

# TimeOut

LONDON



# #lickbait

London's best  
ice cream  
(sharing optional)



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The MINI 5-door Hatch has been awarded AutoTrader's Most Fun Car to Drive 2019. Book your 48 hour test drive and enjoy a twinpower turbo engine and up to 192 HP.

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Fuel economy and CO<sub>2</sub> results for the MINI 5-door Hatch Range: Combined 39.8-48.7 mpg (7.1-5.8 l/100km). CO<sub>2</sub> Emissions 149-112 g/km.

Figures are for comparison purposes and may not reflect real life driving results which depend on a number of factors including the accessories fitted (post registration), variations in weather, driving styles and vehicle load. All figures were determined according to a new test (WLTP). The CO<sub>2</sub> figures were translated back to the outgoing test (NEDC) and will be used to calculate vehicle tax on first registration. Only compare fuel consumption and CO<sub>2</sub> figures with other cars tested to the same technical procedure.



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This week's Time Out  
in no time at all

## Art: a load of rubbish?

Unusual galleries, including one  
in a roving skip, are providing  
homes for art across the capital

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## 'Bruce gave us his music for next to nothing'

Viveik Kalra, star of the Springsteen-  
themed 'Blinded by the Light' talks  
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## Old boys' club

Conspiracy alert! A five-star  
photography show about a summer  
camp for the rulers of the world

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UP-GRADE BY RICHARD WOODS; PHOTO BY ALITOLLERLEY; VIVEIK KALRA; ANDY PRIBSONS



## Pick your own

Fancy selecting some strawbs or  
bringing home a blackberry bounty?  
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Long vacation feeling like a long haul?  
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# Hello, London

**Mike Williams**  
Interim UK Managing Editor  
@itsmikelike



The current climate – hot hot heat and dumb dumb politics – is enough to make us all feel like legging it for the hills. But before you give up your life in the city for a nomadic existence playing dung roulette with your foraged berries, Time Out is here to remind you that there are few things in life as comforting and cooling as a dollop of delicious ice cream (and few places that do it as well as London). Our love affair with all things gelato runs decades deep, with trad classics and hip innovations keeping us feeling cool since the mid-1800s. This week, we're all about celebrating the very best of 2019's offering.

Lick that cover, you know you want to.

## YOU SAID IT

What you've been rating and hating online

It's August. Selfridges has opened its Christmas shop. And why not? **'Please give a thought to the many tourists who will be thrilled to bring a piece of British Christmas magic back home to help celebrate the holiday. I think it's really nice of Selfridges to make that possibility available. Merry Christmas! God bless us, every one.'**

*Lauretta D via Facebook*

Next year, the Jubilee line is getting 4G. Essential or hellscape? You can always switch your phone off.

**'Another way they can monitor us and track our whereabouts! Fantastic. Looking forward to it.'**

*Jermaine M via Facebook*

Last week's best bike shops feature offered places to visit all over the city. Just in time for this reader.

**'My local one in Fitzrovia closed down. Brilliant shop. Now it sells coffee and dry cake \*sighs\*.'**

*Mark B via Facebook*

The record-breaking heat a couple of weeks ago led to some outdoor swimming pools closing and near-riots. Our 14 best lidos feature led to... misunderstandings.

**'I read that as "14 lovely dildos".'**

*Chloe M via Facebook*

**'I don't think I've ever heard anyone say "that is a LOVELY dildo". But I'm going to start saying that.'**

*Grace L via Facebook*

## COMMENT OF THE WEEK

A new restaurant is taking off, literally. You can dine 1,000 feet above London in a helicopter. Side-eye at the climate consequences came thick and fast, but for one reader there were other issues. **'So basically, for all you gross tube people who decide to crack open your stinking takeout while shoved against someone's armpit in 40-degree heat, you can now pay £125 to stink out another small compartment higher up.'**

*Claudia D via Facebook*

Sorry you feel like that, Claudia. We assume you won't be coming along to our Lunar Lander hog roast, gorgonzola and durian event. Pity.

Time Out  
LONDON

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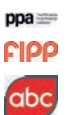
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TopGear  
AWARDS  
2018

Ford  
Fiesta ST  
CAR OF THE YEAR

TopGear  
AWARDS  
2018

Ford  
Fiesta ST  
HOT HATCH  
OF THE YEAR

This award-winner has  
the critics gripped.

Model shown is a Fiesta ST-3 3-Door 1.5 200PS Manual Petrol with optional Full LED Headlamps.  
Fuel economy mpg (l/100km): Combined 40.4 (7.0). \*CO<sub>2</sub> emissions 136g/km.

Figures shown are for comparability purposes; they only compare fuel consumption and CO<sub>2</sub> figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load.

\*There is a new test used for fuel consumption and CO<sub>2</sub> figures. The CO<sub>2</sub> figures shown, however, are based on the outgoing test cycle and will be used to calculate vehicle tax on first registration.







# LIFE'S BETTER IN THE **IGNITED KINGDOM**



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# City life

Edited by James Manning  
@timeoutlondon

## Pass the popcorn

**NOTHING SAYS 'AUGUST** in London' quite like reclining on a deckchair with some gins in tins and a bag of (usually outrageously expensive) 'artisanal' popcorn at one of London's many open-air film screenings. Outdoor cinemas have become a regular feature of London's summer calendar, but the daddy of them all is the Film4 Summer Screen in the stunning courtyard of Somerset House. Starting this Thursday, the two-week programme features an eclectic mix of cult classics including 'This Is England', 'Reservoir Dogs' and 'The Matrix', with grub provided by The BBQ Club pop-up and a stellar line-up of DJs (think NTS Radio, Sink The Pink and Rough Trade) spinning tunes before each screening. True film buffs can also hear from filmmakers and industry professionals at the Behind the Screen talks. Just know that you will be shushed if you start spouting trivia during 'Clueless'. ■ *Rosie Hewitson*

→ [www.somersethouse.org.uk/whats-on/film4-summer-screen](http://www.somersethouse.org.uk/whats-on/film4-summer-screen)



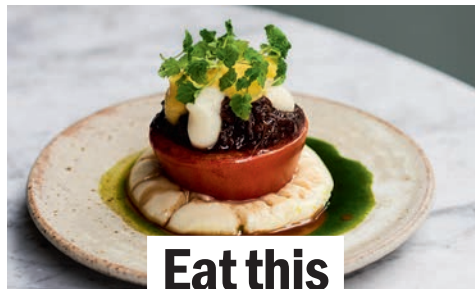
## THE ESSENTIALS

Three things you have to do this week



### Do this

The brilliantly bonkers **Hot Breath Karaoke** crew are back for a one-off special at Moth Club this Thursday. Take on their ludicrous karaoke challenges for your chance to win a surreal prize.



### Eat this

There's a former Palomar chef in charge at **Nutshell**, so you know this Iranian joint in Covent Garden is going to be worth checking out. It's on soft launch with 30 percent off food until Sunday.



### Fund this

East End sculpture trail **The Line** is about to get even better, with a cool new rolling bridge at community space **Cody Dock** – but only if its Spacehive crowdfunding is successful. Chip in now.

Discover more cool things to do at [timeout.com/news](http://timeout.com/news)



# LONDON **EYE**

## Drowned city

**LAST MONTH BROUGHT** the UK's hottest day on record, but barbecue summers aren't the only upshot of the climate crisis: sea levels in the Thames Estuary could rise by up to six feet by 2100. Can better buildings help us deal with hotter temperatures and unstable weather? That's the question the Architecture Foundation and speakers including Extinction Rebellion are asking at an upcoming event, 'The Architecture of Emergency'. To focus minds, the Foundation has commissioned designer Alberte Lauridsen to create this image of a watery worst-case scenario. ■ *James Manning*  
→ 'The Architecture of Emergency' is at the Barbican Theatre on Sep 19. [www.architecturefoundation.org.uk](http://www.architecturefoundation.org.uk)



## CITY ENVY

Great things that we love in other cities

### Utrecht's 'bee stops'

**BEES ARE PRETTY** damn cool. Not only do they work proverbially hard making delicious honey for us to steal and put on our toast (sorry, guys!) but they're also do the incredibly important work of pollinating the majority of plants that we need to survive on earth.

But despite being hugely beneficial to the environment, bees numbers are in serious decline across the world. Climate change, loss of habitats and an increase in the use of pesticides are all having a devastating impact. So big up the city of Utrecht in the Netherlands for coming up with a clever way to help tackle the issue.

More than 300 bus stops around Utrecht have been transformed into bee sanctuaries, with low-maintenance grass and wildflowers planted on top of them to encourage pollination. As well as





Discover how Londoners are making the capital more sustainable at [www.timeout.com/green](http://www.timeout.com/green)

# WORD ON THE STREET

The most ridiculous things we've overheard in London this week



DROWNED CITY: ALBERTE LAURIDSEN, EDIT; UTRICHT'S BEE STOPS: BARBARA VERBUJ/OCORAFIE

'I was so depressed, the next day I drove to Camden and got dreadlocks.'

**'Do you prefer circumcised dicks or normal ones?'**

'I told her that I'm just focused on going to the gym right now - I can't be in a relationship.'

**'I find courgettes quite unpredictable.'**

'Can vegans breastfeed?'

**'I've never had a cake pop I didn't regret.'**

'Hungover is an emotion.'

**'I'd rather look at myself than at you.'**

'Say nothing to her, mate. Fart on her pillow and give her pink eye.'

**'When in doubt, apply lipgloss.'**

'I wouldn't trust him with a barge pole.'



helping out Dutch bees, these eco-friendly 'bee stops' have energy-efficient LED lights (about a third of which are solar powered) and benches made from biodegradable bamboo.

The sedum plants that grace the tops of the bus stops require very little water to survive. When they do need tending to, the gardeners rock up in electric vehicles.

And not only do these green shelters provide food for Urecht's bee population, they improve the city's air quality by capturing fine pollutant particles.

Here in London there are more than 19,000 bus stops, so imagine how much we could help our little black-and-yellow buddies if did something similar here. We're buzzing just thinking about it. ■ Rosie Hewitson

Overheard something weird? Tweet us #wordonthestreet @timeoutlondon



# FREE LONDON

Put your money away! Here are the week's best free events



## REACH NEW HEIGHTS

### Climb London

Always dreamed of tackling Mount Everest? Start small at North Face's weekend-long event that aims to make climbing more accessible. Scale the climbing wall in one of the 45-minute sessions, complete with a photo-op at the top. Total newbie? There will be help on hand to show you the ropes, plus bouldering, live music, talks with athletes and merch giveaways.

→ Westfield London. ⊕ Shepherd's Bush. Sat Aug 10-Sun Aug 11.

### SOUL FOOD Fried chicken and waffles

Does anyone *really* want fancy granola for brunch? No. Go OTT instead with an all-American plate of fried chicken and waffles at Harlem Soul, where there will be 100 mini portions up for grabs to celebrate its new brunch menu. U-S-A!

→ Harlem Soul. ⊕ Old St. Sun Aug 11.

### LET'S GET LIT Camden's Big BBQ

Is it even a barbecue if you don't burn the sausages? Still, if you fancy breaking with tradition and learning a few tips, head to Camden's Big BBQ where there will be free masterclasses, demos in the fire pit and Q&As. See ya later, burnt bangers.

→ Camden Market. ⊕ Camden Town. Fri Aug 9-Sun Aug 11.

### BOSSING IT 'Blinded by the Light' screening

Calling all Springsteen fans! Catch a preview screening of 'Blinded by the Light', a coming-of-age story about a British-Pakistani Muslim teenager who's life changes when he discovers The Boss.

Book at [timeout@hopeandglorypr.com](mailto:timeout@hopeandglorypr.com)  
→ Everyman Screen on the Green. ⊕ Angel. Wed Aug 7.

### FULL OF BEANS Mr Black Espresso Martini Fest

This week, DrinkUp. London and coffee liqueur brand Mr Black are celebrating the Espresso Martini, and five bars are giving away 200 cocktails each. Get your caffeine hit by downloading the voucher online or through the free app.

→ Various locations. Wed Aug 7, from 6.30pm.



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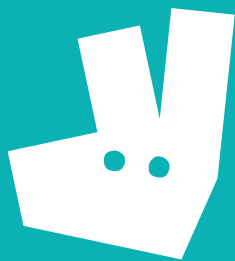
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Soft Serve Society

# The inside scoop

From towering cones of soft serve to old school sundaes, *Emma Hughes* keeps cool with London's best ice cream. Photography *Andy Parsons*



## Soft serve

### **Matcha Madness** **Soft Serve Society**

London's premier purveyors of posh Mr Whippy have outdone themselves with this one. A mighty swoosh of their signature matcha ice cream comes with red bean paste, crumbled Oreos, a chocolate-coated Pocky stick and rice cakes. It's a match(a) made in heaven.

→ Market Hall Victoria. ☉ Victoria. Boxpark Shoreditch. Shoreditch High St Overground. £5.95.

### **What-a-Melon soft serve** **Dominique Ansel**

The original iced internet-breaker: a hollowed-out slice of super-juicy watermelon is filled with matching soft serve at Dominique

Ansel's Victoria HQ, before being decorated with chocolate 'pips'. It's available from 11am, which means it's a totally acceptable heatwave breakfast... right?

→ 17-21 Elizabeth St. ☉ Victoria. From £6.50.

### **The Unicorn** **Milk Train**

Regular soft-serve not extra enough for you? Crank it up a notch with one of these mad things at Milk Train, Covent Garden's queue-magnet dessert café. A cone of soft-serve is heaped with rainbow sprinkles and bubblegum crunch, then encircled with a cloud of candyfloss. Brace yourself for that sugar crash.

→ 12 Tavistock St. ☉ Covent Garden. £5.95



## Best ice cream



### Ice-cream cakes

#### Gelato cake

Nardulli

It's known for queues that stretch across Clapham Common on hot days, but Nardulli also does a nice line in gelato cakes. Choose from three sizes (get the biggest, even if the party's just you and a spoon), and combine a rainbow of homemade flavours – think Ferrero Rocher and pistachio, or their legendary stracciatella with pure chocolate.

→ 29 The Pavement. ☉ Clapham Common.

Order in advance. From £25.

#### Stuffed panettone

Gelupo

Panettone isn't just for Christmas at Gelupo, where they'll hollow one out and stuff it with your ice cream, before drizzling the top with melted chocolate. Combo-wise, the only limit is your greedy imagination – but they recommend blood orange and chocolate, and hazelnut with ricotta. Who are we to argue?

→ 7 Archer St. ☉ Piccadilly Circus.

Order in advance. £45.

#### The Malty Cake

Happy Endings

Terri Mercieca makes brilliant ice cream sandwiches for the likes of Tonkotsu and Club Mexicana. If you ask her nicely, she'll make you a giant one – a 12-person version of The Malty. Come for the malted milk parfait sandwiched between giant homemade digestives, stay for the chocolate 'magic' crumbs and thick glaze of organic milk chocolate.

→ [www.happyendingsldn.com](http://www.happyendingsldn.com).

Click and collect only. £50.







Nardulli



Fortnum & Mason



## Sundaes

### Knickerbocker Glory Fortnum & Mason

F&M's version of the OG ice-cream sundae is frankly outrageous: loads of vanilla and strawberry ice cream, pineapple, raspberries (plus raspberry coulis), whipped cream and a dome of Italian meringue. Make like Indiana Jones and excavate its layers with the long-handled spoon provided.

→ 181 Piccadilly. ☎ Piccadilly Circus. £13.

