beloved river is still pretty special. So much so that we have a whole festival dedicated to it: Totally Thames, which returns this weekend with a packed month of installations, exhibitions and events. Highlights include 'The Barking Stink', a scented exhibition exploring Newham's rich industrial past, 'Rivers of the World', an exhibition of river-themed art, and the 'Ship of Tolerance', an international art project by Ilya and Emilia Kabakov. It's a boat whose sails have been designed by primary school students, Great Ormond Street patients and child refugees. Moored at the Royal Docks until Saturday (and Millennium Bridge from next week), it's a sight that gives even Wordsworth's fave a run for its money. ■

Rosie Hewitson

→ www.totallythames.org



THE ESSENTIALS

Three things you have to do this week



Fund this

Plastic-free local stores have been opening across London, and now it's Bethnal Green's turn – but only if **Zero Waste London** hits its Crowdfunder target. Do your bit!



Eat this

Goat is one of the eco-friendliest meats around, and now ace chef James Cochran has opened a new Croydon venue dedicated to it: **Goat @ Boxpark**. You need to try his jerk goat shoulder.



Do this

Fans of 'Pose', get a taste of New York ballroom right here in London as Benjamin Milan's annual **Fashion Vogue Ball** hits Oval Space. Dress to impress: this year's theme is The Met Gala.

Get the latest from London at timeout.com/news

WORD ON THE STREET

The most ridiculous things we've overheard in London this week

THINGS YOU
**ONLY
KNOW**
IF YOU'RE A...

Physiotherapist

Ed Thompson, 29

Hardcore training is causing a lot of Londoners grief

'The main complaints I get are knee or back pain. High-intensity workout groups have become popular, but people are jumping into demanding forms of exercise too quickly. Their bodies can't keep up. People worry a lot about the type of exercise they do, but it's more about getting into the habit of doing any exercise at all.'

Your horrible commute might actually be good for you

'Being in a commuter city means most people are moving for at least 20 or 30 minutes either side of their working day. If you don't like the gym or sport, you could think about getting off one bus or tube stop earlier and walking. It's just a way of getting exercise banked.'

Standing up can burn as much energy as long-distance running

'When you're standing, you move around more. Supposedly, if you work in an office and stand up from your lunch break to the end of the day for a year, you burn the same number of calories as doing six marathons.'

Londoners have all sorts of reasons for their aches and pains

'Most of the people I see are not marathon runners; they're just ordinary Londoners trying to keep active. I had a City worker who wanted sessions at 4am in his office. I've had Thursday-night patients who work in the media and turned up for their appointments pissed. I even had a lady come in with a finger injury because she'd been playing the violin too much. Physios don't judge!' ■ Interview by James Fitzgerald

→ www.instantphysio.co.uk



'Who spilled Pimm's on our charcuterie?'

'Have you ever had a cold wee?'

'I've been at Kate's all week - I had to drink supermarket-bought cava!'

'Before you go to heaven, you go to the pub.'

'Are you really breaking the news of your engagement via Monzo pot?'

'A group of witches? A cupboard, mate - that's what you call it.'

'I don't like skinny jeans. They're too tight on my testes.'

'I once ate so much Monster Munch my tongue started to bleed.'

'The two things I think about most are veganism and death.'

'I don't want to have to crawl through a hole to get my dinner.'

Overheard something weird? Tweet us #wordonthestreet @timeoutlondon

GLITZY MEETS COMFY

With its striking, two-toned colour palette and eye-catching details like polished metal feet, the Celia really makes a bold and beautiful statement. And following in our 50-year sofa making tradition, it's handmade to order and guaranteed for 15 years. So why not come and take a closer look?



Celia 4 seater sofa £499
Save £500. After event £999



15 YEAR
GUARANTEE

making everyday
more comfortable



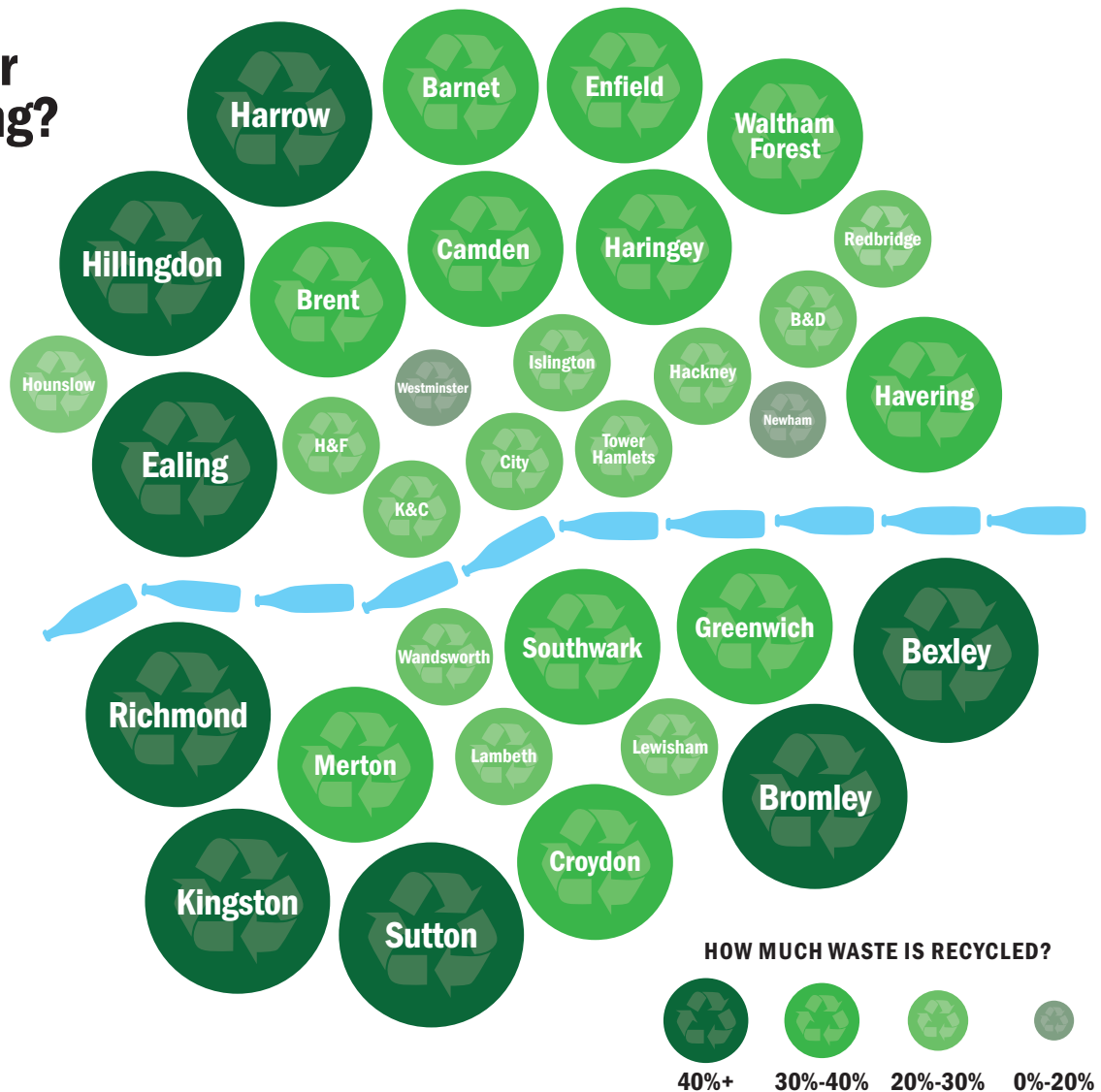
LONDON MAPPED

How much is your borough recycling?

SORRY TO BIN-SHAME you, London, but compared to the rest of the UK we're garbage at recycling. Less than 35 percent of our household waste is sent off to be recycled (compared with 46 percent nationally) and there are major discrepancies between the boroughs – as this map shows. Just over half of Bexley's household waste is recycled, while, down at the other end of the scale, Newham recycles less than a fifth.

So what's going on? Well, each council has its own system. In some areas, it's a case of lobbing stuff into a box. In others, getting to grips with a multitude of coloured bins can feel like trying to crack the Enigma code. In places like Bromley or Sutton, people are more likely to have green space – all that garden waste helps to boost their total. Deprivation also has a direct impact on recycling.

Thankfully councils are working on simplifying the whole process, but there's a lot more we can all do to cut the crap in the meantime. Check out our feature in this week's issue for some rubbish-reduction inspo. After all, your trash might be another Londoner's treasure. ■ *El Hunt*



Discover more ways to be green at timeout.com/green

CITY ENVY

Great things that we love in other cities

The world's first recycling shopping centre



FORGET FAST FASHION and throwaway furniture. In the Swedish city of Eskilstuna, not far from Stockholm, there's a shopping centre dedicated to giving unwanted stuff a new lease of life. Each shop at **ReTuna Återbruksgalleria** (Reuse Gallery) is crammed with items that have been rescued from the recycling depot next door, where a team upcycles the city's potential gems. Locals help out the cause by dropping off items to be spruced up and sold on. The centre also hosts workshops and educational events. It's the world's first recycling mall and business is booming: last year, customers spent more than £1 million on stuff that was previously destined for the bin. Not so rubbish, after all. ■ *El Hunt*

→ www.retuna.se

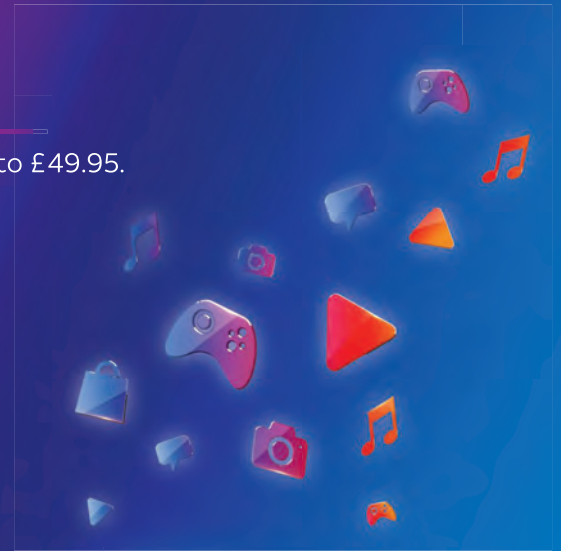
RETUNA: ©PERSANBERG, SE

Amazing offer

Sky Superfast Broadband and Sky TV

~~£49~~ **£39**
a month for 18 months

Prices may change during this period. Set-up: up to £49.95.



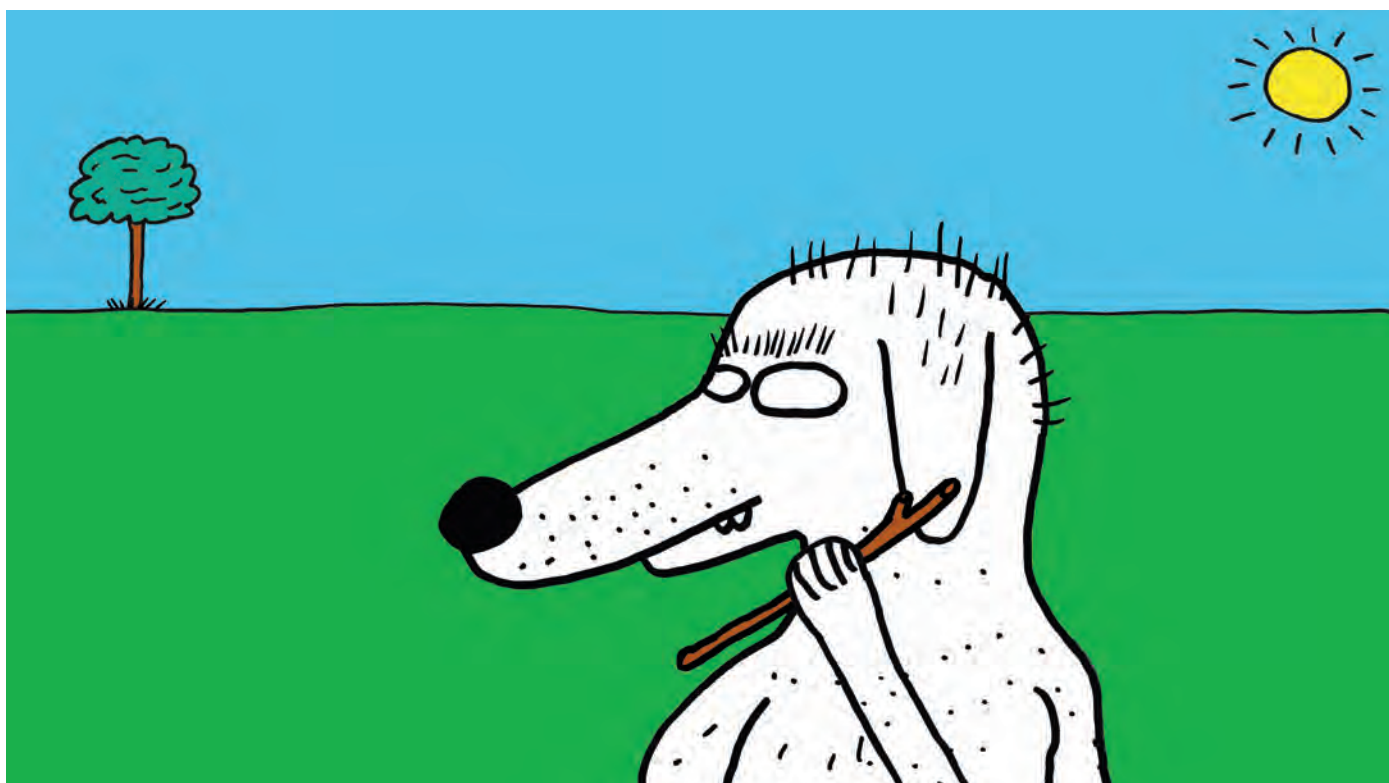
sky Q | Award-winning Sky TV shows | Unlimited Superfast Broadband | Line rental included

For new and existing customers 🔍 Sky TV ☎ 0800 759 1302 📍 Visit Sky Retail

Offer ends 12/09/19. Sky Fibre areas only. Speeds vary by location. TV set up: up to £10 plus £20 admin fee for existing Sky TV customers. Broadband set up: £9.95 router delivery and £10 connection fee. Separate 18-month contracts for Sky Entertainment (£12 per month (pm)), Sky Broadband Superfast (£27pm including line rental) and Sky Pay As You Talk (£0pm). All Sky Q kit is loaned at no cost and must be returned at the end of your subscription. Average download speed 59 Mbps. Speeds vary by location. External factors such as internet congestion and home wiring can affect speed. Wifi speeds vary by device and home set-up. No traffic management policy. See sky.com for more details, usage policies and to check your speeds. **Sky Talk:** Compatible line required otherwise £20 connection charge may apply. Standard prices apply after 18 months (currently, Sky Entertainment: £27 pm; Sky Broadband Superfast: £32 pm). **£49 higher price** compared to standard in-contract pricing for Sky Entertainment (£22 pm) and Sky Broadband Superfast (£27 pm). **Spotify:** Spotify subscription required. Additional costs for Spotify Premium and Spotify Family. **On Demand/Catch Up:** Requires compatible box connected to broadband (min. recommended speed, SD: 3 Mbps; HD: 8Mbps). Selected channels/programmes on Catch Up. **BBC:** Access to BBC Products and BBC Channels is made available to all Users free of charge and for the avoidance of doubt, Company will not be prevented from requiring a User to provide payment details in order to register with Sky provided such payments details are not used to charge Users for access to the Products, BBC Channels, or BBC services. **General: Subject to status. Upfront payment may be required.** Non-standard set up may cost extra. Weekend set-up/service visits £15 extra. Connect to TV using HDMI cable. You own the Sky dish. Prices may vary if you live in a flat. You must get any consents required (e.g. landlord's). UK, Channel Islands and Isle of Man residential customers only. Email address required so we can keep in touch with you about your services. This offer isn't available with any other offers. Further terms apply. Killing Eve © Sid Gentle Films. The Blacklist © Sony Pictures Television. All rights reserved. Correct at 23/08/19.

FREE LONDON

Put your money away! Here are the week's best free events



TOP CUR-ATORS

'Dog Show'

Love art? Love dogs? This is the paw-fect show for you. With a little help from their art-world owners, dogs have curated this exhibition. But wait, there's more... all the artworks feature dogs, too (I don't know much about art etc). Catch it in the next two weeks before it closes – you'd be barking to miss it.

→ Southwark Park Galleries. Surrey Quays Overground.
Until Sep 8.

WOK THIS WAY Chinese Food Festival

Ditch the takeaway and learn how to make your favourite dishes at the London Chinese Food Festival. As well as cooking demos, there will be free samples, traditional performances and hair and make-up tutorials.

→ Potter's Field Park.
⊕ London Bridge. Fri Aug 30-Sun Sep 1.

SAXXY SOUNDS EFG London Jazz Festival Summer Stage

London Jazz Festival doesn't kick off until November but you can get the party started early at this free all-day event. Expect to hear everything from marching bands to award-winning saxophonists.

→ Royal Albert Dock. Beckton Park DLR. Sat Aug 31.

POKÉ-OKAY Island Poké giveaway

Say *aloha* to Island Poké's new dish, which is a collaboration with Rosa's Thai Café and features red thai curry sauce with butternut squash laab salad and sushi rice. There are 100 up for grabs from 11am on Thursday-early lunch, anyone?

→ Island Poké Shoreditch.
⊕ Old St. Thu Aug 29.

SUN BURN Summer Bootcamp

Make the most of the last of the summer evenings at an alfresco bootcamp. The 50-minute classes are held in Paddington's floating park, whose pretty surroundings should be a nice distraction from all those painful squats.

→ Floating Pocket Park.
⊕ Edgware Rd. Tue Aug 27.



£1 SPENT.
1 AVIOS EARNED.
AND SOON
1 SUITCASE
PACKED.*

NO ANNUAL FEE
SEARCH 'BA AMEX'



British Airways American Express®
Credit Card



REPRESENTATIVE **22.9%** APR VARIABLE

*Terms and exclusions apply to collecting Avios. Applicants must be UK residents aged 18 years old or over and are subject to approval. All information including Representative APR is correct as at 19 July 2019. Interest rates link to the Bank of England base rate. See amex.co.uk for details. American Express Services Europe Limited is authorised and regulated by the Financial Conduct Authority.

Old is the new new

London is full of ways to help you reuse, recycle and repair your stuff. *Rosemary Waugh* picks 15 of the best. Paper sculptures *Michael Trew*. Photography *Rob Greig*

Reuse

Sharing your things is a great way to cut down on single-use wastage

1 Get crafty

If 'Blue Peter' taught us anything, it's that a toilet roll is never just a toilet roll. Get your craft on by turning old mags into beautiful pics at **Collage Club** (run across the city) or magic discarded clothes into a colourful rag rug at Covent Garden's **Tea & Crafting**. You can even refresh your craft supplies with a sharing party at DIY Space on Sunday August 25 hosted by queer sewing group **Stitch Bi Stitch**.

2 Play swapsies

Stop with the fast fashion and start swapping clothes at one of the many regular events that happen across the city. From cloth-nappy and baby-togs events at the **Islington Ecology Centre** to Walk in Wardrobe dates at **Treehouse** in Clerkenwell, the attitude running through them all is: what's mine is yours. **Hubbub's Street Store** hosts

regular pop-ups throughout the city, as does **The Clothes Club**. But if you really must ditch old threads (because no one wants your worn-through Meat Loaf T-shirt, even for free), take them to a **Love Not Landfill** clothes bank and they'll be turned into industrial cleaning cloths.

3 Know the best charity shops

London's charity shops are true treasure troves, not mansions of mustiness. Sustainability sophisticates should check out designer-label-filled branches such as **Mary's Living & Giving** in Primrose Hill (to which Victoria Beckham has apparently donated) or look for bougie workwear in Balham's **British Heart Foundation**. If vintage brights are your thing, go to **Traid** in Brixton. The little ones can get seriously cute new clothes at **Fara Kids** in Chiswick, which raises funds for excellent causes in Romania.

