Bread winners

The rising stars of London’s latest loaf affair
Essential Aroma

The earthy sweet aroma of oregano has the power to transform any dish it’s in. But it is delicate, and great care must be taken to preserve the essential oils. We only source our oregano from Mediterranean growers who carefully pick and gently dry each crop to help our oregano keep more of that unmistakable flavour, aroma and colour.

Schwartz

SPICE UP YOUR SENSES
Inside

This week’s Time Out
in no time at all

Art therapy
Surrealism meets psychoanalysis
in Grace Pailthorpe and Reuben
Mednikoff’s career-spanning show

Big night out
If you’ve a birthday coming up or want
to dine out en masse, try our list of
restaurants that are great for groups

Starter for ten
Nerdy about northern soul? Heavily into
horror? Fanatical about football? We’ve
found the super-niche pub quiz for you

There is nothin’
like a dame
Maggie Smith is back on the London
stage (12 years after retiring from it!) in
Nazi drama ‘A German Life’

Working 9 to 5
Doggy Dior model Dolly Pawton
and her fellow pampered pooches
squeeze us into their busy diaries

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April 23 – 29 2019 Time Out London
Since that fateful day when a bright young spark somewhere (probably under a railway arch in east London) added smashed avocado to a piece of artisanal toast, the hip loaf has risen and risen. Seedy, cultured, crusty, sweet, sour, gluten-free, boiled, or unleavened: we love those loaves. This week, feast your eyes on the very best bread in the city. And, like all the best local food trends, it’s stolen style, skills and influences from all over the planet. (Oh, and yes, we know that avo on toast comes from Down Under, not out east. Thanks, Australia!)

YOU SAID IT

What you’ve been rating and hating online

The internet caught fire with London-based celebrations of the final season of ‘Game of Thrones’. Contrary to popular belief, though, a selfie with the Iron Throne won’t get you a Super Like.

‘Great. Now MORE men can have that photo on their Tinder profile.’

Ethan S via Facebook

We put a beautiful photo on our Instagram of an immersive soundbath, with ceremonial pu’er tea. There was a lot of love for it. And a few reservations.

‘So relaxing, I’d be up for this. I’ll drop the tea, though, and we don’t hug anyone, right?’

Angiedmarco via Instagram

News of a ‘Detective Pikachu’ pop-up in London sparked tons of interest from you. But we’re worried that there aren’t enough Pokémon Go medals in the world to get this reader what he wants.

‘I only really care if there’s a medal that means I get a night with Ryan Reynolds.’

James M via Facebook

A video we posted of a London ceramic dildo workshop went down (oo-er!) a treat on Facebook. We’re not so sure your old cock crottery will do the same on TV.

‘Imagine taking that on “Antiques Roadshow” in 30 years’ time.’

Rebecca T via Facebook

One of our most popular videos last year was of ‘The Monster, a giant inflatable obstacle course for adults. Well, it’s coming back. We shared a new vid, and some of you saw troubling personal parallels in it.

‘This looks like a literal version of the next few months at work. Maybe we should do it as a team event to celebrate after.’

Nick F via Facebook

We really hope you’ve got it all blown out of proportion, Nick. If not, this is probably a good time to be looking for a new job rather than planning team-building exercises.

COMMENT OF THE WEEK

Hello, London

Caroline McGinn
Global Editor-in-Chief
@carolinemcginn

Bread winners

The rising stars of London’s latest loaf after
“Unbeatable zoom on a smartphone camera”

“Arguably the best flagship phone in 2019”

“The very pinnacle of technological innovation”
The Used Car Event.
11th–30th April.

For a limited time enjoy 2 years' warranty,† up to 2 years' MOT cover, 2 years' roadside assistance and 2 services included.‡ Available on Solutions Personal Contract Plan.*

Pick your favourite before it's gone.

*At the end of the agreement there are three options: i) pay the optional final payment and own the vehicle; ii) return the vehicle: subject to excess mileage and fair wear and tear, charges may apply; or iii) replace: part exchange the vehicle. With Solutions Personal Contract Plan. Minimum balance to finance £5,000. Maximum mileage at end of contract is 120,000 miles. 18s+. Subject to availability and status. T&Cs apply. Offer available between 11th–30th April 2019 on used car sales between 90 days to 60 months only. Excludes electric vehicles. Participating Retailers only. Indemnities may be required. Offers are not available in conjunction with any other offer and may be varied or withdrawn at any time. Accurate at time of publication 04/2019. Freepost Volkswagen Financial Services. †2 years' warranty is valid for vehicles not exceeding 100,000 miles at the start of the warranty. MOT Cover is underwritten by UK General Insurance Ltd on behalf of Great Lakes Insurance SE and administered by Lawshield UK Limited. ‡Covers next two consecutive services limited to 1x minor and 1x major service.
A trip down memory line

FEELING DISILLUSIONED with your tube commute? This weekend, the London Transport Museum is giving you a chance to fall in love with the Underground again. Head to the museum’s Acton depot for the ‘Love Your Line’ open weekend, where you can take a trundle through time and get a feel for London’s transport history. Glean fascinating facts from Tube Challenge record-breaker Geoff Marshall, battle it out on which Underground line is the best (Central and Circle, you can sit this one out) and step into the shoes of a TfL engineer to try your hand at a virtual-reality training exercise. If that all sounds too much like hard work, treat yourself to a scenic view of Acton from the top deck of a vintage bus. With talks, tours and demonstrations galore, there’ll be enough activities to keep everyone occupied – you can Bank on it.  ■ Paula Akpan

— www.ltmuseum.co.uk/whats-on

THE ESSENTIALS

Three things you have to do this week

Eat this

Get a guilt-free Friday night takeaway from DabbaDrop, London’s first zero-plastic Indian delivery service – it’s just expanded from Hackney to cover Walthamstow and Leyton.

See this

Blunderland Variety Show, residents at fab NYC venue House of Yes, grace the UK for the first time this week. Catch them fresh from Brooklyn at Bethnal Green Working Men’s Club.

Do this

Test Pressing Festival takes over a multitude of cool indie venues in Hackney Wick this weekend – head over for a dose of experimental electronics and noise-rock from ace acts like Bo Ningen.

Discover more cool things to do at timeout.com/news
Café owner

Rachael Dalton-Loveland, 29

Cafés are where London comes together

"Running a café puts you at the center of the community. Deptford has a very diverse population and we have a mixed customer base, which is really nice. The age of our regulars differs..."
significant, but they all have things in common: they’re friendly and have a great sense of humour.’

Margins are incredibly slim
‘It costs a ridiculous amount of money to run a business like this. To break even, we need to take about £4,500 per week. When you’re selling coffees for £2 or £3 and meals for about £6, it’s pretty tough! Sales are something you can never predict – it can depend on the weather, the day of the month, or even sporting fixtures.’

Living above the shop helps a lot
‘One of the benefits of owning the café is living upstairs. I love it. Initially I thought it would be too claustrophobic, but it actually allows me to keep on top of those little household jobs that keep you sane and make you feel like your life’s still in order. I think I would have lost the plot by now if I was stuck in the café every day and also had to commute.’

Regulars really start to make themselves at home
‘You build a relationship with customers, and you can’t help but picture their lives based on very little information. A lovely regular of ours used to come in and order the same thing every day, including two lattes. When his first latte was delivered, we noticed he was watching hardcore porn. He was still watching it when the second one came an hour later!’ Interview by Hannah Lovell

Heard something weird? @timeoutlondon #wordonthestreet

‘I split up with my girlfriend over a chihuahua.’
‘You know my gran missed my birthday ’cos she was having a fag?’
‘He doesn’t follow anyone on Instagram. Who does he think he is, the Pope?’
‘I hate Yeezys, but there’s money to be made.’

‘How are chickpeas born?’
‘The whole house smelled of butter. Vomit butter.’
‘She’s going glamping. She’s carpeted her tent.’
‘It was like liquid gold... but brown.’
‘Well, I don’t drink and I don’t smoke, so I think I’m entitled to a bit of KFC every now and then.’

We had to create a better beer. A new Carlsberg, that’s been completely rebrewed from head to hop. The result? A perfectly balanced Danish Pilsner with a crisper, fuller flavour than before. Finally, a beer that lives up to its promise? Probably. 😊

#newbrew
Want to see your Insta-shots of the capital in print? Tag them #timeoutlondon

The View From You
What Time Out readers have been Instagramming this week

- @jessandcaitlin
  "We don’t want none unless you got cinnamon bunz, hun."

- @julies_explorations
  "WA Hudson Ltd was founded in the 1880s, specialising in ironmongery."

- @streetsn scoo ler_london
  "When the sky is as much fun as the football!"

- @lolycortesa
  "I wish you (so many of you) lived next door…"

- @maxxchilde
  "At the weekend, you can see Guildhall in all its glory without the crowds."

- @throughnettefies
  "Good things come in threes at @twisterliciousuk."

RHS Garden
Wisley

See the Garden spring into life

A glorious festival of springtime colour and a great day out for garden lovers.
Buy garden tickets at rhs.org.uk/wisley and save 10%.

Your visit supports our work as a charity.
RHS Registered Charity No. 222879/SC038262
“EVERYONE NEEDS TO GO WATCH THIS MOVIE” ★★★★★

“A REALLY, REALLY AMAZING FILM. IN FACT, IT’S ONE OF THE BEST OF THE DECADE” ★★★★★

“EXTRAORDINARY GEM” ★★★★★

“REMARKABLE” ★★★★★

“WONDERFUL” ★★★★★

ELISIE FISHER

EIGHTH GRADE

WRITTEN AND DIRECTED BY BO BURNHAM

SAYN PICTURES RELEASING INTERNATIONAL AND STAGE6 FILMS PRESENT AN IAC FILMS AND A24 PRODUCTION

A FILM BY BO BURNHAM “EIGHTH GRADE” ELISIE FISHER JOSH HAMILTON EMILY ROBINSON JAKE RYAN

DANIEL ZOLGHADRI DIRECTING ALLISON JONES MEREDITH TUCKER MEG STONE JOE RUDGE WRITTEN BY ANNA MEREDITH

COSTUME DESIGNS MELISSA TRAVERS PRODUCTION DESIGN JENNIFER LILLY

PRODUCED BY SCOTT RUDIN ELI BUSH LILA YACOUB CHRISTOPHER STORER

WRITTEN AND DIRECTED BY BO BURNHAM

EIGHTHGRADEMOVIE #EIGHTHGRADE

AT PICTUREHOUSE CENTRAL CURZON SOHO & CINEMAS ACROSS LONDON FROM APRIL 26

“REMARKABLE” ★★★★★

“CONTROLLING” ★★★★★

“INTELLIGENT” ★★★★★

“EXTRAORDINARY GEM” ★★★★★

“WONDERFUL” ★★★★★

“EVERYONE NEEDS TO GO WATCH THIS MOVIE” ★★★★★

“A REALLY, REALLY AMAZING FILM. IN FACT, IT’S ONE OF THE BEST OF THE DECADE” ★★★★★

“EXTRAORDINARY GEM” ★★★★★

“REMARKABLE” ★★★★★

“WONDERFUL” ★★★★★
I WAS BORN in Bury St Edmunds and grew up wanting to be a fashion photographer. At 17, I moved from Suffolk to London to study photography at the University of East London. At that time, the idea of being a model hadn’t made it anywhere into my brain! I’d grown up curvy and as a bit of an outsider. There was no one out there on TV, in magazines or in fashion who looked like me. It wasn’t until a few years later, when I was in a pub dancing to Diana Ross, that I got asked to do a shoot as Anna Nicole Smith. I just thought it would be a fun thing to do.

The photographer was a guy called Miles Aldridge, who’s one of my heroes. It was a dream come true, but I thought: I’m a bit of a gimmick – I’ll be thrown around a few fashion magazines, but this isn’t something that’s going to kick off. Little did I know, the shoot was my first step towards becoming one of the UK’s first plus-size models.

Back then, we had a few high-street brands that did plus-size fashion, but it was all a bit dated. I was shot as the first plus-size model for TK Maxx in 2012, and did a MAC Cosmetics campaign. People online started saying, ‘We thought we’d never be represented – we thought we’d never be in these magazines.’ Every time I got those reactions, I thought: It shouldn’t be abnormal that I’m here. It hit a fire in me. I idolised women like Beth Ditto for being unapologetically themselves, and I thought that if she was doing it in music, I could do it in fashion.

Britain has some of the worst body-image issues in the world. We’ve got much better in the last five years, but we still have issues. Several years ago I started a body-positivity brand called Self Love Brings Beauty. It’s based on the idea that there are no two people on the planet who are the same, so you have to aspire...
to be the best version of yourself. It’s such a simple message and it’s something I’ll always push. I see myself as a role model. I’m the self-love fairy godmother!

As much as I want to spread positivity, there will always be challenges. I posted a naked picture on Instagram recently. It was a picture of me holding a glass of wine and celebrating, taken from behind. Naturally, someone complained. But showing naked bodies in a non-sexualised way helps people with their own body confidence. The more people come to me with hate, the more I have to keep pushing.

When the TV show ‘Naked Beach’ came along, I went to a casting and it felt like the perfect match. The concept is based on a study which proves that being naked around other naked bodies significantly improves your body image. For each episode of the show, three contributors came to a villa in Greece. There were eight of us hosting, and we were there to help them change their views on their bodies.

The whole idea of ‘naked’ is different for each person. It could be that it’s taking all their make-up off or showing their chest. It really was an emotional journey: I found out where these people’s ideas of their flaws came from. And I was there the whole time, showing my cellulite, my stretch marks and my back rolls, and saying, ‘Yes, I’m a model. We do get Photoshopped in some of our work. But I am real and I want you to embrace yourself.’

‘Naked Beach’ is on Thursdays at 8pm on Channel 4. www.felicityhayward.com

Interview by Rose Johnstone
FREE LONDON

Put your money away! Here are the week’s best free events

DOUGH FOR IT
Flamboree launch

Ever heard of a tarte flambee? It comes from the Alsatian region of eastern France and is a bit like a pizza – it involves crispy dough and delicious toppings. Try it for free at Flamboree – there are 50 up for grabs between 11am and 3pm. Bon chance!

Flamboree. Old St. Tue Apr 23.

FRESH STARTS
Vaisakhi Festival

Celebrate Sikh New Year at this free festival in Trafalgar Square. Learn about the tradition and culture with talks, traditional food, martial arts, cooking demos and a programme of live performances and kirtan (spiritual music) sessions.


BACK TO SCHOOL
Science Museum

If you never got to grips with the periodic table at school, swot up at this event celebrating its 150th anniversary. Play on interactive installations, learn how elements link to the colours of fireworks and create your own slime.