### Tiramisu sundae Chin Chin Soho

How to improve a tiramisu? Render it in frozen form. Here, coffee and olive oil ice cream is dolloped on to whipped mascarpone and a coffee-soaked brownie cookie, before being drizzled with salted caramel sauce and dusted with cocoa powder.

→ 54 Greek St. ☎ Tottenham Court Rd. £5.95.

### Six Milks Sundae Corazón

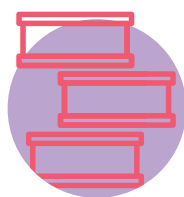
In this moreish monolith of a dessert, chunks of tres leches cake (made with evaporated milk, condensed milk and cream) come smothered in cajeta (Mexican caramel sauce), vanilla ice cream, whipped cream and marshmallow, plus obligatory sprinkles.

→ 29 Poland St. ☎ Oxford Circus. £8.50.

### Peach melba Marine Ices

You won't find any nitro-whizzery here: just 24 outstanding gelato options. For the full retro experience, try the peach melba sundae, a combo of creamy vanilla, peaches and raspberry sauce.

→ 61 Chalk Farm Rd. ☎ Chalk Farm. £3.90.



## Ice-cream sandwiches

### Lemon meringue macaron ice-cream sandwich

Yolkin

A three-in-one wonder, this: two perfect, sunshine-yellow lemon macarons (whipped up by former street-food star Samme Le and her band of bakers) encase a roundel of lemon-curd ice cream, all topped off with a swirl of lightly torched meringue. Summer in a mouthful.

→ 24 Rupert St. ☎ Piccadilly Circus. £4.

### Croissant and tonka bean ice-cream sandwich

Darby's

At this swanky Vauxhall restaurant from the folks behind The Dairy and Counter Culture, any croissants left over from the morning rush are stuffed with tonka-bean ice cream and almond caramel sauce, before being put on the restaurant's menu. Sustainable *and* tasty.

→ 3 Viaduct Gardens. ☎ Vauxhall. £6.

### Stuffed brioche Cremoloso Gelato

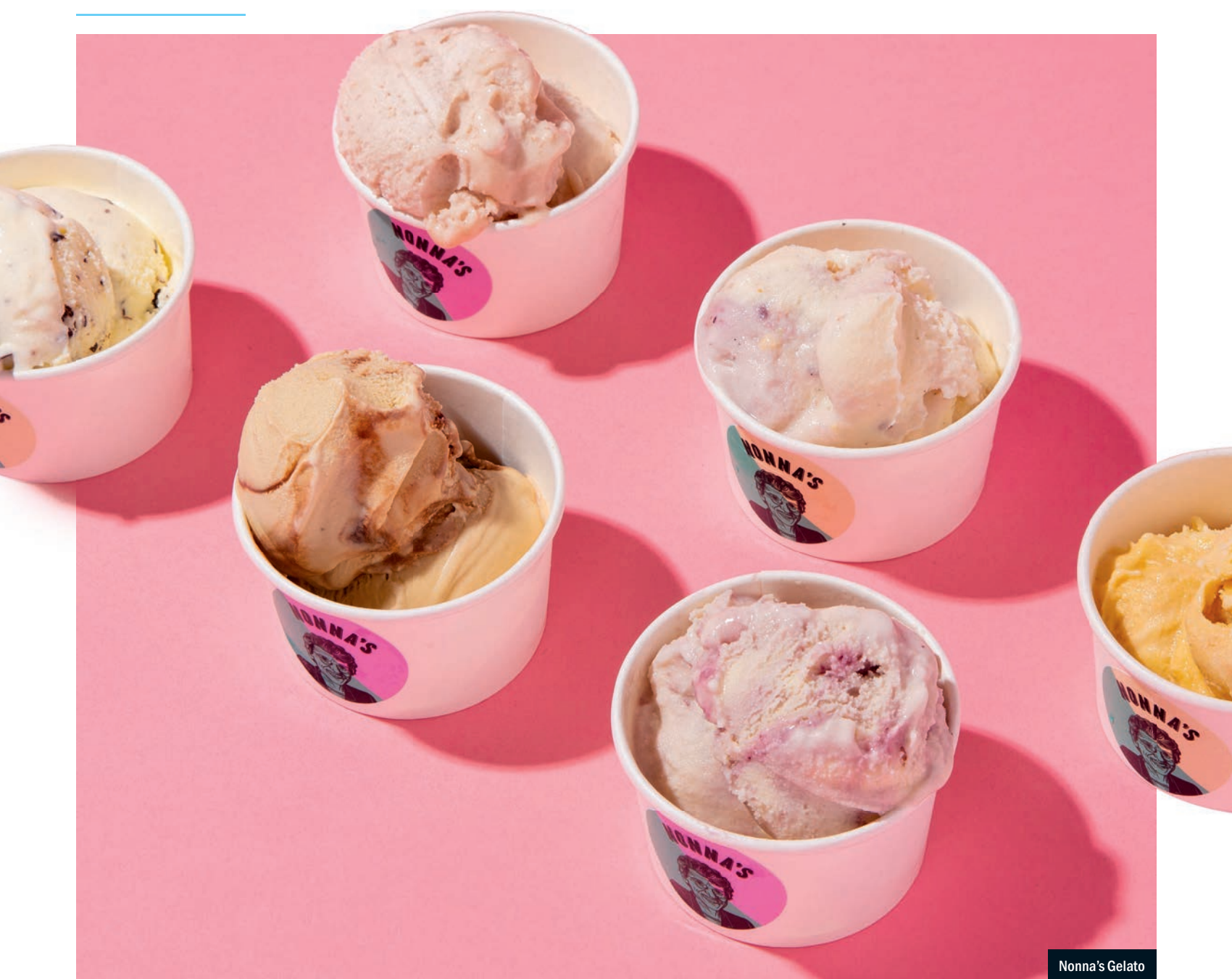
Soft, rich brioche buns packed to the rafters with gelato are a Sicilian speciality – but you only need to go as far as Earlsfield to get your mitts on one. At Cremoloso Gelato they're drizzled with dark chocolate sauce, and stuffed with any two of their 20-odd flavours: the combination of pistachio and amarena cherry is hard to beat.

→ 383 Garratt Lane. ☎ Earlsfield. £6.50.

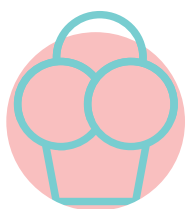




## Best ice cream



Nonna's Gelato



## Scoops and cones

### Five Points Porter and Chocolate Ripple

#### Nonna's Gelato

Flavours change from week to week at Nonna's Gelato, but the Five Points porter and chocolate ripple, made with the Hackney brewery's finest, is a fixture. Intensely malty but surprisingly refreshing, it's like washing down a slice of chocolate cake with a pint of Guinness.

→ Various locations. From £3 per scoop.

### Piña colada

#### Churps Ice Cream

Homemade in Peckham since 2011, Churps' creamy, fruity piña colada has a cult following in south London. Find it at Nanban in Brixton, along with other Caribbean flavours like sugar cane, stout punch

and grape nut – perfect for cooling down after a bowl of fiery curry goat.

→ 426 Coldharbour Lane. ☎ Brixton.

£3 per scoop.

### Gariguetto strawberry

#### La Grotta Ices

La Grotta doesn't have a full-time bricks-and-mortar shop, but its ice creams are always on the menu at Italo in Bonnington Square. Try the blush-pink gariguetto strawberry, an aromatic take on everyone's summer holiday fave.

→ 13 Bonnington Square. ☎ Vauxhall.

£3 per scoop.

### Banana split

#### Ice Cream Union

For the past 12 years, Ice Cream Union has supplied some of

London's top restaurants with creative scoops. Now it's got its own place, anyone can sample their best flavour: banana split. Creamy, fruity and with licks of caramel, think of it like a space-efficient sundae.

→ 166 Pavilion Rd. ☎ Sloane Square.

From £4.99.

### Nutella

#### Oddono's

What's a walk on Hampstead Heath without a cone in your hand? Specifically, a cone of Oddono's finest creamy-but-tangy gelato from its Flask Walk parlour. Since opening in 2004 it's churned more than 130 flavours, but you can't go wrong with Oreo, scooped straight from a piled-high, cookie-strewn tub.

→ 8 Flask Walk. ☎ Hampstead. From £2.75.



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## Ice cream



Mamasons



## Sorbet and vegan ice cream

### Goldenmilq

#### Black Milq

It's hard to choose a favourite at Black Milq, but the delicately spiced Goldenmilq is up there. Made from cashew nut and coconut milks, even non-vegans will lose it over flavours like black sesame and miso caramel with pecan. You can bulk order online too – dangerous.

→ Lewisham College Carpark. Lewisham DLR. £3.40 per scoop.

### Blood orange sorbet

#### Gelateria Danieli

Its gelato draws massive crowds, but this Richmond legend also excels at sorbets. From mouth-puckeringly delicious grapefruit to oh-so-grown-up pear, pineapple and maraschino, the choice is impressive, but it has to be the Sicilian blood orange sorbet.

→ 16 Brewers Lane. ☉ Richmond. From £2.25.

### Mango soft serve

#### Yorica

Soft serve is everywhere right now, but vegan versions can be hard to come by. Give it up, then, for Yorica, London's free-from ice-cream parlour, which does a juicy, super-fruity mango one that'll knock your socks off. ■

→ 130 Wardour St. ☉ Tottenham Court Rd. From £3.95.



## Floats and shakes

### Halo Halo shake

#### Mamasons

One thing's for sure: London's (and, in fact, Europe's) first Filipino ice cream parlour is a vanilla-free zone. There are plenty of 'grammable shakes to choose from, but the standout is the Halo Halo, a riot of textures and flavours based on the dessert of the same name. A scoop of their ube ice cream (made from purple yam) is bolstered with shredded coconut, evaporated milk jelly, leche flan, shaved ice, sweet red bean, cornflakes and wafer pieces.

→ 91 Kentish Town Rd. ☉ Kentish Town. £6.50.

### Union Shack Concrete

#### Shake Shack Soho

This isn't strictly a shake – or at least, it isn't when you first get your hands on it. But grab a straw anyway, because once it melts a little you'll have a satisfyingly slurpable blend of frozen custard, fudge sauce and sprinkles. Each Shake Shack branch has signature concretes: this one features hazelnut brownie bites baked by St John, and chocolate chunks from Paul A Young. Fancy.

→ 1 Cambridge Circus. ☉ Leicester Square. From £5.

### Soda float

#### Ruby Violet

Ah, the soda float: as much a traditional part of summer as getting hideously burnt at a festival. At Ruby Violet you can build your own one from any one of their scoops and a Posh Pop soda: might we suggest cloudy lemonade with caramelised pistachio, or chilli ginger beer with chocolate? Find them in the King's Cross and Tufnell Park parlours.

→ 3 Wharf Rd. ☉ King's Cross. £5.

Read the full list at [timeout.com/besticecream](http://timeout.com/besticecream)



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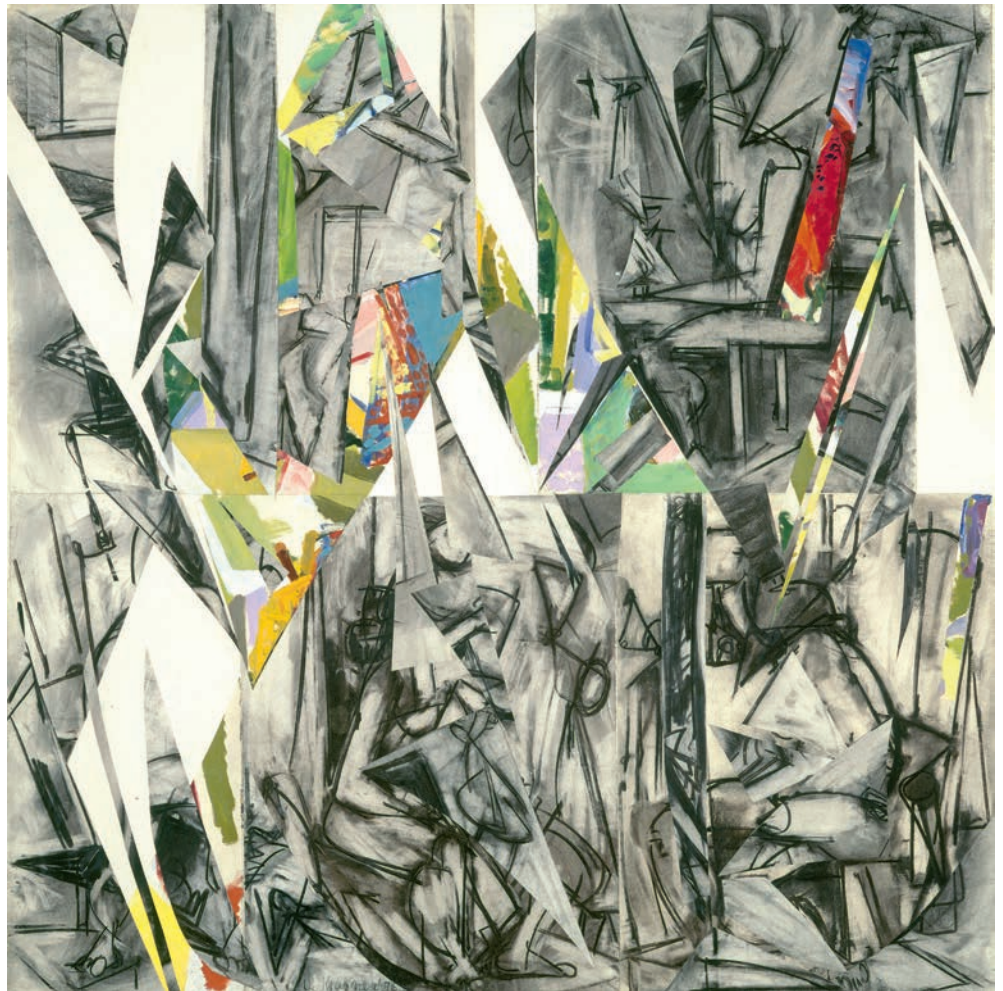
### 'Lee Krasner: Living Colour'

**What is it?** A five-star retrospective on the works of a formidable abstract expressionist painter.

**Why go?** For Krasner's biggest showcase in decades – shining a light on work often eclipsed by her husband Jackson Pollock. Expect early self-portraits, collages and large-scale canvases.

**What's exclusive?** Tickets are two-for-one – from just £15 for two.

→ Barbican. ⊕ Barbican. Until Aug 22.  
www.timeout.com/lee



### VegfestUK London

**What is it?** A festival celebrating all things plant-based.

**Why go?** Now it might sound like a rave for greens, but Vegfest is in fact one of Europe's biggest plant-based food and lifestyle shows. Join like-minded leaf lovers in browsing 320 stalls' worth of meat-free goodies, as well as vegan cosmetics and fashion.

**What's exclusive?** Our tickets are 50 percent off, now £7.50 each.

→ Olympia London. ⊕ Kensington (Olympia).  
Oct 27-28. www.timeout.com/veg19

### Boisdale

**What is it?** Four gin-based cocktails and live music at one of four Boisdale restaurants.

**Why go?** Getting piddled on a budget is a tough feat in London. That's why you should seize this bargain opportunity to try four exquisite gin cocktails in exclusive surroundings.

**What's exclusive?** It's usually £62 for four drinks, but with us you'll pay just £16. That's 74 percent off.

→ Multiple locations. Until Sep 30.  
www.timeout.com/boisdalecocktails

### Floral Art and Design Show

**What is it?** The UK's biggest show of creative floweriness.

**Why go?** Green-fingered Londoners, listen up! While the Business Design Centre has a long history as an agricultural venue, this weekend-long event will present the place in a whole new light. There'll be flowers, arts, crafts and much more.