4 Gen up on London's vintage stores

If you're looking to fulfil your '50s Marilyn daydream or '80s shoulder-pad fantasy, give your custom to one of London's fantastic vintage shops. From the thrift fashion institutions that are Brick Lane's **Beyond Retro** or Covent



Recycle city



Garden's **Rokit** to the lace-filled heaven that is **Annie's** in Angel, secondhand is not second best. For psychedelic flamboyance, head to **Retromania** in Victoria, or get your fix of pastel prettiness at **Pennies Vintage** in Clerkenwell. Going eco never felt so sexy (or sequinned).

5 Don't buy when you can borrow

At website the **Library of Things** you'll find something old, something new, something blue... And all of it can be borrowed. You can also share with other Londoners at the **Walthamstow Toy Library**, while the **Tower Hamlets Exchange Project** runs a fantastic 'library' system of children's toys and equipment for low-income families.

6 Think green when it comes to plants

Wayward is a fab organisation that rehomes the thousands of plants used in show gardens at the Hampton Court and Chelsea Flower Shows each year, as well as running various other hortiswapsies events. All you need to do is sign up and pick up. If you have excess plants – maybe you got a little carried away with the tomato seeds – participate in a swap organised by **London Terrariums**.

7 Dump single-use plastic (figuratively)

Thanks to a network of **drinking fountains** springing up across London, it's never been easier to take your own water bottle, use it and reuse it. Ditto with coffee: many coffee shops (including Pret) offer enticing discounts for bringing your own container. Become Tupperware royalty, taking your own containers to bulk stores and sustainable supermarkets like **Zéro** in Colliers Wood or **BYO** in Tooting.

8

Turn trash into treasure

Forge a new path for your old stuff at **Blackhorse** in Walthamstow. Running classes in ironwork, woodwork and more, this public-access workshop is the place to get acquainted with hammers, nails, saws and the rest. Soon you'll be fixing furniture; something you can also learn at the multi-tasking **Goodlife Centre** in Southwark.

Repair

Bring your electricals, furniture and clothes back to life

9 Learn how to mend defunct gadgets

If the blender's on the blink or the toaster's bitten the dust, don't throw it in the trash: fix it! **Hackney Fixers** runs regular events teaching people to get savvy with a screwdriver and rewire like a pro. Book into a **Rosie the Restarter** workshop for women or get wired with your mates at a **Restart Party**. For non-Hackneyites, **The Restart Project** hosts similar events across the capital and has an online directory to get you connected with other fixers in your area.

10 Become a proper sew-and-sew

There's nothing more annoying than a loose button or a hole in a favourite shirt. Instead of shouting 'darn!' just, um, darn – and patch and stitch and appliqué. The gorgeous **Village Haberdashery** in West Hampstead has a great

changing programme of workshops, while at **Fabrications** on Broadway Market you can become the master of a sewing machine or acquire upcycling fashion skills. We've also got a sleepy eye on the pyjama-making classes at **Sew It with Love** near Waterloo.

11 Use a Repair Café

For all of the above and more, you can also head to one of the many **Repair Cafés** in north London, where you can learn to mend pretty much anything, including bikes, clothes and household items. Organised by the North London Waste Authority, they aim to reduce rubbish while giving people the chance to very smugly say 'Oh yeah, I fixed that myself' to any house guests. From September 2019 to February 2020, find the cafés in Barnet, Camden, Hackney, Haringey, Islington and Waltham Forest.

Find out more

Get the details of all of these projects, plus venues and upcoming events, with our comprehensive secondhand living guide at www.timeout.com/recycle. It's your one-stop shop for ditching single-use stuff.



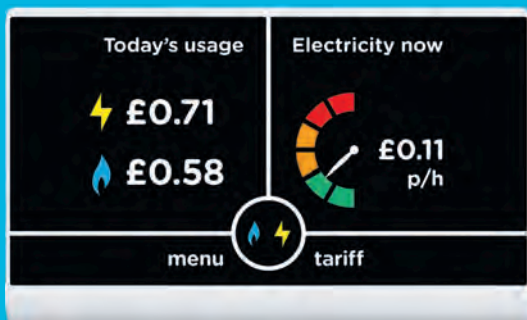


THANK YOU

FOR GETTING

A SMART METER.

IF YOU'VE GOT ONE OF THE 13 MILLION SMART METERS ALREADY INSTALLED, YOU ARE HELPING TO UPGRADE BRITAIN'S OUTDATED ENERGY SYSTEM. WE'D JUST LIKE TO SAY THANK YOU.



From the campaign for a smarter Britain.



Smart meters help upgrade the smart energy system enabling it to better anticipate demand and reduce waste.



Recycle

If something really has to go, don't let it go to landfill

12 Give your unused toiletries to those in need

It's that special time of the year again and Auntie Barbara just gave you an extra-large mango shower gel from The Body Shop for the third year running – despite the fact you're allergic to mango. Donate your unused (it's important that

they're unopened) toiletries and electricals (like hairdryers and shavers) to **Beauty Banks**, a fabulous online project that passes them on to people who really need them, including those in temporary accommodation and shelters.

13 Be rewarded for recycling

Until January 2020, visitors to Tate Modern can bring along an old T-shirt to recycle and get 20 percent off admission to **'Olafur Eliasson: In Real Life'**. This artsy incentive overlaps with the Danish-Icelandic artist's practice, which focuses heavily on sustainability. The best part is that you get to help the environment, save some pennies *and* play inside

a giant kaleidoscope. In a similar year-round initiative, **H&M** will give you a £5 voucher for every bag of old clothes donated to one of its stores.

14 Get someone else on your bike

Website **Recycle Your Cycle** takes unwanted adult bikes (Dyson and Henry vacuum cleaners too) and sends them to UK prisons where the inmates are trained to fix and refurbish them. The prisoners gain employment skills and the repaired bicycles are sold to raise money for charity. RYC can, however, only pick up 20 bikes or more, so consider arranging a group collection in your community; or contact charity shop chain **Sue Ryder**, which can collect single bikes for the same project.

15

Find a new home for old furniture

Rather than dump furniture and household goods each time you get the home-makeover urge, donate them online. **Freecycle** is but a few clicks away while the **Reuse Network** is always on the lookout for donations – and they have a great system for seeking out the nearest reuse charity to your home. The **British Heart Foundation** does home collection and will send you a notification when the item is sold. It's a lovely feeling knowing your unwanted stuff has helped a great cause. ■

Read all our eco-focused features at [timeout.com/green](https://www.timeout.com/green)



white t-shirt danger zone

FOOD
FREEDOM



deliveroo

Harder, better, faster, stronger

What's the toughest workout in London? *Bobby Palmer* tries out four of London's most crippling classes (in four days) to find out. Photography *Andy Parsons*

DESCRIBING SOMETHING as 'tough' is pretty subjective. One student's 'tough' exam could be another's walk in the park, and one man's 'tough' guy might be someone else's teddy bear. Despite this, some London fitness fans have become obsessed with bragging that – out of all the hundreds of gyms and torturous classes in the city – they do the TOUGHEST ONE OF ALL. But how can you tell which workout is the real, brutal deal? A serious, analytical study? Maybe. Complicated, stat-based science? Potentially. My approach is to don a Fitbit and a fetching pair of bright red shorts and, over the course of four days, do the four classes that are widely accepted as London's hardest, back to back. Sound intense? Yes. Yes it is...

Day one Total Body, Barry's Bootcamp

Nothing good lasts one hour. It's too short for a date, too long for a dentist's appointment, and definitely too much time to be spent flat-out sprinting. That's the crux of Barry's Bootcamp, which touts itself as the 'best workout in the world' and has a cult of celebrity fans. It involves an hour of hopping between treadmills and weights, with pretty much no breaks. I'm already nearly falling over and wiping out the much fitter people on treadmills next to me after the first 15 minutes. By the time I hit the

floor to do burpees, I'm slipping and sliding in my own sweat like Bambi on ice, covered in olive oil. Early on in the class, the guy on the treadmill next to me is screaming and I don't understand why. At 30 minutes in, I'm screaming too, and for the next half an hour I only stop screaming when I think I'm going to faint. Afterwards, my Fitbit tells me that my heart rate was over 100 beats a minute higher than normal. It's a staggeringly demanding workout, and definitely not an enjoyable way to spend an hour.

How tough is it? I spend the rest of the day at home, shivering in a blanket.
→ Various locations. £22.
Packages available.

174
BPM

Day two Bears, F45

They couldn't call it 'squirrels' or 'kittens', could they? Still, 'bears' is a pretty accurate name for the growling, gruelling circuit session I'm in for in this Oxford Circus basement, one of a vast number of F45 franchises in the capital. The famously full-on Australian fitness craze has spread rapidly around the world and is gloriously hard work. I'm begging for mercy by my second circuit (of 18). For 45 minutes, we dart around the room doing plyo push-ups, box jumps and side lunges, all dictated by the high-tech screens on the walls. There are no mirrors in an F45, so my only barometer is the people around me, all of whom seem to be struggling a lot less. Still, if Barry's was hell (flashing red lights, endless suffering), then this is heaven. It's all white walls, high-fives and, thanks to the handy timers, there's a nice bright light at the end of the tunnel. Hallelujah!

128
BPM

How tough is it? I try to do an Insta Story after the class, but my hands are shaking so much that I give up.
→ Various locations. £25.



Day three Reshape, 1Rebel

It's day three, and I'm moving like a zombie in a low-budget horror movie. I never want to hear the word 'squat' again, but 1Rebel, the go-to boutique gym for fashionable fitness types, has other ideas. 'Reshape' claims to hold a candle to Barry's, and on the surface it's pretty similar: a split between treadmill sprints and weights exercises. Here, though, the weights bit is basically all core and abs, a crushing blow for a soft-bellied man like myself. And I'm stationed next to Tiago, the sadistic 'master trainer' who's set on making me reach my personal best. As the class hurtles to its end, we switch our treadmills into 'dynamic mode', powering them solely with our own momentum. I zoom to 18kmph and prematurely celebrate. Then I stagger down to 15kmph, 10kmph, 5kmph, and collapse on the floor.

156
BPM

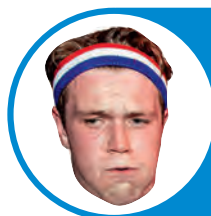
How tough is it? At one point, the photographer has to get me a towel. I'm sweating so much I can't open my eyes.
→ Various locations. £22. Packages available.

Day four Climb to the Beat, BXR

By my last day, basic tasks are impossible: I'm struggling with the climb to my front door, and I live on the ground floor. What better way to finish me off, then, than a class that is 100 percent climbing? Housed at Anthony Joshua's swanky BXR, Climb to the Beat puts you on a high-tech 'versaclimber' and forces you to, well, climb to the beat – non-stop, for 45 minutes. By the time I really start to struggle, I wince through the pain to see the time on my machine: 4.33. This is going to be hard. It's like spending almost an hour simultaneously riding, and being pummelled by, an out-of-control pneumatic drill. Every time I try to stop, the instructor Liberty makes sure I carry on. The only time I do stop, during my second-last sprint, it's because I've been sick in my mouth.

How tough is it? Like going 12 rounds in the ring with AJ, if he was only punching me in the thighs. ■
→ BXR. @ Baker St. £15 for members, £30 for non-members. Packages available.

148
BPM



So, which is the toughest?

F45 makes me tremble the most. After 1Rebel, I can't walk. BXR quite literally makes me sick. But nothing reaches the pure crimson-faced agony I experience on day one at **Barry's Bootcamp**. The Fitbit stats don't lie, and neither does my bruised ego or my aching quads. Barry's really is the toughest exercise class in London.

GO OUT WITH

TimeOut

Food, drink, screenings, pop-ups: don't miss our exclusive offers and discounts

New Scientist Live

What is it? The annual, all-ages science extravaganza.

Why go? To hear experts discuss some of life's deepest questions. What might aliens actually look like? What's the weather like on Saturn's moons? And just how smart *are* those robots becoming?

What's exclusive? Our tickets start at £14.70: that's a saving of up to 30 percent.

→ ExCel London. Custom House for ExCel DLR. Oct 10-13.
www.timeout.com/scientistlive



Wild Heart

What is it? A great cocktail deal at a swish hotel bar tucked away on a Soho backstreet.

Why go? This buzzing little spot makes for a top after-work drinks go-to. And with our deal, it won't so much be happy hour as borderline ecstatic hour, frankly.

What's exclusive? Four cocktails usually set you back £56, but with us they're a palatable £3.75 each.

→ Wild Heart. ⊕ Piccadilly Circus. Until Nov 15.
www.timeout.com/wildcocktails

Queens

What is it? Bowling and food at a state-of-the-art games emporium.

Why go? Queens is a one-stop-shop for all your nostalgic entertainment needs. There are 17 bowling lanes, a retro games arcade and a 12,000-square-foot indoor ice rink with an adjoining dive-bar.

What's exclusive? Bowling, a Meatliquor burger and a glass of prosecco is just £13.50.

→ Queens. ⊕ Bayswater. Until Sun Sep 1.
www.timeout.com/bowl

Psycle

What is it? Three barre classes and one ride class at one of London's finest fitness studios.

Why go? The fitness scene in London is booming – and Psycle is up there with the best when it comes to cool studios, a great vibe and classes that'll leave you feeling pumped and stunningly sore. Eeesh!

What's exclusive? Three barre classes and a ride class are just £29.

→ Psycle Shoreditch. Until Sep 15. Shoreditch High St Overground. www.timeout.com/barre

CroyWall Climbing Centre

What is it? A one-day bouldering pass with shoe and chalk hire.

Why go? Ready to reach new heights? Somewhere between doing a workout and having a laugh with your pals, bouldering is a great sport for active Londoners. Plus, it's recently become an official Olympic discipline.

What's exclusive? Usually £18.50, a day pass is now just £10.

→ CroyWall. West Croydon rail. Until Nov 30.
www.timeout.com/croywall

Theatre, music, events: get the best tickets in town at timeout.com/london/offers



You do the maths

The award-winning Dacia Duster. Rugged, robust and rebellious, from £10,995

Picture the cliched car ad: you're meandering through the endlessly empty desert. You pass the beautiful scenery, cooled only by the sublimely precise climate control[†]. With the high ground clearance, you effortlessly navigate across the ever-changing terrain. It's just you, freedom and the open

road... then you hit traffic. Electric power steering allows you to manoeuvre through every city obstacle. Picking up the kids, you use the range of storage options to fit every bag, bike and buggy in the boot. You're driving the Dacia Duster. And what's more, you got it all from only £10,995.*



- Keyless entry[†]
- Multiview camera[†]
- Climate control[†]
- Apple CarPlay[™] ††

**Book a test drive today.
Find your local dealer at dacia.co.uk**

The official combined fuel consumption figures in mpg (l/100km) are: 47.0 (6.0). The official CO₂ emissions are 137g/km. WLTP figures shown are for comparability purposes; only compare figures with vehicles tested to the same technical procedures. Actual real world driving results may vary depending on factors such as weather conditions, driving styles, vehicle load or any accessories fitted after registration. WLTP is a new test used for fuel consumption and CO₂ figures, however until April 2020 the CO₂ figures are based on the outgoing (NEDC) test cycle which will be used to calculate vehicle tax on first registration. Please visit dacia.co.uk/configure for WLTP figures for any selected options.

*MRRP. Model shown, Dacia Duster Comfort TCe130 4x2, £15,400 including metallic paint. 4x4 versions available from Comfort. [†]Keyless entry, Multiview camera and climate control available on Prestige. ^{††}Apple CarPlay[™] available from Comfort.

Compatibility: An iPhone no earlier than iPhone 5 & iOS 7.1. Connecting a smartphone to access Apple CarPlay[™] should only be done when the car is safely parked. Drivers should only use the system when it is safe to do so and in compliance with the requirements of The Highway Code. Drivers should be aware of the potential of hands-free technology to distract a driver's attention from the road, preventing them from having full control of the vehicle.



Things to Do

Edited by Katie McCabe
timeout.com/thingstodo @timeoutlondon



Last chance at summer

There's still time to squeeze out that last zesty drop of the season. Here's everything you need to try before the summer comes to an end



Shelter under an arty pavilion

For nearly 20 years, summer at the Serpentine Gallery has meant transforming its lawn with the giant **Serpentine Pavilion**. Japanese architect Junya Ishigami's slate-roofed cave was the moody addition for 2019, but come October 6, it'll be gone. Dulwich Pavilion has offered up some strong competition this year with its own outdoor structure, **The Colour Palace**. Catch it before closes on September 22. If you've got a spare £25,000 you can actually buy it for yourself. → Kensington Gardens. ⊕ Lancaster Gate. Dulwich Picture Gallery, West Dulwich rail.



Make the most of this mela

August is a time of many melas (or 'gatherings') in London, but the absolute blockbuster is **The London Mela powered by Let's Go Southall**, a music and arts festival of South Asian culture that's been going strong in the area for almost 17 years. Bhangra beats will be shaking up Southall Park for two days. On the sidelines, there'll be a climbing wall, cricket simulator and a full food market. Stick around for the fireworks on Sunday.

→ Southall Park. Southall rail. Sat Aug 31-Sun Sep 1. £2, kids free.

Shop at a floating market

Angel is a funny ol' slice of London. It feels like 'the city', but still has proper pubs, a market and a narrowboat community on Regent's Canal. The boat folk even throw their own party, and it brings the crowds: around 8,000 people turn up to the **Angel Canal Festival** every year. Make a beeline for it this weekend, and you'll find a floating market, kayaking and people on mini boat trips. The suits can have their liquid lunches on Upper Street, we'll be kicking back watching some Punch & Judy from a pedalo.

→ City Road Lock. ⊕ Angel. Sun Sep 1. Free.

Catch a film outdoors

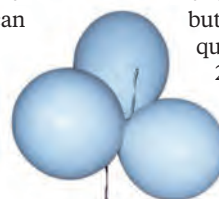
Take it from someone who once went to a Valentine's Day screening of 'The Apartment' that ended with dozens of cold, wet people crying on the roof of the National Theatre: outdoor movies are a summertime activity. And if you can find one with actual seats instead of a patch of grass? Even better. With **The Luna Cinema**, you can hear Gaga hit the high notes of 'Shallow' at a screening of 'A Star Is Born' at Regent's Park Open Air Theatre this Sunday (September 1), and **Rooftop Film Club** still has a long list of films (including classic 'Death Becomes Her') running at Queen of Hoxton until autumn.

→ Find out more at www.timeout.com/outdoorcinema

Squeeze the last drop out of the festival season

Chingfest is an extremely new addition to the festival circuit. The first one takes place this weekend in Ridgeway Park, in... Chingford (clearly). Okay, so it's not Lovebox or Wilderness – it's almost been a month, air out your tent already – but it is free. With east London queen and Mercury Prize 2019 nominee Nao on the bill, fresh from her Glasto performance, the music is not to be sniffed at either. Acid-jazz band Incognito, grime collective Lord of the Miles and DJ Luck & MC Neat are all in the mix too. It's the biggest thing to happen in Chingford since Danny Dyer put his house on the market.

→ Ridgeway Park. Chingford Overground. Sat Aug 31. Free.

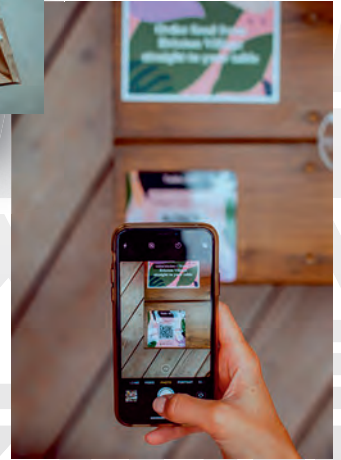
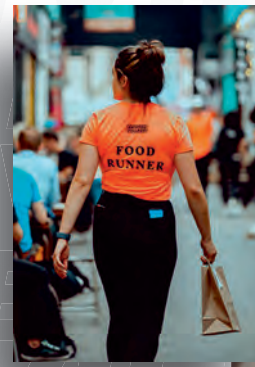


NAO



GET LOST IN BRIXTON. ROOF TERRACE NOW OPEN.