SUMMER LOVIN’
‘Grease’ screening

Liven up your Monday night by belting out all the classics in everyone’s fave movie musical ‘Grease’. It’s screening at Boxpark Wembley, where the food options extend way beyond popcorn. Slicked-back hair and personalised pink lady jackets are optional.


POWER FLOWERS
Hito Steyerl: ‘Power Plants’

Hito Steyerl’s Serpentine Gallery exhibition might look like it’s just lots of pretty flora, but it’s more complex than that. The gallery space is dark and filled with cryptic symbols, hovering technology and blooming nature. Using AI, apps and installations, this is art that questions, exposes and attacks power structures and inequality.

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‘No carbs’ is dead. With hip new bakeries, gluten-free joints and old faves pushing sustainability, London’s in love with loaves again. Alim Kheraj picks the best. Portraits Andy Parsons
we trust

Apricot, almond, hazelnut and raisin loaf
at Fabrique

Good news: Scandi spot Fabrique gives loaves to charity if they’ve not sold at the end of the day. Not that leftovers of this fruit-and-nut delight are likely. The ugly duckling is the definition of ‘it’s what’s on the inside that counts’. Packed with a trailmix of dried apricots, raisins, sliced hazelnuts and almonds, it’s as complex as your most intellectual crush – and just as tasty.

Arch 385, Geffrye St, E2 8HZ (and branches). Hoxton Overground. £5.

Can’t get to Fabrique?
Try Jolene’s raisin bread (currently on hiatus due to a raisin shortage – it’ll return soon).

→ 21 Newington Green, N16 9PU. Canonbury Overground.

Arch 385, Geffrye St, E2 8HZ (and branches). Hoxton Overground.
Baguette at Aux Pains du Papy

Mathieu Esposito, who runs French bakery Aux Pains du Papy, gets up at 1am everyday to produce what’s arguably London’s most authentic French bread. Consistently crisp on the outside and squishily decadent on the inside, his baguettes are ideal sandwich-building material. (Strong and stable really is the way forward, at least when it comes to providing a bread-based chateau for a family of brie.) Make sure to grab a pastry on your way out or you’ll be really sad later.

→ 279 Gray’s Inn Rd, WC1X 8QF
❖ King’s Cross. £1.20

Can’t get to Aux Pains du Papy?
Pop into restaurant Balthazar and ask for one of the brilliant baguettes.
→ 4-6 Russell St, WC2E 7BN. ❖ Covent Garden.

Lithuanian scalded rye at Karaway Bakery

There are breads you simply eat and then there are breads you savour every last morsel of. Karaway’s Lithuanian scalded rye is most definitely in the latter bracket. The family-run bakery specialises in the stuff, making it with dark rye flour. Each bite comes with a waft of liquorice and a sweet, treacly taste, while the texture is magically light and springy. One slice is not enough.


Can’t get to Karaway?
Devour London’s most authentic German rye from Hansel & Pretzel.
→ 71 Ham St, TW10 7HW. ❖ Richmond then 71 bus.

BREADWINNERS

The city’s best flatbreads, naans, bagels and more...

ARARAT BREAD’S NAANS
Arguably London’s best naans, these fluffy flatbreads are served in restaurants around London. Get them fresh from the source on Ridley Road.
→ 132 Ridley Rd. Dalston Junction Overground.

OLE & STEEN’S SKAGEN ROLLS
Often seen as merely a vessel for filling, rolls are bread’s underdogs. But these ones, encrusted with chia and sunflower seeds, deserves the spotlight.
→ Multiple locations.
TAKE ON THE DAY

ARLA SKYR ICELANDIC STYLE YOGURT
Gluten-free brioche at Beyond Bread

Eating gluten-free once meant bread that could be confused with Play-Doh. Those days are behind us. Beyond Bread’s range is vast, delicious and all celiac-friendly. The boldest loaf of the lot? The honeyed, buttery brioche. Thanks to the flour blend – potato, tapioca, brown rice and corn starch – it has a cakey texture. It means that, unlike other brioche, it isn’t afraid of a trip to the toaster. Such a brave little bread!

➔ 2 Charlotte Place, W1T 1SB. (and branches).
➔ Goodge St. £4.50.

Can’t get to Beyond Bread?
Try Juliet Gluten Free Bakery’s equally tasty range.
➔ 787 Lea Bridge Rd, E17 9DZ. Wood St rail.

Rosemary and salt focaccia at Little Bread Pedlar

Chances are you’ve eaten something from Little Bread Pedlar. The wholesale baker supplies some of London’s best restaurants. On Saturdays, though, it opens to the public at Spa Terminus Market. Visit before 2pm and you have the chance to get your hands on this gigantic focaccia. Rippled with olive oil, blooming with air bubbles and finished with a salty, hard crust, it’s perfect for bruschetta.

➔ Unit 4-6, Spa Business Park, Dockely Rd, SE16 3FJ. ➔ Bermondsey, Saturdays only. £2.50.

Can’t get to Little Bread Pedlar?
Bread Ahead’s famous for its focaccia, loaded with toppings like red onions and olives.
➔ Borough Market, SE1 9DE (and branches).
➔ London Bridge.

BERENJAK’S TAFTOON FLATBREAD

The seeded sourdough flatbread at Persian spot Berenjak is baked in a clay oven in the window. The result? The freshest, stretchiest bread in town.
➔ 27 Romilly St. ➔ Covent Garden.

BREAD AHEAD’S BREADSTICKS

A traffic jam of red leicester, mature cheddar and Moroccan olives, you’ll want to stockpile these ruler-shaped strips of soft ciabatta in case of a hard Brexit.
➔ Multiple locations.

BEIGEL BAKE’S BAGELS

There’s a hole lot of flavour in these legendary bakes. Chewy, moreish and stuffed with salt beef or cream cheese, you can get them 24/7.
➔ 159 Brick Lane. ➔ Liverpool St.
**Potato sourdough**  
*at The Dusty Knuckle Bakery*

Born in a freight container, The Dusty Knuckle’s known for two things. Firstly, its ethos. The Hackney spot offers baking training to young people caught up in violence. Secondly? Its potato sourdough. Chewy and moist (thanks to the use of potato flour), each mouthful takes you on a journey from sweet to nutty to lingering sourness. It’s the stuff of bread legend (breadgend?).

→ Abbot St, E8 3DP. Dalston Kingsland Overground. £3 for small loaf.

**Can’t get to The Dusty Knuckle?**
Gail’s Bakery does a roast potato sourdough that’s equally moreish.

→ 64 Hampstead High St, NW3 1QH (and branches). Hampstead Heath Overground.

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**Three seed loaf**  
*at the Old Post Office Bakery*

There’s nothing pretentious about this sturdy three seeder from the Old Post Office in Clapham. The bakery’s been a neighbourhood staple since the ’80s, and anyone who’s ever eaten this Arnold Schwarzenegger of a loaf will know why. Pumped full of toasted sunflower, sesame and poppy seeds, it’s a super-fueled bread brick-house with a crumb that would make Paul Hollywood shake his own hand. Even tearing it apart is a glorious experience.

→ 76 Landor Rd, SW9 9PH. Clapham North. £1.50 for a small loaf.

**Can’t get to the Old Post Office Bakery?**
Get your fibrous fix at Paul Rhodes bakery. It’s known for rustic loaves.

→ 37 King William Walk, SE10 9HU. Cutty Sark DLR.

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Still hungry? Check out [timeout.com/bestbakeries](http://timeout.com/bestbakeries)
If you think a SAGUARO is a Korean car, you haven’t been to Arizona.

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It’s a dog’s life

London’s latest socialite influencers have got four legs, a tail and a list of demands. Bobby Palmer reveals the diaries of the city’s most pampered pooches. Portraits Andy Parsons

The maltese with a nutritionist and a masseuse

7.15am Lilliput aligns her chakras at a doga class with Dogamahny. Yes, yoga with dogs. Then she’ll have a massage from doggy clinic On Point. It helps her stay limber for those long walks.

8am A total #wellness fanatic, Lilliput’s breakfast is a green smoothie plus organic brains from a Borough Market butcher. She also eats chia powder, turmeric paste, manuka honey, spirulina and kefir (that’s a fermented milk drink, FYI).

10.30am The appointments begin. Fittings for a fashion show at Mayfair bar Mahiki and a charity appearance at Mayhew Animal Home. Then grooming at Pet Pavilion in Chelsea. She brings her own organic shampoo. She’s not an animal!

Noon A meet-and-greet with her fans, also known as ‘Lilliputians’. Then it’s lunch at Ricardo’s in Chelsea, before a PT session.

3pm Between her dentist, her nutritionist and her chiropractor, Lilliput barely has time to check on her Insta collabs with big brands. ‘Her face normally obscures the product she’s promoting,’ says her owner (who prefers to be referred to as her ‘human’). ‘Thankfully, her Lilliputians know how narcissistic she is.’

4.30pm A shoot with Pet Shop Boys for a magazine is thirsty work. Alas, Lilliput only drinks Aqua Carpatica, from glass bottles.

6.30pm A walk in St James’s Park. ‘She’s hoping the Queen will adopt her,’ her ‘human’ says.

9pm Lilliput’s furry head hits the organic cotton of her bed-on-top-of-the-bed at home. She needs her beauty sleep – tomorrow’s even busier.

Lilliput, 6

Job Actress and Instagram celeb
Instagram @little_london_maltese
Biggest diva demand She has three agents. Three.
**Pampered pooches**

**The corgi #influencer with 100k followers**

8.30am Marcel awakes at one of London’s most prestigious hotels. Recently he’s stayed at the **Flemings**, the **Connaught** and the **St Pancras Renaissance**. ‘We get a few invites a week,’ his owner Aurélie, says. ‘And I’m always his plus one.’

11.30am After an in-room breakfast and a nap, it’s time for a riverside walk, where one of his fans will invariably recognise him. It happens almost every time he’s in central London.

1.30pm Marcel like to give back, so he dishes out the cuddles at therapy dog sessions with the elderly. Aww.

4pm Another nap, then it’s time for tea at **Sketch** in Mayfair. Apparently, Marcel used to be the only pooch allowed inside. Well, he was the poster boy for their Corgi Tea Party, after all.

6pm Marcel plans his next holiday. The stamps in his pet passport include Corsica, the French Alps and Tuscany, where he was a ring-bearer at a wedding. His most indulgent moment was in the Isles of Scilly, where the chef prepared a steak for him. ‘They actually asked him how he wanted it cooked,’ says Aurélie.

7pm A quick dinner, then it’s cocktails at the **Sheraton Grand** on Park Lane. Its menu offers beer and prosecco for dogs, as well as the occasional doggy cocktail. Marcel’s favourite is a kale-and-coconut-water concoction.

9pm Home time. Before bed, there’s some editing to do on some of the many pics he’s snapped today. He’s got over 100,000 followers on Instagram, and you have to keep the fans happy. Then it’s time to sleep in one of his beds. He has four.

---

**Marcel, 5**

- **Job**: Travel blogger and food critic
- **Instagram**: @leecorgi
- **Biggest diva demand**: Goat’s milk. He refuses to drink water without it.
With up to 60% off premium fashion and lifestyle brands, you can afford to get that superstar feeling every day.

HOBBS LONDON | GANT | KAREN MILLEN | PEPE JEANS LONDON – AND MORE
Pampered pooches

The chihuahua who models for Dior

10am Dolly doesn’t like mornings, but she does like scrambled eggs. She’ll only eat them in bed.

1pm Answers emails about her LGBT+ charity work – her owners, Stella and Lucy, have made her passionate about the cause. She’s always involved with Pride in London and she opened the ‘Queer and Now’ exhibition at Tate Modern in 2017.

3pm Time for an outfit change. Dolly is ‘really big on faux fur’, but that’s not all. ‘She has about three black bin bags, two storage boxes and a suitcase-worth of clothes,’ Lucy says. She’s modelled for Selfridges, Vogue and Dior.

6pm Shopping at Liberty, then cocktails at the Sanderson hotel. ‘She’s treated like royalty,’ Stella says. The staff fetch her own blanket if she’s cold.

8pm Dolly has a packed social schedule. ‘She was on the front row of the London Queer Fashion Show,’ Lucy says. ‘She had her own seat, with her name on,’ says Stella. ‘There was a man sitting in it and he had to move for a dog. He was raging.’

Late Home, after too much ‘pawsecco’. ‘A real thing!’ Fashion slows down for no one, darling.

The leonberger with his own personal trainer

7am Quinn wakes on his mid-century Scandi sofa. The family heirloom was his owners’, but he broke it so he could have it to himself.

8.30am Breakfast is prosciutto or eggs. Plus a Bread Ahead brioche, if he has room. He generally does.

11am After a cab to King’s Cross, it’s an early lunch at one of the food trucks. He opts for a hamburger. Gotta get those protein gains.

11.30am Quinn reflects on his ‘Princess Diaries’-style fortune. ‘We owned Quinn’s uncle,’ his owner Tama explains. ‘His breeder called us from New York because Quinn was in a bad situation.’ At one year old and 52kg, he flew to London in a custom crate the size of a lion’s cage.

Noon He’s not a slob, though. He trains with his PT most days. You’ll catch him pounding pavements in Hyde Park or Kensington Gardens.

1pm Exercise is hungry work. At Harrods Food Hall Quinn requests a rotisserie chicken. ‘He can eat a whole one in one go,’ Tama says. ‘But it’s not good for his digestion.’

3pm Quinn’s culinary odyssey continues. Cupcakes at Peggy Porschen, homemade dog biscuits at Mungo & Maud, samples from Jago Butchers. ‘He’s the honorary Mayor of Chelsea,’ Tama says. ‘John Cleese knows him by name.’

7pm Time for a nap under the toilet in the master bedroom. Why? The marble is cooling. His owners have to use the guest bathroom.

8pm Dinner at Harry’s Dolce Vita, where Quinn chomps on pizza crusts, poses for selfies and watches the Lamborghini’s roll by.

10pm Time for bed, if not on his Scandi sofa then in the fireplace. It really is a dog’s life!
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**Queens**

**What is it?** Bowling and ice skating at a retro games arcade.

**Why go?** This gaming haven has been around since the 1930s, but now has a fancy look, a slick ice-skating rink, 12 state-of-the-art bowling lanes, food from burger dons MeatLiquor and a rink-side bar for boozy libations.

**What’s exclusive?** Bowling and ice skating will cost you a fiver.


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**Fine and Rare Coffee**

**What is it?** A fancy coffee-tasting experience with food pairings.

**Why go?** To sample one of the world’s most expensive coffees (typically priced between £30 and £50 a cup – eek!). Plus, you can try a tasty selection of other cups of joe paired with dishes that hail from the same parts of the world.