**What's exclusive?** Tickets are 47 percent off – now £15 each.

→ Business Design Centre. ⊕ Angel. Aug 8-10.  
www.timeout.com/floralart

### Pierre Victoire

**What is it?** Two courses and a glass of fizz at a charming Soho bistro.

**Why go?** Quintessential French cuisine is the order of the day here: think mussels cooked in garlic and parsley butter, or cheesy potato gratin with toulouse sausage. Now that should get you savvy Francophile foodies salivating!

**What's exclusive?** It's 58 percent off – now just £12.50.

→ Pierre Victoire. ⊕ Tottenham Court Rd.  
Until Sep 21. www.timeout.com/pierre19

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# Travel

Edited by Laura Richards  
timeout.com/travel



**Emerald Lake**

# O(MG) Canada

Ten jaw-dropping stop-offs on a  
Western Canada road trip

**BEST SEEN ON** four wheels, Canada is blessed with enormous landscapes, wide, wild expanses and roads that wind straight through the middle of it all. To explore lakes, waterfalls, national parks and the jaw-dropping contours of the Rockies in Western Canada, rent a car or take an RV on the road, then eat, sleep and immerse yourself in spectacular scenery. Set off from Pacific-facing Vancouver and head inland towards Calgary. Each windscreen vista will be more spectacular than the last, and these ten essential pit stops along the way will help you make the most of it all. Just watch out for grizzlies.

## **1** Fuel up at Granville Island Public Market

The centre of Vancouver is almost entirely surrounded by salt water – walk the city’s seawall to see from Downtown’s glinting high rises to epic sunsets at English Bay. Then, take a ferry from False Creek to Granville Island Public Market to refuel. Eat your way around stalls selling local produce and street food, including salmon cured in maple syrup.

## **2** Spot whales around Vancouver Island

Forget those four wheels for a second. While you’re on Canada’s West Coast, you’ll want to get out

on the ocean to spot the whales that call Vancouver Island’s waters their home. Jump on the car ferry over to the Island or book a day tour with Prince of Whales (a marine wildlife-spotting company, not a Trump Twitter gaffe) to watch for humpbacks, orcas and grey whales.

## **3** Be amazed by the Sea-to-Sky Highway

Leave Vancouver via the Sea-to-Sky Highway, so called because it takes you from the ocean’s edge to the alpine forests and snow-capped mountains in Whistler and beyond. Set off in late afternoon to watch the fjords and islands of Howe Sound transform as the light fades. Stop off

in Squamish to ride the Sea-to-Sky Gondola for more breathtaking (and knee-wobbling) views.

## **4** Find wild flowers in Revelstoke

Once you’ve made it through the desert-like landscape along Highway 99 and the Trans-Canada Highway past Kamloops, the roadsides sprout greenery and mountains appear on the horizon again. Stop in Revelstoke to explore its small but mighty national park. Drive the winding Meadows in the Sky Parkway and roll past tall hemlock trees to sub-alpine wildflower meadows. Just remember, you’re in bear country now...

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go to [timeout.com/travel](http://timeout.com/travel)



Granville Island Public Market



Icefield Skywalk



Wapta Falls

**5 Hike to Wapta Falls**  
Park up on the western side of Yoho National Park at the Wapta Falls trailhead. This hike takes you over knotted tree roots through a silent alpine forest until you reach Wapta Falls. This dramatic section of the rushing Kicking Horse River boasts a huge wall of water framed by fir trees and backed by mountains. Bonus points if its spray creates a double rainbow.

**6 Kayak around Emerald Lake**  
No prizes for guessing where this stunner of a lake got its name. Surrounded by mountains, this glassy stretch in Yoho National Park

**‘Spot the whales that call Vancouver Island’s waters their home’**



is all rich hues of green and blue. You can hike around it, watching as the lake changes from translucent jade to deep turquoise, or slide out on to the surface in a kayak. It’s a popular place, but quieter than nearby Lake Louise – arrive early and you’ll feel like you’ve got it all to yourself.

**7 Step out above glaciers at Columbia Icefield**  
Alongside the border between British Columbia and Alberta, the Icefields Parkway is one of the most incredible roads in the world, lined with craggy mountains, lakes and the wild animals of Banff and Jasper National Parks (bears, mountain goats and bighorn sheep). The star is the Columbia Icefield, where you can get close to ancient glaciers. Step out over the Sunwapta Valley on the Icefield Skywalk glass observation deck, or hike up to the toe of the Athabasca Glacier. Don’t miss signs that mark how rapidly it’s been receding in recent years.

**8 Stargaze in Jasper National Park**  
Although you’ll say goodbye to your mobile phone signal on the Icefields Parkway, you can enjoy the feeling of remoteness once the sun sets thanks to a total lack of light pollution. Jasper National Park became a Dark Sky Preserve in 2011 and is full of stellar opportunities to get an eyeful of stars. For the best views, head out to Maligne Canyon,

Medicine Lake or Pyramid Lake after dark to spot astral delights. You might even spy the Northern Lights.

**9 Float around Maligne Lake**  
You’ll struggle to spot where water meets sky at Maligne Lake, an achingly pretty expanse that, on a calm day, makes a perfect mirror. You can set off on hikes from the edge of the lake, but the best way to see it is by boat. A 90-minute cruise takes you across to Spirit Island, a tiny land mass that might be one of the most snapped places in Canada. You can try to keep it off the ‘gram, but resistance is futile.

**10 Take a dip at Banff Upper Hot Springs**  
All that hiking left you with aching muscles? Soothe yourself in steaming pools on the hill high above the picturesque town of Banff. The natural thermal waters have been attracting bathers since the 1800s and, when you’re immersed in the mineral-rich pool, it’s easy to see why. Don’t leave this alpine town without exploring: visit the castle-esque Fairmont Banff Springs hotel, which could easily be mistaken for the Grand Budapest. ■



**By Ellie Walker-Arnott**  
Who spotted four bears and a baby humpback whale.

GRANVILLE ISLAND PUBLIC MARKET: DEWOSHR/SHUTTERSTOCK



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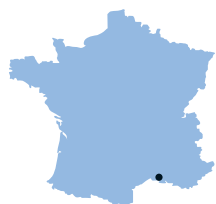


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# ESSENTIAL Aix-en-Provence

Lavender, art and rosé all day

## What's the deal with Aix?

A weekend in the South of France doesn't have to mean facelifts and fast cars along the promenade in Cannes. About an hour inland from the French Riviera is Aix-en-Provence – or simply Aix to locals. The Roman-built city, surrounded by towering mountains and rolling fields, is far less ostentatious. But it's no sleepy retreat either, as much for culture vultures as it is for outdoorsy types. Traditional Provence tropes (cobble streets, ochre stone buildings, pétanque) are interlaced with a burgeoning modern art scene and vibrant restaurants from which to enjoy the best things in life – *beaucoup* wine, cheese and even pastis.



Château La Coste

## If you only do one thing...

Head to a local vineyard to sample some of the world's best rosé.

**Château La Coste** hosts daily tours and is a short taxi ride from central Aix. The estate makes four to-die-for blends of the pink stuff and is home to an art gallery and restaurants.

## Dine in style

You'll find **Mitch** in the city's buzzy Old Town, run by eponymous gastronome Michel. It serves regional produce with serious sex appeal in a casual setting. A set menu includes inventive dishes like sweet and salty poached tuna.

## Eat on the cheap

For a proper Provençal spread, bag baguettes and rotisserie chicken from the market in **Place des Prêcheurs** (Tuesday, Thursday and Saturday). Then devour a tarte tropézienne (a cream-filled brioche bun) or an eye-wincingly zingy tarte au citron from **La Maison Béchar**.

## Drink like a local

Make a beeline for hole-in-the-wall **Au P'tit Quart d'Heure**. Its back doors open straight onto **Place des Cardeurs**, a buzzing square filled with friends catching up over a pre-dinner pastis, Provence's anise-flavoured apéritif.

## HANG OUT IN THIS 'HOOD

Built as a luxury housing estate in the seventeenth century, **Mazarin Quarter** is still largely residential. Have coffee and croissants amid its treacle-coloured townhouses and surrounded by a sea of bestsellers at **Book in a Bar**, scoff fresh pasta at **Jardin Mazarin** and get a good night's sleep at homely B&B **Le Jardin de Marie**.

## Stay up late

Aix is by no means France's answer to Ibiza, but you can still let your hair down. While the 'it' crowd go to superclub **Le Mistral** (cue pretentious door policy and prices), those after a more raucous atmosphere love **Le Scat** for a killer mix of live music and party tunes.

## Get cultural

Post-impressionist Paul Cézanne was born in Aix and spent most of his life here, using the city and surrounding landscape as inspiration for some of his greatest paintings. See a handful of them in the flesh at the **Musée Granet**. Its permanent collection features works by more megastars, from Picasso to Giacometti. Visit the gallery for free on the first Sunday of each month.

## Soak up the vibes

It's not all about art in Aix – the city plays host to music festivals throughout the year, too. There's the opera-focused **Festival d'Aix-en-Provence** in July, or August's **Musique dans la Rue**, where across eight days more than a hundred free performances – from jazz to classical and gospel – take place in squares and streets around town.

## Take a day trip

For an OMG moment, visit **Plateau De Valensole** from late June to early August to see more than 300 square miles of lavender in bloom. Not only do the swathes of purple plants look stunning, but their sweet aroma is truly intoxicating. You'll need a car or to book onto a tour to do it (try operator **Bonjour Provence**) but it's worth the pilgrimage.

## Only in Aix

Resident painter Cézanne was captivated by the region's **Sainte-Victoire Mountains** and it was atop Aix's **Les Lauves** hill that he painted his prominent 'Mont Sainte-Victoire' series (google it, it's stunning). You can still visit his favourite viewpoint and take in the panorama – verdant cypress trees, turquoise skies, silver rocks – that inspired many a masterpiece. ■ *Elizabeth Darke*



Places des Cardeurs



# Things to Do

Edited by Katie McCabe  
timeout.com/thingstodo @timeoutlondon

## TOP SEVEN

# Pick-your-own farms

Sick of supermarket plastic? Go straight to the root with a day of fruit picking on these farms in and around London

### 1 Parkside Farm

One for the car-less Londoner (isn't that 99 percent of us?!), this Enfield farm is in easy-reach of the city. Walk for 25 minutes when you get to Gordon Hill station and you'll find this bit of green belt growing 20 different crops across its 50 acres. Strawberries are grown using a 'table top' system, so you don't have to bend 'n' pick like a sucker. Crops can be changeable, so always call ahead. Minimum spend is £4, and remember – no berry poppin' in the fields.

→ Hadley Rd, Enfield, EN2 8LA. Gordon Hill rail. 020 8367 2035. Check [www.parksidefarmpyo.co.uk](http://www.parksidefarmpyo.co.uk).

### 2 Hewitts Farm

Whatever your produce preference, this 78-acre family-run farm probably grows it. Over the summer months, you can pick everything from strawberries, raspberries and blackcurrants to spinach, chard and beetroot. Right now there's a glut of plums, runner beans, marrows and courgettes to pluck. Or, hold out until the beginning of autumn when the apples ripen and free tractor rides begin on Sundays.

→ Court Rd, Orpington, Kent, BR6 7QL. Knockholt rail. See [www.hewittsfarm.co.uk](http://www.hewittsfarm.co.uk) or ring 01959 534666 to check availability of produce before you visit.

### 3 Crockford Bridge Farm

Get your mitts on Crockford's raspberries and blackberries, all ripe and juicy for August. Or, stick to August's crop of sweetcorn. When you're done, visit the on-site gelateria for ices made with own-grown fruits. The farm – set in 80 acres in West Surrey – is one of the oldest continually cultivated spots in the county and is mentioned in the 'Doomsday Book'. Again, you'll need to call ahead to find out what's ripe.

→ New Haw Rd, Addlestone, Nr Weybridge, Surrey, KT15 2BU. Addlestone rail. See [www.crockfordbridgefarm.co.uk](http://www.crockfordbridgefarm.co.uk) or call 01932 853886 to check availability of produce before you visit.

### 4 Stanhill Farm

Run by brothers Toby and Max Williams, this 150-acre farm grows 20 to 30 varieties of fruit and vegetables. As the strawberry season comes to an end, you'll find crops of courgettes, runner beans and carrots ready to harvest, while tomatoes, sweetcorn, beetroot and runner beans will be ripening soon. When your fingers are tired, take a turn around the farm's huge maze, which has snaking paths carved into its maize fields.

→ Birchwood Rd, Dartford, Kent, DA2 7HD. Bexley rail, then 233 bus. See [www.stanhillfarm.co.uk](http://www.stanhillfarm.co.uk) or call 01322 669711 to check availability of produce before you visit.



YOUNG GIRL PICKING STRAWBERRIES: ALEX SEGRE



Is foraging your jam? Visit [timeout.com/outdoors](http://timeout.com/outdoors)



## 5 Garsons Farm

The Thompson family have been running this Surrey farm as a pick-your-own for nearly 35 years. It's a bigger operation than most, with its own restaurant, farm shop and garden centre, so you don't have to do too much planning (though it's a much easier day out if you have a car). It recently opened its orchards, so you can have your pick of bramley apples. Garsons also grows its strawberries table-top, and if you're lucky, you'll have your pick of late raspberries too. It's £4 entry, which will be taken off your

'pay-and-weigh' bill at the end. There's 155 acres to cover, so come with a plan of attack.

→ Winterdown Rd, Esher, Surrey, KT10 8LS. Esher rail then 458 bus. 01372 464389. Check [www.garsons.co.uk](http://www.garsons.co.uk).

## 6 Home Cottage Farm

Noisy broods of chickens will greet your arrival at this wholesome soft fruit farm in Buckinghamshire (there's the odd sheep too, but they mostly keep to themselves). There are raspberries and blackberries a-plenty and, towards the end of August, you can go and relieve

the gnarly old apple and plum trees of their fruit. Everything sold the farm shop is grown on site, even the honey (thanks to the onsite bee colony).

→ Bangors Rd South, Iver Heath, Bucks, SL0 0BB. ☺ Uxbridge then 607 bus. 01753 653064. Check [www.homecottagefarm.co.uk](http://www.homecottagefarm.co.uk).

## 7 Hawswick Lodge Farm

Better move quick if you want to pick your yield at this Hertfordshire farmland – the anticipated closing day for PYO is this Sunday (August 11) If all goes well, you can pay the £3 minimum to pack your punnet with as many of those end-of-the season strawberries as you can. There might just be a few redcurrants growing too, ready to fulfil their Christmas jelly destiny.

→ Harpenden Rd, St Albans AL3 6JG. St Albans City rail then 321 bus. 01727 831224. Check [www.hawswickfruit.co.uk](http://www.hawswickfruit.co.uk)

## Or... go wild! Walthamstow Marshes

Want to pick freely (as in, sans the entry fee)? Go on the hunt for blackberries through the rugged marshland of E17. They've been ripening fast in the hot weather, so be prepared to go off the beaten track. ■ *Katie McCabe and Alexandra Sims*  
→ ☺ Walthamstow Central. Open daily.



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# SOMETHING FOR THE WEEKEND

Things to Do

## Saturday

### Friday



### Soho on the Southbank: 30 Years of the Phoenix Arts Club

Soho's legendary late-night bar and brasserie is celebrating its big anniversary by taking over Underbelly's quirky Spiegel tent. Expect to see the crème de la crème of the Phoenix Arts Club favourites performing top quality cabaret and comedy.