ORDER FOOD TO YOUR TABLE
FROM BRIXTON VILLAGE
FAVOURITES WITH TABLESNAPPR



VILLAGE BRIXTON VILLAGE BRIXTON



1 MIN FROM
BRIXTON TUBE
VIA ELECTRIC
AVENUE

@BRIXTON.VILLAGE
BRIXTONVILLAGE.COM



Hit the roof(tops)

Pretty soon, **Skylight's** rooftop at Tobacco Dock will be swapping those jugs of sharing Pimm's for spiced cider for its autumn season. But right now, it's still acceptable to down Daiquiris in sunglasses on the day beds. See the place at its liveliest this Sunday for the Sounds Familiar Music Quiz, which is just an excuse to play bangers outdoors and try to win 'best team name'. Elsewhere in east London, **Dalston Roof Park** is throwing a Strictly Good Times party.

→ Skylight. Shadwell Overground.
Sun Sep 1. £10pp. Dalston Roof Park.
Dalston Kingsland Overground.
Sun Sep 1. £10.



Dalston Roof Park

Drink £5 Margaritas

Until Saturday (August 31), five underground spots (including Bar Three, Nine Lives, Hawksmoor Spitalfields Bar, Discount Suit Company and Discount Bar & Lounge) will be mixing tequila-based drinks for just a fiver each in their **Subterranean Summer Series**. All you have to do is go in and ask for their Subterranean Summer serve (we recommend the Cherry Blossom Margarita at Hawksmoor). If you get all five stamped in one of the special 'passports', you'll also get a free cocktail at the end. National Margarita Day isn't until February 2020. Your training begins here.
→ Various participating bars. Find out more at www.umbrella-london.co.uk.

Visit a revival of London's oldest community fair

Camberwell Fair is a resurrection of a community fair that took place on the same site in Camberwell Green from 1279 until 1855, when it was shut down for 'immoral and riotous behaviour'. In this modern iteration, London record label Wormfood will be running a stage of reggae dancehall and 'some psychedelic space funk thrown in for good measure', while the Camberwell Stage will be opening up to local talent and a poetry slam from Hammer & Tongue. Time to party like it's 1279.
→ Camberwell Green.
Denmark Hill Overground.
Sat Aug 31. Free.

Fake a trip to the seaside

So **Hampstead Urban Beach** isn't exactly in Hampstead, but it is conveniently located on Finchley Road, inside Jewish community centre JW3. It's basically a giant sandpit with a paddling pool and splash areas. Southside, there's **Fulham Beach** by the Thames where you can rent day beds, cabanas and beach huts, or just drop in for some beer pong with a side of wood-fired pizza. For something more outdoorsy, try **Ruislip Lido**, a 60-acre lake surrounded by a sandy beach and woodland. It's deceptively named (there's no swimming allowed), but for the nature-starved Londoner, it has a very important selling point: it's reachable by tube.
→ JW3. ⇨ Finchley Rd. Free. Fulham Beach.
Wandsworth Town rail. Free. Ruislip Lido.
⇨ Northwood Hills. Free.

Try the last of the summer bites

The summer pop-ups of the South Bank are drawing to a close. Soon we'll be saying goodbye to **Applebee's**, a seafood restaurant import from Borough Market hidden in a pergola beneath Hungerford Bridge (it closes on September 15). Pop by for cocktails, bream and chips or, if you're brave, raw oysters. ■
Katie McCabe and Alexandra Sims
→ Queens Walk. ⇨ Waterloo.



Hampstead Urban beach



Camberwell Fair

ROOFTOP: BOBBY WASILEV; BEACH: ASHLEY FAIRFIELD



Elevate your senses

Time Out is taking over the London Eye once again, and the chance to sip brilliant bevs at over 400ft in the air is just one of the awesome experiences on offer

Over the course of 2019, Time Out has spent so much time on the London Eye, it's a wonder they haven't got us a set of keys cut (or at least set aside a drawer where we can keep our clean pants and things). Now, after sell-out yoga sessions, oversubscribed sketching classes, crammed kids' events and plenty more besides, Time Out's Eye-Openers is back for its final run of 2019. That's right – if you had 'do something amazing while cruising through the sky' on your checklist this year, it's now-or-never time.

This time round, Time Out's Eye-Openers comes with a culinary slant. In particular, it's about three very important food groups: cocktails, biscuits and syrup (hey, we said 'culinary', not 'nutritious'). Here's everything you need to know about what's going down (or rather, up) this September.

Cocktails: Blasts From the Past and Future Fusions with Hidden Door

Ever wonder why London's drinkers suddenly went bonkers for the Cosmopolitan in the late '90s? Curious to know what you'll be ordering from the bar in the next decade and beyond? Join the boozy

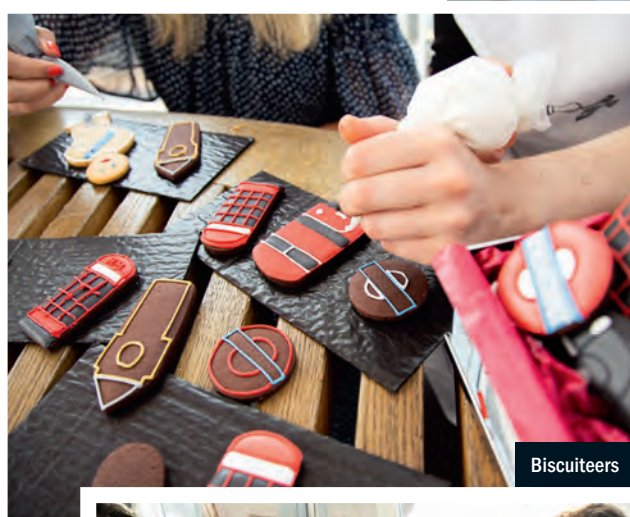
prophets from events company Hidden Door for a whirlwind tour through the drinks of yesteryear and the likely tastes of tomorrow. They'll explain how popular culture helped shape the drinking trends of the past and what current crazes mean for the future of drinking. Expect clattering ice cubes, flamboyantly poured spirits and – oh yes – plenty of liquid samples.

September 21 and 28, £25 until August 31, £30 thereafter.

Scenic Syrups of London with Bompas & Parr

If you've ever found yourself wandering through a cloud of gin, drunk a cocktail prepared by a merman or attended a 'sausage seance', you'll already be familiar with the work of Bompas & Parr. Basically, if it's a food-based happening and your immediate reaction was along the lines of 'WHAT THE ACTUAL FLIP!' then chances are they're behind it. For their stint on the London Eye, they'll be revealing what famous London landmarks taste like (yes, really), through the medium of flavoured syrups. So, given the diverse blend of features that makes up the London skyline, expect nothing less than a sensorial rollercoaster.

September 21, £25 until August 31, £30 thereafter.



Biscuiteers



Bompas & Parr





Hidden Door



Ice a London Landmark with Biscuiteers

We'd be willing to bet that if a cataclysmic confectionery disaster occurred and all of London's biscuits suddenly disappeared, the city's kids would stage an uprising the like of which we've never seen before. Okay, so it's not that likely to happen, but the point is that biscuits are brilliant, and this bound-to-get-messy masterclass is the perfect way for your little ones to

celebrate this fact. Master icers from Biscuiteers – London's most revered creators of beautiful biccies – will be on hand to show kids the fine art of 'flooding' (colouring in the big bits), as well as how to use piping bags to add fine details to a selection of London-themed biscuits. Pinch one of their creations to dunk in your afternoon cuppa at your own risk.

September 29, £25 (parent and child) until August 31, £30 thereafter.

→ Keen on some up-high action? For more information and to buy your tickets, head to [timeout.com/eyeopeners](https://www.timeout.com/eyeopeners)

Disney | PIXAR

HEROES

STAR
WARS

MARVEL



Collect a pack of 4 cards when you spend £10*



Collector's
album

£2.50

Exclusive to
Sainsbury's

Cards issued at Sainsbury's stores (including Locals) and Sainsbury's online grocery shop 'Sainsbury's.co.uk'. Four cards to be issued for each complete £10 spent in a single transaction at all Sainsbury's Supermarkets, Locals and Sainsbury's.co.uk, up to the value of £150. See in-store Travel Money Bureau for details of Disney Heroes Travel Money promotion. Excludes purchases at Tu online, concessions and tobacco kiosks. Cards are not issued for purchases of fuel, prescription medicines, infant formulae, spirits, liqueurs, car park tickets, National Lottery tickets, scratch cards, stamps, e-top up, phone cards, gift cards and carrier bags. Cards to be issued for purchases made or delivered between 21/08/19 and 02/10/19 inclusive. Subject to availability. Sainsbury's has the right to amend, substitute or withdraw this offer in part or in whole at any time during the promotional period. Promotional packs have no face value and may not be exchanged for cash. Promotional cards not for resale or advertised for sale.

SOMETHING FOR THE WEEKEND

Friday



Cabinet of Curiosities

The Natural History Museum houses 80 million specimens. Get up close and personal with them after dark at this late. Join a behind-the-scenes tour of the zoology collections, meet scientists who work there and check out Luke Jerram's giant, glowing 'Museum of the Moon' sculpture, minus the crowds.

→ Natural History Museum. ⊕ South Kensington.
Fri Aug 30. Free. Behind-the-scenes tour £15.

NATURAL HISTORY MUSEUM: PHOTOSHOT

Saturday

PARTY Duckie

The LGBTQ+ party-starters are at their usual digs for this leading pop-and-performance club night. Dance to disco with artistic live turns, hosted by Amy Lamé.
→ Royal Vauxhall Tavern.
⊕ Vauxhall. Sat Aug 31.
£5 before 10.30pm, £8 after.

EXPLORE Bat Walk

Dispel some bat myths on this free walk through Shandy Park. Grab a detector and see if you can spot the fluttering fellas, and find out all about the local species.
→ Meet at Arbour Youth Centre.
⊕ Stepney Green.
Sat Aug 31. Free.

By Any Zines Necessary

Flick through DIY creations at this zine fair in Freedom, Whitechapel's radical, anti-capitalist bookshop. There'll be workshops, talks and you can bring your own zine along for feedback or to sell it on.

→ Freedom Bookshop. ⊕ Aldgate East.
Sat Aug 31. Free.



Sunday

TOUR Great East End Walk

Raise bangers and mash for St Joseph's Hospice on this ten-mile walk around the East End and meet some Pearly Kings and Queens at the end.
→ Meet at St Joseph's Hospice.
London Fields Overground.
Sun Sep 1. £22.

EAT London Jerk Festival

Tuck into an amazing line-up of street food, see cooking demos, dance to live music and listen in on spicy talks at this knee-jerkingly good food fest.
→ Number 90 Bar & Kitchen.
Hackney Wick Overground.
Sun Sep 1. From £15.



Low on cash? Try timeout.com/free

THERE IS ONLY ONE

Tina

THE TINA TURNER MUSICAL

SEATS RELEASED DAILY TinaTheMusical.com

DON'T MISS

Art after hours

Try Neon Naked life drawing and crash a 'south London' party in Tate's Turbine Hall at this week's museum and gallery lates



↓ Tate Lates: South London Local

If you're lucky enough to live dahn sarf, you'll know it really is the best bit of London (no matter what your north-of-the-river pals might say). This late is celebrating the underrated side of town by turning the Tate's Turbine Hall into a giant studio, with hands-on workshops, art installations and music. Pay homage to chicken institution Morley's by designing your own takeaway box and check out artwork from Girls About Peckham. Spend the rest of the night dancing to NTS Radio DJs with a Bermondsey-brewed beer in hand. The best part? You can bag a tickets to all the gallery's exhibitions for a tenner. Boom.

→ Tate Modern. ⊕ Southwark. Fri Aug 30. Free.

↑ Friday Lates: BP Portrait Award

Take your time at the BP Portrait Award instead of peeping over people's shoulders at this late opening. Drop-in life-drawing sessions will be running in the gallery or you can book ahead to join an 'expressive' life-drawing class among some fleshy baroque paintings (£10). Make time for the Cindy Sherman exhibition too. It's £18 entry (or £5 for under-25s) but worth it: we liked it so much we gave it a full five stars.

→ National Portrait Gallery. ⊕ Charing Cross. Fri Aug 30. Free.



TATE LATES: BEN FISHER; BP PORTRAIT AWARD: DAVETTA BY NATALIE VOELKER, 2018 © NATALIE VOELKER

Find more at
[timeout.com/lateness](https://www.timeout.com/lateness)



↑ **V&A Friday Late: No Place Like Home**

Make like Dorothy, click your heels together and say the magic words. Or get up off your butt and walk those shoes over to the V&A Late this Friday. This month's instalment focuses on all things 'home'. Dance the night away at a queer house party, explore the connection between social housing and creativity, and try your hand at some feminist embroidery. Stick around for a screening of 'When I Get Home', a visual album from Solange Knowles (advance tickets are sold out, so it's first come, first served).

→ V&A. ↻ South Kensington. Fri Aug 30. Free.

↑ **Pavilion Art Tasters: Neon Naked**

The Colour Palace Pavilion is still standing proud on its chunky red legs outside the Dulwich Picture Gallery, decorated in loud pinks and blues. See those colours pop even harder, and visit this Friday for one of Neon Naked's life-drawing sessions, where models covered in UV paint will pose by the pavilion. To amp up the psychedelic setting, the paint on their bodies will mirror the patterns of the Colour Palace, creating a prismatic tableau for you to sketch.

→ Dulwich Picture Gallery, West Dulwich rail. Fri Aug 30. £12.



↑ **Talk Show: South London Gallery**

Photographer Liz Johnson Artur's images document every slice of the Afro-Caribbean diaspora in the capital: from schoolkids and pensioners to boxers and drag queens. So who better to host this 'talk show' dissecting the themes in her work than Miss Jason, whose YouTube channel 'Jason's Closet' shines a light on subcultures and the best underground club nights in town. It's going to be an eye-opening discussion, don't miss it. ■

→ South London Gallery, Peckham Rye Overground. Fri Aug 30. £7.

SOUTH LONDON GALLERY: LIZ JOHNSON ARTUR, JASON'S CLOSET, COURTESY THE ARTIST



Five things we can't wait to do at Samsung KX next month

A major new creative hub has just opened in King's Cross, packed with awesome Time Out-curated events, workshops and performances

We hope you're ready for a big few months of new experiences, London: your horizons are about to expand. Over at trendy Coal Drops Yard in King's Cross, curious souls have already started exploring Samsung KX – the brand's major new experience destination that opened this month. Sure, you can browse its latest shiny tech... but the real draw is that it's set to become a hub of creativity, where you can relax and recharge, connect with likeminded folk, learn new skills, watch live music and have your mind pretty much blown.

We've teamed up with Samsung to bring the best of the city to KX, squeezed into a 16-week programme. Tickets to each session start from £5 (we recommend booking ahead) – and as an added bonus you'll score a free beer or glass of wine at all the evening sessions. Cheers to that!

1 Go wild at some badass bingo

What is it? *BingoWings*

When is it? *Thursday*

September 5, 8pm

For one night only, big-haired blondes Baby Lame and Crystal Beth – the queens behind the Mariah & Friendz club night – will run a bingo performance show, packed with audience games and electrifying performances.

2 Sip locally made gin

What is it? *Gin tasting with the East London Liquor Company*

When is it? *Monday September 9, 7pm*

The folks at the East London Liquor Company are incredibly proud of



their award-winning gin (and frankly, they should be – it's delicious). Come and try their spirits with the people who know them best.

3 Shake it and stretch

What is it? *Disco Yoga*

When is it? *Wednesday*

September 18, 1pm

Get some 'Stayin' Alive' with your savasana at this booty-shaking Disco Yoga class. Created by Hackney gym The Refinery, Disco Yoga merges trad yoga poses with banging club beats.

4 Catch a rising star

Who is it? *Rose Gray*

When is it? *Friday*

September 20, 8pm

Rose Gray is an east London-based singer-songwriter whose debut single 'Good Life' has already gained her a lot of attention. She'll be showcasing her smoky, soulful vocals at KX.

5 Watch a fab indie flick

What is it? *Shorts on Tap*

When is it? *Thursday*

September 26, 8pm

Kick back with a beer at an evening of indie films from Shorts on Tap: a London short-movie community making waves with their on-point selection of fab films.



#SamsungKX

→ Find the full list of events at Samsung KX at timeout.com/samsungkx

DON'T MISS

Push the Button: Spice Up Yer Life!



TWO MONTHS ON from the Spice Girls reunion tour, are you feeling the need to spice up your life again? Then unearth your old leopard-print leggings/Union Jack dress/crop top and trackies for this corker of a pop night for LGBTQ+ folks and allies.

Here's how it works: you meet at Retro Bar, just off the Strand, at 7pm on Friday, then board one of three vintage double-decker buses to begin a journey inspired by the group's 1997 movie 'Spice World'. The bus will pass locations from the film and obviously, you'll

pose for a group photo outside the Royal Albert Hall. Mass Spice Girls singalongs are guaranteed.

The journey concludes at the Royal Vauxhall Tavern for a full club night featuring Spice-themed drag shows and DJs spinning amazing pop songs made between 1990 and the present day. If you want to hear

Geri Halliwell's seminal Spanglish banger 'Mi Chico Latino' in a communal dancing environment, this is the night for you.

'None of the Spice Girls is involved in this event in any way,' the Push the Button crew point out, 'but rest assured our drag queens will SPICE UP YER LIFE!' ■ *Nick Levine*

WHAT IS IT?

A double-decker bus journey inspired by 'Spice World'.

WHY GO?

To scream Mel C's high notes from 'Too Much' as you cross London Bridge.

→ Meet at Retro Bar.
⇄ Charing Cross.
Fri Aug 30. £29.

LONDON'S FINEST DOKTOBERFEST

FREE STEIN
or wine with every seated ticket

EVERY THURSDAY-SATURDAY | 10.10-10.11
MUSIC | FOOD | ENTERTAINMENT | VIP

PRICES START FROM £10

10% OFF ON EVENTBRITE
USE CODE: PROST10

SITUATED 3 MINUTES AWAY FROM CANADA WATER, THE MOST EXTRAVAGANT OKTOBERFEST LONDON HAS TO OFFER. WITH TONNES OF ENTERTAINMENT AND THE FINEST GERMAN GRUB. WE'VE GOT A WIDE VARIETY OF DRINKS FROM STEINS TO COCKTAILS

GRAB A TICKET AND COME ON OVER!

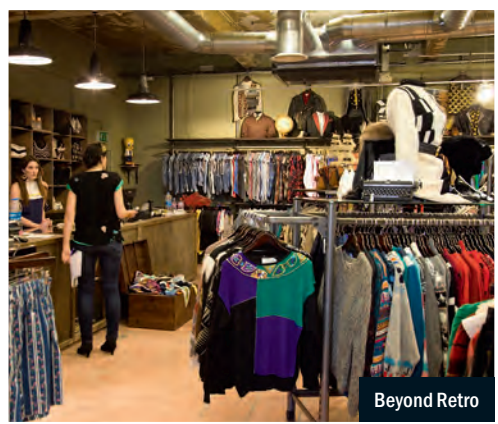
www.doktoberfest.co.uk

WELCOME TO Viva VEGAS

BOOK YOUR CHRISTMAS PARTY WITH US TOO

Jaw-Dropping Venue | Sparkling Reception | World Class Performances
DJ & Disco | Shared or Exclusive for 1500 People | 3 - Course Dinner

Prices Start From £60 Per Person
Available From 28th November - 20th December
Also at Dock X London
Visit Awesome-Christmas.co.uk or call us on: 02088305959



Seven ways to relive the '90s in London

Bucket hats and bumbags at the ready: we've teamed up with 7UP Free to bring you these totally rad ways to live like Y2K never happened

The decade that brought us 'Goosebumps', 'Art Attack' and Mr Blobby is back in a big way right now. And guess who else is back? The '90s mascot of 7UP Free: the super-chill, wriggly-haired Fido Dido, helping 7UP celebrate its ninetieth birthday.

1 Take on the Crystal Maze Live Experience

Don't lie: you always believed you could do better than the contestants of this '90s game show as they fuffed about in the Aztec Zone and flailed around in The Dome. Good luck solving those puzzles and catching those gold tickets IRL!