**What’s exclusive?** It’s 66 percent off – tickets are £29.99 each.

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**‘Is This Tomorrow?’**

**What is it?** An exhibition at the Whitechapel Gallery showcasing artists’ visions of our future.

**Why go?** Comprised of work from today’s leading architects and artists, this ambitious new show responds through film, graphics and objects to the enormous challenges the world faces today.

**What’s exclusive?** Two tickets are just £12.95 – that’s half price.


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**Foodies Festival**

**What is it?** Tickets to the annual celebration of food at Syon Park.

**Why go?** Foodies, unite! Celebrate modern cuisine, mixology and street food. Partake in masterclasses, see some ace live music, rub shoulders with chefs and indulge in the finest produce – all under one roof. Bring your appetite.

**What’s exclusive?** Tickets are 50 percent off – now £11.50 each.


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**‘Man of La Mancha’**

**What is it?** Tickets to the English National Opera’s revival of the ‘Don Quixote’-inspired musical.

**Why go?** This vintage historical musical – best known for its songbook classic ‘The Impossible Dream’ – has landed four Broadway revivals since it opened. Its arrival in the West End is an exciting one.

**What’s exclusive?** It’s 44 percent off – tickets are now £19.50.


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Art Fund

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As new buildings keep on going up, social enterprises and property developers are looking at the way we use the spaces left abandoned. The ‘meanwhile’ trend seems here to stay.

**IT MAY SOUND** like the latest trend in mindfulness, but a ‘meanwhile’ space is actually more physical than mental – it’s a canny use of London’s buildings that has resulted from the pace of change in the capital and it’s actually showing positive impacts on communities. The aim is to put buildings that are lying vacant before redevelopment to good use. The idea – which grew out of a government drive to make use of empty shops during the recession – has grown into a standalone sector of the property market. Now ‘meanwhile’ spaces are used for anything from festivals to more permanent set-ups like Boxpark or Pop Brixton.

There is no golden rule about which properties become ‘meanwhile’ spaces but more often than not, it happens because the landlords who plan to develop them face a delay with planning permission or in raising sufficient funds to complete the project.

‘We encourage people to ride the wave of regeneration, to get local people involved and to create more interesting, diverse places,’ explains Emily Berwyn, a director at charity Meanwhile Spaces, which administers places to rent across the UK. The organisation partners with landlords, developers and local authorities to find suitable spaces, which it then connects to businesses in need of an affordable home. ‘We typically charge between 40 percent and 60 percent of market rates, often for people who have been working from their kitchen table,’ she explains.

The bottom line is that vacant properties cost landlords and developers money and leaving them empty risks draining the life out of a neighbourhood. Using them in a way which benefits communities keeps them in use and helps locals. Maybe it is quite mindful, after all. Here are five of the capital’s most inspiring ‘meanwhile’ spaces worth checking out.

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**Ujima House**
1 West Brompton Crossing

Ever heard of a temporary high street? That’s exactly what developers are calling West Brompton Crossing. Vacant shops along the quaintly named Lillie Road will soon be redeveloped as part of the wider Earl’s Court spruce-up. But in the meantime, they’ve been turned into pop-up spaces by developer Capital & Counties Properties and Transport for London. It’s intended to give a glimpse of things to come, offering trendy places to eat and shop, and affordable and flexible retail spaces. As well as burger flippers Patty & Bun and posh chicken shop CGfighter, the line-up includes deli and grocer The Hoarder, bike repair shop and café Pedal Back, and The Crossing, a shop that can be used free of charge by local businesses, students and entrepreneurs for takeovers and exhibitions.

→ 14 Lillie Rd, SW6 1TT. West Brompton.

2 Croydon Arts Store

What do you do with an old furniture store in an unloved shopping centre? A consortium of south London organisations – including Croydon Council, Turf Projects, Art Halo and Kingston School of Art – have turned one into a culture hub. They’re currently occupying the Whitgift Centre in Croydon before it gets flattened to make way for a giant Westfield. The former furniture store provides space for a visual arts and events programme with a focus on youth engagement and learning. It also acts as a research lab to test how the arts can be integrated into future developments in Croydon.

→ Units 46-47 and 1046-1048, Trinity Court, Whitgift Centre, CR0 1UQ. East Croydon rail.

3 The Platform Café

Since it was transformed from an old public toilet in 2014, The Platform has been home to (among other things) a thrift shop, a buy-in-bulk food store, a support programme for Somali children and a women-led collective of local artisans. It’s been nothing if not diverse. Now it acts as a vegetarian café with ingredients grown on nearby Loughborough Farm. On Wednesday, the café is run by The Local Squeeze, a social enterprise that aims to fight food waste, and on Thursday and Friday it’s staffed by volunteers. Friday also welcomes nearby residents who share their cooking and culture.

→ Loughborough Rd, SW9 7AH. Loughborough Junction rail.

4 Clarendon Yards

Wood Green has gone from down-at-heel to downright trendy in a few years, and Clarendon Yards is part of that transformation. It’s the brainchild of developer St William and consultancy Projekt, and bills itself a creative hotspot for artists, entrepreneurs and hospitality businesses while work on the wider site is underway. One day, it’ll have more than 1,700 new homes, but for now its five warehouses are being used for events, plus a drinking yard and community allotments. Sign makers Goodwin & Goodwin, The Goodness brewing company, CrossFit North London and charity Collage Arts are among those who call it home.

→ 33-45 Coburg Rd, N22 6XF. Wood Green.

5 Ujima House

As part of the T&Cs, tenants in this former office have to be focused on community outreach. In time, the building is likely to be knocked down and redeveloped as part of a wider mixed-use scheme. But for now, current owner Brent Council has handed it over to local users at cut-price rates. Occupiers include community-run workshop London Hackspace, and sports clubs Stonebridge Boxing Club and London Rangers FC. It still functions as an office building – offering a professional environment to companies that might struggle to afford one otherwise.

→ 388 High Rd, HA9 6AR. Wembley Stadium rail.

By Rhiannon Curry

Who is off down the pub on the temporary high street

April 23 – 29 2019 Time Out London
Tell me about the local tribe. A megamix of ages and races with a lust for life. Tottenham has experienced its share of riots and unrest over the years, but its community is super-loyal.

Any neighbourhood heroes? Skepta’s a good lad. Other surname-free performers from Tottenham include Adele and Lemar.

What’s new in the area? The brand new Tottenham Hotspur Stadium glints like a sporty beacon at the top of the High Road, and is finally hosting matches. But there’s more to N17 than Spurs. The most recent addition is Roller Nation, a skating rink with a roll-in diner.

Are there any community spaces? In an industrial estate just north of Tottenham Hale, Grow community garden teaches school groups about veggies. By night, they put their Sam licence and soundproof room to good use. Profits made from club nights fund more gardening.

Can I grab a morning latte? Grow’s café Pluma has excellent coffee. But the earliest it opens is 11am. Good for freelancers, though.

Is Tottenham family-friendly? For babysccinos and pregnancy yoga you may be better off over the marshes in Walthamstow.

What’s the nearest green space? There’s Tottenham Marshes, a bucolic tangle of walking paths, canals, brambles and allotments. Or explore the River Lea country park to the north and Walthamstow Wetlands to the south for fresh air and not so much as a double-decker bus.

What are the supermarket options? There’s an excellent Aldi on the High Road, a Sainsbury’s behind the stadium and the biggest Tesco ever next to Ikea. Plus, the Polish supermarket sells all the sausage.

Is there a market at the weekend? Holcombe Market is a traditional little row of shops that becomes a meeting spot on Saturdays. Grab fruit and veg bargains from Hall’s Greengrocers then stop by Wine & Rind for a fancy cheese toastie.

Any takeaway hotspots? Loven is technically in south Tottenham, but its fantastic sourdough pizzas can be enjoyed further afield via Deliveroo.

Where can you keep fit? Get your body lithe and your mind balanced at Stronghold, a massive climbing and bouldering centre in a warehouse just up from Grow.

Anyway good for a Sunday roast? The Bluecoats pub serves Lucky Chip burgers all week, but kindly adds roasts to the menu on Sunday. There’ll likely be sport on the big screen, or a live jazz trio later on.

And where do the locals drink? At wobbly tables on industrial estates – that’s how they do it at the taprooms following in Beavertown’s footsteps (from Pressure Drop to Brewhaudz). If it’s too cold for that, The High Cross pub is surprisingly beautiful considering it was once a public toilet. ■ Ashleigh Arnott

More hot tips on the area at timeout.com/tottenham

AVERAGE PROPERTY PRICES:
- Flats £350k
- Houses £450k

AVERAGE RENT:
- £670pcm per person

NEAREST TUBE:
- Tottenham Hale

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- Overground and Stansted Express

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Rosie Percy, 29

Occupation
Social media and global content partnerships editor

Salary
£45-£50k

Where I live
Crystal Palace

Property type
Two-bedroom flat (converted from a terraced house)

Rent
£1,510pcm (£755 each, including some bills)

Who I share my space with
My best pal Heather, a creative services director

‘My flatmate is a reflection of me. Before meeting Heather, I used to live in rotating houseshares with people coming in and out all the time. We met through work, got on really well, and just decided that we didn’t want to live with strangers and SpareRoom weirdos any more. There are no pretences, it’s just really easy – we call each other our chosen family all the time.’

‘My last flat in Tooting had a lot of issues. I moved in there with Heather and there was a bank of noisy delivery mopeds outside, and a chicken shop’s extractor fan outside my window. I also had cockroaches in my bedroom. They would come out from under my bed – that’s when I was like, “nope!”’

‘I used to call my old landlord “The Jackhammer.” It was my first London house, also in Tooting, and I used to overhear the landlord-shagging all the time. I’m all for people getting some, but it was night and day. Sometimes it was so aggressive it would wake me up.’

‘In the past, I’ve struggled with rent. I’d always be maxed out and in my overdraft. Two years ago, I had a really bad anxiety attack about it, which was a wake-up call: being underpaid and overpaying on rent made me take a hard look at my budget. Now I have a better salary, I can put money in savings, which I’d never been able to do. I now check my bank account weekly. I never used to – I’d feel too sick to look.’

‘Crystal Palace feels like a real home. I can feel the weight lifting when I leave central London and get here. It’s so green, which has had a really positive effect on my mental health. Even though I’ve been in Crystal Palace a small amount of time, it’s felt like home much more quickly than Tooting did.’

‘I would never live north of the river. Even at weekends, I won’t go past central London. It takes ages to get up there and I also find everything more expensive. There are areas I don’t mind, but I’ll try and avoid east London. I’ll go, but I think it’s overrated: it’s quite dirty.’

‘Home, for me, is somewhere I can sit in my pants and watch Netflix, without someone judging me.’

■ Interview by Dominique Sisley
Grey, grey, go away

As the grey interior trend begins to fade, get a colour pop back in your life. Laura Richards selects some rad rainbow accessories for living rooms.

→ Bottle green, red, yellow...
Pick a multicoloured vessel with a contrasting bulbous bottle stop.
→ Bubbles and Bottles vessels, £62. www.scp.co.uk

→ Tray bon!
Serve up the most futuristic round of drinks or keep things neat and tidy on this space-age tray.
→ Rainbow serving tray, £29. www.southbankcentre.co.uk

→ True colours
Showcase less in-your-face shades with this subtle, textured cushion.
→ Textured Berber cushion, £45. www.pentreath-hall.com

→ A fiesta of colour
Throwing a party? Papel picado is colourful bunting imported directly from Mexico by Columbia Road’s Milagros.
→ Queen papel picado, £7. www.milagros.co.uk

→ Ruby wax
These chunky stacked candles look like Fruit Pastille lollies.
→ Pillar candles by Lex Pott, £49. www.insidestoreldn.com

→ Watercolours
We just can’t get over this muted rainbow print.
→ Shelter print by Tracie Andrews, £19.95. www.eastendprints.co.uk

→ Rainbo’ selecta
Come rain or shine, this pastel-hued cushion will brighten up your sofa.
→ Knitted rainbow cushion, £29. www.insidestoreldn.com

Serve up the most futuristic round of drinks or keep things neat and tidy on this space-age tray.
This week: too much fox action

Mike from Walthamstow says:
‘A fox has destroyed my back garden. It’s ripped up my lawn, dug up my raised beds, eaten my vegetables and shat everywhere, and it’s now having nightly noisy sex. I have a cat, so I don’t want to install a deterrent that might scare him. And actually, I totally love foxes. Google advised that I wee all over the garden.’

Tony Wileman from the London Wildlife Trust replies:
‘This is normal behaviour. Male foxes usually set up territories, burrow for dens and dig for grubs and roots – they’re omnivores, so they’ll eat anything. And foxes are common in urban areas because of the food we provide: our rubbish. Keep bins secure and put out food waste on the morning of collection. ‘Foxes are hard to deter, and using a company to relocate them is pointless – your garden will likely attract a new one. I’m afraid the wee rumour is true, though. The strong scent from human male urine (and only male urine) masks a male fox’s pungent scent, and can often force them out. But you can buy urea-based products that do the same job (and won’t upset your cat). The best can be expensive, so ask at a garden centre, or seek advice from the National Fox Welfare Society. ‘Foxes can be amazing, though, especially if they take up territory and have cubs in your garden. If you can, just enjoy them.’

Send in your problems to hello@timeout.com

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EIGHT OF THE BEST

Pub quizzes in London

Get brainy in these trivia-loving boozers. Whether you’re packing niche facts or prefer dancing for points, getting quizzical’s never been so fun.

Illustration Rob Flowers

The muso one
Formerly organised by Rough Trade, The Lexington Pop Quiz is for Londoners with towering vinyl collections and an intimate knowledge of the city’s sticky-floored gig venues. But despite testing you on hardcore music trivia, it’s far from serious stuff. A Vic Reeves-style host leads you through rounds with the help of a chintzy keyboard and lists the answers in reverse to ‘Top of the Pops’ countdown music. Win and you’ll bag a sweet £60 in cash. But the most coveted prize of the night is a bag of crisps for the best team name.

→ The Lexington. ⚽ Angel. Every Monday. £2 per person, maximum six per team.

The film buff one
Although you’ll be swapping popcorn for pints, it’s not just the questions that are film-related at the genre-defining You’re Going to Need a Bigger Boat cinema-centric pub quiz. The name is a line from ‘Jaws’, for one, and the quiz itself is projected, movie-style, on to an enormous screen for gawping punters. Plus, like most films nowadays, the whole thing is about two-and-a-half hours long. Running for more than 13 years, this quiz is as cult as they come, testing silver-screen aficionados on trailers, posters, clips and soundtracks. Get there early to grab the best seats. Needless to say, no phones allowed.