→ Underbelly Festival. ⊕ Waterloo. Fri Aug 9. £18.50.

GREENWICH FOOT TUNNEL: ROSIE OLIVER

### LEARN Migration and Diaspora Literature Festival

Explore how migration and the diaspora are portrayed in literature through talks, book clubs, writing workshops and intimate spoken word evenings.

→ Various locations. Fri Aug 9-Sun Aug 11. Free-£5.

### MAKE Canalside Family Fun Day

Join pottery lessons with Turning Earth, listen to live music, play retro arcade games and tuck into local street food at this riparian riot.

→ Here East. Hackney Wick Overground. Sat Aug 10. Free.

### Sasha Velour's 'Smoke & Mirrors'

The Bushwig icon and 'RuPaul's Drag Race' winner performs her first solo show. See the drag artist create a big queer dreamscape with lip syncs, magic, multimedia art and plenty of gorgeous frocks.

→ O2 Shepherd's Bush Empire. ⊕ Shepherd's Bush. Fri Aug 9-Sat Aug 10. From £32.



## Sunday



More weekend ideas at [timeout.com/hotlist](http://timeout.com/hotlist)

### WALK Chimneys and Tunnels Along the Thames

Cross the Thames by boat and walk beneath it through Greenwich Foot Tunnel on this walk exploring the area's watery history.

→ Meet by Greenwich Pier Ticket Office. Cutty Sark DLR. Sun Aug 11. £15.

### BROWSE Friends Serene Art Fair

Illustrators, painters, writers, printers and zine-makers are setting up their stalls in Moth Club. Once you're laden down with gifts, grab a drink and boogie to the DJ sets.

→ Moth Club. Hackney Central Overground. Sun Aug 11. Free.

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## Things to Do

### THREE OF THE BEST

#### Night markets



##### ↑ Pop-Up Africa Lates

Brixton's Market Row is hosting a big African celebration with this late-night takeover. Many of its shops are opening their doors to smaller communities selling produce from across the continent. Stay for the DJs and Ethiopian dishes.

→ Market Row, Coldharbour Lane. ☺ Brixton. Thu Aug 8. Free.



##### ↑ Oval Night Market

Always fancied having a night on the tiles in the Big Apple? Well, fancy no more, as Oval Night Market brings a slice of the New York street party scene to east London. It's the last big blowout of the summer, so you know it's going to be a good'un.

→ The Oval. ☺ Bethnal Green. Fri Aug 9-Sat Aug 10. Free.



##### ↑ Portobello Vegan Night Market

Shop for vegan street eats, plant-based treats, ethical cosmetics and sustainable clothes at London's only regular vegan night market. The DJ will be blaring reggae, ska and roots. Even carnists are invited to dance the night away.

→ Portobello Rd. ☺ Ladbroke Grove. Aug 14. Free.

Prefer daytime browsing? Try  
[timeout.com/markets](https://www.timeout.com/markets)



DON'T MISS

# C'est Chic Vogue Ball

**TRAVEL ALL THE** way back the disco heyday of Nile Rodgers and band Chic on the South Bank this Saturday afternoon.

At Meltdown's C'est Chic Vogue Ball, dressed-to-kill hopefuls will compete in a catwalk face-off in a variety of categories, including 'realness', 'fashion' and 'design'. It's all about vogueing and posing, but more seriously, it's about freedom of self-expression. 'The most important aspect of the [ballroom] culture is that it was formed by black and latinx trans woman and queer people of colour,' says the night's co-curator, dance artist Omar Jordan Phillips. 'Being able



to celebrate our beauty is activism in itself.'

Contestants will bring fire on the runway in outfits with an avant-garde twist. There will be re-creations of Chic's 1977 (literally) whistle-blowing album cover, drag lip syncing and plenty of vogue battles as the contestants strive

for the grand prize. There's even a 'best-dressed spectator' category (binge-watch the TV show 'Pose' for inspiration). So bring the glitter, bring the sequins, bring the attitude and remember: it might get hot on the south bank, but at a vogue ball, there's always going to be shade. ■ *Nisha Woolford*

WHAT IS IT?

A night of disco vogueing inspired by the 1980s New York ballroom scene.

WHY GO?

To see if you can win the best-dressed spectator award.

→ Southbank Centre outdoor terrace.  
↻ Waterloo. Sat Aug 10. Free.

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# Kids

Edited by Rose Johnstone  
timeout.com/kids

## School's (still) out for summer!



The holidays aren't over yet! There's still loads going on between now and September – *Katie Gregory* picks out ten of the best ways to stave off the back-to-school blues

### 1 Step inside the Queen's house The State Rooms at Buckingham Palace

are only open to us mere mortals for ten weeks of the year – until September 29 – so the summer hols are a great time to go. Gasp at the gilded interiors as you tiptoe through the Queen's rooms, which look more like stately film sets. If you're here on the Bank Holiday weekend, don't miss the **Family Festival** – there are drop-in arts and crafts workshops at the Royal Mews and Queen's Gallery, and lots going on in the Family Pavilion.

→ Buckingham Palace. ⊕ St James's Park. Until Sep 29. £25, £14 child. Family Festival. Aug 24-26. Free with standard admission.



### 2 Don't believe your eyes

Travelling magicians Morgan and West are bringing their 'Utterly Spiffing Spectacular Magic Show for Kids' to the South Bank's **Underbelly Festival** for the last week of August. It's pitched at over-fives and is packed with old-school tricks and optical illusions. Don't let the fun end once school starts: for the perfect pick-me-up after the first week of term, book tickets for 'The Showstoppers' Kids Show'. It's like an on-stage 'Choose Your Own Adventure' book, so be ready for some audience participation.

→ Underbelly Festival. ⊕ Waterloo. 'Morgan & West's Utterly Spiffing Spectacular Magic Show For Kids' until Sep 1. From £10.25. 'The Showstoppers' Kids Show'. Sep 8 and Sep 29. From £14.50.

MORGAN AND WEST: STEVE ULLATHORNE; FAMILY FESTIVAL: TODD WHITE; ART PHOTOGRAPHY: SPACE FESTIVAL; JODY KING/GETTY







Clockwise from left: Morgan and West, BMX at Lee Valley VeloPark, Family Festival at Buckingham Palace, the Science Museum's Summer of Space festival

### 3 Hit the beach

Pack a bucket and spade, hop on the Tube and head for **Ruislip Lido**. This huge lake in Hillingdon is home to London's only 'proper' beach: a sandy swathe with two play areas, a splash park and a massive nature reserve behind it. Bring a picnic and let them build sandcastles on the beach or hide out in dens in the ancient woodland. Plus, take a ride on the Ruislip Lido Railway – this little train loops around the lake and weaves through the woods, with a stop-off at The Water's Edge pub. Cheers!

→ Ruislip Lido. ☺ Ruislip. Open daily, free. Lido railway: £3.30, £2.80 child.

### 4 See the moon landing

Still not been to the **Science Museum's Summer of Space festival**? This three-month event, inspired by the fiftieth anniversary of the moon landing, finishes in September, so kids aged six-plus still have time to join in with free drop-in workshops and watch bite-sized science shows. Plus, older children will have eyes the size of flying saucers by the time they've finished watching 'Apollo 11: First Steps Edition' in the Imax cinema.

→ Science Museum. ☺ South Kensington. Until Sep. 'Apollo 11: First Steps Edition' £11, £9 child.

### 5 Burn off some energy

Let your little ones live out their sporting dreams at **Queen Elizabeth Olympic Park**. There are school holiday sessions running for kids aged five-plus at the Lee Valley VeloPark, so they can speed around the BMX track, mountain biking trails or velodrome.

The park itself has plenty of open spaces, from the Tumbling Bay playground at the north end to climbing walls at the other. While you're there, ride





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Zip Now London (main pic), 'Dinosaur World Live' (inset)

the ArcelorMittal Orbit slide – just bear in mind kids need to be eight-plus and at least 1.3 metres tall. Wheeeee!

→ Queen Elizabeth Olympic Park. ⊕ Stratford. Open daily. Lee Valley VeloPark school holiday sessions throughout Aug. From £28. ArcelorMittal Orbit and Slide £16.50, £10.50 child.

## 6 Go down the rabbit hole

Get thespy in the great outdoors with the Australian Shakespeare Company's production of 'Alice in Wonderland' at Kew Gardens. Lewis Carroll's classic tale is brought to life via alfresco morning and afternoon shows through August. After, let them explore the new Children's Garden. It's a huge, greenery-packed space with a four-metre high canopy walk, and you can book in advance to choose a 90-minute time slot.

→ Kew Gardens. ⊕ Kew Gardens. Tue-Sun until Aug 26. £16.50, £4.50 child. 'Alice in Wonderland' £22.90, £17.90 child.

## 7 Take them to Carnival

Not necessarily one for younger kids, **Notting Hill Carnival** arrives for August's bank hol weekend and promises

a spectacular family day out – as long as you're okay with crowds. Around 2 million people hit the streets of west London for this Caribbean carnival last year, and the 2019 event promises the same mix of street food, steel bands, samba and supersized sound systems that have been drawing crowds since 1966. Sunday is Family Day so it's usually a bit quieter, but plan for it to be crazy busy whenever you go.

→ Notting Hill Carnival. Aug 25-26. Free.

## 8 Bag free theatre tickets

Despite the name, **Kids Week** in the West End covers the whole of August, which means you can get a free kids' ticket with every full-paying adult. Loads of venues are involved, and it's not just musicals – interactive shows include 'Dinosaur World Live' at Troubadour

Wembley Park Theatre and 'Brainiac Live' at the Garrick. If you've already got one free ticket, you can buy two more half-price children's tickets with no booking fees. Let's face it, you're going to need every penny for those interval snacks.

→ Various venues and prices. Until Aug 31.

## 9 Tackle an epic obstacle course

The world's largest inflatable obstacle course – **The Monster** – is back at Alexandra Palace later this month (August 23 to August 28) and, while most of it is strictly 16+, there are two family days. Kids aged seven to 15 can take on this enormous 300-metre bouncy castle, with about 40 obstacles along the way, plus a huge squashy slide and blow-up ball pools. The adult version includes extras like boozy bingo, cocktails and street food stalls (did someone say babysitter?).

→ The Monster Kids. Alexandra Palace rail. Aug 27-28. £16-£20.

## 10 Zip across London

Race the offspring across **Zip Now London** – a 225-metre zip line in Archbishop's Park, near Waterloo. There are four zip wires running parallel, which is perfect if you're mostly interested in thrashing your family members – providing they're aged eight-plus and are over 1.2 metres tall. It's 35 metres up, but you can also book the Mega Drop if you're feeling particularly brave. This one's a free-fall jump from a 12-metre landing tower.

→ Zip Now London. ⊕ Lambeth North. Until Sep 15. From £25. ■





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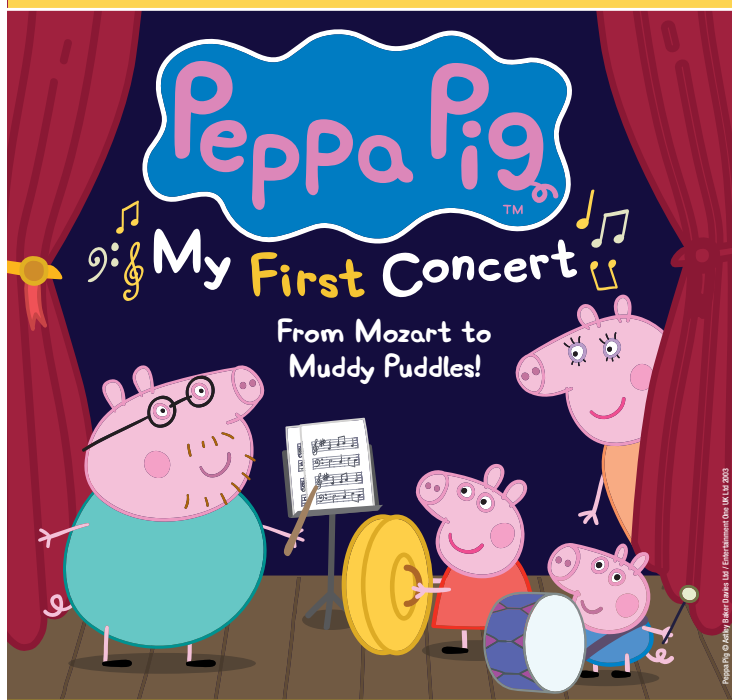


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## THREE OF THE BEST

### Mind-blowing exhibits

Feed their curious minds with these interactive kid-friendly museum exhibits



#### ↑ Ride the Mail Rail

Go deeper underground with a journey through London's 100-year-old postal railway. A perennial classic of our city's museum experiences, there's something about riding a very small train that just never gets old.

→ The Postal Museum. ⊖ Farringdon. £16, £9 child (includes exhibition access).



#### ↑ Steer an icebreaker

For more intrepid youngsters, head to the National Maritime Museum's Ahoy! Gallery (under-sevens) where you can steer an icebreaker through the Arctic seas via an interactive game (make sure there are no polar bears having a nap, eh?).

→ National Maritime Museum. Greenwich DLR. Free, £3 weekends and school holidays.



#### ↑ Zoom down a friction slide

Is there a better way to learn about science than playing on a slide? Found in the Forces zone of the brilliant Wonderlab: The Equinor Gallery, kids can learn about friction by how fast they whoosh from top to bottom. ■ Rosemary Waugh

→ Science Museum. ⊖ South Kensington. £9, £7.20 child.

Find loads more awesome activities at [timeout.com/kids](http://timeout.com/kids)



EXHIBITIONS

**C Top Secret**

The Science Museum's latest free exhibition is an insanely intriguing look at codebreaking across the decades, from First World War ciphers to modern cyber security.

→ Science Museum. ☉ South Kensington. Until Feb 23 2020. Free, booking required.

**W Water Fun**

Summer at the London Museum of Water & Steam means free entry for kids, paddling pools and craft activities.

→ London Museum of Water & Steam. Kew Bridge rail. Until Sep 1. £11.25, children free.

FILM

**E Stratford Summer Screen**

Keep your little movie buffs happy with this free series of screenings, including 'Jurassic Park' and 'Isle of Dogs'.

→ The Spark. ☉ Stratford. Until Sep 5. Free.

**C Leicester Square Gardens pop-up**

'Ghostbusters', 'Moana' and 'Frozen' are just some of the family-friendly films screening at this free outdoor pop-up.

→ Leicester Square Gardens. ☉ Leicester Square. Thu Aug 8-Sun Aug 11. Free.

SPLASH

**N Hampstead Beach**

SPF50 at the ready: JW3's urban beach comes with areas to splash in and paddling pools for little ones, plus buckets and spades for maximum beach fun.

→ JW3. ☉ Finchley Rd. Until Sep 1. Free.

TO DO

Fun family events

C Central N North S South E East W West

ANIMALS

**C Animal Adventure**

A zoo within a zoo? You bet! London Zoo is opening a space just for kids, with a play park, education exhibits and plenty of furry, feathery friends.

→ ZSL London Zoo. ☉ Camden Town. £28.64, £18.61 child.

THEATRE

**C 'The Worst Witch'**

Join Mildred Hubble and pals at this new family musical based on Jill Murphy's bestselling books.

→ Vaudeville Theatre. ☉ Covent Garden. Until Sep 8. £20-£65.

**C 'Brainiac Live!'**

Science's most volatile live show returns with a vengeance. Strap on your safety goggles for a session of exploding dustbins and combusting microwaves.

→ Garrick Theatre. ☉ Leicester Square. Until Sep 1. £16.50-£33.