↪ Piccadilly Circus.

2 Become rave-ready at Cyberdog

To party like it's 1995, you'll need the appropriate gear... and there's nowhere better to find it than at this neon-tastic rave temple at Camden Market. Flashing LED collar, anyone?

↪ Camden Town.

3 Dance to the hits at Push the Button

If it topped the charts in the '90s, you'll hear it at this pop-worshipping club night at much-loved LGBTQ+ haven the Royal Vauxhall Tavern. It's on the last Friday of every month. 'Say You'll Be There'!

↪ Vauxhall.

4 Score a strike at Rowan's Tenpin Bowling

It's actually been here since 1913, but which self-respecting London child of the '90s didn't slurp slushies and bowl at this old-school entertainment den?

↪ Finsbury Park.

5 Get kitted out at Beyond Retro

This Dalston vintage superstore is packed with everything you need to rock a solid '90s look, whether you've got a penchant for the flannel-and-ripped-jeans look or you're after a preppy, tiny backpack vibe.

Dalston Kingsland Overground.

6 Go crate-digging at Music and Video Exchange

If the idea of lazy afternoons spent flipping through vinyl, CDs and DVDs fills you with nostalgia, head to this Greenwich treasure trove.

Greenwich DLR.

7 Show off your rhyming skills at Hot Since '91

Take to the mic at this '90s karaoke night. It's all R&B and hip hop here, so think less Spice Girls, more Salt-N-Pepa.

Various locations in London.



SNAP TO FREE FIDO DIDO



→ Find more awesome things to do at www.timeout.com/freesummer

BUY

E Fake Wave

Fake it to make it is the mantra at this market, which has invited artists to create badges for fictitious bands. Pick up pins for fake bands like Tree Form and Grape Visions and pretend musical genres like bungalow, gravey (goth funk) and seaside soul.

→ DIY Art Shop. Rectory Rd Overground. Wed Aug 28-Sun Sep 1. Free.

S The London Artisan

Each season this market curates a brilliant line-up of designer-makers selling everything from jewellery and ceramics to textile design and graphic art. Go to get your mitts on pretty homeware and special gifts or commission one-off items direct from the makers.

→ Brixton Village. ☉ Brixton. Sun Sep 1. Free.

LATES

C Driverless Lates

Visit the Science Museum after hours for this deep dive into autonomous technology and artificial intelligence. Try out VR simulators, join workshops in drone and machine-learning tech and go on a museum-wide scavenger hunt.

→ Science Museum. ☉ South Kensington. Wed Aug 28. Free.

W Chihuly Nights

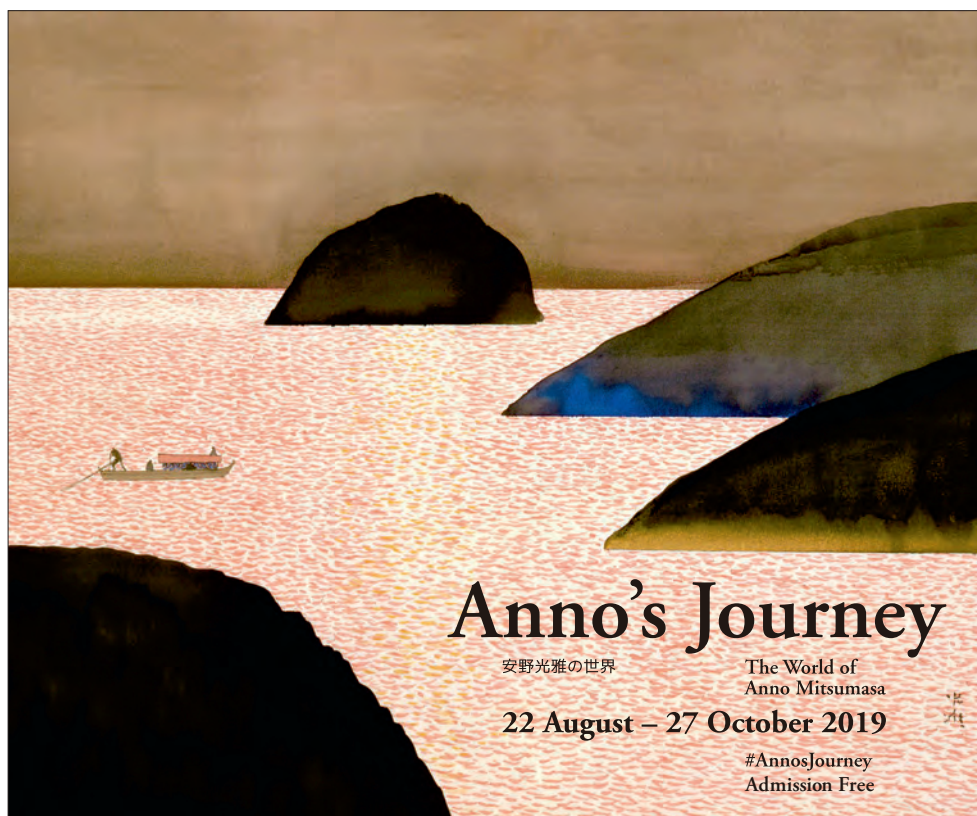
See Dale Chihuly's stunning glass sculptures lit up after dark in Kew Gardens as these special lates. Listen out for a soundtrack played by live musicians responding to the beautiful art.

→ Kew Gardens. ☉ Kew. Until Oct 26. £18.

TO DO

The best events in your area

C Central N North S South E East W West



© Anno Mitsumasa. Courtesy of Anno Art Museum

Japan House offers a gallery, events space, library, shop, café stand and AKIRA restaurant.
JapanHouseLondon.uk | @JapanHouseLDN | High Street Kensington

JAPAN HOUSE LONDON

PARTY

S Pop Horror

Halloween's not just for October. Join this night of alt-drag and cabaret shows – all with a horror twist. This week's theme is 'Village Fate', so expect some horrifically good acts from Evelyn Carnate, Ruby Wednesday and more.

→ Royal Vauxhall Tavern. ☉ Vauxhall. Thu Aug 29. £9.

E Well That Is Lovely

Performance collective Womxn SRSLY is celebrating its second birthday with two days of performances, talks and DJs. See work from designer Sinead O'Dwyer, explore underground culture with Symoné, Claudia Palazzo, Valerie Ebuwa and lots more.

→ Arcade East. London Fields Overground. Fri Aug 30-Sat Aug 31. Free.

PLAY

S Musical Themed Quiz

Know your Stephen Schwartz from your Stephen Sondheim? You might be in with a chance of winning a £100 bar tab.

→ The Bull. Streatham Common rail. Tue Aug 27. £2 per person.

EXPERIENCE

C Audible Live: 'Hag'

Featuring art installations, interactive displays, historical manuscripts and ancient objects, audiobook specialists Audible have brought to life eight new short stories all transforming obscure British folk tales into feminist fables in this immersive exhibition. Experience stories from *gal-dem* founder and editor Liv Little, the youngest ever nominee of the Man Booker Prize Daisy Johnson and others.

→ Phonica Records. ☉ Oxford Circus. Fri Aug 30-Sat Aug 31. Free.

DEBATE

E BigTent Ideas Festival

What is poverty and how do we fix it? Would a green deal unify Brexit Britain? If these are the sort of questions keeping you awake at night, head along to this non-partisan political fest debating society's challenges. Hear talks from the likes of Rory Stewart, Jacqui Smith and Extinction Rebellion.

→ Mudchute Park & Farm. Mudchute DLR. Sat Aug 31. £45.

EXCLUSIVE

Save the booking fee on tickets to **The Luna Cinema** – one of London's finest al fresco cinema experiences. Tickets now from £15.50.

TIMEOUT.COM/LUNA

Find 101 things to do at timeout.com/101

Film

Edited by Phil de Semlyen
timeout.com/film @timeoutfilm

TIME OUT MEETS

Tom Burke

The acclaimed star of 'The Souvenir' on recreating the past and learning from Alan Rickman. Portrait *Andy Parsons*

UNTIL THIS FRIDAY, Tom Burke has been one of Britain's most underrated screen actors. That's when his new movie, 'The Souvenir', comes out and the plaudits should finally flood in. It's a glorious cine-memoir of '80s London – and he's shout-it-from-the-nearest-rooftop brilliant in it.

As his small but fervent army of fans will tell you, it's high time. He's a supremely gifted actor with a knack of bending scenes to his own mysterious rhythms and a face you probably know but can't quite place. It could be from BBC period pieces like 'War and Peace' and 'The Musketeers', or maybe his Sherlock-like turn as a private detective in the hit JK Rowling-created crime show 'Strike'. He's been magnetic on the London stage, too. On the big screen, though? Not so much. There's been a memorable turn in 'Only God Forgives' and a few supporting roles but, for some reason, his talents haven't been seized on. Then 'The Souvenir' writer-director Joanna Hogg came knocking.

She wanted him to play Anthony, a version of her own older, worldlier, heroin-hooked boyfriend from her film-school days in '80s Knightsbridge. She'd cast Honor Swinton Byrne, Tilda Swinton's daughter, as a version of herself. 'I jumped at the part,' says Burke. 'When Joanna spoke about Anthony, I felt more and more curious. She shared his letters, photos and notes with me. I think she was surprised by how much overlap [between us] there was.'

Anthony is a mess of contradictions: immaculately attired and suavely holding forth one minute; a ruin on the floor the next. Burke's job was to knit them all together via largely improvised dialogue. 'I wouldn't normally do this but I was staying in this hotel and every night I'd put on a suit for dinner, just to live in his clothes for a bit,' he remembers. 'On set I found I had an opinion on everything – or Anthony did. It was quite heady.'

For the Hackney resident, filming in an exact recreation of

'The set had a ghostly air. I think I needed some reality by the end'

Hogg's old London digs was an eerie experience. 'We were on this hermetically sealed set in Norfolk for several weeks in a flat which was, centimetre by centimetre, a copy of her flat from the '80s, full of her furniture and possessions. There was a ghostly [air] to it. I think I needed some reality by the end.'

In person, Burke is measured and, at times, a little wary. Mention the thirst status that came with swashbuckling roles in the BBC's 'War and Peace' and 'The Musketeers' and he looks like he wants to curl up into a ball and die. 'Oh God...' he laughs, demurring.



FILM OF THE WEEK

FREE WITH MUBI GO

Watch 'The Souvenir' this week for free, with a MUBI subscription. Get a hand-picked cinema ticket every single week.

→ Find out how at www.mubi.com/go

IN PARTNERSHIP WITH **MUBI GO**



The Souvenir



A CINEMATIC MEMOIR of emotional precision and ambition, Joanna Hogg's 'The Souvenir' does many things so exquisitely, it's hard to know where to begin. Hogg, a veteran TV and feature director with a distinctly intimate style, graduated from film school in the 1980s; her fantasy thesis project starred a then-unknown Tilda Swinton as a character whose obsession with fashion results in a glamorous plunge into a magazine.

In 'The Souvenir', Hogg casts the actor's daughter, Honor Swinton Byrne, to play a version of herself as a young film student awakening to '80s London (Tilda is on hand as her concerned mother). Swinton Byrne's 24-year-old Julie is still childlike enough to shower kisses on the family dog, but she's turning serious, typing up script ideas and mixing it up during class discussions of 'Psycho'. The world of film school – a crucible of naiveté and competition – has never been

presented with such clarity. Hogg's instinct is to let Swinton Byrne fill these scenes with thoughtfulness, a call that pays off beautifully.

And still, that's not half of 'The Souvenir'. An older man, the worldly Anthony (Tom Burke), enters Julie's life. Their relationship blooms with respectful sweetness, so it's a shock when his drug addiction starts to sour their bond. Hogg dives into what might have been a fairly traditional junkie drama, but she's blessed by a unique sense of compassion that balances the film's self-destructive tensions. Swinton Byrne and Burke are magnificent as the director retells her own story with a haunting empathy. A sequel is already in the works; when it arrives, you'll still be wrecked by this one. While it's unspooling, 'The Souvenir' feels like the only film that matters. ■ *Joshua Rothkopf*

WHAT IS IT...

A gorgeous tale of love and heartache set in '80s Knightsbridge.

WHY GO...

It's beautifully crafted and heartbreakingly performed.

→ Director Joanna Hogg (15) 120 mins.

sounds incredibly wrong... but not showing all the colours in the first scene of the first episode.' His favourite Rickman performance is a short film of him pouring a cup of tea. 'There's something about the way he moves in it that's so Alan,' he says. 'It's on YouTube, although I think someone's stuck the music to "Inception" over it.'

Burke is back filming 'Strike' next month and has his own theatre company to focus on too ('There are writers I really want to do that aren't being done,' he says of the venture). Away from work, you might find him in the Tate Modern or trying out a new vegan restaurant. 'I like the Curled Leaf in West Hampstead,' he says. 'It does tea well. I like tea.'

'The Souvenir' will open new doors. After all, the last actor to strike gold working with Hogg went on to star in Marvel movies, share screen time with King Kong and date Taylor Swift. Tom Burke, you suspect, would rather stick pins in his eyes than follow Tom Hiddleston's exact trajectory, although he's open to what comes his way. 'I don't have expectations either way,' he says. I can't help thinking he'd actually make a pretty awesome Loki: cerebral, charming, with a bit of edge. A god of mischief who stands out from the crowd.

Hogg likens him to Peter Finch, the Oscar-winning actor who could be quietly brooding ('Sunday Bloody Sunday') or borderline atomic ('Network'). 'Tom has that presence,' she tells me over email. 'He's an actor without vanity and with an enormous amount of depth and intelligence. I'm left inspired to write another part for him in a future film.' You'd definitely watch it. ■

→ 'The Souvenir' opens Fri Aug 30.



By Phil de Semlyen
Who mostly spent the '80s watching 'The A-Team'.

'I always end up digging some kind of hole so I'm not going to react [to that]. Asking about any struggles he had breaking into acting gets another stonewall. 'It would be bogus of me to say anything has been an obstacle. I had a whole host of people giving me helpful advice.'

Sure enough, acting is in his DNA. His parents are both actors and his godfather was one Alan Rickman. 'I thought about [his performance as Severus Snape] when I was going into "The Musketeers" just in terms of... what's the phrase? The only thing coming into my head is "blowing your whole load", which

MUBI
GO

IN CINEMAS
THIS WEEK

WATCH A HAND-PICKED FILM
IN CINEMAS EVERY SINGLE WEEK
£9.99 PER MONTH

mubi.com/go

THE SOUVENIR

A FILM BY JOANNA HOGG



Co-funded by the
European Union



BBC FILMS

PROTAGONIST



LOTTERY FUNDED

ACURZON RELEASE

Bait



IT MAY LOOK like it was made on a shoestring 50 years ago, but this abrasive seaside parable is a quietly thrilling piece of filmmaking. Using old 16mm cameras, scratchy black-and-white stock and a handful of coastal locations, Cornish writer-director Mark Jenkin has conjured up something truly arresting: a debut film rooted in local traditions, with a dark humour and an atmosphere that's as brooding as its Atlantic backdrop.

Filmed mostly in unblinking close-ups, its central character is scowling Cornish fisherman Martin (Edward Rowe). He's a fundamentally good-hearted man who nurses a bundle of unexpressed grudges over the flood of new money into his fishing village. His equally gruff brother (Giles King) uses their dad's old trawler to take tourists on pleasure cruises, while the family's quayside home has been sold to the kind of well-heeled urbanites Martin so resents. To add insult to injury, they've installed a porthole.

'Bait' is a story of gentrification and class friction that builds and

WHAT IS IT...
A brilliantly original modern folk tale set in Cornwall.

WHY GO...
It's a cult classic in the making.

→ Director Mark Jenkin (15) 89 mins.



builds, searching for the release that inevitably comes. But it has deeper currents too, as Jenkin explores the day-to-day slog of maintaining a generations-old way of life – you'll learn a lot about lobster potting – and the near-spiritual pain of being prised, like a barnacle off a rock, from your place in life by forces beyond your control.

He's abetted in that by a wonderfully human performance from Rowe, all bruised pride and righteous fury.

It's clear where Jenkin's sympathies lie, and one or two of the middle-class characters tiptoe towards caricature, but 'Bait' never feels polemical or didactic: it's more of a quiet lament than a shaking fist. It feels almost like a modern-day sea shanty. Let its hypnotic rhythms wash over you. ■ *Phil de Semlyen*

Inna de Yard



WHAT IS IT...
A doc about a group of reggae musicians reliving their glory days.

WHY GO...
To feel reggae music wash over you via the stories of its characters.

→ Director Peter Webber (12A) 99 mins.

PETER WEBBER, A white man from west London best known for 2003's literary historical romance 'Girl with a Pearl Earring' does not, on paper, seem like a natural fit to document a revival of Jamaican reggae musicians. It is a credit to his seemingly pure-hearted love of the scene that he steps out of the way, serving as an archivist for Ken Boothe, Kiddus I, Winston McAnuff, Cedric Myton and Judy Mowatt, who tell their own stories in their own words, as they go about life and music-making in the rickety tropical paradise of Stony Hill in the St Andrew parish of Jamaica.

'Inna de Yard' won't win awards for formal experimentation. Taking care not to overstate his presence, Webber resorts to tried-and-tested documentary formats: talking heads, locations captured in tracking shots, fly-on-the-wall footage of recording sessions. As his camera checks in with these musicians in the days leading up to their reunion tour, 'Inna de Yard' becomes more like a concert movie, with a spine of cultural history, than a narrative documentary.

But it's a concert movie with heart because ample space is given over for each of these men (and one woman!) to recount memories of lives full of incident. There have been tragedies, like the death of a child in senseless local violence, and oodles of love and labours lost. Yet the overriding tone lies in the philosophical lyrics and inviting rhythms of reggae music, whose lapping sound waves engulf you as warmly as the sun-kissed Caribbean. ■ *Sophie Monks Kaufman*



BAIT: BFI; AMILLION LITTLE PIECES: JEFF GROS

A Million Little Pieces



WHAT IS IT...
An adaptation of James Frey's controversial addiction memoir.

WHY GO...
For a livewire Billy Bob Thornton.

→ Director Sam Taylor-Johnson (15) 113 mins.

YOU CAN ALMOST feel the moment Sam Taylor-Johnson's grim rehab drama starts to feel like rubber-necking. After about half an hour of tough cold-turkey scenes and a bit with an effluence-flooded clinic corridor, James Frey (Aaron Taylor-Johnson) visits the dentist to get his broken teeth fixed. The wrinkle? As a recovering crack addict, he's not allowed anaesthetic. What follows will have you pining for that icky corridor.

'A Million Little Pieces' is that kind of film: it marinades in the miseries of recovery, a warts-and-all memoir without the 'and all' part. The book it's based on was a publishing sensation that became a literary firestorm when several of Frey's claims about its autobiographical nature were debunked. The movie doesn't say it's a true story, though it does faithfully follow Frey's story through 12-step meetings, angry clashes with staff and buckets of scatological detail.

Billy Bob Thornton livens things up as a fellow addict, and the opening scene is a cracker, with Frey introduced through a drug-fuelled blur. Beyond that, there are only glimpses of directorial flair, as when Frey's dinner decays in front of him in the style of Sam Taylor-Johnson's own 'Still Life' installation. But it's mostly gruelingly straight and unadventurous, as if the subject matter is too sacrosanct for any playfulness or invention. It doesn't help that Frey is a pretty unlikeable character, always pushing back against your efforts to warm to him. However worthy the themes, the result is a chore. ■ *Phil de Semlyen*



Film

Seahorse: The Dad Who Gave Birth



WHAT IS IT...

A documentary about the experience of a trans-male pregnancy.

WHY GO...

It's an insight into a barely reported subject.

→ Director **Jeanie Finlay** (15) 91 mins.

DOCUMENTARY DIRECTOR Jeanie Finlay established herself with innovative films about lesser-seen sides of the music industry ('Sound It Out', 'The Great Hip-Hop Hoax'). Initially, 'Seahorse' appears less ambitious, almost out of deference to the emotional trials of its subject, transgender journalist Freddy McConnell. But after a twist at the half-hour mark, it becomes clear that she has given the narrative and, at points, the camera over to McConnell. His edited contributions create a roadmap for the relatively uncharted territory of trans-male pregnancy.