The surreal one
Tucked down an alley in the West End, small indie bar Retro is worth seeking out for its eccentric taste in quizzes. The weekly Carry on Quizzing packs in as much bawdy charm as its namesake. Hosted by DJ and queen of the cult London scene Princess Julia, expect drag star cameos, drawing competitions, prizes ranging from wads of cash to bric-à-brac from a ‘box of shit’, and tunes played on the kazoo by the bar’s resident DJ Heidi Heelz.

→ Retro Bar. ⚽ Charing Cross. Every Tuesday. £2 per person, maximum four per team.
The brainy one
Eggheads will feel right at home on Mondays in unmodernised backstreet boozer, The Pineapple. Not only are there roaring fires and plates of cheap, hearty Thai food keeping things cozy, the start of the week brings the pub’s notoriously difficult quiz. Prepare for brains to be racked and chins scratched as you puzzle over challenging questions on niche and unusual subjects with a prize – all the evening’s entry fees – worth striving for. If you and your pals are usually left lurking at the bottom of the league, not to worry. There are also jackpot and raffle rounds for every team to play for – no matter how hard you paid attention in GCSE geography.
> The Pineapple. Kentish Town. Every Monday. £1 per person, maximum five per team.

The interactive one
Put your thinking cap on, but cast off your inhibitions for the Star of Bethnal Green’s Super Star Quiz where your ability to down hard booze and impersonate pop stars is just as important as your talent at remembering niche facts. It may look like a bog-standard tavern trivia sesh, but don’t be fooled. General knowledge and picture rounds are mashed with dancing competitions, sambuca challenges and bonus contests that have previously included showing off your best air guitar and Elvis impersonation.
> The Star of Bethnal Green. Bethnal Green. Every Tuesday. £2 per person, maximum eight per team.

The sporty one
Football and pubs go hand in hand. In fact, you’ll struggle to hold a conversation in one on any given Saturday if it isn’t about Pochettino’s tactics or Fulham’s relegation woes. But, a whole Football Quiz? That’s a little more rare. Expect tough rounds that’ll leave even the most avid watcher of ‘Match of the Day’ scratching their head, along with the occasional table-hammering breakout chant.
> The Old Queen’s Head. Angel. Various dates. £2 per person, maximum six per team.

The pop culture one
From the brains behind the legendary celebrity gossip newsletter, the Popbitch Quiz is for celeb Instagram stalkers and lovers of A-list (and Z-list) scandal. Get grilled by comedian and host Tom Webb, who’ll dish out questions on music trivia, salacious gossip and pop lore from the popular – and very bitchy – website. It’s surprisingly tricky, but you might pick up cash prizes, theatre tickets and even a sex toy. Forgot to pick up Heat this week? For those less well versed in popular tittle-tattle, there are also music rounds and arts and crafts challenges – all with a side of smut.
> Smiths of Smithfield. Farringdon. Two Tuesdays a month. £5.50 per person, maximum six per team.

The raucous one
Quiz hosts don’t come more high-octane than Amy Bee Sting. She calls the shots at A Very Vaultsy Pub Quiz - a challenge even more eccentric than the surreal decor at its home Vaulty Towers, where booths are shaped like clouds and treehouses. In between the trivia there are lip-sync battles, lunge-offs, treasure hunts and even a round where you can bribe the quiz master. Get caught cheating, though, and you can expect harsh punishments from Ms Sting. A past forfeit involved downing a cocktail of Baileys, ketchup and mustard. Gulp.
> Vaulty Towers. Waterloo. Every Monday. £2 per person, maximum six per team.
Although the island of Jersey is about the same size as London’s Zone 1, the only slow-moving so-and-sos you’re likely to find blocking your path here are its famous golden brown cattle. Give them a break, though – the pace of life is a little slower in the Channel Islands, which, as any frazzled commuter will appreciate, is definitely a good thing.

Taking a bite out of this chilled-out island is simpler than you probably think, too – it’s under an hour from London City Airport, meaning knocking off work and arriving in time for a late lobster dinner by the sea is very doable indeed.

Tempted by a taste of island life? Here are four ways to guarantee a perfectly delicious gastro getaway.

**Seafarises** – they’ll whisk you off to a tiny, uninhabited island off Jersey’s coast where you can roll out a ready-made picnic from the Fresh Fish Company and make your wildest piscine dreams come true.

- [www.jerseyseafaris.com](http://www.jerseyseafaris.com)

**Unearth some great grub on a foraging trip**
Jersey’s culinary riches go way behind the big four (lobsters, oysters, potatoes and cream). Get your fingers mucky and discover some of the island’s lesser-tasted treats on a foraging trip with local expert Kazz Padidar – he’ll show you where to find seaweed, mushrooms, edible plants and other culinary goodies, before chefs at the glitzy Grand Jersey Hotel & Spa turn them into a lunch to remember.

- [www.jersey.com/shore-to-chef](http://www.jersey.com/shore-to-chef)

**Swap your Oyster card for an oyster farm**
Now, champagne and oysters make a perfect pairing in any setting, but to truly appreciate these marvellous molluscs, take a tour of Jersey’s Seymour oyster beds, glass of fizz in hand. You’ll learn how the tidal patterns of Jersey’s Grouville Bay cultivate these bivalve beauties, which you can get stuck into before they’re shipped off to posh restaurants across the world.


**Take a bite out of the island on a food tour**
Ideal for a flying visit (which is totally possible, given how close Jersey is), a stomach-centric walking tour is the best way to sample the island’s best produce all in one go. Taste the finest ice cream on the beach, scoff buttery Jersey Royals as you gaze over the sea to France, sample stunning seafood, meats and more, then find yourself seriously considering if you could commute from the Channel Islands…

- [www.jerseyfoodtours.co.uk](http://www.jerseyfoodtours.co.uk)

**Four field-to-fork foodie experiences to try in Jersey**

It might be small in size but Jersey’s big on local flavours. Plus it’s closer than you probably think, so why not head on over and take a bite?

- [Fly to Jersey in under an hour from London airports: reserve your spot at www.jersey.com/freshly-served](http://www.jersey.com/freshly-served)
**Friday**

**Family Tree Live**
Obsessed with ‘Who Do You Think You Are?’ Join two days of lectures, workshops and displays on family lineage. Then find out if you’re the heir to an eccentric Prussian count’s fortune.

**Rave of Thrones**
An enormous, immersive ‘GoT’ dance party, featuring blizzard machines, impromptu sword battles and Hodor himself on the DJ decks. Hodor!
→ Electric Brixton. £12.

**Uniqlo Tate Lates**
The Tate Modern’s late-night shindig returns, this time celebrating wacky sculptor Franz West. As well as heaps of modern art, you can discover pro-LGBT performances, textile-making classes, pin-badge workshops, a pun-based pub quiz and artist talks – then go dance to tunes from NTS Radio.

**Pebblefest**
This planet-friendly festival brings together loads of ethical brands. There’s a free plant-based brunch from Rude Health and beer from Toast Ale, brewed using leftover bread.
→ Flat Iron Square. Borough. Sat Apr 27. £12 entry.

**Green Rooms Market**
Dulwich Picture Gallery goes green with this independent plant trader takeover, plus drinks and street food.
→ Dulwich Picture Gallery, West Dulwich rail. Sat Apr 27. Free.

**Vaisakhi Festival**
This celebration of Sikh New Year will bring thousands of revellers to Trafalgar Square. Expect talks, traditional food, turban-tying and a jam-packed programme of live performances and kirtan (spiritual music).

**Saturday**

**The London Marathon**
If you’re not a born athlete, join the crowds lining the world-famous 26.2-mile route. We recommend Tower Bridge, Embankment and the teary finish line on The Mall.

**Sunday**

**Classic Car Boot Sale**
Traders flog all manner of wares, including vintage clothing and craft beer, from some very handsome pre-1989 vehicles.
→ Granary Square. King’s Cross. Sat Apr 27-Sun Apr 28. £4 entry.

**Chilli Sauce Championships**
Hot damn! Chilli brewers and heat lovers unite to judge London’s best homemade hot sauces, with a second judging category for spicy jams, pickles, chutneys and preserves.

**The London Marathon**
If you’re not a born athlete, join the crowds lining the world-famous 26.2-mile route. We recommend Tower Bridge, Embankment and the teary finish line on The Mall.

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The Tate Modern’s late-night shindig returns, this time celebrating wacky sculptor Franz West. As well as heaps of modern art, you can discover pro-LGBT performances, textile-making classes, pin-badge workshops, a pun-based pub quiz and artist talks – then go dance to tunes from NTS Radio.

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Five experiences you can only have in Nashville

Tennessee’s Music City is a buzzing cultural hotspot of the South. We’ve uncovered five unmissable things to do – with insider tips to boot.

There are many reasons to visit Nashville – and the newest is that British Airways has just launched daily direct flights to this incredible destination (on a state-of-the-art Boeing 787-8 Dreamliner, no less). To help you plan your Music City trip, we’re bringing five unmissable experiences to ignite your curiosity, whether you’re into history, music or local specialities. Thanks to British Airways’ super-comfortable direct flights to Nashville, which touch down around 6pm, you’ll be ready to start living like a local as soon as you step off the plane.

**Hatch Show Print**
A letterpress poster shop might not seem like the first place to stop at on a holiday, but a tour of this place is a real must-see. Its brightly coloured posters for country music have been part of the city’s identity since 1879, with the shop creating handmade posters for everyone from Elvis to The Black Keys. Oh, and did we mention it’s located in the same building as the Country Music Hall of Fame? That’s where you’ll find costumes from the likes of Dolly Parton and Keith Urban.

**Imagine Recordings**
How many times have you read an interview with a band who’ve talked about going to Nashville to record an album? It’s possible that it happened here: a studio that has recorded more than 500 number one hits. You can book a session here, where you get to observe the industry’s top session musicians record new tracks.
Hattie B’s
This is the place to crunch your way through world-famous fried chicken. At Hattie B’s, the meat is juicy, the skin is crunchy and the heat levels go from very mild ‘Southern’ to ‘Shut the Cluck Up!!!’ (don’t mess with this one unless you’ve got insides of steel). Of course, cult status means queues, so it’s best to call in advance and pick it up. Another top tip: load up on mac ‘n’ cheese, pickles and baked beans. You’re welcome.

The Listening Room Café
Catching some live music in Nashville is a no-brainer, but if you do it right, you could get a front-row seat at some incredible shows. While all the tourists flock to Bluebird Café, take a side-step to The Listening Room Café, which welcomes equally fantastic country music line-ups in a larger space. It hosts two gigs a day, except on Sundays, and entry guarantees you a seat.

Broadway honky-tonks
Honky-tonks are as central to Nashville’s identity as pearly kings and queens are to London’s. On busy, neon-lit Broadway, you can listen to country music all day then dance the night away.

GET THERE WITH BRITISH AIRWAYS
British Airways flies daily and direct from Heathrow to Nashville. Book a holiday to Nashville with British Airways, including flights and hotels, with a deposit of only £75 per person. Package includes ATOL protection and a 24-hour helpline.

Find out more at www.ba.com/nashville
‘Dinner Is Coming’

UNLESS YOU’VE BEEN living in a cave of dragonglass, you’ll be aware that ‘Game of Thrones’ is back for its final season. And if you don’t know what ‘dragonglass’ is, then the new ‘GoT’-themed murder-mystery dinner at The Vaults probably isn’t for you.

Luckily, I’m a shameless nerd, so I gleefully set out to celebrate the wedding of ‘King Jaffery Bearathon’ (all the character names are bastardisations of their ‘GoT’ counterparts). We’re asked to arrive in the colours of our favourite noble family: as a southern softie, I go for the green of the lily-livered Tyrells and take my seat in the throne room to watch the marriage celebrations.

As in the show, the king suffers an untimely death by poisoning – but tonight, it’s our job to work out whodunnit. Upstairs at the banquet table, we’re asked to guess the culprit and swear allegiance to the person we think will take the crown.

Throughout the feast there are performances from the potential monarchs and our allegiances change via coloured wristbands. By the time dinner is served we’ve rallied around ‘Kirsty Bannister’, the swearly ex-Queen Mother.

The meal itself consists of pea soup, chicken and other medieval fare, but we’re not here for that – it’s the atmosphere, which is rowdier than a wildling camp. I can’t remember the last time I laughed so much. And as for who murdered the king? We wouldn’t want to give too much away. After all, the night is already dark and full of spoilers.

Bobby Palmer

DON’T MISS

Elefit

For once, we recommend not skipping the gym this weekend: this two-day fitness festival features R&B yoga from Gymbox, a Ministry of Sound ’80s fitness class, over-65s cheerleading and healthy treats for anyone flagging.

Castle Square. Elephant & Castle.
Sat Apr 27-Sun Apr 28. Free.
The best events in your area

Central  North  South  East  West
The verdict...

"Smells absolutely gorgeous and leaves you with soft bouncy shiny hair. Definitely a new favourite in my house."*

Fionawebster

Average score 4.8/5 stars on 4,950 reviews**

*Consumer feedback on supersavemqe.co.uk, December 2018.
**Consumer feedback on supersavemqe.co.uk, July 2018.
‘POND LIFE’ IS ONE of those rare films that successfully make magic out of the mundane and turn trash into treasure. Similar to ‘Beasts of the Southern Wild’ or ‘The Florida Project’, it draws our focus to a largely deprived community where the troubles of the older generation are merely a backdrop to the brightness and imagination-fuelled optimism of youth.

That community is a former mining town near Doncaster during the summer of 1994, where the adults are at quiz nights down the Miners’ Welfare Club cracking jokes about Tony Blair, while their kids spend their time snogging obsessively, walking Fisher-Price toy dogs, trying to astral project themselves into their ex-girlfriends’ bedrooms or staring slack-jawed at the Wonderbra.

‘Hello Boys’ ad. Then word of a huge carp in the nearby ponds brings a group of young friends together for a night-time fishing trip.

Adapted from a play by Richard Cameron (who also wrote the script) and directed by first-timer Bill Buckhurst, the film is firmly character-driven and gently dramatic, placing its biggest tragedy in the backstory and dealing only with the ripples that event created for a community that’s been gradually unravelling since the pit closures.

Via a series of interconnected, mostly short-but-sweet scenes, ‘Pond Life’ pulls together an ensemble of young characters, each trying to find their path in life, from the wistful Malcolm (Angus Imrie) to the displaced twentysomething Trevor (Tom Varey), to the girl he helps care for, the brightly off-centre Pogo (Esmé Creed-Miles).