**C 'Horrible Histories: Barmy Britain - Part Four'**

The 'Horrible Histories' books have delighted generations of kids for the last decade with gross-out, giggle-worthy takes on Britain's past. This show - the fourth part of its 'Barmy Britain' series - is a jaunt through history you don't learn at school.

→ Apollo Theatre. ☉ Piccadilly Circus. Until Aug 31. £17-£36.50.

**W 'Peter Pan'**

Ready for an awfully big adventure? The National Theatre warm-hearted, critically acclaimed 2016 production has just opened in west London's new theatre.

→ Troubadour White City Theatre. ☉ White City. Until Oct 27. £18-£69.50.

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FESTIVALS

**C Summer Streets on Regent Street**

Enjoy the spectacle of a traffic-free area in Zone 1 on selected Sundays during the summer, as Regent Street's classy curve is pedestrianised from Oxford Circus to Piccadilly Circus for a street party.

→ Regent St. ☉ Oxford Circus. Aug 18 and Sep 15. Free.

**E Chingfest**

See the summer holidays off in style with Waltham Forest's free, family-friendly music festival. Boogie along to local DJs and musicians, get involved in workshops and fill up at food and drink stalls.

→ Ridgeway Park. Chingford Overground. Aug 31. Free.

**S Victorian Vauxhall**

How's this for a spiffing Saturday out? Vauxhall Pleasure Gardens is putting on a free, Victorian-themed festival, complete with tightrope walkers, strongmen and a vintage carousel.

→ Vauxhall Pleasure Gardens. ☉ Vauxhall. Aug 24. Free.

STORIES

**S A World of Stories**

Children aged five and up will be transported to faraway worlds at the Horniman Museum's much-loved storytelling day. Spoken-word performers use the museum's collection as inspiration.

→ Horniman Museum. Forest Hill Overground. Aug 26. Free.



'Peter Pan'



# Film

Edited by Phil de Semlyen  
timeout.com/film @timeoutfilm

## INTRODUCING

# Viveik Kalra

The 'Blinded by the Light' star on his favourite Springsteen track and blazing a trail as a British-Asian actor. Portrait *Andy Parsons*

**WHEN VIVEIK KALRA** was growing up in Windsor, the son of an Indian-born mum and a British-born dad, the sight of a British-Asian actor on telly or the big screen was cause for celebration. Skip ahead and he's helping fill that glaring gap as the lead in Gurinder Chadha's new Bruce Springsteen-flavoured comedy-drama 'Blinded by the Light'. He plays Javed, a British-Pakistani teen whose newfound love of The Boss offers him a way out of his dead-end world ('80s Luton, rather than actual New Jersey). As the 21-year-old tells me, he's still pinching himself. 'It's been a whirlwind!'

**'Blinded by the Light' tackles themes – racism, nationalism, alienation – that feel really current. Did it feel like that making it?**

'It's set in 1987 with an Asian working-class family so you have to talk about race. There's a National

Front march in the film and when we filmed it, there were hundreds of people in the crowd. In the first take I was told to run through it and I just remember feeling absolutely terrified. I was just an actor on set, but I don't know how I would have coped being in that situation for real. It wasn't long ago that people got beaten up for looking like me.'

**Were there particular actors that inspired you growing up?**

'It was cool every time I saw someone brown on telly. Then I think back and these were probably really great actors but they were stamped into two-dimensionality. It was: let's give you a stupid pair of glasses and make you the butt of every joke. We're lucky, we can play more nuanced roles now.'

**Did you always want to be an actor?**

'I'm really only an actor because of my parents. I used to do impressions



at family dinner parties – I did a great Borat – and I guess they picked up on it. They'd suggest joining youth theatre groups. It's only due to them recognising that I liked it.'

**The director of 'Blinded by the Light', Gurinder Chadha, also made 'Bend It Like Beckham'. Was that a landmark film for you?**

'I think it was for everyone. If you're British-Asian, you know what that film is – and it's still ahead of its time.'

It's about a young British-Asian woman who loves playing football. There's something amazing about that generational culture clash.'

**Do you think this film could have the same impact?**

'I haven't thought about that but, yeah, I guess so. It's an odd time [laughs]. I went to get a haircut the other day and the tube doors opened to a picture of my face on the poster. It was so weird. I just giggled at it.'





## Blinded by the Light



**WHAT GURINDER CHADHA'S** 'Bend It Like Beckham' did for football, her effervescent latest does for Springsteen. And Sony Walkmans. And double denim. For viewers of a certain age – if you ever owned a Level 42 cassette, that's you – there's loads of easy '80s nostalgia to feast on. 'Blinded by the Light' is about connecting with music in a way that finds you a tribe and respite from your worries – even when they're as grave as the racist thug stalking you across your estate.

It's set in Luton at the mass-unemployment- and National Front-stained end of Thatcher's '80s, but Chadha gives it a sparky American-high-school-movie sheen and a Bruce-heavy soundtrack to banish the minor-key moments. Its hero, Javed (Viveik Kalra), is a British-Pakistani teenager who writes poetry, dreams of escape and gets his spirits crushed daily

by his ultra-strict dad. But when his new friend Roops (Aaron Phagura) chucks him a couple of Bruce Springsteen tapes, salvation arrives in the form of The Boss's uncannily relatable blue-collar anthems. 'Bruce knows everything I've ever felt,' he marvels.

Based on a book by journalist Sarfraz Manzoor (who also co-writes), it's peppered with the kind of loving details that can only be real. Javed's sister chops onions in swimming goggles, while it takes the whole family to jump-start his dad's old banger. His musical epiphany comes during the Great Storm of 1987, which has him spinning through the tempest, lost in The Boss's tunes. With the lyrics pinwheeling across the screen, it captures the exhilarating eureka moment of discovery. Like the film, it's a bit cheesy and extremely hard to resist. ■ *Phil de Semlyen*

### WHAT IS IT...

A British-Asian teen discovers the life-changing power of Bruce Springsteen.

### WHY GO...

Because you love The Boss (or, failing that, Level 42).

→ Director Gurinder Chadha (12A) 117 mins.

him and to the side so she could see his crow's feet moving when he was smiling. She asked him if he wanted to change anything and he said, "No, it's beautiful." He gave us the rights to his music for next to nothing.'

### Do you have a favourite track?

'I love "Growin' Up", and the harmonica at the start of "Thunder Road" is everything.'

### There's a lot of '80s gear in the film.

#### What did you discover that you'd want to incorporate in your life?

'I think some things are coming back, like record players. No, I'm quite happy with my life now.'

### So no double denim?

'Not in my personal life, no. But for the film it wasn't just double denim, it was quadruple denim: jacket, shirts, jeans and denim Converse.'

### Do you own any band T-shirts?

'I've got one: J Cole. That was the first concert I went to.'

### What are your acting ambitions?

'There's no set path. It might sound naive but I don't feel like I'm in competition with anyone because everyone has their own thing. I'm so flipping excited to see Himesh [Patel] in "Yesterday" and Mena [Massoud] in "Aladdin". It's so cool to see these brown faces all over.'

### What's your next movie?

'It's a sci-fi called "Voyagers". We're in space gear. No denim, this time!' ■

→ 'Blinded by the Light' opens Fri Aug 9.



By **Phil de Semlyen**  
Who was born to run... quite slowly, wheezing.

### There's a scene where your character sings 'The Promised Land' in a storm. What was that like to shoot?

'They were chucking black bags of leaves into these big wind machines. I got home at 4am and found bits of leaves under my eyelids. It's not as glamorous as it looks!'

### Did you get any feedback from Springsteen himself on the film?

'Yes, when Gurinder showed it to him in New York. She sat behind



FIVE OF THE BEST

# Things to see in August



## 1 'Woodstock'

It's a big month for concert docs: the Barbican has a season of them, culminating in DA Pennebaker's seminal 'Monterey Pop' on August 30. Fans of peace, love and Janis Joplin, meanwhile, should head to Rich Mix for a fiftieth anniversary screening of the Oscar-winning 'Woodstock'. It'll be a real trip.

→ 'Come Together: A Music Film Series' is at the Barbican until Aug 30. 'Woodstock' screens at Rich Mix on Aug 16.



## 2 'Pain and Glory'

Old pals Antonio Banderas and Pedro Almodóvar reunite for their sixth – and possibly best – collaboration. It's a sorta-autobiographical tale about a now-creaking director striving to rediscover his mojo. It promises lush storytelling, all the Spanish auteur's exquisite charm and a career-best turn from Banderas.

→ Opens Aug 23.



## 3 FrightFest

London's primo horror fest emerges from its crypt for five days of blood-curdling, eye-popping and, if we're lucky, skin-crawling joys. It'll be unleashing 78 films, including the Guillermo del Toro-produced 'Scary Stories to Tell in the Dark' and 'gator thriller 'Crawl'. Catch a few future cult classics early.

→ Cineworld Leicester Square and Prince Charles Cinema. Aug 22-26.



## 4 'Once Upon a Time in Hollywood'

Quentin Tarantino movies tend to streak through our firmament like comets, trawling controversies and a legion of sizzling hot takes in their wake. This surprisingly tender hymn to '60s Hollywood is no exception. It's headlined by actors – Leo and Brad – so famous, they could retire their surnames altogether.

→ Opens Aug 14.



## 5 'The Dark Crystal: Age of Resistance Exhibition'

Thra-II seekers should head for the South Bank for an exhibition tied into Netflix's new serialised take on mystical '80s puppet epic 'The Dark Crystal'. It'll either be a nostalgic experience or regression therapy, depending on how traumatised you were by Jim Henson's dark imaginings the first time around. ■

→ BFI Southbank, Aug 23-Sep 6. Free.

All the best movies to see in London at [timeout.com/film](https://www.timeout.com/film)



## BOOK NOW

# Open City Documentary Festival



With 70 films – more than half by female filmmakers – next month's doc fest covers mind-expanding topics ranging from Brazilian student politics in 'Election' to undercover policing in the construction industry in 'Solidarity'. Tickets are on sale now.

→ Various London venues. Sep 4-10. [www.opencitylondon.com](http://www.opencitylondon.com)

## ALSO OPENING

### NOTORIOUS →

★★★★★

Cary Grant to Ingrid Bergman: 'Dry your eyes, baby – it's out of character.' Is he kidding? These two are lovers and fellow US agents performing an elaborate tango of distrust in Hitchcock's swooning, often cruel 1946 masterpiece. Bergman is the free-living daughter of a Nazi, persuaded by Grant to abandon the high life in Miami and infiltrate Claude Rains's ugly set of conspirators in Rio. Bergman was never more radiant nor vulnerable. But Grant is the revelation in arguably his most atypical, troubled performance. *Timothy Sortie*



### PLAYMOBIL

★★★★★

This sugary toy spin-off feels like the product of a marketing meeting that spun wildly out of control. It tries to emulate 'The Lego Movie' franchise, only without the maverick wit that made it so great, as Anya Taylor-Joy's grumpy big sis and her younger brother are sucked into a Playmobil world. Cue encounters with Vikings, spies

and cowboys. The animation style has some charm and little people won't hate it. You might. *Phil de Semlyen*

### THE ART OF RACING IN THE RAIN

★★★★★

Even next to soapy canine fare like 'Marley & Me' and 'A Dog's Purpose', this dog-u-drama is dull and clumsy. Its hero is a golden retriever (voiced by Kevin Costner) belonging to a struggling racing driver. It takes an hour for the plot to kick in, and then you'll wish it hadn't. Not even a doggy hallucination scene involving a demonic soft-toy zebra salvages things. Bad dog. ■ *Dan Jolin*

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# Music & Nightlife

Edited by Oliver Keens  
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TIME OUT MEETS

## Friendly Fires

They're back, they're looking pretty damn sexy and they're ready to take dance-rock into a new era.  
Portrait *Andy Parsons*



**AS THE INDIE-ROCK** era of the noughties crumpled into the today's shuffle-friendly smudge of house, pop, funk and global grooves, Friendly Fires seemed poised to dominate. The St Albans band's first two LPs were ahead of the curve, with an incandescent sound that took in Brazilian samba, New York dance-punk and Chicago house. Helpfully, it sounded as good on radio as it did in clubs.

But then the fun stopped. Lead singer Ed Macfarlane hit burnout. The big festival slots went to others like Todd Terje or Disclosure. Their sweaty floral shirts were retired. Having played around 300 gigs in the five years between 2007 and 2012, the trio played five in the next five years.

Yet following some low-key comeback shows to shake off the rust, a sold-out rave-up at Brixton Academy last year was the sign that Friendly Fires were back. Now, new album 'Inflorescent' beckons too.

When we meet on a sunny day in Peckham, the band looks every bit a unified front. Recent singles 'Heaven Let Me In' – which cleverly switches from insistent verses to a hushed, filter-swept chorus – and 'Lack of Love' – a cover of Charles B and Adonis's 1988 acid house classic – are racking up serious numbers online and delighting audiences in the flesh. The trio are bubbly and unguarded in conversation, giving the impression that they are, quite simply, relieved to have found a way to make it all click again...

**'I'd never dream of doing scissor-kicks in a club'**

**You were flat out at a video shoot for 'Silhouettes' yesterday. Is this the first time you've done choreography that's not just...**

**Ed Macfarlane** '... Me being an idiot? Yeah. I've definitely got a newfound respect for anyone that dances for a living.'

**That energy release is more or less the band's calling card. Is it ingrained in you?**

**EM** 'Yeah, we definitely prioritise that over playing things technically perfect. Our finest moments never come when I'm overthinking things. But I mean, I'd never dream of doing scissor-kicks in a club. No one likes a show-off. After our show at Glastonbury, I was dancing





Keeping it lit Edd Gibson, Ed Macfarlane, Jack Savidge

really reservedly and someone tapped my shoulder and started breakdancing at me. He pointed to the floor and said, "Let's see what you've got!" I just sort of complimented him and turned away... quickly.'

**How easy is it to start all over again as a band?**

**Jack Savidge** 'I think it's good to be ambitious, but we are essentially starting again.'

**EM** 'It's not very good for your mental state if you're viewing life through a frenzied "We've got to get back to the top!" lens. Smaller venues bring this slightly punkish element, being in the thick of the crowd, seeing the whites of people's eyes, maybe having a pint

poured on my head or receiving some active distaste for what we are doing. I revel in that!'

**Were you guys able to stay friends while the band was on hold?**

**Edd Gibson** 'It took a period of decompression before becoming purely mates again – as opposed to a bunch of people that you see every day for nearly ten years.'

**EM** 'I needed a break from pop music and went completely the other way. I dropped a load of tour money on modular synths. It was a fun wormhole to fall down, but I missed music that was upbeat and celebratory. I had to break my ego, of wanting to be "challenging" and realise that what we do is important to lots of people.'

**Did you feel you were treading on sacred ground by covering 'Lack of Love'?**

**EM** 'We struggled with it at first. Audience patience is totally different watching a band, they need more bombastic action, compared to house music. No one is going to notice a fucking filter tweak when we're up there playing.'

**JS** 'No one is expecting you to top the original so it's fun to actually engage with these songs that have been super special to us for so long.'

**Do you loathe the way the indie press eats their young by building up bands, then knocking them down?**

**JS** 'I don't mind the way it played out this time. I suppose because

there was ambiguity, we have been welcomed back quite naturally. It feels like we've been welcomed back. Our Brixton shows, our biggest return, was really special and emotional.'

**EM** 'The crowds were probably the most clublike we've ever had. People weren't just looking at the stage, they were turning around with their friends and dancing and for some reason that felt really satisfying. It wasn't just all about us.' ■

→ Friendly Fires play the Roundhouse on Oct 30. 'Inflorescent' is out on Aug 16.