The film selects key moments from the years-long process of McConnell using his 'biological machinery' to become pregnant. As he stops having hormone injections and his hard-won male signifiers soften, he weighs a visceral sense of losing himself against his aim of becoming a dad.

Supported by his mum, he navigates both the pregnancy itself and an awareness that his story could become fuel for tabloid hate. Finlay adeptly weaves in the backdrop of a society that wilfully misunderstands trans people without letting that engulf what is primarily a character study of a deeply determined person. 'Seahorse' really finds itself when it allows McConnell's voice and thoughts to take precedence over the cluttered set-up. With an understated sense of humour, his throwaway delivery masks moments of radical eloquence. ■ *Sophie Monks Kaufman*



The Informer



WHAT IS IT...

A crime thriller about an FBI informer.

WHY GO...

For a sweatily convincing Joel Kinnaman as a man in a tight spot.

→ Director **Andrea Di Stefano** (15) 113 mins.

THE KIND OF generic-sounding thriller that came out every other week in the '90s, 'The Informer' feels like more of a novelty at a time when so many crime stories find a home on the small screen. Its world of bent FBI officers, dedicated NYPD cops and vicious Polish mobsters might have occupied a whole season of 'The Wire' – and its tense, well-mounted early scenes don't make a mockery of the comparison, even if its intricate plotting eventually dissolves in a daft final act.

The informer in question is Pete Koslow (Joel Kinnaman), an ex-army sniper-turned-convict whose parole terms trap him in the thankless role of FBI snitch for a shady handler (Rosamund Pike) and her even shadier boss (Clive Owen). When a sting operation ends in the murder of a cop, they leave Koslow to face the music with a sinister crime lord known as The General (Eugene Lipinski, underused). Soon, he's back in jail trying to stay alive long enough to figure out who wants to kill him the most.

It's a tangled web, even without Common's pavement-pounding cop triangulating the story via a third perspective. Director Andrea Di Stefano ('Escobar: Paradise Lost') transplants the Stockholm-set book on which it's based into some satisfyingly grimy New York locations and the prison scenes are suitably claustrophobic. But 'The Informer' is a film that favours brawn over brains, punching its way through any plot predicaments. A smart hairpin or two would have made it a juicier watch. ■ *Phil de Semlyen*



THE TEN BEST POP-UPS AND FESTIVALS THIS WEEK

10 The Third Man

The classic Carol Reed thriller screens with a Q&A and special guests. Don't miss it.

→ Picturehouse Central.
⊖ Piccadilly Circus. Sun Sep 1, 3.30pm. £16.90.

9 Cat on a Hot Tin Roof

Mark a special season of Paul Newman films with this magnetic pair-up with Elizabeth Taylor.

→ Regent Street Cinema.
⊖ Oxford Circus. Sun Sep 1, 7.30pm. £12.

8 Monterey Pop

DA Pennebaker's classic 1968 concert doc records the Lovebox of its day – only with Hendrix setting a lot more guitars on fire.

→ Barbican. ⊖ Barbican.
Fri Aug 30, 6.40pm. £12.

7 Sansho the Bailiff

Get seriously feudal with this magisterial Kenji Mizoguchi epic set in ancient Japan.

→ Close-Up Cinema.
Shoreditch High St Overground. Sun Sep 1, 8.30pm. £12.

6 Badlands

Martin Sheen and Sissy Spacek rampage through the Midwest in the 1973 Terrence Malick masterpiece.

→ Deptford Cinema.
Deptford Bridge DLR. Sun Sep 1, 2pm. £6.50.

5 Hudson Hawk

Is this Bruce Willis calamity ready for reappraisal? Find out at a riotous season of bad-good films (and free beer).

→ East Dulwich Picturehouse.
East Dulwich rail. Fri Aug 30, 10pm. £8.

4 Only You

Another chance to catch this bittersweet romantic gem at Croydon's grand old cinema.

→ David Lean Cinema.
East Croydon rail. Thu Aug 29, 2.30pm. £7.50.

3 Straight Outta Compton

Rooftop Cinema hosts a night of '80s hip hop – on and off screen.

→ Bussey Building, Peckham Rye Overground. Thu Aug 29, 8pm. £15.95.

2 Andrei Rublev

One of the greatest movies made about art and still an epic sight on the big screen.

→ Prince Charles Cinema.
⊖ Leicester Square. Sat Aug 31, 2.15pm. £10.

1 Sunshine

To mark 25 years of reliably terrific Fox Searchlight films, Everyman's London cinemas are hosting a few special screenings this week. Our pick? Danny Boyle's outer-space mindtrip 'Sunshine'. Boyle will be there with writer Alex Garland to take questions.

→ King's Cross Everyman. ⊖ King's Cross. Fri Aug 30, 8.30pm. £17.90.



SEAHORSE: MANUEL VAZQUEZ; THE INFORMER: FYZZ FACILITY/LAM DANIEL

LONDON ON SCREEN

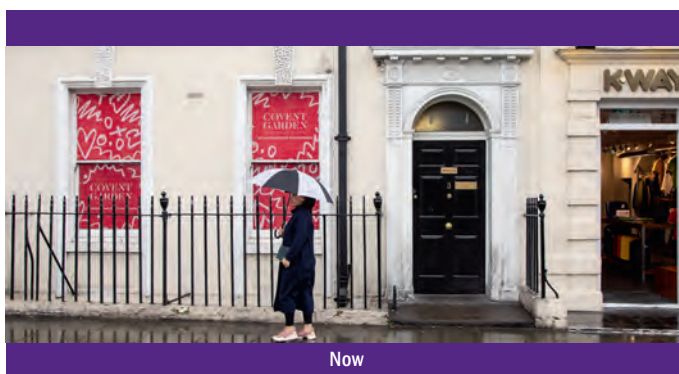
The maniac's apartment from 'Frenzy'

The location 3 Henrietta Street, Covent Garden

The scene Barmaid Babs (Anna Massey) thinks she's being helped out of a spot by Covent Garden fruit trader Bob (Barry Foster), unaware that he's notorious serial killer 'The Necktie Strangler'. He lures her to his flat to become his latest victim.

Then Alfred Hitchcock's 1972 crime thriller is set in and around the old Covent Garden market. Hitch, the son of a greengrocer, was conscious that the market would soon relocate to Nine Elms Lane and wanted to pay tribute to the London of his youth.

Now The grime and soot have gone and it's looking a lot more pristine, but murderous Bob's flat at Number 3 hasn't changed much down the years, mainly thanks to the Grade II listing bestowed on it in 1973. The bustling fresh produce market seen in 'Frenzy' is worlds away from the tourist hub Covent Garden has become. The trader market's halls are now full of upmarket shops and restaurants, while the London Transport Museum is situated where the old flower market used to be. ■ *Thomas Hobbs*

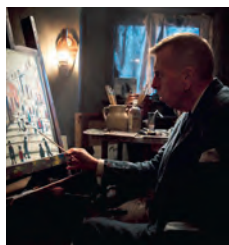


ALSO OPENING

MEMORY: THE ORIGINS OF ALIEN

★★★★★

For 'Alien' fans, director Alexandre O Philippe's examination of its roots, worming back to Greek myth, should be a joy. But such is the quality of previous DVD extras, there's not much 'untold' here. The epochal 'chestburster' scene gets so much airtime, you wonder if the doc was originally intended to focus solely on that. Still, there's lots to appreciate, with experts and cast members articulately supporting Philippe's claim that 'Alien' is as loaded with cultural meaning as its ancient influences. *Dan Jolin*



↑ MRS LOWRY & SON

★★★★★

Vanessa Redgrave is on fine waspish form as the bedridden mother of the Salford painter LS Lowry, played by a hangdog Timothy Spall. Director Adrian Noble coaxes intense performances from both, but this account of Lowry's life is stuffy and uneventful. The odd surreal Lowry-inspired flourish hints at a more interesting path it might have taken. *Alice Saville*

THE MUSTANG

★★★★★

'I'm not good with people,' growls Nevada convict Roman Coleman (Matthias Schoenaerts), who's paired with a wild horse in a story inspired by a real-life prison programme. There's some nice visual storytelling, but 'The Mustang' is leagues below the recent 'The Rider' or 'Lean on Pete'. *Joshua Rothkopf*

ASTERIX: THE SECRET OF THE MAGIC POTION

★★★★★

This tenth animated Asterix film moves at a fair whip, but great animations lose you in their worlds and this one is synthetic and inert. ■ *Thomas Hobbs*

EXPERIENCE THE MAGIC OF THE FILM WITH A LIVE ORCHESTRA

Harry Potter AND THE PHILOSOPHER'S STONE
— IN CONCERT —

17 & 18 SEPTEMBER 2019
SOUTHBANK CENTRE

ACCOMPANIED BY THE 69 PIECE CZECH NATIONAL SYMPHONY ORCHESTRA
CONDUCTED BY TIMOTHY HENTY

TICKETMASTER.CO.UK • GIGSANDTOURS.COM • SOUTHBANKCENTRE.CO.UK
AN SJM CONCERTS PRESENTATION
PART OF THE HARRY POTTER™ FILM CONCERT SERIES • BROUGHT TO YOU BY CINEMACONCERTS

HARRY POTTER characters, names and related indicia are © & ™ Warner Bros. Entertainment Inc. WIZARDING WORLD trademark and logo © & ™ Warner Bros. Entertainment Inc. Publishing Rights © JKR (1997)

FRENZY NOW IMAGE: ANDY PARSONS

All the biggest new films reviewed at timeout.com/film

Music & Nightlife

Edited by Oliver Keens
timeout.com/music @timeoutmusic

How to do Latin London

Latin nightlife in the capital is thriving. Here's where to head for the hottest reggaeton, salsa and cumbia sounds

Como No

Como No has propelled Latin culture in London since planting their musical roots back in 1986. They founded the La Linea fest, hosted shows with legends like Celia Cruz and Rubén Blades, and even formed Mexrrissey – the much-adored Smiths cover band with a Mexican twist.

→ Mexican Independence Day Party at Electric Brixton. ☹ Brixton. Sep 15. £30. comono.co.uk

Cubana

This popular spot in Waterloo definitely emits the vibrant spirit of its Caribbean namesake. Boasting bright murals and authentic food, Cubana keeps its doors open until the early hours, enlisting local Latin live bands and DJs who will keep the vibes rolling until you're ready to watch the sun rise over the nearby Thames.

→ 48 Lower Marsh, SE1 7RG. ☹ Waterloo. Open daily. www.cubana.co.uk

Exilio

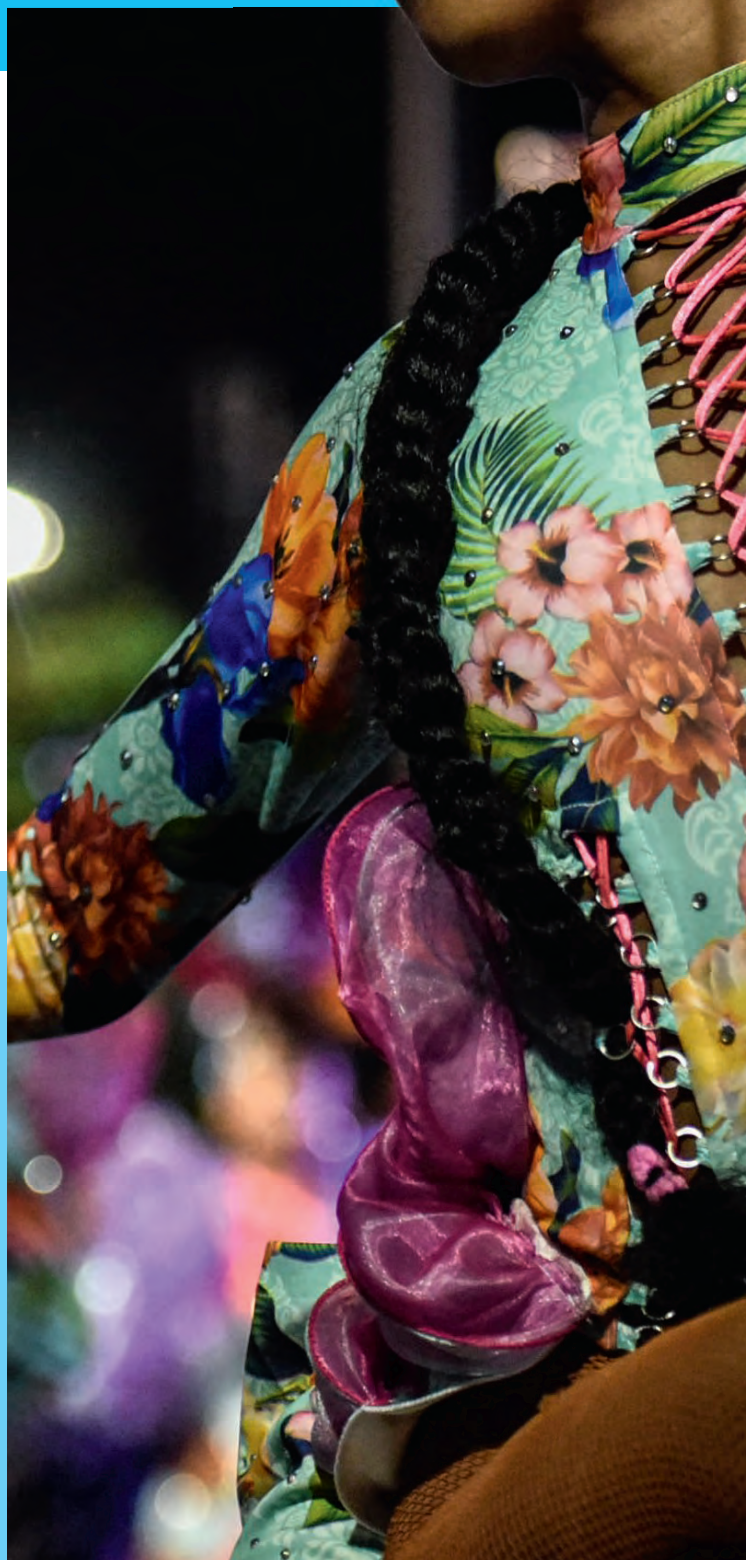
LGBTQ+ collective Exilio is creating safe spaces for London's Latinx queer community. Expect to rub shoulders with Latin drag acts and dance to the finest salsa and reggaeton. Perreo – reggaeton's premier dance move – is an art. Master it at one of these raves.

→ Temple Pier Victoria Embankment.
☹ Temple. Next event: Sat Aug 31. £10.
www.exilio.co.uk

Gabeto

This two-floor haven has long brought Latin flair to Camden's Stables Market. There's something on the calendar every night for salsa and merengue enthusiasts looking to dine, drink and dance well. It's one of the few places in London where you can take a bite out of a fajita while you get down on the floor. The dream, tbh.

→ Chalk Farm Rd, NW1 8AH. ☹ Chalk Farm. Open daily.





I Like It Like That

I Like It Like That

You may recognise this name from Pete Rodriguez's iconic boogaloo hit – or, more realistically, the Cardi B super-bop which sampled it. Party planner I Like It Like That reps the famed song with its salsa dura (or 'hard salsa') vinyl parties. These sessions are perfect for anyone craving hip-shakers.

→ Salsa Dura on Vinyl Vol 28 at The London Irish Centre, Camden Rd Overground. Sep 21. £10-£13. www.ilikeitlikethat-salsa.com

Juju's Bar & Stage

Hidden inside the Truman Brewery, Juju's feels like a little pocket of paradise where it's summer forever. It's home to a varied programme of Latin events – from the monthly Oye Como Va night (which just happens to be on this Friday) to salsa gigs and capoeira classes.

→ Ely's Yard, 15 Hanbury St, E1 6QR. Shoreditch High St Overground. Open daily.

K-Che

Feeling fancy? K-Che's stylish, neon-lit settings are raising the glitz levels in London's Latin club circuit. Here you can get down to salsa and the newest reggaeton sounds, all pumping through the state-of-the-art soundsystem.

→ 516 Old Kent Rd, SE1 5BA. South Bermondsey rail. Open Fri-Sat.

La Bodeguita

If a venue could be personified, La Bodeguita would be your zany nan – reliable, warm-hearted and always up for a party. This authentic diner-slash-club is a long-standing fixture in Elephant & Castle. Equipped with booming speakers in the centre of the room, its late-night parties are as close as you'll get to Cali in London.

→ Elephant & Castle Shopping Centre, Walworth Rd, SE1 6TE. ☉ Elephant & Castle. Open daily.

Distriandina

Distriandina has been an essential hub for London's Latinx diaspora since 2002, making it the oldest operating Colombian venue in the capital. The community space also doubles as one of the most buzzing Latin clubs in the city, pumping out the best cumbia and vallenato.

→ 6 Farrell Court, Elephant Rd, SE17 1LB. ☉ Elephant & Castle. Open daily.

La Pollera Colorá

Named after the iconic cumbia anthem of the same name, London Bridge's La Pollera Colorá is bursting with energy. Voted the UK's Latin Nightclub of the Year, its dancefloors come alive with classic sounds of bachata and cumbia.

→ 4-6 London Bridge St, SE1 9SG. ☉ London Bridge. Open Thu-Sat.

Movimientos

With regular club nights at Bussey Building and Rich Mix, non-profit crew Movimientos is raising political awareness on the dancefloor, one dembow beat at a time. Frequently teaming up with charities, their events double as an act of solidarity.

→ Balkan vs Cumbia London. Hootenanny Brixton. ☉ Brixton. Sep 6. Free-£5. movimientos.org.uk

Salsa! Soho

Sometimes you just need to find yourself in a basement dancing to el ritmo salsa. Salsa! Soho and sister club Salsa! Temple are the places to do it. Known for its lively crowds, the tropical cocktails and seasoned regulars will make you forget you're smack in the middle of London. ■

→ 96 Charing Cross Rd, WC2H 0JG. ☉ Tottenham Court Rd. Temple Place, WC2R 2PH. ☉ Temple.



By Rachel Grace Almeida
Who's often found shouting about reggaeton bops.

GIGS AND CLUBS

Krept & Konan

After selling out Ally Pally last autumn, the south London hip hop duo are stepping up again – by heading out on an eight-date UK and Ireland arena tour. Tickets go on sale Thursday at 9am. Be ready.

→ The O2, Dec 5.



Buy tickets at [timeout.com/gigs](https://www.timeout.com/gigs)



Slipknot

Their latest album 'We Are Not Your Kind' recently knocked Ed Sheeran off the top of the albums chart. Now the mask-loving metal band have announced a UK arena tour culminating in a massive show at The O2. Tickets go on sale Friday at 9am.

→ The O2, Jan 25 2020.

There's Only One Peach with the Hole in the Middle

This is a proper one-off. Electroclash queen Peaches will gather nearly 40 musicians and performers on stage for her own unique 'vision of the past, present and future of queer feminism'. Bring it on.

→ Royal Festival Hall.

Wed Aug 28.

Fabriclive XX

This Sunday session features an epic six-hour set from Four Tet. It finishes at midnight, so you won't have to worry about starting next week shattered.

→ Fabric, Sun Sep 1.

All About That Bassey

Cazeleon, the self-styled 'cabaret chameleon', pays tribute to the legendary Dame Shirley Bassey. Expect jokes, money notes, and then loads more money notes.

→ The Glory, Sep 6.

Trashy Queen – The 2010s Party

Head to Vauxhall for an LGBTQ+ club night devoted to this decade's best pop music. The promoters say you'll hear Lizzo, Kesha and 'absolutely no Ed bloody Sheeran'.

→ Royal Vauxhall Tavern.

Sep 13.

Khalid

There are still a few tickets for the R&B wunderkind's London gigs, which feature support from rising stars Raye and Mabel.

→ The O2, Sep 17-18.

Melanie Martinez

The cult US pop queen tours in support of new album 'K-12', due out in September.

→ Shepherd's Bush Empire, Dec 9.