As impressive as all the young actors are, it’s Creed-Miles who really stands out. Whether she’s wondrously viewing the world through sweet-wrappers rubber-banded to her head, or tearfully wolfing down lumps of carp bait during a low ebb, she portrays Pogo with such sensitivity she’ll melt your heart. On top of TV show ‘Hanna’ and 2017’s ‘Dark River’, this should confirm her ‘next big thing’ status. You could say she makes a splash.
Recasting the Avengers

Who should replace Downey Jr and co after ‘Avengers: Endgame’?
Top casting director Shaheen Baig gives us her tips

‘AVENGERS: ENDGAME’ marks the end of the line for some of earth’s mightiest heroes, with Robert Downey Jr and co rumoured to be saying goodbye. But who should replace them? We asked casting director Shaheen Baig (‘The Impossible’) to flick through her Rolodex...

Chiwetel Ejiofor as Tony Stark

‘It needs a leader. I’ve gone for actors who would be fun and different. Robert Downey Jr has a playfulness, and I think Chiwetel Ejiofor, as do Bradley Cooper, Matthew McConaughey and Ryan Gosling.’

Henry Golding as Captain America

‘Henry Golding is a star just waiting for the role that really showcases him. Jack Lowden has a huge interior language, and Donald Glover can do everything. They’ve all got a bit of wit, and you need that or this role can feel po-faced.’

Nicolas Cage as Bruce Banner

‘I would give Marvel a suitcase of cash to cast Nicolas Cage. Hulk’s a complex character, so it needs someone who has layer upon layer. Cosmo Jarvis (‘Lady Macbeth’) has a very masculine presence, but is incredibly tender. Or Will Poulter has lots going on underneath.’

Chris Pine as Thor

‘There’s a really obvious way of casting Thor; you get a beetscake. But then where do you go? So I’ve gone for actors who have strength, but other stuff as well: Joe Alwyn, Luke Evans or Stephan James.’

Or Chris Pine: you’ve got physicality, but he’s really smart. And Marvel likes Chrises!’

Florence Pugh as Black Widow

‘Top of my list is Florence Pugh, because she’s a movie star and she’s on an incredible roll. But I think Margot Robbie, KiKi Layne or Zoe Beetz are all really fantastic leading actresses who are strong, who have a defined visual style and who are confident. Widow has to be confident.’

Rosamund Pike as Nick Fury

‘Laura Dern, Rosamund Pike and Mark Rylance are my choices. I just think brilliant women, brilliant men; you want Nick Fury to be amazing. These are all super-clever, vivid actors. Mark Rylance is a genius, and these women, for me, can do no wrong.’

Mackenzie Davis as Pepper Potts

‘Aubrey Plaza, Ruth Wilson, Jodie Comer or Mackenzie Davis all have a sense of fun, and they could all probably kill you in a second. They’re all growing as actors and [building their] resumes for this sort of franchise.’

Interview by Helen O’Hara

→ ‘Avengers: Endgame’ opens Thu Apr 25 and we will be reviewing it online.
WHAT I KNOW ABOUT Social media

‘Eighth Grade’ writer-director Bo Burnham on the slow death of Facebook

TEENAGE YOUTUBER. Stand-up comedian. Film director. Bo Burnham hasn’t exactly followed a traditional career trajectory. As he makes his directorial debut with ‘Eighth Grade’ – a film about being an awkward teenager (which obviously involves a lot of time on Instagram) – we ask him about his YouTube days and how to make a movie about social media without being cringe.

Social media has changed massively
‘When I was on YouTube in 2006 it was a bulletin board where I posted videos of me singing songs. If I’d had to exist in the world that Kayla does – of talking about yourself and presenting your soul – I don’t know what I would have done.’

Facebook is done
‘I’d originally written Facebook into “Eighth Grade” but Elsie Fisher [who plays the main character] let me know that Facebook is dead – no kid uses it. There’s a generational gap between me and people three years younger, which is like, “Wow, you had Twitter in high school? That’s crazy!”’

Social media could destroy us – or save us
‘I’m ambivalent about social media. It’s sort of setting the world on fire and putting it out at the same time.’

The most interesting videos aren’t the viral ones
‘I’m digging into the rawer version of the internet, not the one where a person has a million followers. I’d watch videos with 12 or 13 views of a girl monologuing about how to be confident.’

It’s not just about influencers
‘Everyone points at all the loud, annoying people on the internet as representative of their generation, but this isn’t a generation full of narcissists, it’s a self-conscious generation being told to express themselves. I feel for them.’

The interview by Isabelle Aron
→ ‘Eighth Grade’ opens Fri Apr 26. Read our review on p56.
**Eighth Grade**

*What is it...*  
A teenage girl grappling with social media, school and growing up.

*Why go...*  
For a warm coming-of-age movie from YouTube star-turned-director Bo Burnham.

> Director Bo Burnham  
(15) 94 mins.

*As played by* 13-year-old Elsie Fisher, social-media-obsessed Kayla speaks in an awkward flow of ‘ums’ and ‘likes’ in this warm, funny film. She’s probably the wrong person to be posting YouTube videos about confidence, but you’ll love her for doing it. Kayla is the heart of this deeply empathetic depiction of a teenager’s life, slyness and all, given loads of guileless charm by Fisher.

Writer-director Bo Burnham’s debut feature tracks Kayla during her final week of school, a transitional moment fraught with anxiety. If his episodic building blocks are a touch familiar, Burnham delivers them without artifice, steering ‘Eighth Grade’ into the company of Larry Clark’s ‘Kids’ and Catherine Breillat’s ‘Fat Girl’. A pool party becomes Kayla’s nightmare, as she’s surrounded by peers further along the path to maturity. Caught in the act of practising blowjobs on a banana by her single dad, she flings the fruit at his chest; it lands with a satisfying thud.

There’s a whiff of anti-Instagram hectoring to ‘Eighth Grade’ (Kayla and her bitchy nemesis, Kennedy, both spend a pointed amount of time staring at tiny screens), but Burnham’s directorial confidence grows in tandem with that of his main character. By the end, we’re learning, obliquely, about the mum who left, in a backyard scene of moving father-daughter intimacy. It’s a lovely film, lifted up by a timeless piece of indie wisdom: keep it real – as cringeworthy as that can sometimes be. ■ Joshua Rothkopf

**Styx**

*What is it...*  
A taut moral thriller about a woman on a dream trip that takes a horrifying turn.

*Why go...*  
It’s a masterful, nail-biting watch.

> Director Wolfgang Fischer  
(12A) 95 mins.

The slow pace of ‘Styx’ initially seems to have no purpose. For a good 40 minutes, Rike (Susanne Wolff), a doctor about whom we know virtually nothing, is just sailing her boat across the Atlantic, every move instincual, practised countless times before we join her. She is in her element: on her way to Ascension Island, with a romantic dream of following in the footsteps of Charles Darwin, who used the place as a kind of real-life laboratory. But she’ll never get there.

What director and co-writer Wolfgang Fischer is doing in that first half is giving the audience space to think: time to clear your head. When he then jolts you awake with a surprise in the water, it’s all the more tilting because of the relaxed mood he’s put you in. To reveal exactly what Rike encounters would take away from the film’s effectiveness. It’s nothing bizarre, but it puts ‘Styx’ on a different course, one in which Rike has to make tough moral decisions with very little information. The fact that we know so little about her makes it easier to slip into her shoes. What choices would you make in her situation? What mistakes could you live with?

Fischer’s direction is elegant and swift, ratcheting the film from serenity to panic with effortless panache. It’s a vital, highly intelligent movie that is both a first-class thriller and a biting commentary on our current world. Go and see it, but make sure you don’t read another thing about it before you do... ■ Olly Richards

**ALSO OPENING**

**Bel Canto**  
‘American Pie’ co-director Paul Weitz brings classy insight to this adaptation of Ann Patchett’s novel set in an unnamed Latin American country. An evening of opera provided by Julianne Moore’s soprano is interrupted when guerrillas break into the home of Ken Watanabe’s industrialist and hold him and his guests at gunpoint. Instead of a gunfire-peppered thriller, Weitz draws in on the interplay between his characters as the tensions slowly loosen in interesting ways. A refreshingly cliche-free drama. ■ Carlos Losilla

**Donbass**  
Ukrainian director Sergei Loznitsa treats conflict as a grim carnival in this personal take on his country’s ongoing civil war. ‘Donbass’ is a drama that has the energy and style of a yet-to-be-completed documentary, as Loznitsa leads us through loosely linked vignettes that begin and end with Ukraine’s neighbour Russia orchestrating fake news and criminal violence. If you’re unfamiliar with the conflict, it’s hard to know exactly what he’s driving at in every scene. But the strange, warped spirit of war cuts through every moment. ■ Dave Calhoun

**The World is Yours**  
Ironically taking its title from the airship display in Al Pacino’s ‘Scarface’, Romain Gavras’s offbeat and unmistakably French-feeling comedy has a self-professed loser (Karim Leklou) juggling drug deals, his sanity and his sharp-edged, designer-clad mum (Isabelle Adjani, wonderful) from Paris to Benidorm. It’s an odd mix at times, shifting from broad comedy (Vincent Cassel is a giggle as a conspiracy-theory-obsessed crim) to violent thriller and back – often in the same scene – but never without a likeable sense of its own absurdity. ■ Phil de Semlyen

**Ash is the Purest White**  
Love really is hell in this romantic crime epic from Chinese director Jia Zhangke. He paints on a mighty canvas as ex-con Zhao (Zhao Tao) tries to track down the mob boss (Liao Fan) she was in love with and took the rap for when she was caught with his illegal handgun. It’s all backdropped by ex-mining towns reduced to crime-ridden husks by capitalism and a country in flux as Zhao finds honour among thieves in short supply. Long, languid and filled with majestic landscapes, it’s a bitter-but-beautiful fairytale that’s shot with real flair. ■ Phil de Semlyen
It’s fair to say that Sundance Film Festival: London has come a long way in a relatively short time. From its first outing, hosted a bit incongruously in the giant surroundings of The O2 back in 2012, the iconic indie fest has really found its feet in the capital – as well as the perfect home at Picturehouse Central. If you love buzzy new movies, there’s another long weekend’s worth to look forward to this year, with Time Out’s own gala screening – the riotous ‘Animals’ – just one of 13 films to catch. We’ll see you there!

CONTINUING THE SUNDANCE tradition of championing under-represented voices and empowering brave artists, this year’s Sundance Film Festival: London will showcase innovative films and encourage filmmakers, audiences and the wider British film community to celebrate ‘Risk Independence’. The festival will honour risk-takers by highlighting independent films from Sundance Film Festival in Utah that question and challenge the status quo.

Among the array of fearless filmmaking on offer is Jennifer Kent’s striking revenge drama ‘The Nightingale’; ‘Animals’, a ferociously funny tale of female friendship starring Holliday Grainger and Alia Shawkat; Shola Amoo’s ‘The Last Tree’, a powerful coming-of-age story about a British-Nigerian boy; and closing night film ‘Hail Satan?’, an exploration of a controversial American religious movement The Satanic Temple.

As well as providing rare insights into the filmmaking process, this year’s special event programme will focus on breaking boundaries and defying expectations, as our speakers discuss what risk-taking means to them. Join us for a weekend of features, shorts and conversations as we celebrate those who dare, explore and venture beyond comfort and convention.

What does this year’s Sundance Film Festival: London hold in store?
The organisers share the ethos behind the line-up

More information and tickets at picturehouses.com/sundance
13 must-see new movies

Sundance Film Festival: London showcases the cream of indie cinema from May 30 to June 2. Here are a dozen gems – plus one surprise pick – you won’t want to miss

1. **Late Night**
   If the fact that the brilliantly funny Mindy Kaling wrote and stars in this comedy-drama doesn’t have you rushing to Picturehouse Central, the fact that it also features the ever-immaculate Emma Thompson should. It’s this year’s opening-night gala and has Thompson playing a late-night talk-show host who hires Kaling’s writer to help reverse her ratings slide. A story of women bossing it in the workplace, it promises zeitgeist-capturing.
   - **Director**: Nisha Ganatra
   - **Cast**: Mindy Kaling, Emma Thompson, John Lithgow
   - **See this if you liked**: ‘The Big Sick’ (2017)

2. **Apollo 11**
   Ever wanted to go back in time and into space with Neil Armstrong, Buzz Aldrin and Michael Collins? This might be the closest you could get. To mark the fiftieth anniversary of the Apollo 11 moon landing, archive 70mm footage of the expedition has been restored and edited to create an immersive blow-by-blow account of the mission. It’ll be a misty-eyed nostalgia trip back to a time when the entire planet was united in a common goal. To Piccadilly Circus and beyond!
   - **Director**: Todd Douglas Miller
   - **See this if you liked**: ‘First Man’ (2018)

3. **Surprise film**
   This is where festivalgoers get to catch an unannounced title. The last two years’ picks have been ‘American Animals’, Bart Layton’s terrific heist thriller, and hilarious cult comedy ‘Patti Cake$’. Trust us, it’s worth taking a punt.
   - **See this if you like**: surprises

4. **Corporate Animals**
   Demi Moore is the boss in this satire about a manipulative CEO who takes her employees on a team-building caving weekend. Naturally they get trapped in a large cave, where surely some home truths will come out. It’s like ‘The Descent’, only with more HR issues and fewer demonic hell goblins. It comes from director Patrick Brice (‘Creep’) and writer Sam Bain (‘Peep Show’, ‘Four Lions’), so expect plenty of queasy horror-comedy and corporate commentary.
   - **Director**: Patrick Brice
   - **Cast**: Demi Moore, Ed Helms, Jessica Williams
   - **See this if you liked**: ‘Sorry to Bother You’ (2018)
TIME OUT MEETS Sophie Hyde

The Aussie filmmaker on her raw, honest and hilarious ode to female friendship

ADAPTED FROM Emma Jane Unsworth’s novel, ‘Animals’ follows two friends (Holliday Grainger and Alia Shawkat) living it up in Dublin. Director Sophie Hyde tells us more.

What was the key to capturing female friendship in a way that feels so authentic?
‘We weren’t trying to make them beautiful or nice or pretty or anything. Sometimes they’re shit to each other and at other times they’re perfect for each other. Female friendships are quite complex and I wanted to show that.’

Caitlin Moran called the book ‘‘Withnail & I’’ for girls’. Does that apply to the film, too?
‘I love that movie, and we took influences from it. We used big old Dublin houses that were a bit run-down. That felt very “Withnail” to us.’