By Gabriel Szatan  
Who has no interest in eating his young (indie band or otherwise).



# GIGS AND CLUBS

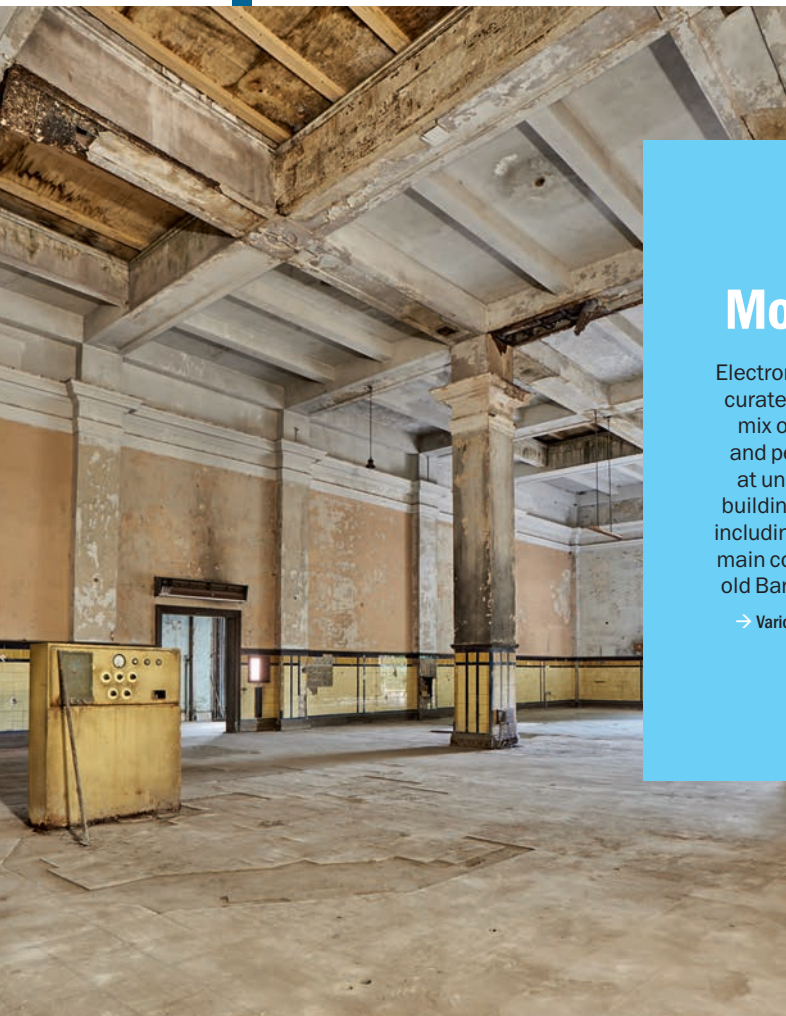
## Fontaines D.C.

After scoring a Mercury Prize nomination for this year's excellent debut album 'Dogrel', the Irish punks have booked their biggest headline gig yet. In the words of Yaz, the only way is up.

→ O2 Academy Brixton. Feb 25 2020.



Buy tickets at [timeout.com/gigs](https://www.timeout.com/gigs)



## Mode 2019

Electronica don Laurel Halo curates a super-intriguing mix of music, visual art and performance events at unusual and derelict buildings across London – including the remains of the main control building at the old Barking Power Station.

→ Various venues. Sep 18-Oct 6.

### I'm Not OK-Pop

This new weekly Saturday club night is dedicated to emo and K-pop – say it slowly and the name makes sense. Love BTS and MCR equally? Then find your tribe here.

→ O2 Academy Islington. Sat Aug 10.

### Fabric

The next phase of the Clerkenwell club's twentieth birthday celebrations sees Jamie Jones announce an all-day set, a rare performance from British Murder Boys, Laurent Garnier, Seth Troxler and more.

→ Fabric. Oct-Nov and ongoing through the year.

### Concrete Lates: 'Devil's Pie'

The Purcell Room hosts the UK premiere of hotly anticipated D'Angelo doc 'Devil's Pie', followed by a Q&A with director Carine Bijlsma. Stay on for a club night inspired by the 'Untitled' singer.

→ Southbank Centre. Aug 15.

### Antibalas: Respect to Aretha

The great Afrobeat band are joined by vocalists Bettye LaVette, Nona Hendryx, Alice Russell and more to pay homage to the great Ms Franklin.

→ Barbican. Sep 12.

### BluesFest 2019

The annual celebration of blues and soul has just announced a real coup: John Legend is playing his only UK show of 2019 at The O2. Meanwhile, Raphael Saadiq and Rickie Lee Jones will each be playing the more intimate IndigO2.

→ The O2 and IndigO2. Oct 25-27.

### A Celebration of Talk Talk and Mark Hollis

The sad death of Talk Talk singer and mercurial presence Hollis prompts this loving retrospective, featuring many TT members.

→ Royal Festival Hall. Nov 26.





19 November · London The O2

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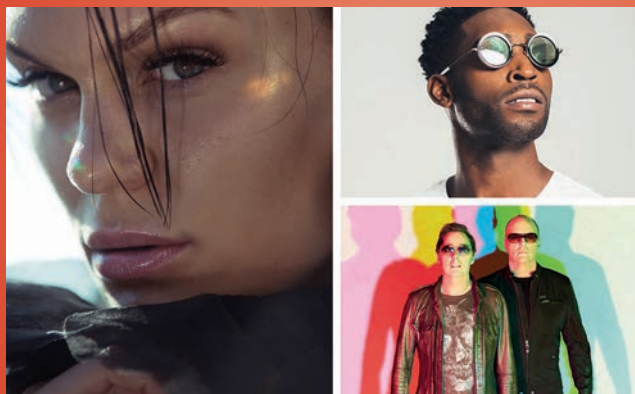




WHAT'S THE  
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**From the name, we're going with... rapper?**

You betcha. His name might be out of hip-hop 101, but Lil Baby's style and flow is anything but archetypal. He's no slacker with rhymes but like his Atlanta counterparts Young Thug and Future, Lil Baby's shtick is all about tinkering and toying with infectious melodic hooks over trap beats.

**What sets him apart?**

Oh boy, do I have a list for you. Well, he's already had three tracks in the Billboard Hot 100, two of them making the Top 10. He's shared tracks with rap phenoms Drake and Young Thug – and looked perfectly at home in the process. And he's signed to Quality Control, the home of Migos, Lil Yachty and Cardi B.

**Okay, you have our attention.**

It doesn't stop there! He just won Best New Artist at the 2019 BET Awards a couple of months back too, which alone is a pretty solid indication he's killing it.

**Are you saying we have no choice but to stan?**

Something like that! What makes it all the sweeter is that, for a while, the 24 year-old was heading down the wrong path in life but decided to invest his passion and time into music and we're all the better for it.

**One last thing: are his fans called 'Lil Babies'?**

Erm, no... I don't think so, sorry. But if you're sold on the Atlanta rapper, you're in luck – he's over in London gracing the O2 Academy Brixton and it's going to be rocking. ■ *Sam Higgins*

→ Lil Baby plays O2 Academy Brixton on Aug 21 and Reading Festival on Aug 23-25.

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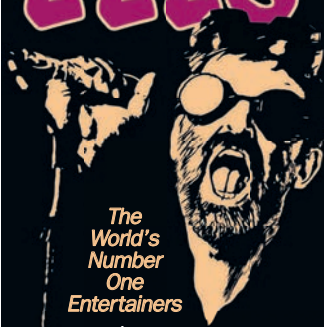
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# Theatre & Dance

Edited by Andrzej Lukowski  
 timeout.com/theatre @timeouttheatre



'The Indecent Musings of Miss Doncaster 2007'



'Boris Rex'



'Space Age Love Songs'



'Mantra'

# Camden Fringe

Head to this summer fest to find some of the weirdest theatre around – at bargain basement prices

## BoJo himself

London's most famous model-bus-maker/politician is coming to Fringe, whether you like it or not. **'Boris Rex'** is a political satire that uses hip hop and Shakespearian-style verse to narrate Johnson's unstoppable rise to power.  
 → Tristan Bates Theatre. ⊕ Covent Garden.  
 Until Sat Aug 10. £12.

## A bad-ass beauty queen

Crowned Miss Doncaster, Annabel York is determined to tarnish her tiara with this ballsy solo show. **'The Indecent Musings of Miss Doncaster 2007'** is a comedy about what happens when life doesn't go according to plan.  
 → Camden People's Theatre. ⊕ Warren St.  
 Tue Aug 6-Sat Aug 10. £12, £10 concs.

## A continent-spanning tour

Take a sideways glance at London with **'Tracing Erased Memories'**, a one-on-one guided walk with a high-tech spin. You'll be led through the streets by a Cairo-based guide who'll use smartphone footage to show the surprising way these two cities' stories overlap.  
 → Oscar Wilde statue. ⊕ Charing Cross.  
 Sat Aug 10-Aug 20. £8.

## A sexed-up sea story

Joseph Conrad's intense short story about a sailor who falls for a mysterious stranger gets a same-sex reimagining in **'The Geminus'**. It washes into Camden after making a splash at Brighton Fringe.  
 → Tristan Bates Theatre. ⊕ Covent Garden.  
 Mon Aug 12-Aug 17. £12, £10 concs.

## A trip inside a psychotic mind

Ever described something as 'crazy' or 'schizophrenic'? Find out what that really means with stigma-busting interactive show **'Virtually Reality'**. Set in an unsettling art gallery, it shows what it's like not to be able to trust your senses.  
 → The Taproom. ⊕ Highbury & Islington.  
 Mon Aug 12-Aug 18. £5.

## Brain-changing beatboxing

Chuck our yer crystals, Marv Radio's show **'Mantra'** is all about the healing power of sound. He's taught laryngectomy patients to beatbox, and now he's creating a magical noise bath that explores how sound can help us recover from trauma.  
 → Rada Studio Theatre. ⊕ Goodge St.  
 Aug 16-18. £10, £5-£7.50 concs.

## Radical London history

Hidden hippie enclave Eel Pie Island once rocked to the sounds of The Rolling Stones. New comedy **'A Slice of Eel Pie'** tells its surprising story.  
 → Hen & Chickens. ⊕ Highbury & Islington.  
 Aug 22-25. £8.

## Queer robo-romance

Get some intergalactic 'awws' with **'Space Age Love Songs'**. It's a dragged-up New Wave musical, set in a dystopian world where robots and humans can fall in love. ■  
 → Hen & Chickens. ⊕ Highbury & Islington.  
 Aug 21-25. £12-£15, £10-£13 concs.



By Alice Saville  
 Who's never made a model bus out of a wooden crate.

MANTRA: L'ANNE AUSAÏEF PHOTOGRAPHY



# Mr Gum and the Dancing Bear



**THE NT'S TRIUMPHANTLY** weird new musical is adept both at delighting kids and at giving adults regular icy shivers of horror. The Mr Gum of the title is basically the bloke from Roald Dahl's 'The Twits', but with a drink problem and a horrifying butcher in a bloodstained apron as a sidekick. His endless quest for beer leads him to kidnap a bear and force it to dance, while nine-year-old concerned citizen Polly tries to rescue his furry captive.

That's the plot out of the way; there's not much of it, which makes room for director Amy Hodge to have oodles of fun with the world of kids' author Andy Stanton's 'Mr Gum' books, with its misshapen language, impenetrable sayings ('the truth is a lemon meringue pie') and comic misunderstandings of the laws of physics. Grown-up actor Keziah Joseph's turn as Polly is sweetly convincing, especially when



## WHAT IS IT...

A new kids' musical based on a bestselling book series.

## WHY GO...

It's wonderfully, adorably messed up.

→ National Theatre, Dorfman. ↻ Waterloo. Until Aug 31. £15-£45.

she bonds with the titular bear; they sniff each other cautiously, then gambol and play, the only sincerely good beings in this warped world.

Jim Fortune's music captures all the not-quite-right-ness of Stanton's story in shudders of synthesizer, and musical saw. Its singalongs summon up the hard-knocks world of 'Oliver!' or 'Les Misérables'. The scene at the docks is a particular

masterstroke, with camp tattooed sailors and a confused strumpet wearing nipple pasties on her elbows. Georgia Lowe's design is full of exhilaratingly subversive touches like this, finding a perfect balance between lo-fi silliness and effects that turn the Dorfman's small stage into a place of wonder.

Think about it too hard and 'Mr Gum and the Dancing Bear' is quite

an old-fashioned thing, pitting the Good Child against the Undesirably Impure Adult in time-honoured Dickensian fashion. But it's also ready to subvert its heaviest moments with postmodern irony. A genre that, luckily, kids seem to embrace. They lap up this offbeat blend of bad-old-days violence, giant dancing doughnuts, and knowing, but expansive, joy. ■ *Alice Saville*

RICHARD DAVENPORT



Photo: Instagram/Kenton

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# Tree



**WHAT IS IT...**  
A joyful immersive show masterminded by Idris Elba.

**WHY GO...**  
For its lively party atmosphere.

→ Young Vic. ⊕ Waterloo.  
Until Aug 24. £10-£40.

**IDRIS ELBA'S SOUTH AFRICA**-set spectacular premiered at Manchester International Festival before transferring to the Young Vic, a venue led by its director and co-writer Kwame Kwei-Armah.

It follows Kaelo (Alfred Enoch), a young, moody, mixed-race Brit struggling to find his place in London after the death of his white South African mother. He decides to take her ashes to his stern Afrikaans grandmother Elzebe (Sinéad Cusack), and to find out about the father he's never met.

In many ways, 'Tree' is a very serious show. It sees Kaelo take an odyssey into black South Africa's troubled past and difficult present. But despite very solid performances from Enoch and Cusack, the script and characterisation are thin. The main purpose of 'Tree' seems to be to serve as a sort of joyous immersive spectacle, with lavish visuals and projections, a lot of dancing and plenty of Elba's music. It's sometimes hard to know whether it wants us to party or cry.

The show has also been engulfed by a scandal: writers Tori Allen-Martin and Sarah Henley wrote an impassioned viral blog post alleging that they were frozen out after years of work. It's possible that 'Tree' will be remembered as much for this trouble as for the show. It is an exhilarating piece of theatre, but its attempts to discuss serious stuff feel a bit too diffuse: its roots spread wide, but not deep. ■ *Andrzej Lukowski*



## NEW SHOWS

THE HOTTEST THEATRE OPENINGS THIS WEEK

### WEST END

#### Actually

A college hook-up goes wrong in this new play from Anna Ziegler ('Photograph 51').

→ Trafalgar Studios. ⊕ Charing Cross. Until Aug 31. £25-£30.

#### Evita

Acclaimed director Jamie Lloyd gives Lloyd Webber's sweeping, epic musical its first new London production in more than a decade.

→ Regent's Park Open Air Theatre. ⊕ Baker St. Until Sep 21. £25-£65.

#### Horrible Histories: Barmy Britain - Part Four

Based on the much-loved books, this show is full of gross-out, giggle-worthy stories from Britain's past.

→ Apollo Theatre. ⊕ Piccadilly Circus. Until Aug 31. £17-£36.50.

#### Matthew Bourne's Romeo and Juliet

This summer's hottest ballet is the latest from hit factory New Adventures. It's a fresh, youth-led take on Shakespeare's doomed romance.

→ Sadler's Wells. ⊕ Angel. Wed Aug 7-Aug 31. £15-£69.

### OFF-WEST END

#### Go Bang Your Tambourine

A Salvation Army drama by Yorkshire writer Philip King.