Frank Carter and the Rattlesnakes

The rambunctious punks have announced their biggest headline shows ever.

→ Alexandra Palace, Feb 15 2020.

CUBSPORT
OCT 17 // LONDON SCALA
 + SPECIAL GUEST: SHEY BABA

COMMUNION PRESENTS BY ARRANGEMENT WITH UNITED TALENT AGENCY

AMBER RUN
 PLUS SPECIAL GUESTS
 STEREO HONEY

SAT 19 OCT ROUNDHOUSE LONDON

TICKETS ON SALE FROM: WWW.AMBER-RUN.COM

NICK MURPHY
 FKA CHET FAKER

RUN FAST SLEEP NAKED
 LIVE IN CONCERT 2019

LONDON
O2 ACADEMY BRIXTON
22 OCTOBER
 WITH SPECIAL GUESTS

AN EAT YOUR OWN EARS AND COMMUNION PRESENTATION IN ASSOCIATION WITH ITB AGENCY
 EATYOUROWN EARS.COM COMMUNIONMUSIC.CO.UK NICKMURPHY.COM TICKETWEB.CO.UK

Maisie Peters.

THU 14 NOVEMBER 2019
O2 SHEPHERD'S BUSH EMPIRE
 LONDON

COMMUNION PRESENTS BY ARRANGEMENT WITH EAA
 #MAISIEPETERSMUSIC | COMMUNIONMUSIC.CO.UK

FREYA RIDINGS

FRI 22 NOVEMBER
EVENTIM APOLLO
 LONDON

DEBUT ALBUM OUT NOW
 FREYARIDINGS.COM | COMMUNIONMUSIC.CO.UK | EVENTIM.CO.UK
 COMMUNION PRESENTS BY ARRANGEMENT WITH CAA

JADE BIRD
THE DEBUT ALBUM
 2019 UK TOUR

PLUS SPECIAL GUESTS **MOSA WILD**

WED 27 NOV, LONDON
O2 SHEPHERD'S BUSH EMPIRE

JADE-BIRD.COM
 COMMUNIONMUSIC.CO.UK | EATYOUROWN EARS.COM
 A COMMUNION & EAT YOUR OWN EARS PRESENTATION BY ARRANGEMENT WITH CODA

Communion Presents by arrangement with CAA

DERMOT KENNEDY

~~02.12.2019~~ **SOLD OUT**

03.12.2019 EXTRA DATE ADDED

EVENTIM APOLLO
 LONDON

Debut Album 'Without Fear' out September 27th
 Tickets on sale now from dermotkennedy.com
communionmusic.co.uk | eventim.co.uk

COMMUNION PRESENTS BY ARRANGEMENT WITH WME

Bear's Den
 So that you might hear me

20.02.20
EVENTIM APOLLO
 LONDON

TICKETS FROM:
 BEARSDENMUSIC.CO.UK
 COMMUNIONMUSIC.CO.UK
 TICKETMASTER.CO.UK

MICHAEL KIWANUKA

PLUS SPECIAL GUEST
celeste

UK TOUR 2020

THURSDAY 5 MARCH
O2 ACADEMY BRIXTON
 LONDON

TICKETS ON SALE NOW
 GIGSANDTOURS.COM | TICKETMASTER.CO.UK | COMMUNIONMUSIC.CO.UK

MICHAELKIWANUKA.COM
 NEW ALBUM COMING 25 OCTOBER 2019
 ALL THE CONCEPTS & COMMUNION PRESENTATION BY ARRANGEMENT WITH ITB AGENCY

COMMUNION PRESENTS BY ARRANGEMENT WITH CODA

Ziggy Alberts
 LAPS AROUND THE SUN
 WORLD TOUR 2020

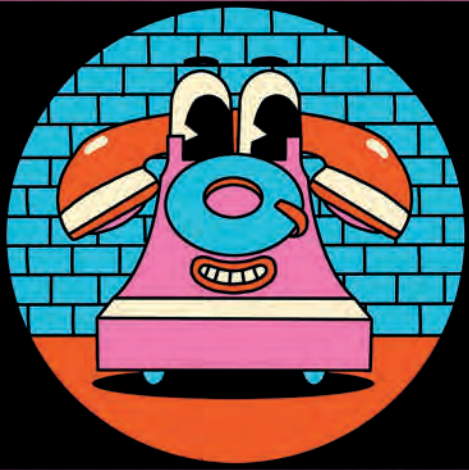
SATURDAY 21 MARCH
ROUNDHOUSE
 LONDON

TICKETS FROM
ZIGGYALBERTS.COM
 COMMUNIONMUSIC.CO.UK

A GOLDENVOICE PRESENTATION

KHRUANGBIN

THE 'HELLO HELLO' TOUR



TUESDAY 3RD DECEMBER
O2 ACADEMY BRIXTON

TICKETS ON SALE FRIDAY 10AM
TICKETMASTER.CO.UK | GOLDENVOICE.CO.UK



SO YOU'VE
NEVER BEEN TO

The Queen Adelaide



In a nutshell...

This Cambridge Heath pub has a similar vibe to nearby LGBTQ+ haven The Glory, but with no entry fee (even at weekends) and an even more gender-fluid crowd.

Where is it?

At the end of Hackney Road, in a former lapdancing bar. Oh, the irony. These days people prefer gawping at the fabulous drag queens behind the decks.

What's the vibe?

Both raucous and laidback. Things are pretty chill in the ground-floor pub, but downstairs in the dance dungeon (as we call it), sweat drips from the kitsch multicoloured wallpaper as queer partygoers dance to power ballads and pop anthems.

What makes it a great venue?

If you're dying for a dance but your mates have flaked, head here because the crowd are super-friendly. It's also a welcome reminder of queer pub-clubs from years past, which makes sense as it's run by the folks who gave us beloved (but now defunct) Shoreditch spot The George & Dragon.

What's the booze situation?

For east London, prices are completely reasonable. You'll pay around a fiver for a pint and £5.70 for a single G&T.

What's coming up there soon?

Other than an amazing time every Friday and Saturday, keep an eye on Facebook for tempting one-off events. One recent party was called '2 Slags & 1 Laptop', which captures the Queen Addy's cheekier side perfectly. ■ Adam Bloodworth

→ 483 Hackney Rd, E2 9ED. Cambridge Heath Overground.



ABODE IN THE PARK LONDON

THE PEOPLE'S PARTY

VIP HOSTED BY
HOT BED

ANDREA OLIVIA • ARTIKAL
DANNY HOWARD • DAVIDE SQUILLACE
DE LA SWING • EAST END DUBS
ELLIE COCKS • FISHER • GW HARRISON
MARK KNIGHT • NIC FANCIULLI
PACO OSUNA • PAX • PAUL RITCH
RICHY AHMED • SECONDCITY
WAFF • WILL TAYLOR • WEISS
+ MANY MORE

1 DAY • 6 STAGES • 12,500 ABODERS

SUNDAY 22ND SEPTEMBER 2019
FINSBURY PARK, LONDON



boohooMAN.com

Theatre & Dance

Edited by Andrzej Lukowski
timeout.com/theatre @timeouththeatre

WHAT'S THE DEAL WITH

The return of Fleabag

Phoebe Waller-Bridge's furiously filthy hit is coming to the West End. Here's what you need to know

I've already binge-watched the BBC telly series. Do I need to see it live?

So, no. Not anymore than Fleabag needs to alienate her friends and family or scream through her ex-boyfriend's letterbox. But it's an unrivalled chance to see Phoebe Waller-Bridge revisit her roots as a peddler of hilarious nihilistic filth on London's stages – before she gets sucked into the American screenwriting machine for good.

What should I expect?

No sexy priest (sorry). No sexy therapist (also sorry). But you do get to be eyeball-to-eyeball with Waller-Bridge herself. First performed in 2013, the stage version of 'Fleabag' takes cues from stand-up, with sections that get improvised fresh every night. It's also more messed up than the telly series:

the wanking-to-an-Obama-speech scene isn't the half of it. There's also an unforgettably horrible poo story that, for better or for worse, did not make it to telly.

Isn't it completely sold out?

Technically yes. But a weekly lottery makes 50 tickets available for each night for just £15. Download the TodayTix app to score yours.

But I never get lucky.

If you don't mind doing it standing up, limited numbers of non-seated £10 tickets are available from the box office at 10am the morning of each performance – get there at sparrow fart to be in with a chance.

I'm not sure my hangover will let me. Don't worry, it's also

'There's an unforgettably horrible poo story'



getting an NT Live screening on September 12. And cinemas being a bit more laid back than yer average theatre, you can dash in late with a sneaky box of wine and a lover whose name you can't remember – it's what Fleabag would do.

What if it gives me an insatiable hunger for witty, warts-and-all female-led theatre?

Glad you asked. Since 'Fleabag' broke out, every female solo artist and her guinea pig has been hailed as 'the new Fleabag'. Check out Cora Bissett's play about being a teen rock star, **'What Girls Are Made Of'** (Soho Theatre, September 9-28). Caroline Horton's **'All of Me'** is a brilliant depression narrative (The Yard, September 10-28). Or

try Jackie Kay's coming-out story **'Chiaroscuro'** (Bush Theatre, August 28-October 5).

What's next for Fleabag?

Waller-Bridge is currently working on HBO series 'Run'. In a recent interview she said she likes the idea of revisiting Fleabag when she's 'like, 45 or 50'. But this West End show is its official swansong – albeit one with feathers as mucky as a Soho pigeon. You know what to do. ■
→ 'Fleabag' is on at Wyndham's Theatre until Sep 14, with an NT Live screening at cinemas across London on Sep 12.



By Alice Saville
Who saw 'Fleabag' before it was cool.



Appropriate ★★★★★

A FEW EYEBROWS were raised at New York playwright Branden Jacobs-Jenkins's decision to follow up his exhilaratingly weird race satire 'An Octoroon' with something that sits solidly in the tradition of the Great American Play – one of those sprawling dramas perfected by Tennessee Williams, where grown-up families rip into each other and painful memories spill out. But 'Appropriate' mixes its time-honoured portrait of a family self-destructing in a Southern mansion with something darker; its rafters creak and disgorge secrets of their own.

Everything revolves around the Lafayette family patriarch, who is dead. Was he a bigot? Mentally ill? A neglectful father? His children gather to work it all out, as they prepare his clutter-stuffed house for an estate sale. Eldest daughter Toni dominates proceedings; played by a wonderfully bitter Monica Dolan, she's a staunch defender of his legacy as a fair-minded lawyer, even as

her two adult siblings give more and more evidence to the contrary.

This is a play where things are given shape by the artfully shaded negative space around them. Another invisible presence in this house are the African-American slaves who worked this plantation. Jacobs-Jenkins ingeniously skewers the all-white Lafayette family as they collude to disown their slave-owning past, subtly suggesting it lies at the root of their sicknesses.

Ola Ince's production builds to a succession of agonising emotional confrontations. But the supernatural tensions built into Jacobs-Jenkins's script never quite come to a climax; the screeching sound effects and blackouts between scenes feel like a tacked-on extension to this well-constructed house of ills. Ultimately, the ghosts that linger are the things left unsaid, the uncomfortable truths that every member of this family tries to bury with words and cobbled-together rites. ■ *Alice Saville*

WHAT IS IT...

A messed-up drama about a haunted Southern family.

WHY GO...

It's horrifying in all the right ways.

→ Donmar Warehouse.

⊖ Covent Garden.

Until Oct 5. £10-£40.

The Doctor



ROBERT ICKE'S FINAL show as Almeida associate director, 'The Doctor' starts out as a fairly straightforward examination of medical ethics, very loosely based on Arthur Schnitzler's 'Professor Bernhardt'. Then Icke grabs his scalpel and carves messily into a whole mass of other issues: identity politics, media witch hunts, the way institutions protect themselves against criticism.

This is 'talky' theatre, 'ideas' theatre; the kind where intense debates play out over long stretching-out scenes – drummer Hannah Ledwidge keeps the tension up with a live percussion soundtrack delivered from a perch above the stage, like a miniature god commanding you to listen.

Not that 'The Doctor' is telling you what to think. Not obviously, anyway. Juliet Stevenson plays the title role

WHAT IS IT...

Top director Robert Icke's final blowout at the Almeida.

WHY GO...

Juliet Stevenson is stunningly good.

→ Almeida Theatre.

⊖ Highbury & Islington.

Until Sat Sep 28. £10-£42.50.



of Ruth Wolff, a white female senior clinician who refuses to allow a Catholic priest to see a 14-year-old girl who's dying after a botched abortion. Soon, she's swept up in a media firestorm over religious freedom. And then, accusations of unconscious bias; the priest she

denied entry to was black.

Full of smouldering frustration and just-visible terror, Stevenson's masterful central performance does a lot of heavy lifting here. Because although Icke throws out a lot of smoke around the ideas he's exploring, they're not thought

through with the white-hot intensity they deserve. The emotional climax of this play is a speech that directly compares identity politics to Nazism. It's typical of a play that, like Wolff, delivers on bravura energy – but not the care its subject demands. ■ *Alice Saville*

Queen of the Mist



A 63-YEAR-OLD WOMAN shooting down the Niagara Falls in a barrel in 1901 – the hook for ‘Queen of the Mist’ at Charing Cross Theatre – maybe isn’t your typical premise for a musical. But lyricist, book writer and composer Michael John LaChiusa’s work has always been more interested in the drama of an idea than in conventional tales of doe-eyed lovers.

‘Queen of the Mist’ is what the real-life Anna Edson Taylor (Trudi Camilleri) had emblazoned on the barrel she had specially made for her plunge from the heights. In LaChiusa’s hands, Taylor is a fascinating, mercurial character: a schoolteacher and a hustler, owing money to everyone, but also hemmed in and frustrated by a small-minded society.



WHAT IS IT...
An offbeat musical about an indomitable adventurer.

WHY GO...
For a joyful slice of Americana.

→ Charing Cross Theatre.
↻ Charing Cross. Until Sat
Oct 5. £15-£32, £15-£20
concs.

Where others, such as her scandalised sister, crave a quiet life, Taylor battles sexism and ageism to do her ‘deed’ – a money-making scheme but also an existential leap. The barrel plunge took advantage of a leery American public’s morbid fascination with elaborately fatal

attempts by others to go over the Falls. She would survive.

Camilleri is a strong presence as Taylor, portraying a woman who was, in so many ways – good and bad – before her time, with haughtiness, grit, wit and tragic defiance. Her journey is soundtracked by

a playful mishmash of turn-of-the-century songs, providing an evocative backdrop to this historical snapshot. Dom O’Hanlon’s play flows nicely, before losing its way a little in its introspective second act. But it snaps into focus for a tragic, touching final image. ■ *Tom Wicker*



QUEEN OF THE MIST: STEPHEN RUSSELL; THE SECRET RIVER: RYAN BUCHANAN PHOTOGRAPHY

The Secret River ★★★★★

KATE GRENVILLE’S 2005 novel ‘The Secret River’ is only modestly known over here, but in Australia it was an award-winning, taught-in-schools smash that did much to crystallise the country’s view of its early colonial years.

And it’s good that Neil Armfield’s 2013 Sydney Theatre Company production of Andrew Bovell’s stage adaptation has been revived for this run at the National Theatre, because this is our story too. It can be easy for the British to forget that the white people who colonised Australia and took its lands away from the Aboriginal people weren’t ‘Australians’, but Brits.

The story follows William Thornhill (Nathaniel Dean, coarsely charismatic), a freed British convict in New South Wales at the turn of the nineteenth century. He’s fictional – but he’s largely based upon Grenville’s ancestor, a deported ex-con, who was granted 200 acres of Australian land in 1817.

Here, Thornhill persuades his wife Sal (Georgia Adamsson) that instead of returning in poverty to London,

they and their two sons should grab themselves a plot of land and make their fortune off it. We see the joy that the land and the freedom give the gruff Thornhill, who has hitherto lived a miserable life on the harsh streets of Georgian London. But we also see the land is occupied: much of the play explores the complicated relationship between the Thornhills and a local Dharug family. At first the two groups are mutually suspicious; eventually, they seem to form a sort of truce, as Thornhill proves himself to be a rather more decent man than most of his knavish white neighbours. But as time wears on, it becomes clear that each side has tragically misunderstood the long-term intentions of the other.

The play was ‘conceived in collaboration with Aboriginal artists’, and features a substantial cast of Aboriginal performers as the Dharug family. They speak Dharug, too, and there’s relatively little insight into what they are thinking. I felt a tiny bit uneasy about the presentation of the Aboriginal characters as an incomprehensible Other. Still, that’s something to maybe note rather than ruin the play – this is a huge and impressive piece of theatre that tells us a story about our own past we ought to listen to. ■ *Andrzej Lukowski*

WHAT IS IT...
A spectacular epic from Australia.

WHY GO...
For a history lesson you won’t forget.

→ National Theatre, Olivier.
↻ Waterloo. Until Sep 7.
£20-£89.

NEW SHOWS

THE HOTTEST THEATRE OPENINGS THIS WEEK

WEST END

Bartholomew Fair

A very rare revival of Ben Jonson's boisterous 1614 comedy, directed by Blanche McIntyre.
→ Shakespeare's Globe.
⊖ Blackfriars. Until Oct 12. £7-£62.

Fleabag

Phoebe Waller-Bridge's runaway hit is back.
→ Wyndham's Theatre.
⊖ Leicester Square.
Until Sep 14. £20-£127.50.

Rouge

Underbelly Festival's final headliner is an Aussie cabaret night

that serves up aerial hoop, fire-eating and raunch galore.

→ Underbelly Festival.
⊖ Waterloo. Wed Aug 28-Sep 15. £16.50-£36.50.

The Secret River

Sydney Theatre Company's blockbuster adaptation of an Australian classic.
→ National Theatre, Olivier.
⊖ Waterloo. Until Sep 7. £20-£89.

The Son

French hit-monger Florian Zeller's latest, helmed by superstar director Michael Longhurst.
→ Duke of York's Theatre.
⊖ Leicester Square.
Until Nov 2. £15-£85.

OFF-WEST END

Hamletine

Unfolding in the V&A's underground subway entrance, this is a meme-inspired riff on Shakespeare.
→ V&A. ⊖ South Kensington.
Thu Aug 29-Sep 5. £9-£13.

Hello Again

Experimentally-minded off-Broadway composer Michael John LaChiusa puts a musical spin on Arthur Schnitzler's 1897 classic 'La Ronde'.
→ Union Theatre.
⊖ Southwark. Wed Aug 28-Sep 21. £22, £20 concs.

My One True Friend

Alexander Matthews's new play is a story of racism and prejudice at a tumultuous birthday party in 1970s Rhodesia.
→ Tristan Bates Theatre.
⊖ Covent Garden. Until Sep 14. £18, £15 concs.

Voldemort and the Teenage Hogwarts Musical Parody

This fringe hit is a tongue-in-cheek musical jaunt through the Dark Lord's awkward schooldays.
→ King's Head Theatre.
⊖ Angel. Thu Aug 29-Sep 21. £19.50, £18 concs.

LAST CHANCE

Mr Gum and the Dancing Bear

This gloriously messed up kids' musical stars a gentle bear and a foul old codger who wants to steal him.
→ National Theatre, Dorfman.
⊖ Waterloo. Until Aug 31. £15-£45.

A Midsummer Night's Dream

Nicholas Hytner's immersive take on the bard's beloved summery comedy.
→ Bridge Theatre.
⊖ London Bridge.
Until Sat Aug 31. £15-£69.50.

EXCLUSIVE

Save 50 percent on tickets to 'Red Palace' – a dark reimagining of your favourite magical folk tales from the team behind 'Divine Proportions'. Tickets from £9.

TIMEOUT.COM/REDPALACE

EXCLUSIVE

'BRAINIAC LIVE'



Save up to 27 percent on the live version of the science world's most mischievous – and explosive – television show. Just £18 per person.

TIMEOUT.COM/BRAINIACLIVE

TimeOut
THE BEST OF THE CITY

Ts&Cs apply.