You won an award at Sundance in 2014 for your debut film ‘52 Tuesdays’. What has the festival meant for your career?
‘It really kicked it off. To have that kind of award meant I started to be taken seriously by certain people. It shouldn’t take an award to do that, but there’s so many films out there and you need that sense of curation. That’s what Sundance is: curation.’

How are you going to celebrate your Sundance Film Festival: London gala?
‘The first time we went to Sundance, we created a dorky circle dance-off with all the Australians in the room, so maybe we’ll get that going in London. Who won the dance-off? There were no winners at all, but in the greatest way.’

Interview by Phil de Semlyen

Hail Satan?
The real-life Satanists in this provocative documentary are actually not quite as evil as you might imagine. Sure, they wear black and the occasional set of horns, and yeah, they’ve been known to look at goats a bit funny, but their mission may be less sinister than that of your stereotypical devil worshipper.
In this film – it’s the festival closer this year – we see The Satanic Temple co-founder Lucien Greaves getting stuck into America’s religious hypocrisies. Be there to soak up every absurdist, thought-provoking moment.

Director Penny Lane
See this if you liked ‘My Scientology Movie’ (2015)

The Brink
American filmmaker Alison Klayman won the Special Jury Prize with ‘Ai Weiwei: Never Sorry’ at Sundance 2012. She’s back with another film about an iconoclastic figure, albeit a radically different one. ‘The Brink’ follows ruddy-complexioned white nationalist and former Trump advisor Steve Bannon in a hard-hitting and potentially jaw-dropping doc. Beginning in 2017 when Bannon exited Trump’s White House under a cloud, it tracks his ongoing attempts to unify far-right groups all over the world. It’s the kind of movie you’ll want to see in a crowd, with gasps of disbelief and laughter bringing you together in shared horror.

Director Alison Klayman
See this if you liked ‘Vice’ (2019)

TIME OUT FILM!

Animals
Time Out’s gala movie is a true gem. Holliday Grainger and Alia Shawkat play best pals whose friendship hits a bump. But this is no Hollywood romcom. The film haunts Dublin’s pubs, dive bars and clubs, where the booze is free-flowing and the dialogue’s whip-smart. Based on a novel by Emma Jane Unsworth (also the screenwriter), Sophie Hyde’s portrayal of female friendship is a raw, funny and non-judgmental depiction of two complex, relatable young women.

Director Sophie Hyde
Cast Holliday Grainger, Alia Shawkat
See this if you liked ‘Frances Ha’ (2012)

More information and tickets at picturehouses.com/sundance
**Sundance Film Festival: London**

**8 The Death of Dick Long**
If you’ve seen seriously offbeat Daniel Radcliffe comedy ‘Swiss Army Man’, you’ll know that film’s co-director Daniel Scheinert likes his comedy dark, a bit weird and preferably involving a corpse. This solo effort begins as a crime comedy, with two friends trying to cover up a mate’s accidental death, but takes some surprising turns. Set in Utah, it stars Scheinert himself as the ill-fated Dick of the title.

**Director** Daniel Scheinert  
**Cast** Michael Abbott Jr, Andre Hyland  
**See this if you liked** ‘The Voices’ (2014)

**9 Ask Dr. Ruth**
In the early ’80s, people did not talk about sexuality. So says Dr. Ruth, the German-American sex therapist who made it her mission to change that, educating the general public in no uncertain terms with endless books and TV appearances. This documentary promises extensive access to the great doctor, now 90, and his hanging attitudes over the decades. 

**Director** Ryan White  
**See this if you liked** ‘RBG’ (2018)

**10 The Last Tree**
A stellar showcase of British filmmaking talent, Shola Amoo’s coming-of-age story tells of a Nigerian-British boy who moves to south London from a cosy country abode and struggles to adjust to inner-city living. Played by several actors over the years, Femi faces tough life choices that reflect the contradictions and racial tensions of modern Britain.

**Director** Shola Amoo  
**Cast** Sam Adewoumi, Gbemisola Ikumelo  
**See this if you liked** ‘Elle’ (2016)

**11 The Nightingale**
If you loved cult horror ‘The Babadook’, you’ll have been waiting for the next film from director Jennifer Kent. This striking revenge thriller is an even darker prospect than her 2014 paranormal chiller. Set in period Tasmania, it follows the fate of a female Irish convict who is brutalised by an English lieutenant. Early word is that it’s an epic horror with plenty to say about patriarchy and violence.

**Director** Jennifer Kent  
**Cast** Aisling Franciosi, Sam Claflin  
**See this if you liked** ‘Elle’ (2016)

**12 The Farewell**
Lulu Wang’s much-praised Chinese-American family comedy is given a nifty biographical flavour with the ace Awkwafina (‘Ocean’s 8’) playing Billi, a version of Wang’s younger self. She plays a struggling writer living in New York whose beloved grandmother, Nai Nai (Shuzhen Zhou), is diagnosed with terminal cancer. Billi’s family decide to keep the news from Nai Nai herself, staging a fake wedding to distract her and bring the clan together. The film’s a proper charmer and a terrific showcase for Awkwafina’s more weighty acting chops.

**Director** Lulu Wang  
**Cast** Awkwafina, Tzi Ma, Diana Lin, Jim Liu  
**See this if you liked** ‘Crazy Rich Asians’ (2018)

**13 After the Wedding**
Bart Freundlich (‘The Myth of Fingerprints’) directs wife Julianne Moore in a tense family melodrama that opened Sundance 2019 in Utah. Moore plays a wealthy woman who offers to donate a generous sum to an Indian orphanage – if charity worker Isabel (Michelle Williams) agrees to attend her daughter’s wedding. Dramatic twists are unleashed in this film based on Susanne Bier’s Oscar-nominated Danish hit. Best of all, it’s a gender-flipped version, giving two terrific actresses room to shine.

**Director** Bart Freundlich  
**Cast** Michelle Williams, Julianne Moore  
**See this if you liked** ‘Rachel Getting Married’ (2008)

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**Win a VIP weekend ticket!**
Time Out and Picturehouse Cinemas have teamed up to offer the ultimate Sundance Film Festival: London prize. The two lucky winners will also get a passport to year-round moviegoing with benefits. To enter the competition, there’s nothing to it. Just hop online, input your details and you could win the following goodies.

**Two tickets to every film in the festival**
Two Picturehouse Central annual memberships with access to the private members’ bar and roof terrace.
**Dinner for two** at the Picturehouse Central Restaurant & Bar.

To enter, visit [www.timeout.com/winsundance](http://www.timeout.com/winsundance)
Special events

It’s not just about the programme at Sundance Film Festival: London. Here are three more great reasons to head to the festival.

The panel discussions
A great chance to get up close with exciting indie filmmakers. Sundance Film Festival: London complements its programme with Q&As and panels. Look out for Shorts to Features, which has directors William Oldroyd (Lady Macbeth) and Shola Amoo (The Last Tree) chatting about the leap to long-form filmmaking, and Creative Risk – It Takes a Village, in which expert panelists discuss taking risks. Whether you’re a budding filmmaker keen for inside tips or just fancy hearing a few juicy behind-the-scenes tales, hop online and see what grabs you.

The short film programmes
Alongside its feature film programme, the festival has a proud tradition of celebrating the best in shorter films. This year’s fest has two short film threads to sink your eyes into: a UK Short Film Programme that shows off talented, up-and-coming UK filmmakers with an array of new shorts, and the Sundance Film Festival Short Film Tour, which squeezes seven mini-movies into a 96-minute rollercoaster of comedy, drama and edgy genre fare.

The indie hits
This year’s repertory strand, Triple Threat, comprises a trio of spin-off screenings that showcase some of the Utah festival’s best films of recent years. They’ve been picked as showcases of complex women on screen. So look out for Claireece ‘Precious’ Jones in Precious (Gabourey Sidibe), the fierce Smurf (Jacki Weaver) in Animal Kingdom and Billie (Tilda Cobham-Hervey), the teenage hero of Sophie Hyde’s 2014 Sundance award-winner 52 Tuesdays.

How to book tickets
General ticket booking opens at noon on Tuesday April 23. Picturehouse Cinema members can book now.

Online
Go to www.picturehouses.com/sundance

By phone
Call 0871 902 5747 (calls cost 13p per minute plus your telephone company’s access charge). The telephones lines are open from 9am to 8.30pm, seven days a week.

In person
Festival tickets can be purchased at the box office at Picturehouse Central from Tuesday April 23 (four days earlier for members).

A limited number of tickets will be released on the day of each screening and can only be purchased at the main box office at Picturehouse Central or via the Picturehouse app. Be sure to follow @picturehouses and @CentralPictureH for all ticket announcements.

Prices
Tickets for the opening-night gala are £18.50 (£15.50 for Picturehouse members). Other screenings are £16.50 (£13.50 for members). Triple Threat films are £10 (£7 for members). A £1.50 booking fee applies to online orders (members are exempt).

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Control Wave
Liverpool’s indie kings roll into town for a headline show in support of their just-released third album, ‘What’s It Like Over There?’.
→ Roundhouse. Chalk Farm. Fri Apr 26. £18.

The Horrors
Faris Badwan’s spooky shoegazers celebrate the tenth anniversary of their pivotal album ‘Primary Colours’ by playing the whole damn thing in one gig.
→ Royal Albert Hall. South Kensington. May 9. £17.50-£32.90.

The Chemical Brothers
There are still tickets for Vicky Park mega-fest All Points East, including the bumper first day with The Chemical Brothers headlining and support acts including Hot Chip and Primal Scream. Want to see The Strokes the day after? Tickets are available for that too, as well as more headliners like Bon Iver and Christine & The Queens.

Mariah Carey
La Carey’s multi-octave vocal range and playful fabulosity are a perfect fit for the grand old RAH, so this three-night residency is destined to be a real event.
→ Royal Albert Hall. South Kensington. May 25-27. £45-£175.
**Bikini Kill**
Attention, rebel girls – the riot grrrl legends are back! After a big hurrah when the first date went on sale, there are still some tickets for the second London date on their short comeback tour, which comes a full 22 years after they split.


**Anne-Marie**
The Essex pop queen has quietly morphed into one of the UK’s most reliable hit-makers, so this show should have more bangers than a toad-in-the-hole contest.


**Fleetwood Mac**
Ask yourself: how many more chances are there left to see this elegant institution of rock?


**Weezer**
Rivers Cuomo and co swap Beverly Hills for Brixton as they tour in support of this year’s ‘Weezer (Black Album)’.


**Bros**
After their reunion doc became an instant stone-cold classic, the brothers Goss are returning to south London. No one mention conkers…


**kd lang**
The Canadian country-pop queen’s show should be pretty special: it’s part of a (rather prolonged) tour celebrating 25 years of her ‘Ingénue’ album, home to her achingly lovely signature hit ‘Constant Craving’.


**Janelle Monáe**
The superstar-in-waiting wowed an intimate crowd at Camden’s Roundhouse in September with a stylish high-energy show. Now, watch her step up to arena level without breaking any more of a sweat than she wants to.

Five unique music experiences in Nashville

Good news, music lovers: British Airways has just launched daily direct flights to Nashville (on a state-of-the-art Boeing 787-8 Dreamliner, no less). This means flying to Music City has never been easier or more comfortable, so we’ve put together a guide to the most incredible music experiences on offer – from venues showcasing the finest up-and-coming talent to free outdoor festivals.

Honky Tonk Tuesdays
Authentic country your bag? Make a beeline for this weekly jam at Eastside’s American Legion Post 82. The venue is a traditional legion (somewhere for military vets to hang out) but there’s a stage that each week welcomes various old-school country acts. It’s basically a lot of fun, with audiences ranging from young trendies to old-timers quickly getting up for a dance.

Printer’s Alley
This downtown strip used to be the centre of Nashville’s printing industry, but now it’s home to some of the city’s best gig venues. This is the place where the locals who love high-quality music go. Our pick? Bourbon Street Blues & Boogie Bar: live music every night, Cajun food and a serious liquor selection.

Bluebird on the Mountain
This concert series has been going strong since 2004 and takes place in front of the Vanderbilt Dyer Observatory – a building that drips with ’50s charm and bags some gorgeous sunsets. Grab a blanket, some food and your favourite tipple then ready yourself for some of the best tunes in the land.

Live on the Green
This free music festival celebrates its tenth anniversary this year. And if there’s one thing Nashville does well, it’s a party. Live on the Green is best known for platforming new talent, but previous headliners include Ben Harper and Sheryl Crow – so you can scratch some big names off your bucket list too.

Jack Daniel’s Music City Midnight
This is how to spend New Year’s Eve in Nashville. They tend to like a bit of Jack around these here parts, and when he puts on parties like this, you can see why. It’s free, it’s huge, it’s got a stellar line-up and it features 13,000 LEDs illuminating a 16-foot-tall music note. Well, why not?

Find out more at www.ba.com/nashville
UP TO NOW, the career of Fat White Family has played out like a soap opera directed by Irvine Welsh. Since lurching unsteadily out of Peckham in 2011, they’ve survived intra-band explosions, drug addiction and penury, but somehow just about kept their eyes on the prize. Now, like Welsh’s most resonant character, Mark Renton, they’ve surfaced, bearing the golden morphine suppository that has made their prolonged wallow in the filth worthwhile.

Even at their murkiest, the Fat Whites have always had ideas to burn and here, on their third album proper, those ideas have been given full rein. Their first two records (2013’s gloriously rickety debut LP ‘Champagne Holocaust’ and its gleefully self-destructive 2016 follow-up ‘Songs for Our Mothers’) suggested both huge potential and an uncompromising, transgressive streak. On ‘Serfs Up!’, homoerotic chamber pop (‘Oh Sebastian’) rubs shoulders with propulsive electro (‘I Believe in Something Better’) and shuddering bass-battery (‘Fringe Runner’).

Meanwhile, in lead single ‘Feet’ – a sexy, angry, druggy disco banger that lyrically elides forbidden sexual longing with the refugee crisis – they’ve written what feels like one of the defining tracks of 2019. There’s plenty more to process: who else would come up a cod-reggae ballad (‘Kim’s Sunsets’) exploring a dictator’s sadness at owning nuclear warheads he’ll probably never get to fire?

Fat White Family’s perpetual drama tends to obscure their impressive creative evolution. Overflowing with pop smarts, pitch-black humour and subversive intent, this album should change that. While they swerve the bluntly, directly political here, they feel like a band for our times. ‘Serfs Up!’ is a jubilant leap forward – here’s hoping they survive long enough to make another one…

Phil Harrison

Fat White Family ‘Serfs Up!’ is out now. Fat White Family play O2 Forum Kentish Town on May 15.
WHAT’S THE DEAL WITH

Beabadoobee

Who’s this, then?
Bea Kristi – or Beabadoobee as she’s more commonly known – is the latest star to emerge from London label Dirty Hit’s chart-topper machine. She’s only 18, originally from Manila in the Philippines but now living in London. She’s one of those achingly cool Gen-Z kid who wear baggy vintage sweatshirts and create lo-fi bops in their bedrooms.