→ Finborough Theatre. ⊕ West Brompton. Tue Aug 6-Aug 31. £18-£20, £16-£18 concs.

#### Hunchback of Notre Dame

A kid-friendly romp through Victor Hugo's story, unfolding in the pretty gardens of Covent Garden's Actors Church.

→ St Paul's Church. ⊕ Covent Garden. Until Sep 1. £20, £14 concs.

#### Showtune

This jazzy musical is an all-out celebration of 'Hello Dolly' composer Jerry Herman.

→ Union Theatre. ⊕ Southwark. Wed Aug 7-Aug 24. £22, £15-£20 concs.

#### This is Black

Masterminded by Steven Kavuma, this showcase for black writers creates a buzzing fringe-style atmosphere around four new plays.

→ The Bunker. ⊕ London Bridge. Until Aug 25. £12, £10 concs.

## TOP-SELLING TICKETS

ATTIMEOUT.COM/TICKETS

#### 1 Sh!t-faced Shakespeare: Hamlet

Boozed-up, Bard-based hilarity from the hit troupe.  
→ Leicester Square Theatre. Until Sep 14.

#### 2 The Night of the Iguana

Clive Owen stars in this sultry Mexico-set classic.  
→ Noël Coward Theatre. Until Sep 28.

#### 3 Equus

Ned Bennett's searing update of Peter Shaffer's play.  
→ Trafalgar Studios. Until Sep 7.

#### 4 The Wolf of Wall Street

Immersive banking fun.  
→ Secret location. Sep 5-Jan 19 2020.

#### 5 Come from Away

The wholesome hit musical.  
→ Phoenix Theatre. Until Feb 15 2020.

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Sing songs from smash-hit musical 'Waitress', accompanied by Lucie Jones. Tickets to this epic karaoke night are just £45.

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# Art

Edited by Eddy Frankel  
timeout.com/art @timeoutart

SHOW OF THE WEEK

## Jack Latham: 'Parliament of Owls'



**THE PHRASE 'OLD BOYS' CLUB'** might have been coined about California's Bohemian Grove. It's an adult summer camp established by the exclusive Bohemian Club, founded in 1872. Its membership is all male and has included numerous US presidents, plutocrats, bigwigs and what used to pass for influencers before that role was taken over by 14-year-olds with iPhones. Trump has never been invited, apparently. Nazi scientist Wernher von Braun was, though. It's that kind of place – snobby. Its symbol is the owl (presumably because owls are wise, not because they have big faces and are murderous), which gives this show by photographer Jack Latham its name.

JACK LATHAM. COPYRIGHT THE ARTIST. COURTESY THE ARTIST AND T.J. BOULTING.

**WHAT IS IT...**  
Photographs exploring the hidden side of power.

**WHY GO...**  
Latham's work is serene, beautiful and very smart.

→ TJ Boulting. ↻ Goodge St.  
Until Aug 17. Free.

As much as Bohemian Grove is a secretive playground for men portly enough to know better, its existence is a metaphorical one for conspiracy theorists. Latham is attracted as much by the fascination it holds for people as the place itself. The Grove declined to let him in; the conspiracy theorists weren't keen either. So what emerges in this show is a negative space, with Bohemian Grove the ever-present but unseen centre. Latham shoots the towering redwood forest and local people, but also suggestive scenarios: a glade with rows of school benches; a 1950s-style stage with silver curtains. If that sounds very David Lynch, Latham's got there first, convincing a local cinema to put the "Twin Peaks" quote "The owls

are not what they seem' on its marquee. Then there are nods to the wackos: cabins papered with reports of the Waco shootings, a man dressed as the 'Phantom Patriot' with a skull mask and a crossbow, the costume which Richard McCaslin was wearing when he broke into the Grove in 2002. Is it really him, though?

Many of Latham's photographs are beautiful: their black-and-white serenity imbues them with an otherness. But it's their collective impact that is so compelling. Whether or not Bohemian Grove really is the private members' club that runs the world, its Oz-like theatricality remains elusive, and maybe that's what real power looks like. ■



**By Chris Waywell**  
Who thought this exhibition was a hoot.



# Five London galleries in weird spaces

Forget the hallowed white-walls of most London galleries and head to these unusual spaces dotted around the city for a totally different art experience instead

## The one in a hairdressers

Busy day? Get a haircut while you contemplate works of art at **DKUK**, a colourful salon that doubles as a gallery in Peckham, founded in 2014 by hairdresser-turned-artist Daniel Kelly. Mirrors have been replaced by art, allowing clients a good long stare at the ever-changing walls – a captive audience if ever there was one. Kelly estimates that 70 percent of their visitors don't usually go to galleries, so he's using the familiar, welcoming atmosphere of the salon to help art take root.

→ DKUK, Peckham Rye Overground. Free.



## The one in a pub basement

Tucked away in the basement of The Haggerston pub on Kingsland Road is **Lungley**, a pint-sized space dedicated to some of the best contemporary art the capital has to offer. The unsuspecting after-work crowd upstairs might be surprised to find anything from a rainbow ball pit to an oversized polystyrene chain down below. Opened just last year and with a focus on UK-based emerging artists, it offers some additional refreshment when a large glass of house wine just won't do.

→ Lungley Gallery, Haggerston Overground. Free.



## The one in a toilet

Don't get caught with your pants down at **The Bower**, a gallery housed in a former bog. The derelict toilet block has been transformed into a gallery with a feminist slant to its programme, while the old park keepers hut is now a cafe. It offers exhibitions and events, including a weaving workshop and film nights, as well as producing books with artists and writers on site with a Riso printer. No need to wash your hands after visiting.

→ The Bower, Denmark Hill Overground. Free.

Want more? Find it at [timeout.com/art](http://timeout.com/art)

DKUK IMAGE COURTESY DKUK; PHOTO © JIM STEPHENSON; LUNGLEY GALLERY IMAGE MICHAEL PYRIS/INSTALLATION VIEW COURTESY THE GALLERY; COPYRIGHT THE ARTIST; DAVID SHRIGLEY SKIP GALLERY PHOTO COURTESY THE GALLERY; COPYRIGHT DAVID SHRIGLEY; THE BOWER IMAGE COURTESY AND COPYRIGHT THE GALLERY; BANNER REPEATER PHOTO AMI CLARKE





### The one in a bin

Perfectly portable, as well as a comment on the cycle of waste and renewal in the capital, **Skip Gallery** is housed in a big yellow skip that has popped up in locations as diverse as Hoxton Square and Selfridges. The irony of chucking a load of artworks in the bin is not lost on the artist duo behind the project, Catherine Borowski and Lee Baker, who have invited such names as David Shrigley and Gavin Turk to collaborate on site-specific art.

→ SKIP Gallery. Various locations. Free.



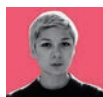
ASTRONAUT EDWIN ALDRIN WALKS ON LUNAR SURFACE NEAR LEG OF LUNAR MODULE - COURTESY NASA

### The one on a train platform

Passengers awaiting their next train at Hackney Downs are unlikely to find themselves mindlessly scrolling Instagram. **Banner Repeater**, located on Platform one, is an experimental project space and bookshop offering free exhibitions to commuters travelling through the station. Run by artist Ami Clarke, and with a publishing imprint and reading room to boot, the gallery turns ten

next year. Meanwhile, an upcoming initiative to digitise its artists' publishing archive is sure to bring more new visitors to the gallery than even the daily rush-hour crush. ■

→ Banner Repeater. Hackney Downs Underground. Free.



**By Louise Benson**  
Who once saw art in a fridge and thought it was pretty cool.

## Wong Ping: Heart Digger

"This is genuinely brilliant." ★★★★★ Time Out

"A great deal is happening beneath the psychedelic coloured surface of Wong's animations." ★★★★★ The Guardian

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# Museums

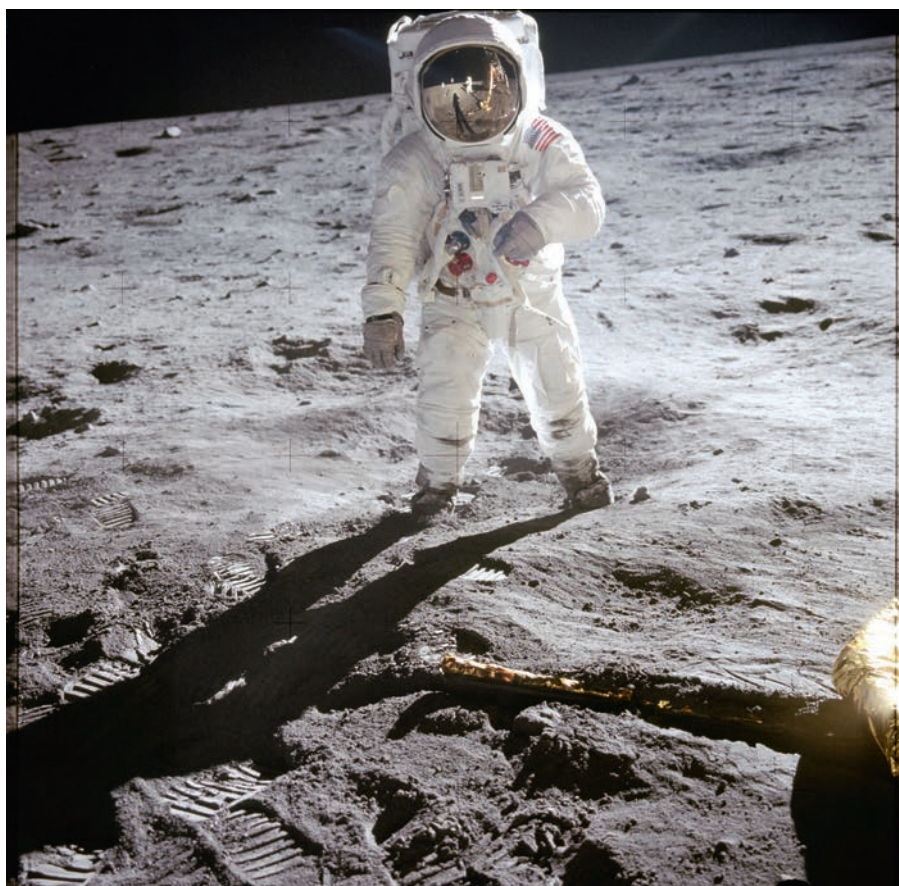
Edited by Eddy Frankel  
timeout.com/museums

## 'The Moon'



**FIFTY YEARS AFTER** we landed on the moon, the Maritime Museum's wide-ranging yet accessible exhibition forms a gentle reminder of just how remarkable space travel is – and burnishes our sense of wonder at our nearest neighbour.

In dim or cool blue rooms, to the strains of Debussy's 'Clair de Lune', the exhibition takes us from ancient superstitions about the moon to the future of human settlements up there (still not looking like very cosy, tbh). On the way, and over 180 objects, it charts the scientific developments that allowed the moon to be observed, mapped, photographed and eventually visited. But the show also looks at the moon's symbolic



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importance in early medicine, religion, fine art and pop culture.

What's striking is how far the analytical and the aesthetically pleasing overlap: charts, maps and photographs of the moon don't seem dry, they seem beautiful. From a 1540 hand-coloured chart forecasting illness according to the phases of the moon and highly covetable dials and globes to a huge and a detailed hand-drawn map of the sphere, squiggling and swirling with fine lines, there are some very pretty exhibits here. The latter was made, astonishingly, by an amateur – Hugh Percy Wilkins – in 1951. He's not the only keen bean: some of the early, often very lovely, astrophotography was also by amateurs.

Things kick up a gear as we leap forward into the twentieth century, and the exhibition looks lightly at the politics and the giddy scientific advances of the Space Race.

Striking Soviet propaganda posters sit alongside proud American magazines and an extremely ugly commemorative Wedgwood plate; there are photographs, flight plans and equipment from actual Apollo missions.

The final section asks who owns the moon, and looks ahead – a little uneasily – at future projects planned by China, India, Japan and Israel as well as the US, and interest from corporations in the moon as a potential mine of valuable resources. A return to the planet by humans is predicted in the next 15 to 30 years. In the meantime, this exhibition will do nicely. ■

Holly Williams

### WHAT IS IT...

Room after gorgeous room looking at the big ball of cheese in the sky.

### WHY GO...

Space is endlessly fascinating, and this makes the moon feel tantalisingly close.

→ National Maritime Museum, Greenwich DLR. Until Jan 5 2020. £10, £5 concs.



# Food

Edited by Tania Ballantine  
timeout.com/eatdrink @timeouteatdrink



RESTAURANT OF THE WEEK

**JUST WALKING DOWN** the street towards Orasay, I had a hunch I was going to like it. A summer's evening, it had been raining, but the air was warm, and the front of this Ladbroke Grove restaurant had been completely flung open. You could see all the way in, to a room full of people having a good time: couples on dates, gaggles of mates. Near the entrance, one table were laughing with their waiter. 'Perhaps they're regulars', thought I. Not so: we too were welcomed, as we arrived, like cherished friends.

Inside, the room is stylish, but unfussy. The plain walls are hung with modish prints, plus a couple of canvases. In the middle, there's a service bar, where that waiter now stands, polishing glasses. The ceiling is clad in what looks like floorboards. There are no tablecloths, but there are proper napkins. In short, it's JSE: Just Smart Enough.

Like the decor, there is a quiet confidence to the menu. Orasay is the first solo venture from chef Jackson Boxer (he of St Leonard's and Brunswick House, both

successful collaborations with fellow chef Andrew Clarke). The food here is simple, but interesting.

For snacking, there were four nuggets of skinless, boneless chicken thighs, under a two-tone layer of thick, shimmering sauces, the flavours oscillating from sweet and salty, to vinegary, to just a little bit charred. Double thumbs up.

As beautiful to eat – and prettier to look at – was a plate of summery grilled peaches with burrata and prosciutto. The fruit was sweet but firm, the orb of cream-centred

cheese spilling its milky-white innards as you cut into it. Layers of prosciutto were draped over the top, along with casual dollops of salsa verde, bringing the whole dish together into an umami embrace.

There was a citrusy cod roe, smothered with chopped chives and spread over a thick deep-dish-esque disc of potato bread. My only grumble? Too much bread, not enough roe. Please fix, Mr Boxer. A more serious slip-up was a bowl of egg noodles with smoked eel, shrimp and lardo. The noodles were deliciously firm, but

## WHAT IS IT...

A smart-casual neighbourhood restaurant from chef Jackson Boxer.

## WHY GO...

The brown bread ice cream with popcorn: a £5 holy grail of puds.

→ 31 Kensington Park Rd, W11 2EU. ↻ Ladbroke Grove.

# Orasay

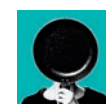


if you're going to make a creamy sauce with that many naturally brackish ingredients, you really need something sharp or fiery, for balance.

But as soon as dessert arrived, we forgot and wholeheartedly forgave. A small metal cup was set down, beads of condensation glistening on its chilly sides. It looked like the Holy Grail. And though it didn't quite contain the elixir of eternal life, its contents came close enough: a shower of chewy, crunchy morsels of toasted popcorn over a sweet-salt brown bread ice cream. Sublime.

Orasay is an easy place to like, from its affable staff to its laid-back interiors and chilled retro soundtrack (the Walker Brothers, Carly Simon). It's already attracting a fun-loving, fashionable crowd. And looks set to stay that way. ■

*Tania Ballantine*  
**Dinner for two with drinks and service: around £115.**



By Tania Ballantine  
Who likes creepily peering into restaurants.