THE AWARD-WINNING MODERN THRILLER COMES TO LONDON

UNTIL 14 SEPTEMBER

SKIN IN THE GAME

BY PAUL WESTWOOD

★★★★★
"AUDIENCE ON THE EDGE OF THEIR SEATS"
LONDONTHEATRE1

★★★★★
"EXHILARATING"
SPY IN THE STALLS

OLD RED LION THEATRE

0333 012 4963
OLDREDLIONTHEATRE.CO.UK

TOP-SELLING TICKETS

ATTIMEOUT.COM/TICKETS

1 9 to 5: The Musical

A kitschy office comedy with songs by Dolly Parton.
→ Savoy Theatre. Until May 23 2020.

2 The Comedy About a Bank Robbery

Heist-based hilarity from the Mischief Theatre gang.
→ Criterion Theatre. Until May 3 2020.

3 Bitter Wheat

John Malkovich stars in David Mamet's controversial play.
→ Garrick Theatre. Until Sep 21.

4 Everybody's Talking About Jamie

The glitzy hit musical.
→ Apollo Theatre. Until Jan 25 2020.

5 Waitress

Sugar-sweet musical drama.
→ Adelphi Theatre. Until Jan 4 2020.

FOR TICKETS TO THE BEST SHOWS
AT GREAT PRICES
TIMEOUT.COM/TICKETS

Comedy

timeout.com/comedy

TIME OUT LOVES

Edinburgh Fringe

Comedy careers are made and destroyed at the Fringe. Here are the breakout stars and their next London dates

The hot ticket: Phil Wang

'Taskmaster' star Phil Wang sold out his entire Fringe run before the festival had even begun. The show – 'Philly Philly Wang Wang' – is a confident hour of stand-up.

→ Soho Theatre. Sep 3-7.

The trippy storyteller: Desiree Burch

Los Angeles-born comic Desiree Burch's storytelling hour 'Desiree's Coming Early' tells the tale of an acid-influenced day at Burning Man festival. A breathless hour of expertly-crafted yarns.

→ Soho Theatre. Nov 11-23.

The strong stand-up: Jessica Fostekeew

This superb stand-up received an Edinburgh Comedy Award nomination for her relentlessly funny hour, 'Hench', which covered gender stereotypes, raising a toddler and her new hobby of weightlifting.

→ Objectively Funny Festival at The Albany, Sep 28. Soho Theatre, Oct 22-23 and Jan 6-25.

The hotly-tipped newcomer: Janine Harouni

New Yorker stand-up Janine Harouni's debut solo show quickly became a word-of-mouth hit. It features a strong narrative, spot-on accents and punchy gags.

→ Soho Theatre. Oct 7-12.

The double award-winner: John Kearns

Kearns has already won both the Best Newcomer and Best Show gongs at the Edinburgh Comedy Awards. This year, he produced possibly his finest show to date: a beautiful hour of soulful stand-up with our favourite catchphrase of the festival: 'Let it be funny!'

→ Soho Theatre. Nov 25-Dec 7.

The straight-talker: Fern Brady

Class, sexuality and national identity are all tackled with sharp wit and insightful opinions in Bathgate-born comic Fern Brady's new show, 'Power and Chaos'.

→ Soho Theatre. Nov 12-16.

The wannabe step-mummy: Lou Sanders

Sex, relationships and blended families were the themes of Lou Sanders's latest show, 'Say Hello To Your New Step-Mummy', and she kept nothing a secret from her audience. Expect steamy tales, social-political points and stupidly funny 'Your Dad' jokes. ■

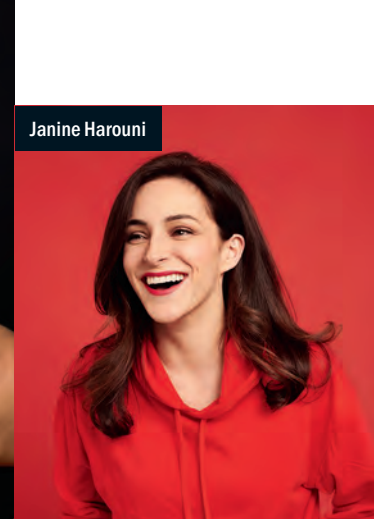
→ Soho Theatre. Oct 28-Nov 9.



By Ben Williams
Who's still working through his post-Fringe hangover.



Desiree Burch



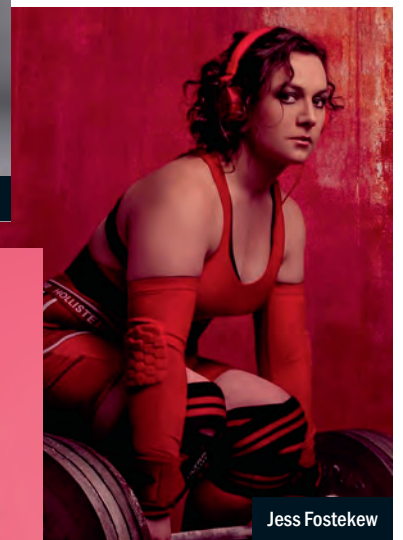
Janine Harouni



Phil Wang



Fern Brady



Jess Fostekeew



Lou Sanders



John Kearns

JANINE HAROUNI: JAMES DEACON; FERN BRADY: MATT CROCKETT; JOHN KEARNS: PAH PEE HERBRIDGE; PHIL WANG: ANA LON

Comedy

10 **Ahir Shah: 'Dots'**
Joke-powered soul-searching from this eloquent and intelligent rising star.
→ Soho Theatre. Sep 16-28.

9 **The Tape Face Show**
Fresh from Vegas, the silent comedy sensation heads across the pond for a UK tour of wordless routines.
→ Shaw Theatre. Sep 15.

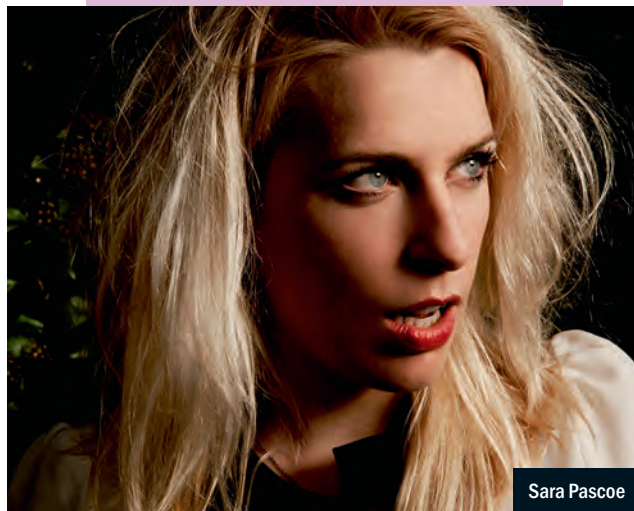
8 **Aditi Mittal: Mother of Invention**
One of the first female stand-ups in India performs a fascinating hour about her home country.
→ Soho Theatre. Sep 9-14.

7 **Bloody Funny**
Josie Long, Jen Brister, Rose Matafeo and many more help raise funds for Bloody Good Period.
→ Union Chapel. Sep 19.

6 **Hackney Comedy Experience**
Provocative stand-up Reginald D Hunter headlines this east London gig, joined by 'Taskmaster' star Iain Stirling and more.
→ Earth. Sep 13.

THE TEN BEST

Gigs this month



Sara Pascoe

5 **London Podcast Festival**
Live versions of the top of the pods: 'Griefcast', 'Beautiful/Anonymous', 'The Guilty Feminist' and many more.
→ Kings Place. Sep 6-15.

4 **Joz Norris Is Dead. Long Live Mr Fruit Salad.**
A very silly show from this alt-comedy stalwart.
→ Soho Theatre. Sep 18-21.

3 **Live at the Chapel**
Cult comedy hero Daniel Kitson introduces some Edinburgh Festival faves.
→ Union Chapel. Sep 7.

2 **Objectively Funny Festival**
Twelve days of Ed Fringe transfers for cheap prices, featuring Jordan Brookes, Sarah Keyworth, John-Luke Roberts and lots more.
→ The Albany, W1. Sep 18-29.

1 **Greenwich Comedy Festival**
A-listers galore at this superb festival, including Sean Lock, Sara Pascoe, Stewart Lee and Tim Key.
→ National Maritime Museum. Sep 4-8.

SARA PASCOE: IDIL SUJMAN

"IT WILL LEAVE YOU CRYING WITH LAUGHTER"

GQ

MY DAD WROTE A *Porno*

WORLD TOUR 2020



BRAND NEW LIVE SHOW

NEW SHOW ADDED DUE TO PHENOMENAL DEMAND

15 MAY THE LONDON PALLADIUM

13 & 14 MAY THE LONDON PALLADIUM

TICKETMASTER.CO.UK AEGPRESENTS.CO.UK AXS.COM

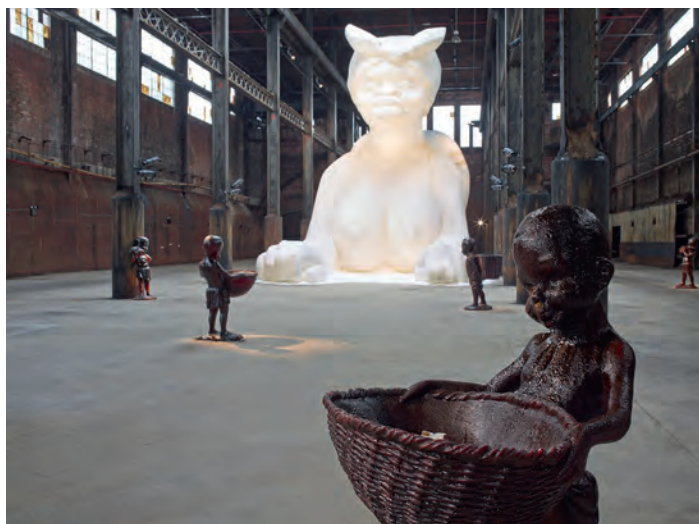
AEG PRESENTS IN ASSOCIATION WITH UTA

Art

Edited by Eddy Frankel
timeout.com/art @timeoutart

Nine amazing autumn art shows

After a long summer break, the art world is waking up with a vengeance. Here are the exhibitions you can't afford to miss



REMBRANDT: VAN RUYN; A WOMAN BATHING IN A STREAM / HENDRICKUS STOFFELEN, 1654. © THE NATIONAL GALLERY, LONDON. HOWELL GARDNER; PHOTO: JASON WYCHE. © KARA WALKER

1 Kara Walker ←

The latest artist to take on Tate Modern's daunting annual Turbine Hall commission is the brilliant Kara Walker. The American artist has forged a powerful path of fierce, political art, dealing with topics like slavery and identity through shadow puppetry, painting and installation. What's she going to do with the Turbine Hall? Haven't a clue. But we're seriously excited about seeing it.

→ Tate Modern. ⊕ Southwark.
Oct 2-Apr 5 2020. Free.

2 'Rembrandt's Light' ↑

In a year filled to the brim with Rembrandt events (it's the 350th anniversary of the Dutch artist's death), Dulwich Picture Gallery gets its slice of the pie with an exhibition spotlighting (ahem) how he revolutionised the painting of light. Highlights (sorry) include 'Philemon and Baucis', a loan from Washington's National Gallery of Art, on show in the UK for the first time ever. Lovely.

→ Dulwich Picture Gallery, West Dulwich rail.
Oct 4-Feb 2 2020. £TBC.

Art

3 Elizabeth Peyton: 'Aire and Angels' →

Kurt Cobain, Napoleon, Queen Elizabeth II and many others feature in the artworks of Elizabeth Peyton. The artist now gets a solo show at the National Portrait Gallery, where her simple, disquieting works will also be displayed alongside historic paintings from the gallery's own collection.

→ National Portrait Gallery. ⊖ Charing Cross. Oct 3-Jan 5 2020. Free.



4 'Gauguin Portraits' ↓

Paul Gauguin is one of the biggest names in art history, and this is your chance to see him leap from impressionism into the murky seas of symbolism on his journey through portraiture. From when he lived in Provence to his problematic time in Tahiti, his work is some of the most influential painting of the past couple of centuries.

→ National Gallery. ⊖ Charing Cross. Oct 7-Jan 26 2020. £20-£24.50, £11-£22.50 concs.



5 Albert Oehlen ↑

There's something about big paintings that just gets German men going. Georg Baselitz, Sigmar Polke, Gerhard Richter... they're all giants of modern German art, and they all bloody love a massive experimental painting. You can add Albert Oehlen to that Teutonic list. The artist's mash-up of abstraction and figuration sets him up as successor to all those other big German names. *Sehr gut.*

→ Serpentine. ⊖ Lancaster Gate. Oct 2-Jan 12 2020. Free.

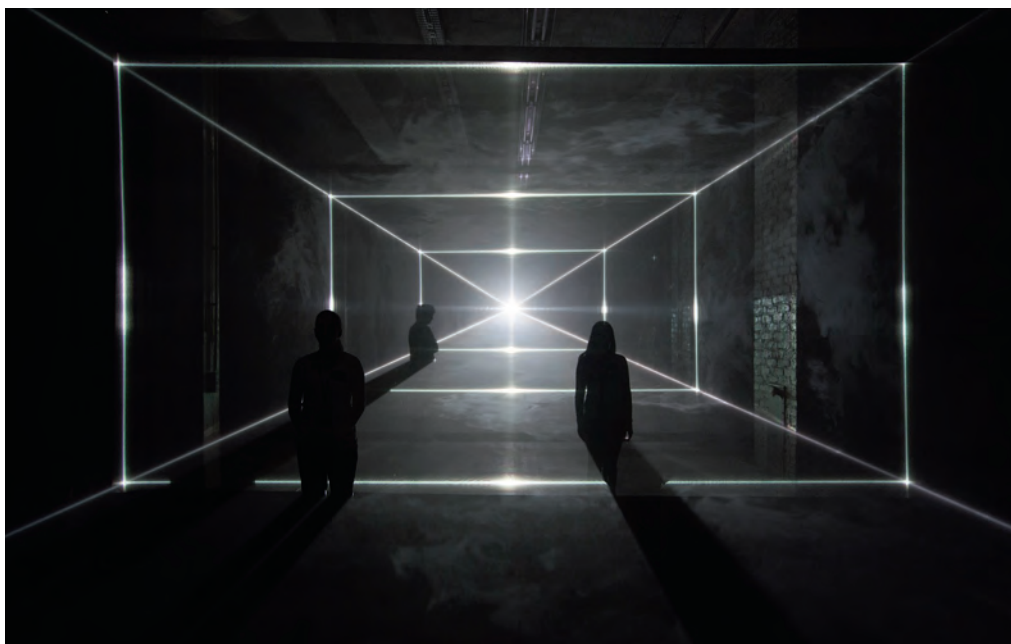
Can't wait for autumn? Check out p32 for this week's best gallery lates.



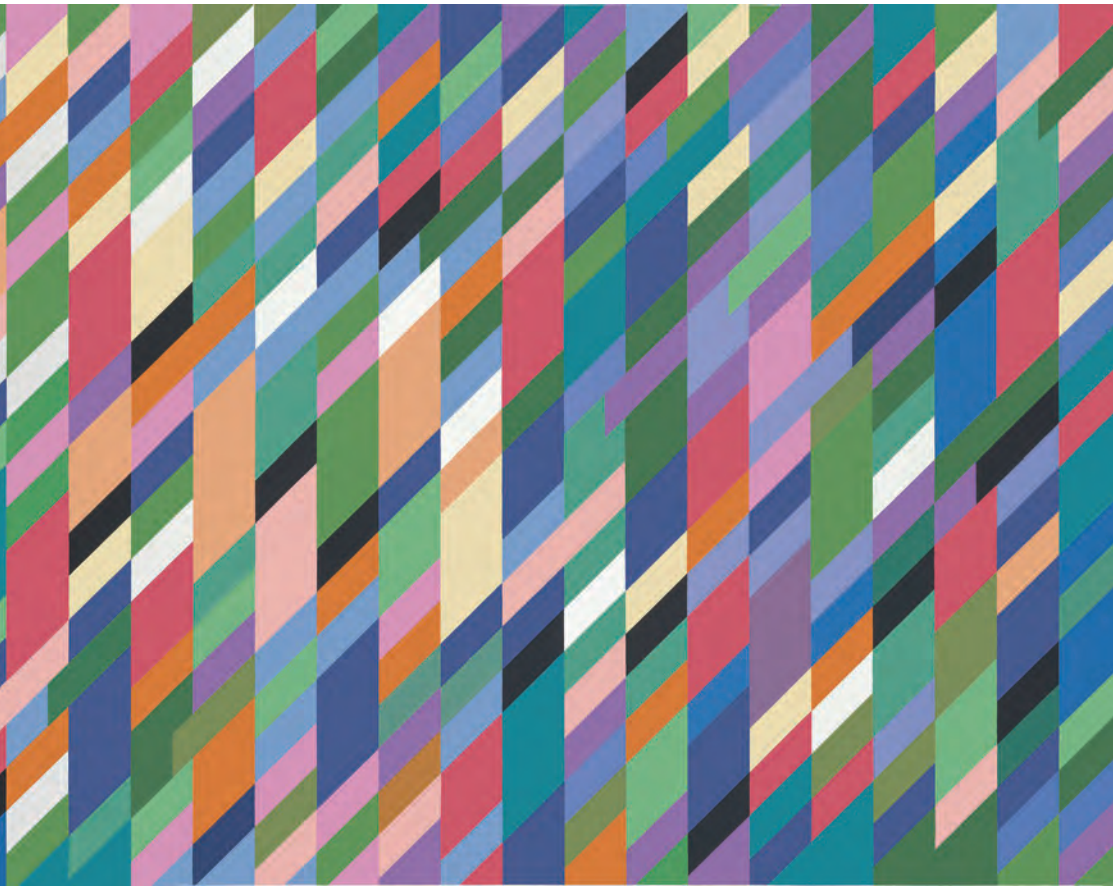
6 United Visual Artists: 'Other Spaces' ←

A few years back, United Visual Artists filled the Barbican Curve gallery with a mesmerising symphony of swinging lights and hypnotising sound. Now, the group are bringing three of their large-scale immersive audiovisual works to the cavernous spaces of 180 The Strand. This venue has hosted some of the best AV shows of the past few years, so UVA have some big shoes to fill. But with lasers, soundscapes and kinetic sculptures, they just might pull it off.

→ 180 The Strand. ⊖ Temple. Oct 1-Dec 9. Free.



ELIZABETH PEYTON: 'THE AGE OF INNOCENCE', 2007; COURTESY THE BRANT FOUNDATION, GREENWICH, CT, USA. © ELIZABETH PEYTON. COURTESY THE ARTIST AND GLADSTONE GALLERY, NEW YORK AND BRUSSELS. ALBERT OEHLEN: 'SACHENMAUS GLAS', 2002; PHOTO: ARCHIVE GALERIE MAX HETZLER, BERLIN | PARIS. © ALBERT OEHLEN. PAUL GAUGUIN: 'PORTRAIT DE L'ARTISTE', 1896. © RMINGRAND PALAIS (MUSEE D'ORSAY) / HERRE LEWANDOWSKI. UNITED VISUAL ARTISTS: 'INSULATION VIEW OF VANISHING POINT AT TOWN BEKART GALLERY', 2013; J4



9 'Lucian Freud: The Self-portraits' ↑

Lucian Freud isn't especially known for his self-portraits, but it turns out he did quite a few of them – enough to fill an exhibition, anyhow. Famed for his unremitting and, according to artist Celia Paul, 'clinical' gaze, Freud's images of himself are sharply observant and, taken as a set, capture the effects of age with precision and poignancy. ■

→ Royal Academy of Art. ⊕ Piccadilly Circus. Oct 27-Jan 26 2020. £16-£18, £14-£15 concs.

7 Bridget Riley ↑

Bridget Riley, Queen of Op Art, gets a big solo show at the Hayward in autumn 2019 and it's going to be filled with the British artist's famous perception-altering artworks from across seven decades. Her work is discombobulating, dizzying, influential and totally brilliant.

→ Hayward Gallery. ⊕ Waterloo. Oct 23-Jan 26 2020. £16.50-£18, £8.25-£14 concs.