Very!
Those fans stuck around. She sold out her headline shows in a matter of hours, picking up a support slot with label mates The 1975 along the way.

Strong start. What’s her music like?
Cosy DIY bedroom-pop. Bea makes the perfect stripped-back soundtrack for curling up on the sofa with a nice cuppa.

Sounds perfect. What’s next?
She’s teased on her socials that a second EP is dropping imminently, so keep your eye out for that. In the meantime, her debut seven-track EP ‘Patched Up’ gives you plenty to feast your ears on. If you get on well with that, get hold of a ticket for her show this week.

WHOIS THIS, THEN?

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Beabadoobee plays Oslo on Fri Apr 26.
Hackney Central Overground.
Happy birthday
Mr Shakespeare!

The Bard’s birthday – he’s 455 years old today – marks the start of London’s Shakespeare season. Here’s what’s on in 2019

One big birthday bash
Britain’s greatest actor Mark Rylance may not believe Shakespeare existed (it’s a long story, look it up), but the former Globe boss is, nonetheless, a huge fan. In 2019, he and director Claire van Kampen bring back ‘Shakespeare Within the Abbey’, in which 22 actors disperse throughout Westminster Abbey and perform bits of Shakespeare’s plays, poems and songs for wandering audiences to discover.

Two Hamlets (one drunk)
There’s not been a big-name ‘Hamlet’ since Andrew Scott in 2017, which gives the little guys room to take a clear stab at The Greatest Play Ever Written for once. This year, the serial jokers at Sh!t-faced Shakespeare will be tackling it with a different cast member pissed per night, while on a literally more sober note, Iris Theatre will do an outdoor promenade take in Covent Garden.

Three Henrys
The main event in Michelle Terry’s second season in charge of the Globe is a single rep company tackling Shakespeare’s ‘Henry IV Part 1’, ‘Henry IV Part 2’ and ‘Henry V’.

Four versions of ‘A Midsummer Night’s Dream’
Why are there four major productions of ‘A Midsummer Night’s Dream’ happening in London this summer? Dunno. Maybe something to do with Brexit and people wanting a light offering? In any case, fans of Shakespeare’s magical comedy can go absolutely nuts in 2019, with the Bridge, the Globe and the Open Air Theatre all tackling it, plus a production touring London’s leafiest outdoor squares.

And finally: ‘& Juliet’
What would a list of Shakespeare plays be without including an unofficial musical sequel to ‘Romeo & Juliet’ in which our heroine heads off on an empowering road trip to Paris in lieu of topping herself? Okay, okay, there is a reasonable chance that ‘& Juliet’, a vehicle for the prodigious hits of pop powerhouse Max Martin, will not have that much to do with the work of William Shakespeare. However, the fact that ‘& Juliet’ is an even remotely viable premise for a musical is confirmation that, four-and-half-centuries on, the man from Stratford looms as large over our culture as ever. Also, it looks hella fun.

Happy 455th, Mr Shakespeare!
THREE SISTERS: MARC BRENNER, SWEET CHARITY: JOHAN PERSSON

IF THE DONMAR WAREHOUSE still has a kitchen sink, it is safe to assume that it’s only because outgoing artistic director Josie Rourke was physically stopped from chucking it at her gloriously maximalist production of the classic musical ‘Sweet Charity’.

Her take on Cy Coleman, Neil Simon and Dorothy Fields’s 1966 hit about unlucky-in-love nightclub hostess Charity Hope Valentine is bursting with ideas. Some of them are brilliant, some of them are clearly taking the piss. The big one is the Andy Warhol’s Factory-style makeover she and designer Robert Jones have given it.

Styled in a silver mini-dress and with a definite Edie Sedgwick vibe, Duff looks both beautiful and beautifully battered as the irrepressible Charity. Her megawatt grin is almost permanently in place, and it doesn’t ever feel like it’s forced: she gives the impression that Charity is genuinely passionate about life, something that protects her—emotionally at least—from the slings and arrows of the outrageous douchebags who she becomes romantically entangled with.

Repurposing the theatre’s bar as a performance space for a ten-piece band, Rourke has clearly Gene Big, but at the same time the whole thing is possessed of the sense of irreverence, and indeed fun, that has defined her Donmar tenure. ■ Andrzej Lukowski

WHAT IS IT...
Chekhov’s classic directed by rising star Rebecca Frecknall.

WHY GO...
Patsy Ferran, Pearl Chanda and Ria Zmitrowicz are stunning siblings.

WHAT IS IT...
The classic musical gets an Andy Warhol makeover in Josie Rourke’s Donmar swansong.

WHY GO...
Anne-Marie Duff is glorious in the title role.

WHAT IS IT...
The 1938 classic at Regent’s Park Open Air Theatre.

WHY GO...
Up to £25 with our exclusive offer, celebrate what it means to be alive with Thornton Wilder’s 1938 classic at Regent’s Park Open Air Theatre. Now just £30 a ticket.

OUR TOWN

‘OUR TOWN’

Saving up to £25 with our exclusive offer, celebrate what it means to be alive with Thornton Wilder’s 1938 classic at Regent’s Park Open Air Theatre. Now just £30 a ticket.

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A German Life

TWELVE YEARS AFTER she retired from the stage, Dame Maggie Smith, 84, has returned. But anyone expecting any sort of a valedictory yee-haw of a performance – a last big flexing of the dramatic muscles to one-up Glenda Jackson or Ian McKellen, still doing Shakespeare in their eighties – might be surprised. ‘A German Life’ is a monologue translated and edited by Christopher Hampton from the videotaped testimony of Brunhilde Pomsel. Personal secretary to Joseph Goebbels, Pomsel only spoke about her experiences at the end of her very long life – she died aged 106 in January 2017. Jonathan Kent’s hyper-naturalistic production feels less like a contrived drama, more like watching Pomsel’s testimony in some sort of unnaturally vivid translation.

For an hour and 40 minutes, Smith sits in a chair in Anna Fleischle’s neat Munich apartment set and simply talks to us, sharing Pomsel’s memories in pointedly hesitant fashion. Does Smith live up to her reputation? Yes: just don’t expect fireworks. Her Pomsel is a woman who seems to constantly be wrestling with something. Guilt? Guilt at her lack of guilt? Horror at what previously interrogated memories of the Third Reich really signified? Often she stumbles: maybe some of this is Smith stalling for time slightly, or perhaps each hesitation is immaculately scripted. Either way, the effect is the same – low-key magic, and a remarkable performance. ■ Andrzej Lukowski

WHAT IS IT...
Maggie Smith returns to the stage after 12 long years.

WHY GO...
Smith is phenomenal as Goebbels’s secretary, Brunhilde Pomsel.

BOOK...
Sold out but £15 day seats available from box office at 10am each morning.
→ Bridge Theatre.
☎ London Bridge.
Until May 11. £15-£70.

AT THE OLD VIC

SALLY FIELD BILL PULLMAN
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ARTHUR MILLER

What is the true price of the American dream?
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**NEW SHOWS**

**THE HOTTEST THEATRE OPENINGS THIS WEEK**

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**WEST END**

**All My Sons**
Arthur Miller’s tragedy about a shattered family in post-war America, and the patriarch who betrayed them, is staged with a star cast of Sally Field, Bill Pullman, Jenna Coleman and Colin Morgan.

**OFF-WEST END**

**Ain’t Misbehavin’**
This jazz-fuelled revue is a loving tribute to the black musicians of the Harlem Renaissance. It hasn’t been seen in London for 25 years, so director Tyrone Huntley’s revival is long overdue.

**The Amber Trap**
The follow-up to her warmly reviewed debut ‘Reacons’, Tabitha Mortiboys’s play explores the impact of the male gaze on gay women.

**Captain Corelli’s Mandolin**
Louise de Bernières’s whimsical tragicomic novel is adapted for the stage by Rona Munro. Alex Mugnaioni and Madison Clare star.

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**Different Strokes**

**Don’t Miss**

**Fertility Fest**
Yup: it’s an entire festival about fertility. The headline show is ‘Avalanche: A Love Story’ (Saturday April 27-May 12) in which Maxine Peake stars in an adaptation of Julia Leigh’s IVF memoir.

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**TOP-SELLING TICKETS**

AT TIMEOUT.COM/TICKETS

1. **Betrayal**
Still plenty of time to see Tom Hiddleston, Zawe Ashton and Charlie Cox in Pinter’s reverse-chronology masterpiece.
→ Harold Pinter Theatre. Until Jun 8.

2. **Come from Away**
The heart-warming Canadian musical was one of the big winners at this month’s Olivier Awards.

3. **Wicked**
The iconic ‘Wizard of Oz’ prequel is still defying gravity.
→ Apollo Victoria. Until Nov 30.

4. **Waitress**
The pie-powered West End smash.

5. **The Book of Mormon**
Still the funniest show in London.

FOR TICKETS TO THE BEST SHOWS AT GREAT PRICES
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**EXCLUSIVE**

Our tickets to ‘Come from Away’ start at just £23 – don’t miss this joyous new musical we awarded five stars.
WE’VE ALL GOT mummy and daddy issues. That’s the point of parents: they mess you up enough that you spend the rest of your life striving to prove them wrong. Hell, my parents said an art history degree would be a waste of time: now look at me! Sure, I’m poor and miserable, but I showed them.

Grace Pailthorpe (1883-1971) and Reuben Mednikoff (1906-1972) wanted to do more than just prove their parents wrong, they wanted to use their work to explore childhood trauma and how it manifests itself throughout life. Pailthorpe was a surgeon and Mednikoff was an artist, together they embarked on a career of art and mutual psychoanalysis, and created a fascinating, semi-scientific body of work.

Mednikoff is the better technical artist. He paints big tubes and vessels that leak and spill and lick and suck. He’s an ‘ex-baby’, a man filled with resentment towards his parents and sibling, longing for his mother’s love. His figures are constantly grasping for breasts, or contorted and dribbling, made of actual faeces or impossible bits of architecture.

Pailthorpe is less accomplished but more interesting. Her naive figures are constricted; she saw herself as a prisoner of the womb, a vicious pink blob kicking against restrictions from conception to death. There’s so much anger in her work. The Freudian psychobabble can get a bit tedious, and there are bad works here, but most of it veers between interesting and excellent. You get a sense of two people who wanted desperately to understand each other and the world around them, and felt like art was the only way they could do that. It’s like spying on someone’s therapy session: fascinating, horrifying and – most of all – worryingly relatable.

By Eddy Frankel
Whose parents still don’t think ‘art critic’ is a real job.
William Eggleston: ‘2¼’

**THE TITLE REFERS** to inches: two and a quarter inches (stop sniggering at the back). Medium-format cameras use 2.25-inch square negatives. You can blow them up real big, and the quality is amazing. US photography legend William Eggleston isn’t usually associated with this format, but these pictures taken in California and the southern states around 1977 are as glowing, troubling beautiful as any of his work, doused in a light that’s sweet and sickly as barbecue glaze.

Eggleston is known for his pioneering use of colour and imbuing banal everyday nothing scenes with atmospheric wonder. He takes Americana and gives it new meaning. A lot of the pictures here feature automobiles of some sort: after all, what’s more American than a shiny gas-guzzler? Eggleston must have spent most of ’77 hanging about in parking lots like some Southern gentleman twocker. An Oldsmobile crouches in the corner of a building like it’s taking a crafty piss; a Peterbilt truck cab faces you down; a scarlet pick-up opens its bonnet like a pelican’s bill. Look closer, though, and amid all this butch automobilia are uneasy portents: a Camaro suggestively presents its ass to the viewer in a litter-strewn lot, then you spot the ‘for sale’ sign in its rear window. A cherry Mustang is lit by magic-hour rays; in the distance, though, are Datsuns and Mazdas. When these photos were taken, America was in the throes of the oil crisis. For all their macho swagger, these muscle cars were the bison of the 1970s: their numbers dwindling, their territory encroached upon by less thirsty imports. I doubt the political big picture ever influenced any of Eggleston’s big pictures, but his photographs always make you search for answers, mainly cos they usually offer so few.

It’s almost a shock when a human appears, but some do. An old black man with weirdly large thumbs stands to attention, baggy pants cinched round his waist. A blonde girl poses inexplicably in the middle of a suburban street, wearing a rainbow-hooped sweater. Framed dead centre of the images, they’re ‘untitled’ – just like all the cars and trucks. The square format is neither portrait nor landscape: Eggleston democratically treats the animate and inanimate the same, parts of an endless unspooling, opiated and woozy with light and weariness. It’s almost too much effort to engage with it all, yet you just can’t stop looking. ■ Chris Waywell

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**WHAT IS IT...**
Perfectly lit photographs of America by a true master of the form.

**WHY GO...**
It doesn’t matter if he’s shooting a car or a person, Eggleston always creates beauty and unease.

David Zwirner.
Derek Jarman: ‘Shadow Is the Queen of Colour’

★ ★ ★ ★

AS HYPO-ALLERGENIC environments go, there are few places more meticulously grime-free than the average art gallery. But go nose-to-nose with Derek Jarman’s sculptural canvases and you’ll start to notice a thin, perfect layer of dust. Not because someone here failed to do their job with the J-cloth, but because any attempted spring clean would risk taking half the art with it.

Jarman created these works from detritus found on the beach in Dungeness where he lived: volcanic black tar and an assortment of other objects (photos, horse whips, toy planes etc). Made in 1989-90, they overlap considerably with the artist’s film ‘The Garden’. Bibles, crucifixes and many of the titles connect with the film’s combining of the life of a gay couple with the story of Christ.

As an artist and activist Jarman has an incredibly devoted fanbase, but for the uninitiated, what you’ll see is a series of small wall-based works immediately evoking the sea. In one, a chunk of driftwood shaped like an orca curves at the bottom of the canvas. In another, a ship in a bottle is smashed open. And in another, a tiny Christ figure peeks out from behind a condom-like squidge.

Each one half-resembles a shrine. But they’re also overwhelmingly fragile, one step away from crumbling.

It’s the same delicate, wind-battered beauty found at Britain’s freezing cold, bleached-out edges. The sort of beauty that probably wouldn’t appreciate a once-over with a feather duster. — Rosemary Waugh

Emma Kunz: ‘Visionary Drawings’

This Swiss healer and naturopath created mesmerising geometric drawings that were designed specifically to soothe your soul. And we could all use a bit of that.

➔ Serpentine Gallery. @ Lancaster Gate. Until May 19. Free.