# Goods Office



**DESPITE ITS LOW-KEY** location – a triangle-shaped corner spot in a residential stretch between Stroud Green and Crouch End – Goods Office always seems to be busy. The all-day eatery is buzzing right from the early morning – when local freelancers turn up to take advantage of their croissant, wi-fi and unlimited coffee for a tenner offer – to the evening, when I can only assume it's full of commuters who've stepped off the W3 bus right into happy hour.

Sitting outside under a string of festoon lights on a warm summer's evening, you can certainly see the appeal. The drinks were cool, Wimbledon was playing (ever so quietly) inside and, recognising familiar faces, tables were turning around to greet one another.

There's a brunch menu served until 5pm, but the evening is all about small plates. Both the 'ugly



**WHAT IS IT...**  
A buzzy local joint in a street-side Crouch End spot.

**WHY GO...**  
To watch the world go by.

→ 1-3 Ferme Park Rd, N4 4DS. Crouch Hill Overground.

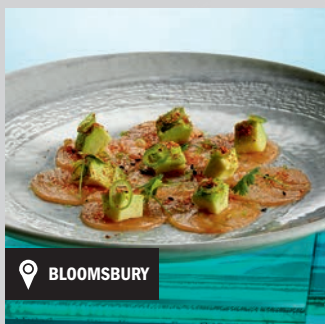
fish goujons' and the jalapeño and cheese croquettes were well-seasoned and moreish. The mac and cheese was, as we'd hoped, both heavy and soothing, while a plate of fried chicken satisfied our need for something hot and indulgent. Other dishes needed tweaking: our halloumi was swimming in way too much honey, while a green salad was similarly drowning in oil and salt.

We finished off with a Pimms-inspired cheesecake, which, like the rest of the meal, was solid, if not sensational. On the whole, Goods Office serves the kind of comfort food you'd be pleased to eat at a dinner party. Which is pretty fitting as, if you're local, you're likely to end up chatting to your neighbours. ■  
*Ellie Walker-Arnott*  
**Dinner for two with drinks and service: around £85**

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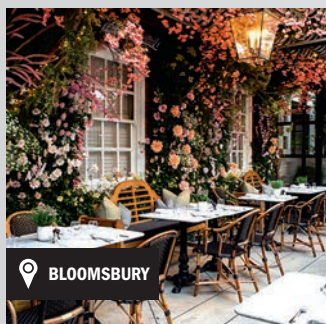
# Going out? Try here.



BLOOMSBURY

## BLOOMSBURY STREET KITCHEN SAYS:

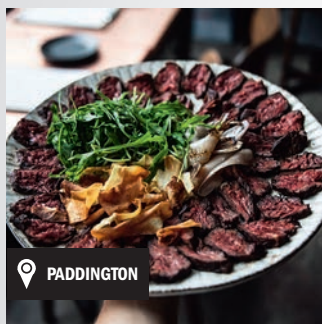
'Embracing the art of shared dining in London's West End, discover a modern, day-to-night restaurant and bar that showcases a selection of contemporary Mediterranean and Japanese small plates. Officially opening on August 10, the spot will offer guests 50 percent off food from August 10-14.'  
9-14 Bloomsbury St, WC1B 3QD.



BLOOMSBURY

## DALLOWAY TERRACE SAYS:

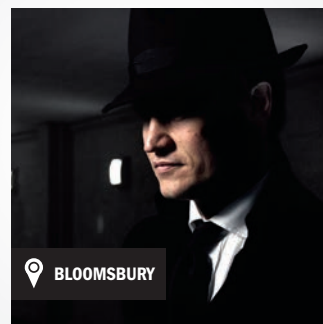
'We are offering Londoners a taste of summer in the English countryside at our 'Dalloway Summer Estate' in partnership with Ramsbury Distillery. Guests will visit our renowned terrace, complete with its striking floral installation and refreshing cocktails.'  
The Bloomsbury Hotel, 16-22 Great Russell St, WC1B 3NN.



PADDINGTON

## VAGABOND WINES SAYS:

'Our seasonal menu now serves breakfast through to dinner. More than a regular wine bar, try starting the day on the canal-side with a coffee and healthy breakfast, or wind things down with some sharing plates that have been curated to accompany our collection of more than 120 wines.'  
6a Sheldon Square, W2 6EZ.



BLOOMSBURY

## AGENT NOVEMBER SAYS:

'Enjoy a live escape game on the streets of London! Your team of detectives must meet a mysterious agent at a pre-arranged rendezvous to receive your initial briefing. Then, you have 60 minutes to solve the puzzles and save the day. Three missions are available, all at secret locations in Bloomsbury.'  
3-16 Woburn Place, WC1H 0ND.



## THREE OF THE BEST (North) American restaurants



### Malibu Kitchen ★★★★★

The menu of this slick Californian-inspired restaurant doubles up as a fun game of superfoods bingo. Curly kale salads? Check. Chia seed flatbreads? Check. But what makes Malibu Kitchen stand out is that it all actually tastes good. Bingo!

→ 27 Poultry, EC2R 8AJ. ☺ Bank.



### Passyunk Avenue ★★★★★

This Philadelphia-themed diner serves classics like ribeye cheese steaks and tender roast pork rolls. The decor is on point too, with walls covered in vintage sports posters. It's as close as you can get to a dive bar without crossing the pond.

→ 80 Cleveland St, W1T 6NE. ☺ Great Portland St.



### Smokestak ★★★★★

This former pop-up trader peddles meat like it's going out of fashion. Try the crispy ox cheek or brisket brushed with sticky barbecue sauce. Just order lots of daikon slaw: you'll need a palate cleanser after all that bone-marrow butter.

→ 35 Sclater St, E1 6LB. Shoreditch High St Overground.

MALIBU KITCHEN AND SMOKESTAK: ANDY PARSONS

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# Drink

Edited by **Laura Richards**  
timeout.com/bars @timeouteatdrink

## BAR OF THE WEEK

# Ladies & Gentlemen Camden



**DIVE BARS ARE** the best bars: down and dirty spots for a bit of fun. And it doesn't get more down and dirty than a former public toilet. William Borrell, founder of Vestal Vodka, already has one watering hole in a WC, Ladies & Gentlemen in Kentish Town. Now he's branched out to bar number two (so to speak): cocktails in the conveniences by Camden Road station.

Look out for the lightbox and follow the stairs down to a tight space with room for 45 (at a squeeze, I'd say). Pavement lights cast a twilight tinge from above, illuminating distressed wooden floorboards and concrete. As it gets darker, candles and a few wall lamps show off the room's wood panelling and ultramarine seats – it's surprising just how well these lavs have scrubbed up. It was quiet when we visited and our bartender seemed frustrated to have to keep us company underground. But she warmed up with some solid drink suggestions and we were eventually joined by locals in to spend a penny.

It's all about cocktails, with a list of 12 to choose from. These included Margaritas and Martinis, or more forgotten numbers, like the Aviation, a tantalising purple cocktail whose parma violets flavour won't be for everyone – but at least it'll send your followers into a digital frenzy. Other drinks, like my Paloma, were competently made and served in posh glassware with popcorn on the side. Maybe it's not so divey after all. And now Borrell is producing a CBD-infused rum, the cocktail menu is due some mellow twists. Mind you, Camden's bogs have presumably seen it all before. ■ *Laura Richards*

### WHAT IS IT...

A Camden cocktail bar in a former public toilet.

### WHY GO...

For a cheeky drink on a very adventurous date night.

→ 213 Royal College St, NW1 0SG. Camden Rd Overground.



## DRINK THIS

### Man v Machine Negroni



Alcohol and heavy machinery don't tend to mix that well. Trying to disprove the theory is Makr Shkr, the world's first robotic bar system. It's at the Barbican as part of its 'AI: More Than Human' exhibition and, tomorrow night, it's going head-to-head with bartenders from some of London's best bars. Negronis will be judged on taste, speed and appearance in a man v machine battle. Although, if they're mixing us drinks, I for one welcome our new robot overlords. ■ *Laura Richards*

→ Barbican Centre, Silk St, EC2Y 8DS.  
☉ Barbican. Wed Aug 7. Free entry. Drink £7.

MAKR SHKR: TRISTAN FEWINGS; GETTY IMAGES FOR BARBICAN CENTRE; LADIES AND GENTLEMEN: ANDY PARSONS



## THREE OF THE BEST

# Summer taprooms

GIPSY HILL TAPROOM: EMMA GUSCOTT; HACKNEY CHURCH BREW CO: SUSANNAH ALLTIMES



### Gipsy Hill Taproom

If you're not drinking beer on an industrial estate, is it even summer? The fans of this south-east taproom spill out into the car park, occupying picnic tables and chowing down on street food as they work through the brilliant beer on the lines.

→ Unit 8, Hamilton Rd Industrial Estate, 160 Hamilton Rd, SE27 9SF. Gipsy Hill rail.



### Hackney Church Brew Co

Check out this taproom-in-a-railway-arch for its charmingly pubby, walled beer garden. It's a great spot from which to sample the east London brewery's extremely drinkable range. And grub from London barbecue crew Lagom seriously suits a summer session on the ales.

→ 16 and 17 Bohemia Place, E8 1DU. Hackney Central Overground.



### Pressure Drop Brewery and Taproom

Crowds too much at neighbouring Beavertown? Head deeper into this Tottenham industrial park to find Pressure Drop. The large warehouse has a compact bar and, out the front, rows of benches are teeming with beer bods enjoying its output.

→ Unit 6, Lockwood Industrial Park, Mill Mead Rd, N17 9QP. ⇨ Tottenham Hale.



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# Escapes

Edited by Ellie Walker-Arnott  
timeout.com/daytrips



A perfect day in

## Brighton

Party vibes, vintage threads and vegan delights

**THE OG SEASIDE RESORT** almost needs no introduction. A Regency playground turned hippy paradise and the launchpad for big beat in the 1990s, today it's world famous for its nightlife, welcoming LGBTQ+ communities and vegan scene. It may be less than an hour from London, but visiting always makes you feel like you're on holiday. The ultimate day-trip destination? There's only one way to find out.

### First up

Hit **the beach**, obviously. Brighton's pebbly one ticks all the boxes: you can lounge in a deckchair, rent a kayak or even go for a paddle during lifeguard season. Thirsty afterwards? **Lucky Beach**, tucked away under an arch, has great coffee, pink sparkling sangria and ocean views.

### Stop for lunch

Head for **Smorl's**, a vegan houmous and falafel bar in the Open Market which specialises in loaded pitas and ace salad boxes. Still hungry? Sample a scoop or two of dairy-free 'Nutellesque' ice cream at **Boho Gelato**.

### Soak up the vibes

**The Lanes**, a network of narrow, higgledy-piggledy shopping streets, are independent-minded Brighton at its best. Don't miss the bohemian **North Laine** area for street stalls, crate-digging at **Resident Music** (local resident Nick Cave is apparently a fan) and vintage gems at flea market **Snoopers Paradise**.

### Get a culture fix

Cross the road in front of the flamboyant **Royal Pavilion** to catch a show at **The Marlborough** (known to its many friends as The Marly), a pub-slash-theatre with a focus on trans, non-binary, intersex and gender-variant talent that's hosted the likes of performance artists Travis Alabanza and Emma Frankland.

### Drink up

Get stuck into the mighty selection at **The Brighton Beer Dispensary**, which showcases plenty of local brews, as well as wares from the likes of Bristol's Left Handed Giant and Hackney's Five Points Brewing Company. ■ *Emma Hughes*

### IF YOU ONLY DO ONE THING

Promenade on the Grade II-listed **Palace Pier**, which opened in 1899 and is made up of a staggering 85 miles of planking. Chips are the traditional accompaniment to a stroll along it – but watch out for the seagulls...

### WAKE UP HERE

## Quirky Town House



Spend the night in a house as bold and creative as Brighton is. This light-filled three-bed terrace is a short stroll from the seafront and surrounded by bars, cafés and the cries of the city's well-fed seagulls. It was decorated by owner and London-based dress designer Coco Fennell so, no surprise, it's a total beaut inside. Step past the pineapple door knocker to find neon artworks, bold prints, vintage velvet cinema seats and quirky fabrics. Bagny the pink room, decked out in candy-stripe wallpaper, to feel like you're snoozing inside a stick of rock.

*Ellie Walker-Arnott*

→ Brighton, East Sussex. £155 a night.  
[www.airbnb.co.uk](http://www.airbnb.co.uk)

→ Get there: 53 minutes by train from London Victoria to Brighton; around one hour 30 minutes by car.



## Escapes



Don't miss

## Seeing it Differently

**WE ALL NEED** to let our hair down from time to time, and the folks at Norwich Cathedral are no exception. In fact, they're showing us how it's done this month, by installing a 50ft helter-skelter in the medieval building's nave.

The idea is that by scaling the traditional pepper-pot-shaped slide, visitors will gain a different perspective on the cathedral – namely, its grand ceiling.

It's part of a ten-day festival which invites people to engage with the cathedral in new ways. They're hoping it'll spark conversations about religion, of course, but they're keen for people of all faiths to come and have fun. Just wanna whizz around on a hessian sack? They'll probably let it slide. ■ *Lucy Lovell*

→ Seeing it Differently, Norwich Cathedral. Aug 8 - 18. Free entry, £2 per person for the helter-skelter. [www.cathedral.org.uk](http://www.cathedral.org.uk)

## LEAVE LONDON FOR

## The best museum in the UK



**IT WOULDN'T BE** unreasonable to assume that London is home to the best museums in the UK. But – surprise! – the cultural space you're going to want to visit this year is an open-air historical museum in Wales.

St Fagans National Museum of History was recently named Museum of the Year 2019 by the Art Fund. And we can totally see the appeal. It's made up of more than 40 historical buildings from

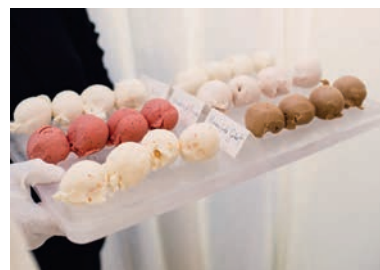
across Wales that have been rebuilt in 100 acres of lush green space. You'll find a perfectly restored Victorian school, an Elizabethan manor house, a 1920s grocery shop, and an extremely fancy urinal.

Time to ditch your phone and pretend it's the olden days. Sounds *bendigedig* (brilliant) to us. ■ *Ellie Walker-Arnott*

→ St Fagans National Museum of History, Cardiff. Free. [www.museum.wales/stfagans](http://www.museum.wales/stfagans)

## THREE OF THE BEST

## Ice-cream parlours



### Jack's Gelato Cambridge

Ice-cream obsessive Jack has been seeking perfection in a scoop since 2010, serving grown-up flavours like burnt sugar and salt, and more than a dozen different types of vanilla, from his tiny parlour in Cambridge. Expect queues out the door from the elegant little shop.

→ [www.jacksgelato.com](http://www.jacksgelato.com)



### Solley's Ice Cream Deal

There are four generations of experience at Solley's, where the ice cream is worth camping out for. At the farm-based parlour, expect traditional flavours and crowd-pleasers like strawberries and cream and rum and raisin. You can even pitch a tent in the lush farmlands for a full rural getaway.

→ [www.solleysicecream.co.uk](http://www.solleysicecream.co.uk)



### Swoon Bath and Bristol

This small-batch gelateria churns low and slow for extra creamy Italian-style gelato, with carefully sourced ingredients: pistachios from the slopes of Sicily's Mount Etna and Neapolitan coffee. Scoff from a cone, or enjoy sandwiched in a dainty macaron for a classy ice-cream fix. ■ *Lucy Lovell*

→ [www.swoononaspoon.co.uk](http://www.swoononaspoon.co.uk)

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