8 Nam June Paik ↑

Long before the streets became filled with human dodgems bouncing off each other while struggling to combine staring at a screen with forward movement, Korean artist Nam June Paik was predicting how technology would soon be influencing our lives. This Tate show brings together works made across five decades by the man credited with inventing video art.

→ Tate Modern. ⊕ Southwark. Oct 17-Feb 9 2020.

£13, £5-£12 concs.

BRIDGET RILEY, HIGH SKY, 1991. © BRIDGET RILEY 2018. ALL RIGHTS RESERVED. LUCIAN FREUD © THE LUCIAN FREUD ARCHIVE / BRIDGEMAN IMAGES; NAM JUNE PAIK: 'BYE BYE KIPLING', COURTESY OF ELECTRONIC ARTS INTERMIX, NEW YORK, AND THE ESTATE OF NAM JUNE PAIK

tpg
new
talent
19

THE
PHOTOGRAPHERS'
GALLERY

14 Jun—6 Oct 2019 tpg.org.uk

Rhiannon Adam
Chiara Avagliano
Alberto Feijóo
Adama Jalloh
Seungwon Jung
Alice Myers
Giovanna Petrocchi
Miguel Proença

16–18 Ramillies Street
London W1F 7LW
⊕ Oxford Circus

Registered charity no. 262548
Supported using public funding by
ARTS COUNCIL ENGLAND

Food

Edited by Tania Ballantine
timeout.com/eatdrink @timeouteatdrink



RESTAURANT OF THE WEEK

IT'S THE ULTIMATE compliment: 'you look younger'. And that's exactly what I want to say to the Bingham Riverhouse, the relaunched restaurant of a boutique hotel in Richmond. The last time I ate here was a decade ago, and while the food was perfectly precise, the room was hotely and dull, all plush carpets and upholstery in shades of ecru. Now, it's more youthful and relaxed. And genuinely lovely. The floors are golden parquet, the chairs wicker. Battered old Penguin paperbacks fill the bookshelves, their distinctive orange spines on display. The only lights are the dinky lamps on every table, or those picking out art on the heritage-toned walls. It's like hanging out in the casual room – the orangery, say – of a grand house, if it also happens to be smack-bang on the Thames. Because, oh, have I not mentioned the view? Just over a third of the indoor tables have seats overlooking the river (though lots of French doors means that everyone has some semblance of a vista). The view is glorious: the Thames, edging on to the hotel's

garden, sits a level below, so you can see right across the river, and its banks are lined with lush, leafy trees, with only the occasional building poking through. If you come on a sunny day and bag a table on the narrow terrace, then you truly are living the dream.

As for the menu, it's everything a neighbourhood restaurant in a smart postcode should be: interesting enough for a special occasion, crowd-pleasing enough for a weeknight supper. The (complimentary) bread was exceptional.

Bingham Riverhouse



WHAT IS IT

A smart-casual riverside restaurant at a boutique Richmond hotel.

WHY GO

The food. The freebies. The flattering light. Oh, and did we mention the views?

→ 61-63 Petersham Rd, TW10 6UT. ☺ Richmond. Vegan-friendly.

Freshly baked and still warm, it was billed as sourdough but was like eating thick slices of savoury cake, with a loose crumb and a deliciously brittle crust. It came with a giant dollop of frothy, well-seasoned

whipped butter. I'm still regretting turning down seconds. Also incredible (and also free) were the petit fours: dark chocolate truffles with a good hit of salt. Sometimes, simple really is best.

Away from the freebies, a starter of 'raw beef' was dazzling.

Essentially, it was a mellow take on a steak tartare, the hand-cut ruby meat topped with a glistening egg yolk. But the inclusion of roasted rice, the kernels nutty and puffy, plus fragrant micro-flecks of caraway seed, elevated it from the ordinary, to the extraordinary. Also memorable: dinky medallions of lamb loin with crunch-coated sweetbreads and an intense, inky-hued olive purée. Or a hunk of cod veiled by a slice of shimmering lardo, with a sauce that seemed to have Tuscan leanings, all white beans and slow-cooked tomatoes.

Two courses, plus freebies, cost £37 a head; wine starts from £25 a bottle. Given the posh postcode and the bucket-list view, this is eminently decent. Best of all, this dining room, with its savvy, super-friendly short-sleeved staff, still feels like a bit of an undiscovered secret. So go soon, while you can. ■ **Dinner for two with drinks and service: around £130.**



By Tania Ballantine
Who also wanted to nerd out over all the books.

Soho Wala



THOUGH THE ONE-PAGE laminated menu at this relaxed Indian street food joint may look like it's been quickly cobbled together in Microsoft Word, look again, because it's packed with classic crowd-pleasers. Like, for instance, pao bhaji; spiced veggies served in a mini saucepan with a doughy bun on the side. Slit it open, load up with veg and away you go. Equally full-flavoured was the papdi chaat (a crunchy mix of yoghurt, chutney and wheat crisps, specked by pomegranate seeds), which also had a good level of heat. Half a dozen pani puri (deep-fried puffs filled with potato and onion) were served resting over shot glasses of tamarind-flavoured water, then wheeled to our table on a mini food cart with 'Bottoms up!' printed on it. Cute. You fill the puff with liquid, then squeeze the whole thing into your mouth in one. Just avoid the vodka-spiked version, it's unpleasantly harsh.



We could've ordered an entire extra basket of the thinly rolled garlic and chive naan, while the yuzu-infused stone bass had an appealing combo of tang, spice and succulence. For dessert, there was a fusion creation of gulab jamun cheesecake, which was rich with an intriguing cardamom after-taste. Soho Wala's spin on crème brûlée, with its soft top and centre full of ice cream, was even more unexpected.

Though it's in a central London hotel, prices are very reasonable, and the polite staff kept up the smiles and prompt service all evening. Birdcages hang from the ceiling and wall prints lend pops of colour, while Bollywood beats, on our visit, drowned out the racket of Carnaby Street, which is right on Soho Wala's doorstep. ■ *Kavi Shah*
Dinner for two with drinks and service: around £85.

WHAT IS IT...
 A casual Indian small plates restaurant at The Courthouse Hotel in Soho.

WHY GO...
 For pani puri served on a mini food cart.

→ 21 Great
 Marlborough St, W1F 7HL.
 ☉ Oxford Circus.

EXCLUSIVE
 Two hours of karaoke and a cocktail at **Lucky Voice** – now 50 percent off. Get involved for £12.25.
TIMEOUT.COM/LUCKYVOICE

Sponsored Listing

Going out? Try here.



HAMMERSMITH

DRAGON CAT CAFÉ SAYS:

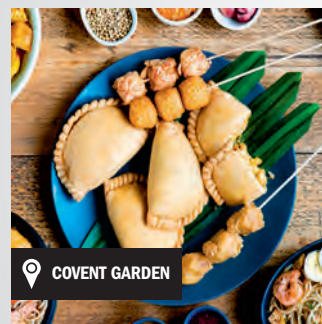
'Dragon Cat Café has teamed up with Taiwanese chef @rockhankroll to introduce some tasty Taiwanese food to its menu, perfect for lunch or a snack. Try our basil fried chicken, chicken katsu rice burger or the mushroom katsu rice burger (vegan-friendly). We have a great "combo deal", too.'
 18 a/b Broadway Shopping Centre, W6 9YD.



SHOREDITCH

BOXPARK SHOREDITCH SAYS:

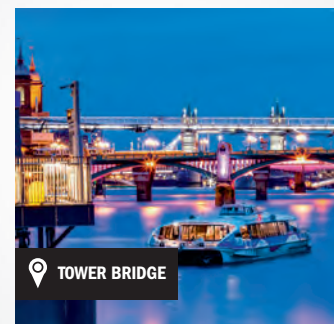
'Boxpark Shoreditch is home to the best retail and street food vendors in east London, including four bars – two of which sit on rooftop terraces serving everything from beers to mojito slushies. With a full schedule of events in the BeatBox bar most evenings and weekends, this is the place to be this summer.'
 Bethnal Green Rd, E1 6GY.



COVENT GARDEN

OLD CHANG KEE SAYS:

'Head here for our famous curry puffs, dubbed the "best pastry in London" by Giles Coren. Old Chang Kee has more than 60 years of Singaporean street-food cred. Alongside our addictive pastries, our menu includes rice and noodle meals showcasing classic Singaporean flavours and spices, like laksa, nasi lemak and rendang.'
 15a New Row, WC2N 4PD.



TOWER BRIDGE

THAMES CLIPPERS SAY:

'The first bridges of "Illuminated River" are now lit up and the best view of them is from the Thames itself! Join us on the official guided boat tours from Thursday August 29 and sail underneath this beautiful light installation. Tickets start at just £4.50. Book now at www.thamesclippers.com/illuminated-river.
 Tower Millennium Pier, EC3N 4DT.



**TimeOut
TABLE
FOR TWO**

The Gin Supper Club box is here!

Get 50 percent off the food bill for two people, plus two Gin Mare cocktails. Featuring:

HIX • JONES FAMILY PROJECT • CAMINO • + MORE!

For those who only want the hottest new spots.

Get yours at timeout.com/supperclubbox

GIN MARE
MEDITERRANEAN GIN

TimeOut

THREE OF THE BEST

King's Cross restaurants



Barrafina ★★★★★

The fourth branch of Spanish mini chain Barrafina, which has been breaking foodie hearts since 2007. Don't miss the eggy tortillas and the morcilla croquetas.

→ Unit 27, Coal Drops Yard, N1C 4AB. ☉ King's Cross.



Coal Office ★★★★★

A slick Tom Dixon-designed spot dishing out some of the city's best Middle Eastern food. Flavours are bold: expect delights like fennel salad with a yoghurt-harissa dressing.

→ 2 Bagley Walk, N1C 4PQ. ☉ King's Cross.



Dishoom ★★★★★

Ceiling fans and vintage magazine ads set the scene for this swish branch's take on an old Irani café, serving up bhel pooris and biryanis. Prepare for big queues in the evening.

→ 5 Stable St, N1C 4AB. ☉ King's Cross.

EXCLUSIVE

A RUM-MAKING AND TASTING CLASS AT LAKI KANE



This ain't no rum deal. Learn all about the spirit's history before sampling and making your very own blend to take home. Just £31.20 per person.

TIMEOUT.COM/LAKIKANE

TimeOut
THE BEST OF THE CITY

Ts&Cs apply.

Find more KX hotspots at
timeout.com/kingscross

BARRAFINA: GREG FUNNELL

Drink

Edited by Laura Richards
timeout.com/bars @timeouteatdrink



BAR OF THE WEEK

Kwãnt



AN OLD MAN in a fez was sitting in a dark corridor in the basement of Mayfair's Moroccan restaurant Momo, periodically hocking up his lungs. He wasn't part of London's latest immersive experience, but was instead monitoring the toilets beside Kwãnt (pronounced 'quaint'), pointing enthusiastically in the right direction. Full marks for authenticity – we felt transported to the inside of a riad before we'd even opened the door.

Past the entrance, this bar isn't quite so camel-ready. The first solo venue from Erik Lorincz – the American Bar's former head bartender (a position in bartending the equivalent to captaining the England team) – looks like a secret club and gambling den. You know, the kind in the movies where the rich mingle out of plain sight among bartenders in crisp white suits (about the most Savoy



detail in this place). It's stunning, from semi-seedy light filtering through the bamboo ceiling and hummingbird-detail lanterns in a jungle-looking nook (book here for a hot date) to a clever parquet-effect carpet (we're calling it carquet, okay?). A piano sits in one corner, a cabinet filled with vintage liquor in another. All that was missing was Humphrey Bogart.

I didn't spy bartender Lorincz during our visit, but we were met with a hotel bar's level of service, including reassuring selections from a dazzling menu. All were placed on our mirrored table in sleek glassware without gimmicks. There's still fun to be had, though: the Mr Banana – a murky blend of rum, cold brew coffee liqueur and banana – was 'introduced' to us by our bartender. He also approved of me ordering Our Gimlet (gin, agave, cassia, orange



flower water), a drink whose flavour rolled around my palate like the lingering perfume of an orange grove. The Monkey Punch was the best of the drinks I tried, a complex yet Ribena-esque cocktail made from whisky, calvados, mezcal and sherry, served tall over glistening ice and with a pretty flower on top.

Yes, prices are Mayfair-steep (consistently around the £14-£15 mark). And unbeknown until the bill arrived, we were charged for bottled water – only to have it topped up with stuff from the tap once we ran dry. Maybe that hotel hustle is hard to forget. But still, for a bit of a luxe treat, I'd choose here over a hotel any day. Follow that fez. ■
Laura Richards

WHAT IS IT...

An atmospheric basement bar from a former Savoy bartender.

WHY GO...

Of all the gin joints in town, this one feels like it's straight out of 'Casablanca'.

→ 25 Heddon St, W1B 4BH.
Ⓧ Piccadilly Circus.

Treat yourself



Sarah P

📍 Viking Bay, Broadstairs

We love Viking Bay in our family, it's like you've stepped into a postcard-perfect beach. It feels like a real treat!

Share your [#SEhiddengems](#)

London to Broadstairs from 1 hour 21 minutes
High speed trains from St Pancras International

Book your tickets at southeasternrailway.co.uk/highspeed

No booking fees apply.



Escapes

Edited by Ellie Walker-Arnott
timeout.com/daytrips



A perfect day in

Broadstairs

Sandy bays, chalky cliffs and old-school seaside charm

CHARLES DICKENS USED to retreat to Broadstairs when he needed to get his head down and write, and after a couple of lungfuls of salty sea air in this coastal Kent town, it's easy to see why. Hemmed by pretty bays and beaches, and framed by a backdrop of huge chalk cliffs and hidey-hole caves, it's as postcard-perfect as they come. Make like Charlie and plan a great escape from the city – that guy had good taste.

First up

Head straight for **Viking Bay beach**. The town's headline stretch is a pristine crescent of sand that shelters a tidal pool. Walk the cliff-top Victoria Gardens and end up at **Bleak House** – the lofty spot where Dickens wrote 'David Copperfield'.

Stop for lunch

Grab fish and chips to go from **Star of the Sea** or vegan favourite, **Veg'n Out**, finished with a sticky gypsy tart from **The Old Bakehouse**. All three are a stone's throw from the beach. For a cracking Sunday lunch with some of the best sea views in town, **Wyatt & Jones** is worth booking ahead for.

Soak up the vibes

Cycle the **Viking Coastal Trail**. This 25-mile loop circles the Isle of Thanet, and the views are something else. On foot? Walk the three-and-a-half-mile stretch to Margate. Pause at **Botany Bay**. The picturesque sandy beach is dotted with giant chalk stacks and backed by huge white cliffs, which hide a handful of smugglers' caves.

Drink like a local

The pub scene in Broadstairs boasts giant gastropubs like **The Charles Dickens** and quirky micropubs like **The Chapel** – a chapel-turned-bookshop-turned-alehouse that still somehow manages to be a bit of all three. For an A-Z of craft beers, try **The Thirty-Nine Steps Brewhouse**.

Splash the cash

You're more likely to splurge on seafood than shopping in Broadstairs, but what you will find in spades are art galleries, clustered around Viking Bay. The biggies are **The Broadstairs Gallery** and **New Kent Art**, but pop in to **The Little Art Gallery** too. ■ *Katie Gregory*

IF YOU ONLY DO ONE THING

If you don't end up with ice cream dribbling down your arms, did you even visit the Great British Seaside? For masterful scoops of the sweet stuff, head to retro ice-cream parlour **Morelli's**. The nostalgic spot, complete with formica tables, has been looking out over Viking Bay since 1932.

WAKE UP HERE

Bay Tree Hotel



You don't need to book an exotic getaway to enjoy the peaceful lap of waves as you lie in bed – just head to sunny Broadstairs and snap up a room at The Bay Tree Hotel. Housed in a homely-looking red brick Victorian building, this pretty B&B sits opposite the beach, and has been furnished with care and flair. Colourfully painted bedrooms are decked out with upcycled antiques, while bathrooms are pleasingly contemporary. Push the boat out and book an ensuite with a balcony and sea view. This Kent gem is possibly the perfect home-from-home.

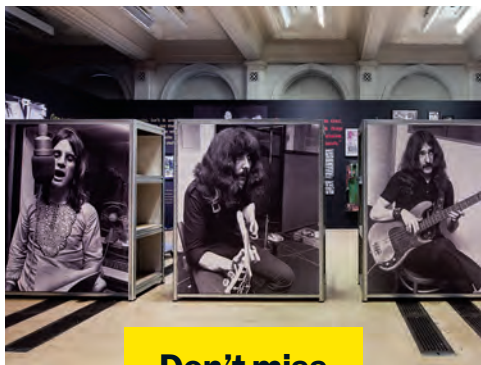
Grace Allen

→ Broadstairs, Kent. From £70 a night.
www.baytreebroadstairs.co.uk

→ Get there: one hour 20 minutes by train from St Pancras International; around two hours 20 minutes by car.

Have a jolly day out at timeout.com/daytrips

Escapes



Don't miss

Home of Metal

LONG BEFORE IT tried to turn itself into the UK's biggest shopping centre, Birmingham was the birthplace of a hugely important cultural movement. In the late 1960s, the city's combination of grim industrialisation and poverty gave rise to a musical force of untold power: heavy metal. Out of Birmingham and the surrounding area came Black Sabbath and Judas Priest and, later, bands like Napalm

Death and Godflesh. That's the birth and evolution of a whole genre.

Now, Home of Metal – a season of shows and events – is celebrating that legacy. Every exhibition has something different going on, from fine art to artefacts. It's a genuinely fun, whirlwind tour through heavy metal and the influence it has had on culture. ■ *Eddy Frankel*

→ Various Midlands locations. Until Sep 29. www.homeofmetal.com

LEAVE LONDON FOR

A woodland sculpture park



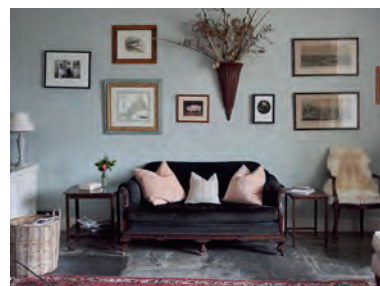
IF YOU LIKE your art with a side of lush English countryside, you'll be right at home at The Sculpture Park. Deep in the rolling hills of Surrey, this family-run venture is home to around 650 works of art. They are mostly dispersed along a winding two-mile trail that takes you through woodland and past lakes. Lovingly rendered by more than 300 renowned and emerging artists, the bulk of the collection is available to buy – so there's a slim chance you'll end up heaving a gigantic steel and

wood bull into the back of the car on your way out.

The park's exhibitions are constantly changing, along with the surrounding scenery. Visit in (whisper it) autumn for that gloriously golden foliage, or later in the year for an atmospherically frosty landscape. Just brace yourself for the weird – artworks range from Giacometti-style figures to unsettling anaconda skeletons and creepy mystical beasts. ■ *Grace Allen*
→ Nr Farnham, Surrey. £10. www.thesculpturepark.com

THREE OF THE BEST

Farm stays



Coombeshead Farm Cornwall

The foodie's farm of choice, Coombeshead has a top-notch restaurant and bakery, with dishes created from fruit and vegetables grown on the farm, with meat from the pigs, chickens and sheep reared there. The guesthouse is nestled peacefully amongst 66 acres of meadows and woodland.

→ From £180 a night. www.coombesheadfarm.co.uk



Tuppenhurst Farm Staffordshire

Family-run since 1914, Tuppenhurst has over 500 acres of farmland, plus a seventeenth-century barn that has recently been renovated to create a cute B&B and café. The rural location puts miles and miles of lovely walks and plenty of country pubs right on your doorstep.

→ From £114 a night. www.tuppenhurstfarm.co.uk



Heckfield Place Hampshire

Like your farms fancy? Head to Heckfield Place, a stunning Georgian home-turned-high-end hotel and spa. At its heart is Home Farm, which, as well as rearing livestock, provides fresh vegetables, fruit and honey for the restaurant, and flowers for the rooms. ■ *Sophie Hines*

→ From £350 a night. www.heckfieldplace.com

Hit the hay at timeout.com/weekendbreaks