Joan Snyder: ‘Rosebuds & Rivers’

Snyder creates gorgeous abstract paintings that are thick, gloopy and wonderfully sculptural. These are lovingly textured works of contemporary art.

➔ Blain Southern. @ Oxford Circus. Until May 11. Free.

Phyllida Barlow: ‘Cul-de-Sac’

Big, imposing sculptural assemblages of concrete and fabric: Barlow really knows how to dwarf a viewer, but something about that is totally and perfectly calming.

➔ Royal Academy of Arts. @ Piccadilly Circus. Until Jun 23. £12, £10 concs.

Find even more reviews at timeout.com/art

April 23 – 29 2019 Time Out London
Go out with a gang

Scoffing with the squad? Don’t settle for the ordinary: book somewhere with beautiful food, big tables and bags of buzz. Like this lot

**Balthazar Covent Garden**
A polished tribute to the ultimate French brasserie (by way of NYC), Balthazar in Covent Garden is charged with *je ne sais quoi* dynamite – thanks to a combination of whizz-bang customer service, swinging celeb vibes and a nostalgic France-meets-the-US menu. The restaurant has three oval tables for six and two round tables for 10, while even bigger groups can check out the swish private dining room on the first floor.

→ 4-6 Russell St, WC2B 5HZ. ☎ Covent Garden.

**Bocca di Lupo Soho**
The clamorous celebrity vibe is as important as the food at this enduringly popular Soho Italian, but if you're hungry like the lupi there's much to enjoy from a rolling menu with oodles of artisan cred. Groups of up to ten can be slotted into the small-but-glam rear dining area; bigger parties can book the separate Remus Room.

→ 12 Archer St, W1D 7BB. ☎ Piccadilly Circus.

**Brasserie Zédel Piccadilly Circus**
This is big-ticket dining at bus-ticket prices, just off Piccadilly Circus. Corbin & King’s affordable homage to the grand Parisian brasserie was made for group dining; the menu’s a crowd-pleaser, service is swift and the vast space has plenty of room (they can seat up to 14 on the large table at the back). And at £10.50 for two courses, there’ll be no quibbling over the bill either.

→ 20 Sherwood St, W1F 7ED. ☎ Piccadilly Circus.

**Dishoom King’s Cross**
Bombay on a plate – a witty interpretation of urban India, tastefully updated for trendy, spice-loving Londoners. This Granary Square branch of the high-stepping chain is the best-looking yet. It’s a magnificent three-storey warehouse with bookable – yes bookable – tables for groups of six or more amid the hubbub of the ground-floor dining space.

→ 5 Stable St, N1C 4AB. ☎ King’s Cross.

**Pizza East Shoreditch Shoreditch**
Swathes of brick, concrete and steel provide the regular urban-by-numbers backdrop at this buzzy branch of Pizza East – a livewire space full of long, shared tables. Groups of 13 to 18 can have a ‘pizza party’, with generous amounts of antipasti, salads, pizzas and desserts in the semi-private area off to one side; parties of up to 12 can order off the regular menu.

→ 56 Shoreditch High St, E1 6JL. Shoreditch High St Overground.

**Santo Remedio London Bridge**
Having wobbled in Shoreditch, the new incarnation of Santo Remedio near London Bridge delighted us by being brilliant. Low-lit, inviting and spread over two floors, it seduces punters with easy-listening Latin grooves, flickering tea lights and some inspired food. Groups of eight or more can lap up the Mexican feasting menus in the upstairs room, while punishing alco-shots will keep the party going.

→ 152 Tooley St, SE1 2TU. ☎ London Bridge.
Kaki

→ 125 Caledonian Rd, N1 9RG. King’s Cross.

FEELING HUNGRY? That is, famished enough to chew off a small part of your hand, a finger, say (I mean, who actually needs all ten, right?), then you’re ready for Kaki. This spacious Sichuan joint on the Caledonian Road is the kind of place where starters are the size of mains, sides are the size of mains and mains would be better suited to someone shouting fee-fi-fo-fum from the top of a nearby beanstalk. Happily, the flavours at Kaki are as bountiful as the portions. The asffo someone shouting fee-fi-fo-fum t and mains would be better suited maims, sides are the size of maa pl ace where starters are the size of Caedonian Road is the kind of C his spacious Sichuan joint on the T right?). Then you’re ready for Kaki. I mean, who actually needs all ten, (mall part of your hand, a finger, say sffamished enough to chew off a

WHAT IS IT...
A Sichuan restaurant in King’s Cross.

WHY GO...
For bold flavours and portions that’ll make you wish you’d brought ten friends.

over a bed of numbing peppercorns and dried chilli. A kept-warm-over-a-tealight ‘dry pot’ of frogs’ legs had four kinds of chilli, but also smoke and salt. For something less ferocious, try the sticky, tender, ‘sizzling’ lamb instead.

But not everything hit the mark: garlic-loaded scallops had been overcooked, pork dumplings were greasy and the rice was far too dry. Service, too, was maddeningly inconsistent. Our waiter was savvy, and the man in charge both cheery and cheeky. But there was a long delay for food, which then came in a deluge, like the menu had burst its banks over our table. Except for starters, which bizarrely arrived last.

As for the room, it’s got good bones (high ceilings, lofty columns, big glass windows), though the masculine interiors are best at night, when you might not spot that the smart-looking wood floors are laminate, the exposed bricks the new-build kind. And there was no escaping the hotel muzak grooves. Still, who cares? This is still a terrific place to go with a whole heap of wallet-watching friends who don’t mind dialling up the heat. Just consider fasting before – and after – you go.

Tania Ballantine
Dinner with drinks and service: around £80

Going out? Try here.

TEMAMIKHO TOWER BRIDGE SAYS:
‘The recently opened Temakinho restaurant sits right on the bank of the river, with a breathtaking view of one of the most iconic London’s landmarks, Tower Bridge. Amid interior decor inspired by ’50s Brazilian naive art, you can enjoy authentic Brazilian sushi.’
Unit 1.3, Potters Field Park One Tower Bridge, SE1 2SG.

MOMO SAYS:
‘We’re delighted to announce that we’ve reopened after 22 years. We invite you to come and celebrate the new Momo, and enjoy an array of dishes from North Africa and the Mediterranean. Bash on the foliage-adorned terrace or hang out in the cool subterranean bar.
25 Heddon St, W1B 4BH.

THE WHISKY EXCHANGE SAYS:
‘Gin, tequila, rum, whisky, cognac, sparkling wine and beyond… in terms of drinks, you name it, we’ve got it. Come and explore thousands of different bottles in London’s ultimate specialist drinks shop, and let our staff guide you on your spirit-ual journey.
Bottoms up!
90-92 Great Portland St, W1W 7NT.

BAPTIST BAR AND GRILL AT L’OSCAR LONDON SAYS:
“Our executive chef, Tony Fleming, brings lightness and creativity to the grill in our Grade II-listed restaurant. His inventive style ensures innovative and flavoursome twists, like rib-eye steak with cassis shallots, snail ravioli with bordelaise sauce, and lime tart with dark chocolate sorbet.”
2-6 Southampton Row, WC1B 4AA.
Le Petit Citron

→ 98-100 Shepherd’s Bush Rd, W6 7PD.
☎ Hammersmith.

In Amongst Brook Green’s small eateries and huge pubs sits Le Petit Citron, a vibrant wedge of rustic south-west France.

Inside, the look is understated, very French: right down to the large windowed frontage and, on closer inspection, probably expensive, distressed mirrors and Tiffany lampshades. Wooden tables are covered by red chequered tablecloths, old food posters adorn the walls. You get the idea.

The menu of solidly hearty Provencal home-cooking matches the rustic ambience. Garlic is both front and centre, with handfuls of tarragon in support. It may not be especially refined stuff but it’s certainly satisfying.

The slow-cooked daub of beef was so melt-in-mouth, it was bordering on gooey. It came with the creamiest mashed potato on the side and the whole lot was topped with a thick carrot that had been braised in orange juice. Equally good was a piece of sea bass, perched over a large helping of tangy aubergine ratatouille.

And while kick-offs of goat’s cheese tart and chicken liver pâté were somewhat ordinary, a cherry frangipane and tart lemon posset were a cut above the norm — so skip the starters and save room for the puddings. Oh and here’s a tip: the set menu is a steal.

Unity Diner

→ 5 Hoxton Market, N1 6HG. ☎ Old St.

A Neon Sign on the wall of this Hoxton diner declares ‘the future is vegan’. But there’s more to Unity than the fast food faves it dishes up all being plant-based. It also has lovely staff and donates all the profits to charity.

Mains are its strong suit: the beef-style burger was full-flavoured and juicy, and it came piled high with a neat stack of fresh salad and plenty of oozing vegan cheese. The hot dog — which had been wrapped in streaky ‘bakon’ before being tucked into a crusty sesame bun, along with leaves and tomatoes — was equally great. Meat-eaters could be fooled: the ‘dog’ had the perfect frankfurter-style taste, look and feel, while even the ‘bakon’ was streaky, pink and chewy.

Starters, like a ’prawn’ tempura, were more shaky. Ours came with a good basil mayo dip, but the texture of the batter didn’t quite deliver. At the end of the meal, desserts told a similar tale: the chocolate-and-coconut tart was delicious, but the vegan cheesecake sadly unconvincing.

Still, portions at Unity are generous and it’s already hugely popular with a young, friendly, and trendy crowd. On our Friday night visit, hopeful walk-ins were being turned away. There may be no hugging of trees, but there’s a genuinely feelgood vibe to this place.

Stay off the beaten track at: timeout.com/restaurants
Mr Fogg’s Society of Exploration

1a Bedford St, WC2E 9HH. Charing Cross.

IF A G&T won’t cut it, how about an elaborate mix of gin and beer served in an elephant’s tusk? That’s a drink on offer at Mr Fogg’s Society of Exploration. On a side street just off the Strand, it’s one of a handful of locations in the Mr Fogg’s bar group and it claims to be a whistlestop tour around the world through booze. The menu is split into sections named after different remote areas of the world – the Sahara desert, the Amazon rainforest, the North Pole – with drinks inspired by each location.

Inspiration for drinks clearly isn’t the only thing Phileas Fogg has picked up on his travels. Sledges hang from the ceiling, stuffed animal heads line the walls and there’s a badger on the bar (not a live one). If you want to feel like you’re off on your own expedition, there’s even a recreation of the Orient Express in which you can sit and sip – or you can kick back in a cosy booth or velvet armchair if you’re not feeling quite so intrepid.

That concoction in an elephant’s tusk (it’s fake, don’t worry) is the Palette of Life, made with gin, Rimonato aperitif and pale ale. It might sound like overkill but it was actually really refreshing and citrusy. The Savannah, on the other hand, was an incredibly punchy mix of rum, vermouth, apricot-and-fig ketchup, cinnamon and paprika salt. It came served in a terracotta pot with some brown, netted fabric over the top and a straw inserted into the middle of the bar and creates perfectly balanced negronis at the touch of a button. Okay, it’s slightly gimmicky, but it was fun to watch it in action.

Of course, if you really did just want a G&T, you could order one – but where’s the sense of adventure in that? Isabelle Aron

Tropical London beers

No need to wait around for a heatwave – these fun, fruity beers will have you feeling hot, hot, hot

Castaway Mai Tai DIPA by Fourpure Brewing Co
Inspired by the tiki cocktail, Fourpure has created a beer that is less south London more South Pacific. Find sweet citrus and almond notes in this deceptively strong DIPA – a veritable luau in your mouth.

→ www.fourpure.com. £5.50.

Tropical Deluxe Pale Ale by Howling Hops
Stone fruit is followed by exotic aromas and a dry finish in this hop-forward pale ale. Its colour is sunshine-yellow-on-a-hazy-day, making it a fitting beer for the likely hit-and-miss summer ahead.

→ www.howlinghops.co.uk. £2.30.

Wayward Parakeet Tropical Pale by Old Kent Road Brewery
The mango smoothie colour is not deceptive: this beer, named after south London’s colourful residents, tastes like a Solero. Yet zestiness gives way to integral beeriness.

→ The Beer Shop, 40 Nunhead Green, SE15 3QF. £4.88.

Explore the wildest bits of London at timeout.com/bars
Pootling punts, proper pubs and a colossal cathedral

**Drink like a local**
If it’s sunny, take a pit stop at **The Old Buttermarket** – both the name of the pub and the busy square it spills on to. Right by the Christchurch gate of the cathedral, it’s primed for people-watching. For something cosier, stoop under the beams of the fourteenth-century **Parrot** pub, which claims it’s Canterbury’s oldest.

**Soak up the vibes**
The **River Stour** loops its way lazily around one side of the city and is home to a fleet of gently bobbing wooden **punts**. Pre-book a trip with Canterbury Historic River Tours from the city centre, or just join the queue in Westgate Gardens and set sail with Westgate Punts.

**Splash the cash**
The King’s Mile, Westgate and St Dunstan’s are some of the best places to head for one-off shops. Pick up a first edition from **The Chaucer Bookshop** and stop off at **Madame Oiseau** for fancy French chocolates. **Canterbury Auction Galleries** is fun if there’s a sale on. ■ **Katie Gregory**

**AN HOUR FROM** London, in a spot that’s within striking distance of the coast, Canterbury’s got day trip written all over it. But the city was pulling in visitors way before history-hungry Londoners arrived. A place of pilgrimage since the Middle Ages, Geoffrey Chaucer shunted it further into the spotlight with ‘The Canterbury Tales. These days, an altogether less pious pilgrimage includes river punts, antiques shops and half-timbered pubs – but it always starts with that epic cathedral.

**First up**
Canterbury is made for sensible shoes. Walk along part of the **Roman city walls** on the way into the city centre, then dive into the tangle of medieval **streets**. Stop off at interactive tour **The Canterbury Tales** to hear Chaucer’s stories brought to life.

**Stop for lunch**
Part restaurant, part farmers’ market and part food hall, **The Goods Shed** is a foodie’s heaven. Tuck into delicately plated seasonal fare with a side order of railway views. Later, take afternoon tea with saucer-sized scones at **Tiny Tim’s Tearoom**.

**Get there:** one hour by train from London St Pancras International to Canterbury West; around two hours by car.

**Set off on a great journey at** timeout.com/daytrips
IT’S TIME TO
LEAVE BLEEDING GUMS BEHIND

HELPS STOP AND PREVENT BLEEDING GUMS
Ask your dentist about gum problems.
BLEEDING GUMS WHEN YOU BRUSH?

THE CLOCK IS TICKING ON GUM DISEASE

HELPS STOP AND PREVENT BLEEDING GUMS
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